

# STRATFORD PUBLIC SCHOOL

A proud member of the Bucketts Way Community of Schools



## CALENDAR:

### 2025- Term 4

#### Special Dates:

##### October:

29<sup>th</sup>-31<sup>st</sup> - Canberra camp  
Stage 3

##### November:

5<sup>th</sup> - Kindergarten transition  
5<sup>th</sup> - Enviromatters  
19<sup>th</sup> - Kindergarten transition

##### December:

3<sup>rd</sup> - Kindergarten transition  
8<sup>th</sup>-12<sup>th</sup> - Intensive swimming  
program  
15<sup>th</sup> - Year 6 Fun Day!  
16<sup>th</sup> - Secret Santa, Lunch &  
Movie Day  
17<sup>th</sup> - Water Play Day



Sofeea McBride - 12<sup>th</sup> November  
Mrs Laurie - 28<sup>th</sup> November  
Levi Crowe - 30<sup>th</sup> November  
Matthew Ruyter - 15<sup>th</sup> December

"The start of  
a new term, is  
a new chance  
to be kind"



## Term 4 Week 2 2025

Dear Stratford Public School Community,

Welcome back to Term 4! It's wonderful to see our vibrant school community return, ready for an exciting and busy term ahead. This term promises to be full of learning, growth, and opportunities to be challenged in new and meaningful ways.

We are eagerly looking forward to our Stage 3 excursion to Canberra, a fantastic chance for our students to explore and deepen their understanding of our nation's capital. We also want to celebrate our boys' relay team for their outstanding efforts and teamwork – well done to all involved!

Swimming will be a highlight in Week 9 with our school sport program, giving students a chance to develop their skills and enjoy this important form of fitness and fun. Later in the term, we will come together for Presentation Day to acknowledge and celebrate the achievements of our students throughout the year.

To cap off a wonderful year at our amazing little school, there will be a special excursion on the last Thursday of term. This day promises to be a joyful celebration of all we have accomplished together.

As your principal, I am deeply committed to fostering an inclusive and equitable environment. Ensuring that everyone receives what they need, when they need it, is central to my leadership. We recognise and celebrate the uniqueness of each individual, understanding that equity looks different for all of us.

With the warmer weather approaching, I'd like to remind all families to please send your child to school with a hat to protect them during outdoor activities, as well as a drink bottle filled with water to keep them hydrated throughout the day.

Thank you for your ongoing support. Let's make Term 4 a memorable and inspiring finish to the year!

Kind Regards,

*Toni Johnson*  
Principal



# CLASSROOM INSIGHTS

*A Peek into the Magic of Learning!*

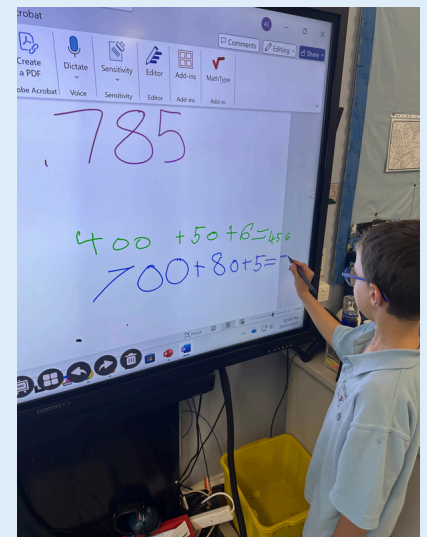
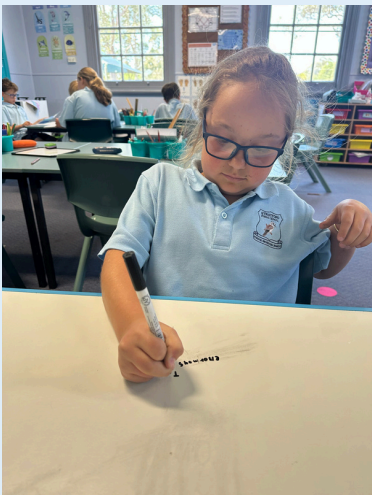
## SPS MOCK ELECTION

Our students have been learning about persuasive writing, the Australian Government, politics, and the voting system in a fun and engaging way. To put their learning into action, our class was split into three groups with the challenge of creating their very own political parties! Thank you to everyone who attended our mock election.



## CLASSROOM LEARNING

As we've come back this term, students have been working very hard in the classroom using a variety of resources - technology, whiteboards and hands on games!





We have been working hard to revive our worm farm. We have 500 new friends who we will care for with help from Chaise, our Environmental Specialist. Please see at our poster below to get some tips for creating and maintaining a healthy worm farm.





# State Relay SYDNEY

Congratulations to our Stratford Public School relay team who competed at the NSW PSSA Athletics Championships in Sydney this week!



Cooper, Tatum, Rylan and Bailey represented the school with outstanding sportsmanship, determination, and teamwork. They gave it their all on the track and made us incredibly proud.

A huge thank you to the families who travelled to Sydney to support the team. What a fantastic achievement - well done, team Stratford!



# Choosing a Gratitude Mindset

## SHIFT FROM 'I HAVE TO' TO 'I GET TO'

A simple change in language from 'I have to do this' to 'I get to do this' can change our whole perspective on life and daily tasks. When we adopt the 'I get to' mindset as a gratitude practice, it helps us focus on the positive aspects of our lives and the opportunities we often take for granted.

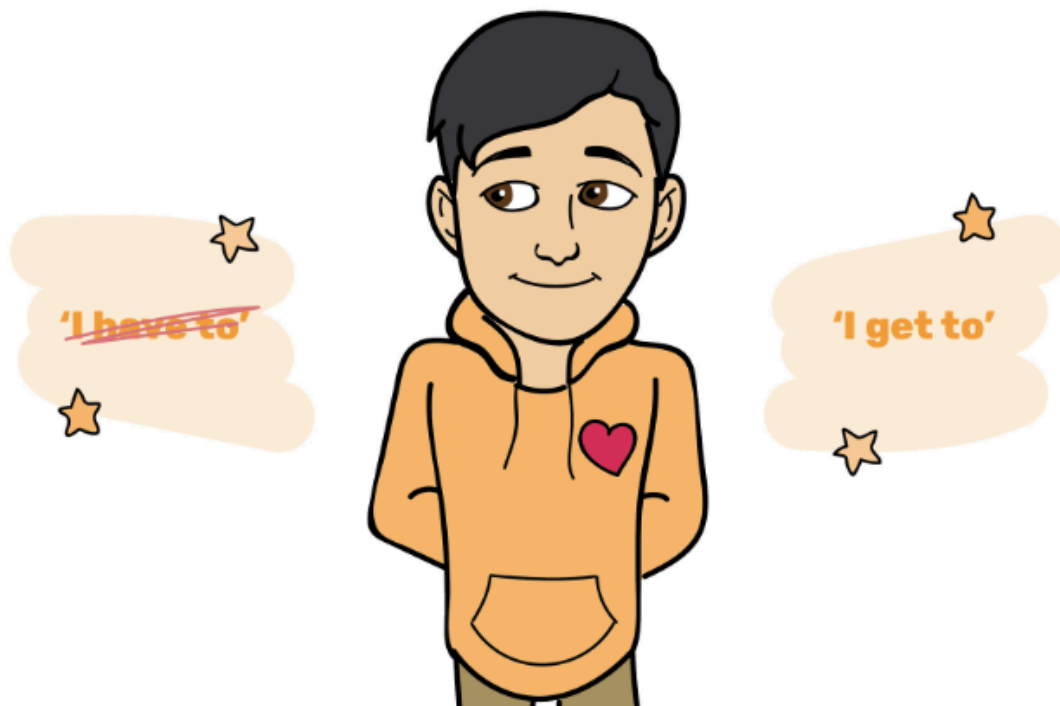
## HOW CAN YOUR FAMILY PRACTICE THIS TOGETHER?

Here are some examples to get you started:

- I get to wash the dishes.
- I get to make breakfast for my family.
- I get to walk the dog and spend time outside.

## FAMILY CHALLENGE

Try to replace 'I have to' with 'I get to' in your conversations this week. **Notice how it changes your perspective, and discuss as a family how it feels to focus on gratitude in everyday tasks.**



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



# Attendance Matters

## Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins  
per day



= 3 days



30 mins  
per day



= 18 days



Patterns of lateness  
can have a serious  
impact on your child's  
education.

education.nsw.gov.au

## Good for kids good for life



### Seasonal Fruit and Veg

Choosing seasonal fruit and veg for your kids lunchbox can help keep costs low. Look out for regular specials on in season produce.

Spring is here and summer is just around the corner! Why not try some of our favourite seasonal fruit and veg options below.

#### Spring

##### Vegetables:

Asparagus, avocados, beetroot, broccoli, brussel sprouts, carrots, cauliflower, cucumbers, eggplant, mushrooms, peas, pumpkins, spinach, squash.

##### Fruit:

Bananas, cherries, lychees, mangoes, mulberries, oranges, papaya, pineapple, watermelon, rockmelon.

#### Summer

##### Vegetables:

Asparagus, avocados, beans, beetroot, capsicums, carrots, celery, corn, cucumbers, eggplant, snow peas, squash, tomatoes, zucchinis, broccoli, cauliflower, spinach.

##### Fruit:

Apricots, bananas, berries, grapes, melon, watermelon, lychees, mangoes, passionfruit, cherries, nectarines, oranges, plums, peaches



Source: <https://www.swapit.net.au>



Hunter New England  
Local Health District

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<https://goodforkids.nsw.gov.au>

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.