



In the Kitchen with Infants Students

Apple Slice

FRESH FROM THE GARDEN: Beetroot



Lemons



Blueberries



Tomatoes

Ingredients

- 2 cups self-raising flour
- $\frac{1}{2}$ cup sugar
- 3 apples, cored and diced (1cm)
- $\frac{1}{2}$ cup butter or margarine
- Cookie cutter
- 1 small egg

Equipment

- Bowl
- Wooden spoon
- Baking tray



Method

1. Preheat oven to 180°C.
2. Toss diced apples with self-raising flour and sugar in a mixing bowl.
3. Melt butter in the microwave. Stir in egg.
4. Pour butter and egg into the apple mixture and mix until well combined.
5. Pour mixture into a lined slice tin.
6. Bake for 15-20 minutes.