4

18 March 2016

Quakers Hill
High School's
Fortnightly
Newsletter

Contact



UPCOMING EVENTS

Monday 21 March School Photo Day Debating Workshop Musical Theatre Group Rock Band Rehearsal

Tuesday 22 March
QCCP Day No. 1
Girls Open Knockout B.ball

Wednesday 23 March Rock Band Rehearsal

Thursday 24 March Harmony Day

Friday 25 March
Good Friday
Monday 28 March
Easter Monday

Tuesday 29 March
Barista Excursion
Year 7 Parent Teacher Evening
3.30-6.30pm

Wednesday 30 March
Buckley Shield Gala Day
Snr Dance Off Camp (till 1/4)
Rock Band Rehearsal

Thursday 31 March
Reconciliation Day
Yr 9 Fast Forward Presentation @ UWS 6-8pm

Friday 1 April
Cross Country Carnival
Contact Issued



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PRINCIPAL'S REPORT

P&C EXECUTIVE 2016

Congratulations and a big thank you to the following parents who have accepted key positions on the Quakers Hill HS P&C Committee for 2016:

President: Diana Towell

Secretary: Lisa Hemsworth

Treasurer: Linda Robertson

Vice Presidents: Korinne Bargiel

and Lyn McRae

COLLEGIATE THEATRESPORTS GALA EVENING

A big congratulations to all our students who participated in the inaugural Nirimba Collegiate Theatresports Gala Evening. Quakers Hill HS teams dominated the competition grabbing first and second place. A big thank you to Mr Dacey, Ms Earl and Mr Andrews for all their efforts in getting this competi-

tion up and running and it is hoped that it will be an annual event on the Collegiate calendar in the future.

Well done: Holly Bramble, Dominique Burke and Lauryn Fewtrell who won the competition. Congratulations also to: Laura Towell, Ashleigh Kennedy, Lily Kennedy and Maddelyn Harris who came second.

UNIFORM

Recently we have been doing a close and regular check of students' uniform. We are trying to address a trend of students wearing their sports uniform on non sport days and remaining in their sports uniform after their PE periods have finished. I would like to remind all parents and students that if you have period 1 PASS or PE prac, students are still expected to come to school in their regular school uniform and change into their sports uniform. Only students









who have PE or PASS period 6 should be in their PE uniform at the end of the day.

The other area of school uniform I need to address is sport shorts that are not part of our school uniform. Our school uniform has both a sports shirt and shorts and all students are expected to wear these shirts and shorts for Wednesday sport day and PE pracs. There are a number of Year 9 and 10 girls wearing the incorrect shorts to school and they are being given detentions as a consequence. Students representing the school in grade sport will be provided with a team shirt to compete in and these shirts are taken back at the end of sport and washed in readiness for the following week.

YEAR 7 CAMP

Last Wednesday afternoon a very tired but happy group of Year 7 students and Year 9 & 10 Peer Leaders returned from camp. There will be more information and pictures available in this edition of CONTACT, but suffice to say everyone had a fantastic time. A big thank you to Mrs Maricic, Ms Nicholls and Ms Schryver who organised the event and thank you also to the teachers who attended the camp. Hopefully it will not take too much time for them to catch up on lost sleep!

YEAR 7 PARENT TEACHER INTERVIEWS

Year 7 parents are invited to go online and book interviews to speak with their children's teacher about how they have settled into high school and their academic progress to date.

https://www.schoolinterviews.com.au/code

Event code: 78mwa

Have a great week.

Lauretta Claus

Principal

DEPUTY PRINCIPAL'S REPORT

NATIONAL DAY OF ACTION AGAINST BULLYING AND VIOLENCE

Friday 18 March is the sixth National Day of Action against Bullying and Violence. The National Day of Action is Australia's foremost anti-bullying focus day and its aim is to encourage all members of all school communities to 'take a stand together' against bullying and violence both within school communities and outside in the wider community.

At Quakers Hill High School we have used the National Day of Action as a key community initiative for our 2016 Year 10 students. Over the past few years they have run the assemblies, encouraged students to sign antibullying declarations and made videos to support the *Stop*, *Help*, *Tell* method that we use at QHHS. This year our Year 10 students helped to organise the *Take a Stand Disco* which combined a range of fun anti-bullying activities with dancing and having a good time.

Thank you to Year 10 and the majority of QHHS students for so effectively delivering the message that *bullying and violence is never okay.*

STUDENT REVIEWS

Mrs Maricic, myself and all of the Year Advisers will soon be working hard on the Term 1 student reviews. The student reviews are an opportunity for teachers to refer students who have demonstrated positive behaviours in areas such as motivation and consistently striving to improve as well as students who are working hard and demonstrating the SMART Code of Conduct. Students who have been referred by one subject will receive a Merit Award, three or more will receive a Bronze Award and a Letter of Commendation and those with more than 4 positive referrals will also be invited to a Morning Tea early in Term 2.

ASSESSMENT TASKS

One of the most stressful elements of high school, particularly for Year 7 students is homework and assessment tasks and balancing school expectations with activities outside of school. Many students will have multiple tasks due now, and for the next few weeks, and it can be difficult for students to prioritise and submit all required work.

To help with meeting their assessment requirements, all Year 7 students had at least two dedicated lessons on successfully completing assessment tasks. If students are struggling to complete work due to failing to understand what is required, it is important that they start tasks as soon as they receive them so as to leave time to seek help and support from their teacher should they need it.

SEIZING OPPORTUNITIES

One of our ongoing school plan priorities is to have at least 85% of our students involved in an extra-curricular activity and to achieve this we need to encourage students to seize as many opportunities as they can. Some of the leadership opportunities that have already been undertaken by students include: Peer Support with some students even attending the Year 7 camp to support their groups, SRC and Year 5/6 Information Evening helpers. Primary Prosperitas has also seen an outstanding turnout of QHHS students as mentors, primary school students and their parents. In Week 9 alone students are

competing in girls and boys knockout basketball, Rock Band rehearsals, Musical Theatre Group, Debating workshops and Harmony Day performances and presentations. Further opportunities in the upcoming weeks include opportunities to attend excursions and get involved in a range of different competitions including ICAS and a Disco Photography Competition.

There are lots of opportunities for everyone so get involved!

YEAR 7 CAMP 2016

It was a massive turnout this year with 225 students and staff at the Great Aussie Bush Camp. The students challenged themselves at every activity and even when they felt that it was just not for them, they helped and encouraged their peers. While some were very homesick, I'd like to congratulate those that got in and had a go and made it through the 3 day camp with smiles and joy. Special thanks to the Year 7 Year Advisers Amy Nicholls and Danielle Schryver who did an outstanding job in organising the camp. The staff: Jason Kantek, Michelle Hill, Brendan Hutton, Ellise Barratt, Oliver Meredith, Lauren Paa, Daniel Fabricato, Margie Beange and Elaine Cranfield were outstanding as they lead their groups each day with their Peer Support leaders.

The Peer Support Leaders who attended camp were:

Dominique Burke, Adam Coleiro, Abey Couzins, Jacinta Edwards, Emily Elder, Tamika Ezzy, Lauryn Fewtrell, Vanessa Gowans, Alanis Hawron, Stephanie Kegg, Ashleigh Kennedy, Thomas Luckman, Teliha Mahood, Zoe McDacy, Ben McDonell, Luke O'Keeffe, Harry Poulos, Olivia Simpson, Alister Tupper, David Woodward, Kayla Wrigley. On behalf of Year 7 and the staff who attended we would like to thank you for giving up your time from school to assist at camp.

Rebecca Mahon & Beaty Maricic Deputy Principals







SUPPORT UNIT INFORMATION

IEP MEETINGS

Just a reminder to parents, our Support Unit IEP meetings are on Wednesday 23rd March and Wednesday 30th March. Please feel free to email me if you do not recall your booking time.

SCHOOL PHOTOS

School Photos will be on Monday 21st March. Can parents please make sure students are in full school uniform. Photo envelopes were dispersed this week. Please notify homeroom teachers if you still require photo information.

SUPPORT SWIM SCHOOL

The Support Unit Swim School will be held in Term 3 at Blacktown Leisure Centre, Stanhope Gardens. This program will run every Wednesday for 8 weeks from 27th July till 14th September (inclusive). Permission notes will be handed out within the next couple of weeks.

EASTER LONG WEEKEND

Just a reminder, school will not be open over the Easter long weekend (Friday 25th March and Monday 28th March).

Mrs Jennifer Payne

Support Unit Head Teacher

AUSTRALIAN MUSEUM EXCURSION

On 26 February, Year 7 went on an excursion to the Australian museum in Sydney. To start the day off, we had an introduction in the Museum theatre where we talked about the Aboriginal people and what we already knew about them. As we filled out our workbooks, we explored the Museum. We saw the Aboriginal exhibition, the dinosaurs and many more. We finished the day by eating lunch in a park not so far from the Museum. Overall, Year 7 enjoyed the excursion to the Australian Museum. A big thank you to Mrs Critchley for organising the day. Josh Andrijich

PARENT/TEACHER EVENING

Semester 1 Parent/Teacher Evening will be held on Tuesday 29 March between 3.30pm and 6.30pm for all Year 7. I encourage all parents to book online so they can record their preferred times and start making appointments immediately. The link is: www.schoolinterviews.com.au/code. The code is 78mwa. The longer these bookings are left, the more difficult it will be to record appointments within your preferred times. If you are unable to book your teacher online, alternative booking sheets will be provided in the office and these can be booked with the teacher via the students. Appointments will be restricted to 7 minutes in order to accommodate all parents unless the teacher requires an extended interview and it is recommended that you allow 7 minutes between each interview to give you time to move between teachers. Students are also invited to help their parents find their teachers and also to listen to the discussions about their progress. Teachers of QHHS look forward to meeting with parents for an informative night.

Paul Sultana, Parent/Teacher Coordinator



National Assessment Program – Literacy and Numeracy 2016

LETTER TO PARENTS

In May 2016 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The NAPLAN tests will be conducted from 10-12 May 2016.

TUESDAY 10 MAY	WEDNESDAY 11 MAY	THURSDAY 12 MAY
Language Conventions	Reading	Numeracy
(Spelling, Punctuation and Grammar)		
Writing		

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 13 May - A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the school principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child's participation in NAPLAN.

Additional information about NAPLAN can be found at www.nap.edu.au/NAPLAN/Parent Carer support/index.html.



National Assessment Program - Literacy and Numeracy 2016

PARENT/CARER CONSENT FOR EXEMPTION AND WITHDRAWAL

In May 2016, the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by all students in Years 3, 5, 7 and 9. NAPLAN will assess the literacy and numeracy learning of students in all Australian schools. The tests will be conducted across Australia on the same days for all students.

The results of the tests will provide important information to schools about what each student can do and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement and will be able to compare their child's performance against the national minimum standard.

Consideration for exemption can be given to students:

- newly arrived in Australia (less than a year before the tests) and with a language background other than English, or
- with significant intellectual disability and/or significant co-existing conditions that severely limit their capacity to participate in the tests.

Exemption must be discussed with the principal.

Students may also be withdrawn from the tests at the request of the parent/carer.

The completed parent/carer consent form for exemption or withdrawal must be lodged with the school principal by 2 May 2016.

I have discussed my child's participation	pation in the National Ass	essment Program – Lite	racy and Numeracy					
(NAPLAN) 2016 with the school principal and understand that								
(name of child) in Year	will be exempt or a parent withdrawal from the following tests:							
	Exempt (Language)	Exempt (Disability)	Parent Withdrawal					
	Principal please tick (✓)							
Language Conventions test								
Writing test								
Reading test								
Numeracy test								
Principal's signature								
Name of parent/carer:								
Parent/carer's signature Date: / / 2016								
The signed consent form should be filed at the school.								

Easter Eggstravaganza



The SRC's Valentine's Day fundraiser was a huge success. Continuing from that we hope to raise a minimum total of \$1000 to donate to the charity 1 Step 1 Life, which is a charity that works towards better education for those in Cambodia.

Our current fundraiser is the EASTER EGGSTRAVAGANZA! Craving a jar full of chocolate eggs or a basket of Easter goodies? Well you're in luck. The SRC will be coming around for the next two weeks selling raffle tickets and holding a guessing competition.

What's the price? Great question. Prices are as low as 50c for one guess and one raffle tickets and \$1 for three guesses and three raffle tickets. What a bargain? You could get a whole basket or jar full of Easter goodies for as little as 50c.

So help the SRC reach their goal, and help the students in Cambodia. Thank you to everyone who has already purchased tickets and guesses.

The Raffle and the Easter Egg Guessing competition will be drawn on the 24th March in assembly.

Happy Easter @

By Sachnoor Kaur



MATHEMATICS NEWS

Students will be receiving their results for the Term 1 Mathematics assessments in the following week. The Mathematics faculty was delighted to see the effort that students had placed into their summary sheets leading to the exam. The summary sheet is a good study guide that will assist students when preparing for future exams. Many students have colour coded important information such as definitions and formulas.

Monday 14 March is International Pi Day. Pi is the number 3.14.... which is the result of the number of times the diameter encompasses the circumference of a circle. The Mathematics faculty would like to wish everyone a Happy Pi Day.

MACQUARIE ZONE SECONDARY SCHOOLS SPORTS ASSOCIATION

GRADE SPORT POINT SCORE RESULT SHEET SEASON 1, 2016

FAX / ATTENTION: Vincent Capano

EMAIL: vincent.capano@det.nsw.edu.au

FROM: QUAKERS HILL HIGH <u>-melhem.daghel@det.nsw.edu.au</u>

brooke.portelli@det.nsw.edu.au

17/02/16	QH	VER	sus	GW1	KV	CF	R G	W2	RH
GRADE SPORT ROUND	1	2	3	4	5	6	7	8	9

SPORT	WON BY		SULT
JUNIOR GRADE		Your school	's result first
JONION CNADE			
Girls Touch Football A	CR	0	7
Girls Touch Football B	No Game	-	-
Girls Soccer A	CR	0	1
Girls Soccer B	No Game	-	-
Girls Basketball A	CR	2	28
Girls Basketball B	CR	2	24
Boys Touch Football A	CR	3	11
Boys Touch Bootball B	No Game	-	-
Boys Soccer A	CR	2	5
Boys Soccer B	CR	1	2
Boys Basketball A	CR	10	40
Boys Basketball B	CR	4	36
SENIOR GRADE			
Girls Touch Football A	QH	12	4
Girls Touch Football B	QH	9	5
Girls Soccer A	QH	4	1
Girls Soccer B	CR	1	2
Girls Basketball A	QH	12	8
Girls Basketball B	QH	20	2
Davis Taylah Fasthall A	04	10	5
Boys Touch Football A	QH	10	
Boys Touch Bootball B	QH	11	3
Boys Soccer A	QH	5	0
Boys Soccer B	QH	6	2
Boys Basketball A	CR	17	27
Boys Basketball B	CR	6	31

MACQUARIE ZONE SECONDARY SCHOOLS SPORTS



PHOTO CHALLENGE

All students attending the

Take A Stand Disco

are invited to upload their photos

from the event to

a school dropbox by

Wednesday the 23rd of March
in order to go in the draw to

win themselves a

sweet \$20 Movie Gift Card.

Capture the moment.

Share the memories.

Win the prize.

Why not

DEADLINE:

Wednesday the 23rd of March (Week 9)

PRIZE ANNOUNCEMENT:

Week 9 Assembly

DROPBOX:

HTTPS://GOO.GL/HOXR9U

DRAMA AND ENGLISH NEWS

In Drama this term, Year 9 have been learning about improvisation and playbuilding. They have used the skills taught to them to devise their own theatrical performance of a variety of picture books. Year 9 have also designed posters and costumes for their performances. They are going to begin exploring the ideas of Epic Theatre and Bertolt Brecht's *Three-penny Opera*.

The Year 10 Drama elective class have been exploring the theatrical conventions and stock characters of commedia dell'arte and creating their own masks. They will perform scenes they have devised themselves in Week 9 using the masks they have created while performing. Year 10 will then move into the study of Stanislavski and acting for film.

Week 6 saw the inaugural Theatresports Cup being hosted by Quakers Hill High School. This competition saw two teams from Wyndham College and two teams from Quakers Hill, along with a teacher team, go head to head. The two Quakers Hill teams took out first and second, after the teacher team was disqualified for being over age, with the winner going to represent the school at the Theatresports Schools Challenge in May.

Year 7 English sees them learning about and experimenting with different styles of poetry such as haikus and limericks. They are working towards creating their Poetry Anthologies for their assessment task which is due in Week 10.

For Year 8 in English, they are studying the concept of Survival, looking at specific people and situations to further understand the concept. They will be presenting their speech on an inspirational person of their choice in Week 10 for their first assessment task this year.

In English, Year 9 have been studying The Human Footprint through a variety of texts. In Week 7, the students submitted a proposal of an initiative discussing how to fix a problem in an ecosystem they had been studying in their Science classes. The English and Science tasks were connected and students were asked to reflect on the connections made and how their knowledge in one area was able to be utilised in the other.

Year 10 English has been looking at three poems written by Australian poet John Foulcher, 'Harry Wood', 'Kangaroos Near Hay', and 'Martin and the Hand Grenade'. The classes are finishing off 'Kangaroos Near Hay' and moving into 'Martin and the Hand Grenade' in readiness for their in class essay assessment task in Week 10.

PRINCIPAL'S AWARDS

Congratulations to the following student on receiving their Principal's Gold Award:

Year 9—Tisaranee Dissanayake (3 gold awards)



CAPA FACULTY NEWS

Creative Arts has continued supporting the creative development of students through a variety of classroom activities and extracurricular programs. Visual Arts has been busy working though the practical component of the course with each year group focusing on a different set of artistic skills. Year 7 Art has thus far completed various tasks such as water colour painting involving the elements of arts including line, shape, tone and texture. Year 8 Art students have started in class to craft their own cultural mask designs using a variety of materials after successfully completing their own tribal tattoo photograms in the previous month. Elective Art students have been producing collages based upon text in art and are beginning the planning of their major works.

The 100 hour Photography course have begun learning the processes of the darkroom through the crafting of their own unique personal narrative photograms. Year 10 Elective Photography 200 hours have been hard at work taking and developing photos of the mundane and still life images that reflect their personal identity. Students are reminded that their Photography Essay assessment is due by the end of Week 8.

Music has begun the process of sorting out acts for this year's showcase with many ideas being considered. The QHHS Rock band program has continued this year and has grown in musical range and popularity. A band of QHHS students will open this week's Take A Stand Disco performing the rock classic "What I like About You" by the Romantics. The Junior Choir has begun and is hard at work rehearsing during lunch. The wealth of musical talent at QHHS is showcased each week during the assembly, which has featured new students displaying their musical talents to their collective peers in a range of styles.



HISTORY FACULTY NEWS

COMPETITION NEWS

QHHS would like to offer all our amazing History students the opportunity to compete in the Australian History Competition coming up on 25 May. There are prizes on offer to the winning students from each year group and students will be recognised for their achievements. The cost to students is \$6.00 and the cut-off date for payment to the office is 30 March.

NATIONAL HISTORY CHALLENGE 2016 - TRIUMPH OR TRAGEDY

The National History Challenge is a research-based competition for students. It gives students a chance to be an historian, researching world history, examining Australia's past, investigating their community or exploring their own roots. It emphasises and rewards quality research, the use of community resources and effective presentation. Please go to the following website for more details. www.historychallenge.org.au. Closing Date: 26 August 2016

<u>HISTORY ASSESSMENT TASK DUE DATES – TERM 1</u>

Year 8 Empathy Task Week 10

Year 10 Elective Presentation Week 9

Quakers Hill High School History Faculty Website

Welcome to the QHHS History Podcast Website! Here you will find links to your assignment sheets with Podcasts that you can download and listen to help you along your way. This site is a work in progress, so keep checking back regularly for updates.

Good luck!!

www.tinyurl.com/zh3oe8p

HOMEWORK CLUB

Homework Club is now open. It will be held in the Library on Tuesday and Wednesday after school. This is to provide assistance to students needing help with homework activities and assessment tasks.

Students will need a new permission note for 2016. Notes can be obtained in the Library at Recess or Lunch.

Times: 3:10pm - 4:10pm

Tuesday: Mr Krilic

Wednesday: Ms Fensom

NAPLAN 2016

Included in this edition of Contact is information about the upcoming NAPLAN tests. It is important that if you **do not** want your child to participate that the school receives the signed notification that you are withdrawing them as their parent. As with all tests some children require extra time or an additional break. We can only do this with the permission of the parents. Any student who is entitled to an adjustment will be sent a letter with the appropriate documentation to allow us to cater for all students.

What can you do to assist your child?

There are many additional materials where students can practise for NAPLAN. The use of these is up to you as a parent - this is not mandatory as NAPLAN helps us address areas of strength and weakness and gives direction to our teaching.

NAPLAN is one test in many students will be doing. This is especially true for Year 7 where they will be also sitting half yearly exams for the first time. You can help your child by helping them manage their time and on occasion their stress levels - breaking down tasks makes the unachievable achievable. If you say, 'Study for your Maths test,' students will try but will procrastinate, but if you say, 'Find all the definitions in your maths book,' they have an achievable goal. This works for every subject. If you next say, 'Find the key concepts in your workbook and write them down on one page,' they have the start of a summary. Small chunks work best.

Practical help for NAPLAN- Check they have their calculator the week before they do NAPLAN. <u>Check they have their calculator in their bag on the 12th May when they do the Calculator section.</u> Pencils are supplied with a small eraser on the end - ask your child to bring their favourite eraser to get rid of any mistakes. They can bring water into the exam room in a clear bottle and they must turn their phone off - when phones vibrate it can be heard all through the Hall.

NAPLAN is not meant to be stressful - it is one set of exams over 3 days and does not fully define a student or a school. It is a small part of a very big picture.

TELL THEM FROM ME SURVEY

Congratulations to the Year 7 students who have been completing the "Tell Them From Me survey". Your behaviour and cooperation has been outstanding.

Prosperitas - Wow - I have been overwhelmed with the expressions of interest in entering Prosperitas this year. As of today we have 41 students in a variety of groupings completing 30 different and diverse tasks. I am very much looking forward to seeing projects as they progress throughout the year.

Mrs Karen Critchley - Head Teacher Teaching and Learning / History

SCIENCE MATTERS

What would Easter be without eggs? It certainly would be something we would rather not want to experience...image no chocolate

How about doing an egg-citing egg eggs-periments... sorry, I could not help myself!

The Naked, Folded Egg Experiment

It's easy to make a rubber egg if you understand the chemistry of removing the eggshell with vinegar. What you are left with is a totally embarrassed naked egg and a cool piece of science.

Warning: Patience is required!!!

Materials:

- Raw egg
- A pin/needle/ wooden skewer
- straw
- A tall glass
- Vinegar Patience

Method:

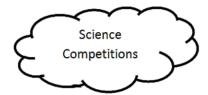
- 1. Pierce the egg on both pointed ends, and blow the contents out with the straw.
- 2. Rinse the shell gently.
- 3. Place the egg in a tall glass and cover the egg with vinegar.
- 4. Look closely at the egg. Do you see any bubbles forming on the shell? Leave the egg in the vinegar for a full 24 hours.
- 5. Change the vinegar on the second day. Carefully pour the old vinegar down the drain and cover the egg with fresh vinegar. Place the glass with the vinegar and egg in a safe place for a week that's right, 7 days! Don't disturb the egg but pay close attention to the bubbles forming on the surface of the shell (or what's left of it).
- 6. One week later, pour off the vinegar and carefully rinse the egg with water. The egg looks translucent because the outside shell is gone! The only thing that remains is the delicate membrane of the egg. You've successfully made an egg without a shell. Okay, you didn't really make the egg the chicken made the egg you just stripped away the chemical that gives the egg its strength.
- 7. Rinse the membrane under water and carefully squeeze out all of the water from the egg membrane.
- 8. Gently blow a little air into one end of the egg and the egg will puff up. Hey, it looks like a real egg! Slowly squeeze the egg in your hand and it will look like you crushed the egg. Just carefully toss and bounce the "folded egg" in your hand to allow the air to slowly work its way



back into the egg. The egg magically restores its shape.

9. Dust the egg membrane with some baby powder (sometimes called Talcum powder). Try to get some of the powder inside the egg as well. The powder will help keep the egg membrane from drying out and cracking – and it makes the egg look even more real.

For a prize: Write an explanation to describe how the shell was removed leaving behind only the membrane. Bring your answer to the Science staffroom on Thursday 24th March. The first correct student will receive a prize



- Students are encouraged to participate in the upcoming Science competition such as Chemistry Quiz and Big Science. Payment is due on the 1st April. See Mrs Prasad for more information.
- Students need to see Ms Earl in the English staffroom for information regarding the ICAS

Some interesting science facts:

- * Fire is difficult to extinguish in space.
- * The Lovejoy comet discovered in 2014 contains alcohol, sugar and other organic molecules.
- * The highest peak on Pluto has been measured to 6000 km tall.
- * The shape of the earth is an oblate spheroid.

SCHOOL OPAL CARD

This year, Transport for NSW have allowed eligible school students to travel without a School Opal card for the first 7 weeks of the school year, provided they are in school uniform or can provide evidence they are attending school.

As most students have now settled into their new travel patterns for the year and have received their School Opal cards, the grace period will end on Monday 21 March.



2016 Year 5 & 6 Information Evening

The 2016 Year 5 & 6 Information Evening was a busy and bustling event that was brimming with interested parents and Year 6 students. The event strove to provide prospective QHHS families with an opportunity to explore our facilities, interact with our staff, familiarise themselves with our procedures, school expectations, ethos and curriculum. Our self-possessed and eloquent student leaders did an incredible job of guiding our guests through our school and providing an insightful commentary about their own learning and engagement with our formal and informal curriculum. Every faculty mounted interactive displays that engaged and captivated the attention of their audience and created anticipation about the learning opportunities available to our students. Our talented Prosperitas students showcased their projects as ambassadors for our school's GAT initiatives in the Library. Since the event, the parental emails praising our student leaders have been flowing in. So to echo their sentiments, I would to thank the following "sweet, eager, proud and well informed" students for supporting this school event and making it a huge success:

Camryn	Batchelor	Harleen	Chauhan	Abbey	Fraser	Maddison	Latham	Rafal	Noori
Lindsay	Bath	Renee	Clarke	Vanessa	Gowans	Rachel	Lee	Iordan	Peters
Holly	Bramble	Adam	Coleiro	Angie	Groom	Ethan	Liu	Tarah	Porter-Sabogal
Hannah	Branson	Rylea	Conlon	Maddelyn	Harris	Grace	Luckman	Harry	Poulos
Sarah	Branson	Abey	Couzins	Alanis	Hawron	Tom	Luckman	Krystal	Rothery
Seth	Breese	Layla	Darwiche	Iluka	Jelley	Kopal	Mathur	Hayley	Sacco
Oliver	Burke	Luke	Dickson	Arashdeep	Kaur	Benjamin	McDonell	Zachary	Shaw
Dominique	Burke	Shiann	Downes	Sachnoor	Kaur	Matthew	Mey	Vanshna	Singh
Dylan	Caple	Rovielyn	Espiritu	Vipneet	Kaur	Zoe	Morgan	Karnvir	Singh Bains
Anindita	Chand	Tamika	Ezzy	Payal	Khatri	Cameron	Nolland	Muskan	Soni
Alister	Tupper	Sidney	Walde	Harvey	Wiggins	David	Woodward	Kayla	Wrigley
Sarah	Vaughan							Natasha	Deziel

READING RECOMMENDATIONS FROM OUR LIBRARY

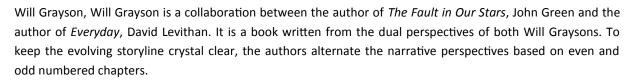
Will Grayson, Will Grayson - By John Green and David Levithan

Review by Rovelyn Espiritu (Year 10, 2016)

Will Grayson has two rules, which can be summarised in five laconic words: 'shut up and not care'. These five words are proven easier said than done, especially when in close proximity to Tiny – who isn't really tiny –Cooper, his fabulously gay best friend.

Will Grayson wants to end it all, or end all those around him. He keeps on falling, falling and failing and everything pretty much sucks. Everything except Isaac, his online friend.

Then surreally, two Will Graysons cross-paths at an obscene shop in Chicago. Is it just a coincidence or fate that brought these two together?



The book is filled with eye-opening and humorous colloquial one-liners that work to draw this book's teenage

audience right in. It unambiguously covers all aspects of teenage angst – love, lust, friendship, social ineptness, try-error-try and much more.

One of the aspects that I paradoxically like and dislike about this book is how the evolution of the Will Grayson characters is so dependent upon Tiny Cooper's very existence. The title of the novel, the alternating Will perspectives, all these things initially lead you to be believe that they are the central protagonists of the story, but with so much hinged upon what Tiny does or says, I wonder if Cooper is the dark horse and the true core of this narrative.

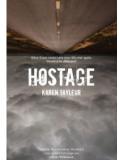
This young-adult novel has brought tears to my eyes – tears of laughter and empathy. It will make you feel a wide range of emotions from joy at Tiny Cooper's fabulous existence, to chagrin at Will Grayson's pessimistic, self-deprecating moments. It is a book that is certainly relatable, definitely entertaining and expertly stars a fantastic ensemble of characters. This is a must read for teenagers.

RATING:



Hostage - By Karen Tayleur

Review by Zoe Morgan (Year 8, 2016)



Hostage – the gripping tale of a girl's abduction. This intriguing tale is about a girl, Tully, who is abducted by a boy from school in a chemist robbery gone wrong. Tully experiences flashbacks from throughout her life as her captor takes her from place to place. This story has a surprising twist which will leave readers on the edge of their seats.

'Hostage' is a moving journey about Tully, on a quest to find her long lost mother. The author has written this story expertly, switching between first and third person perspectives and between Tully recalling the abduction and being interviewed at the Police Station. This compelling

tale encourages readers to continue reading by leaving them with cliff-hangers at the end of each chapter.

I recommend this book to teenage readers, as I think they will benefit most from this novel. They will be able to understand its complexities, enjoy the suspense and be able to empathise and connect to Tully, the central character.

RATING:



Siren - By Tricia Rayburn

Review by Kopal Mathur (Year 9, 2016)

Siren is the first book in the Siren series, written by Tricia Rayburn. It is a YA fantasy novel. The book is about seventeen-year-old Vanessa Sands, who is afraid of heights, the ocean, darkness.... pretty much everything. She is nothing like her fearless older sister, Justine, who tries to get Vanessa to face every challenge head on. It was always like that for Vanessa. Justine would always try to help her face her fears. But that was until Justine goes cliff diving and washes up on shore the next day as a lifeless body.



When Vanessa returns to Winter Harbor, where Justine died, she is seeking answers. She soon discovers that her sister's secret boyfriend, Caleb, has been missing for a while. Vanessa joins

Caleb's brother, Simon, to find answers. As the plot unravels, we discover that there have been countless other drownings, bodies washing up on shore, grinning from ear to ear. Together, Vanessa and Simon try to find the connection between Justine's death and the new drownings. This leads Vanessa to uncover a secret that might change her life forever.

This book involves a lot of suspense, and a bit of romance. The storyline is very unpredictable, with a lot of cliff hangers and plot twists. I'd recommend this book for anyone who enjoys stories full of suspense and drama. I thoroughly enjoyed reading this book.



NEW WORLDS OF DISCOVERY AWAIT YOU – ENTER THE PRC COMPETITION AND WIN

The 2016 Premier's Reading Challenge is in full swing and already some of our extraordinary readers have already devoured between 9 to 20 books, logged them on the PRC website and are prepped for their merit awards, their letters of commendation and a scrumptious pizza lunch of celebration at the end of their journey. So well done to the following driven and determined students for embarking on this worthy challenge and pushing themselves academically to achieve their very best:

YEAR	NA	ME	BOOKS READ SO FAR
Year 8	Zoe	Morgan	20
Year 8	Harvey	Wiggins	15
Year 8	Grace	Luckman	9
Year 8	Aidan	Parton	9
Year 9	Kopal	Mathur	9

For those yet to enter, it is it no too late!

The competition is open to students in Years 7—9 and requires that they read 15 books from an extensive PRC list and a further 5 books of their own choosing. (So that's 20 in total!) You simply record the title of the book, the author and the special PRC code on your reading log, which can be collected from the library. You then have you parents, guardian or English teacher verify that they have seen you read that book, and they do this by signing your Reading Log.

Each time you complete 5 books, Ms Lachevre will present you with a merit award and you will then go in the running to receive a Hoyts movie card.

You have until the 19th of August to complete your 20 books. (That's more than enough time.) Each student that successfully completes the reading challenge and returns their log to Ms Lachevre (by the due date), will be invited to attend a celebratory pizza lunch, receive a letter of commendation and a certificate of recognition. Your participation in the event will also appear on your school report.

Pick up a reading log today and talk to Ms Lachevre about the PRC books we have in our library. Register your participation on the student interest form found on the library front desk.



Nirimba Collegiate - Year 10 2016 into Year 11 2017



Subject Selection Process 2016 - Parent Guide

Term 2

2-6 May - Subject Selection Booklets Distributed in Year 10 Assembly at QHHS, RHS & SHHS. Subject Selection Booklets available at Wyndham College Reception for non-Collegiate applicants.



16th May – RHS/ SHHS Taster Lessons – Day 1

17th May – RHS/ SHHS Taster Lessons – Day 2

23rd May – QHHS Taster Lessons – Day 1

24th May – QHHS Taster Lessons – Day 2



6th June - Subject Selection Night. Enrolment Packages distributed and online subject selection process explained



Term 3

27th July — Enrolment Packages Due to your Careers Adviser. Online Subject Selection Closes



Term 4

22nd November – Year 10 Orientation Day for all students

22nd November - Parent Orientation Evening

*BOSTES - Board of Studies, Teaching & Educational Standards

Subject Selection Booklets will be issued in a Year 10 Assembly at QH, R & SH. Year 11 students will speak to Year 10 about the transition process and subject information.

Throughout Term 2 Careers Advisers will conduct Parent and Student Career interviews on request by appointment.

Please contact the Careers Adviser at your child's school to arrange

Wyndham College - Each day students arrange own transportation to arrive for an 8am start in the Hall.

Day 1 - Careers Advisers outline the days and reiterate subject choice rules. Students then attend a series of classes in which the demands of courses are explained by expert staff.

Day 2 - English and Mathematics Course levels outlined by HTs. Students proceed to a series of classes in which the expectations of the courses are explained by expert staff.

Wyndham College Hall - Arrive 6pm for a 6.30pm start.

Students receive Wyndham Enrolment Packages and hear about BOSTES* requirements, Patterns of Study offered and talk to subject experts about courses. Students will be shown how to use the online subject selection program at their school.

Please return the completed enrolment forms to your child's school.

Students may change their selection of subjects at any time up until 9am on 27th July.

Requests to change to subjects will not take place until Term 1 Week 2/3 2017.

Careers Advisers at Wyndham may contact students whose choices cannot be accommodated and negotiate changes before the end of Term 3.

Students will arrange their own transport to arrive at Wyndham College at 8am. Students will discover more about what it will be like to be a senior student at Wyndham.

Invitations will be sent to Parents in Term 3 notifying of start time and fees payable. Uniform can also be purchased/ ordered on this night.

If you have any questions, please contact the Collegiate Deputy Principal on 92087100 or the Careers Adviser at your child's school.

Colour Key: Parent Events

Student Events at Wyndham College Paperwork or online forms needing completic

Information for Parents and Students:

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4444

44444

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www.studyskillshandbook.com.au

Great news! Our school has subscribed to the ELES Online Study Skills Handbook.

The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.

To access the handbook, go to www.studyskillshandbook.com.au and login as a subscriber with these details:

> user name: quakershillhs password: 45success

The topics currently covered by the handbook are:

Working Better At Home Units Improving Your Skills Units

- 1. Home Study Environment
- 2. Organisation and Filing
- 3. Time Management Skills
- 4. Managing Workload
- 5. Dealing with Distractions
- 6. Overcoming Procrastination
- 7. Developing Motivation
- 8. Goal Setting
- 9. Lifestyle and Balance
- 10. Managing Stress

Working Better At School Units

- 1. Will we ever use this?
- 2. Using Classtime
- 3. Asking for Help
- 4. Dealing with Conflict
- 5. Groupwork Skills

- 1. Reading Skills 2. Writing Skills
- 3. Mathematical Skills
- 4. Science Skills
- Foreign Language Skills
 Assignments Skills
- 7. Research Skills 8. Presentation Skills

Improving How You Study Units

- 1. Summarising
- Active Studying
 Preparing for Exam Blocks
- 4. Test-Taking Techniques
- 5. After Tests & Exams

- Extra General Mini-Units
- 1. Starting Secondary School 2. Becoming a Senior Student
- 3. Bullying: Issues and Strategies

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- Managing Part-Time Jobs
 Your Brain and Memory
- Live Your Best Life
- Educational Kinesiology 8. Living Across 2 Houses
- 9. Travel: A Motivator to Learn
- 10. University: A New Adventure

Extra Technology Mini-Units

- Technology Tools
- Basic Computer Skills
- 3. Be CyberSmart
- 4. Apps for iPhone, iPad or Android
- 5. Microsoft OneNote

In addition to the huge amount of content, the systematic program for students to work through includes: online quizzes, summary sheets, worksheets, lots of FAQs answered, articles and links, online polls, facility to submit questions, helpful grids and planners, jokes and quotes, student thoughts, images and photos, students can submit ideas to win, competitions, audio and video files, streaming audio (to allow students the option to read or listen to the content) And: new content added regularly, new units added each year, new features added regularly. There is also a tracking system where students save the results of their end of unit quizzes and modules over the years.

<u>Please note:</u>
The above user name and password is for the use of the secondary school parents and students AT OUR SCHOOL ONLY. Please do not pass our school's details onto students or parents from other schools or other individuals or organisations as this is a prosecutable breach of copyright and also will result in frequent password changes for our school. Please also ensure you read through the terms of use the first time you access the handbook.

We encourage all parents and students to take advantage of this opportunity to further develop their students' study skills abilities.



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TRIM NO: 16/3548

NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016 the following vaccines will be offered to Year 7 students*:

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- · varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)
- * The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised. Parent Information Kits will be sent home to parents/guardians.

To consent to the vaccination of their child, parents/guardians are advised to:

- · read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- · return the completed consent form to their child's school
- · ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Public Health Unit Gungurra, Building 68 Cumberland Hospital LMB 7118, Parramatta BC NSW 2124 Tel 9840 3603 Fax 9840 3608

All Levels Welcome

ES New Season

comp starts

April 30

SATURDAY

U16 Women

J12 & U14 Mixed Div 1 - Div 4 Men 116 & U19 Men **VED NIGHT**

or bring a team. Come alone, with a friend,

TUES NIGHT

U19 Women

Div 1 Open Women



igh school age girls also) (Div 1 & Div 2 open to all Div 2 Open Women

Hawkesbury & District Basketball Association Email: hdba@bigpond.net.au Hawkesbury Indoor Stadium

16 Stewart St SOUTH WINDSOR

www.hawkesburybasketball.com

EMAIL ADDRESS REQUEST

Greetings Parents and Carers

PARENT/CARER SIGNATURE: _____

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and <u>legibly</u> complete the following and return it to school with your child.

Lauretta Claus						
Principal						
February 2016						
"	"	"	"	"	"	
	QUAKERS H	ILL HIGH SCH	OOL - EMAIL A	ADDRESS REQUES	<u>ST</u>	
CHILD NAME:			Y	EAR:		
PARENT'S EMAIL A	DDRESS:					
@						

INFORMATION FOR PARENTS

STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

- 1. Write them out a note in the morning.
- 2. Tell your child to take the note to the office before roll call.
- 3. The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.
- Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

STUDENTS WHO ARE LATE TO SCHOOL

If your child is late to school and have missed roll call, they need to go straight to the front office to be marked in late. If they are accompanied by a parent or have a note covering their lateness, they will not receive a lunchtime detention.

If your child is late to school and they do not have a note or a phone call explaining their lateness, they will be put on a lunchtime detention.

MEDICAL

Any students who is on an anaphylaxis or severe asthma plan will need to send in an updated copy of their current Action Plan from their doctor.to the office.

EVERY THURSDAY ALL STUDENTS FINISH EARLY AT 2.30pm

THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM

PLEASE CHECK OUR WEBSITE AND FACEBOOK PAGE REGULARLY

CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

NAME OF STUDENT:		
YEAR:		
ADDRESS:		
HOME PHONE:		
WORK PHONE:		
MOBILE NO:		
CARER 1 NAME:		
PHONE/MOBILE:		
CARER 2 NAME:		_
PHONE/MOBILE:		
	CTS:	
	S (IF ANY)	
Signed:	Date:	

Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763 Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: quakershil-h.school@det.nsw.edu.au
Website: www.guakershil-h.schools.nsw.edu.au

Principal: Mrs Lauretta Claus



FEELING THE HEAT? IT'S TIME FOR A SKIN CANCER CHECK!

Exposure to the sun's ultraviolet rays can cause sunburn and skin cancer and contribute to visible signs of ageing. There is a higher risk of skin damage, which can lead to skin cancer, during the summer months and that is why it is important to have regular skin checks with an accredited skin cancer doctor.

If necessary, KRMC®'s GPs will use mole-scanning technology to detect any suspect moles and to build up an accurate picture of changes to the skin over time. Our GPs and Nurses are able to perform excisions of moles that appear to be of concern and to send them for laboratory analysis via our on-site Pathology department. If required, follow up treatment and referrals are available.

For more information and to make an appointment at KRMC®'s Skin Cancer Clinic, please call Reception on 8822 3000.

OPEN 7 DAYS 8:00AM TO 8:00PM

Kildare Road Medical Centre / 36 Kildare Road, Blacktown, NSW 2148 / kildaremedical.com.au