

SIPPS P&C Canteen Menu 2025 MONDAY

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Garlic bread	\$2.80
Chicken nuggets x 3 (maximum 6)	\$3.90
Sausage roll	\$3.70
Lasagna	\$4.30
Mac and cheese	\$4.30
Fried rice vegetarian	\$4.30
Butter Chicken (with rice) Gluten and nut free)	\$4.30
Gluten and nut free sate chicken	\$4.30

Wraps

Chicken avocado wrap	\$5.50
Veggie wrap	\$5.50
Tuna wrap	\$5.50

Fresh-made Garden Salad

Garden salad	\$4.30
Add avocado	\$0.70
Add chicken	\$1.00
Add cheese	\$0.70
Add olives	\$0.70

Frozen Options

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Juice tube - wildberry	\$2.50
Juice tube - tropical	\$2.50
Juice tube - orange	\$2.50
Juice tube - lemonade	\$2.50
Twisted frozen yoghurt - watermelon/mango	\$3.70
Twisted frozen yoghurt - choc/vanilla	\$3.70
Twisted frozen yoghurt - strawberry/vanilla	\$3.70
Frozen fruit - pineapple/grape	\$3.10



Snacks

Apple (sliced)	\$1.90
Pear (sliced)	\$1.90
Orange (sliced)	\$1.90
Watermelon (sticks)	\$3.90
Rainbow fruit cone	\$2.50
Rainbow fruit salad	\$2.50
Veggie sticks with hummus	\$2.50
Cheddar cheese with rice crackers	\$2.50
Yoghurt - strawberry	\$2.50
Yoghurt - mango and passionfruit	\$2.50
Sultanas	\$1.90

Snacks cont.

Grain waves - sour cream and chives Potato chips - sea salt Popcorn - sea salt Banana bread Cup of mini veggies	\$2.50 \$2.50 \$2.00 \$2.90 \$5.00
Drinks Apple juice Orange juice Strawberry milk Chocolate milk Plain milk	\$2.50 \$2.50 \$3.10 \$3.10 \$2.90
Extras Tomato sauce Soy sauce Canteen bag	\$0.70 \$0.70 \$6.10





Sandwiches

Januwiches	
Choose bread	
White	\$3.10
Wholemeal	\$3.10
Gluten free	\$3.10
Low FODMAP	\$3.10
Sourdough	\$3.60
Baguette	\$3.60
Choose toppings	
Add sweet chick-pea spread (school safe) \$0.60	
Add strawberry jam \$0.60	
Add vegemite \$0.60	
Add cream cheese \$0.60	
Add avo spread	\$0.60
Add mayo \$0.60	
Add chicken	\$1.00
Add ham	\$1.00
Add hummus	\$0.60
Add cheese \$0.60	
Add egg	\$0.60
Add egg salad	\$1.00
Add tuna \$1.00	
Add lettuce	\$0.60
Add baby spinach \$0.60	
Add tomato	\$0.60
Add cucumber \$0.60	
Add avo (sliced)	\$0.60
Add banana \$0.60	
Add honey spread \$0.60	
Add mozzarella	\$1.00

Fresh-made Garden Salad

Add nut-free pesto \$0.60

Garden salad \$4.30 Add avocado \$0.70 Add chicken \$1.00 Add cheese \$0.70 Add olives \$0.70

Juice tube - wildberry \$2.50 Juice tube - tropical \$2.50 Juice tube - orange \$2.50 Juice tube - lemonade \$2.50 Twisted frozen yoghurt - watermelon/mango \$3.70 Twisted frozen yoghurt - choc/vanilla \$3.70 Twisted frozen yoghurt - strawberry/vanilla \$3.70 Frozen fruit - pineapple/grape \$3.10 Snacks Apple (sliced) \$1.90 Pear (sliced) \$1.90 Orange (sliced) \$1.90 Watermelon (sticks) \$3.90 Rainbow fruit cone \$2.50 Rainbow fruit salad \$2.50 Veggie sticks with hummus \$2.50 Cheddar cheese with rice crackers \$2.50 Yoghurt - strawberry \$2.50 Yoghurt - mango and passionfruit \$2.50 Sultanas \$1.90 Grain waves - sour cream and chives \$2.50 Potato chips - sea salt \$2.50 Popcorn - sea salt \$2.50 Exporm - sea salt \$2.50 Cup of mini veggies \$5.50 <th>Frozen Options</th> <th></th>	Frozen Options	
Juice tube - orange \$2.50 Juice tube - lemonade \$2.50 Twisted frozen yoghurt - watermelon/mango \$3.70 Twisted frozen yoghurt - strawberry/vanilla \$3.70 Frozen fruit - pineapple/grape \$3.10 Snacks \$1.90 Apple (sliced) \$1.90 Pear (sliced) \$1.90 Orange (sliced) \$1.90 Watermelon (sticks) \$3.90 Rainbow fruit cone \$2.50 Rainbow fruit salad \$2.50 Veggie sticks with hummus \$2.50 Cheddar cheese with rice crackers \$2.50 Yoghurt - strawberry \$2.50 Yoghurt - mango and passionfruit \$2.50 Sultanas \$1.90 Grain waves - sour cream and chives \$2.50 Potato chips - sea salt \$2.50 Popcorn - sea salt \$2.90 Banana bread \$2.90 Cup of mini veggies \$5.00 Drinks \$2.50 Apple juice \$2.50 Orange juice \$2.50 Strawberry milk \$3.10 Chocolate milk \$3	Juice tube - wildberry	\$2.50
Juice tube - lemonade Twisted frozen yoghurt - watermelon/mango Twisted frozen yoghurt - choc/vanilla Twisted frozen yoghurt - strawberry/vanilla Frozen fruit - pineapple/grape Snacks Apple (sliced) Pear (sliced) Orange (sliced) St.90 Watermelon (sticks) Rainbow fruit cone Rainbow fruit salad Veggie sticks with hummus Cheddar cheese with rice crackers Yoghurt - strawberry Yoghurt - mango and passionfruit Sultanas Grain waves - sour cream and chives Potato chips - sea salt Popcorn - sea salt Banana bread Cup of mini veggies Strawberry milk Chocolate milk Plain milk Extras	Juice tube - tropical	\$2.50
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Chocolate milk \$3.10 Plain milk \$2.90 Extras	Orange juice	\$2.50
Plain milk \$2.90 Extras	Strawberry milk	\$3.10
Extras	Chocolate milk	\$3.10
	Plain milk	\$2.90
Canteen bag \$6.10	Extras	
	Canteen bag	\$6.10





Pizza Pizza Slab - Cheese Pizza Slab - Meat & Cheese Pizza Slab - BBQ Chicken Pizza Slab - Vegetarian	\$4.50 \$4.50 \$4.50 \$4.50
Fresh-made Garden Salad Garden salad Add avocado Add chicken Add cheese Add olives	\$4.30 \$0.70 \$1.00 \$0.70 \$0.70
Frozen Options Juice tube - wildberry \$2.50 Juice tube - tropical \$2.50 Juice tube - orange \$2.50 Juice tube - lemonade \$2.50 Twisted frozen yoghurt - watermelon/mango \$3.70 Twisted frozen yoghurt - choc/vanilla Twisted frozen yoghurt - strawberry/vanilla Frozen fruit - pineapple/grape	\$3.70 \$3.70 \$3.10
Snacks Apple (sliced)	\$1.90
Pear (sliced) \$1.90 Orange (sliced) \$1.90 Watermelon (sticks) Veggie sticks with hummus \$2.50 Cheddar cheese with rice crackers \$2.50 Yoghurt - strawberry \$2.50 Yoghurt - mango and passionfruit Sultanas \$1.90 Cup of mini veggies \$5.00	\$3.90 \$2.50
Drinks Apple juice \$2.50 Orange juice \$2.50 Strawberry milk Chocolate milk Plain milk	\$3.10 \$3.10 \$2.90

Extras

Canteen bag \$6.10