

Term 2 Week 8
20 June 2025

WHS NEWS

Knowledge conquers all



ON THE FRONT PAGE:

SistaSpeak wood burning
Page 10

WHAT'S ON?

CUMBERLAND VISIT
WED 2-FRI 4 July

SPECIAL MENTIONS



Virginia Cox and the Encouragement Boards that she created with WHS students on Thursdays, in the Lunchtime Creative Group.

These Encouragement Boards were for Wingham High School Students. Virginia delivered them along with donations from the Bonny Hills Progress society to the Wingham Flood Relief centre.

IN THIS ISSUE

PAGE 3

- In the School Kitchen
- In the Classroom

PAGE 4

- SRC Fundraiser

PAGES 5

- Vaccination Catch-up
- NSW Public School's Survey

PAGE 6

- HSC Study Day

PAGE 7

- School's Out Radio Show
- NC Cross Country

PAGE 8

- Rugby League Gala Day

PAGE 9

- Rugby League Gala Day
- Schools Cup Netball

PAGE 10

- SistaSpeak

PAGE 11

- Birpai Buddies

PAGE 12

- White Card
- Library Space

PAGE 13

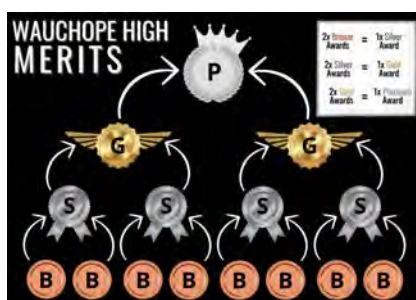
- Breakfast Club
- Word Wizard, Quote & Gotcha winners

PAGES 14-19

- School & community notices



@wauchopehighschool



Students receive merits by consistent demonstration of the School's Core Values (Best Effort, Care and, Respect and Safety)

Receiving these awards gives you a chance to get an invite to our annual Reward Day!!

IN THE SCHOOL KITCHEN



YEAR 9

YEAR 7



IN THE CLASSROOM



Year 10 Geographers comparing human wellbeing during a visual literacy activity.

SRC FUNDRAISER



\$1309.95



Over the past month, our SRC has been raising money for both Australia's Biggest Morning Tea and Do It For Dolly. Last Thursday was our amazing mufti and bake sale, and from the bottom of our hearts, can we please say a great big THANK YOU to everyone who got involved, we really appreciate all your support. Together we raised a total of \$1309.95 which will be donated equally to both causes on behalf of Wauchope High School.



VACCINATION CATCH-UP

Is your child
in year 7
or year 10?



Provide your consent for routine
school vaccinations online



Scan the QR code to
give your consent now



To provide online consent visit:
<https://engage.health.nsw.gov.au/engage>

For more information visit:
health.nsw.gov.au/schoolvaccination

November 2023 © NSW Health.
SHPN (HP NSW) 220990

NSW Health

Year 10 Catch-up
Vaccinations will be held
at school Term 3 Week 3

Friday 8th August 2025

SAVE
THE DATE

Year 7 Catch-Up
Vaccinations will be held
at school Term 4 Week 3

Tuesday 28th October
2025



SCAN THE
QR CODE

NSW PUBLIC SCHOOL'S SURVEY

A reminder that next week, we are offering our students the opportunity to participate in the NSW Public Schools Student Survey. This replaces the Tell Them From Me survey we have conducted in previous years and will be open to students in 2025, with parents and teachers invited to complete the survey from 2026. The survey gives students the chance to share their thoughts and feelings about life at school, including questions about their engagement, learning experiences and wellbeing at school.

Hearing directly from our students will help us understand what's working well and where improvements can be made to our school. The survey is confidential, takes around 10 to 15 minutes to complete, and will be conducted online during school hours.

Participation is voluntary. If you prefer your child not to participate, please complete the opt-out consent form, which was emailed to parents/carers earlier this term, and a reminder sent 20th June, and return it to the school. Paper copies of the form are available from the school office if required. Further information about the survey is available at the following website:
<https://education.nsw.gov.au/npss>

HSC STUDY DAY

6 Effective Ways TO STUDY BETTER

- 1 EFFECTIVE PLANNING**
Create a study schedule that breaks down your tasks into manageable sessions, ensuring a balance between subjects and topics.
- 2 ACTIVE LEARNING**
Engage actively with the material through methods like summarizing information, teaching concepts to others, and participating in discussions.
- 3 VARIED STUDY METHODS**
Utilize different study techniques, such as reading, note-taking, flashcards, and practice questions, to reinforce learning through various approaches.
- 4 HEALTHY ENVIRONMENT**
Choose a comfortable and well-lit study environment, minimizing distractions to enhance focus and concentration.
- 5 REGULAR BREAKS**
Take short breaks during study sessions to prevent mental fatigue and maintain overall productivity.
- 6 SELF-ASSESSMENT**
Regularly evaluate your understanding of the material through self-assessment tools, quizzes, or practice exams to identify areas that need further review.



With their HSC trials and exams just around the corner, our Year 12 Ancient and Modern History students benefited from being part of the History Teachers Association HSC Study Day at Coffs Harbour Senior Campus.

At the Study Day experienced teachers and HSC markers shared tips and tricks on how to best prepare for their final exams.

Great day had by all, with our amazing Year 12 students being excellent ambassadors for our school.



SCHOOL'S OUT RADIO SHOW



The radio team presented another entertaining episode of the School's Out Radio Show on 11th June. Hayden, Oscar & Ruby returned again to present their segments and we welcomed some more new presenters to the group - Sophia, Seraphina and Khloie. They really enjoyed the experience and did a great job representing our school live on the airwaves. Tune in next term for more great entertainment from our students. School's Out is on every Wednesday on 2Way 103.9fm



NORTH COAST CROSS COUNTRY



Congratulations to Jack & Thea who qualified in the North Coast Cross Country 🏃🏃

They will now head off to compete in the NSW CHS Cross Country in Sydney!!

Good luck to you both



RUGBY LEAGUE GALA DAY



On Wednesday 18th of June, the 14s Girls team took part in the Country Cup Gala Day at the Wood Street fields in Port Macquarie. A number of recent injuries and a couple of late withdrawals left the girls with only 12 players to start the day, The girls played three games in total, against Mackillop, Regional and Great Lakes Forster. In the Mackillop match, we actually took the field with 10, with two of the girls still getting ready at kickoff. When Ruby came on, she ran 50 metres with her first touch to score under the posts, and Aaliyah converted. Fatigue sent in and Mackillop finally overcame us by two tries, 22-12. There was a blow in the last tackle of the game, with Peyton sustaining an injury that prevented her from playing for the rest of the day. Taking the field with 11 against Regional, the girls played amazing football to take a 10-nil lead and completely shock their opponents. Although Regional came back and finally took the win by one try, the Wauchope girls never gave up and played tough. The final game against Great Lakes College was a triumph for the Wauchope girls, showing both greater rugby league experience as well as pure toughness and will to win. The scoreline of 20-4 was amazing, considering the girls were playing 13 against 11 for the entire game. A 3, 2 and 1 was announced at the end of the games played, with Ruby taking the 3 points by scoring 7 tries in the day, Shakiylah and Clancie 2 points each for their powerful ball-running and solid defence, and Lailani 1 point for her excellent service at dummy-half. The girls were great to coach, and they all contributed strongly in some way in each of the games.



RUGBY LEAGUE GALA DAY

Wauchope High School's 15s boys attended the Country Cup Gala Day at Stuart Park, Port Macquarie last Wednesday 11th of June. A few late withdrawals left the team with only 14 players, making things fairly tough from the outset.

The first game was against Kempsey High, and the Wauchope boys got out to an early 10-nil lead, through tries to Billy and Nathan and a conversion by Peytyn. Unfortunately, the sheer size of the Kempsey team began to take its toll, and whilst our boys tried valiantly, they gave up four tries which allowed the win to go to the Kempsey team.

The next clash was against the formidable Regional team, who had the advantage of numbers on top of any perceived skill level. Again, the boys were brave, but they eventually ran out of puff as the defensive workload became too great. The game had to be called off just before the scheduled end, due to a major injury to Lachlan, which sadly put a damper on the whole day.

The best defensive players across the two games were Matt, Levi and Kai, whilst Billy and Peytyn were the strongest attackers.

It was a very tenacious effort for a very understrength group. Well done boys!!



SCHOOLS CUP NETBALL



Wauchope High entered 5 teams in the NSW Schools Cup Netball competition this year. We were competitive on the day, 19 Jun, and displayed outstanding sportsmanship even though we did not progress through to the next level. Senior coaches awarded a 'Most Valuable' and 'Most Improved' player for each team.

7&8 Girls – Shakiylah C [MVP](#) & Myah C [MIP](#),
coached by Shayla M & Noah F

7&8 Skye – Thea H [MVP](#) & Ellie R [MIP](#), coached by Shelby H & Jack G

7&8 Boys – Peyton D [MVP](#) & Conner R [MIP](#),
coached by Dominic D & Rodney B

9&10 Girls – Savanah M [MVP](#) & Brydee C [MIP](#),
coached by Josie B & Chloe W

9&10 Boys – Kayden D [MVP](#) & Riley C [MIP](#), coached by Zac O & Spencer M

Congratulations also goes to the umpires for the day who displayed great precision. Thanks to:

Emily B, Sally C, Tianra, Josie B, Shayla M & Shelby H.

Also thanks to Ms Sheaves and Ms Thorton for supporting our teams.



SISTASPEAK



A huge thank you to Stacey and Steph from St Agnes' Parish for supporting our SistaSpeak girls. We are so grateful for the opportunity to explore woodburning and learn about the cultural symbols and meanings behind our artworks. The girls showed so much pride as they created meaningful designs on their frames and paintings — deadly work!

We also had the chance to head over to the PCYC for some friendly basketball games against Hastings Secondary College. It was a great afternoon filled with energy, teamwork, and lots of laughs. A big shoutout to the PCYC crew and Hastings for making it such an enjoyable visit!

Always proud of our young women for stepping up, showing leadership, and staying connected to culture and community.



BIRPAI BUDDIES

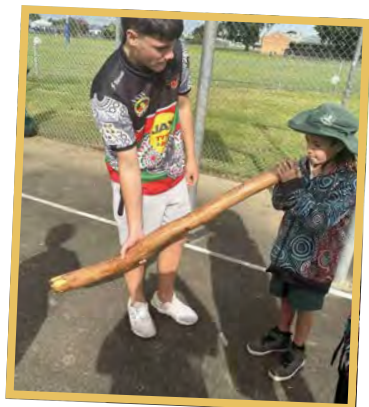
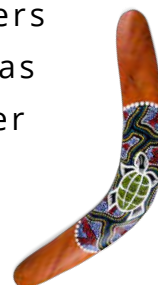


We were excited to welcome back our Birpai Buddies for Term 2!

Our first session was full of cultural connection and hands-on learning with Caity & our high school mentors. The students deepened their cultural knowledge through traditional practices — Our students participated in damper making alongside Mr James, where they learned the importance of food and community in culture.

We also had the joy of sharing in cultural dance, guided by our high school Yapun Yapun dancers & Shonekqua who stepped up as proud mentors for our younger students. It was a powerful moment of leadership, movement, and identity.

We are so proud of the way our students continue to connect with culture, language, and each other. Here's to another term of learning, sharing and growing together.



WHITE CARD



Congratulations to the 19 students who successfully completed their training for their NSW White Card (General Construction Induction Card)

Thank you to our Careers Advisor Mrs Ostler for giving the students these amazing opportunities to help in the workforce, in whatever direction they may go.



SafeWork



We aim to hold another White Card training opportunity later this year.

Speak to Mrs Ostler for more details

LIBRARY SPACE



Our library during lunchtime is a very busy place now the cold weather has settled in!!

BREAKFAST CLUB



Students keeping our staff busy at Breakfast Club



Toast, fruit, up & go's & snack bliss balls.

Students can find our Breakfast Club every morning from 8:30-9:00am near M block yard.



WORD WIZARD

Sport (*noun*)

an activity involving physical exertion and skill in which an individual or team competes against another or others for entertainment.

QUOTE CORNER

QUOTE

“You miss 100% of the shots you don't take.”

— Wayne Gretzky

”

“

GOTCHA!

Congratulations to the term 2 week 7 & 8 winners of the \$5 Gotcha canteen vouchers:

Matilda H - Year 11
Mia B - Year 10
Deklan M - Year 9

Braxton C - Year 8
Tyson W - Year 9
Marc C - Year 9

Gotchas are awarded for doing the right thing and respecting our school values.

What's on NAIDOC week?

6th

10am - 4pm - South West Rocks Cultural Day - Little Bay

9:30am - Flag Raising Ceremony - Town Green Port Macquarie
10am - NAIDOC Craft Session - Wauchope Library - Bookings essential
10:45am - Morning Tea - Biripai Land Council
5:45pm & 7:45pm - Etna Runner - Majestic Cinema

7th

10am - NAIDOC Storytime - Port Macquarie and Laurieton Library
10:00am - 2:00pm - 3v3 Sports Day - Port Macquarie PCYC
1:00pm - 3:00pm - Elder's Bingo - Westport Bowling Club

8th

10am - 2pm - Burrun Dalai Family Day - Services Park, Kempsey
10am - 11:30am - Women's Weaving and Morning Tea - Shelly Beach
Kid's Fishing Day - Wauchope Boat Ramp
2pm - NAIDOC Kids Craftroom - Port Macquarie Library

9th

10:00am - 2:00pm - Hasting's NAIDOC Family Fun Day - West Port Park
10am - NAIDOC Storytime - Wauchope Library

10th

Men's Golf Day
10am - 2pm - Family Fun Day - Football Fields, Purfleet

11th


**THE NEXT GENERATION:
STRENGTH, VISION & LEGACY**
6-13 JULY 2025

Let's bring community and culture together to celebrate NAIDOC week 2025. Join us 10am - 2pm July 10th for a family fun day at Westport Park.

We are celebrating 50 deadly years of NAIDOC, honouring a legacy that reaches far into the past and extends into the future. This milestone is a testament to the enduring strength of Aboriginal and Torres Strait Islander peoples.

Hasting NAIDOC Committee would like to thank our sponsor for making this celebration possible.

Galambila, Mission Australia, Department of Communities and Justice, St Agnes Parish, Nearnai, Werin, Aboriginal Community Housing, Eire Construction, ETC, NIAA, Port Macquarie Hasting Council and more



Please scan for transport assistance.



Calling all Artists!



Are you a deadly First Nations Artist?

Be part of the celebration for Hastings NAIDOC Week 2025 event as we come together to honour Culture, Country, and Community.

We're inviting expressions of interest from Aboriginal and Torres Strait Islander musicians, singers, bands, performers and poets to take the stage at our NAIDOC Week Community Event on Thursday 10 July at Westport Park, Port Macquarie.

To express your interest, please send an email to Tamika Edwards at tedwards@uniting.org, including your contact information, by mid-June.



**THE NEXT GENERATION:
STRENGTH, VISION & LEGACY**
6-13 JULY 2025



NAIDOC MOVIE NIGHT



When:

Monday, July 7, 2025 - 5.45pm

Free community *Emu Runner* screening
hosted by The Buttery.



Majestic Cinema,
Port Macquarie



Popcorn and light
refreshments will be
available for guests.

Please RSVP to
Veronica@buttery.org.au



CALL OUT - NAIDOC SPORT CHALLENGE



Tuesday 8th July: 10am-2pm

Hosted by **HASTINGS NAIDOC COMMITTEE** in
collaboration with **BASKETBALL NSW** at the **PCYC - 12**
Owen street Port Macquarie

3 on 3 Basketball & 6 aside Futsal

4 players per team
(3 on court + 1 sub)
2 teams combined for futsal
(6 on court + 2 subs)

AGE GROUPS

10-12 years

13-15 years

15 years – Adults

REGISTER NOW!

*Scan QR Code

*Hastings NAIDOC Facebook



THE PC HUB & PCYC

PRESENTS

PC GAMING TEAM TOURNAMENTS

FRIDAY NIGHT
27 JUNE 2025

FREE

SESSION 1:

4PM-6PM
8-12YO

FREE

SESSION 2:

7PM-9PM
13-17YO

DETAILS:

- FREE TO ENTER ● GOODIE BAGS
- SOLO OR SQUAD ● SPORT FACILITY ACCESS
- INVITE SPECTATORS ● FREE PCYC MEMBERSHIP

REGISTER TODAY

EMAIL: PLAY@THEPCHUB.AU

LIMITED COMP SPOTS AVAILABLE. TEAMS FORMED ON FIRST IN BASIS.

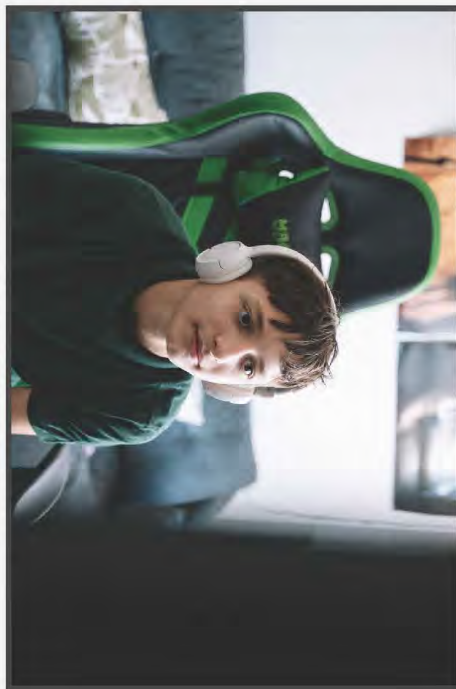


UNDERSTANDING

SCREEN ADDICTION

EDUCATION SESSION WITH Q&A

FOR PARENTS, CARERS & THOSE WHO WORK WITH YOUTH
TO LEARN ABOUT GAMING, SCREEN ADDICTION, THE IMPACT
ON BRAIN DEVELOPMENT & STRATEGIES FOR SUPPORT



FREE COMMUNITY EVENT

THU JULY 3

6:00PM - 8:00PM
CHARLES STURT UNIVERSITY
PORT MACQUARIE

FACILITATED BY DR WAYNE WARBURTON,
A PROFESSOR IN DEVELOPMENTAL PSYCHOLOGY
AT MACQUARIE UNIVERSITY, AS
SEEN ON ABC'S AUSTRALIAN STORY

MORE INFO
& TICKETS
HERE



E: headspaceCE@each.com.au



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health & Aged Care

art walk
OUT OF THIS WORLD

- ✦ arts and culture ✦ music
- ✦ performers ✦ installations
- ✦ food trucks ✦ artisan market

FRIDAY 4 JULY
5pm - 9pm
Port Macquarie CBD



artwalkpmq.com.au
f @artwalkpmq

Original artwork titled 'Gilay' Gamilaraay meaning 'Moon', by Katarina Mane

Proudly supported by:
OPTUS



PORT MACQUARIE
HASTINGS COUNCIL

Drawn to Art

with Art Teacher/Artist, Jane Whitfield, BA Fine Arts

JULY 2025 SCHOOL HOLIDAY ART WORKSHOPS

Everything you need to know

Where: Jane's Art Studio
Bay 4/35 Merriall Road, Port Macquarie

Please Bring: Snack, drink, paint shirt

Tutor Supplies: All materials, except where specified

Cost per Workshop: \$50.00 (gst inc) p.p.

Bookings: All bookings to be on my website
www.drawntoart.com.au (from my website)

Contact: Jane 0438 803 992

Terms & Conditions:

- All bookings and payments are now to be made on the website. Bookings must be made at least 48hrs before each workshop commences. Check full Terms & Conditions on Website.
- Your child's spot must be booked in & payments made in order for your child to attend workshops.
- Payments are non-refundable or transferable as materials are purchased prior to the workshops & are included in the cost.

Creative Kids Voucher - (valuable at Drawn to Art)
ALL CREATIVE KIDS VOUCHERS CAN BE REDEEMED UPON BOOKING ON OUR WEBSITE

Workshop 1 - Mythological Dragons
Monday, 7th July, 2025
9.30 am - 11.30 am Cost: \$50 (includes materials & tutoring)

In this exciting workshop students will create their very own rainbow dragon painting using specialised colourful inks.



Workshop 2 - Whale Art
Tuesday, 8th July, 2025
9.30 am - 11.30 am Cost: \$50 (includes materials & tutoring)

Using pearlescent and metallic acrylic paints students will compose a beautiful cool toned whale composition swimming in the ocean.



Workshop 3 - Pretty Budgeirigars
Wednesday, 9th July, 2025
9.30 am - 11.30 am Cost: \$50 (includes materials & tutoring)

Draw a distinctively pretty budge, work with pan pastels and NEW paint sticks. These mediums are so much fun to smudge, slide, smear & smooth the surface to create a soft and subtle bird painting.



Workshop 4 - Minecraft Art
Monday, 14th July, 2025
9.30 am - 11.30 am Cost: \$50 (includes materials & tutoring)

Create your very own imaginative Minecraft world. Use drawing mediums such as watercolour pencils, markers, crayons, paint and illustration pens.



Workshop 5 - Cat Art
Tuesday, 15th July, 2025
9.30 am - 11.30 am Cost: \$50 (includes materials & tutoring)

Learn how to draw realistically & apply painting techniques to add layers of colour, tone and depth. You will achieve a vibrant cat painting.



Workshop 6 - Pattern Shark Art
Wednesday, 16th July, 2025
9.30 am - 11.30 am Cost: \$50 (includes materials & tutoring)

Draw a realistic shark and create your own abstract pattern overlay effect. We will be working with watercolours and illustration pens.



NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins
per day



=

3 days

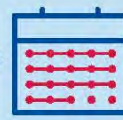


30 mins
per day



=

18 days



**Patterns of lateness
can have a serious
impact on your child's
education.**

education.nsw.gov.au

STUDENT ABSENCES

Parents/carers, please ensure to explain any absences your child may have from school. It is as easy as a simple text message response with a reason, or if you prefer; call, email or a handwritten note!

The Department of Education requires an explained absence within 7 days.

