

### CALENDAR

#### School Holidays

Saturday 11 October – Bike skills clinic: Rainbow Street PS playground

Beginner Session 10:00 – 11:30am

Advanced Session 12:30 – 2:00pm

#### Term 4

##### Week 1

Monday 13 October – School Development Day (school staff only)

Tuesday 14 October – Students return for Term 4

##### Week 2

Tuesday 21 October – Kindergarten (2026)

Orientation Morning Day 1

Wednesday 22 October – K-2 Athletics Carnival

Friday 24 October – PSSA Summer Competition Round 8

##### Week 3

Tuesday 28 October - Kindergarten (2026)

Transition Morning Day 2

Thursday 30 October – Multicultural Day

Friday 31 October – World Teacher's Day

Friday 31 October – Round 9 PSSA

##### Week 4

Monday 3 November – 6pm P&C Meeting

Tuesday 4 November – Kindergarten (2026)

Orientation Morning Day 2

Friday 7 November – Round 10 PSSA

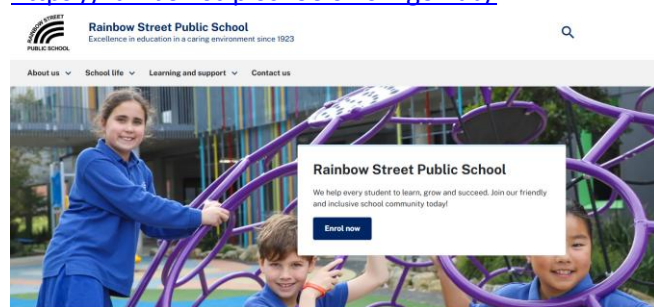
Rose Bay PS and brings with her a wealth of experience and a passion for fostering a supportive and engaging learning environment. We are very excited to have her join our school community.

We also say a fond farewell to our friends from Green Square PS as they prepare to move into their brand new school next term. On Wednesday, the Green Square students treated us to a lovely performance, showcasing their talents and celebrating the friendships we have built. In a touching gesture, both schools exchanged presents as a symbol of the strong bonds between us and our desire to maintain connection into the future.



The school website has undergone some renovations over the past few weeks. Photos and links have been updated to provide the community with information about the school.

<https://rainbowst-p.schools.nsw.gov.au/>



The Rainbow Street Public School difference

As we head into the holiday break, I wish all families a safe, restful, and fun time. I look forward to welcoming our students back refreshed and ready for another great term on Tuesday, 14 October 2025.

#### What's Been Happening In Support Unit?

The Support Unit classes have been working very hard across all learning areas this term! We have been

#### What's Been Happening At Rainbow Street?

As we come to the close of an eventful and creative term, I want to take a moment to reflect on the rich learning opportunities and memorable experiences our students have enjoyed. It has been wonderful to see their enthusiasm and creativity flourish across all areas of the curriculum, making this a special term.

This week, I had the pleasure of meeting and welcoming our newly appointed principal, Mrs Cherie Stone, who will officially start at Rainbow Street PS on Tuesday, 11 November 2025. Mrs Stone joins us from

enjoying preparing our poster for Year 6 Fun Day, engaging in Zing Dance program, practicing our belly breathing and working on independent writing. We look are looking forward to an exciting Term 4 and wish all families a happy and safe school break.



## Anxiety Project



### Empowering Your Child Through Internal Locus of Control and SALON Conversations – Part 3/3

*A 5-Step Conversation Tool to Build Mental Fitness*  
Over the past two weeks, we've explored how to foster an internal locus of control and why praising your child's effort builds resilience. Today, we introduce a practical tool used in Anxiety Project schools that you can use at home, SALON conversations.

These short, structured chats (3–10 minutes) help children work through worries, problem-solve, and feel empowered.

*SALON = Self-check, Acknowledge, List, Open-ended, Now what*

- S – Self-check: Are both of you in the right headspace to talk? Is this a good time?
- A – Acknowledge: Show care and listen without jumping to solutions. "That sounds tough. I can see you're upset."
- L – List the facts: Name what's observable. "You said you were worried, and I noticed you seemed quieter than usual."
- – Open-ended questions: Help them explore solutions. "What might you try next time?" or "What would you say to a friend in this situation?"

- N – Now what?: Let your child decide what to do next. "What's your plan?" Offer support, but let them lead.

Using this structure regularly empowers your child to take ownership of their emotions and problem-solving. It strengthens self-regulation, encourages calm communication, and reinforces the idea that they can influence outcomes, just like we explored in Weeks 8 and 9.

Celebrate effort and reflection, not just achievements. This builds confidence to learn from mistakes and face challenges with optimism.

Mr Irons

Anxiety Project Implementation Coach



**Creative Arts News**  
*Primary Proms*

A huge congratulations to the Junior Choir on their performance at Sydney Town Hall this week as part of the Primary Proms Festival. The students sung 11 songs as part of a mass choir of hundreds of Public-School students, showcasing their talents and hard work through beautiful, powerful and fun vocal music. Our students represented our school with pride and dedication, and we are all very proud of them. A big thank you to the Ms Hunt and Ms Grace for the time they have spent preparing our students for the concert. NSW public education has amazingly talented and dedicated teachers providing wonderful opportunities for our students.



Our summer PSSA season restarts on Friday 24 October 2025. If your child is participating in PSSA, please complete the permission note within School Bytes parent portal. Training will begin on Tuesday 21 October 2025.

### Bike Skills Holiday Workshop

Thanks to a partnership between Transport for NSW and the NSW Department of Education, FREE bike skills course (value of \$30) will be offered at Rainbow St Public School for children aged 8 to 12 years this coming school holidays.

Participants attending are asked to bring their own bike and helmet for this session.

**Saturday 11 October 2025** | AusBike School Holiday Program

Beginner: 10:00am - 11:30am (8 to 12 years old)

Advanced: 12:30pm - 2:00pm (8 to 12 years old)

Use the link below to register or to find out more information.

<https://raceroster.com/events/2025/110026/rainbow-street-public-school>

There will also be **Free professional bike tune up service** on site to keep your bike in peak performance for your commute.



## Student of the Week

Class	Student	Awarded for...
KR	Freddy	Terrific improvement with his segmenting and blending during phonics lessons
KK	Piumi	Her excellent efforts during mathematics this week.
KS	Valentino	Using describing words in his sentence writing
1A	Ava	Using tiered language when writing an information report
1M	Anna	Showing perseverance in writing
1S	Jakob	Sharing his insightful ideas during our informative text writing
1/2H	Aida	Enthusiastic participation in Fun Day activities
2H	Aiden	Being a role model student during group discussions as he listened attentively and shared insightful comments
2W	Mateus	Writing detailed sentences to describe his invented character, Marvellous Mateus
2/3C	Maia	Excellence in the maths extension group
3L	Mia	Displaying a positive attitude and confidence during Year 6 Fun Day activities
3T	Elle	Displaying teamwork and empathy during sport
3/4V	Newton	Being an enthusiastic class member who displays kindness and respect always
4E	Mogul	Demonstrating critical and creative thinking by bringing original ideas and thoughtful choices into his writing
4/5I	Zahli	Contributing to classroom discussions
5G	Aaradhya	Showing confidence and enthusiasm in mathematics lessons through active participation and a positive attitude
5/6C	Daisy	Her effort in ensuring everyone had a good time during Year 6 fun day
6M	Bora	Her effort and responsibility during Year 6 fun day
SDV	Livia	Her excellent efforts during number sense this week

Class	Student	Awarded for...
SB	Elijah	Displaying perseverance in number sense

#### Learner Quality Badges

Critical and Creative Thinking	Myla (4E), Finley (4/5I), Jack (4/5I)
Motivation	Spencer, Eden, Phoenix (4E) Georgia (1M)
Perseverance	Enzo, Daveed, Anya (4E)
Collaboration	Dominik (4E)
Confidence	Ethan S, Eadie (4E)
Initiative	Rainie, Gisele (4E)



#### Book Club



Book club orders have been distributed to students today. You may need to check your child's bag to ensure that taken home their order.

#### Library News

Thank you to our generous parent community who volunteered their time this term to support our library

by covering new books, helping to renew and maintain our shelves and donating beautiful displays to brighten the space. Every little bit helps, and I look forward to welcoming you back again next term. This week, students across K to 6 who have not yet returned overdue library books were given a 'Notice of overdue items' to take home and share with their caregiver. Thank you to those families who managed to find lost books and return them.

Could you please support our library by helping your child locate the book/s that currently appear as overdue against their name. As the library is currently in a transition phase, the error could be from our end and if this is the case, apologies for the oversight. Encourage your child to come into the library, before school or anytime during the day, to discuss or query their notification. It could well be that the book has been returned to the shelf but not scanned.

If your child has misplaced, or lost a book in their care, we would request that families remit the cost of a replacement item, which you can do through school Bytes. If you have previously paid for a misplaced item, need to obtain a replacement cost amount, or wish to query a notice, please contact Karen Leo (RSPS Teacher Librarian) at [karen.leo@det.nsw.edu.au](mailto:karen.leo@det.nsw.edu.au)

#### Ethics Term 3 update

The children have enjoyed another term of ethics lessons thanks to our fabulous volunteers. Currently volunteers for Year 1, Year 4 and Year 6. Next Term, Mike (who teaches Year 4,) will take on another class-Year 2 which will be fantastic. Thank you Mike! However, as always we have a long waiting list of students and unfortunately not enough volunteers to meet demand.

If you or someone you know feels like you may be able to volunteer for half an hour, every Thursday morning between 9-10am, please get in touch. Full ethics training is provided and equips you with everything you need to teach your class. No teaching experience is necessary.

For more information please contact [amcgowan2024@gmail.com](mailto:amcgowan2024@gmail.com) or go to [www.primaryethics.com.au](http://www.primaryethics.com.au)

Mandy McGowan RSPS Ethics Coordinator.



### P&C Rambler Update – Term 3 Week 10

And just like that... another term finished and what a busy one it has been!

Thank you for everyone's hard work and voluntary contributions that have helped the P&C events run seamlessly- we really couldn't do it without help from the wonderful school community.

We will continue to need help in Term 4 with getting the library organised so if you feel that you can help with that, please reach out.

We will also be running our successful Christmas raffles in Term 4 so if you have anything you think you could kindly donate, please put it aside until next term. Thank you in advance.

Please note that our next second-hand uniform sale will take place on Tuesday, 4th November, instead of our usual Wednesday to tie in with the Kindergarten orientation.) If you require any uniform before then, please let us know and we will arrange something for you.

All that's left to say is have a fabulous spring holiday and get a well-deserved rest.



Amelie

Vice President, Parents, and Citizens Association

<https://www.rainbowstpandc.org.au/>

Volunteers  
MAKE IT HAPPEN

### Community News

*Disclaimer: Rainbow Street Public School, as a service to parents, will advertise community events which may be of interest. RSPS does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.*

## WHERE FUN MEETS LEARNING. YOUR OOSH TERM 3 HIGHLIGHTS!



During Term 3, children eagerly engaged in a variety of activities that supported both creativity and learning. In our arts and crafts sessions, they showcased their talents through watercolor painting, experimenting with colors and techniques to create beautiful artworks. STEM time remained a favorite, with children collaborating on imaginative structures using blocks and magnetic tiles. Outside, the warmer weather brought a burst of energy, as children enthusiastically played soccer with educators, building teamwork and sportsmanship. To finish the term, some children also participated in R U OK? word searches, sparking age-appropriate conversations about mental health and the importance of checking in with others.

## WE ARE HIRING!

LEARN MORE ABOUT OUR CURRENT  
OPPORTUNITIES

[APPLY TODAY!](#)



Enrol into OOSH Today!

Follow the link to our upcoming vacation care programs at Rainbow Street!

[Vacation Care Program](#)

If you would like to enrol your child into before/after school care or vacation care. Follow the QR Code!



1300 327 434



[www.3bridgesafterschool.org.au](http://www.3bridgesafterschool.org.au)

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