

BELLST BITES

CANTEEN

FRUIT BREAK

WHOLE FRUIT	1
apple, orange or banana	
FRUIT OR VEGE CUP	2.50
seasonal/carrot & cucumber	

LUNCH

SALAD BOX	3.50
tomato, lettuce, cucumber & carrot	
SANDWICH OR WRAP	
salad tomato, lettuce & carrot	3
spread - vegemite, honey or jam	1.70
toasted cheese & tomato	2.50
add ham, chicken or beef	1.80
add cheese	0.60
BEEF BURGER	6
beef, cheese, tomato, lettuce & sauce	
CHICKEN BURGER	5.80
grill chicken breast, tomato, lettuce & mayo	5.60
SCHNITZEL BURGER	
chicken schnitzel, cheese, tomato, lettuce & mayo	
DELUXE CHICKEN WRAP	5.60
chicken schnitzel, cheese, tomato, lettuce, cucumber, carrot & mayo	
Hot Dog	4
Frankfurt, roll, ketchup, grated cheese	

FREEZER

QUELCH FRUIT TUBE	0.70
tropical, mango, orange or berry	
MOOSIE	1.50

OPEN WEDNESDAYS

ORDERS DUE VIA FLEXISCHOOL BY 8.30AM OR OVER THE COUNTER

HOT FOOD

CHICKEN NUGGETS (6 pcs)	5
CUP OF NOODLES	2
Chicken/ beef	
HAM & CHEESE TOASTIE	4
MAC & CHEESE	4
*MEAT PIE	3.50
*SAUSAGE ROLL	3
*SPINACH & RICOTTA PASTRY	3.50
SAUCE SACHET bbq or tomato	0.50

SNACK

CHEESE & RICE CRACKERS	1.50
CHEESE STICK	1.10
SULTANA BOX	0.80
POPCORN	
*GRAINWAVES sour cream & chives	1
*CHOCOLATE MUFFIN	1.50
PIKELETS (2 psc) w/ margarine or jam	2.50
	0.70

DRINKS

BOTTLED WATER	1
PLAIN MILK	1.30
JUICE	1.70
apple, orange or apple & blackcurrant	
FLAVOURED MILK	2.30
chocolate or strawberry	
CHILL J SPARKLING FRUIT JUICE	2.30
watermelon, grape, apple coola, lemon or raspberry	
MILO	1
hot or cold	

VOLUNTEER AND RECEIVE YOUR CHILD'S LUNCH FOR FREE!

* Indicates occasional foods. All other items meet everyday option guidelines.