

Week 5 | Term 4 | 2025

Parklife

NEWSLETTER

From the Principals Desk

As we draw to the end of the school year, I am proud of our students' many achievements. I would like to congratulate our Year 12 students who have now finished their HSC examinations. The completion of high school is a significant milestone. I would like to acknowledge and especially thank our Year 12 parents for their support, our dedicated teachers and our Year 12 Advisors, Daniella Baldi, Brent Koboroff, and Margrete Ilia, as well as the Year 12 Deputy Principal Maha Adler. They have all played a different but equally important role and they have been phenomenal with their care and support.

I would also like to commend our Year 11 students who have completed their Final Preliminary Examinations. These exams are essential in helping our students to identify their strengths and weaknesses. This will essentially help them to focus on areas that they need to develop so that they can perform well in their Year 12 HSC Exam.

Thank you to Antoinette Gravante and all staff involved for successfully organising the Primary School Taster Lessons. Year 6 students from St Johns Park Public School, Harrington Street Public School, Bonnyrigg Public School, Governor Philip King Public School, and Prairievale Public School had an exciting preview into high school life through various taster lessons. Our student leaders made sure our visitors thoroughly enjoyed their time at St Johns Park High School.

Lastly, I look forward to celebrating our students' hard work and success this year with families at our Awards and Presentation Day towards the end of the year.

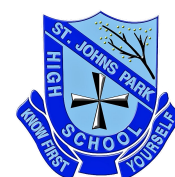


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Important Dates

- Monday 17 November - Year 7 Water Safety
- Tuesday 18 November - Special Education Water Safety
- Friday 21 November - Year 10 Picnic Day
- Tuesday 25 November - Year 7 2026 Transition Day
- Wednesday 26 November - Year 9 Drama Excursion
- Thursday 27 November - Student Leadership Camp
- Tuesday 2 December - Year 7 2026 Orientation Day
- Wednesday 3 December - Special Education Camp
- Friday 19 December - Last Day of School



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Year 10 EX-10-SION

Year 10 students have now completed their Yearly examinations and will mark the end of their junior schooling with our traditional Year 10 Picnic Day on Friday 21 November 2025. We congratulate all our students and their families on reaching this significant milestone.

As part of the EX-10-SION program, all Year 10 students will participate in a Preparing for Senior Studies session on Thursday 20 November 2025. This session is designed to equip students with essential study skills and the right mindset to help them succeed in Year 11. On the same day, there will be an EX-10-SION meeting to outline the subject selection process, expectations for students during the program, and to distribute new timetables.

Our EX-10-SION program will officially begin on Monday 24 November 2025. This exclusive program provides Year 10 students with the opportunity to experience their chosen Year 11 subjects firsthand. It also allows them to reflect on their selections before commencing full coursework in 2026.

Throughout the EX-10-SION period, students are expected to attend school every day, be punctual, and wear the correct school uniform. They may also start wearing their senior shirts during this time. We extend our sincere thanks to the EX-10-SION team for their dedication and hard work in ensuring this valuable program is a great success.

Celebrating World Teachers' Day - Friday 31 October 2025

We extend our thanks to all of our incredible teachers for their commitment, passion, and dedication to providing innovative and inspiring education every day. Your hard work truly makes a difference in the lives of our students and our school community.

This year, our amazing HOUSE student leaders helped us celebrate World Teachers Day by collecting NSW Teaching Gems - special messages of gratitude and encouragement from students and staff. We were moved by the many beautiful notes shared, highlighting the positive impact our dedicated teachers have on everyone around them.

World Teachers' Day is an important occasion to recognise and appreciate the vital role teachers play not only in education but in shaping the future. It reminds us all of the profound influence good teachers have in inspiring learners and nurturing potential. Thank you once again to our wonderful teaching staff for everything you do!



Dep. Principal

Ms Nicole Sullivan
(M, Tu, W, Th)



R/ Dep. Principal

Ms Donna Draper
(F)



Dep. Principal

Mr Steven Daoud



R/ Dep. Principal

Mr Paul De Carli



Dep. Principal

Ms Maha Adler



Social Media Restrictions

Social Media Restrictions

Starting **Wednesday 10 December 2025**, social media platforms will be required to take reasonable measurements to prevent Australians under 16 from creating or maintaining accounts, including platforms such as Facebook, Instagram, Snapchat, TikTok, X (formerly Twitter), YouTube, and others.

These new rules are designed to safeguard young people from the pressures and risks associated with social media use. Such risks include features that promote extended screen time and exposure to content that may negatively impact their health and wellbeing.

There is a wide range of websites and articles available with advice on how parents can support and prepare their children for the change. Below are some easy steps to support your child:

Talk early - Start talking with your child before the changes take effect. Ask them:

- What do they know about social media?
- What do they think about the new rules?
- How will the changes affect their day and talking with their friends?
- Are they worried about anything?

Check what they already use - Look at the apps and websites your child uses. Some children may change their birth data to use apps meant for older kids (13+). Talk about:

- The dangers of using apps for older children.
- What kind of bad or scary things they might see.

Slowly reduce social media - Help your child use social media less now. This way, when the new rules start, it won't feel too hard or upsetting.

Find other ways to connect - Your child still needs friends and activities. Think about:

- Sports, clubs, hobbies, etc.
- Safe websites or games for families

Look at your own social media use - Children learn from watching adults. Think about how you use social media and if you want to make changes too.

eSafety Commissioner Webinars

The eSafety Commissioner is also offering a series of free, 30-minute webinars designed for parents and carers. These sessions aim to explain the upcoming changes to social media age requirements and how they may impact children's online experiences.

Each webinar will cover:

- What the new age restrictions mean
- Which platforms are affected
- How to support children through the transition
- Where to find trusted resources for online safety

Webinar registration and session times are available, [here](#).

From a policing perspective, these new rules do not impose any fines or penalties on young people or their parents and caregivers.



Introducing Your School Leaders

ST JOHNS PARK HIGH SCHOOL

2026 School Captains & Prefects

School Captains



Jade Hoang



John-Paul Khochaba



School Vice-Captains



Kimberlee Huynh



Austyn Yang

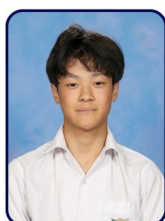
Prefects



Georgina Brown



Meyyou Hour



Logan Pham



Anna Ta



Trinity Trinh

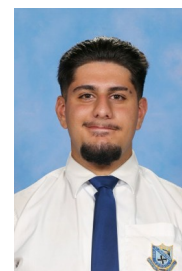


Alvin Vuong

School Captains' Address

Hello, my name is John-Paul and I'm honoured to have been elected for the 2026 School Captain alongside Jade. I'm filled with pride and gratitude to have the chance to serve my school and its thriving community. As School Captain, I aim to make St Johns Park High School a welcoming and safe environment for all. Whether it be through direct interactions or group events, the change I plan to make will leave a mark for future leaders to look back on. After completing high school, I plan to pursue my passion in structural engineering to then give back to the community. In my spare time, I generally will be bowling and watching the most recent UFC event.

John-Paul Khochaba - School Captain 2026



Hello everyone! My name is Jade Hoang, and I'm really excited to be one of your School Captains of 2026. For those who don't know me, I'm someone who is easy to talk to, outgoing, enthusiastic, and someone who enjoys getting involved in many school events. I've always believed that the small things can make a major difference. Hence, I'm really looking forward to regularly holding conversations with students and teachers to continuously make the school a better place.





Introducing Your School Leaders

I am so honoured to be in this position and I am looking forward to working with everyone, including students and teachers, to make the next year not only fun and memorable, but also full of opportunities to foster a healthy environment. After school, I would love to study medicine, which I would then use to specifically become a cosmetic surgeon, or I would aim to go to dentistry school, as I am interested in anything medical related.

Outside of school, I enjoy going out with friends and family, being active, baking, working on my small nail business, and playing with my dog, Coco. I'm honestly so grateful for this opportunity, and I can't wait to see what we can achieve with one another next year. If you guys have any concerns, feel free to come up to me during breaks. Thank you!

Jade Hoang - School Captain 2026

“We evolve! Beyond the person we were a minute before! Little by little, we advance a bit further with each turn!” That came from Gurren Lagann, my (second) favourite anime (Steins; Gate is peak), and it motivated me to keep evolving. So when I first stood on stage and gave my speech, feeling nervous would've been an understatement. Yet I swallowed my fear and pushed myself to give it my all.



I'm Austyn Yang, and I am one of your 2026 School Vice-Captains. I tend to sleep a lot, eat a lot, and work hard whenever I can. School always reveal our true selves: Our aspirations, interests, friends, etc., but it also reveals uncertainty and nervousness. That uncertainty motivated me to keep going and to claim the unknown. I hope to help everyone conquer their nervousness and uncertainty to take a new step.

I'm looking forward to giving back to the school. St Johns Park High School pushed me forward, and together with the 2026 Captaincy Team, we hope to push everyone else to follow their dreams, as well as create a place where we can be safe, respectful learners.

When I graduate, I hope to pursue a career in teaching to keep motivating the new generation to advance, because their hopes and dreams will shape the Earth's future.

With that, I thank you for the opportunity to be your 2026 Vice-Captain. May 2026 be the greatest!

Austyn Yang - School Vice-Captain 2026

Hi Parklife community! I'm Kimberlee Huynh, your 2026 School Vice-Captain. I'm honoured to have been nominated for this role, and I want to create a more open space where each student has a voice. A little about me is that I enjoy spending time with friends and family, sports and listening to music (I'm not the best at playing instruments). As Vice-Captain, I strive to maintain peace and respect amongst students and staff, while also introducing inclusive events and continuing programs like the Volleyball program to help students learn and stay active. I aim to make the rest of this year and 2026 memorable by ensuring that every student feels seen, heard and valued. I look forward to getting to know you all, making new friends, and being a role model you can count on. Let's make 2026 our best year yet!



Kimberlee Huynh - School Vice-Captain 2026



Year 11 Bonding Day

Year 11 Bonding Day Excursion

Year 11 students and staff enjoyed an action-packed bonding day at the popular Hijinx Hotel in Alexandria, marking the start of their final year of schooling with a fun and memorable event. The day was designed to promote positive attitudes, teamwork, and social interaction in a relaxed and engaging setting, giving students a well-deserved break and a chance to connect with their peers and teachers.

Students enthusiastically took part in a series of thrilling challenge rooms, where they worked together to solve puzzles, complete tasks, and scramble to beat the top scores. These activities encouraged collaboration, communication, and problem-solving, helping to build strong bonds within the cohort. Following the challenge rooms, students tested their putting skills in three separate mini golf arenas featuring a total of nine holes. Many students pushed themselves to achieve a hole-in-one, adding a competitive but friendly spirit to the day.

One of the highlights of the event was the outstanding behaviour of our Year 11 students. Throughout the day, they demonstrated respect and enthusiasm that impressed not only staff but also the venue's team. In fact, the Hijinx Hotel staff commented that this was the best group of students they had ever hosted, praising their attitude and manners. This recognition is a testament to the character of our students and the positive culture our school fosters.

The success of the day would not have been possible without the dedication and organisation of our Year 11 Year Advisors. Their careful planning and commitment ensured that the event ran smoothly, providing a fantastic experience for all involved.

The Year 11 Bonding Day at Hijinx Hotel was more than just a day of fun. It was an important step in creating a supportive and connected community as students embark on their final year of secondary education. We look forward to seeing the Year 11 cohort continue this spirit of collaboration and positivity throughout 2026, as they tackle their HSC.





Leadership by the Cowpasture

Leadership by the Cowpasture

A huge round of applause to our teachers and student leaders for an incredible year of action and impact! From clean up projects and food drives to new clubs and events, our students truly shone with their brilliant achievements.

A huge thank you to Ms Deb Summerhayes PSM for her inspiring words and to Ms Kim Smith (Relieving Director) for your wonderful support.





ABCN Workshop

Year 10 and 11 ABCN 'My Career Rules' Workshop

Year 10 and 11 students attended Amazon Corporate Office to participate in ABCN's 'My Career Rules' workshop. Alongside Strathfield South High School, students were given the opportunity to interact with mentors from a range of careers and pathways, sharing their insights and learnings from their career journeys. They enjoyed connecting with other students and hearing about their mentors' career journeys.



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Education Pathways Program

EPP Career Planning and Development

Two students were selected to attend the Aviation Micro credential four-day program delivered by Western Sydney University, ending the week with an excursion to the new Western Sydney International Airport and the new Bradfield City Complex. This was a wonderful learning opportunity for students who wish to pursue a career in the aviation industry. Below are the students' feedback from the coursework at the university:

Student 1:

At the Aviation program, I learnt a lot about the safety of aviation and the steps to ensure it is safe, but also the advanced technology that helps create that safe environment. I learned that SOPs or Safety Operating Procedures are an essential part of airport safety and security, and we learnt how to apply SOPs in a variety of situations. The Western Sydney Airport excursion has taught me a lot about the advanced technologies being used in security. The Western Sydney Airport excursion has also shown me the advanced technology used in all aspects of Western Sydney Airport and how much more technologically advanced it is than Sydney Kingsford Smith Airport. This program has taught me to get out of my comfort zone and communicate with new people, helping me become confident in communicating with new people, as I usually have a fear of socialising with new people. This program has been very beneficial for me as it has helped me find a path to becoming a pilot. Overall, this program is very beneficial if you are interested in a career in aviation.

Student 2:

I learnt about the safety of aviation and how security within aviation is very advanced. I also learnt a lot from the SOP (Safety Operating Procedures) and how to deal with different types of situations with those SOPs provided. Regarding the Western Sydney Airport excursion, I learnt how advanced security was within the airport compared to Sydney Kingsford Smith Airport. I also learnt about the technology used within Western Sydney International Airport and how aviation is affected by these changes. This program has taught me a lot about communication to talk with different people and meet many others. This helped me with getting to know people and becoming more confident, which helped me a lot with this program. Overall, I think this program was a great step for me to pursue my career in becoming a pilot and working in



High expectations and innovation drive strong student educational outcomes



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Remembrance Day

Remembrance Day at Smithfield RSL

Our School Captains attended the Remembrance Day service at Smithfield RSL to honour the courage, sacrifice, and spirit of those who served for our freedom. Lest we forget.



Connected and engaged with our diverse school community





Peace Day

Peace Day at Cabramatta High School

Our Year 12 SRC students were invited to attend Peace Day at Cabramatta High School. They watched many cultural performances from students and had the opportunity to hear from the 2025 Sydney Peace Prize recipient, Judge Navi Pillay. It was a great day of celebrating diversity, harmony and peace with other local schools.





Social Media Age Restrictions

Social media age restrictions

What you need to know

From 10 December 2025 Australian young people under 16 will not be allowed to create or hold accounts on certain social media platforms.

Delaying account access allows more time for young people to build digital literacy and greater resilience.



How will it work?

Under the law, the responsibility lies with the age-restricted platforms to find and deactivate existing accounts held by under-16s and to prevent under-16s from creating new accounts.

There are no penalties for under-16s who access an age-restricted social media platform, or for their parents or carers.

Social media platforms

The age restrictions are likely to apply to **Facebook, Instagram, Snapchat, TikTok, X and YouTube**, as well as other platforms. [See the latest list.](#)

Most standalone gaming and messaging apps, as well as many services that support health and education, will not be affected by the new law.

Information and resources

Visit **eSafety's social media age restrictions hub** to find out what's happening and how to prepare.

The hub includes practical guidance for parents and carers and young people, including get-ready guides and actions plans to prepare for the change.



For more **information and resources** to help you prepare, visit
[eSafety.gov.au](https://esafety.gov.au)



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Year 7 Vaccinations

Year 7 Catch-up Vaccinations

Catch up vaccinations will take place on Friday 21 November 2025 for Year 7 students who missed the previous vaccination day. Please note that vaccinations will only be administered at school if parental/carer consent has been received.

For more information and to provide consent for vaccinations, parents/carers can visit the Health NSW website, [here](#).

Information about school vaccinations for students in Year 10 is also available in multiple languages and can be accessed on the Health NSW website, [here](#).

Providing a safe and supportive environment for students to thrive and excel



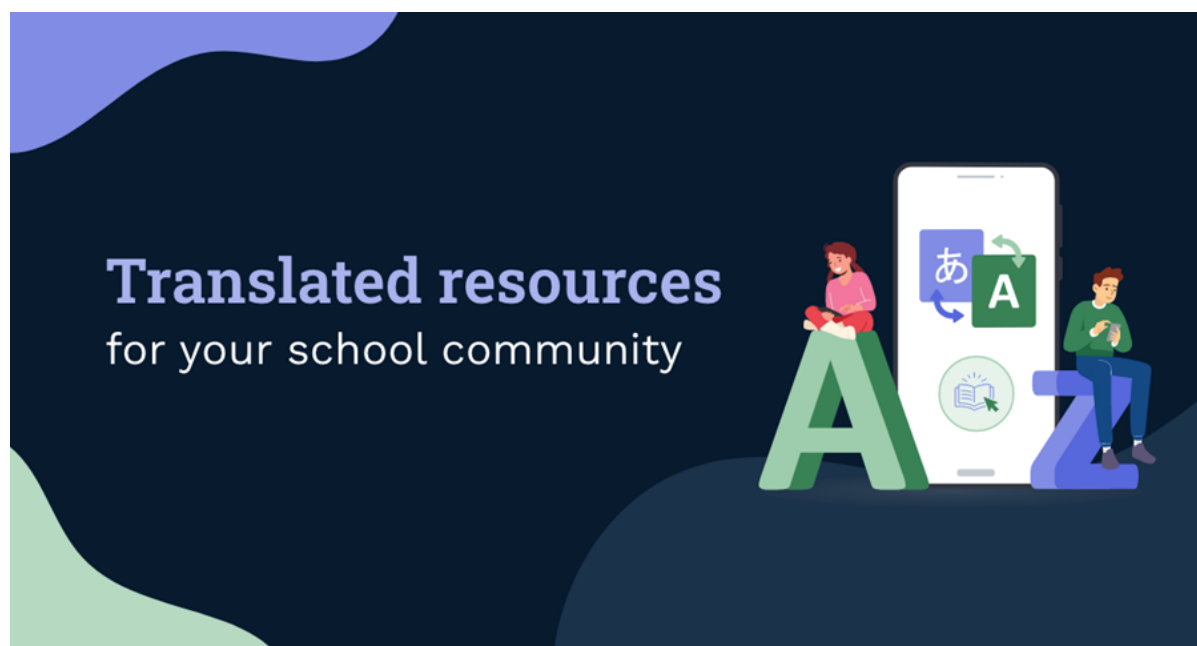
eSafety Commissioner Resources

Translated Resources for Family Online Safety

eSafety recognises that English isn't always the first language spoken at home. eSafety offers resources translate into multiple languages to support families with online safety. Find out more by visiting their website, [here](#).

Arabic resources - click [here](#).

Vietnamese resources - click [here](#).



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ThinkUKnow Parent Presentation

ThinkUKnow Parent, Carer, and Teacher Presentation

We will be hosting a ThinkUKnow presentation in 2026 (date to be confirmed) and all parents, carers, and teachers are encouraged to attend. St Johns Park High School is looking to present this information in English and community languages. ThinkUKnow Australia is an evidence-based education program delivered nationally to parents, carers, and teachers to prevent online child sexual exploitation.

ThinkUKnow Australia is a partnership between the Australian Federal Police, Microsoft Australia, Datacom, and the Commonwealth Bank of Australia. The program is delivered in collaboration with policing partners New South Wales Police Force, Northern Territory Police, Queensland Police, South Australia Police, Tasmania Police, Western Australia Police, as well as Neighbourhood Watch Australasia.

The presentation will be delivered by a local law enforcement member and/or an industry volunteer. The presentation is pre-technology and addresses topics including self-generated child abuse material, online gaming, sexual extortion, and importantly encourages help seeking support.

This is a fantastic opportunity for you to learn more about children and young people and the online environment, and how you can help them to be safe and responsible users of technology.

For more information, please visit the ThinkUKnow website, [here](https://www.thinkuknow.org.au).



**WANT TO FEEL
MORE CONFIDENT
SUPPORTING YOUR
CHILD ONLINE?**



ThinkUKnow Australia is an evidence-based education program led by the Australian Federal Police (AFP) to prevent online child sexual exploitation.

St Johns Park High School ensures the privacy of students, parents, and staff in our publications, including social media, our website, and e-newsletters. If permission was not given, or you wish for your child's information not to be included, contact the school via email.

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