Raymond Terrace Public School Newsletter



Term 2 2025 May Issue



Principal: Mrs Salena Langholz
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Telephone: 4987 2083

Like us on Facebook

From the Principal

Dear Parents and Caregivers

Term 2 has started, how exciting! We have great things happening and plenty of opportunities for our kids.

We are currently undergoing a significant upgrade of our technology software, which will enhance our learning tools and resources for both students and staff. We should see faster updates as a result.

Our Vision Statement continues to guide us: "Raymond Terrace Public School is dedicated to inspiring learning, cultivating a strong community, and empowering every student to succeed." This commitment is reflected in our current focus on student attainment, particularly in literacy and numeracy. We are currently implementing a mathematics assessment across classes, with a strong emphasis on explicit teaching as part of our professional development.

We are transforming lives through collaborative learning. Our 'Learning Walks and Talks' program allows teachers to visit and learn from their peers, specifically focusing on mathematics. Student voice is also a priority. Our student leadership team are coordinating student meetings and a working party to work on student led projects across the school.

Community engagement remains strong with our playgroup and upcoming school art competition, organised by our HPGE team.

In community events, we're excited about the upcoming Mother's Day celebrations and initiatives such as the "Film by the Water" project in collaboration with the Port Stephens Network of Schools. Our students are also gearing up for events like Starstruck and GRIP Leadership.

Thank you to those who offered feedback on our reporting documents. We are now in the process of refining the documents to be parent friendly.

Thank you for your ongoing support as we work together to inspire and empower our students.

Salena Langholz - Principal

Calendar

May. 2025

- 08 Community Playgroup (9.00am 10.30am)
- 09 Mother's Day breakfast (8.00am 8.55am)
- 09 Zone Cross Country
 - 12 National Road Safety week
- 13 Star Struck combined choir rehearsal
- 14 Film by the Water I.H.S.
- 14 YB Boccia team Maitland Fed. Centre
- 16 Walk to School Safety day
- 16 YB Campfire breakfast (8.30am to 10.00am)
- 16 PSSA Soccer Girls Knock Out game
- 21 Nat. Simultaneous Storytime dress up day
- 27 School Leaders Leadership day

2025 School Term dates for students

Term 2 - 30 April - 4 July

Term 3 - 22 July - 26 September

Term 4 - 14 October - 19 December





School Messages



What an amazing term 2 we are going to have!

Wk4 - Wednesday 21 May is National Simultaneous Storytime. Students are invited to dress up as a cat or a truck driver, to listen to the story Truck Cat by Deborah Frenkel & Danny Snell. All participating students will be in a draw to win a \$20 voucher, for use with Book Club. Keep your eye out for information on a special canteen lunch, which will be available on the day for those that pre-order.

Wk6 - Monday 2 June we will be hosting local author and illustrator Sami Bayly, who is joining us to talk to our stage 2 & 3 students about her amazing books. These



students in years 3-6 will be learning about Sami's animal inspired non-fiction texts this term CBCA Hunter branch.

Students in stage 3 have been invited to become a Raymond Terrace reader and shadow judge one of the categories of books shortlisted for Children's Book Council of Australia (CBCA) Book Week this year. Interested students will read all 6 picture books and judge them against the same criteria as the CBCA judges. They will then prepare a response to the book, which will be shared with other students around the state.

2 more issues of Scholastic Book Club will come home this term, with all purchases raising money for the school to buy resources. Issue 3 is due by Friday 16 May. Thank you for your ongoing support.

Well done to the 130 students who have already begun the Premier's Reading Challenge and congratulations to the 5 students that have already completed it! The Challenge is open until Friday 19 September – so please encourage your students to keep on reading!



SCHOOL STUDENT SAFETY

As we encourage our children to be active and enjoy the outdoors, it's essential to prioritise their safety. Riding bikes and scooters is a fun way for kids to stay active, but it also comes with responsibilities. One of the most critical safety measures is wearing a helmet. Helmets significantly reduce the risk of head injuries in case of falls or accidents.

- Encourage your child to wear their helmet
- Remind children to ride in safe areas away from traffic.
- Reinforce the importance of following road rules and being aware of their surroundings.



STAGE 2 - GREAT AUSSIE BUSH CAMP EXCURSION

A two day/overnight excursion to The Great Aussie Bush Camp has been booked for Week 3 - Term 3, Monday 04 August and Tuesday 05 August.

All permission notes and a non-refundable \$50 deposit/payment for the upcoming excursion must be submitted by Friday 9 May 2025.

STAGE 3 - CANBERRA EXCURSION Wednesday 27 to Friday 29 August 2025 Week 6 - Term 3

All seats have now been filled.

There are only 13 weeks until the excursion, please remember to make regular payments to office or online via School Bytes. Final payments should be made by 8th August. More information about excursion will be sent home towards the end of this term.





USSIE"

School Messages



and pick up. vehicle unattended.

You must not stop or park here

for any reason (including queuing or waiting for a space) unless you are driving a bus.

Provides a safe place for large buses to set down and pick up school children.

portstephens.nsw.gov.au



A sign will display if

certain

apply.







Our Community Playgroup returns week 2 Thursday 8 May 2025. Free for all families in the Port Stephens area. 9:00-10:30am

School Messages



Raymond Terrace Fire & Rescue Station Open Day

Join Us for a Special Behind-the-Scenes Tour with Our Firefighters!

Come and meet the dedicated firefighters of Raymond Terrace Fire & Rescue Station. This is a unique opportunity to get an insider's look at their vital work and the equipment they use every day.

What to Expect:

- **Meet Our Firefighters:** Engage with the heroes who keep our community safe.
- Explore Our Fire Truck: Get up close and personal with the vehicles that respond to emergencies.
- Check Out Our Equipment: Learn about the tools and technology that make firefighting possible.
- Winter Safety Tips: Our team will be on hand to answer your questions and provide guidance on how to prepare your home for a safe winter.

Don't miss this chance to discover more about fire safety and the incredible work our firefighters do!

When: Saturday 10 May Where: 5 Leisure Way Raymond Terrace

Time: 10am-2pm



Community and P&C News from Mrs Jodie Lidbury

Mother's Day breakfast will be held for all our Mums, Nans, Grandmothers and Carers on Friday 9 May starting from 8am till 8:55am. Come and enjoy a morning with your children celebrating Mother's Day 2025. Our P&C have a Mother's Day Raffle so jump onto their Facebook page and get your tickets before the closing date of 8th May.

Uniforms

The weather is getting colder so please be mindful of the days ahead and send your child with a navy blue jumper or jacket LABELED with their name on it. Long pants can be worn with boys wearing grey or navy blue and girls in navy blue. We are a uniform school so please make sure your child is dressed correctly. We do accept uniforms that your child has grown out of as these will stock our second hand uniform shop on Spriggy and all donations are greatly appreciated.

Mrs Lidbury - Community Liaison Officer





WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 16 MAY 2025

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- · Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 16 MAY 2025!

For more information, visit www.walk.com.au



Food and crisis relief

Port Stephens



Drop in



Booking required

*Until supplies last

Community meals 4U



\$3 hot lunch

Thursday, midday

41 Beatty Boulevard, Tanilba Bay

Foodcare



Fresh produce, pantry items and hot meal

Wednesday, 11am

180 Salamander Way, Salamander Bay

Food Way Medowie



Fresh cooked takeaway meal

Monday and Friday, 11am to 1pm



Pantry food

Tuesday, Wednesday and Thursday, 9am to 2pm

Food parcels, financial assistance

Case by case basis

60 Silver Wattle Drive, Medowie

Bookings: 4981 8204

The Hope Cottage



Fresh produce, pantry items, takeaway meals, personal and pet items

Tuesday, 10am to 12pm



Food parcels

Tuesday, 10am to 12pm

25 Church Street, Nelson Bay

Bookings: 4981 1839

Oz Harvest



Food parcels

Monday, 3pm to 4:30pm collection

3 Jacaranda Avenue, Raymond Terrace

Bookings: 4987 1331 from 9 to 10am*

Port Stephens Family & Neighbourhood Services (PSFANS)



Food parcels, shopping vouchers, bill support, clothing and personal hygiene items

Monday to Thursday, 9am to 3pm

3 Jacaranda Avenue, Raymond Terrace

Bookings: 49871331 (same day from 9am)

Raymond Terrace Community Church and Hands and Feet Australia



Fresh fruit and vegetables

Friday, 3 to 4:45pm

10 Richardson Road, Raymond Terrace **Bookings:** 0422 523 896 or rtcc.org.au/hnf

St Johns



Food parcels

Monday, before 10:30am

3 Jacaranda Avenue, Raymond Terrace

Bookings: 4987 1331 (referral from PSFANS)

St Vincent de Paul Nelson Bay



Food parcels, vouchers, bill assistance

15 Yacaaba Street, Nelson Bay

Bookings: 4981 4835

Tomaree Neighbourhood Services



Food parcels, food and energy vouchers

Monday to Friday, 10am to 3pm



Emergency relief (food cards and electricity)

Monday to Friday, 10am to 3pm

7 Community Close, Salamander Bay

Bookings: 4984 6220 or info@tomareenc.org.au

Wahroonga Aboriginal Corporation Raymond Terrace



Pantry items

Monday to Friday, 9am to 5pm* 4/25 Sturgeon St, Raymond Terrace

Warlga Ngurra



Food parcels

Monday, 10am

Provide name, suburb and Medicare number 29 Shearman Avenue, Raymond Terrace

Yacaaba Centre



Food parcels, personal hygiene items, vouchers

Monday to Friday, 9am to 4pm

29 Donald St, Nelson Bay. Bookings: 4984 2176

NSW Department of Education

Communicating with our school

Raymond Terrace Public School

All contact with our school is to be consistent with the School Community Charter respecting that our staff are primarily engaged with the teaching and caring of our students.

By phone

Urgent matters

Urgent matters require an action or response from staff on the same day, like:

- your student's attendance
- · changes to arrangements that need to be communicated to your student
- · your student's health and wellbeing.

Non-urgent matters

requesting a meeting with our school staff

- requesting information about an upcoming school
- providing brief information to the school
 - raising a concern.

What you can expect

office staff who will identify the best person to respond If necessary, you will need to leave a message with our to your call, if needed. The response will happen by the end of the next school day.

Our school phone number is:

(02) 4987 2083

You are welcome to phone our school during school hours 8:30am - 3:15pm

By email

Our school email address is:

raymondter-p.school@det.nsw.edu.au

You can email us about non-urgent matters that do not require a same day response, like:

- requesting a meeting with our school staff
- requesting information about an upcoming school event
- providing information to the school such as specialist
- raising a concern.

For matters that require an action or response from staff on the same day, please phone the school.

What you can expect

Emails will be:

- · read within 3 school days of receipt
- acknowledged, if required
- · assessed to decide what action is needed, including if a response is required
 - monitored between Monday to Friday

8:30am - 3:15pm

during school terms only

responded to by relevant staff only.

In person

How to contact our school

Parents are welcome to meet with our school staff.

- We prefer you phone or email a request, briefly explaining the issues you wish to discuss,
- understand they may have other duties to attend to. or if the staff member is available at the end of the school day, have a very brief meeting. Please

You are welcome to bring a support person or advocate, with prior notice, to be present at any meeting.

What you can expect

Our staff will:

- · respond to your request within 3 school days
- discuss with you a mutually agreeable time to meet and agree on what will be discussed
 - decide who is best to meet with you.







Screen Free Week

Get involved in the global event during the first week of May and step away from screens for recreation.

It's a great opportunity to spend time doing things that don't involve technology, like being active, learning new hobbies, and enjoying family time.

During Screen-Free Week, we encourage students and families to:

- Play outdoor games or sports
- Texplore nature and enjoy the outdoors
- Learn a new dance
- Spend quality time with family, like having a board game night
 - or going for a walk
- Try a new hobby, like drawing, cooking, or crafting







Hunter New England Local Health District

<u>HNELHD-GoodForKids@health.nsw.gov.au</u>
<u>https://goodforkids.nsw.gov.au</u>

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.



Office hours: 8:30am to 3:15pm All students who arrive late must report to the front office.

Change of routine

Please notify the school via a note or phone call by 2:15pm if your child needs a change of routine e.g. catch a bus or being picked up

Change of Details

Parents make sure all family details are up to date: emails, address, phone numbers, etc - please ensure that the school is notified as soon as possible if there are any changes. It is important that we have correct information in the event of emergency.



























What makes a balanced lunchbox?

A balanced lunchbox is made up of everyday foods from the five food groups: grain foods, fruit, vegetables, dairy/alternatives and meat/alternatives. Eating a range of everyday foods will give kids energy to learn, grow and play!

Follow this guide for packing an easy everyday lunchbox:

Crunch&Sip®: 1 serve of vegetables or fruit

Recess: 1 serve of vegetables or fruit & 1-2 everyday snacks

Lunch: A meal made with everyday ingredients such as sandwich, wrap, roll or leftovers

Drink: Water and/or reduced fat plain milk

Don't forget to pack an ice brick or frozen water bottle to keep food cool and safe!



Developed by Hunter New England LHD



HNELHD-GoodForKids@health.nsw.gov.au



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Fundamental Movement Skills Activity: Balancing Act

Fundamental Movement Skills (FMS) are the building blocks of movement. Just like kids need to learn to read and write, they need to learn how to master FMS for a lifetime of enjoying being physically active.

Try the activity 'Balancing Act' to develop balance!

Students try balancing different objects to see which shapes are easiest to balance.

What you need:

Various balancing objects, such as feathers, shoes, caps, broom handles, balancing poles (made from rolled up newspaper and sticky tape), etc.

- · Students balance various objects to see which shapes are easiest to balance
- · Students use different body parts to balance the objects, such as the palm or back of their hand, or their knee, foot, elbow or chin

Change it up:

- · Students try walking or lying down and getting back up again while trying to balance the object
- · Students 'jump' the balancing object from one body part to another i.e., one hand to another
- · Compete with others and see who can hold a balance the longest



nter New England LHD



HNELHD-GoodForKids@health.nsw.gov.au https://goodforkids.nsw.gov.au



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