



UPCOMING EVENTS

Monday 13 February
Barista training day
P&C Meeting 7pm

Monday 20 February
Elevate Study Seminar
Blacktown Zone Trial Day
No. 1

Tuesday 21 February
Barista excursion

**Wednesday 22 –Friday
24 February**
Year 7 Camp

Thursday 23 February
Zone Swimming
Primary Prosperitas Men-
toring Meeting 3.30-5pm

Friday 24 February
Contact issued

Monday 27 February
Science Enrichment Day
Year 10
Blacktown Zone Trial Day
No. 2

Tuesday 28 February
School Photos
Year 5/6 Information
Evening 7pm
Science Enrichment Day
Year 10

Monday 6 March
Catch up day for School
Photos

Thursday 9 March
Selective exam



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Support Unit News Page 22

MESSAGE FROM MS CLAUS

SAD NEWS

By now many of you are aware of the sudden and tragic death of Ms Louise Grantham one of our wonderful Maths teachers. Currently the school is putting in a number of measures to support all students affected by this tragedy and we will continue to offer support to Louise's family. The school is planning a memorial for Louise, details which will be provided in a later CONTACT.

Whilst I am on secondment to the High Performance Unit of the DoE as a member of the Principal School Leadership team, Rebecca Mahon will be Relieving Principal Semester 1 and Beaty Maricic will assume this role in Semester 2. I have every confidence in my two outstanding Deputy Principals and know I leave the school in extremely capable hands.

Following is the speech I made at Louise Grantham's funeral:

I often speak on assembly and at

staff meetings about the fact that I believe teaching is the most important profession in the world. I justify this comment by saying what teachers do in the classroom is to educate and shape the doctors, lawyers, engineers, fireman of the future. Louise's approach to the teaching profession typified this attitude. Every day she came to school ready to work with her students, to shape their future, build a pathway for them which would allow them to forge a positive future for themselves and others. Louise's commitment as a teacher epitomised Nelson Mandela's view that "Education is the most powerful weapon which you can use to change the world. An investment in knowledge pays the best interest."

Louise was appointed to QHHS



**Education &
Communities**

January 2012 as part of the Mathematics retraining program. From day one she demonstrated to her students and the other members of the staff that she would do anything to support the learning of her students. As she would open the door to her classroom to greet them it was always with a smile on her face and ready to make a positive connection with the members of that class. I am reminded about a comment that one of our Year 10 boys made to Mrs Mahon at the end of last year, his words “Ms Grantham is a very nice lady” – this sort of comment speaks volumes about how the student population viewed Ms Grantham. Kuldip Khehra QHHS HT Maths once said to me at a meeting where she was describing her faculty, she compared it to a soccer team. Using this sporting metaphor, she described Louise as one of the strikers of the faculty, a player up the front ready to score and drive home the winning advantage – she said Louise was always pushing the agenda looking at better ways to deliver the maths curriculum and improve the numeracy learning outcomes for all students at our school. She was making an investment in knowledge.

But Louise’s commitment and compassion for student learning went well beyond the conventional classroom. Louise was a highly valued member of the school’s welfare team. As a Year Adviser she was diligent in her efforts to make sure the students in her cohort, were settled, coping well with their learning and had the ready support at their fingertips if they needed additional help. She was a fabulous mother figure to all 247 students in her year group. Quiet and demure always with a smile on her face but there was also a tough side to her – she had 3 students in fact with very poor attendance patterns. She was relentless calling up home, requesting parents meetings to look at how she could improve these students attend-

ance and assist the families in getting their children to school and their need to comply with regular attendance expectations. It was all about making sure that her students were successful.

Martin Luther King once said “The function of **education** is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true **education**. Louise’s practice as a teacher demonstrated that she was really committed to such a goal. In fact there were many occasions in school holidays where you would find Louise at school tutoring or teaching students who wanted extra help or working with her accelerated class. She would spend many additional hours outside of teaching her classes to enhance her student’s critical thinking and develop their character. In my job as Principal, there are many occasions where my patience is tested by staff coming and telling me how busy they are and why they cannot complete something because they just have too much to do. Louise never complained about being too busy, she took everything in her stride and saw it all as part of her daily work as a teacher, her goal was to do whatever needed to be done to help her students. No matter the hours, time required even on during holidays. If only the Daily Telegraph would have come and seen her in action during school holidays and reported that to the public about what quality teachers do!

It was not just the students who adored Ms Grantham she was also admired by so many of her col-

leagues, many of whom are here today. The true testament to how highly they valued Louise as a colleague is in the fact that many staff happily gave up their Friday afternoons to help transport the chess club around Western Sydney so the students could participate in the Western Suburbs Chess League. Louise was in charge of the Chess Club and because Louise had asked for help and assistance, many put up their hands, clearly indicating the high regard so many of her colleagues had for her as a teacher and as a person.

Today we are all here feeling sad about our loss, and our hearts go out to Chris, Emily, Freya, Gemma, Hannah and Zac during this most difficult time. We know that her children were at the centre of her world and she was very proud of all of their achievements, achievements she happily shared with her colleagues. And so I say to each of them that I know that they are hurting but one of the best ways they can remember the wonderful person that their mother was is to every day get up and work hard and be the very best person they can be, just like their mother did. And I make this promise to each of you that at QHHS we will do everything we can to ensure the positive commitment your mother showed to all students at our school continues, is as a constant reminder of the wonderful legacy she has left as an educator.

Oprah Winfrey once said, "For every one of us that succeeds, it is because there's somebody there to show you the way out. The light doesn't always necessarily have to be in your family; for me it was teachers at school." The students at Quakers Hill HS have been blessed with the light that Louise Grantham gave them.

Lauretta Claus

PRINCIPAL'S REPORT

Welcome back to all of our students, those who are returning to us, and those students who are here for the first time. Presently we are busy enrolling students who have moved into the area, setting up classes and finalising timetables.

A special welcome to Mrs Frances Lawson-Cohen, who joins our Executive Team as Head Teacher Administration. Rosa De La Piedra Licham who will be our school counsellor on Tuesday, Wednesday and Thursday and Kerrie Delaney who will be with us on Mondays and Fridays. We also welcome Ms Priya Raju to the Science faculty as she takes over Mrs Gideon's role while Mrs Gideon is on maternity leave. Similarly, Mr Luke Cole will be replacing Mrs Amy Nicholls whilst she is on maternity leave. Mr Josh Tomlinson will be remaining at our school assisting with the Year 8 Literacies for Life program that we started last year.

SCHOOL PRIORITIES FOR 2017

1. Our students - Literacy & Numeracy skill enhancement through our ALARM program, grammar and language conventions focus, numeracy skill development and our PCL projects which will focus on Sustainability for 2017.
2. Our Staff - Teacher Quality & Leadership with a particular focus on assessment as learning, goal setting and peer to peer assessment.
3. Our Community - Community Engagement & Links achieved through our ATSI community program, our Primary Prosperitas program and our Summit Citizenship Program

PROJECTS OVER THE HOLIDAYS

QHHS was a hive of activity over the holidays. The cleaner's room was emptied and all fixtures gutted in preparation for its re-emergence as a book room. The English book room was similarly gutted and modified in preparation for B9 and the book room to become a dedicated 21st learning space/ STEM room. The oval was re-seeded and is now being watered daily in order that it can be used more widely during the year. The COLA/basketball courts were resurfaced and relined and are looking fantastic. They are going to be a great resource for our students for many years to come.

SCHOOL FEES POLICY

Our school policy is based around the collection of fees being undertaken in a timely and systematic manner with a range of supporting procedures that are understood by staff, students and parents. Failure to have a clear policy regarding the collection of course fees could lead to reduced curriculum offerings.

DEFINITION OF TERMS: There are two categories of school fees:

- *Voluntary School Contribution fee:* this helps to enhance QHHS provision of educational, sporting and other extra-curricular programs.
- *Course fees:* These fees are mandatory and go towards paying for materials consumed during the production of student work and projects i.e. food, wood, textiles, paints, canvas and so on. All course fees are kept to a minimal rate and any changes are negotiated with the Principal and published for the information of students and the school community.

VOLUNTARY SCHOOL CONTRIBUTION FEE or GENERAL SCHOOL CHARGE \$80.00 has been set for payment to assist in the development of the school and its resources in order to ensure a first rate educational opportunity for all students. Much of the funds raised by this fee will be directed to library resources, technology facilities, musical instruments, sporting equipment and teaching resources.

If paid during Term 1, the fee is reduced to \$60.00 to act as an incentive. Parents are requested to approach the Principal directly should there be some difficulty making this contribution or if payment by instalments is required. Payments as minimal as \$5 a month are acceptable.

YEAR 7 SUBJECT CHARGES

TAS Technology \$50.00 (incl. Industrial Arts, Home Economics & Agriculture)

CAPA Music \$20.00

Art \$50.00 TOTAL \$120.00

For Year 7 students, this additional annual fee of \$120.00 is charged to cover all consumable materials used through the year in the Creative & Performing Arts and Technology faculties. The payment of this fee provides the school with funds to purchase all the materials necessary for use by students in these subjects, taking advantage of bulk buying and GST free prices which can be obtained by the school. All fees are payable to the school office before school, at recess or lunch and a receipt is issued.

YEAR 8 SUBJECT CHARGES: are as above

ELECTIVE COURSE FEES

Some courses attract additional fees as a result of their use of consumable materials. All costs are kept to a minimum but are necessary in order to provide the materials necessary to meet the practical components of the course. **Students who elect to take these courses are required to pay for the materials that they use. Students who have not paid their fees or negotiated a fee paying schedule will not be able to participate in practical lessons and may be moved to a non fee paying subject.** In consideration of this it is important to note that there are many non-fee paying electives that students can choose.

Course invoices will be sent out to parents within the next couple of weeks.

PRINCIPAL'S GOLD AWARDS

Congratulations to the following students on receiving their Gold Principal's Award:

Year 9—Luke Dickson, Darren Gonzales x 2, Zoe Morgan, Zayne Thomas-Davies

Year 10—Jemma Getty, Paige Troughton



DEPUTY PRINCIPAL'S REPORT

Vale Louise Grantham

During the holidays, we had the unexpected passing of a staff member, Louise Grantham.

Ms Grantham came to Quakers Hill High School in 2012 as a retrained Mathematics teacher. She had a passion for teaching and supporting the needs of all students, which saw her embrace a number of school projects that have supported students and enhanced the professional learning programs of her colleagues. Appointed as a Year Advisor, she took on the substantial welfare role of managing the 240 students, being our current Year 9 cohort, within her care ensuring that the students' social, emotional and educational needs were addressed. Ms Grantham managed our chess programs, facilitating participation in the NSW Junior Chess League Metropolitan Schools Competitions. To do this she gave up Friday afternoons and weekends to transport, support and supervise competitors. She also took on a range of grade Sport teams in her time. Furthermore, during her holiday breaks she would usually be at school providing her students with additional study preparation. All of this saw her recognised with achieving the Nirimba Learning Community Staff recognition award for "Excellence in Teaching".

As a colleague she was much admired for her warm nature and was a fine example of what a resilient person could achieve. She showed that she was a life-long learner. We were so privileged to have her as a colleague, and she was such an asset to public education.

She leaves behind a young family and our thoughts are with them as they go through this challenging time.

Relieving Deputy Principal's Report—K Khehra

SMART EXPECTATIONS

SMART (Safe, Motivated, Academic, Respect and Tolerance) are the 5 core values that our school has. Last year the data that was generated from students indicated that for every 1 negative referral there were 4 positive referrals. There was in excess of 30 000 positive referrals and we wish to increase this for this year.

Below are the SMART expectations that we have when we are in the classroom:

Safe	Motivated	Academic	Respect	Tolerant
Stop, think, do Follow teacher's safety instructions when entering and exiting the classroom Walk when I am in the classroom Have my bag in the allocated place Sit on the chair properly	Come to class on time Take responsibility for my own behaviour Bring all necessary equipment to class	Request and accept help Try my best Complete assessment tasks on time Assist others with their learning	Listen to the teacher Recognise other people's right to learn Respect the learning environment Follow the teacher's instructions Speak politely to teachers and peers	Work collaboratively with others Accept individual differences Wait patiently

COMMUNICATION WITH THE SCHOOL

Students are not to take phone calls during lesson time. If you do need to contact your child urgently then you need to ring the front office who will then get the message across to your child.

The communication channels we have at the school are as follows:

- If it is related to a subject then either talk to the classroom teacher or the Head Teacher of the subject
- If it is a welfare matter then contact the child's Year Adviser
- If the matter is of a serious nature then please contact myself Mrs Khehra (for Year 7 and 9), or Mrs Maricic (for Year 8 and 10).

RIDING BIKES TO SCHOOL

Safety is of paramount importance especially when travelling to and from school. For students who ride their bikes or scooters to and from school, it is important that they wear a helmet on their head. Quite often we see students with a helmet but it is on the handle bars. We want to make sure that your child gets home safely and encourage them to wear a helmet when riding a bike.

Students can secure their bikes/scooters and helmets in the bike rack outside the welfare staf-

froom at the front of the school.

Students can supply their own chains to secure their bikes etc. The area is out of bounds and students are to go there to secure their bikes/scooter and helmets and then leave the area. A reminder that bike licences are no longer supplied and that students leave their bikes/scooter and helmets at their own risk. The school cannot be responsible for them.

FEES

Invoices will be sent home in the next fortnight. We encourage you to make payments as soon as possible to ensure your child can participate in all excursions and activities over the year. If you are experiencing financial burden we recommend that you contact the school about a payment plan to make it easier to pay off the fees. Students who did not pay elective fees in 2016 could be withdrawn from an elective class in 2017.

Kuldip Khehra (Relieving Deputy Years 7 & 9)



ENGLISH FACULTY NEWS

Year 7 are starting their English studies examining short stories. They will look at a range of stories in class examining what makes a good story and how our interpretations of a story are unique. Students will examine a range of different literary elements and examine how they change and alter the meaning within a text. This unit will form the basis of their first assessment task, which will focus on reviewing a story they have studied in class.

Through their Area of Study unit this term, Year 8 students are learning what survival means and will study a range of different texts that discuss this concept. Students will look at different survival stories and examine how survival isn't over after one is rescued. Students will have begun defining what it means to survive and brainstormed different coping mechanisms. They will also look at different personal qualities and how they can benefit a person in a survival situation. Students will complete a speech assessment task based on this unit of work.

Year 9 are assessing the impact we have on our environment in our Area of Study unit on The Human Footprint. They will examine the destruction that faces the planet, the causes, consequences and solutions. Students have started this unit by examining sustainable living and everyday solutions that we can implement to lower our human footprint. Students will be completing a collaborative assessment task for this unit with Science and Geography.

Year 10 are starting their year off with a poetic journey. Students are completing a close study of John Foulcher and his poetic works. Over the past two weeks students will have examined the importance of poetry and context and will soon begin analysing their first poem "Harry Wood". This unit is designed to make students consider how language choices can alter meaning and the deliberate connection this may have to an author's context. Students will complete an extended writing task on this unit later in the term.

EQUIPMENT NEEDED:

- Students are required to have a separate exercise book for English (no multi-subject books, please). Students complete a lot of extended written tasks in English and their exercise books are collected frequently by their class teachers for marking.
- Students must also have working pens, a ruler and their school diaries each lesson.



DRAMA

Year 9 are being introduced to Drama through improvisation and playbuilding. Over the past two weeks, the students have been learning a range of improvisation skills and techniques through a range of games and activities. They will use these skills to create playbuilt performances later in the term.

Year 10 have jumped straight into studying commedia dell'arte, an Italian form of theatre. They have been looking at the movements and animals associated with each stock character and will be applying this knowledge of the characters to performances later in the term. They will also engage in mask making as a part of this unit, as each stock character wears a mask to emphasise different characteristics. This goes towards their understanding of costume design.

Hungry for A High School Experience

Our first Year 6 High School Taster Day for 2017



Our first Year 6 High School Taster Day for 2017 is now done and dusted. And whilst the heat tested our metal, it was ultimately a bustling day of new experiences and opportunities for our Stage 3 guests from Barnier PS and Quakers Hill PS. With this taste of high school, the Year 6 students were provided with a chance to sample a diverse range of lessons delivered across five periods, ranging from Art to History, to Metal Work and Science and from English to Drama. Groups were led by our confident and supportive student leaders and together, they built new friendships, developed an understanding of our school geography and an appreciation of the range of subjects available in a high school environment. Our dedicated and passionate staff ensured that compelling and engaging lessons were on offer for ability levels. It appears some of our effervescent leaders acquired a solid younger fan-base by the close of business on Monday, if the feedback forms were any indication. (Though some have the gift of the gab and could sell ice to Eskimos... So those Year 6 students were defenceless to their

charms.)

When challenges presented themselves, our leaders quickly problem-solved and showed a high level of maturity and diplomacy in their responses. They are to be congratulated and thanked for their contribution to this important event.

Our leaders were:

Lillyannah Price		Annika Nadan		Maddison Latham	
Jessica Alfar		Rachel Lee		Ethan Liu	
Celine Amadi		Grace McDonell		Haoyang Cai	
Chloe Elder		Rylea Conlon		Renee Clarke	
Jacinta Bell		Yashvi Krishna		Kenneth Deng	
Kelly Gentles		Cameron Nolland		Natasha Fernandez	
Yuvraj Singh		Layla Darwiche		Erin Wilson	
Renee Hampson		Payal Khatri		Joshua Liu	
Komalpreet Kaur		Kabir Acharya		Neha Khatri	
Samuel Robles		Darren Gonzales		Kopal Mathur	
Lachlan Vella		Tegan McErlane		Liam Morrall	
Kodie Wiggins		Labiba Arshad		Amy Papworth-Buchanan	
Selina Haidary		Tom Markham-Moeller		Rosalie Polis	
Ashmeen Benipal		Rhiannon O'Neill		Renee Rixon	
Cassidy Garland		Tarah Porter-Sabogal		Karan Chhina	
Yazmeen Meedin		Jacob Power		Zachary Shaw	
Deena Poulos		Amelia Stannard		Amelia Smith	
Hayley Rochester		Mya Ukkonen		Andrew Stannard	
Abbie Turner		Hayley Sacco		Jade Walker	
Emily McKenzie		Lindsay Bath		Jason Zhu	
Madeline Rochester		Oliver Turner		Geoffrey Garcia	

REFLECTIONS FROM OUR GUESTS:

"I loved everything and all the teachers were awesome." Dhruu (QHPS)

"Drama was an exciting experience and most likely my favourite subject on Taster Day." Parleen (QHPS)

"It was so interesting!" Duaa (QHPS)

"I really loved the Japanese lesson and the anime club." Moriah (QHPS)

"I loved the student teachers with our group and I really liked the classes I had." Tania (Barnier)

"It was so good. I got four certificates." Kaitlin (Barnier)

"The day could be improved with a longer lunch." Lucas

"Quakers Hill High School could improve my experience by arranging more Taster Days." Henry (QHPS)

"Install air-conditioners, please." Harasus (QHPS)

"The day could be improved by making copies of our Peer Leaders, Andrew, Erin and Labiba." Siena (QHPS)

When is the Second Year 6 Taster Day

Our second Taster Day for 2017 is scheduled for Tuesday the 28th of March in Week 9 of Term 1. If you are interested in having your son or daughter participate in the event, then please contact Melissa Lachevre (Transition Coordinator). (Melissa.lachevre@det.nsw.edu.au)

Year 5 & 6 Information Evening

On Tuesday the 28th of February in Week 5 of Term 1, we will be holding our annual Year 5 & 6 Information Evening. During this night we will have presentations by our Senior Executive about the various facets of our school and then will cap the night off with a guided tour of our school facilities and our various KLAs, with displays and presentations within most faculty areas. The evening will commence in the school hall at 7:00 pm.

The agenda for the evening includes:

- Preparation for high school;
- The Year 6 to 7 transition process;
- The welfare and support programs provided to assist your children;
- The formal curriculum offered at QHHS (an extensive curriculum which caters for the needs of each individual);
- The informal curriculum;
- How Quakers Hill High School caters for individual differences in students;
- The Nirimba Collegiate and its benefits for our students;
- An open forum where your questions will be answered and any concerns can be addressed;
- A tour of the school's facilities (we're a LOT bigger than the view from Lalor Road suggests).

If you have any questions about the event, please contact Melissa Lachevre (Transition Coordinator). (Melissa.lachevre@det.nsw.edu.au)

Year 6 GAT Information Evening

On Tuesday the 7th of February we will be presenting a Year 6 GAT Information Evening in the school Library for those primary school parents that are interesting in learning about the intricacies of our numerous GAT initiatives, the Stage 4 GAT stream and the process of applying for access to the GAT program at QHHS. The evening will commence at 7:00 pm and the presentation will be delivered by the HT Teaching and Learning and the facilitator of our school's GAT program, Karen Critchley. The later portion of the evening will be dedicated to a Q & A session to enable parents to clarify any issues of concern and perhaps discuss their individual child's needs. The event will conclude at 8:00 pm.

We look forward to seeing you there.

Year 7 Orientation Festival

Three Weeks Jam-Packed With Fun



Each year, in honour of our most recent additions to our student body, we host a Year 7 Orientation Festival in Term 1. This event comes to life with a diversity of lunch time activities, hosted by our generous staff and supported by our committed student leaders and these activities range from basketball games, to henna workshops, dance sessions, jewellery making, card games, Karaoke comps and even make-up workshops. The list is really quite limitless. The incentive for student participants is to learn new skills, demonstrate a talent, connect with like-minded individuals and make vital social links at the start of truly important high school journey. The icing on the cake is that by attending and being proactive and motivated to accept new challenges, each participant receives a 'SMARTIES Reward Card' and are on their way to merit award glory. The sessions so far have been overflowing with attendees and it's inspiring to see such an enthusiastic group of individuals so readily prepared to attempt new things.

With two more days of activities to go, we encourage all Year 7 students to maintain the momentum and keep trying what's on offer.

WHAT'S ON NEXT WEEK?

Monday the 13th of February

Lunch	Art Workshop	With Ms Walker	In H10
Lunch	Theatresports	With Mr Dacey	In the Performance Space

Tuesday the 14th of February

Recess	Mastering Chopsticks	With Mrs Watanabe	In D2
Lunch	Knockout Handball Competition	With Ms Spring	In the Quad Area
Lunch	Computer Games	With Mr Brooks	In CR1
Lunch	Theatresports (Day #2)	With Mr Dacey	In the Performance Space

Wanted: Student Leaders – Year 5 & 6 Information Evening *(Term 1, Week 5, 2017)*

We require confident & articulate student leaders to assist with the Year 6 Information Evening on Tuesday the 28th of February in Week 5 of Term 1. This event commences at 7:00 pm with student leaders guiding parents and Year 6 students through the school grounds, providing a positive commentary about the school and answering all questions.

This is a perfect opportunity to showcase your skills, show yourself as a strong school ambassador and receive a merit award, a letter of commendation and recognition from the school's Senior Executive. Your participation in the event will also appear on your school report.

Permission notes are to be picked up from and returned to the library ASAP.

(Students that participate in the Info Evening will receive priority placement for the 2nd Year 6 Taster Day scheduled for 2017.)

Calling For Students Leaders to Showcase their Past Prosperitas Projects

All students that have produced projects for the Prosperitas Competition over the past 4 years are invited to have their project showcased as part of the Year 5 & 6 Information Evening on Tuesday of Week 5. All those individuals that contribute their project will receive a merit award. This will be upgraded to a Bronze Award if you are able to attend on that evening and talk to parents about your project and your experience of the competition. (You will also receive a letter of commendation and this will appear in the Extra-curricular section of your report.)

Permission notes can be picked up from the Library today. Projects can be dropped by ASAP.

Enter the PRC Competition Today And Become an Instant Winner

Enter the PRC Competition today and become an instant winner. The competition is open to students in Years 7—9 and requires that they read 15 books from an extensive PRC list and a further 5 books of their own choosing. (So that's 20 in total!) You simply record the title of the book, the author and the special PRC code on your reading log, which can be collected from the library. You then have you parents, guardian or English teacher verify that they have seen you read that book, and they do this by signing your Reading Log.

Each time you complete 5 books, Ms Lachevre will present you with a merit award and you will then go in the running to receive a Hoyts movie card.

You have until the 19th of August to complete your 20 books. (That's more than enough time.) Each student that

successfully completes the reading challenge and returns their log to Ms Lachevre (by the due date), will be invited to attend a celebratory pizza lunch and will receive a letter of commendation and a certificate of recognition. Your participation in the event will also appear on your school report.

Pick up a reading log today and talk to Ms Lachevre about the PRC books we have in our library. Register your participation on the student interest form found on the library front desk.

ELEVATE

On the 20th Feb Year 10 will have the opportunity to reflect on and improve their study skills as they head into the senior learning environment of Year 10 onwards. It is vital at this that students are exposed to ways to organise their notes and their study. In Year 10 staff often see the “Big Mountain syndrome” where students feel overwhelmed by the work as they focus on all they have to do. We as parents and teachers understand that it is the breaking down of the tasks that leads to success and that gaining an extra mark or two in each task makes a huge difference. It is often a matter of simple maths – 2 extra marks in the term 1 essay, 2 extra marks in the exam, 2 extra marks in the speech, 2 extra marks in the yearly exam. What do you have – an extra 8 marks or more by making simple changes? What is often unseen is the benefit students gain from focusing on making small changes that reap big rewards- what do see instead 16/20 you have 18/20 –an A in most subjects. The cost of this study seminar is \$2.00.

NAPLAN - NAPLAN this year will be held on 15 - 17 May 2017 with the 18th May being “catch up” day for any student who has missed an exam. For Year 9 this year you will read and hear in the media references to students meeting Band 8 in their NAPLAN exam in order to receive their HSC. Please find more details about this incoming change and please note that this is just the first of many opportunities to meet this milestone.

In future Contacts details about how to seek exemption for your child or how to apply for special provisions will be published. All details will be published on the school website in the near future.



GIVE HOCKEY A GO THIS WINTER

Local games for U7s and U9s
Mixed competition for U11s to U17s
Men's competition
Local fun, skills and fitness sessions for Women

TEMPTED?

Take part in a free come and try session;

Tuesday February 21 and again on the 28th 6.30pm to 7.30pm
Cavanagh Reserve Tennis Courts Northcott Road, Lalor Park

AFTER MORE INFORMATION?

Contact Lyn 9674 2876, 0421 798 242
Visit the website: <http://www.kingslangleyhockey.org.au>





Quakers Hill High School invites all prospective
Year 5 & 6 students and their families to our

2017 Information Evening



Tuesday 28th February at 7 PM

Quakers Hill High School Hall

*Change & Innovation. Civic Responsibility.
Academic Excellence. Distinction in Sport & the Arts.*

The evening is designed to inform interested students and their parents of the educational programs and facilities at Quakers Hill High School and to assist them in making a smooth and harmonious transition to high school.



QHHS Year 5 & 6 GAT Information Evening

TUESDAY THE 7TH OF MARCH 2017

7:00 PM - 8:00 PM

QHHS LIBRARY

*Learn about our GAT application process.
Discover the GAT programs on offer at QHHS.
Understand how we can enrich, extend and challenge
your son or daughter to achieve and succeed
with a creative, innovative and rigorous curriculum.*

The evening will conclude with a Q & A session.

**RSVP to melissa.lachevre@det.nsw.edu.au by
Wednesday the 3rd of March 2017**



QUAKERS HILL HIGH SCHOOL

70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747

E-MAIL: quakershil-h.school@det.nsw.edu.au

WEBSITE: www.quakershil-h.schools.nsw.edu.au

PRINCIPAL: Mrs Lauretta Claus



Starting at High School

Now is the time when children and their parents want to find out all they can about the high school they will be attending. It is that time when some children and their parents may be in the process of selecting the most appropriate high school and are seeking information to assist them with this important decision. It is that time when children and their parents should check potential schools out first hand and then come to a decision based on concrete evidence. Here is a valuable opportunity that we invite you to take full advantage of:

Quakers Hill High School Information Evening

Tuesday 28th February at 7 p.m.

Quakers Hill High School Hall

This evening is designed to inform interested students and their parents of the educational programs and facilities at Quakers Hill High School and to assist them in making the transition to high school as smooth and seamless as possible.

The agenda for the evening includes:

- Preparation for high school;
- The Year 6 to 7 transition process
- The welfare and support programs provided to assist your children;
- The formal curriculum offered at QHHS (an extensive curriculum which caters for the needs of each individual);
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- The Nirimba Collegiate and its benefits for our students;
- An open forum where your questions will be answered and any concerns can be addressed;
- A tour of the school's facilities (we're a LOT bigger than the view from Lalor Road suggests).

If you have a specific question you would like answered on the night, you may if you wish contact Beaty Maricic or Melissa Lachevre on 9837 1533 (email melissa.lachevre@det.nsw.edu.au).

We are confident that you will leave this evening more certain about your future with Quakers Hill High School and comfortable in the knowledge that we are indeed "a caring educational community shaping a positive future" for YOUR children.

Lauretta Claus
Principal

Beaty Maricic
Deputy Principal

STUDY SKILLS HANDBOOK NEWSLETTER ITEM FOR FEBRUARY

TOP 5 HABITS FOR STUDENTS

Recently I was asked what I thought the top 5 habits were for students in their last year of school. I came up with this list below, then realised wouldn't it be great if all students had these habits firmly entrenched before they even reached the senior years of school!

So your challenge for this year, no matter what your year level, is to ensure these habits become embedded as part of YOUR practice for learning to help you become an effective learner at school and in your career and personal life.

Want to develop great habits for learning? Here's what you need to do:

1. ENGAGE: Don't just be a bystander, instead be an active participant in your own learning, taking responsibility for what you need to do to achieve your academic best.

This means:

___ You involve yourself in all of your lessons, staying on task, participating in discussions and trying to absorb as much as you can during your classes (and that means less to learn later).

___ You complete all of the set work for your subjects (your teacher gives you this for a reason) and you try and keep up to date in this work.

___ You seek help on anything you don't understand or can't do. This might be from a teacher, a friend, online sources, additional books or study guides. You also do this nice and early, you don't let the problems pile up.

2. ORGANISE: Being organised means that you can find things when you need them, you don't forget about work to be done and you don't have last minute panics. Much less stressful.

This means:

___ You have a good system for managing all of the paper for school, you file away completed work and sort and organise all of the papers you are given.

___ You do the same with your digital resources: well named folders and logical filing structures. You do a back-up on a regular basis.

___ When you are given an assessment task you make a plan for when you will do the work for this task and you adjust the plan along the way as things change.

3. THINK AHEAD: Part of 'stepping up' is that you don't just wait for someone to tell you to do something. You think ahead and work strategically.

This means:

___ If you know there will be exams (and there are always exams) then don't wait until exam time to get your act together. Make your study notes as you go. Every time you finish a topic make study notes for that topic and file it away at home.

___ Make your study notes as you go. Don't fall too far behind. Yes I know I have already said this, but it is so important I am saying it twice. Keep improving and condensing your notes throughout the year.

___ In fact it needs to be said three times. Keep up to date in your study notes. Worst case scenario - catch up every school holidays.

4. STRIVE FOR EXCELLENCE: You want to be able to differentiate yourself from all of the other students, so think what you can do to make your work stand out from the crowd.

This means:

___ You take the time to be thorough when working on essays and assignments. This means lots of planning and brainstorming to start and then multiple drafts over a period of time for editing and proofing (it's good to give the subconscious time to process and evaluate between drafts).

___ You look for additional source material, you read widely and you do more than what is asked of you. But you ensure that in specific tasks you are focused on answering the question and providing depth to your response.

___ You make the most of any feedback you are given (either along the way or after the task) to make adjustments to your approach to your work to improve your outcomes.

5. STUDY SMART: Many students are incredibly ineffective in the way they study. They just stare into their books hoping what they need to learn will magically jump into their heads. If you aren't doing it yet, then it is time to study smart.

This means:

___ You test yourself over and over on the material you need to be able to recall in exams. You don't just read it and hope you will be able to remember it.

___ You then check for understanding, are you able to apply the information you have in your head to different types of questions? To do this you do as many practice questions and past examination papers as you can. You get hold of as many different questions as possible to do as practise.

___ You do these past papers under examination conditions! This means that you stick to the time limits and don't look at notes or answers until the end. This gives you a reality check about your performance and helps you rehearse for the time pressure of exams. You use these practise papers as a tool to help you pinpoint areas of weakness that you then address.

You can learn more about how to be a more effective student at www.studyskillshandbook.com.au by logging in with the details below and working through some of the units:

Username:

Password:

Dr Prue Salter - Enhanced Learning Educational Services

HISTORY FACULTY NEWS

The History Faculty would like to welcome all students to the start of another year at QHHS. Over the coming weeks all History students will be issued with assessment schedules and booklets advising of all approaching assessment tasks and due dates. Students will be issued both a paper and an electronic copy of each task.

HISTORY TRIVIA

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a "bone-house" and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they thought they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night to listen for the bell; thus, someone could be "saved by the bell" or was considered a "dead ringer."



Term 1 topics for History include

Year 7	Investigating History & Introduction to Civilisations
Year 8	Overview of the Medieval World
Year 9	The Industrial Revolution
Year 10	The Holocaust
Year 10 Elective	100 hours 100 Ways to Die / Heroes & Villains

Quakers Hill High School History Faculty Website

Welcome to the QHHS History Podcast Website!

www.tinyurl.com/zh3oe8p

Here you will find links to your assignment sheets with Podcasts that you can download and listen to help you along your way. This site is a work in progress, so keep checking back regularly for updates.

COMPETITION NEWS

AUSTRALIAN HISTORY COMPETITION



In 2017 the competition will be offered to Years 7, 8, 9 and 10. The Year 9 and 10 paper will be broadly based on the Australian Curriculum: History for Years 9 and 10. The Year 7 and 8 paper will be broadly based on the Australian Curriculum: History for Years 7 and 8. Separate prizes will be offered to state and national champions for each year group.

Entry – Registration

The cost will be a fee per student of \$6.
The closing date for registration is March 31st.
Competition Date: May 24th, 2017

Permission notes will be available from the History Faculty starting Week 3.

SPIRIT OF ANZAC

The Spirit of Anzac Centenary Experience is a travelling exhibition that tells the story of Australia's involvement in the First World War, and the ensuing Century of Service of Australia's armed forces in all wars, conflicts and peacekeeping operations in which Australia has been involved.

On Thursday 27 April 2017 students in Year 9 and elective history classes are invited to attend the "Spirit of ANZAC" exhibition that has been touring Australia since the centenary of the ANZAC landing. We have been fortunate to have been given over 200 tickets at no cost.

The exhibition will be at The International Convention Centre (ICC), 14 Darling Drive, Sydney. The cost of this excursion is \$15 (to cover the cost of the coach). Students will be transported by coach to and from the exhibition. Students will return to school at 3:00 pm.

More information coming soon.

HOMEWORK CLUB

Homework Club will operate this year in the school library from 3.10pm to 4.10pm each **Tuesday and Wednesday** afternoon. The supervising teachers will be Ms Fensom (Tuesdays) and Mr Krilic (Wednesdays).

Homework Club is made available to students of our school in order to:

- Provide access to computers for word processing, PowerPoint presentations, internet

- research, printing completed work etc.
- Provide access to all books, encyclopedias, magazines and other printed resources.
- Gain assistance from teachers on the completion of homework and assignments, developing study skills, research techniques etc.
- Provide a quiet environment for school or recreational reading.

In order to attend Homework Club, students are required to complete a permission note for **each afternoon of attendance**. The permission note is to be returned to either **Mr Krilic** or **Ms Fensom** the afternoon of Homework Club. Permission notes can be obtained from the Library during Recess or Lunch. During attendance, the following rules apply:

1. Students must be in the Library no later than 3.10pm.
2. Students will not be dismissed before 4.10pm unless written permission to leave early is provided by parents.
3. The normal rules of the library apply, eg. Bags left at entrance to library etc.
4. Students must be well behaved and attend to their work for the full session. N.B.: disruptive or non-serious students will not be permitted to return to the Club for the remainder of the year.

Please Note: It is expected that parents will **make alternative arrangements** for their child to **get home from school** after being dismissed at 4.10pm. A telephone will be made available to students to use during the Club hours to communicate with parents should this be required.

ELEVATE

On the 20th February, Year 10 will have the opportunity to reflect on and improve their study skills as they head into the senior learning environment of Year 10 onwards. It is vital at this stage that students are exposed to ways to organise their notes and their study. In Year 10 staff often see the “Big Mountain syndrome” where students feel overwhelmed by their work as they focus on all they have to do. We as parents and teachers understand that it is the breaking down of the tasks that leads to success and that gaining an extra mark or two in each task makes a huge difference. It is often a matter of simple maths – 2 extra marks in the Term 1 essay, 2 extra marks in the exam, 2 extra marks in the speech, 2 extra marks in the yearly exam. What do you have – an extra 8 marks or more by making simple changes? What is often unseen is the benefit students gain from focusing on making small changes that reap big rewards - instead of 16/20 you have 18/20 – an A in most subjects. The cost of this study seminar is \$2.00.

NAPLAN

NAPLAN this year will be held on 15 - 17 May 2017 with 18th May being “catch up” day for any student who has missed an exam. For Year 9 this year you will read and hear in the

media references to students meeting Band 8 in their NAPLAN exam in order to receive their HSC. Please find more details about this incoming change and please note that this is just the first of many opportunities to meet this milestone.

In future Contacts details about how to seek exemption for your child or how to apply for special provisions will be published. All details will be published on the school website in the near future.

MATHEMATICS DEPARTMENT

Welcome to the 2017 academic year from everyone in the Mathematics Department.

This is the time to make sure all books, pens and equipment have been purchased and are ready to use in class. It is especially important to make sure that every student in the school, regardless of their year or course has a scientific calculator. Calculator skills are an important part of most assessments and make life in class much easier. Calculators can be purchased from the front office for \$15.

For the next few weeks, Year 7 will be working on Computation with Integers and Year 8 will be working on Area. Year 9 and 10 topics will vary depending on the course being studied.

Everyone is working towards a formal assessment task (examination) in Week 7. Textbooks and past assessments can be accessed from home through the school online learning environment. The pathway is below:

Quakers Hill High School WebsiteàOLE (top right tab)à Enter the SCHOOLS student username and passwordà Click on Courses (Left hand widget)à Mathematicsà Enrol me.

The Term 1 exam is slightly different in that a summary sheet can be taken into the examination. This needs to be prepared in the period leading up to the examination. The summary sheet will contribute to the Term 1 overall assessment mark. This means that students should spend the next month preparing their summary to ensure it aids them in their exam.

Ms Prasad

SUPPORT UNIT NEWS

Welcome back to school everyone! We hope you all had a pleasant and relaxing holiday, all ready for an action packed 2017. We also welcome a number of new students; Irene, Sasha, Tyler and Damon.

Swimming Carnival: the Support Unit was well represented at this QHHS annual event with four students competing in races. Well done Cooper, Josh, Blake and Adam for your efforts in the pool. SU students also took part in a number of fun novelty events and all students are to be commended for excellent behaviour and sportsmanship displayed during the day.

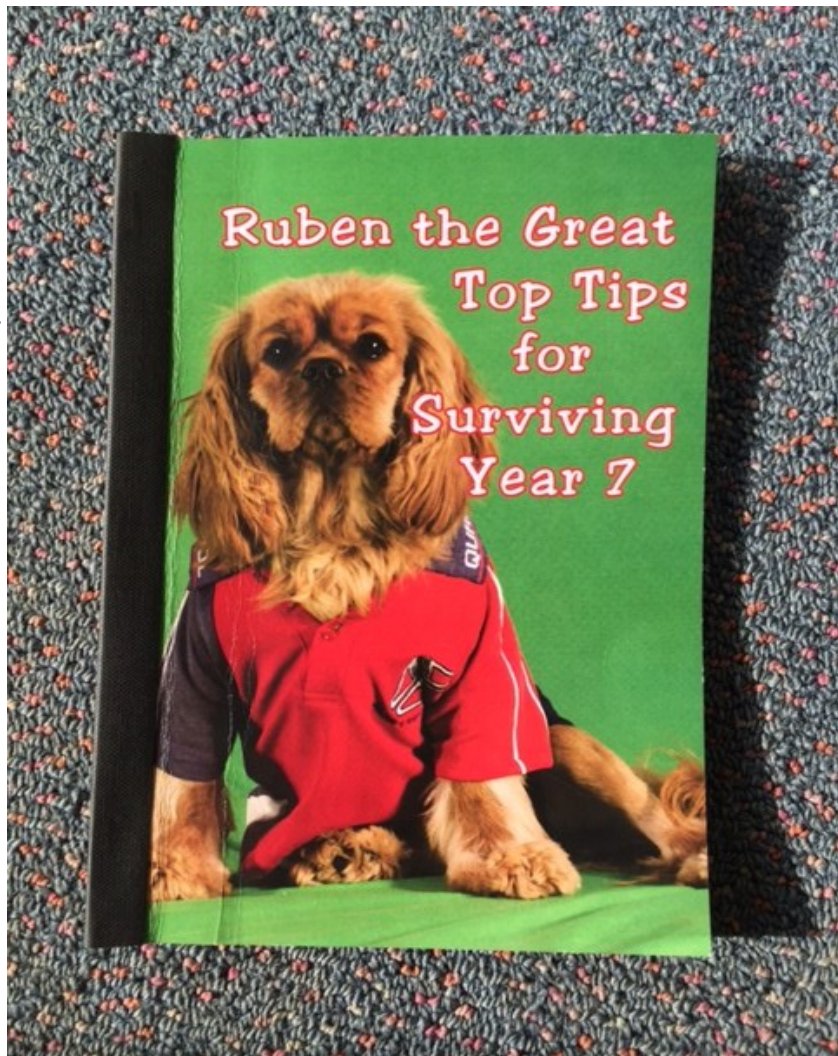
Project Centred Learning: all students will be participating in project centred learning across

all KLAs during Semester 1. The theme is 'Sustainability' and students will be involved in a variety of engaging projects including passive solar design and creating and maintaining several edible and ornamental gardens, plus deciduous tree planting for shade, around the unit. The aim is to develop knowledge and skills to assist students to help create a sustainable future.

The Book: congratulations to students; Nick, Manny, Dylan and Jake for their work last term designing, writing and creating our class photographic picture book Ruben the Great Top Tips For Surviving Year 7. The book has been printed and distributed to various locations around the school and will soon be available to borrow from the library. We are currently working on creating an electronic copy to be posted on the school website. Our book is also being used to assist current Year 6 students in their transition to high school during the Taster Days. A second book is in the planning stage with many interesting ideas being shared!

Work Experience and Travel Training: a program has been developed for regular work experience for our seniors and travel training for students in Stage 4. Information and permission notes will be sent home soon and it would be helpful if students' Opal cards could be topped up and ready to go.

Margie Beange, on behalf of SU staff.



Science Matters!

The Science faculty would like to welcome new and returning students and their families to another exciting school year at QHHS! Students from years 8-10 and caregivers can access the school website to find assessment details and due dates for this year. The following program and assessment schedule is for Year 7 students and caregivers:

	TERM 1										TERM 2										TERM 3										TERM 4																			
	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10										
7	WELCOME TO SCIENCE										CRYSTAL CLEAR										LIVING THINGS										ENERGY										BLUE PLANET									

TERM	DUE DATE WEEK	TASK NO.	WEIGHTING %	TYPE OF TASK
1	Week 6	1	15	Take home - Investigative Task- Project based
2	Exam Week 3-5	2	30	Exam
3	Week 5	3	15	Dichotomous Keys- in class
4	Exam Week 3-5	4	30	Exam
Terms 1-2	Week 5	ongoing	10	In class and some take home research

Focus areas in addition to syllabus content include:

- * Safety & Laboratory Procedures
- * Critical and Creative Scientific Thinking
- * Independent & Collaborative Learning
- * Using technology for research, data collection and

Extra-Curricular Activities:

- * ICAS Science Competition – for all years
- * Big Science Competition – for all years
- * Chemistry Quiz (mostly for years 8-10)

Should you have any concerns or enquiries, please feel free to contact your student's Science teacher on:

For additional ways to support your student visit www.studyskillshandbook.com.au

The username and password may be found in this *Contact* newsletter under the heading of *Study Skills*.

YEAR 7 PEER SUPPORT

During Term 1 students will be involved in the Peer Support Program. Each week, groups of 8-10 students will meet with 2 Peer Leaders and work through a range of activities that focus on resilience. Meeting in small groups allows meaningful connections to form, assisting students with the transition to secondary school. Over a period of 8 weeks students will acknowledge their strengths and achievements, identify people who support them and learn how to view challenges as opportunity for growth.

This week students explore the idea that how they view themselves and their challenges, can affect the outcomes of these situations. Students discuss helpful ways to view challenges. They consider keeping things in perspective, separating emotions and ascertaining facts to accurately identify the problem to be addressed.

Your child may, at times, feel overwhelmed by the expectations of secondary school. Encourage them to make a list or write a plan to help identify smaller tasks to make a large workload more manageable. It is important they feel supported while being encouraged to independently prioritise their responsibilities.

For additional reading and resources to support your child please visit the parent tab on the Peer Support Australia website www.peersupport.edu.au



BELL TIMES - 2017

MON TUES FRI	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	8.55	10'
	1	8.55	9.45	50'
	2	9.45	10.35	50'
	RECESS	10.35	11.00	25'
	GO TO CLASS	11.00	11.05	5'
	3	11.05	11.55	50'
	4	11.55	12.45	50'
	LUNCH	12.45	1.10	25'
	GO TO CLASS	1.10	1.15	5'
	5	1.15	2.05	50'
	6	2.05	2.55	50'

THURSDAY	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	9.05	20'
	1	9.05	9.49	44'
	2	9.49	10.33	44'
	RECESS	10.33	10.58	25'
	GO TO CLASS	10.58	11.03	5'
	3	11.03	11.47	44'
	Assembly	11.47	12.32	45'
	LUNCH	12.32	12.57	25'
	GO TO CLASS	12.57	1.02	5'
	5	1.02	1.46	44'
	6	1.46	2.30	44'

WED	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	8.55	10'
	1	8.55	9.35	40'
	2	9.35	10.15	40'
	RECESS	10.15	10.40	25'
	GO TO CLASS	10.40	10.45	5'
	3	10.45	11.40	55'
	4	11.40	12.35	55'
	LUNCH	12.35	1.00	25'
	GO TO CLASS	1.00	1.05	5'
	5	1.05	2.00	55'
	6	2.00	2.55	55'

BELL SIGNALS SYSTEM

There are various bell signals which tell students and staff what to do.

SINGLE RING indicates the start of the day, end of lessons or breaks and the end of the day.

TWO RINGS indicate an assembly in the quadrangle has been called. All students and staff should assemble in the quad as quickly as possible.

THREE RINGS indicate that the oval is closed due to extreme heat or rain. Undercover walkways become in-bounds for that break.

WHOOPEE SOUND indicates that an evacuation is necessary. Students and staff must evacuate the buildings and assemble on the oval.

DOORBELL SOUND indicates a lockdown is required. All students and staff must remain in the buildings, close and lock all doors and wait for the all clear (which is two rings calling everyone to the quadrangle).

STRONGER HSC STANDARDS

MINIMUM LITERACY AND NUMERACY STANDARD

Set for success in day-to-day life

The minimum standard is set at a level of literacy and numeracy needed to do things like:

- ✓ follow operating instructions in equipment manuals
- ✓ interpret routine tables, graphs and charts
- ✓ write a job application



ONLINE LITERACY AND NUMERACY TESTS

Students will need to pass online reading, writing and numeracy tests to demonstrate achievement of the minimum standard.

From 2018, these tests will be available for students to sit at least twice a year in:

- ✓ Year 10
- ✓ Year 11
- ✓ Year 12
- ✓ for up to 5 years after starting the HSC

CAPA FACULTY NEWS

The CAPA faculty looks forward to a productive learning cycle for 2017. Students are reminded basic equipment is fundamental to effective learning in the classroom. Music students require a Music book additional to this and Visual Arts students require a Visual Arts Process Diary to record their learning process. Visual Design and Photography students also require a Process Diary.

A reminder that fees for these subjects are payable and support your students learning through enhanced equipment and materials for these subjects.

Check your child's timetable to help you map what their day is like and assist them in being prepared with equipment and completion of homework. Looking forward to a productive year in CAPA.



SCHOOL TIMETABLE

WESTERN SUBURBS REGION

Quakers Hill High School

Timetable effective from Monday 19 September 2016

Amended 01/09/2016

(R) Bus Turns Right - (L) Bus Turns Left

MORNING

Bus Number	Route Number	Time	Locations Serviced	Route Description
6072	-	7:55 AM	Glendenning Dean Park	Departs Adrienne St & Lamb St via Adrienne St (R) Armitage Dr (L) Golding Dr (L) Richmond Rd (R) Yarramundi Dr (L) Hoyle Dr (R) Symonds Rd (L) Richmond Rd (L) Quakers Hill Pkwy (R) Grady St (R) Lalor Rd into School Bus Bay.
-	T72	8:01 AM	Quakers Hill	Departs Burdekin Rd and Alex Av via Burdekin Rd (L) Walker St (L) Bali Dr (R) Hambledon Rd (R) Lalor Rd to Quakers Hill Station turns around and returns Lalor Rd to School Bus Bay.
-	745	8:03 AM	Glenwood Stanhope Gardens Quakers Hill	Departs Glenwood Park Dr & Peak St via Glenwood Park Dr (L) Forman Av (R) Glenwood Park Dr (L) Sorrento Dr (R) T-way (L) Stanhope Pkwy (L) Sentry Dr (R) Quakers Hill Pkwy (R) Farnham Rd (L) Quakers Hill Pkwy (R) Grady St (R) Lalor Rd.
6031	-	8:05 AM	Blacktown Marayong Quakers Hill	Departs Blacktown Interchange RANK B via Richmond Rd (R) Breakfast Rd (L) Quakers Rd (R) Quakers Hill Pkwy (R) Hambledon Rd (L) Lalor Rd.
-	T72	8:05 AM	Quakers Hill	Departs Quakers Hill Station via Lalor Rd (L) Hambledon Rd (L) Bali Dr (R) Walker St (R) Burdekin Rd (R) Hambledon Rd (L) Barnier Dr (R) Farnham Rd (L) Kennington Av (R) Farnham Rd (L) Quakers Hill Pkwy (R) Pye Rd (R) Highfield Rd (R) Lalor Rd.
-	752	8:06 AM	Quakers Hill	LAST PICK UP ARNOTT RD & WARRIMOO DR Departs Blacktown Interchange via Richmond Rd (R) Davis Rd (L) Quakers Rd (R) Arnott Rd to Warrimoo Dr then to School.
6035	-	8:07 AM	Blacktown Marayong Quakers Hill	DOES NOT PICK UP ON ARNOTT RD AND WARRIMOO DR Departs Blacktown Interchange RANK A via Richmond Rd (R) Breakfast Rd (L) Quakers Rd (R) Narrabri St (R) Bombala Cr (R) Ottley St (L) Arnott Rd (L) Warrimoo Dr (L) Chaplin Cr to Quakers Rd then to School.
-	745	8:18 AM	Glendenning	Departs Adrienne St & Lamb St via Adrienne St (R) Armitage Dr (L) Golding Dr (R) Richmond Rd (L) Quakers Hill Pkwy (R) Grady St (R) Lalor Rd into School Bus Bay.
6020	-	8:23 AM	Arnott Rd Warrimoo Dr	Departs Arnott Rd & Quakers Rd via Arnott Rd (L) Warrimoo Dr (L) Chaplin Cr to Quakers Rd then direct to School.

AFTERNOON

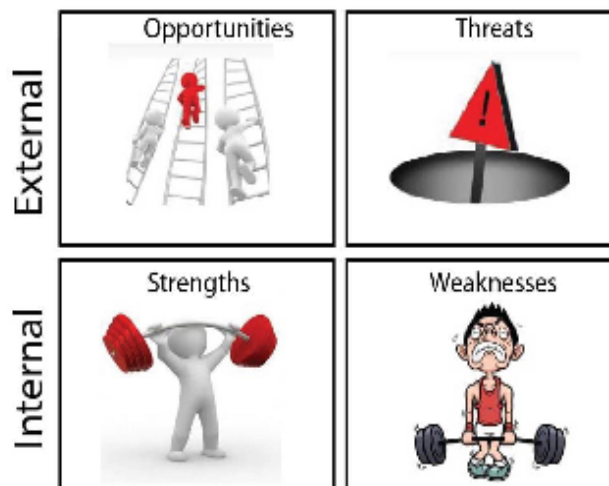
Bus Number	Route Number	Time	Locations Serviced	Route Description
6584	-	3:09 PM	Quakers Hill	Departs School via (L) Lalor Rd (L) Hillcrest Rd (L) Pye Rd (R) Wilson Rd (L) Chase Cr (L) Quakers Hill Pkwy (R) Farnham Rd (L) Kennington Rd (R) Farnham Rd (L) Barnier Dr (R) Hambledon Rd.
6568	-	3:12 PM	Arnott Rd Warrimoo Dr	Departs School via (L) Lalor Rd (R) Hambledon Rd (L) Quakers Hill Pkwy (L) Quakers Rd (L) Chaplin Cr (R) Warrimoo Dr (R) Arnott Rd.
6540	-	3:20 PM	Blacktown	FIRST SET DOWN DAVIS RD Departs School then to Davis Rd then (L) Richmond Rd to Blacktown Interchange.
-	T72	3:21 PM	Quakers Hill	Departs School via (L) Lalor Rd to Quakers Hill Station, turns around & returns Lalor Rd (L) Hambledon Rd (L) Bali Dr (R) Walker St (R) Burdekin Rd to Hambledon Rd.
6562	-	3:21 PM	Blacktown Marayong	PICKS UP STUDENTS FROM SCHOOL BUS BAY FIRST SET DOWN WARRIMOO DR AND ARNOTT RD Departs School via (L) Lalor Rd to Warrimoo Dr (R) Arnott Rd (L) Quakers Rd (R) Davis Rd (L) Richmond Rd to Blacktown Interchange.
-	745	3:24 PM	Glenwood	Departs School via (R) Lalor Rd (L) Grady St (L) Quakers Hill Pkwy (R) Farnham Rd (L) Quakers Hill Pkwy (L) Sentry Dr (R) Stanhope Pkwy (R) T-Way (L) Sorrento Dr (R) Glenwood Park Dr (L) Forman Av (R) Glenwood Park Dr (L) Meurants Ln to Greenhill Dr.
-	752	3:28 PM	Marayong	Departs School via Lalor Rd to Quakers Hill Station, turns around & returns Lalor Rd (L) Hambledon Rd (L) Quakers Hill Pkwy (L) Quakers Rd (L) Chaplin Cr (R) Warrimoo Dr (R) Arnott Rd to Quakers Rd.
6545	-	3:31 PM	Glendenning Dean Park	Departs School via Lalor Rd (L) Grady St (L) Quakers Hill Pkwy (R) Richmond Rd (R) Symonds Rd (L) Hoyle Dr (R) Yarramundi Dr (L) Richmond Rd (R) Golding Dr (R) Armitage Rd (L) Adrienne St to Lamb St.

STUDY SKILLS FOR JANUARY

SWOT TIME

What would you like to achieve this year both academically and in your personal life? The start of the year is the perfect time to reflect and reassess. It is a great time to look back and decide what worked, what didn't and what new approaches you will try.

A great way to do this is through taking a few minutes to do a SWOT analysis. You can either write your answers down or discuss with someone or just think about your responses.



STRENGTHS:

1. What went well for you at school last year?
2. What study and time management techniques worked for you?
3. What skills do you have that help you to do your best at school?

WEAKNESSES:

- What were your greatest challenges in achieving your personal best at school?
- What do you struggle with most as a student?
- What do you need the most help with?

OPPORTUNITIES:

- What one thing could you do differently this year that would most help you to improve your results?
- What skills do you most need to focus on improving this year?
- Who in your life would be able to help you to be a better student?

THREATS:

1. What are the biggest obstacles to you making changes in your approach?
2. Are there other students you sit with who make learning difficult?
3. What is stopping you from achieving the best results you can at school?

After you have worked through the SWOT analysis, choose the top 5 changes you want to make this year and write these down. Put these goals somewhere where you will see them every day before you go to school. If possible also write down some specific actions or steps you could take to achieve these goals. A good way to do this is at the start of each week write down the steps you want to take for that week.

STUDY SKILLS FOR FEBRUARY

TOP 5 HABITS FOR STUDENTS

Recently I was asked what I thought the top 5 habits were for students in their last year of school. I came up with this list below, then realised wouldn't it be great if all students had these habits firmly entrenched before they even reached the senior years of school!



So your challenge for this year, no matter what your year level, is to ensure these habits become embedded as part of YOUR practice for learning to help you become an effective learner at school and in your career and personal life.

Want to develop great habits for learning? Here's what you need to do:

1. ENGAGE: Don't just be a bystander, instead be an active participant in your own learning, taking responsibility for what you need to do to achieve your academic best.

This means:

- You involve yourself in all of your lessons, staying on task, participating in discussions and trying to absorb as much as you can during your classes (and that means less to learn later).
- You complete all of the set work for your subjects (your teacher gives you this for a reason) and you try and keep up to date in this work.
- You seek help on anything you don't understand or can't do. This might be from a teacher, a friend, online sources, additional books or study guides. You also do this nice and early, you don't let the problems pile up.

2. ORGANISE: Being organised means that you can find things when you need them, you don't forget about work to be done and you don't have last minute panics. Much less stressful.

This means:

- You have a good system for managing all of the paper for school, you file away completed work and sort and organise all of the papers you are given.
- You do the same with your digital resources: well named folders and logical filing structures. You do a back-up on a regular basis.
- When you are given an assessment task you make a plan for when you will do the work for this task and you adjust the plan along the way as things change.

3. THINK AHEAD: Part of 'stepping up' is that you don't just wait for someone to tell you to do something. You think ahead and work strategically.

This means:

- If you know there will be exams (and there are always exams) then don't wait until exam time to get your act together. Make your study notes as you go. Every time you finish a topic make study notes for that topic and file it away at home.

QUAKERS HILL HIGH SCHOOL

P&C UNIFORM SHOP ORDER FORM

ITEM	PRICE	QUANTITY	SIZE	AMOUNT
GIRLS 7, 8, 9 & 10				
Tartan Skirt	\$50.00			
Business Shirt White with Logo	\$25.00			
Polo Shirt White with Logo	\$25.00			
Long Pants – Navy	\$40.00			
BOYS 7, 8, 9 & 10				
Shorts – Navy	\$25.00			
Long Pants – Navy	\$30.00			
Business Shirt White with Logo	\$25.00			
Polo Shirt White with Logo	\$25.00			
Sloppy Joe–Dark blue with Logo	\$30.00			
Jumper Navy with Logo	\$65.00			
School Scarf (Pre-order)	\$10.00			
Tie – Unisex – Optional	\$20.00			
School Scarf	\$10.00			
SPORTING ITEMS				
Sports Shirt	\$30.00			
Sports Shorts	\$25.00			
Sport Trackpants	\$35.00			
Sport Jacket (Microfibre)	\$55.00			
Super Trackpants (extra long)	\$40.00			
DATE OF PURCHASE:		TOTAL AMOUNT:		STUDENT'S NAME:
OFFICE ASSISTANT:.....				
SASS REQUIRED: YES NO				
RECEIPT NO:				
CASH / CHEQUE / CREDIT				
Credit Card No:				
Expiry Date: ____/____		STUDENT'S YEAR:		GOODS TAKEN:
Name on Card:				
Signature:				
		YES / NO		

Effective: Term 2, April 2016

EMAIL ADDRESS REQUEST

Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus

Principal

February 2016

QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: _____ YEAR: _____

PARENT'S EMAIL ADDRESS:

[illegible][illegible]

PARENT/CARER SIGNATURE: _____

CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

NAME OF STUDENT: _____

YEAR: _____

ADDRESS: _____

HOME PHONE: _____

WORK PHONE: _____

MOBILE NO: _____

CARER 1 NAME: _____

PHONE/MOBILE: _____

CARER 2 NAME: _____

PHONE/MOBILE: _____

EMERGENCY CONTACTS: _____

MEDICAL PROBLEMS (IF ANY) _____

Signed: _____

Date: _____

Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763

Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: quakershil-h.school@det.nsw.edu.au

Website: www.quakershil-h.schools.nsw.edu.au

Principal: Mrs Lauretta Claus



KILDARE ROAD MEDICAL CENTRE

INTRODUCING....Dr. Phil Humphris, MBBS, MIPH, RACGP

Dr. Humphris has worked as the Medical Officer in remote Aboriginal communities in central Australia and has also undertaken extensive humanitarian work in Ethiopia, the Middle East, Sudan and other regions. Dr. Humphris is particularly interested in the health of Aboriginal people, migrant health and chronic disease management.

If you would like to make an appointment with Dr. Humphris, you can do so online at kildaremedical.com.au, via the Appointuit App or by calling Reception on 8822 3000.

OPEN EVERY DAY 8:00AM TO 8:00PM

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