The UPSIDE

ULTIMO PUBLIC SCHOOL

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PRINCIPAL REPORT

Written by Olivia Parry



Thank You For Your Support

I would like to extend my heartfelt thanks to all of you for your understanding and support last week in keeping your children at home when they were unwell. This collective effort has made a significant difference in our school community.

I'm pleased to report that this week we have seen a marked decline in the number of students absent due to respiratory illnesses. Your commitment to prioritising the health and well-being of our students not only contributes to their recovery but also helps ensure that our school remains a safe and healthy environment for everyone.

Thank you once again for your cooperation and for being active partners in maintaining the safety of our school community. Together, we can continue to support each other and create a positive learning environment for all our students.





Important Reminder for 740s Bus Service Users

I would like to remind all students and families who utilise the 740s bus service that it is essential to use Opal cards for travel. Transport NSW closely monitors the usage of this service through Opal card data, and your compliance is crucial for ensuring the continued availability of the bus service in the future.

To avoid any disruptions, please ensure that your child has their Opal card ready for use each day. If your child does not yet have an Opal card, you can easily apply online by visiting the following link: <u>Apply for School Travel.</u>

Thank you for your attention to this important matter, and for your cooperation in helping to maintain this valuable transport service for our school community.





BRING IN YOUR HAT BEFORE THE PARADE



Please remember to Reduce Reuse and Recycle when making your hat!

From The Library

World Storytelling Day: Thursday 20th March

Students from K-6 celebrated World Storytelling Day. It is a day where we celebrate the magic of storytelling and the joy it brings to our lives. Our wonderful students from K-6 were buzzing with excitement as they dove into the sequel to Frank's Red Hat – Neville's Great Escape!

We were quite lucky when Sean E.Avery visited our school last year and gave us a sneak peek (Shhh!) As you can see, we had a huge number of students attending the session and embracing the love and joy literature can bring to our imaginations!









Scholastic Book Club- Issue 2: Closing soon

Families can earn a \$5 promo code with ANY LOOP ORDER on this Issue, to be redeemed on Issue 3

Families can purchase books at a discounted rate through scholastic book club. The best part is 15% of your order value is given back to our school. It is easy to order. Just go to scholastic.com.au/loop or by using the LOOP app which you can download from the App Store or Google Play. Once you select your books, use the drop-down menu to find your class and the books will be delivered to your child's classroom. Please note the school does not take cash for Book Club orders.

Some helpful resources to Introduce NEW families to Book Club

Book Club Parent Guide Link

Other resources for parents available online Link

Orders close Friday 28th March at 3pm.



Kindergarten

Kindergarten are loving showing off their fantastic mathematical thinking this term! From exploring partwhole relationships to creating patterns and ordering length, our students are learning and growing each day.



Kindergarten have recently had their introduction to co-teaching, breaking off into mixed literacy groups with the aim of providing targeted learning to all students! The students are enjoying learning from different teachers. The Kindy teachers are also loving building relationships with students from across the cohort!







School Leader Update

Written by Bener, Myka, Tom, Kiah

Welcome to the leader's report for Week 9! We have some exciting news about next week, because we're having our school Cross Country! We can't wait to go down to Wentworth Park and see everyone cheering for their house while everyone is running that challenging long-distance track. Good luck to everyone who will be competing!

Last week on Friday, we had the International Day for the Elimination of Racial Discrimination, where our SRC students in each class showed us a slideshow of all the different languages we speak in the school.

Also last Friday in the middle session was Earth hour! This is where we celebrate the Earth and we turn off all lights for one hour in the middle session.

We also just want to make clear how important it is to be wearing your hat at break times. Sun safety is a top priority in our school because it can get extremely hot and we don't want you getting sunburned. So please wear a hat at all times and put on sunscreen in the morning!

We can't wait to see you in Week 11!



Message From The Anti Racism Contact Officer, Ms Jankovic

Anti-Racism Policy

The Department of Education rejects all forms of racism and is committed to the elimination of all forms of racial discrimination in NSW public schools. The Department's Anti-Racism Policy aims to ensure that no student, employee, parent, carer or community member experiences racism within the school environment.



The policy asks all members of the school community to assist in countering racism by demonstrating respect for the cultural, linguistic and religious backgrounds of others, and by behaving in ways that promote acceptance and harmony in the school environment. Each school has an Anti-Racism Contact Officer (ARCO) who is trained to assist with countering racism and supporting the school community when making complaints of racism in schools.

With your support, we do the very best we can to ensure culturally inclusive, cohesive, safe and engaging learning experiences for all our students. If at any time you find that you have a concern about racism in our school, you are encouraged to raise this with the ARCO or talk with a member of staff so that your concern can be resolved.

Each school has an Anti-Racism Contact Officer (ARCO) who is trained to assist with <u>complaints</u> and countering racism. Our ARCO is Ms Draga Jankovic. For more information about anti-racism and the role of the ARCO, see: <u>Anti-Racism Policy - Information for parents and carers.</u>

A fact sheet providing information about the Anti-Racism Policy and the role of the Anti-Racism Contact Officer is available in 36 languages and can be found via the following link:

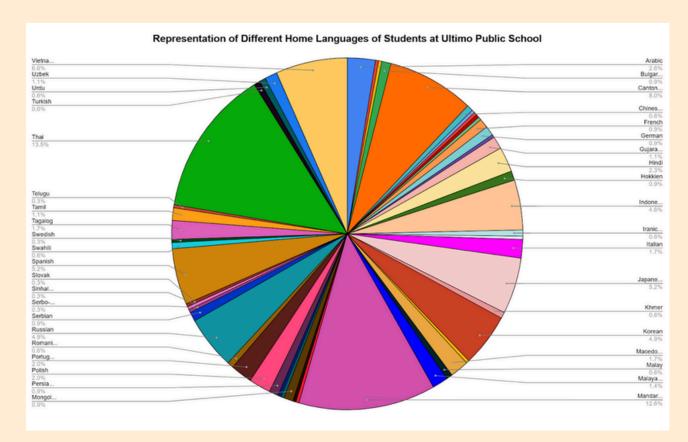
https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/anti-racism-contact-officer

Please contact our ARCO if you or your child experiences any form of racism, witness anyone experiencing racism at our school, or if you would like further information or support. All emails to our ARCO should be directed to the admin team.

INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION

WE PROUDLY PRESENT THIS GRAPH DISPLAYING THE CULTURAL AND LINGUISTIC DIVERSITY OF ULTIMO PUBLIC SCHOOL IN 2025, IT IS A PRIVILEGE FOR US ALL TO LEARN AND GROW IN SUCH A WONDERFULLY ENRICHING ENVIRONMENT.

AT ULTIMO PUBLIC SCHOOL, WE VALUE AND TAKE PRIDE IN THE CULTURAL AND LINGUISTIC DIVERSITY OF OUR COMMUNITY. IN RECOGNITION OF THE INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION ON THE 21ST MARCH, STUDENTS PARTICIPATED IN SCHOOL-WIDE ANTI-RACISM LESSONS, THEY LEARNT TO RECOGNISE RACISM AND HOW TO RESPOND WHEN THEY SEE OR HEAR INCIDENTS OF RACISM. STUDENTS EXAMINED THE CULTURAL AND LINGUISTIC DIVERSITY OF THEIR CLASS AND THEY CREATED PERSONALISED WELCOME SIGNS THAT REFLECT THE LINGUISTIC DIVERSITY OF THEIR CLASS. THEY CONTRIBUTED TO THEIR CLASS SIGN IN THEIR HOME LANGUAGES. THE PURPOSE OF THESE ACTIVITIES IS TO EMPHASIZE THAT AS A COMMUNITY WE ARE ALL RESPONSIBLE FOR SUSTAINING OUR HIGHLY VALUED CULTURAL AND LINGUISTIC DIVERSITY.











Grow Your Mind Focus: Respect



Respect is treating each other in a way that shows we value what they have to say and feel. It means we treat people how we wish to be treated. If you are growing respect, you try to speak to people in way that honours their dignity and you give them a chance to be heard.







What does it look like in our classroom?

- We raise our hands when we have a question or comment
- We give people our attention when they need it
- We listen to someone's point of view even if it is different from our own





What does it look like on our playground?

- We say excuse me when we need to get past someone
- We make sure we give people personal space when they ask for it
 - We put any rubbish we have in the bin

PBL Focus: Assembly

Respect

Responsible

Learner

This week for PBL, we are focusing on being respectful, responsible learners during assemblies.

General Expectations

Respect	Responsible	Learner
 Care for yourself and others Treat others fairly 	 Keep hands, feet and objects to yourself Take care of belongings and equipment Wear a hat outdoors 	 Listen and follow all staff instructions Right place, right time

Assembly Expectations

Respect	Responsible	Learner
 Share the equipment Passive play only Music plays, pack away 	 Wait for the teacher before playing Stay in a supervised area Seats are for sitting 	Help others





Well done to all of the students who are working hard and earning tokens for their house groups! Keep it up!

The Ultimo Public School P&C Association assists the school to:

promote the welfare of the students,
provide facilities & equipment, and
bring parents, citizens, students, teaching staff, and the community into closer co-operation.

If you would like to participate in your P&C, or simply be kept up to date with what is happening, please review this <u>P&C</u> <u>Participation invitation Link</u> which contains more detail.

Many thanks for your consideration.

EXTRA CURRICULAR ACTIVITIES

NOT AFFILIATED WITH UPS, CONTACT PROVIDERS FOR MORE INFORMATION



DRAWING SYDNEY VISUAL ARTS ACADEMY

Rene: 0488 099 987 TUE & WED: 3:15-4:15 www.sydneyvisualartsacademy.com info@sydneyvisualartsacademy.com



VIP MUSIC

Leda Koh: 9411 3122 TUE: 3:15-4:15 FRI: 3:15-4:15

www.learnmusicatschool.com.au



MATHS TUTORING POLYMATH TUTORING

(02) 9072 1368
MON: 3:15-5:20 PM
WED: 7:45-8:15 AM
FRI: 3:15-5:20 PM
www.polymathtutoring.com.au
elly@polymathtutoring.com.au

BASKETBALL EASTS BASKETBALL LEAUGE

8283 5161 TUE: 8:00 AM - 8:45 AM www.eastsbl.com.au

https://aus.iclasspro.com/portal/eastsbasketball/class-details/340?filters=%7B%7D



CODE CAMP 8 WEEK STEM COURSE

1300 26 33 22 THU: 3:15-4:30 schools@codecamp.com.au www.codecamp.com.au

TENNIS LEICHHARDT TENNIS ACADEMY

Neil Armstrong: 0413085925 FRI: YEARS 3-6 8:00 AM - 8:30 AM FRI: YEARS K-2 8:30 AM - 9:00AM www.Leichhardttennisacademy.com.au



STAR TIME FILM MAKING

MON: 3:15-4:30 WED: 3:15-4:30 info@startime.com.au



HIP HOP DANCE ZONE PRODUCTIONS

Kate Barnes: 1300 908 804 MON: 11:00 AM - 11:45 AM TUE: 11:00 AM - 11:45 AM dzp.com.au classes@dpz.com.au



CHESS COACHING SYDNEY ACADEMY OF CHESS

9745 1170 FRI: 8:00 AM - 9:00 AM office.sydneyacademy@gmail.com



MARTIAL ARTS TAE KWON DO

Marion: 0437 735 156 MON: 3:00 PM - 4:15 PM TUE: 3:00 PM - 4:15 PM THU: 3:00 PM - 4:15 PM FRI: 3:00 PM - 4:15 PM msherlocks5TKD@gmail.com

Community Noticeboard



Crunch&Sip®

Information for parents and carers

What is Crunch&Sip®?

Crunch&Sip® is a set time during the school day for children to crunch on fruit and vegetables and sip water in the classroom.

What you need to do:

To be involved in Crunch&Sip®, please send your child to school with a water bottle and some ready-to-eat fruit or vegetables.

Why it matters:

Developing healthy habits can help children have better health and wellbeing throughout life. It can also help them do their best at school. Research suggests children who eat a healthy diet including fruit and vegetables are more likely to:

- · concentrate better and remember more
- · perform better academically
- · have better mental health.









What to pack for Crunch&Sip®

Some examples:

A bottle of plain, tap water

Water is the only drink allowed.





A whole piece of fruit or a vegetable such as a whole carrot, apple, mandarin or banana.



Vegetable sticks such as cucumber. capsicum, carrot or celery.



Chopped, bite-sized pieces of fruit or vegetables such as watermelon, pear, broccoli or cauliflower.



Several whole pieces of smaller fruit or vegetables such as cherry tomatoes. cooked corn, mushrooms, grapes or strawberries.



Helpful tips for Crunch&Sip®

Add a variety of fruit and vegetables

You can use Crunch&Sip® to help children try new fruit and vegetables. During the week, pack a variety of fruit and vegetables.

Try other options when fresh fruit and vegetables are not available

Choose canned or frozen fruit and vegetables when fresh ones are hard to find. If your child would like to have dried fruit, they can choose to eat it at recess or lunch.

Plan ahead

Pack pre-washed, easy-to-eat fruit and vegetables, and a spoon or fork if your child will need it. No food preparation can be done at school.

Chop all the fruit and vegetables for Crunch&Sip® once during the week or when preparing dinner the night before. Cut fruit and vegetables can last up to 5 days in the fridge in an air-tight container.

Only pack fruit and vegetables for Crunch&Sin®

Please note that only fruit and vegetables can be sent to school for Crunch&Sip®. Don't pack fruit juice; fruit products such as roll-ups, leathers or straps; potato or vegetable chips; fruit in syrup; popcorn.

Your child's school may request some food items not be brought to school where there are students with severe allergies.

Tips to eat more fruit and vegetables at home

Get children involved

Children are more likely to try food they have helped prepared. Give children ways to help with food preparation like:

- choosing which fruit or vegetables they want at the shops
- washing and preparing fruit and vegetables.

Make fruit and vegetables readily available

Children usually prefer what's easily accessible. Keep fruit and vegetables in easy to reach places such as a fruit howl on the counter or chopped vegetable sticks at eye-level in the fridge.

Crunch&Sip® at home

Try to make time on weekends or during school holidays for a quick fruit and

Keep offering fruit and vegetables

Tasting and learning about fruit and vegetables is the best way for children to become familiar with them. Children may need to try new foods a few times before they like them.

Include vegetables at lunch and dinner

Add a variety of different vegetables to your day. Aim to include at least 2 to 3 different types of vegetables at lunch and dinner. Vegetables can be fresh, frozen, or canned. Try adding grated carrot or zucchini to pasta sauce or shepherd's pie or add salads to burgers and taco meals. It all adds up.



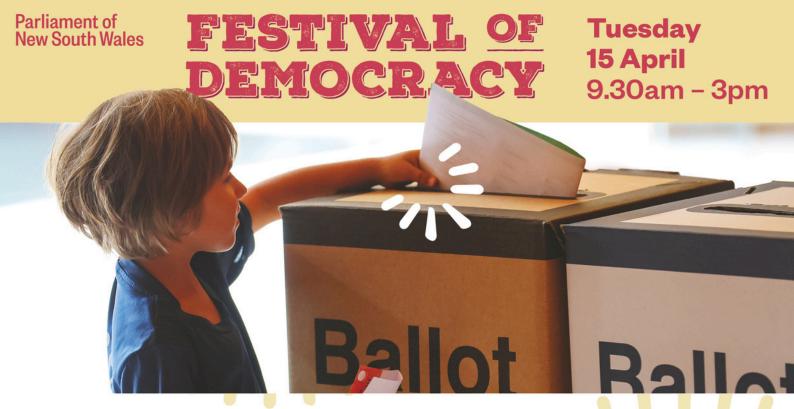
For more tips to help your family eat healthily, visit: healthyliving.nsw.gov.au/ families





Third and last page images have been supplied by Crunch&Sip® Cancer Council WA 2024.

September 2024 © NSW Health. SHPN (CPH) 240661.



Free activities for children up to 12 years at the Parliament of NSW

Visit Australia's oldest Parliament, learn about democracy in NSW, step inside history with guided tours and get creative in workshops and role plays.

- Make craft animals and objects
- Visit our heritage rooms
 - Learn how to vote and make a law
 - Participate in a committee role play
 - Enjoy live music and more...









FREE ENTRY

Activities 9.30am to 3pm

LOCATION

Parliament of New South Wales, 6 Macquarie Street Opposite Martin Place

Enquiries P: (02) 9230 2047 or E: dps.education@parliament.nsw.gov.au

BOOKINGS ESSENTIAL



The public café will be open.







7:00 AMSTART **6:00 PMEND**

PLEASE ARRIVE BY 9AM ON EXCURSION DAYS





THU · 17th APR



PUBLIC HOLIDAY

FRI · 18th APR

MON · 14th APR



Buckle up, adventurers! Today

we're discovering the coolest

B, and exploring the incredible

inventions that make it all

ying airplanes! Get ready to

shift your exploration into high

gear!

TUE · 15th APR



After a wild surgery fuses a police o cer and his dog ways to get from point A to pointtogether, Dog Man is born! Now, he must stop the evil Petey the Cat from cloning himself and possible - from speedy cars to causing chaos. A super-powered adventure full of action and heart!

WED · 16th APR



Today our hearts will utter as we step into the mesmerising world of butter ies. Prepare to be enchanted as we get up close to these graceful creatures to feed and interact with them. It will be an encounter like no other!



Calling all archivists and curators! TeamKids is off on an adventure to the Chau Chak Wing Museum located in the heart of Sydney University. This unique excursion will allow us to discover how museums operate and who runs them!





Daily Fee

\$68

Daily Fee

\$99

\$81 **Daily Fee**

\$105 **Daily Fee**

After Max CCS*

\$6.80

After Max CCS*

\$9.90

After Max CCS*

\$8.10

After Max CCS*

\$10.50

**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy



FIND A VENUE

CHOOSE YOUR ADVENTURE



TE A MKID S.COM.A U VERSION v20250311.1 1300 035 000









TUE · 22nd APR



and fast-paced challenges,

where teamwork and skill is key!

From running to scoring, this is

your chance to dive into a world

WED · 23rd APR



Dirt Detectives

our fun- lled program at The

Rocks! Unearth cool artifacts,

hear stories of early settlers,

and become a réal-life

THU · 24th APR



Join TeamKids for an EPIC **Electrical Adventure with** electrifying surprises! Kids will dive into the world of electricity

of fun, competition, and non-stoparchaeologist—it's going to be anbulbs. It's a hands-on adventure energy. Let the fusion begin! that's sure to spark their a-mole-mazing adventure! curiosity and excitement.

and even create their own light



FRI · 25th APR

HOLIDAY

Daily Fee

\$84

Try your hand at a mix of gamesGet ready to dig into history with

Daily Fee \$104

Daily Fee

\$83

After Max CCS*

\$8.40

After Max CCS*

\$10.40

After Max CCS* \$8.30

7:00 AMSTART 6:00 PMEND

PLEASE ARRIVE BY 9AM ON EXCURSION DAYS

MON · 28th APR





Get ready to twist, stretch, and leap through fun moves that make you stronger and super flexible! Join the adventure, build your power, and discover how awesome your body can feel with every stretch

Daily Fee

\$85

After Max CCS*

\$8.50

TUE · 29th APR

STEM Nation



Get ready for a day of hands-on experiments, exciting challenges, and creative problem-solving. Explore, build, and discover the amazing world of STEM. The future starts today—are you ready to innovate?

Daily Fee

\$68

After Max CCS*

\$6.80

**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy



FIND A VENUE

CHOOSE YOUR ADVENTURE



TE A MKID S.COM.A U VERSION v20250311.1 1300 035 000

Sydney Visual Arts Academy



















More details can be found at: www.sydneyvisualartsacademy.com







Kickstart Your Child's

Jiu-Jitsu Journey!

Join Our 12-Week Kids Brazilian Jiu-Jitsu Foundation Program





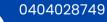
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Why Choose Kids BJJ?

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- Learn Self-Defense Skills
 - Boost Fitness &
- Focus

 Make New Friends
- in a Fun, Supportive Environment!

Only \$37.99 per week PLUS Get a FREE Gi!



0415556044











www.instagram.com/iwsbjj_kids



School Student Travel



School student travel information for parents and students School Travel Passes

Students who require a School Opal card or travel pass but have not yet applied need to apply or update their details as soon as possible.

In the Opal network, students should travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their local bus operator to discuss their travel needs.

Students living in rural and regional areas will receive their travel pass from their nominated transport operator. It may be issued via their school or be sent directly to them at home. **Note**: some rural and regional operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Terms of Use

Students using School Opal cards must tap on and tap off in line with the Opal terms of use.

This includes travel within the approved times between 6.30am and 7.00pm from Monday to Friday on school days only. Students must use their Child/Youth Opal card for any travel outside these times.

All students are required to comply with the Student code of conduct. The code of conduct aims to ensure the safety and well-being of school children and other passengers. It is important that parents ensure their child is aware of this, as failure to comply with the code of conduct can result in a suspension from travel.





Free child car seat safety check

2 in 3 car seats are not used properly

Make sure your child is safe with a free inspection by a Transport for NSW Authorised Restraint Fitter. You can have your child car seats and booster seats checked for safety and correct fit.

Date:Saturday 29 March 2025, 9:00am-1:00pm Location:Eveleigh Early Learning

and Preschool. 41 Henderson Road, Eveleigh Bookings Essential:9246 7630 or

email: vstamper@cityofsydney.nsw.gov.au Service only available to City of Sydney residents





childcarseats.com.au

An initiative of your local council and Transport for NSW as part of the Local



Government Road Safety Program

Transport for NSW Careers

Is this role for you?

School Crossing Supervisor



About you:

Help protect our vibrant school communities.



Be a road safety hero for school kids, caregivers, school staff and local motorists.



communicate different groups and give clear instructions.

Casual City of Sydney - Ultimo / Paddington/ Glebe

In this role, you'll: Work shifts that fall between 8:00am -9:30am and 2:30pm - 4:00pm, Monday to Friday during school terms with a minimum of one hour shift as required.

Salary:

\$32.84 per hour, + Super.

Apply today

Applications close 11:59 pm on Sunday 23rd March 2025.

Visit jobs.transport.nsw.gov.au and search for Reference

Number: 98987 or search 'School Crossing Supervisors' for a full list or vacancies or scan the QR code to apply.

For further information, contact Sandhini Chaudhary

E: sandhini.chaudhary@transport.nsw.gov.au

P: 0466 343 704



