



NEWSLETTER

WEEK 8 TERM 2 2010

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Coming Events

Art Gallery/Indonesian consulate excursion with Bongongo school.	Friday	4	June
Queen's birthday weekend	Monday	14	June
School closed Alternate workplace Agreement	Tuesday	15	June
Community Teleconference	Thursday	17	June

Term 3

Students return	Tuesday	20th July
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Dear Parents,

Travel arrangements - Indonesian excursion

To Canberra

Ana O'Brien	- Jacob, Charles, Alfie, Claudia
Eh Paw Thorpe	- Joe, Jasmine, Isaac
Kate Howarth	- Jess
Mark	- Jacob

Return trip

Claudia being picked up by grandmother 1pm

Ana Obrien	- Jacob, Jacob, Charles, Alfie
Eh Paw Thorpe	- Joe, Jasmine, Isaac
Kate	- Jess

Thank you to all parents who are helping and have made the excursion possible.

Connected Classroom Project

Next week our video conferencing gear and interactive whiteboard will be installed in the classroom. This is going to bring great opportunities to the students, staff and community.

We would like to invite parents, caregivers and community members to join us for an interactive video conference to be held on Thursday 17th June. The conference is from 5.30pm-6.30pm in the school classroom. Children are welcome to come and stay in the library to watch a DVD.

Conference details:

“The Five Greatest challenges for Parents in 2010”

Presenter: Dr Michael Carr-Gregg - Psychologist

- In 1985 he founded the world’s first national teenage cancer patients support group - Canteen
- Associate Professor in Department of Paediatrics – University of Melbourne
- Founding member of the National Coalition Against Bullying (NCAB)
- Chairperson of the NCAB Cybersafety committee
- Ambassador – Beyond Blue and Mindmatters

Please RSVP by Tuesday 16th June if you will be attending.

I have heard Dr Carr-Gregg speak on several occasions and can thoroughly recommend putting aside the time to attend the video conference- Mark

School Promotion

Attached please find an Advocate questionnaire. It would be appreciated if you could complete this and return in to the school by Wednesday 9th June. These comments may form part of the school promotion documents that are being developed with the help of the education department’s promotions unit. Any positive comments would be appreciated. Please don’t feel obliged to fill out the entire form.

NSW Premier's Primary School Sport Challenge

As of next week you will find in the children's reading folders a log book for the NSW Premier's Primary School Sport Challenge. Not only will an active healthy lifestyle be highlighted through participation in the program but the school will also given \$800 of sporting equipment. Feel free to fill in log book for afternoon and weekend activities. Please find below details regarding the program.

Who is involved in the Premier's Primary School Sport Challenge?

Students, teachers, parents, members of the wider school community, Premier's Sporting Challenge Ambassadors, State Sporting organisations and the Premier's Sporting Challenge corporate partners are involved in the Premier's Primary School Sport Challenge.

The Challenge provides considerable capacity to be student driven. Primary schools may consider using Year 5 and 6 students as Premier's Primary School Sport Challenge leaders to help class teachers organise a range of Challenge activities. Challenge Leaders may also assist with the organisation and conduct of recess and lunchtime activities, class activities, sport programs and collection of activity data.

The Challenge provides significant opportunities for students to acquire skills in areas such as organisation, leadership, communication, decision making skills, team building and goal setting. Students may be appointed or elected to roles such as photographer, statistician, promotion officer and media manager, journalist or reporter.

Parents and members of the broader school community are encouraged to be involved in the Premier's Primary School Sport Challenge in a variety of ways including coaching of teams, assisting in the organisation of activities or generally supporting the school in the conduct of the Premier's Primary School Sport Challenge.

Physical activity - How often? How hard?

It's not hard! Any daily physical activity of moderate to vigorous intensity can be used to accrue time.

Moderate activities could be as simple as brisk walking, bike riding with friends, skateboarding, lawn bowls, playground games, yoga and dancing.

Vigorous activities are associated with such activities as Australian Football, netball, aerobics, soccer, running, fitness circuits, dance, swimming laps and training for sport.

Opportunities for moderate to vigorous activity are also provided by:

- incidental activity.**

- playground games.
- organised school sport competitions and physical education activities.
- school based programs such as the School Swimming Scheme.
- outdoor adventure and physical recreation programs.
- school camps.
- dance associated with the Performing Arts.

Students are encouraged to contribute to the class activity targets and goals by engaging in activities that reflect their interests and abilities. It is recognised that not all team members are in a position to contribute the same amount of time to class activity goals.

Some students will be in a position to contribute very significant amounts of time through their already high commitments to sport and training regimes. This level of contribution by an individual student or several students in a class has the potential to dominate the time accrued each week by a particular class. As a means of establishing a fair playing field, individual students may contribute a maximum of 85 minutes a day.

Students are encouraged to work towards the recommended national daily activity standard of one hour per day*.

Classes accumulating this average amount of time in physical activity over the 10 week Challenge are awarded the Premier's Primary School Sport Challenge Gold Award.

Winter Chills

Students are keen to take off wet and muddy shoes when in class. If there is a spare pair of slippers or uggh boots at home please send them in for use at school.

Upholstery Course

This has been a fantastic opportunity for our three senior students to learn skills in this area. The students have greatly enjoyed their time at the hall and have produced a couple of lovely footstools to use while reading in the class room or library. Many thanks to Steve for sharing his time and knowledge with the kids and to Helen for providing the stools plus closely supervising the young upholsterers through their apprenticeship.



Steve and
Joe
restrapping

Claudia
tightening
the
material

Steve with
Jacob and
Joash→



Helen with Claudia and Joash.

Claudia, Joash and Jacob trying
their hands.

