



## UPCOMING EVENTS

**15 June**

ICAS Writing Exam  
P&C Meeting 7pm

**16 June**

Museum of Human  
Diseases excursion  
Year 10 Food Tech. exc.

**17 June**

Futsal competition

**18 June**

Scripture Stage 5 P5 & 6  
BYSA Excursion  
Pulse Choir excursion

**19 June**

Drumbeat Program Year 7  
boys  
Futsal competition  
Outdoor Learning working  
team

**22 June**

AFL Year 7 program  
Support Unit Featherdale  
Wildlife Excursion

**23 June**

French Day Incursion

**25 June**

Wyndham Enrolment  
Packages due

**26 June**

Contact issued  
Sem. 1 Reports issued  
Drumbeat Program Year 7  
boys  
Outdoor Learning working  
team  
Last day Term 2  
HAPPY HOLIDAYS



## HIGHLIGHTS IN THIS ISSUE

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## PRINCIPAL'S REPORT

### ZONE ATHLETICS CARNIVAL

Last week Ms Portelli took a number of our best athletes to participate in the Blacktown Zone Athletics Carnival. She was full of praise for how our students conducted themselves and there were some outstanding performances by some of our students over the two days. Well done to all students who represented our school with distinction.

### TELL THEM FROM ME SURVEY 2015

There were 180 students randomly selected from Year 8, 9 & 10 Maths classes to participate in an online survey about the school and the education on offer to them here at QHHS. The results were analysed externally and compared with schools across NSW. The survey results gave the school some very positive feedback as well as direction to what areas we need to focus on, so that we can continue to support the learning outcomes of our students. The data provided by this external survey was so valuable that we have decided to have Year 7 stu-

dents complete a similar survey in Term 3.

I have included some of the interesting data and highlighted in yellow the results that the students here at QHHS are telling us that they feel safe and valued and that they believe their learning is a priority.

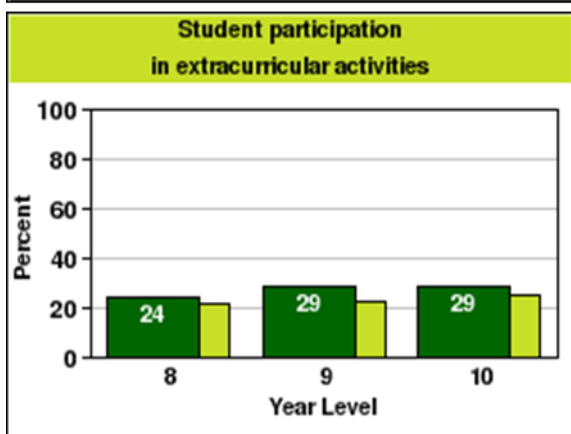
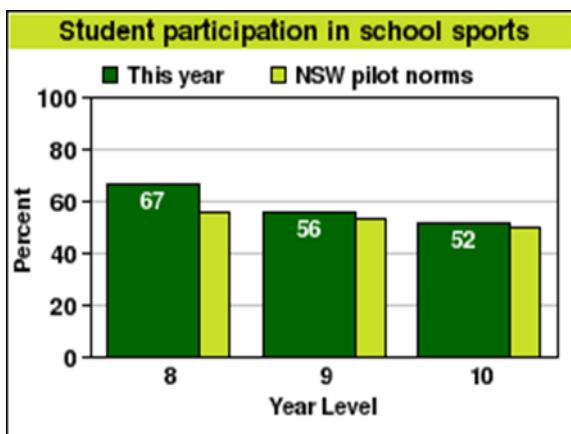
### Student Participation in school sports

Students play sports with an instructor at school, other than in a gym class.

- 59% of students in this school had a high rate of Participation in Sports; the NSW pilot norm for these years is 53%.
- 55% of the girls and 62% of the boys in this school had a high rate of Participation in Sports. The NSW pilot norm for girls is 50% and for boys is 56%.



Education &  
Communities



### Student participation in extracurricular activities

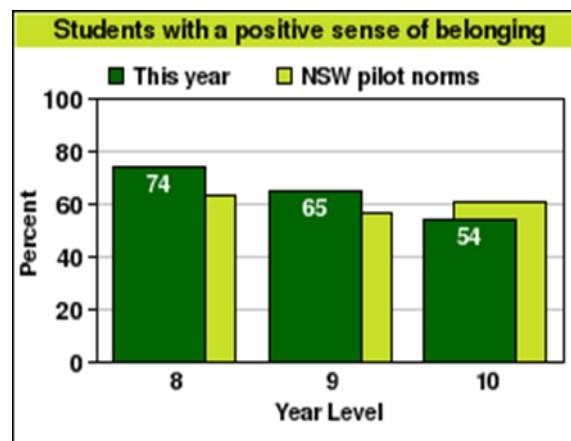
Students take part in art, drama or music groups; extracurricular school activities; or a school committee.

- 27% of students in this school had a high rate of Participation in Extracurricular activities; the NSW pilot norm for these years is 23%.
- 32% of the girls and 23% of the boys in this school had a high rate of Participation in Extracurricular activities. The NSW pilot norm for girls is 23% and for boys is 23%

### Students with a positive sense of belonging

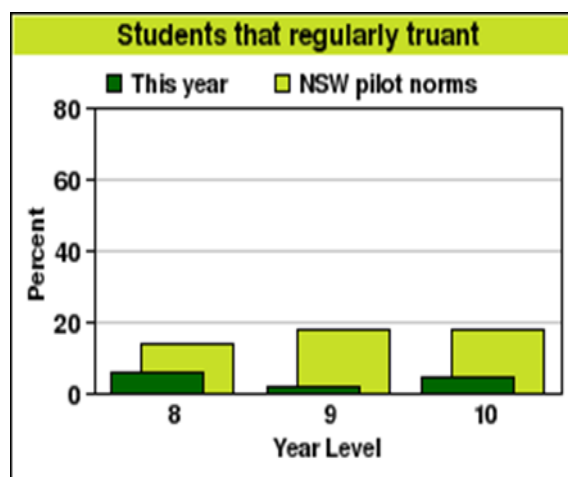
Students feel accepted and valued by their peers and by others at their school.

- 65% of students in this school had a



high sense of belonging; the NSW pilot norm for these years is 60%.

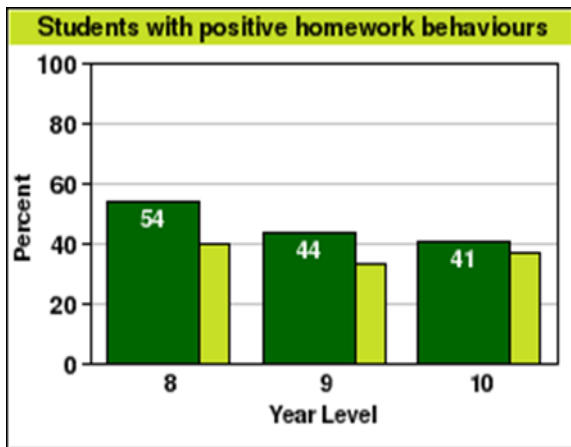
- 56% of the girls and 73% of the boys in this school had a high sense of belonging. The NSW pilot norm for girls is 55% and for boys is 66%.



### Students that regularly truant

Students skip classes or miss days at school without a reason, or arrive late for school or classes.

- In this school, the Student Truancy Rate was 4%; the NSW pilot norm for these years is 16%.
- In this school, the Truancy Rate for girls was 6% and for boys, 3%. The NSW pilot norm for girls is 15% and for boys is 17%.



### Students with positive homework behaviours

Students do homework for their classes with a positive attitude and in a timely manner.

- In this school, 46% of students had positive homework behaviours; the NSW pilot norm for these years is 37%.
- 54% of the girls and 39% of the boys in this school had positive homework behaviours. The NSW pilot norm for girls is 38% and for boys is 36%.

### STAFFING UPDATE

Our vacant LaST position has been filled by Michelle Hill who is currently a temporary teacher at St Clair HS and she will commence at QHHS next term. Mr Greg Hancox in Science has advised me that he will be resigning at the end of Term 2 due to health reasons and so the school is currently attempting to fill this vacancy. I would also like to formally welcome Mr Geoff Dacey to our staff he has been successful through the merit selection process as our new English Drama teacher, replacing Ms Notley Smith. Mr Dacey has already been making a valuable contribution to whole school programs with his work on our CAPA Showcase as well as the musical theatre group and the Drama performing workshops with our part-

ner primary schools, so we are very happy to have him on board with us.

Have a great weekend.

**Lauretta Claus**

**Principal**

## DEPUTY PRINCIPAL'S REPORT

### AWARDS, AWARDS, AWARDS.....

Congratulations to all the students who have collected enough SMARTIES and merits to trade up and receive BRONZE, SILVER and GOLD awards. The Staff are busy catching students being good with each of the PBL focus areas and the students have enjoyed the recognition.

Both Mrs Mahon and I will be looking very closely at the data to identify and reward all the students who have nil negative referrals and 100% attendance at the end of this semester.

### INCOMPLETE ASSESSMENTS

I speak here to a very small group of students, but unfortunately it needs to be said. All assessments are to be completed and submitted on time. If a student does not meet this requirement, then a letter will be sent home to the parent/caregiver to inform them. The letter states that the assessment still needs to be completed. We ask that parents help us by sending in the return slip to acknowledge that the letter has indeed made it to them and ensure that their child completes the assessment and submits it.

In Stage 4 all Year 7 & 8 students are required to clear "Incomplete letters" by demonstrating the outcomes to their teachers. This means, they must hand in the as-

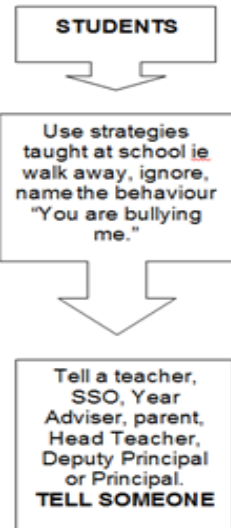
signment to receive a grade on their report. Likewise in Stage 5, all Year 9 & 10 students need to resolve their N Award Warnings to receive a grade on their report to ensure they progress and graduate with a ROSA.

If you think that your child requires some assistance because of technology issues, this needs to be brought to our attention so arrangements can be made to support your child.

#### PROCEDURE FOR DEALING WITH A BULLYING INCIDENT

***A reminder to all students:***

If you feel threatened, it is important that you report it straight away so it can be dealt with.



#### YEAR 10 IMPORTANT NEWS

Year 10 have two weeks to submit their enrolment packages for Wyndham College and also their subject choices. This is a very important time and I know many students have been seeking advice from their teachers and especially Mr Hutton, the Careers Adviser. If you or your child is still having difficulty with the process or would like to ask some questions, I would recommend contacting the school to get advice.

**Mrs B. Maricic**

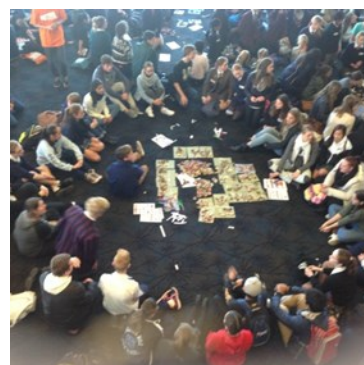
**Year 8 & 10 Deputy Principal**

## World Vision Global Youth Conference Excursion

On 3 July, 12 Year 10 leaders were selected to attend a World Vision conference at Luna Park. We had to catch a 7 o'clock train from Quakers Hill station to Milsons Point. When we got there we registered our school and sat in the conference hall where we were privileged to hear from a variety of guest speakers and youth ambassadors and were lucky enough to participate in a simulated game. They spoke to us about the poverty in the world and what we could do to prevent it; it was a really eye-opening experience that really moved us. It has empowered us to make change and to stand up for what we believe in. From this excursion the SRC have decided to participate in World Vision fundraisers and the 40 hour famine. We have a youth ambassador coming into our school to help promote and fundraise for World Vision in the coming weeks. We hope everyone will get behind our Fundraiser and help us support this charity.

By Katie Towell, School Captain





## HISTORY NEWS

Year 7 are currently completing their study of Ancient China and are being assessed on bookwork. Year 8 are looking at Vikings and are also being assessed on their bookwork. In the last week both Years 9 and 10 have received their next assessment task. Year 10 have an Empathy Task on the Civil Rights Movement due in Week 1, Term 3. In class they are being shown various presentation techniques. Year 9 are completing a research task on World War I or II due in Week 5, Term 3. If any students have missed their assessment task, they are to see the History staff where they will sign for their copy of the assessment. All History assessment tasks have been emailed to students in case they lose their copy. All assignments are also placed on the History noticeboard.

## TEACHING AND LEARNING NEWS

This term has been busy with applications for placement in the Year 7 2016 Gifted and Talented class exceeding expectation. We also have been requested to participate in PISA (Program of International Student Assessment). This is the origin of the tables you often see in the media comparing one country to another. This will affect Year 9 and 10 students who are born between May 1999 and April 2000. Students are randomly chosen to complete the online assessment. The student will receive a letter explaining the test and the timing in the near future. Parents do have the right to withdraw their child from the test.

Next term during Education Week joint events will be held on 30 July. Students participating in Prosperitas will be displaying their work. On the same night Year 7 will display their projects on this year's PCL theme - The Philippines. I am looking forward to seeing all the wonderful work in one place. Well done Year 7. Also well done to all the Year 8 students who have received their bronze awards in the last week- keep them coming.

**Mrs Karen Critchley**

**HT, Teaching and Learning/History**

## MUSIC NEWS

During the last few weeks, we have had a combination of both our junior and senior students performing a whole variety of different musical items at our school assemblies. Joel Deaves and Matthew Mey from Year 7 performed the 'Alphabet Phonetics' rap, accompanied by Matthew Tito from Year 8 on the drum kit. Looking forward to some more hip hoppin' performances from these guys in the near future. Great job Matt (M), Joel and Matt (T).

Jaimie Bonsall in Year 10 sang 'Gravity' by Sara Bareilles, showing off her versatile singing range and giving us a preview of what to expect from her in the CAPA Showcase at the end of the year. Great effort, Jaimie.

Jordan Ayyad from Year 8 performed 'Bloodstream' by Ed Sheeran. He overcame some early nerves and finished his song on a high note! Great work, Jordan.

A big congratulations to these students on their efforts and very excited for the upcoming performances in the next few weeks.

**Mrs A. Tong (Music Teacher)**



## STUDY TIPS FOR JUNE

### TOP TIPS FOR MOVING INFORMATION INTO LONG TERM MEMORY

The following are some tips which may help you to move information from short to long term memory.

1. **BE ENGAGED:** If you are interested in what you are learning you are more likely to remember it. Ask questions, pre-read information, make summaries and follow up on things you don't understand.
2. **USE REPETITION:** Repetition is the key to transferring information from short term to long term memory. The more often you practice a technique, or revise your information the better it will transfer to long term memory.
3. **RECORD INFO:** Don't just write down everything your teacher says, or copy straight from a textbook or the Internet. Think about what is being communicated and create notes that are accurate, meaningful to you and build connections. Mind maps are a helpful tool for this.
4. **ORGANISE INFO:** When you are studying for a topic, make sure you organise the information into small, distinct chunks.
5. **VISUALISE INFO:** Build a mental picture of what you are trying to remember, like the parts of a plant or a battle in history.
6. **BUILD ASSOCIATIONS:** This might mean developing some kind of sensory cue which enables you to remember information such as smell or sound. Try turning your notes into a song or poem.
7. **SHAKE THINGS UP:** Write in a crazy font, use lots of colours, use your left hand to write instead of your right...anything that makes your brain have to engage more actively with what it is you are trying to learn.
8. **FUEL YOUR BRAIN:** If you want your brain to work well for you, you also need to work well for your brain. Eating foods rich in Omega 3 and essential fatty acids (such as fish, nuts, legumes and leafy green vegetables) will help your brain to function optimally. Drink lots of water so that your brain doesn't dehydrate. Keep away from too much caffeine which may impair brain function.
9. **REST YOUR BRAIN:** Getting fresh air and exercise helps your brain to process information, as does sleep. Most students need 8-10 hours of sleep a night. The last stage of memory consolidation takes place while you are sleeping so ensure you get enough sleep each night.



*Learn more this year about how to study effectively by working through the units on [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au), particularly Active Studying and Your Brain and Memory. Our school's access details are:*

*Username: quakershillhs*

*Password: 45success*





**Friday 19<sup>th</sup> June**

**The Formal Committee will be selling flavoured churros  
and hot chocolate/coffee**

**Churros come in flavours: Chocolate, Caramel, Custard**

**Prices:**

**Coffee / Hot Chocolate \$2**

**Churros \$2**

**Churro & Hot drink of your choice Deal \$3.50**

**Being sold outside the G Block Near TAS!**

**The money raised will not only go towards the formal but  
also to some families that need our help in the school  
community.**

**PRE-ORDER YOURS WITH OUR FORMAL COMMITTEE  
SO YOU WON'T MISS OUT!**



## STUDENT WELFARE NEWS



Student Welfare encompasses everything the school community does to meet the personal, social and learning needs of students. Quakers Hill High School is fortunate to have two school counsellors who provide support for our students: Andrew Stephens, who joined our Welfare Team this term and Nicky Mayo.

**Andrew Stephens—available every Tuesday, Wednesday, Thursday (Week B) & Friday morning until 1pm (Week A)**



**Nicky Mayo—available on Mondays and Friday morning until 1pm (Week B).**

Students can make self-referrals if they feel the need to speak to the school counsellor by filling out a School Counsellor Self-Referral form. These forms are located in the Welfare Staffroom.

### School Counsellor Self-Referral

*Please fill out this form to see one of the school counsellors.*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Year: \_\_\_\_\_ I would like to see the school counsellor about:

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I would like to see the school counsellor:

☐ When I can      ☐ Soon      ☐ As Soon As Possible

I would prefer to see:

☐ Either counsellor      ☐ Andrew      ☐ Nicky (longer wait times)

I have seen

☐ Year Adviser      ☐ Chaplain      ☐ SSO

***Thank you for filling out the school counsellor self-referral form!***

***Please seal it in an envelope and hand it in to the Welfare Staffroom.***

## ART NEWS

### **COMPETITION WINNERS – Congratulations Sohnjah and Karnvir!**

Another busy period in the CAPA Faculty with competitions galore and great successes! Firstly, a big congratulations to Sohnjah Rose Lewis in Year 9 who was awarded Regional Runner-up prize in the annual national Harmony Day Poster Competition with her outstanding poster effort. Sohnjah will be presented with her certificate at next Thursday's official prize giving ceremony which takes place at Parliament House, Sydney. Well done Sohnjah! Another successful competition candidate is Karnvir Singh Bains, again from Year 9 who was awarded a highly commended in the Anti-Bullying Poster Competition which ran earlier this year. Once again, well done Karnvir!

Successful entry by Sohnjah Rose Lewis Yr 9

Karnvir Singh Bains Yr 9



### **Year 9 Elective Art News**

There is some beautiful work coming out of Ms Josselyn's Year 9 Elective Visual Arts class this semester. Students are working on drawing technique and are producing works with a 'Fantasy' theme. Two outstanding examples of work in progress are shown below, one by Sohnjah Rose Lewis (left) and the other by Carmel Edgerley (right). An excellent effort girls!

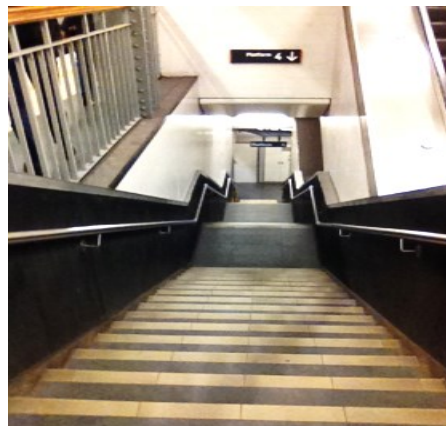


## **Photography Excursion to the City**

Last Friday 5 June, the year 9-10 Elective Photography classes went on an excursion to the city to take photographs of the Urban Landscape. Students were kept busy walking from Circular Quay to Hyde Park and then onto Darling Harbour. This excursion was much anticipated and evoked a lot of excitement in the weeks leading up to the big day. The day and the weather certainly didn't disappoint and the students were perfectly behaved.

## **Excursion Report by Damien Sherpa - Year 9**

During this excursion we travelled from place to place in the city taking amazing photographs of many landscapes and outstanding sights. Many students took over 300 photographs on the day of the city sights for a Photography assessment that we will finish back at school. We did a lot of walking which was exhausting but we were able to stop at many kiosks and delicious fast food places such as McDonalds and Subway, before we boarded our train and headed back to Quakers Hill to start the long weekend. It was a great day and everyone looked like they all had fun. It was a great idea and I hope we are able to do it again but maybe in a different location. Thank you to the supervising teachers, Ms Valatiadis, Mr Wong and Mr James.



**City Photographs by Damien Sherpa**



## GIANTS VISIT QHHS

On Wednesday 10 June we were lucky enough to have a visit from several players from the GWS Giants. The players who came to visit were Phil Davis, Dylan Shiel, Jacob Townsend and Patrick McKenna. They spoke to our junior AFL teams and the Junior OzTag teams about what it takes to become a professional athlete and also the importance of education for modern day athletes. The boys also had a chance to ask the players some questions about how they got into the sport.

To coincide with this visit Matthew Byrne from the AFL provided the school with free tickets to the Giants vs North Melbourne game on 20 June. If anyone is interested in going to the match and would like to take advantage of the free tickets, please see come to the Welfare staffroom and I'll give you some tickets.



Mr Barry

## GOLD PRINCIPAL'S AWARDS

**Year 8 Cooper Boswell, Michael Clarke, Ashley Commins, Cindy Despois, Logan Ferro, Kamran Gundes, Lily Hindmarch, Lachlan Hooke, James Lee, Kopal Mathur, Vanessa Sibbald, Sanjam Verma**



## INFORMATION FOR THE PARENTS AND CAREGIVERS OF YEAR 7 STUDENTS

Quakers Hill High School is once again participating in the School Vaccination Program offered by the NSW Department of Health. The Vaccination pack sent home with every year 7 student will give details of the vaccinations being offered with contact details for the NSW Department of Health if you have any questions about the vaccinations being offered. The scheduled dates for vaccinations are as follows

- Friday 27<sup>th</sup> March 2015 – Yr7, 1<sup>st</sup> Dose HPV  
Yr7, dTpa
- Friday 29<sup>th</sup> May 2015 – Yr7, 2<sup>nd</sup> Dose HPV
- Friday 9<sup>th</sup> October 2015- Yr7, 3<sup>rd</sup> Dose HPV  
Yr7, Varicella

Please return these forms by Friday 20<sup>th</sup> March 2015 and place in the box provided at the student window in the office. If your child is absent on the day of the vaccinations, please refer to the attached notice from NSW Health.

Maria Romerosa

Relieving Head Teacher Welfare

### Year 7 Vaccination Program 2015

My child ..... of class ..... will  
**not** be having the vaccination because

Signed .....

Parent / Guardian

## MESSAGE FOR PARENTS— STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to take the note to the office before roll call in the morning.

The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

**REMINDER—EVERY  
THURSDAY ALL STUDENTS  
FINISH EARLY  
AT 2.30pm**

**THE QHHS UNIFORM  
SHOP IS OPEN EVERY  
MONDAY MORNING  
FROM 8.10—9.30AM**



# Languages

## Competitions

Anime Club  
now on Edmodo  
Code: 5fhrmf5  
DO THE POLL!

Nothing to do on school holidays?

There are TWO competitions currently on !!

### 1) Essay in English about Japan/Japanese Culture.

Open to students who study Japanese

**2nd Australia-Japan Relations Essay Contest  
for NSW and NT Secondary School Students 2015**

Conducted by the Consulate-General of Japan in Sydney



**Deadline: Thursday 20 August 2015**

**PRIZES**

**FIRST PLACE - SENIOR DIVISION**  
Trip to Japan, courtesy of Japan Airlines & JTB Australia  
A free return economy class air ticket from Sydney to Tokyo Narita,  
7-Day Japan Rail Pass and 3 night\* accommodations at Shiba Park Hotel in Tokyo.\*

**FIRST PLACE - JUNIOR DIVISION** \$300 worth of books  
**SCHOOL OF THE YEAR** \$400 worth of books  
**OUTSTANDING & HIGHLY COMMENDED**  
UNIQLO Gift Vouchers  
And Other Prizes (see website)

**ESSAY TOPICS**

**Junior: Years 7 & 8 (700-1000 words)**  
You have been asked to organise a Japanese cultural festival for your local community. What aspects of Japanese culture would you introduce and how would you present them?

**Senior: Years 9-12 (1300-1600 words)**  
Both Australia and Japan face the challenge of an ageing population. Discuss some of the specific strategies each country is debating and employing to address this issue.

### 2) 2015 QHHS Manga Competition.

Details confirmed and released in Wk 9

Manga will be due in by Aug 7

Open to all QHHS students

**2015 MANGA COMPETITION**

**DO Draw a manga**  
It can be one frame or maximum six frames.  
Maximum size A4 sheet

**The time has come, Manga Fans ...to show us your talents!!**

**Any topic (Must be PG-rated though)**

**You can add Japanese, or not...**

**Hand in to Mrs Watanabe or Miss Marin**  
By Friday 7<sup>th</sup> August  
Term 3 Week 4  
09:30 - 02:00 @ 0500h

**Must be original work**  
Colour or black n' white  
00000 00000 00000  
It's all about how much effort you put in...

**Prizes:**  
(1st) \$20 Gift Voucher (2nd) \$5 canteen voucher  
(3rd) Cadbury's chocolate  
Announced in Week 5

Ganbatte ne!! がんばってください!!

Questions about your language studies?

#### LANGUAGE DROP-IN

- Need some help?
- Just want to find out something?

'Till end of this term dates are:

- Japanese: Wednesday Lunch D2
- French: Thursday Recess D2

Drop-ins will also run next term but times may change subject to timetable changes.

## ENGLISH FACULTY NEWS

Last term Year 9 English students studied a unit of work called 'The Human Footprint'. They looked at a variety of text types, both factual and fictional, that deal with concerns for the environment and the impact of humankind on the environment. Ms Ossington's class created a series of haiku poems in response to these issues. The haiku is a Japanese poetic form that contains three lines of verse and seventeen syllables in the pattern five, seven, five.

<p>Plastic butts and junk All tossed carelessly each day A lazy action</p> <p><b>The damage can stop Everyone must do their part Please do not litter</b></p> <p>As the seal lies down Dying and suffocating While we aren't changing</p> <p><b>Smoke up in the air Making life a misery For all who live here</b></p> <p>Rubbish all around It's so hard to move around Animals dying</p> <p><b>Destruction coming Pollution is killing us Global warming heat</b></p>	<p>Evaporation Destruction of everyone It melts away, ciao</p> <p><b>Rubbish lots and lots Oh how I can't remember When none was around</b></p> <p>Drip drip plonk no more It's all gone never to return Despair all around</p> <p><b>Death even more death Our sea creatures vanishing Because of rubbish</b></p> <p>The ice is melting snow land and animals dead land is drying up</p> <p><b>Smokey sandy air Smelly everywhere, deadly Global warming scare</b></p>
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## SCIENCE MATTERS

### Year 7A Student Views on PCL in Science

*"In our PCL project, we researched a natural disaster that could occur in the Philippines. We created a poster including information, survival kit and some pictures of Typhoons."*

**Joel, Yashvi, Ethan, Zaldy and Amelia**



*"It is great to be a student in 7A class. We have the opportunity to work with people with similar ability. We make great friends who know different concepts and different ideas about the Philippines project."*

**Zoe, Lindsay, Luke, Eoghann and Amanda**



*"Everyone had a job of contributing food, surviving tools and first aid essentials to the survival kit. The final product is useful and we believe that it will help a lot with survival of Typhoons in the Philippines."* **Moira, Cheyenne, Naveen, Ele, Rhiannon and Kabir**



*"We collaborated our ideas for our masterpiece 'the Tsunami'. At the beginning of the project, we did not know each other. Since we spent time together researching about Tsunami in the Philippines, we became friends and our friendship has been strengthened through this project."*

**Will, Rocklin, Emily, Maddison, Ethan & Jayda**

**Mrs J. Rajendran, 7A Science Teacher**



## **SUPPORT UNIT INFORMATION**

### **Year 10 Transition Meetings in Term 3**

The Support Unit will be holding transition meetings for our Year 10 students in Term 3. Our students will be discussing subject selection for Year 11 at Wyndham College. The two days allocated for these meetings will be Thursday 13th August and Monday 24th August. Meetings will run for roughly half an hour to an hour. The transition note was distributed this week, and I also emailed this information to all our Year 10 parents.

Could parents please return their preferred meeting times to me as soon as possible. Thank you to parents who have already returned their times.

### **End of Term Excursion**

The Support Unit will be going on their end of term excursion to Featherdale Wildlife Park on Monday 22nd June. Just a reminder notes and money need to be returned by Friday 19<sup>th</sup> June.

### **Support Unit Swim School in Term 3**

Swim School notes were distributed Week 1 of this term. Could I please ask parents to indicate either by an email to myself or written in their child's diary, if their child will be attending Swim School in Term 3. Notes and money are due in by Friday 19th June.

**Mrs Jennifer Payne, Support Unit Head Teacher**

## **MAKE MATHS LEARNING - FUN**

- **Make maths a game** – Make your child consider maths not as work but as a game that can be played like computer games, sports or fun board games. Use digital games, apps and numerous websites as resources for making maths a game. There are numerous activity books that make maths fun, as well as websites where you can download.
- **Integrate maths into fun activities** – Find out what games or activities your child enjoy, and integrate maths into it. If your child loves to bake or cook with you, for example, you can have your child measure ingredients. If your child loves sports, teach him/her about the numbers used in sports such as scores, batting average, percentage of wins, and so on.
- **Make maths real and meaningful** – We are surrounded by real maths problems in the form of money, measurement, time and others. Point this out to your child as you go with him/her through life...
- **Give a reward** when your child masters maths skills like counting, doing addition multiplication or doing well in exams. The reward does not have to be expensive. It could be a special dessert or an extra hour watching TV. Make sure rewards are attached to a specific goal or accomplishment and not used inconsistently or inappropriately.
- **Make maths a fun competition** – You can play maths games with a group of kids of similar ages, making a quiz show with points given to the child who is first to say the correct answer to a maths problem.

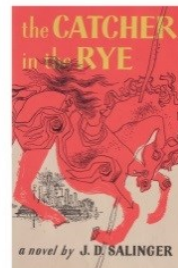
## Reading Recommendations from Our Library Leaders

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### ***The Catcher In The Rye* – by J.D Salinger**

Review by Emma Goldsworthy (Year 9, 2015)

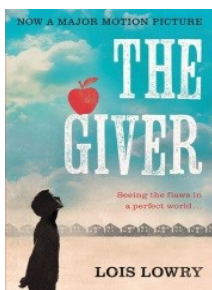
Holden Caulfield was never a “bad” student at Pencey Prep. in Agerstown, Pennsylvania, but you couldn't call him a good one either. A few mishaps and hang-ups have led to Holden being expelled from yet another college, but he has other plans. After a serious fight with his roommate Stradlater, Holden has picked up his belongings and headed to the city of New York without a trace. In the ‘Big Apple’ he finds himself traversing an unforgettable city with himself and himself only, and having a blast along the way; chatting up older women, going to clubs and really embracing the approach of “young, wild and free” to the maximum extent. *The Catcher In The Rye* is a provocative and relatable novel. It exposes you to Holden's struggles, joys, hardships, and thoughts and reveals the inner workings of a teenage mind. Overall, *The Catcher In The Rye* is a very relevant novel that explores Holden's struggles with the “phoniness of the adult world” and the challenges we face as we grow up. This book is a celebrated classic, but as it deals with sophisticated ideas and mature situations, I would strongly recommend this book to mature readers, interested in preparing themselves for the HSC English course. I would rate this book ½ stars.



**RATING:** ★★★★★

### ***The Giver* – by Lois Lowry**

Review By Janani Krishnar (Year 9, 2015)



*The Giver* is a novel written by Lois Lowry and was a winner of the Newbery Medal. This astonishing book depicts a seemingly utopian and perfect world and was adapted to film in 2014, starring Brenton Thwaites as Jonas and Jeff Bridges as The Giver. In the novel, Jonas is an ordinary boy who lives with his ‘family unit’ and is always with his closest friends during the ‘volunteer hours’. When Jonas becomes ‘a twelve’, (a momentous time in his life), he is assigned his official job for his adult life. But things are different for Jonas; he is selected to be the new ‘Receiver’ for the organised community, a rare and singular job that sets him up as the apprentice to the current Giver. During his training with The Giver, Jonas starts to discover dark secrets that lie beneath the surface of his perfect world. These secrets will lead him to undertake an incredible journey that will benefit him, but will impact the community as a whole. This book must be read, as you will be unable to put it down. Lois Lowry weaves a story that is tantalisingly mysterious and epically adventurous. To find out more, you must read this dramatic book “that haunts the reader for days” - Margaret Mahy.

**RATING:** ★★★★★

### ***Blood Red Road* - by Moira Young**

Review By Muskan Soni (Year 9, 2015)

*Blood Red Road* is the post-apocalyptic science fiction novel written by Moira Young. The first book in the Dust Lands Trilogy introduces us to Saba, a brave, loyal and gutsy heroine, who is a



flawed but powerful and determined character. Saba has a twin, Lugh, who she feels is her other half, someone she would die for, smiling. So when Lugh is kidnapped, Saba embarks on a dark and mysterious adventure with her younger sister Emmi and other friends that she makes along the way. On her journey she meets Jack, and starts to develop feelings for him, but must be single-minded about her mission. She must get her brother back, no matter the cost. *Blood Red Road* is a Young Adults novel that primarily focuses on adventure, rather than on the usual issues that lead to rebellions and upheaval in this particular genre. It is written to engross and entertain the reader, rather than to teach something. I really enjoyed this book because it is a thrilling read that conveys a real sense of 'nail-biting' danger and adventure. The simple pretext for the story is refreshing; there is no society to save or to destroy, but only a single person to find and save, someone that the main protagonist would travel and search the whole world for or even die for. I would recommend this book to any Y/A reader who likes reading post-apocalyptic science fiction adventure novels.

**RATING:** ★★★★★

## Primary Prosperitas – *It is All About Team Work*

By Karnvir Singh-Bains (Year 9)

Ms Tweeddale developed the Primary School Prosperitas Program in 2013 and it has grown since and now includes over 28 participants from Quakers Hill East PS, Barnier PS, Quakers Hill PS and Hambledon PS. As part of PS Prosperitas, students develop individual projects of interest over a five month period, whilst being supported by a QHHS student mentor. I'm currently one of a number of student mentors that work closely with the Year 6 students. Some mentors are in Year 7 and others are in Years 8 -10. My mentee, Jerome, is from Barnier and we've had a great time working together and working through all the cool stuff the school provides us with. Jerome is making a comic book for his project. He has come up with an epic story, which has all the elements of a great narrative; it has emotion, drama, fun, laughter and the best thing that every story can contain, a moral. Michael Jordan said, "Talent wins games, but teamwork and intelligence win championships." Working closely with my Year 6 mentee is like having four sets of hands working towards building a sand castle; together we capture more of those sand grains and build a greater structure, than we could individually. Jerome and I both have this team spirit that helps us achieve more. We both learnt a lot from this program. I've learnt about the challenges of guiding someone towards their goal and gaining their trust and confidence and gained more respect for my parents and what they try to achieve. Jerome is great and respects every suggestion I give, as he is a great mentee. We have a meeting coming up on Thursday the 11<sup>th</sup> of June and I'm so excited to meet him and get going on his comic book. I feel so privileged to be a part of this program and to be an ambassador for my school.

## Primary School Performing Arts Workshops – A Student Leader's Experience

### THE DRAMATISTS SPEAK

By Maddelyn Harris, Ashleigh Kennedy and Karn Bains. (Year 9)

**THE SCENE:** Quakers Hill Primary school Hall.

**THE CAST:** Mr Dacey & a group of enthusiastic Year 6 students.

**CUE SCENE...**

“Theatre Sports is run all around the world-“

“How can it run all around the world? There are, like, oceans Sir.”

*...That’s when Mr Dacey knew that answering a Year 6 question was a very tricky business.*

||

On the 9<sup>th</sup> of June we visited Quakers Hill Public School with Mr Dacey to teach three groups of Year Six students about Drama. We started off with a game of ‘Zip Zap Bop Bang’ and ‘Thank You’, followed by a demonstration game of ‘Death in a Minute’. After our demonstration we split the kids up into teams and gave them a scenario, which they then used to create a scene and performance. It was cool seeing all the little kids in their tribute shirts, and it was even cooler knowing the majority of them would be coming to our school. There were a lot of talented kids and a surprising number of enthusiastic and talented boys, willing to jump in and have fun. It was a very awesome experience being able to teach the Stage 3 students and to help them develop their scenes and then to watch the scene come to life when they performed. We all felt quite proud, seeing the kids who had been initially so unsure of themselves get up and perform their scene without a hitch and try their best, and the fact they cheered on their friends made it even sweeter. Nobody made fun of the other teams and they were quite serious and intent for Year Six students, and it really put teaching into perspective. It was hard enough trying to control a group of primary school students, and we can’t imagine how hard it is for Mr Dacey to control us, but he does. It was an interesting and enjoyable morning, and we would like to thank Quakers Hill PS for having us and letting us teach their kids. Thank you Mr Dacey for inviting us to come along and for giving us this amazing experience.

### THE DANCERS SPEAK

By Jessie Grace and Carmel Edgerley (Year 9)

We went to Quakers Hill Public School to teach Dance to Year 6 students on the 9<sup>th</sup> of June. We initially did a warm up and then followed this with a routine. The routine was a basic combination to “Thrift Shop” by Macklemore. Our budding dancers tried their very best and showed lots of potential. Their behaviour was very good and they listened carefully to instructions. It was a good teaching experience for us and great preparation for the Dance industry. It taught us how to teach effectively and how to communicate with young children. We also helped guide them on their way to seeing the great opportunities Quakers Hill High School has for interested dancers.

Mrs Raz did an exceptional job at teaching the Quakers Hill Public Students. She discussed with the children what was on offer at our school and they were really eager to know more about our sporting, Dance and Music programs.

We would like to thank Mrs Raz and Quakers Hill Public for letting us have this opportunity to come out to their school and teach these wonderful Year 6 students. Also a big thank you to Ms Lachevre for organising the program.

## THE 2015 QHHS Prosperitas Program – A Quakers Tradition that is Going Strong

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By Ashleigh Kennedy (Year 9)

Prosperitas is a long-running program at QHHS, and involves a student self-nominating and proposing a self-interest project that could align with any subject – with a teacher’s approval, of course – and then beginning the long journey of bringing their project to life. A teacher mentor guides the student and supports them throughout the process. It’s hard, but the end result is always worth it.



Projects are displayed during Education Week in Term 3: a date fast approaching. With the introduction of a new project, The Primary Prosperitas Program, we're now blending High School students from across the year groups to aid the talented Year Six students from QHHS's feeder schools.

While the program mainly focuses on working towards your goal and practising or developing your talents and interests, at the end of the program there is a wonderful presentation: all through the day students wander in and out of the QHHS Library to see the displays, and at the end of the night, student and teacher votes from during the day are tallied and awards handed out accordingly. The project focuses are truly diverse; you can see anything in the presentations, ranging from mosaics, sculptures, movies, dances, historical presentations, fashion shows, novels, comics, paintings, etc. (One year there was a sustainable fish tank.) It's an excellent day and night being privy to the reactions of students, teachers and eventually parents.

This year's Primary Prosperitas looks like it's going to mind-blowing. Young kids are working with great independence to create things like magazines, comics, full musical numbers, artwork, a Japanese manga, a sports presentation and even more. It's going to be brilliant seeing young, talented minds come together to showcase months of hard work and then reward them for their efforts.

Prosperitas is an amazing way to build confidence in your talents and explore your current interests, and it will definitely be worth checking out when the time comes around. It could inspire you to participate in Prosperitas or Primary Prosperitas next year!

## Synergy Dance Festival

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By Jessie Grace (Year 9)

Synergy is a dance festival for schools all over NSW. Schools had to send in a short audition video of their dance item to be able to qualify for the festival. The festival was on the 1<sup>st</sup> to the 5<sup>th</sup> of June. Mr Roma was the choreographer of the QHHS dance for Synergy 2015.

The dance explored the experiences of the women in the 1940's who stayed at home and took over the men's jobs during the war and those who joined them on the front line. The dance portrayed the army women recruiting the house wives and home gals to their cause and to their ranks. At the beginning of the piece, the choreography was lyrical and emotive and when the army entered the stage the piece transformed and became more upbeat and dynamic. Mr Roma did an outstanding job with the choreography and with tirelessly organising dates to rehearse.

The festival was held at Penrith Panthers. On Monday the 1<sup>st</sup> of June we had an all-day rehearsal at Penrith. When we rehearsed on stage we realised that we needed to elevate our energy and strengthen our delivery and use the space we had. That Monday night we had to perform and we had so much fun. We performed in a spectacular fashion, exploding on stage and it was an amazing experience. We also had a matinee performance on Friday. With an early show, we had to be there at 9:30 am with our hair and make-up stage ready. So the dance ensemble arrived with our hair in a low bun on the left and an army hat on the right and our faces ready for the stage lights.

Synergy Dance Festival was great fun and it gave us an amazing taste of the Dance world. On behalf of all the dancers, I would like to thank Mr Roma for choreographing an outstanding routine and for being a great mentor.

# VIVACITY – A Great Show In the Works

By Maddelyn Harris (Year 9)

The 2015 CAPA showcase 'Vivacity', will be performed on the nights of the 11th and 12th of November in Term 4. Whilst this date can seem a little distant and far away, the rehearsals are going full steam ahead right now, as all the performers can testify. I'm part of the Drama Ensemble and as a member of the Musical Theatre Group, I am happy to announce that the three songs that we will be performing will be absolute theatrical highpoints of the show under the fabulous direction of Mr Dacey and Ms Marin. They managed to show us all off to great advantage and make rehearsals fun. Now for the Drama Ensemble particulars- there is a junior group (Years 7 & 8) and senior group (Years 9 & 10) that will be performing their own pieces and then we'll all come together to do a big show stopping number. In the senior group we are doing the opening song for the musical theatre portion of the show, as the song is dramatic and explosive and a perfect way to kick off a great production. We dance through the crowds and with the audience and whet your appetite for what's to come. Whilst I love Drama, that's not all that is in Vivacity this year. There are also some fantastic dance and music items, an inspiring choir and rock ensembles and there will be walls full of amazing artworks and photography. Musical theatre has really helped me to grow as a person, meet new friends and find my confidence and I encourage anyone who would like to try and 'broaden their horizons' to sign up or join in, as it will help you through high school and make it all a bit easier. Vivacity tickets go on sale in Term 4.

**News Flash:** Mr Roma will start auditions for the African Inspired Hip-Hop dance group in the coming week. For more information, just listen to the Crews News announcements.



## QUAKERS HILL HIGH SCHOOL

70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747  
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WEBSITE: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)  
PRINCIPAL: Ms Lauretta Claus



### Student Absentee Note

Name of student \_\_\_\_\_ Year \_\_\_\_\_

Date of absence(s) \_\_\_\_\_

#### Reason for absence

The reason for the absence must be shown below. (Please tick the appropriate box and give details.) Note: If you prefer, you may telephone the school to explain your child's absence.

☐

Sickness (please give details, eg flu)

\_\_\_\_\_  
\_\_\_\_\_

☐

Family reasons (please give details, eg attendance at a funeral)

\_\_\_\_\_  
\_\_\_\_\_

☐

Other reason (please give details, eg attendance at a religious ceremony)

\_\_\_\_\_  
\_\_\_\_\_

Name of parent or carer \_\_\_\_\_

Signature of parent or carer \_\_\_\_\_

Date \_\_\_\_\_

# UOW OPEN DAY

10am – 2pm

Saturday, August 29

Sydney CBD Campus, Circular Quay  
Gateway Building, 1 Macquarie Place

[uow.edu.au/sydney-open-day](http://uow.edu.au/sydney-open-day)

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- Learn about our business courses
- Meet current students and industry partners
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## Parramatta

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PARRAMATTA



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I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Lauretta Claus  
Principal  
February 2015

\_\_\_\_\_ " " " " " "

## CHILD NAME: YEAR:

[illegible][illegible]

PARENT/CARER SIGNATURE: \_\_\_\_\_

## CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

NAME OF STUDENT: \_\_\_\_\_

YEAR: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

HOME PHONE: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_

MOBILE NO: \_\_\_\_\_

CARER 1 NAME: \_\_\_\_\_

PHONE/MOBILE: \_\_\_\_\_



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## **KILDARE ROAD MEDICAL CENTRE**

### **INTRODUCING....Dr. Sameer Abedi** *MBBS, MRCGP, FRACGP*

Dr. Abedi studied at the University of London and completed his GP training in the UK. His interests include chronic disease management and paediatrics and he also works in our Skin Cancer Clinic. Dr. Abedi speaks Urdu and Hindi.

*To make an appointment with Dr. Abedi (and all GPs and Physios) book online at [kildaremedical.com.au](http://kildaremedical.com.au), download the Appointuit App or call Reception on 8822 3000*

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