



## UPCOMING EVENTS

**Friday 13 November**  
Contact issued

**Monday 16 & Tuesday 17 November**  
Year 8 Valid Testing

**Monday 16—Friday 20 November**  
Year 7 Swim School

**Wednesday 18 Nov.**  
Year 10 Orientation Day  
@ Wyndham College

Senior Leadership Team  
at Parliament House

Year 10 Orientation  
Parent evening @  
Wyndham College

**Thursday 19 November**  
Year 10 Orientation for  
Support Class @  
Wyndham College

**Monday 23—Friday 27 November**  
Year 8 Swim School

**Wednesday 25 Nov.**  
Year 6 Orientation  
Evening 7-9pm

**Thursday 26 November**  
Year 6 Orientation Day

Support Unit Year 6  
Orientation morning  
8.30-12.30pm

**27 November**  
Contact issued



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## PRINCIPAL'S REPORT

### SERVICE TO THE SCHOOL ASSEMBLY

On Thursday 12 November we held our Service to the School Assembly. This assembly is our effort to publicly acknowledge those students who throughout the school year have taken on tasks and responsibilities that have assisted and supported school programs and the learning achievements of other students.

Congratulations to:

**LIBRARY MONITORS**—Oliver Arreza, Camryn Batchelor, Lindsay Bath, Sarah Branson, Hao-yang Cai, Jacob Chin, William Deng, Natasha Deziel, Vanessa Gowans, Saraf Hossain, Casey Jobson, Arashdeep Kaur, Vipneet Kaur, Janani Krishnar, Grace Luckman, Kopal Mathur, Luke O'Keefe, Meet Patel, Bryce Simpson, Karnvir Singh Bains, Muskan Soni, Sarah Thurecht, Sarah

Wakeling

### HALL CREW AWARDS—

John Brown, Justin Galindez, Charles Kaufusi, Mitchell Mullins, Rafi Noori, Elisheal Prasad, Josiah Roberts

### SOUND CREW AWARDS—

Adam Coleiro, Sehajpreet Lamba

### PEER TUTORS AT BARNIER PUBLIC SCHOOL—

Yasmine Abdel Fattah, Ethan Cleland, Nathalie Despois, Gemma Hewitson, Maya Huxstep, Joanna Lutz, Laura Morley, Veronica Mullane, Divesh Prasad, Natalie Samuelu-Lesa, Anthony Stokes, Boaz Villarosa, Elliot Wilson, Faithe Wheeler

### SRC REPRESENTATIVES:

**Year 7**—Rocklin D'Cruz, Luke Dickson, Faith Gutugutuwai, Maddison Latham, Jake Malone, Amanda Zarb



Education & Communities

**Year 8**—Geoffrey Garcia, Hayden Johnson-De Silva, Jordan McGregor, Jordan Peters, Laura Towell, Erin Wilson

**Year 9**—Oliver Arreza, Genesis Asuncion, Dominique Burke, Tamika Ezzy, Luke O'Keeffe

**Year 10**—Yasmine Abdel Fattah, Aidan Bath, Jaime Bonsall, Jacob Chin, Kaitlin Heggen, Tamara Savage, Bryce Simpson, Jayden Thompson, Katie Towell, Boaz Vilarosa

#### **HOUSE CAPTAINS:**

**Ravensworth**—Nick Asiata, Georgia Brown, Joshua Apps, Paige Bootle

**OBERON**—Jessica Colclough, Clayton Faulalo, Molly Downie

**YALLAH**—Kaitlin Heggen, Rua Henare, Stephanie Kegg

**GUNDAGAI**—Faith Malae, Stanley Malae, Jake Malone, Ethan Peacock

**BATHURST**—Nikolas Savage, Tamara Savage, Lafitaga Simeona, Natalie-Aopo Samuelu-Lesa

**PERISHER**—Mya Waihape, William Yallop, Breannon Thompson, Jayden Thompson

#### **PEER SUPPORT COUNSELLORS:**

**Year 9**—Isabella Ahmad, Oliver Arreza, Dominique Burke, Adam Coleiro, Abey Couzins, Tamika Ezzy, Mer Kalo, Janani Krishnar, Cyndrella Ncube, Lei Octubre, Luke O'Keeffe, Luana Vaitusi, David Woodward

**Year 10**—Kayla Auld-Schuch, Aidan Bath, Jaimie Bonsall, Jacob Chin, Christian Conol, Gavin Ellison, Clayton Faulalo, Gemma Hewitson, Stanley Malae, Bhupinder Siau, Leanna Theocharopoulos, Tiana-Rose Tusini, Sarah Wakeling

#### **PAPER RECYCLING CREW:**

**Year 7**—Corey Attard, Maxx Ciavarella, Dakota Kneath, Linden Koster, Jake Malone, Luke O'Connor, Dylan Robinson, Emmanuel Seay, Dylan Sharma

**Year 8**—Cooper Boswell, Michael Clarke, Logan Ferro, Ryan Harvey

**Year 9**—Alexander Hopkins, Caleb Lambert, Saed Haji

**Year 10**—Andrew Baird, Luke Bianco, Jacob Chin, Phoebe Foulke, Jessy Hewes, James Huang, Con Lioulis, Chad Llesis, Daniel O'Keeffe, Jesse Owen, Ethan Tims, Christopher Wadey

#### **PRIMARY PROSPERITAS MENTORS:**

**Year 7**—Grace Luckman, Matthew Mey, Zoe Morgan, Ryan Savige

**Year 8**—Abdel Abdelfattah, Jasmin Akmakjian, Kaila Anderson, Fleur Coolen, Taylah Lennard, Elliot Luckman, Oliver Turner, Erin Wilson

**Year 9**—Holly Bramble, Sarah Branson, Pooja Chivukula, Adam Coleiro, John Espiritu, Tamika Ezzy, Stephanie Kegg, Ashleigh Kennedy, Komal Kumar, Sohnjah Lewis, Ben McDonell, Meet Patel, Karnvir Singh Bains, Andy Su

**Year 10**—Bridget Aitchison, Kayla Auld Schuch, Arin Buyaku, Madeline Iacono, Callum Powdrill, Nina Ruaix, Boaz Vilarosa, Kira White

#### **CITIZENSHIP PROGRAM**

Holly Bramble, Harris Mazoudier

#### **SPORTS ASSEMBLY**

On the same day we held our first Sports Assembly to congratulate all of our sporting stars.

Congratulations to:

#### **GRADE SPORT TEAM AWARDS**

##### **Season 1 Juniors**

Boys Touch Football A—Luke Dickson (Best & Fairest)

Boys Touch Football B—Micaiah Tusini (Leadership)

Boys Basketball A—Robert Calma & Miguel Araullo (Excellent Role Player)

Boys Basketball B—Jack Skinner (Best & Fairest)

Boys Soccer A—Daniel Allport (Best & Fairest)

Boys Soccer B—Rhys Smith (Most Valuable Player)

Girls Oztag A—Justyce Cleverly (Most Valuable Player)

Girls Oztag B—Alana Stephan (Best & Fairest)

Girls Teeball A—Georgia Dunbar-Mortimer (Leadership)

Girls Teeball B—Nikita Kiu Newburn (Sportsmanship)

Girls Netball A—Hannah Duncan (Most Valuable Player)

Girls Netball B—Bethel Raukete (Most Valuable Player)

### **Season 1 Seniors**

Boys Touch Football A—Stanley Malae (Sportsmanship)

Boys Touch Football B—Luke Jeffries (Best & Fairest)

Boys Basketball A—Ralph Danting (Leadership)

Boys Basketball B—Josiah Roberts (Most Valuable Player)

Boys Soccer A—Jonah Walker (Most Valuable Player)

Boys Soccer B—Blake Simpson (Leadership)

Girls Oztag A—Dominique Masiorski (Leadership)

Girls Oztag B—Breannon Thompson (Best & Fairest)

Girls Ultimate Frisbee A—Olivia Cleland (Most Valuable Player)

Girls Ultimate Frisbee B—Komal Kumar (Most Valuable Player)

Girls Netball A—Taya McLean (Most Valuable Player)

Girls Netball B—Isabella Ahmad (Most Valuable Player)

### **Season 2 Juniors**

Girls Touch Football A—Justyce Cleverly (Most Valuable Player)

Girls Touch Football B—Moira Gatchalian

(Most Improved)

Girls Basketball A—Bethel Raukete (Best & Fairest)

Girls Basketball B—Georgia Dunbar-Mortimer (Most Valuable Player)

Girls Soccer A—Amelia Smith (Leadership)

Girls Soccer B—Emma Hemsworth (Most Valuable Player)

Boys Oztag A—Kaleb Farr (Scoring 28 tries for the season)

Boys Oztag B—Micaiah Tusini (Sportsmanship/Leadership)

Boys Teeball A—Samuel Apps (Most Valuable Player)

Boys Teeball B—Xavier Francisco (Most Improved)

Boys AFL A—Daniel Ives (Most Improved)

Boys AFL B—Shaun Tweedie (Most Improved)

### **Season 2 Seniors**

Girls Touch Football A—Taya McLean (Best & Fairest)

Girls Touch Football B—Dominique Masiorski (Leadership)

Girls Basketball A—Tamara Savage (Most Valuable Player)

Girls Basketball B—Komal Kumar (Most Valuable Player)

Girls Soccer A—Madison Ellison (Leadership)

Girls Soccer B—Maddison Samways (Best & Fairest)

Boys Oztag A—Isiah Rudolph (Most Valuable Player)

Boys Oztag B—Luke Sim (Best & Fairest)

Boys Ultimate Frisbee A—Justin Galindez (Most Valuable Player)

Boys Ultimate Frisbee B—Maninder Gill (Most Improved)

Boys AFL A—Alex Braidy (Sportsmanship)

Boys AFL B—Joshua Ware (Sportsmanship)

### **OUTSTANDING ACHIEVEMENT IN SPORT**

**Year 7**—Zoe Morgan & Oliver Matthews

**Year 8**—Justyce Cleverly & Christopher Wicks

**Year 9**—Katelyn Stephenson & Jonah Walker

**Year 10**—Tamara Savage & Nikolas Savage

### **AGE CHAMPIONS**

#### **Swimming**

**12 Years**—Grace Luckman & Oliver Matthews

**13 Years**—Laura Towell & Guven Gemikonakli

**14 Years**—Katelyn Stephenson & Tyler Micallef

**15 Years**—Tynesha Caruana & Tom Luckman

**16 Years**—Jaime Todd & Nikolas Savage

#### **Cross Country**

**12 Years**—Zoe Morgan & Oliver Matthews

**13 Years**—Hannah Branson & Guven Gemikonakli

**14 Years**—Kayla Randall & Christopher Wicks

**15 Years**—Sarah Branson & Jonah Walker

**16 Years**—Tamara Savage & Nikolas Savage

#### **Athletics**

**12 Years**—Zoe Morgan & Adam Radwill

**13 Years**—Chloe Webster & Rhys Smith

**14 Years**—Kayla Randall & Daniel Allport

**15 Years**—Afraa Jumma & Aaron Wilson

**16 Years**—Tamara Savage & Jack Marshall

### **BLACKTOWN ZONE AGE CHAMPIONS**

#### **Swimming**

**13 Years**—Guven Gemikonakli

**14 Years**—Katelyn Stephenson

**16 Years**—Jaime Todd & Nikolas Savage

### **Cross Country**

**14 Years**—Kayla Randall

**15 Years**—Jonah Walker

### **Athletics**

**16 Years**—Jack Marshall

### **PREMIER'S SPORTING MEDAL**

Stanley Malae

### **TEAM OF THE YEAR**

Open Girls Netball team, coached by Ms Portelli

### **CHAMPION HOUSE**

Perisher

### **SPORTSWOMAN OF THE YEAR**

Tamara Savage

### **SPORTSMAN OF THE YEAR**

Christopher Wicks

Have a good weekend.

**Lauretta Claus**

**Principal**

## **PRINCIPAL'S AWARDS**

Congratulations to the following students on receiving their Gold Principal's Award:

**Year 7**—Luke Dickson

**Year 8**—Natasha Fernandez, Mikayla Gauci, Kopal Mathur, Sanjam Verma

**Year 9**—Karnvir Singh Bains x 2

**Year 10**—John Aguilar, Gemma Hewitson

## DEPUTY PRINCIPAL'S REPORT

### POSITIVE DATA FOR 2015

We are now half way through the hive of activity that is Term 4. Examinations have been marked, most assessments have been assessed and reports are being written. It is around this time that Mrs Maricic and I look back and start reflecting on how well students have behaved and achieved throughout the year and there are some very exciting statistics.

#### **Nil Negative Referrals**

Year 7 – 119

Year 8 - 81

Year 9 - 135

Year 10- 112

This means that 447 students have received no negative referrals at all this year. 447 students have been on time to school and to class every day. They have worn full and correct school uniform every day. They have followed the SMART expectations in class, in the playground and in all of their interactions with other members of the school community. All of the students who have received nil negative referrals have received a Bronze Award in recognition of their being a SMART student.

#### **Nil N Determination Warnings**

131 Year 8 students

149 Year 9 students

122 Year 10 students

This means that 402 students from Years 8-10 have submitted all tasks on time and have demonstrated sustained diligence throughout the year. This is outstanding and those students are to be congratulated.

#### **Multiple Positive Referrals**

336 students in total achieved 25 or more positive referrals in 2015, with 162 students receiving more than 50 merits within the year.

**In Conclusion:** In 2015 the PBL team led the implementation of a new merit system. There were many changes to the system with the introduction of SMARTies and changes to how merits were recorded, accumulated and publicised. One of the most significant changes was presenting all Principal's Awards on assembly in order to highlight our strengthened focus on achievement and citizenship. This increased level of publication has resulted in ever-growing numbers of students being publicly awarded and recognised for receiving our highest awards.

In 2015 several new levels of recognition were added and the *Quakers Hill High School Medal* was the highest school based award amongst these additions. In order to receive a QHHS Medal, a student must accumulate 3 Gold Awards which is a total of 135 merits. In this, the medal's inaugural year, ten students have achieved this honour. This is an outstanding achievement and demonstrates the commitment and citizenship of those 10 students – all of whom will be publicly recognised throughout our upcoming awards season.

**Swim school :** A reminder to all Year 7 and Year 8 parents and students that Year 7 swim school is taking place in Week 7 and that Year 8 swim school is taking place Week 8. If your child is not attending swim school, it is still important that you send them to school each day where a range of meaningful teaching and learning activities will still be taking place.

**Maintaining the SMART code:** As assessment tasks draw to a close and final academic re-



ports are being written, there can be a tendency for negative behaviours to start creeping in, for students to take less time and care in their learning and for an increased rate of absenteeism. It is a QHHS expectation that all students continue to wear full and correct uniform, bring all the required equipment for learning, arrive at school on time, follow all reasonable requests and attend each day until the end of term. Unfortunately, Mrs Maricic and I are encountering students who believe that these elements of the SMART code can be ignored towards the end of term. Please join with us in continuing to encourage your child to be a safe, motivated, academic, respectful and tolerant learner.

### WYNDHAM ORIENTATION

Wednesday 18 November 2015 is the Wyndham Orientation day for QHHS Year 10 students. Attendance is essential as this is an important opportunity for Year 10 students transitioning into Stage 6 to find out more about the college and thereby to facilitate a smooth entry into senior school. Students are reminded to wear their full school uniform and bring \$10 for their student ID card. The usual school-based consequences will apply for those who choose not to wear full uniform. Parents are also reminded of the Information Evening for Parents and Carers which is scheduled to begin promptly at 6pm and conclude at 9pm. This will consist of a short formal session that will be followed by a tour of the campus and an opportunity to purchase uniforms.

### JAMBEROO EXCURSION

The invitations for the 2015 Big Day Out Excursion went out to students on Monday 2nd November. Only those students who had consistently maintained the SMART code were invited to attend. This is part of our ongoing commitment to recognising and rewarding personal excellence in terms of the SMART code. Students who are consistently safe, motivated, academic, respectful and tolerant will be rewarded and recognised in a variety of ways throughout the school year.



### MAKING THE WORLD A BETTER PLACE

Sometimes when we watch the news, read or talk about what is happening in the world it is easy to become overwhelmed, to think what can I do? Who can I help? What can my contribution be? This year the QHHS SRC, with the support of the Quakers Hill High School Community, raised money for three charities.

\$3620.70 for the *40 Hour Famine*

\$500.00 for the *One Step One Life Foundation*

\$639.75 for the *Cancer Foundation*

Thank you to everyone for your generosity and community spirit.

**Mrs Rebecca Mahon**

**Deputy Principal (Years 7 & 9)**

## CAPA SHOWCASE

The Creative and Performing Arts faculty have had a busy week during Week 6. We held our annual CAPA Showcase across 2 nights. The array of student talent was enormous and guests were delighted and amused by stellar performances such as dance ensembles, musical items, drama performances, and the school hall tantalised our guests with a prestigious art exhibition from Visual Arts and Photography students from all classes throughout the year. The talent on display was enormous ranging from Year 7 students right through to Year 10 students, with topics and themes extending from Portraiture right through to Still Life and Fantasy Art.

Our CAPA Showcase was a huge success, with so many guests jam packing the school hall to view our gifted and talented students! This year we also saw the inclusion of our feeder primary schools joining our showcase and performing amazing pieces! A great time was held by all and it made all the rehearsals, prop preparing, and costumes sewn worth it! We are already looking forward to next year and what our new Year 7's can bring to our dynamic annual CAPA Showcase! Well done to everyone involved and thank you to the amazing and dedicated teachers of our school; without them the show would not be possible!





## ENGLISH FACULTY

**Year 7** are currently studying a unit on script writing. Students have already looked at the features of a script and the type of language used in scripts such as formal and colloquial language. Students are now collaboratively composing stories and transforming them into scripts that will be performed in class. In addition, students have been looking at the Elements of Drama not only to enhance their performance skills but to inform their scripts in regards to dialogue and stage directions. Students have and are continuing to show much enthusiasm towards our script writing unit.

**Year 8** are studying a unit on persuasive writing skills this term, learning a comprehensive variety of strategies to use when writing persuasively in a range of text types. Students are completing a series of short writing tasks and group activities aimed at engaging their audience and expressing their viewpoints as convincingly as they can. Tasks range from descriptive writing paragraphs aimed at engaging the senses of the audience to short radio advertisements with catchy slogans. Students are having a lot of fun sharing their ideas and being creative.

**Year 9** are studying a Science Fiction unit. Students have already looked at the conventions of and big ideas surrounding the science fiction genre. Students are currently completing a close study of a science fiction film selected by their English teacher. They are exploring exciting concepts such as scientific advancement and its ethical/moral issues and consequences. Students will continue to look at the literary and film techniques used in the film to help them with their Science Fiction Genre Assessment Task. In the assessment task, students are required to submit an imaginative, informative or expository text demonstrating their understanding of the Science Fiction genre and its conventions. Students may submit it in any form of their choice such as a short film, an essay, a story, a Prezi, PowerPoint, a game, a song or a picture book. Students are not only showing a genuine interest in our unit but are proudly exhibiting their extensive knowledge and experience with the Science Fiction genre.

**Year 10** are studying a Drama unit. Students have already looked at the Elements of Drama. Students are now applying this knowledge to our hands-on Drama activities. Students of all Drama abilities, from novice to expert, are having a good attempt at all the activities. It has been very pleasing to see the more experienced Drama students in their zone and encourag-



ing their fellow students to do something new. While students are enjoying this unit, they are also realising the relevance of Drama to English and why we study great dramatists such as Shakespeare.

Below is a piece of writing composed by **Aydin Akdeniz 8A** as a creative reflection in the Yearly Exam. He used the given quote: "Stars can't shine without darkness" to write an impromptu reflection with some very inspiring thoughts that students and adult alike can relate to - well done, Aydin.

#### ***A Shining Light in the Dark***

*There comes a time when everyone questions who they are, what they are and what is their purpose. Some people just brush it off and move on. Others linger on the question, "Who am I?" Everyone finds purpose eventually, young or old. It all really depends on when they answer that question and set their mark. Some people don't essentially find a cause but an outlet, somewhere to answer the question, turn their emotions into fuel for the flame, pushing them to find their cause, their purpose. Some find it in a line of work, some in competitive sport and some in other things.*

*I love a certain quote, "It's not what I wear that defines me, but my actions that do" – Christian Bale's Batman. This quote connects to me because while used in a fictional context it's a very strong saying, meaning whether we wear a suit or rags does not mean anything. It's the acts of greatness that define us.*

*Some people strive to be something they're not, something they're not meant to be. They try to fit into groups with the wrong people to be cool. Another quote I quite enjoy – "Don't try to be someone you're not. If you're being you, the right people will come to you."*

*As a personal connection, I tend to use my negative emotions on things that are hard or long, because I know that is the best way to get rid of my bad thoughts and emotions and that's the best way for me to really be me; getting rid of the bad and leaving the good. I cannot say I have found a purpose quite yet but I have set goals, goals I intend to achieve.*

*I can agree that letting yourself go and getting rid of the bad things in life only ever brings good, but nothing good ever comes easy. When you want to prove something to someone or yourself take the hard route: "The toughest steel is forged in the hottest of flames."*

*Darkness in someone's life is a scary thing. You're unsure of yourself, not knowing your worth, letting the negativity in your life take over you. Some let it happen and don't fight it; they let themselves go. Others fight the darkness in their lives – "The darkness is only strong unless there is light – the light always wins." All it takes is to turn on the light switch, kill the darkness, free yourself.*

*Most people who get through the dark times go on and achieve great things in life: "Stars can't shine without darkness."*

*Whether you choose to let yourself go, or fight for who you are is your choice but everyone has potential, no matter how smart, dumb, small, big or spinning in circles. Everyone has a purpose.*

***By Aydin Akdeniz***

*Some further quotes:*

*"Why do we fall? ... So we can learn to pick ourselves up." – Thomas Wayne*

*"Fear will only take over if there is no willpower." – Hal Jordan*

*"Something is only impossible until someone does it. Be that someone who challenges the impossible." – CT Fletcher*



# Languages

## Term 4 !!

Half-way through the term and Language students are **BUSY!!**



In Year 7, as part of our unit on travel, students are studying topics like Transport ,Pets and animals, onsens (hot springs), skiing (in Japan) and climbing Mt Fuji. Students will start learning about Japanese Calligraphy and using brushes and inks after they come back from swim school.

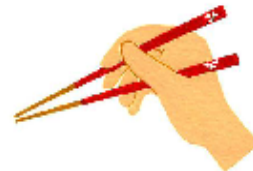
Year 8 Spanish students are studying topics like pets and Spanish festivals like the Day of the Dead. They are also doing a movie study of 'The Road to El Dorado', a Spanish-Culture based movie. It is interesting for them to look into the history behind the spread of Spanish around the world and its different forms. Camera angles and film techniques are also being studied.



Year 8 French students are looking at coffee and associated customs in France, November festivals and most importantly- shopping dialogues, and ordering at a *café*.



Year 9 and 10 Japanese electives are learning how to tell the time, hiragana and pop-culture studies. From Week 7 students will learn how to use chopsticks and there will be some study of customs associated with eating



in Japan. Later in the term they will also be using the calligraphy equipment (brushes and inks).

Elective French is to learn about writing dialogues to make a video of their group speaking French. They will be taught how to edit their video and how to present it.

Questions about your language studies?

### LANGUAGE DROP-IN

- Need some help?
- Just want to find out something?

Wednesday Recess D2

## Anime Club!!

*Anime club this term includes:*

*Mamotte! Lollipop*

*SwordArt Online*

*Astroboy*

**EVERY FRIDAY LUNCH D02!**

## YEAR 9 PEER SUPPORT TRAINING

During Week 5, 70 Year 9 students were trained over two consecutive days and completed a Peer Leader's Learning Guide and activities that generated discussion and responses across a variety of Leadership topics, including Communication, Active Listening, Relationship Building, Empathy, Flexibility, and Co Leading.

The purpose of the Peer Leaders' Training is to prepare Year 9 students for their role as Year 10 Peer Leaders in 2016, developing skills necessary for effective facilitation of Year 7 Peer Support groups. The training provides students with skills which are transferrable across a range of contexts. The training:

- Provides opportunities to develop and practise leadership skills which can be utilised in other areas
- Develops confidence in students
- Builds positive relationships across the school
- Assists students in gaining skills which are highly regarded by employers
- Increases interpersonal skills and improves personal relationships
- Provides opportunities to demonstrate initiative
- Develops organisational and time management skills
- Enhances relationships within the year group

During Year 10, the successful students will meet once a week with their Peer Support group of 8-10 Year 7 students for 40 minutes. Peer Support sessions will allow Leaders and their group to share knowledge and experiences, solve problems together, show understanding and support for each other, develop support networks and identify positive outcomes in a range of situations.

The main responsibilities of a Peer Leader include assisting with the development of friendships amongst the students in their Year 7 group, creating an inclusive environment, facilitating activities and discussions and overall, assisting Year 7 students with their transition into their secondary school life at Quakers Hill High School.

**Supervising/Coordinating Teachers of the program:**  
Miss Ellise Barratt, Mrs Louise Grantham

**Assisting staff in the training sessions:**

Mr Jesse Pearce, Ms Emma Flack, Ms Michelle Hill, Mr Rob Andrews and Ms Lauren Paa

## MESSAGE FOR PARENTS—STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to take the note to the office before roll call in the morning.

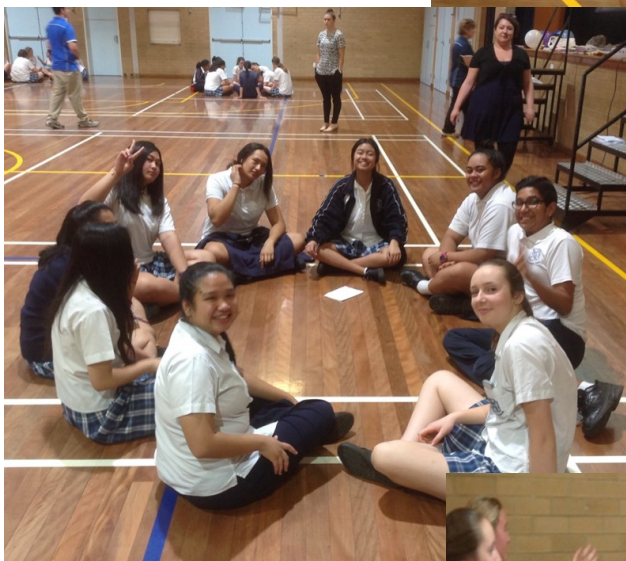
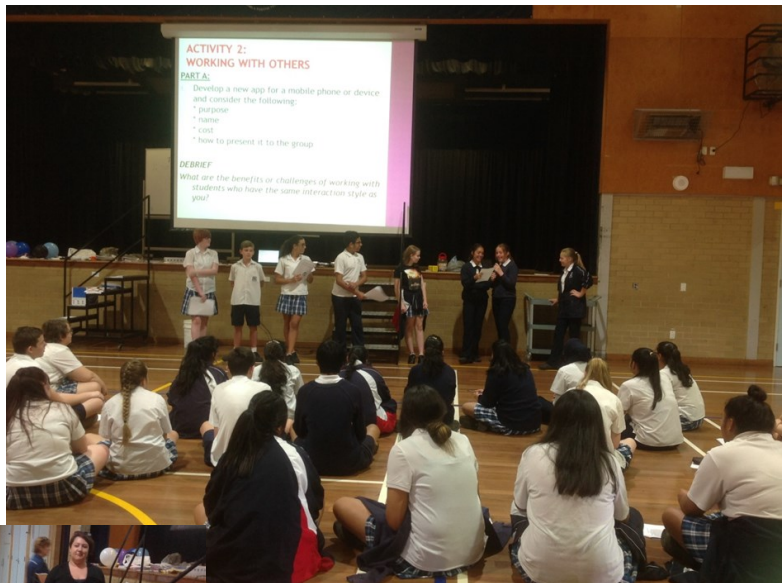
The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

**REMINDER—EVERY THURSDAY ALL STUDENTS FINISH EARLY AT 2.30pm**

**THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM**







## SWIM SCHOOL 2015

Swim School is on in 2015 for both Year 7 and Year 8. During this time staff and students travel to Blacktown Pool and participate in a swim and survive program that lasts for one week for each year group.

***Year 7 is during Week 7 Term 4 (Monday 16 – Friday 20 November)***

***Year 8 is during Week 8 Term 4 (Monday 23 – Friday 27 November)***

The program caters for all levels from non-swimmers to competent swimmers. Students are asked to indicate their swimming ability on the permission note which has been handed out before it is returned to the front office.

**Aquatics is a compulsory component of the Year 7 PDHPE program and all students are expected to attend. There will be NO formal lessons at school for Year 7 or 8 during the week their year group is at swim school.** The emphasis of the program is on personal survival and rescue techniques. In a country where there are so many drownings at the beach and in backyard pools it is of great importance that our students are confident in and around water.

Some students say that they can swim so they don't need to attend. This is not the case as by attending each student will achieve a Certificate of achievement indicating the level of their competency from RSLSA as well also learning survival and resuscitation techniques. This is extremely important as quite often you may need to save the life of someone else. This could be someone in your family or a complete stranger.

**A couple of years ago a former student from QHHS was walking down to Stanhope Shops when he saw a mother and father who had a young child with them who had stopped breathing. They were in a panic, however the ex-student calmly took control of the situation, used CPR training that he had just learnt from the swim school program and saved the life of the young child. The ex-student received a large write up in two local newspapers and he also received an award for bravery.**

**Times:** Roll call as normal. Students will then be transported to the pool by bus. Students will return to school by 3:00pm.

**Cost:** \$60 – Swim & Survive Award      \$65 – Bronze Star & \$70 for Bronze Medallion (Yr8's) (approval required for both of these-see Mr Barry)

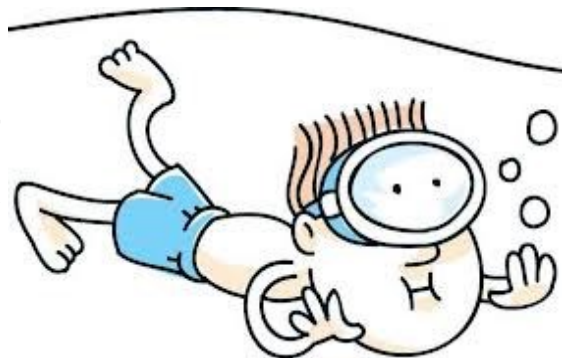
Cost includes pool entry, bus fare and awards from the Royal Lifesaving Australia.

### **Requirements:**

- School uniform is not required but students are expected to be appropriately dressed eg T-shirt, shorts and footwear.
- Towel, swimmers and warm clothes (tracksuit)
- 30+ sunscreen, hat, additional T-shirt to wear in the pool.
- Some students will be required to bring and wear additional clothing into the water as part of their award, however, their instructor will inform them accordingly.

**Other:**

- Students will be supervised at all times by staff however staff will not be responsible for large sums of money or valuables.
- Canteen facilities will be available during recess and lunch times.
- All students are required to follow the **SMART** expectations of QHHS for the duration of the Swim and Survive program. Failure to comply may result in exclusion from the program without refund.



**Mr Barry - Relieving HT PDHPE**

## **SUPPORT UNIT INFORMATION**

### **ORIENTATION DAYS**

Last week we had seven of our 12 new support students visit for their first orientation. Students had the opportunity to mix and mingle with their peers, venture down to the farm to feed the animals and learn to play a song on keyboards. We look forward to seeing all our new students on Thursday 26<sup>th</sup> November, our second Orientation Day, hoping they have another enjoyable day.

Our Year 10's will be attending Wyndham College on Wednesday 18<sup>th</sup> November for their Orientation Day. If parents are not able to transport their child to and from Wyndham, our Support classes will be travelling to Wyndham once they arrive at QHHS and will return to QHHS prior to the regular transport run departure. Additional transport notes will be distributed to parents this week.



### **ANNUAL REVIEW MEETINGS**

Last Monday the Support Unit held their first round of annual review meetings with our Year 7, 8 and 9 parents. The second day of meetings will be on Monday 16th November.

### **SUPPORT UNIT END OF TERM EXCURSION**

There will be a Support Unit end of year excursion later in the term. Activity, location and date will be advised within the next few weeks.



### **SUPPORT UNIT MEET AND GREET AFTERNOON TEA**

Another date to jot in the diary is Tuesday 8th December (12.30pm -2.30pm). We will be holding our annual Meet and Greet afternoon tea for all members of our Support community, providing an opportunity for students, parents and staff to celebrate achievements for 2015.

### **2016 CAMP**

Notes were distributed to parents this week regarding the Support Unit Camp for Term 1 next year. Can you please indicate student intentions on the note and return to homeroom teachers to gauge the number of attendees.

**Jennifer Payne**

**Support Unit Head Teacher**

### **SRC COLLEGIATE CAMARADERIE DAY**

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On the 29<sup>th</sup> of October, the SRC representatives from all the schools within our collegiate gathered upon Wyndham College's oval, to participate in the first collegiate SRC Camaraderie Day. The purpose of this day was to get to know the SRC students from our surrounding schools. We engaged in team-building activities, such as lining up in age order without speaking, or untangling themselves to form a ring. After this, feats of physical strength and endurance were undertaken, through activities such as tyre flipping, tug-o-war, and repeated ladder runs. Their dexterity was tested through an obstacle course, in which they had to keep as much water in their cups as possible, so as to fill a bucket at the end of the course. Lunch consisted of a delightful barbeque, provided by Wyndham College. To round out our day, two games of capture the flag were run, and more people broke out of the prisons than any police force would have wanted. The day was great, and everyone enjoyed themselves, aside from getting a bit sunburnt.



To see more photos from the day, visit the collegiate website at: <http://www.nirimba.collegiate.education.nsw.gov.au/gallery/collegiate-camaraderie-day>

Aidan Bath, School Captain





## STUDY SKILLS FOR NOVEMBER

### Top 10 Tips for parents to manage and communicate expectations about schoolwork and results.

Parents often have high expectations of their children in relation to how much homework they will do, and what results they will achieve in their studies. These expectations may result from cultural beliefs, personal experiences, desire for children to have better opportunities than their parents had and the like. Research shows that whilst parental expectations can play a significant part in children achieving high results, they can also contribute to high levels of student stress. Some things to think about in relation to parental expectations include:

1. **Understand your own motivations:** Why do you want your child to do get particular marks in their studies? Is it because you have pressure from family/friends/society about what your child will achieve? Do you want them to follow in your career footsteps? Do you want them to have opportunities you never had as a child or young person? Understanding your own motivations will help you find balance in your expectations of your children.
2. **Help your children to set realistic goals:** Keep talking to your children about what they want to achieve, in individual subjects, at school overall and in other aspects of their life. Their career goals may mean they want to focus intensively on something like art or music, rather than maths or science. Helping them to identify their goals will enable them to determine what subjects they need to focus on and what marks they are likely to need, which means that effort can be concentrated on the areas which will help them to achieve their goals.
3. **Be involved in your children's learning:** Throughout the term talk to your children about what they are studying. Ask them to show you their bookwork and homework. The more you understand about what they are doing and how they are going along the way, the better you will be able to set and manage your expectations.
4. **Make sure you really communicate what you expect:** Many students feel like they are not meeting their parents' expectations. Often this is a result of poor communication about expectations by both parties. Reflect on your motivations (see 1 above) and think about how you communicate your expectations to your children. Remember to praise them for the effort they make rather than the results they achieve, this way they are motivated to keep on trying, even when learning is difficult.
5. **Develop an understanding of the school's assessment and reporting structures:** Assessment and reporting systems change over time and are different in different schools, states and countries. Making sure you really understand what your children's report means may help you to understand what they are actually achieving. Your school can explain these to you if need be. Sometimes students are excelling, but reporting structures don't clearly represent this to parents.
6. **Remember nobody is perfect:** Even the brightest, most highly motivated child will struggle at times. They may struggle to understand a particular topic or concept, or they may struggle with motivation, particularly for a subject they don't particularly enjoy. Problems with teachers or peers can also contribute. It is unrealistic that anyone can work with 100% effort all the time.
7. **Provide practical homework and exam support:** Provide practical help them to your children to enable them to access past papers or practise questions and work with them by things like proofreading and reviewing drafts, checking work and listening to speeches. Remember though, it is not your work, so don't make changes, rather make suggestions and provide guidance.

8. **Spend time together doing something fun:** Make sure your relationship with your child is about more than homework and study. Allocate some time to do fun things together. This is the time in which your child is most likely to open up to you about the things that they are struggling with and you can work out how best to help them. Ideas include going for a walk or run together, registering for a team sport, having a dinner date or going to a gallery or museum.
9. **Support your child to do their best:** You can do this by providing healthy, nutrient rich food; opportunities for exercise, rest and relaxation and an environment which is supportive of and conducive to study.
10. **Keep alert for the physical and mental signs of stress:** Familiarise yourself with how your child responds to stress. Do they withdraw? Act out? Work harder or stop working? When you notice that your child is stressed provide them opportunities to discuss what is worrying them and work with them to identify how you can help them. You may wish to involve the school counsellor, a teacher or tutor at this point.

You can learn more about how to support your student's learning at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) by logging in with these details:

**Username: quakershillhs**

**Password: 45success**

## REMEMBRANCE DAY

This year there has been a focus on the 100<sup>th</sup> anniversary of the Gallipoli landing. As we go through the years we have many of these anniversaries which serve to remind us of our heritage. At Quakers Hill High we are personally aware of the importance of remembering as we think of the staff who have served, the ex-students and parents of our students who have served and are currently serving our country in recent years. This year we will commemorate Remembrance Day on Friday 13 November when it will be the sole focus for the day. Staff and students will take the time to remember at 11:00 am with a reading in class and the opportunity for classroom discussion.

History classes - Currently students are involved in many in-depth studies.

Year 7 are investigating the civilisation of Ancient China.

Year 8 are looking at Indigenous civilisations.

Year 9 are in the midst of World War II and the effect it had on the world's populations.

Year 10 are looking at decades from the 50's to the 90's.

Some students are enjoying the karaoke lessons. Some are not. Do not be surprised if you get asked to see your photos as a teenager or asked about your fashion style.

**Ms K Critchley**

**HT Teaching and Learning/History**





Quakers Hill High School



YEAR 6  
ORIENTATION ACTIVITIES  
2015

*"Shaping a positive future"*



Quakers Hill High School Hall

70 Lalor Road, Quakers Hill

**ORIENTATION EVENING**

**Wednesday 25<sup>th</sup> November**

Uniform Shop opens 5.30 – 9.00 pm.

Information session for parents & students at 7.00 pm.

Book-packs available at approximately \$35 / fees can be paid.

**ORIENTATION DAY**

**Thursday 26<sup>th</sup> November**

Year 6 students meet in hall by 8.30 am and can be picked up from 2.10 pm.

Year 6 uniform must be worn.

The canteen will be open.

A canteen lunch will be provided.

Enclosed leather shoes must be worn.



# STUDENTS SHOW OFF CREATIVITY

## CABARET FULL OF DANCE, SONGS

Lawrence Machado

AN ELECTRIC cabaret featuring high-powered dance numbers, with musical theatre pieces and 25-piece rock ensembles will provide an exciting evening of entertainment at Quakers Hill High School.

The Creative and Performing Arts showcase, *Vivacity*, has all the elements of a hit when it comes to life next Tuesday and Wednesday.

The cast and crew of more than 300 have been practising for nine months and for the first time there will be a collaborative effort showcasing dances from four schools, Quakers Hill High, Hambledon Public School, Quakers Hill East Public School and Quakers Hill Public School.

"We have a creative blend of contemporary vocalists and funky choir mixes and student-authored theatrical shorts," school spokeswoman Melissa Lacheyre said.

"*Vivacity* was named so to capture the high energy and spirit that characterises people when they engage in transformative and creative self-expression.

"We undertake a homage to Pippin's *Magic To Do*, Urine Town's *The Cop Song* and Jimi Hendrix's *All Along the Watch Tower*, to mention a few."

Music teacher Luke Cole said they have also created an original song to celebrate *Vivacity*.

"The piece began as a catchy rock riff thrown around between student Josh Frith and me, during one of the many noisy jam sessions at lunch time early in the year," Cole said. "It soon flourished into a

### VIVACITY

**What:** *Vivacity* staged by Quakers Hill High School

**When:** Tuesday and Wednesday, November 10 and 11

**Address:** 70 Lalor Rd, Quakers Hill

**Tickets:** \$10 at the door

**Time:** 6.30pm

**Details:** 9837 1533

### PHOTOS

Show cast members (see right)

**Top:** Chelsea Sako, Erin McCulloch, Carmel Edgerley, Madeline Iacono, Sohnjah Lewis and Rovielyn Espiritu with Joshua Frith

**Centre:** Marnie Harriss, Breannon Thompson, Piper Escott and Yee-Li Tee

**Below:** Gemma Hewitson, Camryn Batchelor, Jade Walker, Kayla Auld-Schuch and Jaimie Bonsall

full song with multiple parts and a fluid structure.

"New sections and structural elements were added from collaboration with students Jarred Commings and Oliver Turner."

They also roped in one of the parents, Rob Escott, to pen the song's narrative while another music teacher, Andrew Negus, helped with the rhythmic accompaniment and arrangement of the score.

"We wanted to create something unique that would be hopefully remembered in future years as the start of a tradition, an annual musical composition between teachers, students and parents for the creative and performing arts showcase," Cole said.







## A LETTER TO ALL YEAR 10 STUDENTS & PARENTS

Quakers Hill High School acknowledges the very special place that our senior cohort has in our school community and we recognise the importance of the Graduation Assembly and Graduation Dinner to the students of Year 10. In recognition of this Mr Roma, Mrs Asgar and Mrs Maricic along with the Formal Committee have been busy organising and fundraising for the Year 10 Graduation Dinner for 2015.

The Graduation Dinner will be held at **Novotel Norwest**, on the evening of **Wednesday the 2<sup>nd</sup> of December**. The Graduation Dinner is a **school function** and as such all students will be expected to conduct themselves in an appropriate manner. The evening is an opportunity to celebrate an important time in the lives of our students. The evening will feature red carpet arrivals, mock-tails on the terrace, a sit down dinner and a short number of speeches to be followed by dancing and socialising.

At this point it is essential to remind Year 10 students of their obligations for the remainder of the year so that they do not place their invitation to the Graduation Dinner or Graduation Assembly in jeopardy. With this in mind, QHHS would like to highlight the following points.

1. All aspects of the **SMART code of conduct must be adhered to** during your remaining time as a student of this school. Students who have been suspended will have to seek Deputy Principal / Principal approval to attend the formal. Students who have outstanding work, a pattern of poor attendance or have not met behaviour expectations will also need to seek Deputy Principal / Principal approval to attend the formal.  
The sanction list is currently being compiled and students who are on this list will be interviewed by Mrs Maricic in the upcoming weeks to discuss possible ways of addressing and rectifying any issues. Misbehaviour by any student or groups of students throughout Semester 2 will result in penalties that may include cancellation of their invitation to the Graduation Dinner and Assembly.
2. **Payment of all elective fees for 2015** – all students wishing to pay their deposit or final payment must have met their financial obligations for 2015.
3. **Regular and timely attendance must continue** to Graduation Day in order to complete courses, adequately prepare for senior subjects, participate in planned school activities and satisfy ROSA attendance requirements. **Students requiring leave for work experience, vocational training or family events must approach the school and seek an exemption from the Principal.**
4. Students are required to wear **full school uniform** for the remainder of the year. There are no exceptions to this.

The cost of the Graduation Dinner is \$95.

- A deposit of \$50 can be currently made for the Graduation Dinner if all financial obligations have been met for 2015 and their name is not on the sanction list. Paying this deposit will allow you to begin choosing the seating for your table on the night.
- The remaining \$45 or full payment of \$95 **MUST** be made by Friday 13<sup>th</sup> November (Week 7, Term 4).

NOTE – All refunds are made at the Principal's discretion.

If any parents or students have any concerns or questions about the Graduation Dinner or the Graduation Assembly, or a student's eligibility to attend, please do not hesitate to contact the school on 9837.1533.

Lauretta Claus  
Principal

Beaty Maricic  
Year 10 Deputy  
Principal

Launce Roma  
Year 10 Adviser

Shelley Asgar  
Year 10 Adviser

17 September 2015





This Year 10 Formal flyer was designed by Ms Angela Robins, an experienced graphic designer in our community who can help you with your design needs. Contact her for a quote.

Angela Robins

GRAPHIC DESIGNER

Mobile: 0419917140

Email: [robins\\_angela@yahoo.com](mailto:robins_angela@yahoo.com)

# *YEAR 10 GRADUATION CEREMONY INVITATION*

Dear Parent/Caregiver

It is with great pleasure that we would like to invite you to attend the Year 10 Graduation Ceremony on Friday 4 December 2015. The ceremony will commence at 9.30am to approx. 11am in the school hall.

Due to the large number of Year 10 students this year, it is necessary to limit the number of guests to **two** immediate family members per student. We ask for your cooperation in this matter.

Students who have been identified as **eligible** to attend the Graduation will need to meet under the covered area outside the hall in full school uniform at 8.30am. Family members attending are advised that they should be seated by 9am. Please follow the direction of student ushers by sitting in the appointed area inside the hall.

Could we take this opportunity to remind all Year 10 graduates that they are required to attend school on Thursday 3 December for a rehearsal to practise for this event. This will take place during Periods 1 & 2. Students are to report back to the Performance Space after the ceremony on Friday to return their Graduation Gowns.

We do hope you will be able to join us on this very special occasion.

Yours sincerely

Ms L Claus

Ms B Maricic

Mrs S Asgar

Mr L Roma

Principal

Year 10 Deputy Principal

Year 10 Adviser

Year 10 Adviser

November 2015



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## **YEAR 10 GRADUATION 2015**

**(Please return slip to the front office)**

Year 10 student's name: .....

I will / will not be attending the Graduation Ceremony on Friday 4 December 2015.

I will require ..... (no.) seat(s).

Signed: .....

Date: .....

Parent/Caregiver



\_\_\_\_\_

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Lauretta Claus  
Principal  
February 2015

A horizontal timeline with six vertical tick marks, representing a sequence of events over time.

QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

PARENT'S EMAIL ADDRESS:

[illegible]

PARENT/CARER SIGNATURE: \_\_\_\_\_

**CHANGE OF PERSONAL DETAILS FOR STUDENTS**

**(PLEASE PRINT)**

**NAME OF STUDENT:** \_\_\_\_\_

**YEAR:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**MOBILE NO:** \_\_\_\_\_

**CARER 1 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**CARER 2 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**EMERGENCY CONTACTS:** \_\_\_\_\_

\_\_\_\_\_

**MEDICAL PROBLEMS (IF ANY)** \_\_\_\_\_

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763

Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: [quakershil-h.school@det.nsw.edu.au](mailto:quakershil-h.school@det.nsw.edu.au)

Website: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)

Principal: Mrs Lauretta Claus



## QUAKERS HILL HIGH SCHOOL

70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747

E-MAIL: [quakershil-h.school@det.nsw.edu.au](mailto:quakershil-h.school@det.nsw.edu.au)

WEBSITE: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)

PRINCIPAL: Ms Lauretta Claus



### Student Absentee Note

Name of student \_\_\_\_\_ Year \_\_\_\_\_

Date of absence(s) \_\_\_\_\_

#### Reason for absence

The reason for the absence must be shown below. (Please tick the appropriate box and give details.) Note: If you prefer, you may telephone the school to explain your child's absence.

☐

Sickness (please give details, eg flu)

\_\_\_\_\_  
\_\_\_\_\_

☐

Family reasons (please give details, eg attendance at a funeral)

\_\_\_\_\_  
\_\_\_\_\_

☐

Other reason (please give details, eg attendance at a religious ceremony)

\_\_\_\_\_  
\_\_\_\_\_

Name of parent or carer \_\_\_\_\_

Signature of parent or carer \_\_\_\_\_

Date \_\_\_\_\_



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## KILDARE ROAD MEDICAL CENTRE

**RUYA MAHMOOD, BSpHSc, MSpLngPath, MSPA**

### SPEECH PATHOLOGIST

Ruya is a graduate of Macquarie University. She has experience in the assessment and treatment of children across all ages in areas of speech, fluency, language and literacy skills. She has worked closely with families and schools to achieve specific goals to maximise communication skills for children. Ruya has completed the Hanen 'It Takes Two to Talk' training, to assist parents of young children with language difficulties.

***Ruya offers bulk-billed and private consultations for children aged 2-15 years.  
For more information and to make an appointment, please call Reception on 8822 3000***

**OPEN EVERY DAY 8:00am – 8:00pm**

**36 Kildare Road, Blacktown (on the corner, next to Westpoint)**

**[kildaremedical.com.au](http://kildaremedical.com.au)**