

STRATFORD PUBLIC SCHOOL

A proud member of the Bucketts Way Community of Schools



Term 2 Week 6 2025

CALENDAR:

2025- Term 2

Special Dates:

June

9th: King's Birthday

13th: Sport Athletics Catch Up

18th: Athletics Carnival

19th: PJ Day for Aussie ARK

25th: Athletics Carnival back up

27th: Chess Tournament -Port

27th: Shrek at GHS

July

4th: Excursion - Manning
Regional Art Gallery



Ms Johnson

4th July

Zarliah

6th July

Mr Warner

28th July

Zach

4th August

Can you do a random
act of kindness? It
could be as simple as
paying someone a
compliment!



Dear Families,

As we come to the end of an eventful fortnight, I want to take a moment to acknowledge the incredible strength and resilience of our school community during the recent flood and severe weather events that have affected many areas across NSW. We are deeply grateful for the support, care, and kindness shown by families, staff, and students alike. Our thoughts are with those who have been severely impacted, and we stand with you during this challenging time.

If your family has been affected and you are in need of assistance, please don't hesitate to reach out. Support is available through the following services:

- NSW Disaster Response Hotline: 13 77 88
- Lifeline: 13 11 14 – 24/7 crisis support
- Kids Helpline: 1800 55 1800 – Free, private, and confidential counselling for young people
- Services Australia - Emergency Assistance: www.servicesaustralia.gov.au/disaster



Our school community is one of compassion and resilience, and it's heart warming to see everyone come together in times of need.

We have recently welcomed two new staff members: Miss Radford who will be team teaching on Mondays, Tuesdays and Wednesdays and Mrs Bowden, who joins our administration staff one day per fortnight. Be sure to say hello and introduce yourself if you see them. We also welcome Mrs Partridge back after her time away to complete her work placement at another school to become a teacher.

Moving forward, we look forward to many events in the coming weeks as outlined in this newsletter and on our Facebook page.

Lastly, as we approach the King's Birthday long weekend, I'd like to wish everyone a relaxing and enjoyable break. Take the time to rest, connect with loved ones, and maybe even enjoy a slice of cake in honour of His Majesty!

Kind Regards,

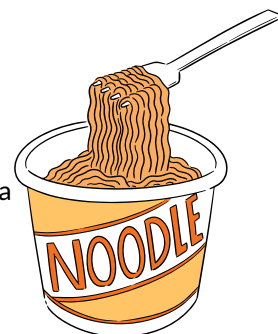
Toni Johnson

Principal

LONG Weekend!

Warm up Wednesdays:

The School leaders will be organising Warm up Wednesday this term. They will be offering two minute noodles at lunch time at a cost of \$2.00 (small) or \$4.00 (large) - per cup. All funds raised will go towards the Year 6 Fun Day at the end of the year.



LEARNING EVERYDAY

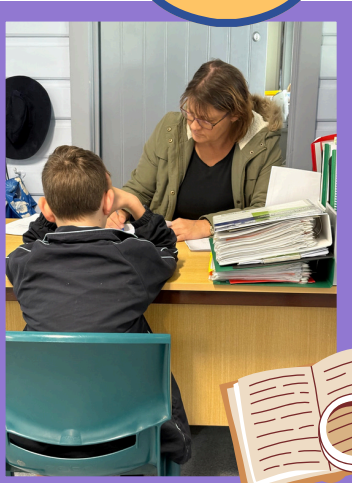


Darcie has been learning about repeating patterns. She can make a 2 pattern and a 3 pattern. She has enjoyed making patterns with lots of objects including Froot Loops, paint, shapes, blocks and websites.

Our students have been working very hard in our literacy and mathematics rotations. They have 4 rotations for each. Two with a teacher with explicit instruction and two independent tasks where they practise and apply their learning. Their 'on task' behaviour has been excellent!

Class Time

Daily reviews





Meet our new teacher!



Mrs Kate Radford



What is your favourite thing about being a teacher?

"I have always got a lot out of helping others and being a teacher allows me to help students with the most important part of their young lives, their education."

What is your favourite sporting team?

"I am a lover of all sports - Roosters all the way in NRL, Waratahs for Rugby, Swifts for Netball."

What is your favourite activity outside of school?

"My favourite thing is to spend time with friends and family. They are after all, the reason I moved back to Gloucester"

We're excited to have you in our team!

P&C pie drive is coming soon. Watch this space...





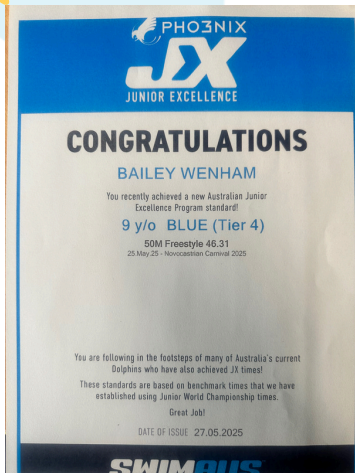
SPOTLIGHT



Bailey was fortunate enough to have a zoom meeting with his idol, Kyle Chalmers, who gave him some hot tips on performance, stroke technique and lots of encouragement.

What a great opportunity! Bailey also received a blue award for his efforts in 50m freestyle.

Great work, Bailey!



Welcome, *Rachael*

We give a warm welcome to Rachael who is completing her work placement here this term. Rachael is studying to be an SLSO and you will see her here Mondays, Thursdays and Fridays





Aussie Ark



What Happened

Extreme rainfall devastated the sanctuary.

The impact has been catastrophic:

Critical wildlife fences destroyed

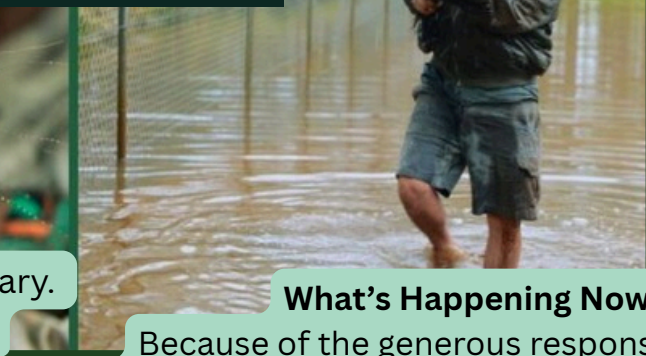
Enclosures submerged

Roads washed away

Power outages across the site

Endangered animals urgently relocated for their safety

Their dedicated team has been working around the clock – rescuing animals, delivering emergency food drops, and beginning essential infrastructure repairs.



What's Happening Now

Because of the generous response to their Emergency Flood Appeal urgent repairs to fences and enclosures are now underway. Animal relocations to safer areas are ongoing. Emergency feeding and care are continuing across the sanctuary.

How You can Help

They don't need volunteers – they need funding. Continued donations are vital to keep up this life-saving work.

Your donation will go directly to:

Emergency fence and enclosure repairs

Habitat restoration

Clean-up and recovery of infrastructure

Wildlife transport and ongoing care



Help Aussie Ark Recover

Stratford students are eager to help raise funds for Aussie Ark and support wildlife conservation efforts in their community.

To do this they have decided to hold a

Pyjama Day

with a movie and popcorn

Thursday 19th June

\$5.00 per student





Hi Families,

This week in our Empathy lesson, we deepened our understanding of the positive impact of acts of kindness for both the giver and receiver. We explored the concept of 'bucket filling' and how individuals who practice empathy, through acts of kindness, appreciation and support are known as 'bucket fillers'. Developing empathy helps us to identify, understand and feel what another person is feeling. When we practise empathy by doing something kind for someone else, our brain releases oxytocin. This results in an increase in our self-esteem, confidence, energy levels, positivity and overall happiness.

TRY IT AT HOME FAMILY ACTIVITY: HELPFUL HOUSE

YOU WILL NEED:

- Time together as a family (during dinner works well).
- A pen.
- Family table worksheet.

WHAT TO DO:

- During dinner, each family member is to think of one small act of helpfulness they can do for each of the other members of their family throughout the week.
 - » Examples of this are: take the bins out for mum, hang up the washing for dad, play a game with younger brother, etc.
- Discuss and agree on something for each person that is both helpful for the recipient and age-appropriate for the helper.
- Fill in the table provided depending on how many members of your family there are, and stick it on the fridge to remind everyone of the things they agreed to try.
- At the end of the week, discuss how everyone felt doing small acts of helpfulness. Also discuss having some things done for or with them that were fun or helpful.

Family Empathy habit builder:

Each week, try to do something nice for a member of your family. This could be a small note left somewhere or asking to help with the chores.

We would love to see what you are doing at home. Please share some photos or let your child's teacher know what you have enjoyed.



NSW Public School Survey



In Term 2, we are offering our students the opportunity to participate in the NSW Public Schools Student Survey. The survey gives students the chance to share their thoughts and feelings about life at school, including questions about their engagement, learning experiences and wellbeing at school.

Hearing directly from our students will help us understand what's working well and where improvements can be made to our school. The survey is confidential, takes around 10 to 15 minutes to complete, and will be conducted online during school hours.

Participation is voluntary. If you prefer your child not to participate, please complete the opt-out consent form, which will be sent home, and return it to the school. Further information about the survey is available at <https://education.nsw.gov.au/nps>

Attendance Matters

Now that things are back to business as usual, let's improve our attendance. Unless your child is unwell, please make sure they attend school everyday...because every day matters!

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

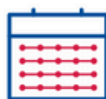
and years over their school life

1 day per fortnight



=

4 weeks



=

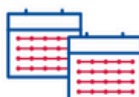
Over **1** year missed

1 day per week



=

8 weeks



=

Over **2.5** years missed

HEALTHY EATING!

Crunch&Sip®

Vegetables or a piece of fruit



Recess

Vegetables or a piece of fruit + 1-2 everyday snacks.



Lunch

A sandwich, wrap or roll with everyday fillings or an alternative such as pasta or fried rice.



Drink

Water and/or reduced fat plain milk

THINGS TO DO



Good for kids
good for life



Veggie & Cheese Muffins

Serves: Approx. 12 muffins

Ingredients:

- 1 cup wholemeal self-raising flour
- 1 cup white self-raising flour
- 1 cup grated zucchini (squeeze out excess water)
- ½ cup grated carrot
- ½ cup corn kernels (fresh or frozen)
- ¾ cup reduced-fat grated cheese
- 2 eggs
- ¾ cup milk (or plant-based milk)
- ¼ cup olive oil
- Optional: finely chopped spinach, capsicum, or ham



Method:

1. Preheat oven to 180°C (350°F) and line or grease a muffin tray.
2. In a large bowl, mix the flours and grated veggies.
3. Add cheese and any extras you like (ham, spinach, etc.).
4. In a separate bowl, whisk together eggs, milk, and oil.
5. Pour the wet mix into the dry and stir until just combined.
6. Spoon into muffin tray and bake for 20–25 minutes or until golden and firm.
7. Cool before packing into a lunchbox.



Hunter New England
Local Health District

© HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

GACCI

**DRAMA
WORKSHOPS**

**GRADES
3-5**

Wednesdays

3.30 - 5.00

21 May - 25 June 2025

Cost: \$60

Further information:

Contact Wendy Buswell
E: production@gloucester-arts.com.au
M: 0415 124 960



Bookings:

<https://www.trybooking.com/DBOOX>

