

Wee Waa High School



Assessment Task Notification

FACULTY: PDHPE/Maths

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| Student Name: | | Class: Year 11 SLR |
| Title: First Aid and Sports Injuries | | |
| Assessment Task Number: 1 | Course: Year 11 SLR | Weighting: 30% |
| Teacher/s: | Adelle Roscoe adelle.roscoe7@det.nsw.edu.au Lilly Fryar lillian.fryar1@det.nsw.edu.au James Vella james.vella22@det.nsw.edu.au | Issue Date: Week 8 – Monday 16/3/26 |
| Type: | Scenario/Practical Test | Due Date: Week 10 Part A – Monday 30/3/26 Part B – Tuesday 31/03/2026 |
| Allocated Lessons: | Nil | Time: Allocated SLR Lessons |
| Syllabus outcomes being assessed: | | |
| 3.5 analyses personal health practices | | |
| 3.6 assesses and responds appropriately to emergency care situations | | |
| Assessment Presentation Guidelines: | | |
| <ul style="list-style-type: none">• This notification must be attached to the task when submitted• Practical Assessment will be completed and viewed by teacher in the assigned lesson• Students will complete the scenario written responses in allocated lesson | | |

Task Description:

Part A (5 marks)

Students perform CPR for 2 minutes focusing on correct procedure, technique and consistency in alignment with the DRSABCD emergency management procedure used in first.

Part B (10 marks)

Students will be given a first aid and sport injury scenario and respond with appropriate injury assessment and first aid procedures.

- Scenario 1: Emergency Care
- Scenario 2: Sports Injuries

For each scenario, students must answer the associated questions to assess their knowledge of how to provide correct first aid procedures and management of injuries. Each scenario must be attempted.

Additional Information:

Part A is a practical task and Part B is a written task. Each scenario in Part B is worth 5 marks.

Declaration of Authenticity

I certify that:

- The planning, development, content and presentation of this assessment task is my own work in every respect
- This assessment task has not been copied from another person's work or from books or the internet or any other source
- I have used appropriate research methods and have not used the words, ideas, designs, music, images, skills or workmanship of others without appropriate acknowledgement in this assessment task or in its development
- By submitting my assessment task electronically, I acknowledge this declaration of authenticity of my work

Student Signature

Date

Feedback

Students will, be provided with written feedback.

Marking Criteria:

You will be assessed on your ability to:

Part A – successfully complete the structured sequence of actions designed to help a first responder assess and manage an emergency safely and effectively. Including performing CPR for 2 minutes, focusing on correct procedure, technique and consistency.

Part B – successfully provide a written response to both given scenarios that explain how to effectively assess and manage injuries.

Marking Criteria:**Part A – Practical CPR/DRSABCD (5 marks)**

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| 5 | Demonstrates excellent CPR technique for the full 2 minutes. Correctly checks for danger and response, calls for help, positions hands correctly, performs compressions at the correct depth and rate (100–120 per minute) and maintains consistent rhythm and technique throughout. Shows clear confidence and correct body positioning. | |
| 4 | Demonstrates very good CPR technique for most of the 2 minutes. Correct hand placement and compression rate are mostly maintained with only minor inconsistencies. Follows correct first aid procedure with minimal prompting. | |
| 3 | Demonstrates sound understanding of CPR, completing most of the 2 minutes. Some aspects of technique need improvement such as compression depth, rate or hand position, but the overall process is mostly correct. | |
| 2 | Demonstrates basic understanding of CPR but technique is inconsistent. May require prompting or shows several errors in hand placement, compression rate or body position. Struggles to maintain effective CPR for the full 2 minutes. | |
| 1 | Demonstrates limited understanding of CPR. Major errors in technique or procedure and unable to maintain effective compressions for the required time. | |
| 0 | Does not attempt Part A | |

TOTAL

/5

Part B – Scenario 1: Emergency Care (5 marks)

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| 5 | Demonstrates comprehensive knowledge of emergency care procedures. Clearly and logically explains all steps of DRSABCD (Danger, Response, Send for help, Airway, Breathing, CPR, Defibrillation). Applies responses directly to the scenario, including calling 000, performing CPR correctly (30:2) and using an AED if available. Uses accurate terminology and a clear sequence. | |
| 4 | Demonstrates very good understanding of emergency care. Explains most steps of DRSABCD in a logical order with minor omissions or less detail. | |

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| | Includes appropriate first aid responses such as calling for help and commencing CPR. Uses accurate terminology. | |
| 3 | Demonstrates sound understanding of emergency response. Explains at three to four correct steps in the emergency response plan DRSABCD but lacks detail in explanation. Uses correct terminology. | |
| 2 | Demonstrates basic understanding of emergency care. Identifies one or two relevant actions but response is incomplete, out of order or lacks clarity. Limited use of correct terminology. | |
| 1 | Demonstrates limited understanding of emergency procedures. Response shows minimal knowledge and does not appropriately address the situation. | |
| 0 | Response is irrelevant or does not attempt a response. | |
| Part B – Scenario 2: Sports Injuries (5 marks) | | |
| 5 | Demonstrates comprehensive knowledge of sports injury management. Clearly outlines appropriate assessment (TOTAPS), first aid responses, and injury management (RICER). Response is logical, detailed and uses correct terminology. | |
| 4 | Demonstrates a very good understanding of sports injury management. Clearly outlines most aspects of appropriate assessment (TOTAPS), first aid responses, and injury management (RICER). Clear explanation but slightly less detail. | |
| 3 | Demonstrates sound understanding of how to respond to the sports injury (TOTAPS). Identifies at least 4 correct actions from TOTAPS but explanation is limited. Identifies at least 3 correct actions from RICER but explanation is limited. | |
| 2 | Demonstrates basic understanding of responding to a sports injury. Identifies at least 2 correct actions from TOTAPS but explanation is limited or partially incorrect. Identifies at least 2 correct actions from RICER but explanation is limited or partially incorrect. | |
| 1 | Demonstrates limited understanding of responding to a sports injury. Explanation of TOTAPS/RICER is limited or partially incorrect. | |
| 0 | Response is irrelevant or does not attempt a response. | |
| TOTAL | | /10 |
| ASSESSMENT TASK TOTAL | | /15 |
| TASK RANK | | / |

CUMULATIVE RANK

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Teacher Feedback: