

QUAKERS HILL HIGH SCHOOL

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20NOVEMBER 2020 CALENDAR DATES FOR TERM 4 2020

- 20 November Year 7 "Aim Higher" Incur sion 1.55pm
- 23 November 5-6.30pm—Uniform Shop & office open for Year 6 par ents from Quakers Hill East PS
- 24 November 5-6.30pm—Uniform Shop & office open for Year 6 par ents from Hambledon PS
- Year 11 preparation day @ QHHS
- Year 10 Parent Zoom meet ing for Wyndham 2021 6pm
- Year 10 Orientation Day @ Wyndham College 8am-3pm
- Parent Orientation Evening @ Wyndham College
- 25 November 5-6.30pm—Uniform Shop & office open for Year 6 par ents from Barnier PS
- 26 November Rehearsal for Service to School/Sports Assembly— Period 1 Stage 5, Period 3 Stage 4
- 5-6.15pm—Uniform Shop & office open for Year 6 par ents from Marayong Heights PS
- 6.15-7.15pm—Uniform Shop & office open for Year 6 parents from Quak ers Hill PS

- 27 November Service to the School/Sports Assembly Stage 5 Period 1, Stage 4 Period 3
- 27 November Service to the School/Sports Assemblies Stage 5 Period 1, Stage 4 Period 3
- 3 December Year 10 End of Year Celebration
- Peer Support Training Year 9

**Guides in School
Program every
Monday 10-11am**

**Top Blokes Pro-
gram every
Thursday 9-10am**



SMART Focus for Weeks 7 & 8: Completing tasks on time

IMPORTANT NEWS FOR STUDENTS & PARENTS

MESSAGE FROM THE PRINCIPAL

RECALIBRATION UPDATE

At the time of writing, we are awaiting confirmation on some upgrades to school facilities in the TAS area, including storage options for practical works. A bus lease has also been taken out so that students in Year 11 who travel to another campus of the collegiate to access a course can be transported to or from QHHS. This vehicle will be shared with Seven Hills HS and Wyndham College for this purpose and is viewed as the most efficient and cost effective strategy at this stage. Quakers Hill High school staff continue to immerse themselves in Stage 6 focused professional learning and will finalise the Year 11 assessment schedule this week ready for publication.

MATHS HUB – A NEW RESOURCE FOR MATHS EDUCATION

The Department of Education has recently launched a new web page related to Maths education. There are a range of resources on this page to support parents and caregivers in their understanding of what students are learning in Maths classrooms every day and how they can help their child further. Please access the page via the link below.

<https://education.nsw.gov.au/campaigns/mathematics>

TERM 4 SPECIAL ASSEMBLIES

In light of a range of Covid 19 restrictions still being in place, we have had to adapt our format for the end of year assemblies. We still intend to hold our Service to School and Sports Assembly and Presentation Day assemblies, however, in a different format from usual. These will both be day events split into Stage 4 and Stage 5 assemblies. Unfortunately, we will not be able to invite parents and special guests this year owing to the number of students we have and the limited floor space in the hall (in terms of physical distancing).

COVID 19 UPDATE

The most recent advice from the Department of Education in relation to Covid 19 is available from the link below. This was also emailed home to families and placed on the school's Facebook page. <https://education.nsw.gov.au/covid-19/advice-for-families>

UNIFORM

I would like to remind students and their families once again of our clear uniform policy. It is essential that all students present to school every day on time and in the correct uniform. If a student is to be out of uniform for an unavoidable reason, a note must be brought from home and provided to staff during roll call. Our uniform shop is open each Monday morning during the school term from 8.10-9.30am, or by appointment. If financial difficulty prevents the purchase of required pieces of uniform, please contact myself or your child's Deputy Principal to discuss the matter.

FEES

Thank you to those families who have settled their course fees for 2020. We would appreciate those who are yet to do so completing this in the next fortnight. Parents and caregivers are invited to contact the school if they would like to discuss their individual circumstances.

VAPING ISSUES

In our last Contact issue we included an article on Vaping, what it is, its increasing prevalence and what we are doing about it as a school. I have included it again for your information and for dis-

cussion with your child. In Wednesday's SMART lesson, students were involved in a lesson on Vaping. As with all other parts of growing up, parents are their child's first, best and most influential teacher and we encourage you to join with us in raising your child's awareness of the dangers of this growing issue.

VAPING: AN EMERGING HEALTH ISSUE FOR TEENAGERS

Lately we have been experiencing a rise in the number of students vaping, buying, swapping and selling vapes. Although we have had issues with vaping and e-cigarettes in the past, it seems to have considerably grown in the past few months.

WHAT IS VAPING?

Vaping, the smoking of e-cigarettes, is a relatively new phenomenon. E-cigarettes were originally designed for adults who were trying to quit smoking cigarettes but they are now being illegally sold and marketed to young people – sometimes even as young as primary school. These devices often look either like a small highlighter or a USB and are therefore very easily concealed in bags, pockets and even pencil cases.

WHAT IS A VAPE?

Vapes, or electronic cigarettes, are battery-operated devices that heat a liquid to produce a vapour that is inhaled. The devices are designed to deliver the aerosol directly to the lungs. Some look like cigarettes while others look like everyday items such as pens, highlighters or USB memory sticks. Because the vapes look like everyday items that we would expect to see in a student's personal belongings, they are not easily identified – by teachers or by parents.

IS VAPING DANGEROUS?

Currently, the most common vape is referred to as a 'stig'. It contains high doses of nicotine, it is addictive and can be very dangerous to the health of users. Emerging evidence is strongly suggesting a link between vaping and lung disease requiring intensive care for users.

Most products that involve inhaling chemicals into the lungs go through a long testing process to prove they are safe and effective. These tests have not been conducted on the e-cigarettes that are available in Australia.

WHY ARE YOUNG PEOPLE DOING THIS?

At many high schools across NSW we are seeing young people who don't smoke cigarettes and who wouldn't normally try 'real' cigarettes being attracted by vaping. Young people are probably trying vaping for the same reasons that young people have tried cigarettes in the past – peer pressure, to look cool, a false belief that smoking reduces stress and so on. The added attraction with vaping is that the innocent sounding names: Gummi Bear, Pineapple Crush, Cherry Blossom and so on, encourage the false belief that vaping is not dangerous. These are being marketed on social media, particularly Snapchat and Instagram, thus furthering their appeal and making them dangerously attractive to adolescents who do not understand the health risks.

HOW ARE WE HANDLING VAPING WHEN IT OCCURS AT SCHOOL?

At QHHS we are managing each instance of vaping based on its individual circumstances. The age and the specific actions of students are taken into account when we determine a consequence. If your child is caught vaping, you will be contacted and your child will be issued with an after school detention as a minimum. During the afterschool detention

(which will usually occur under the supervision of a Deputy Principal) your child will be required to complete some activities on vaping and its inherent dangers. All students who have completed these activities have expressed surprise at discovering that e-cigarettes are unregulated, untested and very dangerous. Students who are repeat offenders or who have been previously warned in relation to these or other behaviours will receive more serious consequences.

HOW CAN YOU HELP YOUR CHILD?

Talk to your child about vaping and its dangers. Talk to them about ways that they can safely reduce stress (meditation, exercise, healthy eating, more sleep) rather than turning to unhealthy stimulants.

You may find the links below useful in seeking further, more detailed information
<https://www.youtube.com/watch?v=6JCAyb3IDTo> (a very short video, this would be helpful to watch together)

<https://www.healthdirect.gov.au/e-cigarettes-vaping>



YEAR 10 END OF YEAR CELEBRATION

I am very happy to report that we are going to meet our required number of 50 and therefore the end of year celebration will be going ahead. If you intend for your child to go to the event, it is essential that you purchase tickets by Wednesday 25th November. We will be publishing and sending out the venue's Covid Safety Plan next week.

WYNDHAM ORIENTATION

On Tuesday 24th November all students who are going to Wyndham in 2021 are to attend the Wyndham Orientation in full school uniform. Students who are going to St Mary's Senior College in 2021 can stay at Quakers Hill High School for our Senior Preparation Day. Students who are going to Wyndham are to make their own way there.

QUAKERS HILL HIGH SCHOOL SENIOR PREPARATION DAY

QHHS is holding a *Senior Preparation day* whilst the rest of Year 10 attend the Wyndham College Orientation day. The day will be divided into 3 sessions:

Session 1 – Elevate Education - Periods 1 & 2

Elevate education has been booked in to run two modules during Periods 1 & 2. These modules are:

- Study Sensei
- Time Management

Session 2 – BYOD Preparation - Periods 3 & 4

Students will work through a range of activities designed to support the integration of BYOD into their classes in 2021. This will be the first of a series of BYOD training packages delivered to our Year 11 students over the rest of Term 4.

Session 3 – Great Race - Period 5

Mr Hill has organised a great race wherein students will complete a range of challenges in small groups.

Recess and lunch will be provided.

POST EXAM LEARNING AT QUAKERS HILL HIGH SCHOOL

2020 - Year 10 Senior Preparation Sessions

All Year 10 students have the opportunity to access a range of “senior preparation courses” that teachers have volunteered to run to help prepare students for their senior studies. These courses have been developed as additional learning options in the last 3 weeks of the year.

Only students who have pre-registered for sessions will be allowed to attend. All other students will attend their normal timetabled lessons.

The sessions are listed below. Full details will be published on the QHHS website if you would like to know more about each session. Several sessions are running at multiple times.

An introduction to Aural Music and the HSC	Career Skills – School Leavers
Skim, Scan and Summarise: How to effectively read and take notes on class texts	Looking after yourself in stressful times
Study Skills and Planning a successful study continuum for the HSC	Using online software such as Geogebra to graph linear and non-linear equations
New Look – Fashion Bedazzle	Using the State Library and other ways to find stuff
Legal Studies Research Skills	Hospitality 2 - Non-Alcoholic Beverages
<i>Coping with all the BIG STUFF</i> Practical strategies to manage stress and feelings associated with change	Help! I Want to Sound Smart: Academic vocabulary to improve your writing.
Using your computer to be smart	How to successfully write a Drama essay, IP's and GP's
Hospitality 1 - Mise en Place: everything in its place	Futsal Skills and Game
Hospitality 3 – Present & Serve	

GOLD AWARDS

Congratulations on the following students receiving their Gold Principal's Awards:

Year 7—Ashlin D'Cruz, Emily Greene, Akira Jones, Raydan Madi, Amber McLeod, Kaleb Sciberras, Owen Sie, Ebony-Rose Sissons, Jake Teunczak

Year 8—Grace Sammons, Hayden Snashall, Sophia Valdivia, Lilly Wilson, Danielle Wrigley x 2

Year 9—Aryan Jassal x 2

Year 10—Damon Quach, Tyler Quach

Mr A Skehan
Principal

SCOPE OF LEARNING FOR THE POST EXAMINATION PERIOD

Students often erroneously tell parents that no work is occurring in the post exam period. To address this, head teachers have collated the following of scope of learning to ensure that students are productively and gainfully employed until December 16th (the last day of term). Students may sometimes be viewing texts such as films and documentaries but these always form part of the program of learning. In order to ensure that students are always aware of why they are analysing/ engaging with a visual text, teachers will be explicitly explaining why the learning matters and how the visual text fits into the overall learning continuum.

QHHS SCOPE OF WORKS FOR THE POST EXAM PERIOD LEADING INTO THE HOLIDAYS

YEAR 7

History	Year 7 are completing their study of Ancient Egypt.
Maths	Learning the topics of Length and Probability, along with numeracy activities
Future Focused Learning	Popsicle Bridge Challenge
Visual Arts	Completion of Lino Portrait Printmaking/ Portraiture Painting
Music	Theme Music from TV and Film
Science	The Blue Planet- (Solar system)
English	Dipping into Drama: including Shakespeare, drama theory and prac as well as scriptwriting
PDHPE	Summer Safety: how to stay safe and reduce health related risks during summer. Practical: Striking and Fielding Games.
Technology Mandatory	Digital Technology: Continuing to work on Smart Cities and completing design project. Materials Technology: Finalising Design Projects and folios in Textiles and Timber Agricultural and Food Technologies: Finalising Food Design Project and working in TAS Garden, "Plot to Plate" Engineered Systems: Finishing engineering project; designing electronic car and racing them! Evaluation of Design and results.
Geography	Completing a unit on liveability around the world

YEAR 8

History	Year 8 are completing an Aztecs study which includes STEM activities. This will be interspersed with literacy and numeracy activities.
Maths	Learning the topics of Linear Relationships, Properties of Geometrical Figures and Probability
Visual Arts	Completion of Landscape Ceramic works/Landscape Journey Paintings / Digital Landscapes
Music	Blues Music
Science	Dynamic Earth
English	A self select poetry unit: some classes are doing Indigenous Poetry, some are doing Hip Hop Literacy
PDHPE	Unit on Healthy Mind, Healthy Body. Practical: Connected with theory in how activity impacts our mental health and also games based lessons.
Technology Mandatory	Digital Technology: Continuing to work on unit of work on Smart Cities and completing their project Materials Technology: Finalising various Design Projects and folios in textiles and timber. Agricultural and Food Technologies: Finalising Food Design Project and working in TAS Garden, "Plot to Plate" Engineered Systems: Finishing engineering project; designing electronic car and racing them! Collation of evaluation and results
Geography	Completing a unit on interconnection, how people relate to places

YEAR 9

History	Year 9 are beginning the year 10 program. They are studying the European side of World War II.
Maths	Learning the topics depending on the course they are doing Rates and Ratios, Properties of Geometrical Figures, Probability Area, Surface Area and Probability Linear Relationships, Trigonometry, Probability
Information, Software, Technology	IST classes are working on a network design project until the end of term.
Visual Arts	Firing , glazing and completing Ceramic Mythological Creatures,Evaluation of Ceramic Process,Digital Mythological Landscapes
Music	Australian Music
Science	Some classes are completing Nature's Fury. Star Wars(Planets)will go to the end of the Term
English	A close study of science fiction genre - podcasts, short stories, film and related texts
PDHPE	Studying nutrition. Practical: sports skills in competitive games
PASS	Heavily weighted towards practical activities with a focus on developing skill practice activities.
Child Studies	In Year 9 Child Studies, students are analysing how surrounding environments impact child growth and development. Students will be investigating this topic through a range of sources and presenting their findings to the class.
Food Technology	Students are finalising their studies in Nutrition with a couple of exciting food practical assessments to go
Timber	Students are finalising their Timber project and learning a few more skills in the workshop in woodworking
Engineering	Students are finalising their Engineering project in the workshops and testing its abilities.
History Elective	Completing a thematic unit analysing the role of film and history
Geography	Completing a unit on megacities and globalisation
Work Education	Entrepreneurship and self managed business
Commerce	Law in action

YEAR 10

History	A Decade study of popular culture focusing on teenagers and their forms of protest post World War II. Students create an argument about which decade is the best decade. Students will listen to music and watch clips of television and film as part of the study alongside written sources and documents from the various eras
Elective History	Film as History : this unit focuses on anachronism, the revision and construction of history. Films will be viewed through a critical historical lens.
Maths	Learning the topics depending on their level of Maths, Non-right angled trigonometry, Mathematics and Driving , Mathematics and Communication
Information, Software, Technology	IST classes are working on a network design project until the end of term.
Visual Arts 100C	Firing , glazing and completing Ceramic Mythological Creatures,Evaluation of Ceramic Process,Digital Mythological Landscapes
Music	Australian Music
Science	Some classes are completing Hi-Tech. Forensics to the end of the term
Elective Psychology	Forensic Psychology- Case Studies
English	Self select : Some classes are focussing on Work Skills and work readiness, 2 classes are doing a Life Stories project, another class is doing a close study of "Of Mice and Men."
Drama	Taste of Drama Festival: Melodrama, Shakespeare and Film
PDHPE	Continuing with a unit on mental health. Practical: Recreational Games
PASS	Heavily weighted towards practical activities with a focus on how skill games impact on performance in competition.
Dance	Continuing with their major dance performance
Food Technology	Finalising the unit of work on Food For Special Occasions. Students have a few more practical activities to complete and a fun bake-off towards the end of the year.
Timber	Students are finalising their Timber project and learning a few more skills in the workshop in woodworking
Engineering	Students are finalising their Engineering project in the workshops and testing its abilities.
Child Studies	The development of literacy and numeracy in children that incorporates play and creativity. Also creativity in craft to stimulate language
Agriculture	continuing with Agricultural Issues - drought, salinity, soil degradation, global pandemics, food security, competition for water. Plus research and choosing pedigree chickens for new coup. Work on paddock/pasture improvement.
Geography	Completing geography skills work, human rights and migration
Work Education	Entrepreneurship and self managed business
Commerce	Law in action