



## UPCOMING EVENTS

**Monday 24 April**  
Staff Development Day  
Uniform Shop Open  
8am—10am

**Tuesday 25 April**  
ANZAC Day

**Wed 26/Fri 28 April**  
Jnr Dance Camp (Stage 3)

**Wednesday 26 April**  
All students return for  
Term 2  
ANZAC Assembly

**Thursday 27 April**  
Spirit of Anzac History  
excursion

**Tuesday 2 May**  
Support Unit Work  
Experience

**Wednesday 3 May**  
Primary School Musical  
Dance Workshop 1-4pm

**Thursday 4 May**  
Powerful 2017 excursion  
Maths Competition  
Subject Selection Booklets  
distributed

**Friday 5 May**  
Chess competition  
Zone Cross Country

**Mon 8—Friday 19 May**  
Exam Weeks

**Monday 8 May**  
P&C Meeting 7pm



## HIGHLIGHTS IN THIS ISSUE

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CAPA Faculty News Pages 12-13

Science Matters Pages 17-20

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## PRINCIPAL'S REPORT

### COMMUNICATION

In the last Contact I communicated some outstanding data to you all. There has been some positive feedback on this from parents and what that data demonstrates about the teaching and learning that is occurring at Quakers Hill High School. At a recent Thursday assembly I communicated this data to the students. Although the 2016 NAPLAN results only specifically related to two groups of students it is indicative of how the QHHS culture of learning is sustaining and growing. This was further demonstrated that same day by the large number of students who have elected to participate in the newly formed creative writing club, the five sets of chess groups and the journalism days. There are many opportunities to connect, succeed and thrive at Quakers Hill and there is nothing more exciting than seeing our students take advantage of those opportunities.

### STUDENT VOICE

Student Voice is a focus area for Quakers Hill High School in 2017 and into the future as we move forward into the next school planning cycle. The PBL team has long encouraged the involvement of students in their development, provision and teaching of lessons such as anti-bullying lessons, 'R U OK' day and so on. PBL has also encouraged student voice through having two student representatives attend PBL meetings to provide input on SMART directions. Last year Sarah Vaughan, then in Year 9, was an active and valuable member of the Canteen Tender Committee, providing a student perspective in our discussions, comparisons, evaluation and ultimate selection.



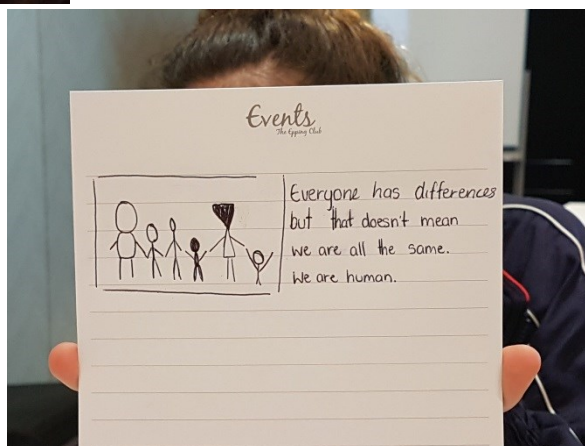
In 2017 we have decided to move further with this and now have Oliver Turner on the WHS Committee, Tobey Watkins on the Finance Committee, Laura Towell on the GAT team, Lauren Commins and Josh Andrijich on the Numeracy team. The students at Quakers Hill



are the key stakeholders and it is our goal to place them at the centre of all school-based decision making so that they may see the value in their own voice and recognise our commitment to creating active and interested citizens.

Further to this, on Thursday 16 March, Mr Daghel and Mr Tomlinson took Lauren Commins and Josh Andrijich of Year 8 to the *Cultivating Cultures of Ex-*

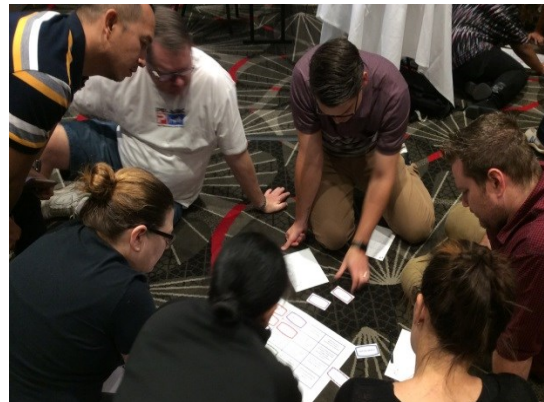
*cellence* Seminar at the Epping Club. The overall goal of the conference is to work with schools on 'bumping up' their middle band NAPLAN results and to further promote visible student learning and student voice. Working together; Messrs Daghel and Tomlinson, Lauren and Josh have outlined an action research learning project that they will be presenting back at the conference in September.



## EXECUTIVE CONFERENCE

On March 17 and 18 the Executive Conference took place at the Novotel Parramatta. This year the sessions included a valuable presentation called 'Accidental Counselling' delivered by a highly experienced Lifeline Counsellor. Although some elements were confronting, the presenter was wise and led the team through a range of practical role plays and question and answer sessions.

Other sessions included providing stronger, more future-focussed feedback, using Google Classroom to strengthen teaching and learning, using the 5P Planning Process for the next school planning cycle, another session on using questions and suggestions to frame feedback and a final session on evaluating the concluding cycle of the school plan as we move towards developing the next round of strategic directions. Friday night involved some team building activities around learning and creating. The weekend was meticulously planned and organised by Mrs Beaty Maricic and all attendees were highly appreciative of her outstanding efforts. Thank you also to Mrs Claus and Mrs O'Connor (College Principal) who spent the day at QHHS to support staff and students in the absence of the executive.



## CARPARK

In the last contact I discussed the visit to the school of a Road Safety Officer and Traffic Engineer from Blacktown Council. Their suggestions have now been discussed in full with the P&C, the Work, Health and Safety Committee and School Executive with staff input.

Essentially it is the suggestion of the council that we lock the school gates at 2.45 and leave them closed until 3.15. The benefits of this are as follows:

- multiple cars will not be entering/exiting the staff car park at a time when students are walking through it thereby improving student safety
- multiple cars will not be driving in different directions around the staff car park therefore inhibiting traffic movement and endangering themselves and other drivers
- traffic will move more quickly from Lalor Road onto Grady Road/ Quakers Hill Parkway when only one set of traffic (from 7-11) is entering Lalor Road

To further expedite this, the RMS has been contacted about reducing the wait time at Quakers Hill Parkway lights so that cars are not backed up into Lalor Road.

Please remember that students are to be collected in the turning bay area provided at the end of Lalor Road. Arrangements can be made in some specific individual circumstances where injury necessitates alternative arrangements.

I know that this will annoy some parents who may question our thinking. Please understand that our only thoughts in this are to keep our children safe.

By the time this edition goes to print we will have trialled closing the gates (2.45 to 3.15) in the last three days of Term 1. This will then be evaluated in consultation with the school community.

## TERM 2 STAFFING

There are going to be some significant changes in our staffing for Term 2. Most of these involve staff going on long service leave, accepting transfers and/or taking temporary roles. The most significant changes are that Ms Selina Fensom has accepted a service transfer to Cambridge Park High School as of Term 2. She will be replaced in the short term by Ms Rachel Pirovic. Mr Michael Brooks, our HT Teaching/Learning Technology, has been selected to undertake a significant IT role with the DoE and his role will be undertaken in Term 2 by Mr Geoff Dacey. Mrs



Maricic will be on LSL for Term 2 and her role will be undertaken by Mrs Karen Critchley whose role will in turn be filled by Mrs Shelley Asgar. Various other staff taking short term leave will be covered by some of our long term temporary and/or casual staff. We recognise that some students do struggle with these sorts of changes but every effort has been made to ensure that disruptions are minimal and student learning and wellbeing remain at the forefront of all decision making.

The loss of Mr Brooks and Ms Fensom is a significant one – though we may yet get Mr Brooks back. Both have demonstrated commitment to the staff and students of QHHS via the many varied roles they have undertaken and through their determination to see their students connect, thrive and succeed. We wish them both well for the future and we are sure that both will continue to be successful quality practitioners whether their practice is in the classroom or not.

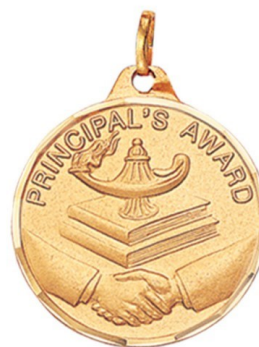
## **CONTACT NEWSLETTER**

In a recent Facebook post I discussed that at a recent extended executive meeting we looked at ways that we could streamline our communication systems and target our audience more effectively. In keeping with this we have decided to move to a fortnightly newsletter that will provide key dates and information and move towards a more extended Contact twice a term only. If you are interested in seeing what this newsletter will look like, please get onto the QHHS Facebook page and don't forget to 'like' it while you are there.

## **GOLD PRINCIPAL'S AWARDS**

Congratulations on the following students receiving their Gold Principal's Awards:

- |         |  |
|---------|--|
| Year 7  | Olivia Coram   |
| Year 9  | Corey Attard, Lindsay Bath x 3, Kirra May Bevan, Isabella Ellard, Joshua Hoesli, Linden Koster, Josh Morgan, Zoe Morgan, Dylan Robinson, Emran Shevket, Harvey Wiggins x 2 |
| Year 10 | Haoyang Cai, Chloe Holt, Kristina Krsteva, Kopal Mathur  |



# DEPUTY PRINCIPAL'S REPORT

## POSITIVE REFERRALS

A terrific start to the year saw 7948 positive merits being issued. Congratulations to all the recipients and we encourage students to continue this outstanding achievement throughout the year.

Year 7 - 2936  
 Year 8 - 1924  
 Year 9 - 1480  
 Year 10 - 1631

## SAFE, RESPECTFUL & TOLERANT BEHAVIOUR

Regardless of how your child travels to and from school every day, the expectation is that students will follow the SMART code at all times. Whether they travel by public transport, walk or ride a bike/scooter students are asked to be SAFE, RESPECTFUL and TOLERANT at all times.

Helmets are a compulsory accessory if your child rides a bike/scooter. Apart from the fact that it is dangerous, riding without a helmet could attract a fine from the police. If a student is found riding without a helmet, parents will be contacted and asked to come and collect their child and the bike/scooter from school. Students who misbehave on the bus or train could risk losing their Opal card. This will be a huge inconvenience to families as some students depend on public transport to get to and from school.

## TASTER DAY



Happy faces from satisfied students makes for a successful Taster day.

## **FEES**

It is at this stage of the term that we check outstanding elective and mandatory fees. If families are experiencing financial hardship, please call the Principal to discuss a payment plan. This will allow your child to participate in practical mandatory subjects, electives that attract fees and extra curricular and sporting opportunities.

## **NUMERACY**

This term all roll call classes have participated in activities to improve Numeracy outcomes. The students completed a pre-test, 3 lessons and then a post-test to assess their progress. Teachers have all been trained in Newman's Error Analysis as a strategy to help students become confident problem solvers. We look forward to all teachers becoming confident users of this technique.

## **UNIFORM**

With daylight saving ending and the holiday period upon us, please take the opportunity to consolidate what your child needs to be ready for the cooler weather. The uniform shop is open on Monday morning in Week 1 of Term 2 and I encourage you all to get in quick while stock is available. A reminder that students can only wear their sports uniform on a Wednesday and that the school trackpants are the only trackpants allowed on that day. Full school uniform is expected every other day.

## **PARENT TEACHER NIGHT**

Thank you to all the Parents and Carers who came to the Parent Teacher Night on Tuesday 4 April. It was an extremely positive night and it was wonderful to see the rich conversation that was had. The next Parent Teacher Night will be held on Tuesday 25 July between 3:30-8:00pm for all students. I encourage Parents and Carers to go online and book their interview times early to avoid disappointment. This is a great opportunity for parents to personally speak to their child's teachers and get direct feed-back on their child's progress.

## **EXAM WEEKS**

Semester exams will be held during Weeks 3 & 4 of Term 2. Students will be informed by their teachers if they have a Semester exam in their subject. Students will also be issued with an exam timetable informing them of formal exams to be held in the school hall. It is recommended that students start preparing for these exams and seek assistance from their subject teacher if they feel they need it. The school also runs Homework Club on Tuesdays and Wednesdays in the school library for students who would like some support with assignments or studying for exams. In order to attend, students will need to return a signed permission note to Mr Head in the Social Science Staffroom. Permission notes are available from the Social Science staffroom or the front office.

**Mrs B Maricic, Deputy Principal (Years 8 & 10)**

## SUPPORT UNIT NEWS

**TERM 2 EXCURSION:** the whole support unit will be visiting the Hawkesbury Show on Friday 5<sup>th</sup> May, Week 2 of Term 2, the first SU excursion of the year. Permission notes have gone home and are due back this week as we are obliged to purchase these heavily discounted tickets in advance, during the upcoming school holidays. This is a great day out with many opportunities for students to explore agricultural displays, livestock demonstrations and view the prize-winning entries in a variety of competitions.

**ATHLETICS CARNIVAL:** students had a most enjoyable and busy day at the School Athletics Carnival with all students competing in at least one event, and many competing in several track and field events throughout the day. Congratulations are due to all support students present on fabulous behaviour and excellent levels of participation and enthusiasm.

**WORK EXPERIENCE:** students in Years 9 & 10 have now completed three days of work experience at Coles, Rouse Hill or The Secret Garden in Richmond. All students have displayed initiative and a positive work ethic while on the job. This is a valuable opportunity for the students as they begin to think about part time work and post-school options. They are beginning to assess the type of work they may be best suited to in the future and which skills they may need to develop in order to gain the desired employment. We are very proud of the effort and wonderful manners displayed by our students whilst travelling and working in public.

**HOLIDAY WISHES:** we hope everyone enjoys a happy, relaxing and safe holiday and look forward to welcoming everyone back for a busy Term 2.







## PARENT NUMERACY CLASSES

As a way of supporting parents in Numeracy, the school is offering two hands on workshops to give strategies in the following strands:

**Number strand** – Tuesday 23<sup>rd</sup> May

**Algebra strand** – Tuesday 30<sup>th</sup> May

These will take place from 6:00pm to 7:30pm in the Common Room at Quakers Hill High School. If you wish to attend or gain further information, please email Kuldip Khehra [kuldip.dhesi@det.nsw.edu.au](mailto:kuldip.dhesi@det.nsw.edu.au).

## MATHS FACULTY NEWS

The half yearly examinations will take place in Weeks 3 and 4 of Term 2. All courses will have a non-calculator/numeracy and a calculator element to their examination. Year 7 will be examined on Fractions and Data. Year 8 will be tested on Pythagoras' Theorem and Data. In Stage Five (Years 9 and 10) the topics tested will vary depending on the course. Congratulations to those students who did well in the Term 1 exam. These are the last outcomes to be examined this semester and all students are encouraged to re-view their notes in order to achieve their full potential in the exams. As always, your Mathematics teachers are available to clarify any concepts that are not fully understood.

Mr Cole, Mathematics Faculty



# HISTORY FACULTY NEWS

## History Trivia

In the old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes the stew had food in it that had been there for quite a while -hence the rhyme, "Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old."



## Competition News

### AUSTRALIAN HISTORY COMPETITION



In 2017 this competition will be offered to Years 7, 8, 9 & 10. The Year 9 & 10 paper will be broadly based on the Australian Curriculum: History for Years 9 & 10. The Year 7 & 8 paper will be broadly based on the Australian Curriculum: History for Years 7 & 8. Separate prizes will be offered to state and national champions for each year group. Competition Date:- 24 May 2017.



gg72006111 [www.gograph.com](http://www.gograph.com)

## Spirit of ANZAC

The Spirit of Anzac Centenary Experience is a travelling exhibition that tells



THE SPIRIT  
LIVES  
2014 - 2018

the story of Australia's involvement in the First World War, and the ensuing Century of Service of Australia's armed forces in all wars, conflicts and peacekeeping operations in which Australia has been involved. On Thursday 27 April 2017 students in Year 9 and elective history classes are invited to attend the "Spirit of ANZAC" exhibition that has been touring Australia since the centenary of the ANZAC landing. We have been fortunate to have been given over 200 tickets at no cost. The exhibition will be at The International Convention Centre (ICC), 14 Darling Drive, Sydney. The cost of this excursion is \$15 (to cover the cost of the coach). Students will be transported by coach to and from the exhibition. Students will return to school at 3:00 pm.

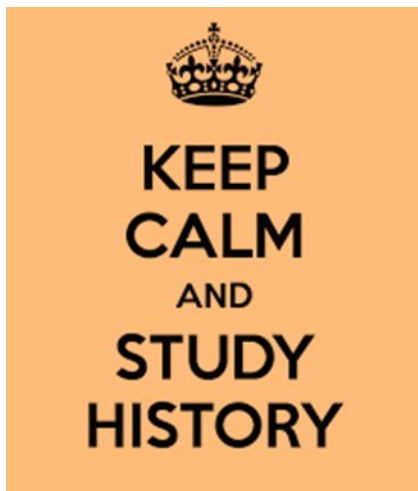


### **Term 2 topics for History include:-**

Year 7	Ancient Egypt and Ancient China
Year 8	Feudal Japan
Year 9	Movement of Peoples
Year 10	Rights and Freedoms
Year 10 Elective	History of Terrorism & Medieval World / Individual Research Topic

### Upcoming Assessment Items for Term 2

	Task	Due Date
Year 7	Ancient Egypt Research Task Exam	Week 1 Week 4
Year 8	Exam	Week 3
Year 9	Half-yearly exam	Week 3
Year 10	Research Task Half-yearly Exam	Week 2, Monday Week 3
Elective	In-class Extended Response Individual Research Task	Week 3/4 End Term 2



### Quakers Hill High School History Faculty Website

Welcome to the QHHS History Podcast Website! [www.tinyurl.com/zh3oe8p](http://www.tinyurl.com/zh3oe8p)  
 Here you will find links to your assignment sheets with Podcasts that you can download and listen to help you along your way. This site is a work in progress, so keep checking back regularly for updates.



## CAPA FACULTY NEWS

As the first term comes to a close, creative arts reflects on a successful and productive start to the year. As with all years, the start of 2017 in Creative Arts was an organised flurry of new projects and works being initiated.

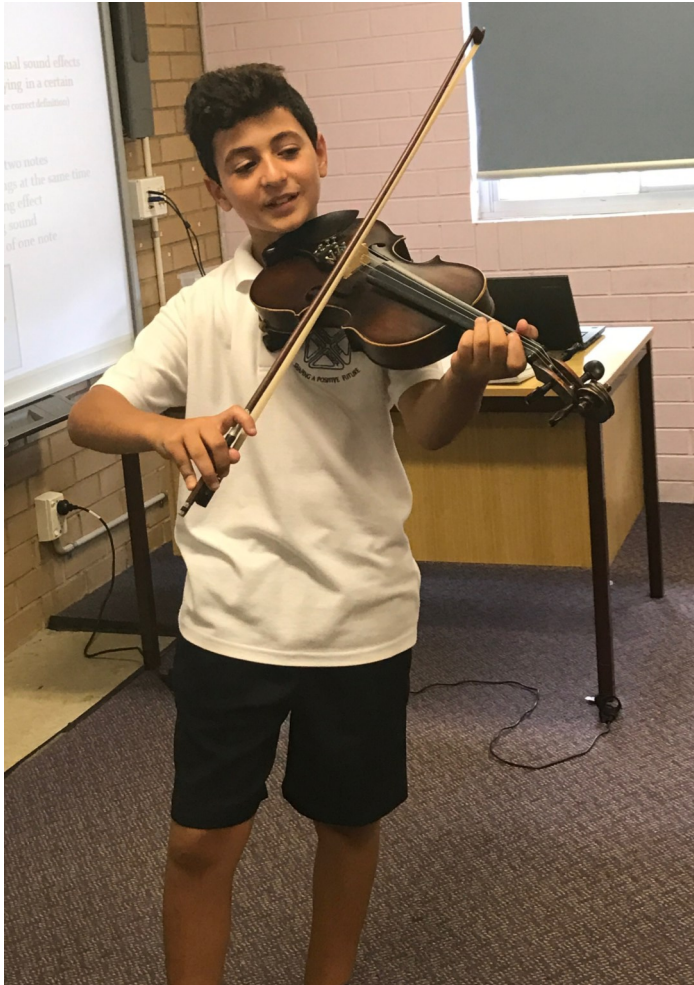
Year 7 students in music have just concluded their unit on the instruments of the orchestra and creating musical instruments from recyclable materials as part of their sustainability project. Year 8 students have recently completed their unit on Popular Music experiencing the large differences between the differing styles. Year 7 Art students have continued their studies of the Elements of Design with students in Year 8 continuing to work on their masks in class from the unit Rites, Rituals and Traditions. Elective subjects in both Art, Music and Photography have begun to work upon major projects to be completed into the next term.

Term 1 also saw the continuation of the QHHS Rock Band program with a multiple of performances on assembly ranging in style from the heavier covers of “Crazy Train” by Ozzy Osbourne to the softer and emotive versions of “Photograph” by Ed Sheeran. A small group of hard working and dedicated students have also begun to write their own songs during compositional workshops after school and will be looking to debut their works on stage starting next term.

The end of the term also saw the mounting of the 2016 Year 10 mural designed and created by the art students of Year 10 and Mrs Marissa Josselyn.

Creative Arts would like to remind students that their exams for art, photography and music will take place in Week 2 of Term 2. To ensure students’ success in these exams it is advised that they revise for these exams over the holiday period, as class time will be limited.





## STUDY SKILLS FOR APRIL

### CARROT OR STICK?

#### Are you a 'carrot' or a 'stick' person?

Knowing whether you are motivated by avoiding pain and the pressure of consequences or by achieving pleasure and rewards can help you (and your parents) work out the best way for you to be motivated to do your work for school.

The concept comes from the idea that to make a donkey move forward you can either tempt it with a carrot (a reward) or threaten it with a stick (a punishment).



Now we are not saying that you are a donkey! But we are saying that different things motivate different people.

You are likely to be more of a 'carrot' person if you:

- tend to be focused on achieving goals
  - make lots of plans and lists for yourself
  - find the concepts of rewards and prizes very motivating
- often have a clear picture of what you want to achieve

You are likely to be more of a 'stick' person if you:

- tend to leave things to the last minute
  - put off unpleasant tasks
  - prefer to do things when you 'feel' like it rather than when you plan it
- like the idea of rewards but aren't keen on doing the work to achieve them

If you are a 'carrot' person, you can get yourself motivated to do the work by breaking down the task, setting targets and goals and making plans. The thought of getting a good mark or achieving a prize is very motivating for you. Your parents can motivate you further by offering rewards for achievements!

If you are a 'stick' person, you find it harder to get yourself motivated to do the work. You are more likely to work when you focus on the consequences of NOT working. When you are putting things off, spend a minute or so brainstorming all of the outcomes if you do not get started on the work. Then decide the first 3 most important things for you to do. Don't worry about the rest at this stage, just focus on the top 3.

For parents of 'stick' children, these students may often require more micro-management. Students may need help in determining what they are going to work on, and parents may need to then check in every half hour or so to ensure students are staying on task. These



students will be more motivated by negative consequences such as removal of technology or other privileges if outlined working conditions are not met. However it is a good idea to always balance the introduction of consequences for not doing the work with rewards for doing it! This may not be the driving force for their motivation, but positive reinforcement for doing the right thing can lead to really good outcomes.

For students who get frustrated with themselves being 'stick' people and leaving things until the last minute, you can start to move towards becoming more of a 'carrot' person. Identify some of your 'carrot' friends, and start to model their behaviour. Ask if you can plan the work together and check in regularly with each so you stay on track. It is possible to switch from one modality to another! However no-one can make you do it, you need to want to change and then you need to work towards switching your mindset.

You can learn more about how to get motivated at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) by logging in with the details below and working through some of the units, particularly the unit on MOTIVATION. On the Things to Print page are some useful handouts for parents and students about how to build motivation.

**Username: quakershillhs    Password: 45success**

## ENGLISH FACULTY

Students have completed their English assessment tasks for Term 1 in all year groups. Well done!

Early next term teachers will be helping students prepare for their half yearly examinations by revising the content and skills they will be assessed on.

### Half Yearly Examinations:

**Year 7** will be completing a reading comprehension task and a writing task

**Year 8** will be completing a reading comprehension and creative writing task

**Years 9 and 10** will complete a reading comprehension task and an extended response

Each year group will also begin a new unit of work, with Year 7 looking at poetry with a focus on poetic language, forms and features. Year 8 and 9 will begin a novel study with a focus on characterisation. Year 10 will commence a unit on Macbeth with a focus on power and visual representation.

The English Faculty wishes all students and their families a happy and safe 2 week break.

**Measles outbreak in western Sydney**

There is currently an outbreak of measles in South Western and Western Sydney, with at least 9 people having acquired the disease in the region during March 2017.

The reported cases include children and infants who have attended childcare centres and secondary schools. There is potential for the measles outbreak to spread further as the infected young people have large social networks both within and outside of their schools, and some have travelled on public transport whilst infectious. Measles is highly infectious and anyone who isn't vaccinated is at risk of infection if they have had contact with an infectious case.

Immunisation is effective in preventing measles. It is important for everyone to ensure that they have received at least two doses of measles containing vaccine (MMR). Infants and young children are vaccinated with measles containing vaccine at 12 months and 18 months of age. Older children and adults born during or after 1966 should ensure that they have been vaccinated with two doses of vaccine. Unless people are certain they have had two doses of measles vaccine, they should visit their GP as soon as possible for free measles vaccination.

The first sign of measles is usually a high fever, a runny nose, cough, and red, watery eyes. The rash usually starts on the face and upper neck and spreads over the body, hands and feet. The rash lasts for 4-7 days.

People with measles symptoms should seek medical advice as soon as possible phoning the emergency department or GP beforehand, stay home from work or school, and limit other activities to avoid exposing other vulnerable people, such as infants, to the infection.

Further information about measles can be found on the NSW Ministry of Health website at:

[http://www.health.nsw.gov.au/Infectious/factsheets/Pages/Measles\\_Factsheet.aspx](http://www.health.nsw.gov.au/Infectious/factsheets/Pages/Measles_Factsheet.aspx)

# Science Matters!

A snap shot of students in Science this term

## Year 7

Year 7 students started this term with the *Welcome to Science* unit with much excitement and enthusiasm. The anticipation of being able to light the Bunsen burner on their own and gain their licence was at the forefront of all of their minds! Above is a student taking the test, demonstrating the safe lighting of the Bunsen burner.







Year 7 students took on the role of being 'scientists', learning about the different branches of science, analysing safety issues, identifying equipment and how to write practical reports. These skills were put to the test when each student undertook their investigative task, of choice, presenting their evidence and findings as a video recording and a written report.

## Year 8



As part of their assessment task for this term, Year 8 students created models of simple compounds showing the elements they are made of and the way these molecules join together. During Weeks 6-9, the Science staffroom was full of brightly coloured Styrofoam balls carefully assembled and labelled, representing the molecular structure of different compounds. The students are congratulated for the effort they have shown in completing this task.



## Years 9 &amp; 10



Year 9 students busied themselves with the *Survival, and Keeping it under Control* units of work. A joint assessment task with the English and Geography faculty allowed students to appreciate the relevance of learning across the KLAs. They focused on the biomes of the world, its connectedness to Australia, as well as raising awareness of how we can sustain these ecosystems. A closer look at the sheep's brain facilitated an understanding of how we stayed coordinated in our actions and thinking.

Year 10 students studied the chemistry section of the stage, undertaking practical lessons to simulate the effects of the various types of chemical reactions and its impacts. A take home task on acid-base identification of household products and an in-class assessment on scientific practical reporting writing skills were tested this term.



## VISUAL ARTS EXCURSION

# 10.3.2017

Mrs Josselyn, Mrs Harkness, MrKantek, and Ms Spring would like to extend our warm appreciation for the wonderful day we had when we accompanied our Yr10 and 9 Elective students to the ArtExpress exhibitions. All students were actively engaged and excited to be at such interesting venues– The Armory at Sydney Olympic Park and The Art Gallery of NSW, we were proud to witness their interest and interactions with the work created by the most successful HSC students in the state last year. We hope they draw great inspiration for their own art making in "Surrealism" and "Art and Text".

Across all years students will now be finalising their research assessment tasks and participating in literacy extension tasks to prepare them for the examinations early next term. All this work is based on the themes they are creating artworks with in class.

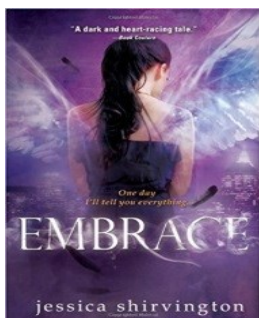


## Reading Recommendations from Our Library Leaders

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### **Embrace – By Jessica Shirvington**

Review by Zoe Morgan (Year 9, 2017)



Violet Eden, a recently discovered Grigori, part human, part angel, is one of the most powerful ever born, but does she want to fulfil her destiny? And what secret is Lincoln keeping that could tear their friendship apart? In 'Embrace', angels of light and dark fight for control over the human world while secrets are revealed and everybody sees where their true loyalties lie. After Violet's mum mysteriously dies during childbirth, Violet is left to pick up the pieces of her dad's broken heart however, not all is as it seems.... And then there's Phoenix. Where did he come from? How did he find

her? Is she falling for him?

'Embrace' is a compelling novel about a girl's struggle with her destiny, determined from birth and ultimately unchangeable. Violet's struggles are relatable and readers are able to ride the roller coaster of emotions with her; confusion, doubt, guilt, anger, sadness, pain, heartbreak, acceptance, loneliness, love, achievement and loss. The story keeps you guessing with the addition of new characters, new problems and blood pumping action. The book is written really well, showing how Violet is coping with her new life and the changes it makes to her relationships and life aspirations. This thought provoking book puts you in her shoes and allows you to feel empathy for her position, but also excitement and anticipation for what lies ahead of you.

I would recommend this book to fans of action or romance who don't mind a little fictitious content. I usually don't read books in the fantasy genre, but 'Embrace' is written in such a way that you forget you are reading about angels and can instead focus on the plot, characters and action. The four sequels to 'Embrace'; Enticed, Endless, Emblaze and Empower are equally as irresistible and satisfying, so I highly recommend you read those as well. Other books by Jessica Shirvington, such as the Disruption series and 'Between the Lives', are also great reads. I give this book a well-deserved five stars!

**RATING:** ★★★★★

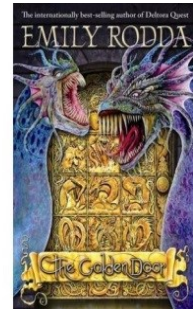
### **The Golden Door – By Emily Rodda**

Review by Jordan Peters (Year 10, 2017)

The Golden Door is a fantastic adventure novel about a young boy named Rye. Rye lives in a walled city called Weld where he, his mother Lisbeth and his two elder brothers, Dirk and Sholto, lived peacefully and happily until the invasion of the Skimmers, winged savage beasts that terrorise the city of Weld at night, feasting on the warm-blooded creatures that live within its wall. After years of this, the city's Warden has proclaimed a

challenge for the men of Weld to venture beyond its wall and find the Enemy responsible for sending the Skimmers. Rye knows he is too young, but after he has lost his home to Skimmers and both his brothers to the land beyond the wall, he knows he must find them at any cost.

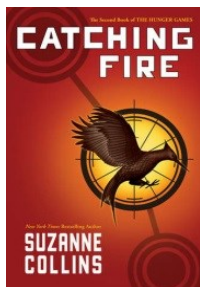
I loved this book and this series, particularly because of the way it links it to the Deltora Quest series, referencing it numerous times throughout the series. It really kept me reading page after page, from one scene to the next. I feel that Emily Rodda did an amazing job painting the scenes of the book, as well as creating a magnificent story that anyone can enjoy. Overall, I found the book was suited to any audience in Year 6 and above. It ties amazingly well into the other books in the series as well as the Deltora Quest series. Another engaging story by Emily Rodda.



RATING: ★★★★★

### ***The Hunger Games: Catching Fire – By Suzanne Collins***

Review by Yashvi Krishnar (Year 9, 2017)



The Hunger Games: Catching Fire is the second instalment to The Hunger Games series and is written by Suzanne Collins. Catching Fire is a dystopian-future, adventure novel. Katniss and Peeta have had a double win at The Hunger Games, leaving the Capitol as the joke of the Panem. President Snow has his eye on Katniss, making her feel trapped in her own home and as the 75th anniversary of The Hunger Games (Quarter Quell) arrives, each of the victors from the past games are elected to go to the arena one more time. She can't make a false move or else everything she has and loves is gone. President Snow says he knows how Katniss really feels about Peeta, and that she sneaks into the woods on Sundays with Gale. It reminds her that one Sunday, after The Hunger Games, when the media attention finally faded, she went into the woods and saw Gale there. He kissed her. President Snow says Katniss needs to convince everyone that she still loves Peeta during the tour; otherwise Gale's life might be at risk. In the arena her team makes a plan, however Peeta and other victors are picked up by the Capitol, she learns the truth about District 13, and she becomes the Mockingjay.

I would recommend this book to teenagers, young adults and adults. If they have read the "Divergent" series, they would enjoy the series also.

RATING: ★★★★★

**Support our Show, Indulge in a Sensory Scentsy  
Experience & Win Something for your Precious Mother**

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In readiness to deliver a fabulous 2017 musical production, 'That Moment When', we have embarked on a fundraising collaboration with Scentsy, the producer of aromatic and chic handcrafted warmers, diffusers and scented wax bars.

With Mother's Day fast approaching, we encourage lovers of compelling scents and quality craftsmanship to join our school Scentsy party and make a purchase. For every order placed online, our Scentsy consultant will donate \$2 to our school fundraising efforts. Each person who makes a purchase will also receive two complimentary raffle tickets that then put them in the draw to win a contemporary three tiered electric warmer, valued at \$99, a warmer stand and 6 fragranced Scentsy wax bars (Whiteout, Crisp Orchard Air, Cozy Chai, Central Park Pralines, Sweet Plum Pastry & Clementine Clove) valued at \$60.



The QHHS Musical Scentsy party page can be found at: <https://breemutch.scentsy.com.au/party/7547801/quakers-hill-hs-fundraiser> and will remain active until Thursday the 11<sup>th</sup> of May. All payments are safe and secure and are protected by Scentsy's encrypted website.

Students can purchase tickets for our Mother's Day Musical raffle from the Library on your behalf or you could make a purchase at our Parent Teacher Evening on Tuesday the 4<sup>th</sup> of April. Raffle tickets will sell for \$1 each or 3 for \$2. The raffle will be drawn on Thursday the 11<sup>th</sup> of May in Term 2 and the winner will be announced on Facebook and contacted directly by phone.

## Attention Members of 'That Moment When' – Cast & Crew Photos are Scheduled for 31 March

On Friday the 31<sup>st</sup> of March in Week 9 of this term, we will be conducting the Musical Cast and Crew Photo Shoot. The 'Calling Sheet/Schedule' outlining which students are required during each time-slot has been emailed out to students' DoE email accounts. We have allocated each student a 10 minute time slot with a few of their peers and aim to return them to class after this time, with a 'Return To Class Pass' detailing their time of departure from the Library.

If there is a conflict with a time-slot, Year 7 students are to receive their injections as a priority and are to report to the Library afterwards. Alternatively, they may opt to have their photo taken before school. This must be negotiated with Ms Lachevre.

**Cast & Crew Members are required to:**

- Bring a plain black shirt/top/dress along to change into for the photos (no patterns or logos).
- Wear makeup and have their hair done in a complimentary fashion.
- Wear their full uniform for the entire school day, changing into their black top in the Library.

**What will happen with these photos?**

- The photos will be included in the Musical Program.

## Tarah Porter-Sabogal Reflects On Being a Part of the 2017 Composition Band

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The composition band is an amazing team to work with. The group is full of talented teens with a passion for music and song writing and is run by Mr Cole. The group meets up after school on Wednesdays and collaborates and shares ideas in the creation of original songs. So far, the band has already starting working on six songs and some of them are nearly ready to record. Being a part of this group creates bonds with other students you may not have known previously, it gives you the chance to develop something you love and helps you in creating a song of your choice.

Hanging out with these other students is a fun and chilled experience. They are so incredibly nice, and exceptionally talented, and with their assistance and support my song has evolved from me simply playing a guitar in isolation, into a richer composition and in my opinion, the perfect song.

## An Important Message for Students Enrolling in QHHS for 2018

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All Year 6 students enrolling in QHHS for 2018 are required to complete a Student Interest Survey through Survey Monkey. This diagnostic tool allows our teachers to better understand the needs and interests of their future students. To access the survey, go to: <https://www.surveymonkey.com/r/2017Yr6>.

If you have any questions regarding the survey or the transition program at QHHS, please don't hesitate to contact me.

Regards,

Melissa Lachevre

Year 6 Transition Coordinator

Email: [melissa.lachevre@det.nsw.edu.au](mailto:melissa.lachevre@det.nsw.edu.au)



# QUAKERS HILL HIGH SCHOOL

70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747

E-MAIL: quakershil-h.school@det.nsw.edu.au

PRINCIPAL: Mrs. Lauretta Claus



28<sup>th</sup> February 2017

Dear Parent/Guardian,

We are offering the cast and crew of our 2017 production of 'That Moment When' the opportunity to purchase a show T-shirt as a memento of their experience and as a reminder of their hard work and outstanding efforts. Students that purchase the commemorative shirt will be permitted to wear it as part of their school uniform in the two weeks leading up to the show.

The shirt will cost students \$25 and all payments will need to be finalised by Friday, Week Two of Term Two (5<sup>th</sup> of May) at the front office. Please retain your receipts.

If you wish to purchase a T-shirt, please fill in the lower part of this note with your child's details, nominate the correct t-shirt type and size and indicate whether they require a cast or crew version of the shirt. (Sample sizes should be available for fittings later in this term. The availability of t-shirts for fittings will be announced through Crews News.)

The purchase of the shirt is not obligatory in any way, but rather an opportunity for your child to have a keepsake of their experiences during this production.

Sincerely yours,

Melissa Lachevre  
Musical Producer

## 'THAT MOMENT WHEN' CAST AND CREW SHIRT

*(To be given in to the QHHS front office with full payment for the shirt)*

I would like to purchase a shirt for my child: \_\_\_\_\_ of year: \_\_\_\_\_ for \$25.

(PS Participants: ☐ Quakers Hill East PS ☐ Hambleton PS ☐ Quakers Hill PS ☐ Barnier PS)

Please tick:

Cast <input type="checkbox"/>		Crew <input type="checkbox"/>	
Kids Sizing			
<i>(Select from this range if you tried the kids shirts provided)</i>			
Kids Size 12 <input type="checkbox"/>	Kids Size 14 <input type="checkbox"/>	Kids Size 16 <input type="checkbox"/>	
Ladies Sizing			
<i>(Select from this range if you tried the ladies shirts provided)</i>			
Ladies Size 8 <input type="checkbox"/>	Ladies Size 10 <input type="checkbox"/>	Ladies Size 12 <input type="checkbox"/>	Ladies Size 14 <input type="checkbox"/>
Men's Sizing			
<i>(Select from this range if you tried the men's shirts provided)</i>			
Men's Small <input type="checkbox"/>	Men's Medium <input type="checkbox"/>	Men's Large <input type="checkbox"/>	

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Dissection Code: 056 004**

*(Office Staff: Please forward to Melissa Lachevre upon receipt)*

A Nirimba Collegiate School For Years 7-10



# THAT MOMENT WHEN - 2017 QHHS Musical Cast & Crew Shirts

Place your order for the 2017 QHHS Musical T-Shirt at the QHHS Front Office by Friday of Week 2 in Term 2 (the 5th of May).  
This chic and exclusive fashion necessity can be yours for just \$25.

Order forms can be picked up from the Library front desk and size samples can be tried in the Library during Recess & Lunch .

These shirts can be worn as part of your school uniform during weeks 7 & 8 of Term 3,  
in readiness for our outstanding production of 'That Moment When'.

FRONT



BACK #1



BACK #2



## Blacktown West Netball Club



Blacktown West are looking for players in the following age groups.  
U/13's and U/14's. If you'd like to play netball and haven't registered or  
have friends who would like to join in, please contact our President  
Fiona Armitage on 0402 222 846.

Netball season is just around the corner with competition commencing  
on 25th March.



## **INFORMATION FOR PARENTS**

### **STUDENTS LEAVING EARLY**

If you need to pick up your child early from school:

1. Write them out a note in the morning.
2. Tell your child to take the note to the office before roll call.
3. The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.
4. Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

### **STUDENTS WHO ARE LATE TO SCHOOL**

If your child is late to school and have missed roll call, they need to go straight to the front office to be marked in late. If they are accompanied by a parent or have a note covering their lateness, they will not receive a lunchtime detention.

If your child is late to school and they do not have a note or a phone call explaining their lateness, they will be put on a lunchtime detention.

### **MEDICAL**

Any students who is on an anaphylaxis or severe asthma plan will need to send in an updated copy of their current Action Plan from their doctor to the office.

**EVERY THURSDAY ALL STUDENTS FINISH EARLY AT 2.30pm**

**THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING  
FROM 8.10—9.30AM**

**PLEASE CHECK OUR WEBSITE AND FACEBOOK PAGE REGULARLY**

# QUAKERS HILL HIGH SCHOOL

## P&C UNIFORM SHOP ORDER FORM

ITEM	PRICE	QUANTITY	SIZE	AMOUNT
<b>GIRLS 7, 8, 9 &amp; 10</b>				
Tartan Skirt	\$50.00			
Business Shirt White with Logo	\$25.00			
Polo Shirt White with Logo	\$25.00			
Long Pants – Navy	\$40.00			
<b>BOYS 7, 8, 9 &amp; 10</b>				
Shorts – Navy	\$25.00			
Long Pants – Navy	\$30.00			
Business Shirt White with Logo	\$25.00			
Polo Shirt White with Logo	\$25.00			
Sloppy Joe–Dark blue with Logo	\$30.00			
Jumper Navy with Logo	\$65.00			
School Scarf (Pre-order)	\$10.00			
Tie – Unisex – Optional	\$20.00			
School Scarf	\$10.00			
<b>SPORTING ITEMS</b>				
Sports Shirt	\$30.00			
Sports Shorts	\$25.00			
Sport Trackpants	\$35.00			
Sport Jacket (Microfibre)	\$55.00			
Super Trackpants (extra long)	\$40.00			
DATE OF PURCHASE: .....		TOTAL AMOUNT:		.....
OFFICE ASSISTANT:.....		STUDENT'S NAME:		.....
SASS REQUIRED:      YES      NO		STUDENT'S YEAR:		.....
RECEIPT NO: .....		GOODS TAKEN:		
CASH / CHEQUE / CREDIT		YES / NO		
Credit Card No: .....				
Expiry Date: ____/____				
Name on Card: .....				
Signature: .....				

Effective: Term 2, April 2016



# EMAIL ADDRESS REQUEST

## Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus

Principal

February 2016

-----"-----"-----"-----"-----"-----"

## QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: \_\_\_\_\_ YEAR: \_\_\_\_\_

PARENT'S EMAIL ADDRESS:

[illegible][illegible]

PARENT/CARER SIGNATURE: \_\_\_\_\_

**CHANGE OF PERSONAL DETAILS FOR STUDENTS**

*(PLEASE PRINT)*

**NAME OF STUDENT:** \_\_\_\_\_

**YEAR:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**MOBILE NO:** \_\_\_\_\_

**CARER 1 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**CARER 2 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**EMERGENCY CONTACTS:** \_\_\_\_\_

\_\_\_\_\_

**MEDICAL PROBLEMS (IF ANY)** \_\_\_\_\_

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763

Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: quakershil-h.school@det.nsw.edu.au

Website: www.quakershil-h.schools.nsw.edu.au

Principal: Mrs Lauretta Claus



## KILDARE ROAD MEDICAL CENTRE

### INTRODUCING....Dr. Phil Humphris, MBBS, MIPH, RACGP

Dr. Humphris has worked as the Medical Officer in remote Aboriginal communities in central Australia and has also undertaken extensive humanitarian work in Ethiopia, the Middle East, Sudan and other regions. Dr. Humphris is particularly interested in the health of Aboriginal people, migrant health and chronic disease management.

*If you would like to make an appointment with Dr. Humphris, you can do so online at [kildaremedical.com.au](http://kildaremedical.com.au), via the Appointuit App or by calling Reception on 8822 3000.*

OPEN EVERY DAY 8:00AM TO 8:00PM

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