

70 Lalor Road, Quakers Hill NSW 2763

Email address: quakershil-h.school@det.nsw.edu.au Web address: www.quakershil-h.schools.nsw.edu.au

Phone: 9837.1533 Fax: 9837.1747



Monday 12 March P&C AGM

Support Unit IEP Meet

ings

Tuesday 13 March Wyndham College

Subject Information

Night

Year 5 & 6 Information

Evening

Year 10 WSU Fast For

ward Skills Day

Thursday 15 March Selective High School

Placement Test

Friday 16 March Peer Support session

Monday 19 March Year 6 GAT Infor

mation Evening

Tuesday 20 March Life Choices Team

Presentation

21 & 22 March NAPLAN trials

SPORTS CALENDAR

Monday 12 March—Sydney West Swimming

Tuesday 13 March—14 Boys/Girls Futsal

Wednesday 14 March—16 Boys/Girls Futsal

Friday 16 March—Annual School Cross Country

Thursday 29 March—School Athletics Carnival

Friday 6 April—Western Sydney Wanderers Clinic

Wednesday 21 Mar Harmony Day

Thursday 22 March UWS Aim Higher

Friday 23 March Contact issued

Peer Support session

Monday 26 March Young Men's Health

Forum

Thursday 29 March Year 6 taster day

Friday 30 March Good Friday

Monday 2 April Easter Monday

Tuesday 3 April Parent/Teacher inter

views 3.30-8pm

Wednesday 4 April Year 7 Camp Infor

mation Evening 6pm

Friday 6 April Contact issued

Vaccinations

Monday 9 April Year 6 diagnostic tests

9—11 April Year 7 Camp

Thursday 12 April Stage 5 Scripture

Seminar

Friday 13 April ANZAC Service

Last day Term 1

Tuesday 1 May First day Term 2



SMART FOCUS FOR WEEKS 7 & 8: Completing Tasks on Time

IMPORTANT NEWS FOR STUDENTS & PARENTS

MESSAGE FROM THE PRINCIPAL

NATIONAL DAY OF ACTION AGAINST BULLYING

Most of us would have read about the tragic suicide of 14 year old Dolly Everett at the beginning of the year. Most of us would also know that this tragedy has been attributed to bullying, particularly cyber bullying. On Friday 16 March 2018 Australian schools will stand united within their communities to celebrate the 8th National Day of Action against Bullying and Violence. The National Day is a positive day of action with the goal of bringing school communities together to help find workable solutions that address bullying and violence.

Like many other schools, Quakers Hill High School will be having a focus on highlighting the impact of bullying and promoting solutions to bullying on this day. There will be a focus on assembly, Year 9 will be promoting pro-social behaviours and why bullying is not okay as well as considering what it means to be an 'upstander' rather than a bystander. The core message and core reminder is that every day at QHHS is a day where we take action against bullying. We have clear, embedded and widely promoted systems for dealing with bullying. These are published on our website, within the student diaries and are regularly addressed in student communications; however, we can do nothing if we do not know it is happening.

If your child tells you that they are being bullied or harassed in any way, it is important that you encourage them to inform the school. If they are uncomfortable doing this, you can report on their behalf or make an appointment so that you can stand with them in making the report together. If it is over social media, take snapshots as evidence of what has been said and then block the sender. Ultimately we cannot fix a situation that we do not know about.

COMMITTED AND ACTIVE CITIZENS

Is your child doing something for the community - raising money, doing volunteer work, working for a cause or a charity? If so, please let us know via the school email at quakershil-h.school@det.nsw.edu.au as we want to recognise and promote these sorts of achievements. We often have community based awards at Presentation Assemblies to give but we are only aware of what some students are doing outside of their school commitments. Help us to promote our young people and the amazing contributions they are making to the community and the world around them.

COOLER WEATHER AROUND THE CORNER

As soon as the cooler weather hits we begin to see students turning up in non-uniform items. Hoodies are the main offending item and it is important to remember that they are not allowed under any circumstances – even with a note. The other items of primary concern are tights – which can only be worn on a Wednesday **under** a pair of sports shorts. High-cut or short shorts are also not permitted – even with a note – and students will be required to exchange them at the Welfare staffroom for a pair of school shorts.

YEAR 7 CAMP REMINDER

Quakers Hill High School acknowledges the very special place that the Year 7 Camp has in our school community and we recognise the importance of the camp in developing team building, building self-esteem and developing positive relationships with fellow Year 7 students, staff and

peer support leaders.

Even though the dates of first and second payment instalments have passed, the Year Advisers and Deputy Principal would like to stress that it is not too late to have your son/daughter be part of the valuable experience.

We are flexible with payments as long as it is finalised by 23rd March (Week 8). Before the final payment is made, please ensure you have paid a minimum of \$30 for your child's mandatory fees. If you require a payment plan to be set up due to financial concerns, please note that you will need to speak directly with the Deputy Principal Beatrice Maricic and only a limited number of payment plans will be available.

The Camp Details are as follows.

Where: Outdoor Education NSW – Morisset – http://www.outdoorednsw.com.au/

When: Monday 9th – Wednesday 11th April (Week 11, Term 1)

Cost: \$275

There will be a Camp Information Evening on **Wednesday 4th April at 6pm** in the school library for the parents of those attending so that we can provide detailed information and clarify any issues or concerns. Medical and permission forms were distributed this week. If you have any questions, contact Mr Oliver Meredith or Mr Geoff Dacey on 9837 1533.

<u>UPCOMING EVENTS</u>

Year 5/6 Taster Evening: (13.3.18): Attendance at this showcase event is strongly encouraged – even if you already have a child at QHHS. Learn about our results, hear from some of our students, get some information from the Collegiate Deputy Principal about how the transition to Wyndham College from Quakers Hill High School works and enjoy a tour around the school and the classrooms. Find out about the specifics around applying for out of area enrolment.

Wyndham College Subject Information Night: This will take place Tuesday 13th of March. Please arrive at 6:00pm for a 6:30pm start. This important event will be an essential component for all students to transition successfully into Year 11 for 2019. It is highly recommended that Year 10 students and their parents attend this evening, where further information will be given about the online subject selection process. Queries about certain subjects or patterns of study can also be addressed at this time

Year 6 GAT information evening (19.3.18): If you are interested in applying for our Gifted and Talented class you are strongly encouraged to attend this evening. You will find out about the process of application, the testing and the expectations. You will also find out the specifics around out of area applications and how these work.

AN IMPORTANT REMINDER TO PARENTS

Students are not actively supervised in the morning. Teachers do walk through the quad at different times in the morning and the school office is open and attended from 7.30am but there is no active supervision at this time. With this in mind it is important that parents join with us in encouraging students to behave safely and follow the SMART expectations at all times and in all areas. It is also desirable that students do not arrive at school prior to 8am unless they are attending a pre-arranged meeting or leaving school early for an event or excursion.

Congratulations to the following Principal Award Winners

Noah Arreza	Year 8	Joshua Andrijich	Year 9
Rachelle Rudd	Year 8	Ryan Savige	Year 10
Kassandra Cuadra	Year 8	Dakota Kneath	Year 10
Emily McGregor	Year 8	Georgia Phillips	Year 10
Ella Wilson	Year 8	Oliver Matthews	Year 10

Ms Rebecca Mahon Principal (Relieving)

PARENT TEACHER EVENING

Semester 1's Parent Teacher Evening will be held on Tuesday 3 April 2018 between 3.30pm and 8pm for all Year 7, 8, 9 & 10. All parents are invited to attend and discuss their child's progress with all of their teachers. I encourage all parents to book online so they can record your preferred times and start making appointments immediately. The online booking code will be available next week.

The longer these bookings are left the more difficult it will be to record appointments within your preferred times. These will be emailed to all parents and carers of Years 7, 8, 9 & 10 students. If you are unable to book your teacher online, alternative booking sheets will be provided in the office and these can be booked with the teacher via the students or phone call.

Appointments will be restricted to 7 minutes in order to accommodate all parents unless the teacher requires an extended interview and it is highly recommended that you allow 7 minutes between each interview to give you time to move between teachers. Students are also invited to help their parents find their teachers and also to listen to the discussions about their progress.

Teachers of Quakers Hill High School look forward to meeting with parents and carers for an informative night.

P. Sultana

Parent/Teacher Evening Organiser



KILDARE ROAD MEDICAL CENTRE INTRODUCING...

Dr. Kabir Ahmed, FRNZCGP, FRACGP

Dr. Ahmed graduated from Dhaka Medical College, Bangladesh. He went on to study at the University of Otago, where he attained a Master of Immunology and worked in probiotic research at Massey University, before starting a career in General Medicine. Dr. Ahmed practiced in New Zealand for 14 years, mainly in internal medicine in a hospital setting before relocating to Australia.

Interests: Aboriginal health, chronic care management, emergency medicine and palliative medicine.

Languages: Bengali

To make an appointment with Dr. Ahmed, go online at kildaremedical.com.au, use the Appointuit App or call Reception on 8822 3000

BULK BILLING OPEN 7 DAYS

36 Kildare Road, Blacktown, NSW 2148 kildaremedical.com.au