SEVEN HILLS HIGH SCHOOL

A VOCATIONAL EDUCATION PATHWAYS SCHOOL

News









CALENDAR EVENTS

JULY

Tuesday 22 July: First Day of Term 3

Wednesday 23 July: VIC Apprenticeship and

Traineeship Information Night

Wednesday 23 July: Year 11 SLR Gym Program

Thursday 24th July: Year 10 Macquarie University Roads

Program

Thursday 24 July: Year 9 and 10 G2G STEM Day

Monday 28 July - Wednesday 30 July: Year 10 Camp

Tuesday 29 July: PATHE program Pasifika Incursion

Wednesday 30 July: Year 11 SLR Gym Program

AUGUST

Monday 4 Aug: Open Boys Futsal Competition

Tuesday 5 Aug: Parent Teacher Night 3:30pm - 7:30pm

Wednesday 6 Aug: Blacktown Wanderers Fives - Year 9

and 10

Wednesday 6 Aug: Year 11 SLR Gym Program

Thursday 7 Aug: Year 10 Bstreet smart excursion

Monday 11 Aug: Trial HSC Exam window opens

Tuesday 12 Aug: PISA Assessment

Wednesday 13 Aug: P&C Meeting @6pm

Wednesday 13 Aug: Inclusive Education Science Trail

Wednesday 13 Aug: Year 11 SLR Gym Program

Friday 15 Aug: Year 7 Vaccinations

Monday 18 Aug: Year 10 Geography Excursion

Wednesday 20 Aug: Year 11 SLR Gym Program

Friday 22 Aug: Trial HSC window closes

Monday 25 Aug - Friday 29 Aug: National Skills Week

Wednesday 27 Aug: Year 11 SLR Gym Program

FROM OUR PRINCIPAL

Dear parents/carers, students, and members of our school community,

As we conclude Term 2 and prepare for the winter break, I want to express my sincere gratitude to our dedicated staff and enthusiastic students for their hard work and commitment throughout this term.

The end of this term has been particularly busy. In Week 8, our Year 9 students embraced the chilly weather to attend a 3-day camp in Canberra. They had the opportunity to visit Old Parliament House, Questacon, the War Memorial, and the Australian Institute of Sport.



Both students and staff enjoyed a wonderful time learning about our nation's capital. A special thank you goes to Ms. Cappadona for organising the camp and to all the staff members who volunteered their time to attend.

In the same week, our talented dance troupe shone at the Synergy Dance Festival in Penrith. Our students performed brilliantly and made our school proud. Thank you to all the students involved and to Ms. Frew for her hard work behind the scenes.

Congratulations to our Inclusive Education students who participated in the Blacktown Area Boccia Knockout. Our team excelled and has qualified for the State Championships, taking place on Thursday 31 July, at Sydney Olympic Park. Well done to all team members, and a big thank you to Ms. Kaur for her exceptional coaching!

I also had the privilege of attending the Metropolitan North Executive Director Awards in Week 10. The Metropolitan North region includes 270 schools and over 13,000 staff members. Each year, our Executive Director, Cathy Brennan, honours teachers who have made significant contributions to public education. This year, I am thrilled to announce that our very own Ms. Howell was recognised for her dedicated service to the students of Seven Hills High School. Congratulations, Ms. Howell!

SHHS NEWS | JULY 2025

Year 12 are continuing to work hard as they approach their final assessment period with the Trial HSC commencing in Week 4 of Term 3. No doubt the winter break offers an opportunity to focus on study preparation, completion of major projects but importantly should also include some rest and relaxation.

This term has also brought sadness with the passing of one of our Year 7 students, Melody Vaiciurgis. I want to take a moment to thank the Seven Hills High School community for your support of Melody's family and for one another during this difficult time.

Finally, I would like to invite all parents and carers to our next Parents and Citizens (P&C) meeting on August 13 at 6 PM in the school library.

I hope you all have a restful break spent with family and friends. School returns for our students on Tuesday 22 July.

Warm regards, Matthew Saville





First Nations Students

Cultural Immersion Day at Kimberwalli

Our First Nations students recently participated in a cultural immersion day at Kimberwalli, the Western Sydney Aboriginal Centre for Excellence. This initiative aimed to deepen their cultural knowledge and experiences through hands-on activities and interactions with cultural practitioners.

In the commercial kitchens, students engaged in the preparation of traditional damper and sampled Johnny cakes with local honey, connecting with Indigenous culinary practices.

The girls learned traditional dances from Jayde and Alkira Field, Gomeroi women renowned for sharing Indigenous dances and songs with young girls, ensuring the preservation of lore and practices. Meanwhile, the boys participated in storytelling sessions with Steve Trist, a Darug and Muruwari man, who imparted local Darug customs and taught them a traditional dance.

Jamie Eastwood, a Ngemba and Darug man and multidisciplinary artist, led a clapstick painting workshop. They combined traditional and non-traditional colours and imagery into the artworks, and the students took great pride in their creations.

Tarni Eastwood, a proud Ngiyampaa and Guringai woman and artist specializing in hand-dyed raffia and cultural workshops, guided students in the art of weaving to create pieces of raffia jewellery. This workshop provided students with a deeper understanding of their cultural heritage and traditions.

Through these experiences, students not only developed practical skills but also enhanced the appreciation for their cultural identity and developed community connections.



NAIDOC Week



Inclusive Education

From little things, big things grow.

Our Inclusive Education students enjoyed the sunshine and getting a little dirty in our Ag plots, prepping the garden beds for new plants.











Inclusive Education

On Thursday, June 26th, 2025, the S2 Indonesian Language class went on an excursion to an Indonesian restaurant in the city called EnjoyMie to practise the language skills they had learned in class, immerse themselves in Indonesian culture, and try some delicious Indonesian food.

Students ordered popular Indonesian dishes such as nasi goreng (fried rice), mie goreng (fried noodles), or ayam goreng (fried chicken with rice), and shared some chocolate-flavoured martabak (stuffed pancake), cendol (a green jelly drink), and jasmine tea. Some students showcased their skills by ordering their food and drinks in Indonesian, which impressed the restaurant

staff.

After the meal, we made a quick stop at Omega Mart Grocery, an Indonesian store, where students had the chance to browse and purchase some traditional Indonesian snacks.

This experience was both memorable and meaningful, helping to deepen students' appreciation of Indonesian culture and language.











Celebrations

Year 12 Day Out at Bankstown Entertainment Park

Our Year 12 students recently enjoyed a well-earned break at Bankstown Entertainment Park on Tuesday 24 June, celebrating the end of Term 2 with a day full of fun and friendly competition. Students had the chance to let off some steam with high-speed go-karting, show off their skills in the arcade, and enjoy a variety of games like mini-golf, pool, and bowling, which brought out lots of laughter and school spirit.

The event, joined by Year 12 Adviser Melody Cain, and Brayden Rohr, gave students a chance to recharge and make lasting memories as they prepare for their final school term. It was a great opportunity for the cohort to relax together outside of the classroom, strengthening friendships and creating memories in the lead-up to their final months of high school.



This term, Year 8 Self Select have been working on building robots using LEGO Spike Prime sets. Their challenge was to build a Hopper Robot and modify it to move as fast as possible in a straight line. Students spent lesson working collaboratively, using their problem solving and critical & creative thinking skills to complete the task. Our final lesson was a Hopper race, with the triumphant group being Brae DeBrincat and Cohen Leonard.







Stage 4 have worked to complete their Technology Mandatory Textile projects. Students considered and modified the design to create a unique product to them.

Their work demonstrates the project management process and their ability to create

Their work demonstrates the project management process and their ability to create unique projects.

















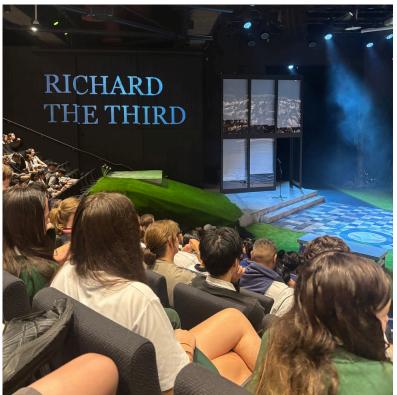




Year 10 Drama Elective Class

In Term 2, the Year 10 Drama elective students attended an excursion to the Seymour Centre to watch Sport for Jove's powerful production of Richard III.

This live performance provided an invaluable opportunity for students to engage with the play's rich theatricality and complex characters, deepening their understanding of Shakespeare's work.



The experience was particularly beneficial as they compared the text to Al Pacino's Looking for Richard, allowing them to explore different interpretations and performances of the play.

Seeing and hearing Richard III live brought the text to life in a way that cannot be replicated in the classroom.



Over two action-packed days, Mrs Dutts Year 11 SLR class successfully completed their Level 1 Sports Trainer Course, including CPR and First Aid certification.

As part of their Sports Trainer in Action unit, students developed vital knowledge and practical skills in:

- Providing emergency care for suspected spinal injuries
- Principles of injury management
- Understanding anatomy for sports performance
- Basic warm-up, cool down and stretching theory
- Maintaining safety in a sporting complex
- Preparing venues for sporting events
- Safely moving injured athletes

Well done to all students for your hard work and commitment to learning how to keep athletes safe and supported on and off the field!



















Sports Highlights

Volleyball

The SHHS volleyball team represented our school at the Sydney Volleyball Tournament. The team played with skill and determination throughout the day. They fought hard and made it all the way to the quarterfinals, where they were narrowly defeated in a close match. Well done to all players and coaches—your teamwork, sportsmanship, and school

spirit were outstanding!

















Vocational Innovation Centre

Join Us APPRENTICESHIP & TRAINEESHIP INFORMATION NIGHT

Wednesday 23rd July 2025 6:00PM - 7:30PM

Vocational Innovation Centre, Johnson Avenue, Seven Hills Pedestrian gate access near Gate 1. Street parking only

