

TALLIMBA PUBLIC SCHOOL

A little school achieving big things

Term 3 - Week 4

Issue 12

Thursday, 14 August 2025

Coming Events:

Week 4 - National Science Week

Friday, 15 August

- Library
- Riverina Regional Mobile Library
Visit 12:55 pm - 2:25 pm

Week 5 - Book Week

Tuesday, 19 August

- Creative Arts day at Naradhan

Wednesday, 20 August

- Kindergarten Orientation
9 am - 11 am

Friday, 22 August

- Library

Week 6

Wednesday, 27 August

- Kindergarten Orientation
9 am - 11 am

Thursday, 28 August

- Science Day at Barmedman
- Year 6 transition to WWHS

Friday, 29 August

- Lower Lachlan Athletics Carnival

Message from our Principal...

The theme for this year's Bully No Way campaign is *Be Bold, Be Kind & Speak Up*. This message supports our school in promoting the idea that everyone has a role in preventing bullying.

National Science Week encourages engagement in Science, Engineering, Mathematics and Technology (STEM). On Tuesday, students had a fantastic time taking part in hands-on activities that sparked curiosity and innovative thinking. In Week 6, we will join with Weethalle and Barmedman Public Schools to once again collaborate with Sally Russell for another exciting Science Day.

In staffing news, Mrs Belinda Haworth has embraced a new opportunity, taking on the role of relieving principal at Barmedman Public School. We thank her for her valuable contributions to our school and look forward to crossing paths at future combined school events.

Next week, Michaela Riley, who is currently studying at Southern Cross University, will be starting a practicum with us. This is a great opportunity for the school to support a future educator as she gains experience and shares her skills with our students and community.

Other things to note for next week include a trip to Naradhan Public School, parent-teacher interviews, and costumes for Book Week. On Tuesday, 19th August, staff and students will head to Naradhan for a Creative Arts Day, which will take place during school hours. Teachers will be available on Thursday, 21st August, for meetings after 3:00 pm, and bookings can be made via School Bytes. Please call the school if you need assistance with this. If this date doesn't suit, Wednesday, 27th August, is another option. Students are invited to dress up for Book Week on Friday, 22nd August.

Recently, a number of students and staff have been affected by illness. Thank you to families for keeping the school informed about absences. Wishing everyone good health in the coming weeks.

Ms Sarah Bell

Principal

Student of the Month Oliver Reid



Respect

Responsibility

Citizenship

CONTACT US 14 Kikoirra Street, Tallimba NSW 2669 **Phone:** 02 6975 7251 **Email:** tallimba-p.school@det.nsw.edu.au

Website: www.tallimba-p.schools.nsw.gov.au

We would like to acknowledge the Wiradjuri People, Traditional Custodians of the land on which we gather and pay our respects to their Elder's past, present and emerging.

PBL Stars of the Fortnight

Week 3 - Hannah Quade



Week 4 - Anita Oxenbridge



SHOUT-OUTS

Anita gave a shout out to **Mrs Tyack** for taking us to the hall for cooking.



Children's Book Week
16–23 August 2025

*BOOK AN
Adventure*

Book Week 2025

Next **Friday, 22nd August** we will celebrate Book Week with some fun book and library activities during the day. We look forward to seeing everyone dressed up in their costumes.

The 2025 theme is **Book an Adventure!**



Now taking
enrolments for

**KINDERGARTEN
2026**

Please contact the
school office on
02 6975 7251 for an
Expression of Interest
form.





NEWS

with Mrs Quade

Visit Us at Our House

This week the Primary students participated in the Visit Us at Our House interactive, online program, and were joined by other schools in NSW. They learnt about the development of democracy in the early colony of NSW, the three levels of government and how our parliamentary system of government works to make laws for NSW.

Some of the key milestones of NSW parliament include the establishment of a bicameral parliament in 1855, the extension of voting rights to all males over 21 in 1858, women's suffrage in 1902, and voting rights for Aboriginal people by 1962, culminating in a fully elected Legislative Council by 1981.

Did you know New South Wales Parliament was once a hospital for convicts? It was built though a rum trade agreement by Governor Macquarie in 1811 and then evolved into NSW Parliament.





Dental Health

Having good oral health means having healthy teeth and gums.

Looking after your child's teeth and gums is an important part of your child's health but can be overlooked at times.

Healthy teeth and gums, enables your child to talk and eat well, whilst giving them the confidence to smile. We all over to see our children smiling 😊

Tooth decay can be extremely painful for children and can discourage speech, good nutrition, and everyday activities. It is important to encourage good dental hygiene in children and to attend regular dental check-ups.

Tooth decay and gum disease are unfortunately common in young children due to:

- Thinner enamel on infant teeth
- Undeveloped oral hygiene habits
- Food and drinks with a high sugar content

It is important to teach children good oral hygiene and encourage them to care for their teeth and gums to help avoid dental pain, infections and other health issues related to the mouth.

Common signs of tooth decay are painful teeth and mouth, refusal to eat or drink, bleeding gums, visible holes and discoloration.

Tips to encourage good oral hygiene include:

- Brushing teeth after at least twice a day for 2 minutes with an appropriate brush and paste
- Not putting your baby/toddler to bed with a bottle in their mouth
- Not putting honey or other substances onto your child's dummy
- Drinking tap water that contains fluoride – important for teeth
- Reducing the number of sugary foods and drinks, between meals
- Encouraging your child to chew their food
- Rinsing the mouth with water after eating if a toothbrush is not available
- Regular dental visits from the age of 12 months.

If you have any questions in relation to your child's dental health, please feel free to contact the school Wellbeing Nurse Jenn.



TALLIMBA PUBLIC SCHOOL

A little school achieving big things

Ready, Set, Enroll!

Tallimba Public School is seeking Expressions of Interest for Kindergarten for 2026. An orientation program is planned to begin in Week 5 of this term. Contact the school to register your interest.

✓ A Little School Achieving Big Things



02 6975 7251



tallimba-p.school@det.nsw.edu.au

What's happening this term...

WEEK	MON	TUE	WED	THUR	FRI
4 National Science Week	11 August	12 August	13 August	14 August	15 August Riverina Regional Mobile Library Visit 12:55 pm - 2:25 pm
5 Book Week	18 August	19 August Creative Arts Day at Naradhan	20 August Kindergarten Orientation 9 am - 11 am	21 August	22 August
6	25 August	26 August	27 August Kindergarten Orientation 9 am - 11 am	28 August Science Day with Sally at Barmedman Year 6 transition day WWHS	29 August Lower Lachlan Athletics Carnival
7	1 September	2 September	3 September West Wyalong Show - ½ day public holiday	4 September	5 September
8	8 September	9 September	10 September Kindergarten Orientation 9 am - 11 am	11 September	12 September Riverina Regional Mobile Library Visit 12:55 pm - 2:25 pm
9	15 September	16 September	17 September Kindergarten Orientation 9 am - 11 am	18 September AECG Proud and Deadly Awards	19 September
10	22 September	23 September	24 September Kindergarten Orientation 9 am - 11 am	25 September	26 September



School Bytes
Parent App
Available now!
Download on the App Store or Google Play

Key Features

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Store, view and sign permission forms online

Download on the App Store | Get it on Google Play



School Bytes

If you haven't already registered for the parent portal, please remember to do so. Through the portal you will be able to:

- Sign excursion permission notes
- Book an interview time for parent/teacher meetings
- Pay for excursions
- View the calendar of events
- Monitor your child's absences

Please reach out to the school if you need assistance.

Community News



YEAR 7 ENROLMENTS

West Wyalong High School is currently taking enrolments for Year 7 2026. Applications are to be completed via the online portal.

Please contact the school office if you have any questions.

westwyalong-h.schools.nsw.gov.au
02 6972 2700



Mornings, Melodies & Memories

WEETHALLE

Monday 18 August 2025

JOIN US FOR MORNING TEA
WEETHALLE COUNTRY CLUB

10.30am - 12.00pm



Bland Shire Library

Scams & Online Safety

FOR SENIORS

Tuesday
26th August 2025
10:30am

FREE

- For further information
- Bookings
- Ph: 69790272

DON'T be a victim



DANCEMOVES

Movement is Medicine

JOIN US

Monday 25th August @ 3:30pm

West Wyalong Bowling Club

Questions? Comment on this post

Feel like dancing and having fun?

Listen to your all time music favourites while building strength, balance, mobility and flexibility. DanceMoves can be done seated with a progression to standing. No previous dance experience necessary.

A partnership between the Murrumbidgee Local Health District and DANCE HEALTH ALLIANCE

NSW GOVERNMENT
DANCE HEALTH ALLIANCE

TALLIMBA PUBLIC SCHOOL

A little school achieving big things

TEAM ARMSTRONG TOYOTA COOKIE DOUGH FUNDRAISER FOR COUNTRY HOPE!

LOCAL PICK UP WEST WYALONG, 8TH SEPTEMBER.



YOU ARE ONE AWESOME COOKIE!



country hope



LET'S DOUGH THIS!



THANK YOU FOR YOUR SUPPORT! HAPPY BAKING!



BLAND SHIRE LIBRARY

LEGO CHALLENGE

CELEBRATING
BOOK WEEK 2025

"BOOK AN ADVENTURE"

ENTRIES
CLOSE
16 AUG.

Your challenge is to design & build

**AN ADVENTURE THEME PARK
BASED ON YOUR FAVOURITE BOOK**

Prizes will be awarded in the following age divisions:

Under 5 years; 5 - 7 years; 8 - 10 years;
11 - 13 years; and 14 - 16 years

All entrants **MUST** be a resident of the Bland Shire

PRIZES INCLUDE LEGO SETS - BOOKS - VOUCHERS

Take a photo or video of your adventure park. Upload it to
Bland Shire Library's Lego Legends Facebook page or

email to clange@blandshire.nsw.gov.au



Get up to \$500 for education costs

Achieve a savings goal for 10 months,
and **ANZ will match it up to \$500.**

To be eligible, you need to meet these requirements:



18 years
or older



A regular
income
(you or your
partner)



Attend
free online
financial
education
workshops



Are studying
yourself or
have a child
at school, or
starting next
year



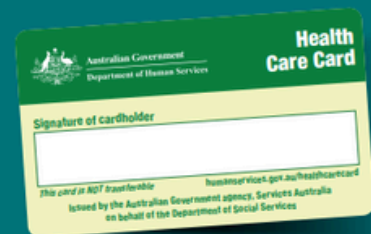
Current
Health Care
or **Pensioner**
Concession
Card



Saverplus.org.au
1300 610 355



Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and Department of Social Services.



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ
to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



Do wellbeing nurses keep health information confidential?

Unless there is a safety concern, wellbeing nurses will get permission from the student's parent, carer or guardian, or the young person aged 14 years and older before passing on the information.

If a wellbeing nurse is concerned about the safety, welfare or wellbeing of a student or the student's family, they may need to share the details about the concern with other services. This is required by law. The wellbeing nurse may also need to discuss the concern about the student with the school principal.

Further information

Visit

www.health.nsw.gov.au/whinprogram



The Wellbeing and Health In-reach Nurse Coordinator program is a partnership between NSW Health and the NSW Department of Education.

January 2024 © NSW Health. SHPN (WHIN) 230820.

NSW Health



Wellbeing Nurse



What are wellbeing nurses?

Wellbeing nurses are highly skilled and experienced nurses. They are employed by NSW Health to work in selected schools as part of the joint NSW Health and Department of Education Wellbeing and Health In-reach Nurse Coordinator program.

Wellbeing nurses work closely with school learning support and wellbeing teams and local health and community services to support students and their families with a wide range of health and wellbeing concerns.

How do wellbeing nurses support students and their family members?

Wellbeing nurses help students and their families to:

- identify their health and wellbeing needs
- connect to appropriate health and community services
- understand and use information about their health needs and healthcare options.

Wellbeing nurses do not administer medications, provide first aid medical interventions such as tube feeding or diabetes management.

Who can get support from a wellbeing nurse?

Any student enrolled at a school with a wellbeing nurse and their family.

How to get support from a wellbeing nurse?

Parents, carers or guardians can contact the school and ask to speak to the wellbeing nurse if they have concerns about their child's health and wellbeing and need information or support.

School learning support and wellbeing teams and school staff can refer students and their family to the wellbeing nurse.

Students aged 14 years and older can approach the wellbeing nurse directly to talk confidentially about their health and wellbeing concerns.

A wellbeing nurse is not at a school every day. Parents, carers, guardians and students may need to make an appointment.

Do wellbeing nurses need parental consent to see a student?

Primary school students

Wellbeing nurses will seek permission from a parent, carer or guardian if their child is referred to them or comes to them with health and wellbeing concerns.

Parents, carers or guardians can give their permission either verbally or by completing and signing a consent form given to them by the wellbeing nurse or school.

High school students

Wellbeing nurses will seek permission from a parent, carer or guardian if their child under 14 years is referred to them or comes to them with health and wellbeing concerns.

High school students aged 14 years and older can speak to a wellbeing nurse confidentially if the wellbeing nurse assesses a student mature enough to fully understand their health problems being discussed, and the support being offered.

If a wellbeing nurse assesses the student as not mature enough to understand their health problems and needs, the wellbeing nurse will seek permission from the student's parent, carer or guardian.

Wellbeing nurses always encourage and offer to support students to talk to their parent, carers or guardian about their health and wellbeing concerns.

