## •NEWSLETTER 2025 Term 1



Restorative practices is different way to deal with problems or conflicts. We have chosen to use a restorative approach called Restorative Practice 2.0.

This way of working focuses on building strong and positive relationships.

What makes this approach different? Here are the main points:

Language: Restorative Practice means everyone talks openly and shares their feelings. Sometimes this is done through informal talks or group meetings called circles or conferences. People listen to each other and work together to find solutions everyone agrees on.

Mindset: Restorative Practice tries to fix harm and rebuild relationships. It helps people talk, understand each other, and take responsibility for what happened. How it works: In Restorative Practice, everyone involved talks and helps decide how to fix the problem.

Conduct: Restorative Practice engages in conversations where all parties have a say in the resolution process, with decisions made with a focus on repairing harm.

Benefit	Description	How to Support at Home
Promotes Emotional Intelligence	Helps children express and understand emotions, and develop empathy.	Model empathy and active listening; encourage sharing of feelings.
Encourages Responsibility and Accountability	Children take responsibility for their actions and understand their impact.	Help children reflect on their actions and discuss ways to make amends.
Improves Conflict Resolution Skills	Provides tools for constructive conflict resolution through active listening and effective communication.	Teach and practice conflict resolution strategies; guide them in finding mutually agreeable solutions.
Strengthens Relationships	Builds a sense of belonging and trust through community-building activities.	Foster positive interactions and relationships at home; engage in family activities that build trust and support.
Creates a Positive Learning Environment	Contributes to a supportive and inclusive school climate, reducing bullying and improving behaviour.	Promote respect and inclusivity; create a safe space for open communication.
Reduces Recurrence of Negative Behaviour	Addresses the root causes of negative behaviour, leading to lasting behavioural changes.	Discuss underlying reasons for behaviour; work on long-term solutions rather than immediate punishment.
Builds Resilience	Teaches children to handle setbacks, learn from mistakes, and develop coping strategies.	Encourage reflective thinking; support your child in learning from mistakes and overcoming challenges.

Restorative practices prioritise repairing harm and restoring relationship through inclusive processes.