



## UPCOMING EVENTS

**Friday 11 December**  
Semester 2 2015 reports/  
Contact issued

**Tuesday 15 December**  
Youth Frontiers  
Showcase in Library  
10.30-12pm

**Wednesday 16 December**  
Last day for students &  
staff

**2016**

**Wednesday 27 January**  
First day for staff

**Thursday 28 January**  
First day Year 7

**Friday 29 January**  
First day Years 8, 9 & 10

**Friday 5 February**  
Contact Issued

**Monday 8 February**  
Swimming Carnival  
Taster Day No. 1

**Tuesday 9 February**  
Year 5 & 6 GAT Informa-  
tion Evening 7-8pm

**Thursday 18 February**  
Year 7 Vaccinations

**Friday 19 February**  
Contact issued



## HIGHLIGHTS IN THIS ISSUE

Award winners Pages 1—6

Game Training Workshop Page 12

Grade Sport results Pages 22-23

Science Matters Pages 24-27

## PRINCIPAL'S REPORT

### SCHOOL CELEBRATES OUTSTANDING STUDENT SUCCESS

The past weeks marked our annual celebrations of student achievement.

### YEAR 10 FORMAL AND GRADUATION

The annual Year 10 Formal and Graduation Ceremonies held last week were wonderful demonstrations of our school community's commitment to excellence. Our Year 10 students looked fabulous at the Formal and spent most of the night dancing, the students had to compete with the teachers on the dance floor when the DJ played "Nutbush" and Michael Jackson. Similarly the Year 10 Graduation was a very emotional event with all the students enjoying the celebration of their last 4

years of school. At this event Zane El Kamand's outstanding academic achievement was rewarded with him receiving the Gary Kenworthy Dux of Quakers Hill HS for 2015.

This year's award recipients were:

QHHS Award for Student Leadership—Aidan Bath & Katie Towell

Northwest Community Baptist Church Award for Service to the School and Community—Tamara Savage & Boaz Villarosa

QHHS Award for Exceptional Commitment—Gemma Hewitson

P&C Award for Citizenship—Laura Morley



**Education &  
Communities**

Reuben F. Scarf Award—Aidan Bath

Caltex Best All Rounder Award—Tamara Savage

Australian Defence Force Long Tan Award for Leadership and Teamwork—Stanley Malae

Community Spirit Award—Jayden Thompson

Rotary Performing Arts Award—Tiana-Rose Tusini

SRC School Counsellor of the Year Award—Jacob Chin

Exceptional PASS Student Award—Tamara Savage

Prosperitas Award—Liam Rodger

Lion's Club Award for Service to the School—Bryce Simpson

QHHS Collegiate Medal—John Aguilar, Jaimie Bonsall, Arin Buyaku, Christian Conol, Nathalie Despois, Zena El-Bied, Japneet Kaur, Sarah Wakeling

Special Education Achievement Award—Chad Llesis

100% Attendance Awards—John Aguilar, Aidan Bath, Christian Conol, Bradley Elliott, Hezekiah Polis, Tara Sulley, Christopher Wadey

Faculty Achievement Awards:

English—Tynesha Caruana & Nathalie Despois

Drama—Gemma Hewitson

Mathematics—Nathalie Despois

Accelerated Mathematics—Zane El-Kamand

Science—Zane El-Kamand

History—Jaimie Bonsall

Elective History—Aidan Bath

Accelerated Modern History—Nathalie Despois

Social Science—Commerce—Christian Conol

Social Science—Geography—Christian Conol

Social Science—Work Education—Christian Conol

Social Science—Language (Japanese) - Caitlyn Franks

Child Studies—Robyn Voukelatos

Agricultural technology—Kayla Thompson

Food Technology—Nathalie Despois

Graphics Technology—John Aguilar

Industrial Technology—Electronics—Zane El-Kamand

Industrial Technology—Engineering—Aidan Bath

Industrial Technology—Metal—Joshua Frith

Industrial Technology—Wood—Zena El-Bied

Information & Software Technology—Robotics—Zane El-Kamand

Information & Software Technology—Software—Zena El-Bied

Music—Katie Towell

Photography—Nathalie Despois

Visual Arts—Nathalie Despois

PDHPE—Tamara Savage

Support—Jesse Owen

## PRESENTATION DAY CEREMONY

On Monday we had our annual Presentation Day. This is our opportunity to celebrate the outstanding performance of many of our students. Students who came first in a subject in the year received a medal and students who worked consistently in a subject throughout the year were also awarded commendations for excellent academic achievement. Any students who came first in a class in either Semester 1 or 2 will receive certificates in with their Semester 2 report, which will be issued to all Year 7, 8 & 9 students period 6, today.

This year's award recipients were:

### **ENGLISH & LITERACY**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
<b><u>ENGLISH</u></b>		
<b>Year 7</b>	Zoe Morgan	Neveen Alam, Alyssa McDougal, Amelia Stannard
<b>Year 8</b>	Fleur Coolen	Aaron Carlson, Jermaine Cruz, Kaleb Farr
<b>Year 9</b>	Maddelyn Harris	Abey Couzins, John Espiritu, Zoe McDacy
<b>Elective Drama</b>	Holly Bramble	Dominique Burke, Tom Luckman
<b><u>LITERACY</u></b>		
<b>Year 7</b>	Zoe Morgan	Khalud Bajwa, Faith Gutugutuwai, Joshua Hawkes

### **MATHEMATICS**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
<b>Year 7</b>	Zoe Morgan	Lindsay Bath, Seth Breese, Nicole Lloyd
<b>Year 8</b>	Mitchell Schubert	Joshua Chaseling, Justyce Cleverly, Amelia Smith
<b>Year 9</b>	Rovielyn Espiritu	Anindita Chand, Arashdeep Kaur, Ashleigh Kennedy
<b>Year 9 Accelerated</b>	Andy Su	Holly Bramble, Maninder Gill, Janani Krishnar

### **SCIENCE**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
<b>Year 7</b>	Lindsay Bath & Zoe Morgan	Kayla Dela Cruz, Jeyda Haydardedeoglu, Jacob Power
<b>Year 8</b>	Mitchell Parker	Cindy Despois, Mitchell Schubert, Keth Kalpitkumar Shah
<b>Year 9</b>	Harry Poulos	Zoe McDacy, Katelyn Stephenson, Chantelle Todd

## **SOCIAL SCIENCE**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
<b><u>GEOGRAPHY</u></b>		
Year 7	Rocklin D'Cruz	Kabir Acharya, Lindsay Bath, Zoe Morgan
Year 8	Mitchell Parker	Mikayla Gauci, Maddison Roecken, Ethan Stylli
Year 9	Muskan Soni	Genesis Asuncion, Holly Bramble, Melissa Fahey
Year 9 Accelerated	Zoe McDacy	Ella Bower, Sohnjah Lewis, Erin McCulloch

### **LOTE (Language Other Than English)**

Year 7	Georgia Phillips	Lindsay Bath, Caitlin Bradley, Chloe Webster
Year 8	Natasha Fernandez	Fleur Coolen, Cindy Despois, Kopal Mathur

### **COMMERCE**

Year 9	Janani Krishnar	Vipneet Kaur, Karnvir Singh Bains, Muskan Soni
Work Education	Chantelle Todd	Nargess Wahabzadah

## **HISTORY**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
Year 7	Kabir Acharya	Lindsay Bath, Hannah Pugh
Year 8	Fleur Coolen	Bianca Hannaford
Year 9	Holly Bramble	John Espiritu, Maddelyn Harris, Janani Krishnar
Year 9 Elective	(Year 10 student)	Maddelyn Harris, Benjamin McDonell
Year 9 Accelerated	Ella Bower	Sohnjah Lewis, Zoe McDacy
Year 9/10 Independent Writer	Genesis Asuncion	(Year 10 students)

## **SPECIAL EDUCATION**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
Year 7	Jake Malone	Maxx Ciavarella, Dakota Kneath, Linden Koster
Year 8	Michael Clarke	Cooper Boswell
Year 9	Alexander Hopkins	

## **TECHNOLOGICAL & APPLIED STUDIES (TAS)**

	<b><i>FIRST IN COURSE</i></b>	<b><i>COMMENDATIONS</i></b>
<b><u>TECHNOLOGY MANDATORY</u></b>		
Year 7	Kabir Acharya & Lindsay Bath	Zoe Morgan, Georgia Phillips, Ashlee Whitehead
Year 8	Eliana Dean	Ismini Demetriou, Iordan Peters, Laura Towell, Lauren A. Woods
<b><u>ELECTIVES</u></b>		
Child Studies	Holly Bramble	Melissa Fahey, Aymun Fatima, Erin McCulloch
Design & Technology	Saraf Hossain	Michael Cook, Jett Levett, Seth Robles
Agricultural Technology	Stephanie Kegg	Luke Galea, Krystal Rothery, Sarah Thurecht



<b>Food Technology</b>	Kayla Wrigley	Aymun Fatima, Arashdeep Kaur, Sohnjah Lewis
<b>Graphics Technology</b>	Lei Octubre	Sachnoor Kaur, Janani Krishnar, Kayla Wrigley
<b>Industrial Technology – Electronics</b>	Jaime Llewellyn-Roux	Kristofer Albronda, Taylan Redden, Koray Xuereb
<b>Industrial Technology – Engineering</b>	Harry Poulos	Lei Octubre, Muskan Soni, Alister Tupper
<b>Industrial Technology – Metal</b>	Luke Galea	Mostafa Aslami, Russell Elliott
<b>Industrial Technology – Wood</b>	Madison Ellison	Luke Galea, Komal Kumar, Kayla Wrigley

## **CREATIVE & PERFORMING ARTS (CAPA)**

	<i>FIRST IN COURSE</i>	<i>COMMENDATIONS</i>
<b><u>VISUAL ARTS</u></b>		
<b>Year 7</b>	Matthew May	Ashlee Whitehead, Harvey Wiggins, Amanda Zarb
<b>Year 8</b>	Madeline Rochester	Hannah Duncan, Jemma Getty, Ethan Stylli
<b>Year 9</b>	Sohnjah Lewis	Genesis Asuncion, Dominique Burke, Carmel Edgerley
<b><u>MUSIC</u></b>		
<b>Year 7</b>	Lindsay Bath	Rocklin D'Cruz, Emily Dewsberry, Abigail Glastonbury
<b>Year 8</b>	Emily McKenzie	Ashley Commins, Bonnie Leland, Tobey Watkins
<b>Year 9</b>	Genesis Asuncion	Harleen Chauhan, Elisheal Prasad, Josiah Roberts
<b>Year 9 Photography</b>	Rovielyn Espiritu & Zoe McDacy	Ella Bower, Erin McCulloch, Chelsea Sako

## **COMPUTING STUDIES**

	<i>FIRST IN COURSE</i>	<i>COMMENDATIONS</i>
<b>Information &amp; Software</b>		
<b>Technology (Networks)</b>	Dylan Van Rosmalen	Krishneel Kumar, Brody Martin, Jamie Mazlin, William Skene

## **PERSONAL DEVELOPMENT, HEALTH & PE (PDHPE)**

	<i>FIRST IN COURSE</i>	<i>COMMENDATIONS</i>
<b>Year 7</b>	Luke Dickson	Emily Dewsberry, Shaneece Maya-Gundy, Nicholas Morgan
<b>Year 8</b>	Christopher Wicks	Haoyang Cai, Emma Hemsworth, Cody Hinzmann
<b>Year 9</b>	Taylan Redden	Kamshia Cuevas, Josiah Roberts, Ebony Smith
<b>Elective Dance</b>	Marnie Harriss & Breannon Thompson	Bethany Dossor, Chloe Whitehead
<b>PASS</b>	Taylan Redden	Tamika Ezzy, Joshua Skennar

## **OUTSTANDING ATTENDANCE AWARDS**

- Year 7**     Rocklin D'Cruz, Joel Deaves, Sudhamma Dissanayake, Meddeline Duinkerken, Talisha Ingram, Grace Luckman, Zoe Morgan, Caleb Olsibah
- Year 8**     Guven Gemikonakli, Lachlan Hooke, Neha Khatri, Jordan McGregor, Iordan Peters, Joshua Whiteley
- Year 9**     Drexler Conol, Elizabeth Harrigan

## **SPECIAL AWARDS**

**KORMENDY SHIELD—David Woodward**

**QUAKERS HILL HIGH SCHOOL COLLEGIATE MEDAL—Haoyang Cai, Fleur Coolen, Cindy Despois, Janani Krishnar, Elliot Luckman, Iordan Peters, Karnvir Singh Bains, David Woodward**

**PIRET WHITE ABORIGINAL STUDENT ACHIEVEMENT—Joshua McGivney**

**MADAME VALKENBURG AWARD—Sidney Walde**

These special assemblies would not be possible without the hard work and commitment of the teaching and ancillary staff that coordinate and organise these significant events. Whether it is preparing the students' performances for the assemblies, producing the copious numbers of student certificates, or organising the rehearsals for the events. I would like to personally thank the wonderful Presentation Day Committee: Erika Cooper, Maria Romerosa, Kamani Naicker, Daniel Nash, Rebecca Mahon, Beaty Maricic, Amanda Tong, Amy Nicholls, Georgia Valatiadis, Bill Cameron, Launce Roma, Lenae Razbusek, Ivan Wong, Debbie Duncan, Sheree Johnson, Jason Kantek, Lauren Paa, Bronwyn Tweeddale, Michael Brooks, Michelle Hill, Luke Cole, Louise Grantham, Lenae Razbusek and Savi Ravikumar.

Any of the photos that were taken of students receiving awards at all of these assemblies will be available on a disc for parents to purchase at a cost of \$5.00. Please place your order at the front office.

Can I take this opportunity to wish you all a safe and happy festive season. Remember school resumes for Year 7 on Thursday 28<sup>th</sup> January and Year 8, 9 & 10 returns on Friday 29<sup>th</sup> January 2016.

Merry Christmas.

**Lauretta Claus**  
**Principal**



## DEPUTY PRINCIPAL'S REPORT



### JAMBEROO

On 1<sup>st</sup> December 200 students and 12 members of staff headed off to Jamberoo where all had a great time. After being swim tested we all hit the slides with Mr Kantek and Mr Andrews leading the way to the Funnel Web. Students had a fantastic time and made the most of all that Jamberoo has to offer. Enormous amounts of hot chips, cold ice cream and icy soft drinks were consumed in between traipsing up the hills to ride the slides all the way down. The weather was perfect and no one needed to wait for more than five minutes to get on the ride of their choice.

Next year Jamberoo has been booked for a week later in the year but it is still important for all students to make sure that they get their merit awards in so they can maximise their chances of getting an invitation to attend. Remember, 35 positive referrals is the cut off.

### THE PULSE FILM FESTIVAL

Last week a group of budding James Cameron's and Michael Moore's from Years 7 and 9 attended the Pulse Film Festival. The festival, the first of its kind in Western Sydney, aims to promote the film making talents of young Western Sydney students. One of our films, a documentary on the impact of Cyberbullying, was selected to be shown as part of the festival and ultimately won the prize for best editing.





Congratulations also go to Kabir Acharya from Year 7 who won a prize based on his involvement in the Unity Game Training. Kabir won the prize for most innovative world design – though he assures me that no one would want to live in the world he designed!

## WELFARE CONFERENCE

On 14<sup>th</sup> December Ms Romerosa, our Head Teacher Welfare, will be holding our Welfare Conference. The QHHS Welfare Conference is the one of the most important professional development days of the school year. This year welfare representatives from across the collegiate will be attending with welfare staff from as far as Parramatta coming to take part in the learning on offer.

Sessions will include an information component during which Year Advisers 'hand over' to the upcoming year group adviser, a session on how to write an access request and various sessions on how to best support students who are experiencing challenging circumstances both in an out of school.

Overall, 2015 has been an exciting and busy year at Quakers Hill High School. From the outset of the year one of our targets was to encourage students to seize every single opportunity that they could. Whether they were involved in peer support, sport, CAPA showcase, debating, theatre sports, chess, volunteering, library monitor and so on did not matter so long as they got involved in school life in some way. Approximately 85% of students took up the challenge and got involved, thereby making their school life more enjoyable and QHHS a better place to be.

Mrs Maricic and I would like to thank all staff, students and parents for their efforts this year in helping to make QHHS such a SMART school. Enjoy your holidays, stay safe and return happy, rested, rejuvenated and ready to take up the challenges of 2016.

Mrs Rebecca Mahon

Deputy Principal (Years 7 & 9)

## YEAR 10 ADVISER'S REPORT—MR L ROMA

Week 9 was a huge week for our Year 10 students starting with the Year 10 Formal on Wednesday 2 December. The formal was held at Novotel Norwest and it was definitely a highlight for our Year 10 students. In true QHHS style, some students arrived in fancy cars at the hotel foyer such as stretch hummers, limousines, vintage cars, classic motor bikes and my personal favourite—a beach combie van. Teachers, parents and friends watched them in awe looking very SMART in their suits and beautiful dresses. The red carpet awaited them as they mingled at the entrance being served mocktails on arrival which started the events of the night. Inside the venue, inspiring speeches followed by Mr Roma, Mrs Maricic and the school captains thanking everyone involved in organising the formal and other Year 10 activities. The formal committee was given special mention due to their great involvement in organising

the theme and the fundraising events they helped organise to fund the formal. The night continued with a delicious serving of entrée, main and dessert, a mesmerising vocal performance by Tiana-Rose Tuisini, Rua Henare and Debraska Rikiriki and ended with staff and students tearing up the dance floor with some awesome dance moves. It was an absolute pleasure to also see our Year 10 student Ethan Trumble, a promising DJ himself, given the opportunity by the hired DJ to get on the DJ's desk and play a set for everyone. The night went very smoothly and a lot of fun was had by all. The Year 10 students and staff who attended the formal received a specially designed cobalt blue mug with the school logo and Class of 2015 emblazoned on it. In quoting one of the boys in Year 10 who came up to one of the teachers midway through dancing stated:

*"This is the best night. Everyone's just dancing together! It doesn't matter with whom and friendship groups don't matter anymore. Tonight we are dancing as one."*

The following day, Thursday 3 December, was the Year 10 Graduation rehearsal which involved the whole year group being organised for the procession and the ceremony. Each student was informed how to enter the hall, receive their certificate, pose for photos and also the mammoth task of allocating an academic gown to the students for the event. This was very big morning full of sleepy Year 10 students (from the formal the night before) and although there were a few hiccups, Miss Romerosa, who coordinates the graduation, and Mrs Maricic were satisfied in the end that the Year 10 students were ready for their graduation on Friday 4 December.

In a sea of blue, the Year 10 students looked very impressive as they shook hands and collected their certificates to symbolise their final completion of studies at Quakers Hill High School. Moving speeches were given by Mrs Claus, the Year 10 captains and Mrs Asgar, Year 10 Adviser, giving their blessings to the cohort to move on to their next phase, whether to Year 11 & 12 studies or work opportunities such as an apprenticeship. The parents and friends were very impressed at the ceremony which culminated in the CAPA showcase Cultural Fusion performance coordinated by Mr Roma which featured our Year 10 students dancing as well as doing the powerful haka as part of celebrating and commemorating the diversity of our school and year group.

The Year 10 students have definitely left their legacy behind. They were a loved year group by members of the school community and definitely by the younger groups. The gift they left behind for the school was three beautiful newly designed large maps which have replaced the old ones, now hung up proudly at the front of the administration building, near the canteen and one in front of G Block to help students and visitors to locate areas within our large school. The new map was designed by Wes Peacock, a parent of Year 10 student Ethan Peacock and he used an aerial view of the school from Google Maps as the basis of his design. We all love it and we thank the Year 10 formal committee for their fundraising efforts to raise funds for this gift to the school.

It has been a wonderful experience being a Year Adviser to this bunch of funny, smart and talented students who have made this year a very dynamic and engaging one. All the very best



in your future Class of 2015. You will be missed.

Sincerely yours,

Mr L Roma

## **SUPPORT UNIT INFORMATION**

### **WORK EDUCATION CAR WASH**

This week Ms Beange and Mrs Schryver's Work Education elective students and a few of our Year 8 students finished off their business enterprise project, creating a car wash. They threw on their casual attire, grabbed the washing sponges and scrubbed down staff cars. Not only have they pleased staff with their washing skills, they are also raising money for Black-town Animal Shelter. Great work car wash crew.



### **MEET AND GREET AFTERNOON TEA**

I would like to thank all the parents and staff who joined the Support Unit for our annual Meet and Greet afternoon tea on Tuesday. It is fantastic to have our community gather together to reminisce key events of the year and to thank staff for their continual efforts and support of our wonderful students. We also had the opportunity to wish our twelve Year 10 students all the best in their next adventure entering Year 11, most of which will be transitioning to Wyndham.



### CHRISTMAS WISHES

I would like to wish all our community a safe and happy Christmas and a fabulous 2016.

We look forward to seeing our new Year 7 students on Thursday 28<sup>th</sup> January and our Year 8, 9 and 10 students on Friday 29<sup>th</sup> January 2016.

Have a wonderful holiday.

Best wishes.

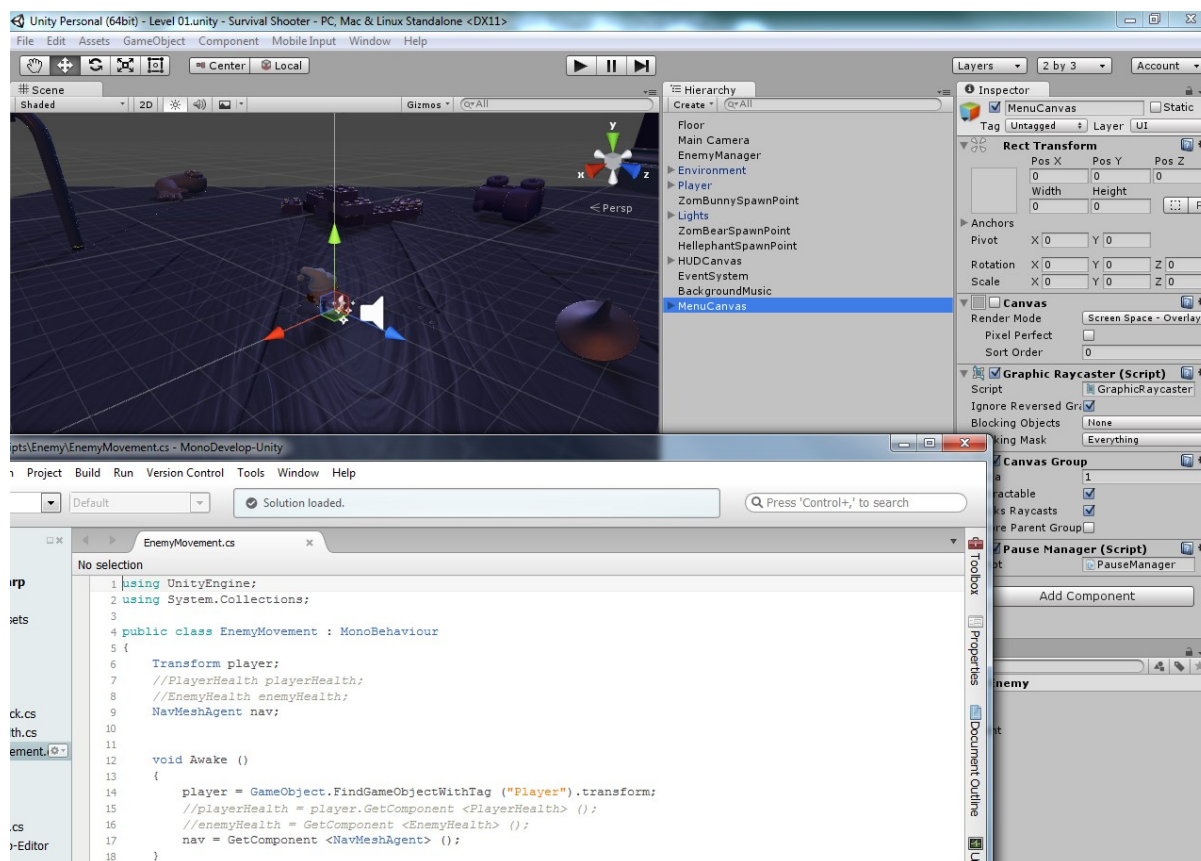
Jennifer Payne

Support Unit Head Teacher





## GAME TRAINING AI MASTER CLASS 2015



On Tuesday the 8<sup>th</sup> of December 2015, Quakers Hill High School was host to the Game Training AI Master Class (an extension course of the Roadshow held earlier in the year). The aim of the Master Class is to teach students to use Java Script as a means of embedding basic Artificial Intelligence into their computer programs developed with Unity.

Led by the amazing expertise of Mr Jeff Ayling from Game Training, we had 13 students attend and participate in the 3+ hour, totally hands-on workshop. Students worked from Period 1 into Period 4 and refused to stop for a Recess break. By the end of the session the students were able to give their creations autonomous movement and have game objects respond to the player, based on proximity sensors and NavMesh navigation.

I would also like to extend special congratulations to Kabir Acharya in Year 7 for winning last term's Game Training Best 3D World Contest. Kabir's hard work and creativity earned him a \$100 gift voucher to spend at EB Games.

For all of the students that have participated in the Roadshow and/or the Master Class this year; remember that you can continue to access support from the Game Training staff over the Christmas holidays. The up-coming break is an excellent time to continue to learn and develop new skills in game design and coding.

Michael Brooks

HT-Teaching & Learning (Technology)

*providing quality public transport*



23/11/2015

Dear Parents / Students,

The new Public Timetable for Busways Region 1 will come into effect on the 29<sup>th</sup> November 2015.

There will be changes to your current School or Public Route services.

To view the changes please visit our website at [www.busways.com.au](http://www.busways.com.au) or contact our Customer Service team on 9497 1870 or 9497 1887.

#### Busways Group

Busways Blacktown P/L ABN 95 000 173 437 T (02) 9625 6000 F (02) 9625 4703 150 Glendenning Rd Glendenning NSW 2703	Busways Blacktown P/L Penrith Depot T (02) 4271 9900 F (02) 4732 6160 67-73 Mullins Rd Penrith NSW 2750	Busways Blacktown P/L Windsor Depot T (02) 4574 9209 F (02) 4577 9054 51 Mulgrave Rd Mulgrave NSW 2755	Busways Gosford P/L ABN 79 817 812 610 T (02) 4368 2277 F (02) 4368 2077 42 Empire Bay Dr Kincumber NSW 2251	Busways Wyong P/L ABN 12 000 044 726 T (02) 4392 0666 F (02) 4392 3831 9 Arizona Rd Wangarui NSW 2259	Busways North Coast P/L ABN 75 106 202 396 T (02) 6388 2499 F (02) 6388 2388 6-8 Denham St Port Macquarie NSW 2444
---	--	---	---	--	---

## SCHOOL OPAL CARD

The Minister for Transport and Infrastructure and the Minister for Education have announced the launch of the new School Opal card. The School Opal Card is a new online application for relevant parents and students travelling in the Opal public transport region. The application can be found at: [transportnsw.info/school-students](http://transportnsw.info/school-students). Just like current paper travel passes, the School Opal card gives eligible students free travel to and from school on school days. However, the School Opal card makes travel simpler because now students don't need multiple application forms and passes if they use different transport operators within the Opal network. Students with school travel passes this year will not need to apply for a School Opal card unless they are changing schools, campus, their home address or moving from Year 2 to 3 or Year 6 to 7. Those students who do not need to apply will have a School Opal card sent to the school for the beginning of the first term in 2016.



## **‘A MAGICAL EVENING’**

By Jaimie Bonsall (Year 10)

On Monday the 30<sup>th</sup> of November a select group of students were chosen to perform at Quakers Hill Primary School’s CAPA performance evening. The items from ‘Vivacity’ that were chosen were Ms Barratt’s Lyrical Dance Ensemble, ‘Yellow Flicker Beat’ and Mr Dacey and Miss Marin’s Senior Musical Theatre Ensemble, ‘Magic To Do’. We were very lucky to be given this opportunity to connect with one of our partner primary schools. It was a great experience being able to perform alongside so many other talented young students who dedicate their time, effort and passion to not only their CAPA Showcase but also being highly involved in our own CAPA Showcase, ‘Vivacity’. We all look forward to seeing those talented students at Quakers Hill High School in 2016 and we hope that this opportunity comes around every year so we get the chance to continuously share our love for the performing arts.



## **‘YEAR 6 ORIENTATION DAY 2015’**

By Kayla Wrigley (Year 9)

Usually, new students can be quite ‘timid’ and uncertain of themselves in a new school environment, but during our recent Orientation Day, our Year 6 guests proved themselves to be different. In fact, the self-possessed Year Six students from a range of public and private primary schools were the exact opposite of what I predicted. Most were self-confident and well informed about high school life and discarded any uncertainty in the early hours of the day. Despite any initial hesitation, all students worked hard to understand the lessons they engaged in and learn the layout of the school.

During Orientation, I was asked many questions, some students were surprised at the subjects we offered, some were unclear of what happened in some subjects, but what was universally clear was that these kids were bright, with enquiring minds. There were contrasts of course, some students were extreme extroverts, whilst others, were not. Later in the day that all changed, as their confidence grew and social groups expanded and new friendships were formed.

In Period 3, one student sat at the back of the Library doing their survey and wouldn’t ask for assistance and this troubled me. That girl had apparently isolated herself from the remainder of her group, confident enough to talk to only those she knew from her primary school, her teachers or her Group Leaders. I kept looking towards that girl, just in case, but decided to help her out. Despite her apparent shyness, she was able to share a laugh with me and from that moment, our conversation started. First we talked about things that we feel passionate about and then we reflected on the type of learners we both are, what we do in our free time and different book series we like.



Initially, I was the one pulling the questions out of thin air; but it was that young girl that posed the final one; “Do you know any other series of books I might like?” I swiftly recommended some other series I have either read or am reading at the moment. It was a simple, but satisfying exchange of ideas.

Later during lunch, I asked one of the leaders about how the young lady was faring and it appeared that she was doing really well and was now actively contributing to class discussions and mixing with her peers. That is what the Year Six Orientation day is about; discovering new things and new people, coming out of your shell, making new friends and adjusting to how things are run at Quakers Hill High School. All I can say is, by the end of the day everyone had at least met someone from another school, made a friend from Quakers Hill High School, acquainted themselves with our teachers and our subjects, all which will prove to be assets as they transition into high school in 2016.

\*\*\*

A big ‘thank you’ is to be given to our outstanding and articulate Peer Support Leaders for an exemplary job done during our Orientation Events in 2015.

Our Leaders:

Kabir Acharya	Christian Conol	Alanis Hawron	Kopal Mathur	Mya Waihape
Isabella Ahmad	Abey Couzins	Jeyda Haydardedeoglu	Benjamin McDonell	Sidney Walde
Bridget Aitchison	Ralph Danting	Rua Henare	Zoe Morgan	Kira White
Janarri Anderson	Karman Deng	Kyrstye Henry	Cameron Nolland	Harvey Wiggins
Oliver Arreza	William Deng	Saraf Hossain	Christie Nowland	David Woodward
Selin Aydogar	Luke Dickson	Tamasha Jayawardena	Lei Octubre	Kayla Wrigley
Emily Barlocher	Shiann Downes	Casey Jobson	Luke O’Keeffe	Emily Zarb
Camryn Batchelor	Natasha Elliott	Arashdeep Kaur	Rhiannon O’Neill	
Aidan Bath	Rovielyn Espiritu	Sachnoor Kaur	Iordan Peters	
Jaimie Bonsall	Tamika Ezzy	Vipneet Kaur	Harry Poulos	
Holly Bramble	Aymun Fatima	Ashleigh Kennedy	Jacob Power	
Sarah Branson	Madison Fontana	Abdulrahman Khanzada	Debraska Rikiriki	
John Brown	Claudia Fontana	Janani Krishnar	Seth Robles	
Elensam Brown	Geoffrey Garcia	Sehajpreet Lamba	Zachary Shaw	
Dominique Burke	Abigail Glastonbury	Maddison Latham	Bryce Simpson	
Haoyang Cai	Vanessa Gowans	John Lewis	Karnvir Singh Bains	
Anindita Chand	Stacey Grant	Ethan Liu	Muskan Soni	
Harleen Chauhan	Angie Groom	Grace Luckman	Yee-Li Tee	
Olivia Cleland	Faith Gutugutuwai	Tom Luckman	Breannon Thompson	
Adam Coleiro	Marnie Harriss	Jed Mathers	Jayden Thompson	

## READING RECOMMENDATIONS FROM OUR LIBRARY LEADERS

### Reawakened by Colleen Houck

Review by Kopal Mathur (Year 8, 2015)

Reawakened is the first book in the Reawakened series by Colleen Houck. It is young adult novel where the main character Lilliana Young, meets a live Egyptian prince with godlike powers who has been reawakened after a thousand years of mummification. The book goes along with the genres; mythology and romance. Lily has to go along with the sun prince, Amon, and travel to the Valley of the Kings, raise his brothers, and stop an evil, shape-shifting god named Seth. The book keeps you interested by telling ancient Egyptian mythological stories which fit into the storyline of the series. My favourite character is Lilianna

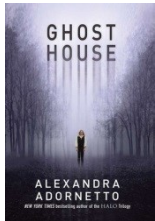


herself as she keeps the mood light by being sarcastic. She comes from a rich family but isn't full of herself. The book teaches a lot about the ancient times. It should be read by anyone with an interest in mythology and anyone who appreciates humour mixed with romance and a book that maintains its complexity.

**RATING:** ★★★★★

## **Ghost House by Alexandra Adornetto**

Review by Kopal Mathur (Year 8, 2015)



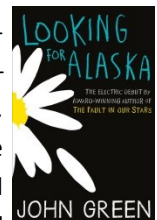
Ghost House is a gripping young adult novel. It is the first book in the Ghost House saga by Alexandra Adornetto. The book follows Chloe Kennedy after the death of her mother, as she starts seeing the ghosts that haunted her as a young girl. She is sent to her grandmother's country estate of England to get away from her grief and the spirits that haunt her. She meets 157 year Alexander Reade, who is obviously dead. The bond between Alexander and Chloe stirs the spirit of Isobel, Alexander's past love, who will stop at nothing to put an end to anyone who might take him from her. The character that inspired me the most was Chloe with how she dealt with the death of her mother. The book includes many elements of horror with silent ghosts that no one else can see. Chloe's flashbacks explain more about Alexander and Isobel's past which helps the reader understand the plot and the villains. This book has a different theme to the traditional ideas for young adult novels.

**RATING:** ★★★★★

## **Looking For Alaska by John Green**

Review By Vipneet Kaur (Year 9, 2015)

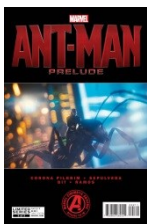
Looking for Alaska is a young-adult fiction novel written by John Green. Miles is the central protagonist in the book who has an obsession with famous last words and is in search of the "Great perhaps". He joins the Culver Creek Boarding School, where he meets Alaska, the girl of his dreams. She draws Miles into her world, introducing him to the "Great Perhaps" and steals his heart in the process. This book is written very well, with complex characters that are presented so vividly and so life-like, you can't help but empathise with them. Looking for Alaska has a funny, sad, silly and very thought-provoking storyline. My favourite character from the book is Miles, because he is a real and genuine character with relatable and entirely human flaws and problems.



**RATING:** ★★★★★

## **Ant Man - Prelude**

Review By Oliver Arreza (Year 9, 2015)



Dr. Hank Pym, an entomologist and physicist proclaimed as the "Smartest Man in the Room" was the first Ant Man. Hank Pym was at work, examining a helmet of his own design before being interrupted by Howard Stark, Iron Man's late father. Stark informs Pym that SHIELD will be sending a reconnaissance agent into the field and asks Pym to use the Ant Man suit. Unfortunately, Pym replies frostily that he must be the only one to use it in a field mission. Pym later puts his skills to the test in East Berlin. Ant Man is a rather diminishing title, is it not? And yet this story is larger than life and infused with large scale action sequences. Prelude is a graphic novel written by Will Corona

Pilgrim, and illustrated by 4 artists. It covers the backstory of Ant Man, explaining Hank Pym's story prior to Scott Lang's emergence as the newest shrinking sensation (celebrated in the recent film adaptation). A novel showing off flourishing colours and rather interesting scenes, Prelude is an adventure. If I do say so myself, using a wasp as transportation is a highly original notion and surprisingly satisfying. Pym uses his "size skills" to entertain, to engage and to fascinate readers; it is a really amusing read.

**RATING:** ★★★★★

## WITH GRATITUDE AND APPRECIATION

### *Your Contribution to the 2015 St Vincent de Paul Christmas Hamper Drive*

Once again the generosity of our school community has enabled us to fill 10 Christmas Hampers for those in greatest need this holiday season. Thank you for your contributions, your kindness and for fostering social awareness and a sense of community within our students. Together, we have shown a collective power for positive change.



## WINNING PHOTOGRAPHER

### *A Moving Photography Composition*

We are happy to announce that Ele Zorbas of Year 7 has won our Term 4 Library Events Photography Competition for her image titled 'Memories of Beach Visits and Fun Times'.



*"I like the way this photo captures the waves just as they come towards the shore, bringing with them the memories of beach visits and fun times, as well as many beautiful, unique shells. I think it suggests physical movement and captures movement through time and memories."*

**Ele Zorbas**



Merry Christmas!

Joyeux Noël

Feliz Navidad!

Meril Kurisumasu! メリー・クリスマス !

Shèng dàn Kuàilè 圣诞快乐 !



TO ALL OF OUR LANGUAGE STUDENTS:

Merry Christmas and have  
a wonderful holiday!

メリークリスマス!

Thank you to our students for the participation and engagement from all of our language classes this year. The efforts you made are absolutely outstanding. Also we appreciate the support we have received from parents. To all our students and their families we wish you a Merry Christmas and a happy and prosperous holiday.

**Holiday tips:**

Year 8 students in 2016 will continue studying Japanese for the whole year. During the holidays, we strongly recommend the students to go through the topics they learnt this year. Most importantly, it is crucial for them to regularly revise the hiragana as it is the key for the students to make further progress in this language. If any students are interested in Japanese and French culture, there are many historical and cultural documentaries on YouTube that would be very helpful for them to expand their knowledge of Japan.

Right: Calligraphy done by our Year 7 students





## Transport for NSW

### Fact sheet: The School Opal card

#### Who's eligible?

To be eligible for a School Opal card, students need to be NSW residents and may need to live a minimum distance away from their school:

- Years K-2 (Infants) there's no minimum distance.
- Years 3-6 (Primary) 1.6km straight line distance or 2.3km walking or further.
- Years 7-12 (Secondary) 2.0km straight line distance or 2.9km walking or further.

Students completing secondary studies at TAFE, boarding school students and students temporarily in Australia may also be eligible for a School Opal card. The eligibility criteria for these students is available at [transportnsw.info/school-students](http://transportnsw.info/school-students).

A School Opal card is provided to eligible students who need to travel within the Opal network. Paper travel passes are issued to eligible students who need to travel outside the Opal network.

#### Who needs to apply?

Most students or parents won't need to apply for the School Opal card. The School Opal card will be sent to a student's school automatically at the beginning of the new school year in 2016.

However, a new application is required if:

- The student is just starting school or has not had a pass for travel before.
- The student is progressing from Year 2 to 3, or Year 6 to 7.
- The student is changing schools, including going between primary and secondary school.
- The student's personal details have changed (e.g. address).

Applications must be made by a parent or guardian for children aged 15 years and under. Applications must be made by the student if aged 16 years or older.

#### How to apply

**Step 1** Complete the application at [transportnsw.info/school-students](http://transportnsw.info/school-students).

**Step 2** Print, sign and submit the form to the school for endorsement.

**Step 3** The school will then forward the application to Transport for NSW for processing. Once approved, Transport for NSW sends the School Opal card to the home address given in the application.

The application may take several weeks and the applicant's email address is required.

#### If the student doesn't qualify for free travel

They may be eligible for a Term Bus Pass which offers travel on buses between home and school at a discounted rate for the whole school term.

Apply at [transportnsw.info/school-students](http://transportnsw.info/school-students).

#### Find out more

For more information on the School Opal card and the School Student Travel Scheme (SSTS), please visit [transportnsw.info/school-students](http://transportnsw.info/school-students).



## STUDY TIPS FOR DECEMBER

### 7 Ways Mindfulness and Meditation Can be Helpful to Students

*Want to try something new over the school holidays? Why not give meditation a go? There are lots of great Apps out there, for example 'Mindfulness', 'Headspace', 'Relax' and 'Positivity'. These will guide you through simple meditation and mindfulness exercises. You could even try the new mindfulness colouring-in books for adults that are all the rage. But what is it all about and why should you try it?*



#### What is Mindfulness?

Headspace ([www.headspace.com](http://www.headspace.com)) defines mindfulness as “the intention to be present in the here and now, fully engaged in whatever is happening, free from distraction or judgement, with a soft and open mind”.

#### What is Meditation?

Meditation is a way of transforming the mind, making it calm and silent. According to the Australian Teachers of Meditation Association meditation is a discipline that involves turning the mind and attention inward and focusing on a single thought, image, object or feeling.

#### How does meditation and practicing mindfulness help you with your schoolwork?

1. **Reduces anxiety and risk of depression** - By becoming mindful, a person stops judging themselves and those around them and recognises that every situation “is what it is”. When you stop judging and comparing, you are able to reduce anxiety.
2. **Increases resilience** - resilience is the ability to experience something bad but to not internalise it and to be able to move on, still gaining benefit even from a negative experience. Practicing mindfulness and meditation quiets the mind and enables acceptance without judgement, which is key for achieving resilience.
3. **Improves ability to learn and recall information** - research by the University of Miami has shown that practicing mindfulness for 12 minutes a day improved attention and memory.
4. **Improves concentration** - regular practice of meditation may help improve concentration by enabling the brain to focus more accurately and to filter out unwanted or unhelpful messages.
5. **Improves creativity** - practicing mindfulness and meditation has the potential to allow the brain to unlock and unleash creativity. Creativity is of benefit to all students, not just in terms of artistic talents but also in relation to problem solving.
6. **Helps manage exam stress** - meditation can help you calm and focus your mind which

helps to manage stress related to exams. This tool can be used in the lead up to the exam and also during the exam if stress levels begin to rise.

7. **Leads to better sleep** - getting enough sleep is crucial to ensure students have the mental and physical energy to learn. However, as academic and social pressures increase, this can lead to students having difficulty falling asleep or staying asleep. By reducing anxiety and stress you can ultimately sleep better and longer.

#### Further Mindfulness and Meditation Resources

- <http://www.meditationinschools.org/wp-content/uploads/2013/06/Mind-Space-Tips-for-Dealing-with-Exam-Stress-.pdf>
- <http://smilingmind.com.au/>
- <http://www.meditationinschools.org/resources/>

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)

Our school's access details are:

**Username:** quakershillhs

**Password:** 45success

## GOLD PRINCIPAL'S AWARDS

Congratulations on the following students on receiving their Gold Principal's Awards:

Year 8—Faith Banaag, Bradley Bonsall, Ashley Commins, Fleur Coolen, Kenneth Deng x 2, Aidyn Esposito x 2, Jemma Getty, Lilly Hindmarsh, Chloe Holt, Simeon Nedanovski, Elodie Smith, Paige Troughton

Year 9—Genesis Asuncion, Alexander Hopkins, Janani Krishnar, Karnvir Singh Bains, Kayla Wrigley



## FROM THE TAS FACULTY

As the year draws to a close the teachers of TAS see many students completing practical work that show skill, pride and a sense of worth. They see self-esteem, and knowledge that will be useful out in the world. Skills in the workshop, the kitchen, the sewing room will be used to help families at home.

Students choose this area to develop hands on skills and creativity. They are suitable for a range of abilities, and interest levels. All can achieve here, and achieve well.

We encourage our students to use these skills where possible at home, and be proud of the knowledge they have gain this year. We look forward to hearing of their time off and how they may be creative at home on vacation when we return.

**MACQUARIE ZONE SECONDARY SCHOOLS SPORTS****ASSOCIATION****GRADE SPORT POINT SCORE RESULT SHEET SEASON 3 2015**

FAX / ATTENTION: Vincent Capano

EMAIL: [vincent.capano@det.nsw.edu.au](mailto:vincent.capano@det.nsw.edu.au)FROM: QUAKERS HILL HIGH – [melhem.daghel@det.nsw.edu.au](mailto:melhem.daghel@det.nsw.edu.au)[ellise.barratt1@det.nsw.edu.au](mailto:ellise.barratt1@det.nsw.edu.au)

02/12/15

<b>QH</b>	<i>VERSUS</i>	<b>GW1</b>	<b>KV</b>	<b>CR</b>	<b>GW2</b>	<b>RH</b>
-----------	---------------	------------	-----------	-----------	------------	-----------

<b>GRADE SPORT ROUND</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
--------------------------	----------	----------	----------	----------	----------	----------	----------	----------	----------

<b>SPORT</b>	<b>WON BY</b>	<b>RESULT</b> <i>Your school's result first</i>	
<b>JUNIOR GRADE</b>			
<b>MIXED</b>			
Volleyball A	CW	0	3
Volleyball B	QH	2	1
Oztag A	CW	7	10
Oztag B	QH	11	8
Netball A	QH	18	13
Netball B	CW	7	13
Basketball A	CW	17	44
Basketball B	CW	12	59
Soccer A	QH	4	0
Soccer B	QH	3	1
Ultimate Frisbee A	QH	11	3
Ultimate Frisbee B	QH	16	5
<b>SENIOR GRADE</b>			
<b>MIXED</b>			
Volleyball A	CR	1	2
Volleyball B	QH	2	0
Oztag A	QH	46	0
Oztag B	QH	46	0
Netball A	QH	18	8
Netball B	QH	13	5
Basketball A	CR	76	23
Basketball B	CR	49	16
Soccer A	QH	7	1
Soccer B	QH	4	3
Ultimate Frisbee A	QH	14	6
Ultimate Frisbee B	QH	11	1

**MACQUARIE ZONE SECONDARY SCHOOLS SPORTS**

**MACQUARIE ZONE SECONDARY SCHOOLS SPORTS****ASSOCIATION****GRADE SPORT POINT SCORE RESULT SHEET SEASON 3 2015**

FAX / ATTENTION: Vincent Capano

EMAIL: [vincent.capano@det.nsw.edu.au](mailto:vincent.capano@det.nsw.edu.au)FROM: QUAKERS HILL HIGH – [melhem.daghel@det.nsw.edu.au](mailto:melhem.daghel@det.nsw.edu.au)[ellise.barratt1@det.nsw.edu.au](mailto:ellise.barratt1@det.nsw.edu.au)

9/12/15

<b>QH</b>	<i>VERSUS</i>	<b>GW1</b>	<b>KV</b>	<b>CR</b>	<b>GW2</b>	<b>RH</b>
-----------	---------------	------------	-----------	-----------	------------	-----------

<b>GRADE SPORT ROUND</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
--------------------------	----------	----------	----------	----------	----------	----------	----------	----------	----------	-----------

<b>SPORT</b>	<b>WON BY</b>	<b>RESULT</b> <i>Your school's result first</i>	
<b>JUNIOR GRADE</b>			
<b>MIXED</b>			
Volleyball A	<b>QH</b>	<b>2</b>	<b>1</b>
Volleyball B	<b>QH</b>	<b>2</b>	<b>1</b>
Oztag A	<b>GW2</b>	<b>6</b>	<b>22</b>
Oztag B	<b>GW2</b>	<b>11</b>	<b>12</b>
Netball A	<b>QH</b>	<b>10</b>	<b>8</b>
Netball B	<b>QH</b>	<b>27</b>	<b>7</b>
Basketball A	<b>GW2</b>	<b>15</b>	<b>54</b>
Basketball B	<b>GW2</b>	<b>16</b>	<b>39</b>
Soccer A	<b>GW2</b>	<b>0</b>	<b>3</b>
Soccer B	<b>QH</b>	<b>4</b>	<b>1</b>
Ultimate Frisbee A	<b>QH</b>	<b>17</b>	<b>3</b>
Ultimate Frisbee B	<b>QH</b>	<b>20</b>	<b>2</b>
<b>SENIOR GRADE</b>			
<b>MIXED</b>			
Volleyball A	<b>QH</b>		<b>Forfeit</b>
Volleyball B	<b>QH</b>		<b>Forfeit</b>
Oztag A	<b>GW2</b>	<b>7</b>	<b>11</b>
Oztag B	<b>QH</b>	<b>12</b>	<b>11</b>
Netball A	<b>QH</b>	<b>12</b>	<b>0</b>
Netball B	<b>QH</b>	<b>3</b>	<b>0</b>
Basketball A	<b>GW2</b>	<b>28</b>	<b>40</b>
Basketball B	<b>QH</b>	<b>14</b>	<b>12</b>
Soccer A	<b>QH</b>	<b>11</b>	<b>0</b>
Soccer B	<b>QH</b>		<b>FORFEIT</b>
Ultimate Frisbee A	<b>QH</b>	<b>17</b>	<b>4</b>
Ultimate Frisbee B	<b>QH</b>	<b>19</b>	<b>11</b>

**MACQUARIE ZONE SECONDARY SCHOOLS SPORTS**

## SCIENCE MATTERS

2015 was another year of excitement in the Science faculty! We concocted weird solutions in a variety of colours and smells, dissected the brains, heart and kidneys with the precision of a fine surgeon, created distortions of light, clapped sounds to equal that of thunder, went fossil hunting, identified and solved crimes in true CSI style! Clearly, our formula for success in the faculty was a mixture of a cup full of fun, activity and learning!



Students continued to excel in Science in activities both in and out of school:

## THE YOUNG SCIENTISTS COMPETITION

The STANSW Young Scientists Awards is an opportunity provided to students to submit their scientific investigations or a working model of an invention. This award is offered every year to all students. This year, we submitted four investigation tasks from the Year 9 Science classes: three in the scientific investigations and one in the working model category. We are proud to announce the achievements of all four students from L-R:

Zoe McDacy - Commendation (Category Biology Scientific Investigation)

Anindita Chand - High Achievement (Category Physics Scientific Investigation), Commendation (Category Working Models)

Ella Bower - Commendation (Category Biology Scientific Investigation)

Isabella Ahmad - Commendation (Category Biology Scientific Investigation)

We look forward to submitting more Science investigations next year across Years 7 to 10, as it is an excellent opportunity for the students to showcase their ability in conducting and analysing an investigation that they had worked independently or in groups on.



## PULSE FILM FESTIVAL

Last term 17 Adobe students took part in first ever *Pulse Film Festival*. They were involved in creating a short digital film designed to support the syllabus in ICT and Creative Arts. This festival provided an opportunity for students to engage in acting, directing and editing their own video production. Additionally, it provided teachers with a platform to promote the arts and technology as a vital part of the school curriculum. The *Pulse Film Festival* 2015 was screened on 3<sup>rd</sup> December, at the Nepean Arts Centre at Nepean Creative and Performing Arts High School, giving students the opportunity to present their work. From Quakers Hill High School,



one digital video was selected to be showcased during the screening and won the best 'Editing Award'. This video was titled 'Cyberbullying Awareness' and was created by Jordan Alfar, Jacob Power and Oliver Mathews. Congratulations to all the students who represented QHHS at the inaugural National ADOBE Youth Voices Project and to the students on winning their editing award.



## STAFF NEWS

I would like to take the opportunity to thank the staff in the Science faculty for their professional contribution to teaching and making a difference in the lives of students at QHHS. I feel most honoured to work with a team of dedicated teachers who have allowed me to guide them through the several changes we have had to adapt to, especially over the past two years, trialling out new programs to meet the expectations of the recently implemented NSW syllabus. Thank you!

## NIRIMBA LEARNING COMMUNITY AWARDS

Congratulations to Sharon Goddard, one of our highly efficient and well-organised Lab Technicians on her recent NLC award. Mrs Goddard received this recognition for her amazing efforts in making it possible for us science teachers to provide exciting experiments and hands-on

activities for students at QHHS. Her role and skills are pivotal to making Science fun. Thank you for all that you do Mrs Goddard. A well-deserved award!!!

### FAREWELL



On behalf of the faculty, I would like to bid farewell to Mrs Josefina Concepcion who retires at the end of this year. Mrs Concepcion has taught in the Philippines for 18 years in the roles of classroom teacher and Head of Department. In Australia, she served another 17 years of dedication to the profession, taking her career to a grand total of 35 years! Mrs Concepcion's bright smile and friendly personality has made her much loved by staff and students over the years. We would like to wish her good health and happiness in her retirement and look forward to finding out how she is spending her time outside the science lab. Good luck and thank you Mrs Concepcion. You will be missed!!!



### STUCK FOR A CHRISTMAS GIFT FOR MUM, SISTER, AUNT OR GRANDMA?

How about some homemade bath bombs as a treat to relax after all the rushing these ladies do to make Christmas and everyday special for the family! In the true spirit of Science...I set this process out as a scientific report.

#### Homemade Bath Bombs

##### **Aim:**

To surprise Mum/Sister/Aunt/Grandma with homemade bath bombs

##### **Hypothesis:**

If I made this gift by myself, then I will bring much joy to the recipient/ceiver.

##### **Equipment:**

- 2 cups bicarbonate of soda (baking soda)
- 1 cup cream of tartar
- 1-2 tablespoons of olive oil (oil makes the bath water soothing)
- Food colouring (optional)
- Essential oils (lavender)
- Dried lavender (optional)
- Water in a spray bottle
- Ice cube trays (silicon trays preferably)



re-

**Risk Assessment:**

I might spill the materials. I would certainly need to clean this up by myself.

**Method:**

1. Mix the bicarbonate, tartar, oils, essential oils and colouring until you have a colour that you are happy with. Your mixture will still look powdery.
2. Give it 2-3 sprays of water. It will start to sizzle.
3. Mix until it feels a little more solid and a bit like wet sand.
4. Make a dent your spoon into the mixture and it leaves a nice shape without crumbling too much, it is ready to be transferred into the ice trays. Hint: you could add a few more sprays of water it needed
5. Fill in to trays (silicon trays make it easier to remove)
6. Let dry for 1-2 days.
7. Remove gently and gift wrap in a small box (see below for tips)
8. If the bombs crumble, it is because you did not add enough water in the beginning. Crumble it all again. Spray more water and start again.

**Results:**

A personal gift is created, costing very little money to make!

**Conclusion:**

The spread of Christmas cheer will be enjoyed by Mum/Sister/Aunt/Grandma, with them taking a much deserved rest long after the 25<sup>th</sup> December J

**Tip:** to gift wrap the bath bombs, use a small box like the *Jatz* or *Shapes* ones. Trim it down a bit. Cover it in bright Christmas gift wrapping. Tie some ribbon...and be proud of your personalised gift!!!!

**The Science of Christmas Quiz:**

1. How does Santa power his sleigh to go round the world in one night?
2. Why does Rudolph's red nose glow?  
Why does Santa not get stuck in the chimney?

All of the above have very real answers...do a bit of research and find the answers.

Finally, the Science faculty staff and I would like to take this opportunity to wish the students of QHHS and their families a joyous Christmas and a very happy New Year. We look forward to seeing and working with you all again in 2016.





# Quakers Hill High School

## HIGH SCHOOL TASTER DAY

# 2016

Building confidence.

Demystify high school.

Garnering enthusiasm for learning.

Building invaluable support networks.



### YEAR 6 HIGH SCHOOL TASTER DAY #1

For Quakers Hill, Barnier, Hambledon & Quakers Hill East PS  
Monday the 8th of February 2016

## Quakers Hill High School Hall

70 Lalor Road, Quakers Hill

Year 6 students will meet in the Hall by 8.35 am  
and can be picked up from 2.20 pm.

Year 6 uniform should be worn by all students.

Enclosed leather shoes **must** be worn in order for students to  
participate in Science and TAS lessons.

The canteen will be operational on the day.

*"Shaping a positive future"*



## BELL TIMES - 2016

MON TUES FRI	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	8.55	10'
	1	8.55	9.45	50'
	2	9.45	10.35	50'
	RECESS	10.35	11.00	25'
	GO TO CLASS	11.00	11.05	5'
	3	11.05	11.55	50'
	4	11.55	12.45	50'
	LUNCH	12.45	1.10	25'
	GO TO CLASS	1.10	1.15	5'
	5	1.15	2.05	50'
	6	2.05	2.55	50'

THURSDAY	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	9.05	20'
	1	9.05	9.49	44'
	2	9.49	10.33	44'
	RECESS	10.33	10.58	25'
	GO TO CLASS	10.58	11.03	5'
	ASSEMBLY	11.03	11.47	44'
	4	11.47	12.32	45'
	LUNCH	12.32	12.57	25'
	GO TO CLASS	12.57	1.02	5'
	5	1.02	1.46	44'
	6	1.46	2.30	44'

WED	GO TO CLASS	8.40	8.45	5'
	ROLL	8.45	8.55	10'
	1	8.55	9.35	40'
	2	9.35	10.15	40'
	RECESS	10.15	10.40	25'
	GO TO CLASS	10.40	10.45	5'
	3	10.45	11.40	55'
	4	11.40	12.35	55'
	LUNCH	12.35	1.00	25'
	GO TO CLASS	1.00	1.05	5'
	5	1.05	2.00	55'
	6	2.00	2.55	55'

### BELL SIGNALS SYSTEM

*There are various bell signals which tell students and staff what to do.*

**SINGLE RING** indicates the start of the day, end of lessons or breaks and the end of the day.

**TWO RINGS** indicate an assembly in the quadrangle has been called. All students and staff should assemble in the quad as quickly as possible.

**THREE RINGS** indicate that the oval is closed due to extreme heat or rain. Undercover walkways become in-bounds for that break.

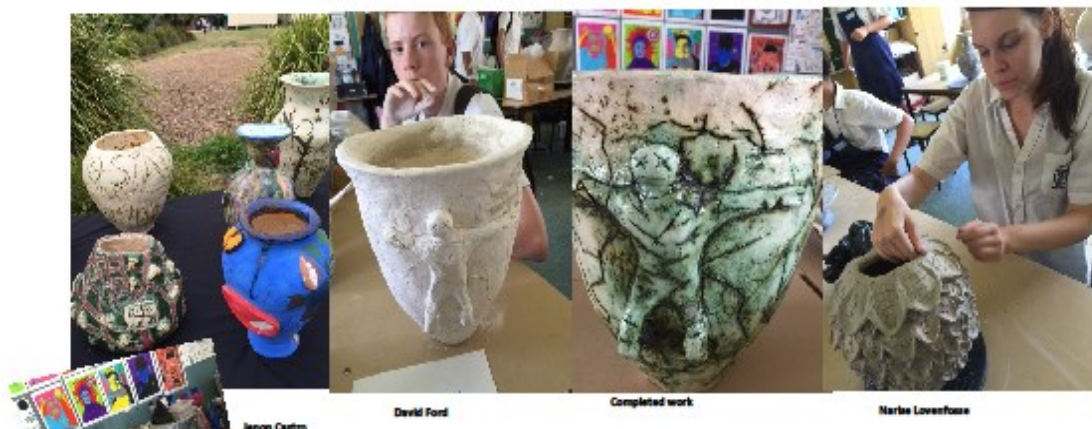
**WHOOP SOUND** indicates that an evacuation is necessary. Students and staff must evacuate the buildings and assemble on the oval.

**DOORBELL SOUND** indicates a lockdown is required. All students and staff must remain in the buildings, close and lock all doors and wait for the all clear (which is two rings calling everyone to the quadrangle).









Jenon Castro

David Ford

Completed work

Marlee Lovenhouse

**Year 10 Visual Arts– “Three Line Novels”.** The students completed a series of collages, photographic crops, figurative portraits in built environments and ceramic forms, given “street texture” decoration, in keeping with their socially aware text selections!



**Yr8** have explored the traditions and customs of other cultures and have developed decorative ceramic masks to learn the skills of using this plastic material.



**“Vivacity” inspired by “Vivid”!**

Our talented Yr9 students worked on a mural project that they based on photographs taken of the school grounds and the animals that have been found here. They are to be commended for their independence and mature effort!



This year we will bid farewell to Ms. Georgia Valatiadis as our esteemed Head of CAPA. Her tireless energy, drive, and passion led to the many successful achievements of the students of Quakers Hill High in all creative fields for over 5 years. She will be sorely missed. All of us wish her the very best at her new appointment–Prairiewood High School.

## FROM THE ENGLISH FACULTY

The English Faculty would like to wish the QHHS community a very happy Christmas as 2015 draws to an end. We urge all students to take a well-deserved break, enjoy the festive season and encourage some holiday reading. Below are some novels highly recommended by our Year 9's who have been exploring the Science Fiction Genre and which all Sci-Fi fans will definitely love to read:

- 'The Fifth Wave' by Rick Yancey
- 'Stranger In A Strange Land' by Robert Heinlein
- 'The Chronicles of Thomas Covenant' - a series of ten high fantasy novels written by American author Stephen R. Donaldson

### Some other good reads:

- 'Grimsdon and New City' by Deborah Abela - a survival story about children trapped in a city after a flood.
- 'Percy Jackson' by Rick Riordan – Series about the quests of Percy Jackson, a demi-god (half-blood).
- 'The Keepers' by Lian Tanner - story of Goldie, an independent free spirit who wants to embrace life on her terms.
- The 'Tomorrow...' series by John Marsden
- The 'Door' series by Rick Riordan

### This semester Year 9 have completed a Creative Writing Unit

**Following is a short story by Erin in 9Eng4 inspired by the short story 'Cinnamon' by Neil Gaiman.**

### Lotus

Lotus was a princess, a long time ago on a small, hot island. Her eyes were the swirling oceans after the storm season, dark and deep with mystery and danger. The ever-changing ocean in her eyes gifted her great beauty, however they blinded her with the ferocity of their pounding waves. Her world was like the oceans in her eyes: dark, dangerous and lonely. Lotus could not rule the island with the oceans in her eyes.

Her father and mother – the Dhara and Dhari – offered a home in the most beautiful cove of the island, the most bountiful banana trees in the orchard, a portrait of the Dhari in her young glory and a yellow parrot to any person who could teach the oceans in Lotus's eyes to become mere beauty, and not a terror that halted the island's princess.

The ocean lapped at the shore on one side of the palace, and the dense jungle loomed over the other. The people came from all over the island to teach Lotus's ocean eyes, some even coming from across the seas. But come they did, and they enjoyed the luxurious home in the island's most beautiful cove, and reaped the rewards of the bountiful banana trees. They admired the portrait of the Dhari, full of grace and powerful ease, and treated the parrot as their own. But one by one, each went away, exasperated and cursing the swirling dangers in the princess's eyes.

One day Lotus couldn't bear the confines of her silent palace. She ran to the beach and wept



on the shore, grieving for what seemed like the future she would never experience. As her sobs turned into silent tears, the lull of the waves soothed her, and a quiet voice startled the silence.

“I can teach the oceans within your eyes. “

Lotus was disappointed; another hopeful islander wishing to live a life of glory had disturbed her precious moment of peace for nothing more than a greedy wish.

“I am not interested in another lesson,” She replied shortly, “You people have tried upon me a thousand different methods, all of them failures.”

The voice was silent. It was replaced by a slow, dragging noise that crept closer to Lotus. She reached out her hand, only to be met by a hard, smooth surface. Moving her hand revealed it to be a shell, covering a giant, ancient turtle. Lotus considered this realisation. So far only humans seeking the prizes of her parents had attempted to tame her violent eyes, but a turtle? A turtle as ancient and wise as the one before her had nothing to gain. He could not live in the beautiful house in the island’s most beautiful cove and he could not eat the bountiful fruit of the banana trees. Nor was there anywhere to keep the Dhari’s portrait, or for the yellow parrot to fly.

It seemed he truly only wanted the princess to rule the island, and for the swirling depths of her eyes to fade into beauty, instead of a curse.

“Are your intentions pure? Do you truly want me to rule with clear sight?”

“Yes. Trust me princess.”

And so she did.

Over the coming days, weeks and months, the turtle told Lotus the stories of the ocean. He told her of the waves and currents that pushed him all over the world, and of the animals he had encountered on his way. He told her of how the swirling depths whispered songs of darkness and how the rays of light that penetrated the water’s surface promised warmth and prosperity. As time went on, Lotus’s stormy eyes began to fade, first to a deep, crystal sapphire. Then to a pale, sky-coloured blue and finally to pure white. Her eyes remained white for many months, as the turtle shared the secrets of the ocean’s depths.

Until a certain day. Lotus came, as always, to sit on the sandy shore to hear the turtle’s tales on the sea. The turtle seemed sad, and after being questioned, revealed he had run out of stories.

“Please, you’ve got to have more, my eyes have begun to change!” said Lotus.

“I suppose I could tell you the story of how you got your sea storm eyes” he said.

Lotus was transfixed. For years she had thought it was a mere coincidence that she had the eyes of the sea, but now there was a story about its cause. She could only hope it led to being able to rule her island kingdom with clear sight.

The turtle began his tale. Long ago, before Lotus was born, the gods of the sea had an argument. One wanted the sea to remain calm forever, but the other wanted it to be free, and to move whichever way it desired. The god of the free ocean won the argument, but in a fit of

rage, the other god cursed the future princess to have eyes filled with the stormy sea. Only learning all the secrets of the ocean could save her eyes, and return her sight.

As the turtle spoke, Lotus's eyes began to change again, transforming from pure white to the bright green of the island plants. As her eyes changed, strange lights and colours Lotus had never seen before appeared in her vision. The turtle and princess cried out in joy at their result, and Lotus ran to show her parents. When everyone in the kingdom returned to the beach to shower the turtle with praise, they found he had gone. In his place was a shell, the same deep blue as Lotus's first stormy, blind eyes.

Many years later, Lotus ruled the kingdom with grace and beauty, content with her sight. She thanked the turtle daily for blessing her with the gift of sight, and treasured her favourite shell, the colour of her stormy eyes.

**As part of the unit Year 9 also wrote some poems.**

**'Day Dreaming' by Genesis from 9Eng1**

I had dreamed a dream

My arms spread wide like a soaring bird

A flowing wind breezing over my soft skin, cool and calming

The sky, a warm gradient set of colours like pink lemonade,

The heated light shining upon my cheeks, I was sun kissed.

My lungs filled with a sweet scent, an aroma of flowers, so much it felt like a drug

My eyelids fluttered shut for the moment was too beautiful

My feet feeling cold from the contact of the cool green grass

Butterflies fluttered amongst themselves in the pit of my stomach,

So strong that if you listened carefully you just might hear the sound of their wings as they flap together in unison.

My heart beating out of my chest like a drum

The feeling of fresh air circulating my body as if my blood was a raging storm

A gentle tingle felt at the tip of my nose as I giggled in utter hysteria

The hairs on my arms aimlessly stood as a second whoosh of air swooped through

Delicately parting the long strands of my hair from each other,

Heat rushing towards my cheeks as I blushed from this infinite feeling

Oh the feeling, like a sloppy wet kiss,

I was invincible for however long that moment went on for

And how I longed for it to never stop

For I felt like I was flying, laying on the clouds and watching,

Waiting as the Sun shone higher, brighter,

Perhaps it also felt the same as me,  
 Invincible, unstoppable,  
 Simply on cloud nine  
 Yes, I had dreamt a dream.

### **And lastly, a lovely reflection on 'kindness' by Faith 7L:**

*'It's the silent acts of kindness that speak so loudly' – Michael Koziol.*

Kindness is a way to show your love or generosity to another person. Last week on Monday I was showing kindness with my sisters at Parramatta Park. We had cooked sausage rolls and handed them out to the homeless. Just as we were packing up I could see that they were very grateful and thankful as we had given them a feed that night.

Once I had seen what we had done that night, it made me feel like a better person. Just sharing the littlest things like money or food just makes a person's day greater. Also it is such a great way to start your week just showing your act of kindness.

Three benefits of being kind to someone:

1. At the end of the day you will feel great about yourself.
2. Once you have shown that act of kindness people will look upon you and do the same.
3. People will love you for who you are and start to show you kindness.

Three negative effects of not being kind:

1. Others could show hatred towards each other.
2. You will not have many true friends by your side.
3. Showing no kindness can ruin the peace throughout the world and can lead to wars.

Overall, we should all be kind to one another and let our world be in peace. Because once you have shown that act of kindness to others it will spread. If everyone is kind to each other with the littlest things on a daily basis this society will be the most peaceful, loving and caring it can be.

Five ways you can be kind to others on a daily basis:

1. Just telling them how beautiful or pretty they are.
2. Giving money – just giving money for a bus fare or train fare will be an excellent way to show kindness.
3. Making breakfast.
4. Allowing someone to order first in a queue.
5. Giving someone a hug.

What I have learnt over this study of kindness is to always be kind, always give a hand to somebody and show your love and generosity always to somebody.

**From all of the English staff we wish you a very happy and relaxing Christmas break.**



Education &  
Communities

# Dance Camp 2016

## SAVE THE DATES!

Junior Camp Yrs 5 & 6 - 27th to 29th April

Senior Yrs 7 to 12 - 30th March to 1st April

Where gifted dance students in NSW public schools go

For more information & criteria go to

**[www.danceoff.com.au](http://www.danceoff.com.au)**

Dance Off continues to work with some of the best instructors in the industry and is a 3 day residential dance camp and rewarding experience for the gifted and talented dancer. We have worked with Sydney Dance Company Dance Studios, Director, The Australian Ballet, Marko Panzic, Broadway star Leslie Bell to name a few. Make an enquiry on our website, Facebook page or email at [info@danceoff.com.au](mailto:info@danceoff.com.au)

APPLICATION FORMS AVAILABLE SOON! STAY TUNED!

Also seeking DEC teachers who would like to supervise and be part of the dance camp experience!





# SCHOOL TIMETABLE

# WESTERN SUBURBS REGION

## Quakers Hill High School

Timetable effective from Monday 30 November 2015

Amended 18/11/2015

*(R) Bus Turns Right - (L) Bus Turns Left*

### MORNING

Bus Number	Route Number	Time	Locations Serviced	Route Description
6072	-	7:55 AM	Glendenning Dean Park	Departs Adrienne St & Lamb St via Adrienne St (R)Armitage Dr (L)Golding Dr (L)Richmond Rd (R)Yarramundi Dr (L)Hoyle Dr (R)Symonds Rd (L)Richmond Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd into School Bus Bay.
-	T72	8:01 AM	Quakers Hill	Departs Burdekin Rd and Alex Ave via Burdekin Rd (L)Walker St (L)Bali Dr (R)Hambledon Rd (R)Lalor Rd to Quakers Hill Station turns around and returns Lalor Rd to School Bus Bay.
-	745	8:03 AM	Glenwood Stanhope Gardens Quakers Hill	Departs Glenwood Dr & Peak St via Glenwood Park Dr (L)Forman Ave (R)Glenwood Park Dr (L)Sorrento Dr (R)T-way (L)Stanhope Pkwy (L)Sentry Dr (R)Quakers Hill Pkwy (R)Farnham Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd.
6031	-	8:05 AM	Blacktown Marayong Quakers Hill	Departs Blacktown Stn via Richmond Rd (R)Breakfast Rd (L)Quakers Rd (R)Quakers Hill Pkwy (R)Hambledon Rd (L)Lalor Rd.
-	T72	8:05 AM	Quakers Hill	Departs Quakers Hill Station via Lalor Rd (L)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd (R)Hambledon Rd (L)Barnier Dr (R)Farnham Rd (L)Kennington Ave (R)Farnham Rd (L)Quakers Hill Pkwy (R)Pye Rd (R)Highfield Rd (R)Lalor Rd.
-	752	8:06 AM	Quakers Hill	<b>LAST PICK UP ARNOTT RD &amp; WARRIMOO DR</b> Departs Blacktown Interchange via Richmond Rd (R)Davis Rd (L)Quakers Rd (R)Arnett Rd to Warrimoo Dr then direct to School.
6035	-	8:07 AM	Blacktown Marayong Quakers Hill	<b>DOES NOT PICK UP ON ARNOTT RD AND WARRIMOO ST</b> Departs Blacktown Interchange via Richmond Rd (R)Breakfast Rd (L)Quakers Rd (R)Narrabri St (R) Bombala Cr (R) Ottley (L) Arnett (L) Warrimoo Dr (L)Chaplin Cr to Quakers Rd then direct to School.
-	745	8:18 AM	Glendenning	Departs Adrienne St & Lamb St via Adrienne St (R)Armitage Dr (L)Golding Dr (R)Richmond Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd into School Bus Bay.
6020	-	8:23 AM	Arnett Rd Warrimoo Dr	Departs Arnett Rd & Quakers Rd via Arnett Rd (L)Warrimoo Dr (L)Chaplin Cr to Quakers Rd then direct to School.

### AFTERNOON

Bus Number	Route Number	Time	Locations Serviced	Route Description
6584	-	3:09 PM	Quakers Hill	Departs School via (L)Lalor Rd (L)Hillcrest Rd (L)Pye Rd (R)Wilson Rd (L)Chase Cr (L)Quakers Hill Pkwy (R)Farnham Rd (L)Kennington Rd (R)Farnham Rd (L)Barnier Dr (R)Hambledon Rd.
6568	-	3:12 PM	Arnett Rd Warrimoo Dr	Departs School via (L)Lalor Rd (R)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L) Chaplin (R)Warrimoo (R)Arnett Rd.
6544	-	3:15 PM	Quakers Hill	Departs School via (L)Lalor Rd (R)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd to Hambledon Rd.
6540	-	3:20 PM	Blacktown	<b>FIRST SET DOWN DAVIS RD</b> Departs School then express to Davis Rd then (L) Richmond Rd to Blacktown Interchange.

6562	-	3:21 PM	Blacktown Marayong	<b>PICKS UP STUDENTS FROM SCHOOL BUS BAY FIRST SET DOWN WARRIMOO DR AND ARNOTT RD</b> Departs School via (L)Lalor Rd to Quakers Hill Station Roundabout returns Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin Cr (R)Medlow Dr (R)Quakers Rd (R)Chaplin Cr, Warrimoo Dr (R)Arnett Rd (L)Quakers Rd (R)Davis Rd (L)Richmond Rd to Blacktown Interchange.
-	T72	3:21 PM	Quakers Hill	Departs School via (L)Lalor Rd to Quakers Hill Station, turns around & returns Lalor Rd (L)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd to Hambledon Rd.
-	745	3:24 PM	Glenwood	Departs School via (R)Lalor Rd (L)Grady St (L)Quakers Hill Pkwy (R)Farnham Rd (L)Quakers Hill Pkwy (L)Sentry Dr (R)Stanhope Pkwy (R)T-way (L)Sorrento Dr (R)Glenwood Park Dr (L)Foreman Ave (R)Glenwood Park Dr (L)Meurants Ln to Greenhill Dr.
-	752	3:28 PM	Marayong	Departs School via Lalor Rd to Quakers Hill Station, turns around & returns Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin Cr (R)Warrimoo Dr (R)Arnett Rd to Quakers Rd.
6545	-	3:31 PM	Glendenning Dean Park	Departs School via Lalor Rd (L)Grady St (L)Quakers Hill Pkwy (R)Richmond Rd (R)Symonds Rd (L) Hoyle Dr (R)Yarramundi Dr (L)Richmond Rd (R)Golding Dr (R)Armitage Rd (L)Adrienne St to Lamb St.

## MATHEMATICS FACULTY NEWS

Well, what a year it has been in Mathematics! We had PI day, where on the 14<sup>th</sup> of March 2015 at 9:26 and 54 seconds, it was a once-in-a-century occurrence that pi was correct to 9 decimals places at this time. We also had students achieve excellent results in the Australian Mathematics Competition. The following students received a credit:

***Joshua Hoesli, Luke Dickson, Kabir Acharya, Meet Patel.***

Also of notable mention are the following students who received an award for proficient:

***Rocklin D'Cruz, Zoe Morgan, Will Nafoi, Harvey Wiggins, Ethan Liu, Joshua Liu, Dylan Quattromani, Mitchell Parker, Kopal Mathur, Holly Bramble, Sehajpreet Lamba, Harry Poulos.***

Wishing good prosperity for 2016 to our school community!

Yours in numbers, the Mathematics Faculty

## MESSAGE FOR PARENTS—STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to take the note to the office before roll call in the morning.

The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

**REMINDER—EVERY THURSDAY ALL STUDENTS FINISH EARLY AT 2.30pm  
THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM**

YEAR 8	
SUBJECT	Books & Materials
English	1 x 126 page exercise book; 1 x 96 page exercise book; 1 x A4 Display Folder; 1 x cardboard document wallet; writing equipment
Maths	Exercise book; Geometrical instruments, Scientific Calculator
Science	128 page exercise book, pens, pencil, ruler and eraser. Assignments should be stapled and submitted in a plastic sleeve with the assignment cover sheet attached.
History	Workbook, assignment folder
Geography	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue, coloured pencils, 360 degree protractor
Languages	Standard writing materials –200 page exercise book, pens, ruler, scissors, glue, coloured pencils.
PDHPE	A4 Workbook, QHHS Sport Uniform
Music	96 page Music workbook
Visual Arts	individual students.
Technology	leather shoes; display folder

YEAR 9					
SUBJECT	Books & Subjects				
English	1 x 126 page exercise book; 1 x 96 page exercise book; 1 x A4 Display Folder; 1 x cardboard document wallet; writing equipment				
Maths	Exercise book; Scientific Calculator; Geometrical instruments				
Science	128 page exercise book, pens, pencil, ruler and eraser. Assignments should be stapled and submitted in a plastic sleeve, with the assignment cover sheet attached.				
History	Workbook, assignment folder				
Geography	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue, coloured pencils, 360 degree protractor				
Commerce	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue etc.				
Work Education	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue etc.				
Languages	Standard writing materials –200 page A4 exercise book, 96 page exercise book (for use as a personal dictionary), pens, ruler, scissors, glue, and coloured pencils.				
History Elective	A4 workbook and assignment folder				
Independent Writer	A4 workbook and assignment folder				
PDHPE	A4 Workbook, QHHS Sport Uniform				
PASS	A4 workbook, sport uniform				
Dance	A4 workbook, sport uniform				
Drama	1 x 96 page exercise book; 1 x A4 Display Folder; writing equipment				
Music	96 page Music workbook				
Photo & Digital Media	Photographic Process Diary (PPD), USB, pencils, pens, eraser plus other materials as required by individual students.				
Visual Arts	Visual Arts Process Diary (VAPD), USB, pencils, pens, eraser plus other materials as required by individual students.				
Digital Networks	USB				
Robotics	USB				
Agriculture	A 96 page A4 Workbook, display folder, black leather shoes				
Child Studies	A4 workbook, enclosed leather shoes				
Design Technology	A4 Display Folder, Shoebox, Black Texta				
Food Technology	Apron, fully enclosed black leather shoes, A4 workbook				
Graphics Technology	Technical Drawing Kit				
Industrial Tech Metal	A4 Workbook, display folder, black leather shoes				
Industrial Tech Electronics	A4 Workbook, display folder, black leather shoes				
Industrial Tech Wood	Display folder, black leather shoes				
Industrial Tech Engineering	A4 Workbook, display folder, black leather shoes				
Textiles	Fabric, pins, thread, patterns, display folder, black leather shoes, thread, and Bernina bobbin				



YEAR 10				
SUBJECT	Books and Materials			
English	1 x 126 page exercise book; 1 x 96 page exercise book; 1 x A4 Display Folder; 1 x cardboard document wallet; writing equipment			
Maths	Exercise book; Scientific Calculator; Geometrical instruments			
Science	128 page exercise book, pens, pencil, ruler, and eraser. Assignments should be stapled and submitted in a plastic sleeve, with the assignment cover sheet			
History	Workbook, assignment folder			
Geography	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue, coloured pencils, 360 degree protractor			
Commerce	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue etc.			
Work Education	Standard writing materials –150 – 200 page A4 exercise book, pens, ruler, glue etc.			
Languages	Standard writing materials –200 page A4 exercise book, 96 page exercise book (for use as a personal dictionary), pens, ruler, scissors, glue, and coloured pencils.			
History Elective	A4 workbook and assignment folder			
Independent Writer	A4 workbook and assignment folder			
PDHPE	A4 Workbook, QHHS Sport Uniform			
PASS	A4 workbook, sport uniform			
Dance	A4 workbook, sport uniform			
Drama	1 x 96 page exercise book; 1 x A4 Display Folder; writing equipment			
Music	96 page Music workbook			
Photo & Digital Media	Photographic Process Diary (PPD), USB, pencils, pens, eraser plus other materials as required by individual students.			
Visual Arts	Visual Arts Process Diary (VAPD), USB, pencils, pens, eraser plus other materials as required by individual students.			
Digital Networks	USB			
Robotics	USB			
Agriculture	A 96 page A4 Workbook, display folder, black leather shoes			
Child Studies	A4 workbook, enclosed leather shoes			
Design Technology	A4 Display Folder, Shoebox, Black Texta			
Food Technology	Apron, fully enclosed black leather shoes, A4 workbook			
Graphics Technology	Technical Drawing Kit			
Industrial Tech Metal	A4 Workbook, display folder, black leather shoes			
Industrial Tech Electronics	A4 Workbook, display folder, black leather shoes			
Industrial Tech Wood	Display folder, black leather shoes			
Industrial Tech Engineering	A4 Workbook, display folder, black leather shoes			
Textiles	Fabric, pins, thread, patterns, display folder, black leather shoes, thread, and Bernina bobbin			



# **Quakers Hill High School P & C Uniform Shop Opening Hours**

Open Every Monday morning until 14 December 2015

8.10am - 9.30am

Open Thursday 17th December 2015

8.30am – 10am

## **Special Opening Hours 2016**

School Holidays - Monday 18<sup>th</sup> & Tuesday 19 January

8am - 1pm

Wednesday 27<sup>th</sup> January 2pm - 4pm

Thursday 28<sup>th</sup> January (Year 7's first day) 2pm – 4pm

## **Return to Normal Hours**

Monday 1 February 2016: 8.10am - 9.30am

Note: Come the school holiday opening times as it is  
very busy the first week back

Please Remember!!

The people serving you are all

**VOLUNTEERS**



# EMAIL ADDRESS REQUEST

## Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus

Principal

February 2015

-----" " " " " "

## QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: \_\_\_\_\_ YEAR: \_\_\_\_\_

PARENT'S EMAIL ADDRESS:

[illegible]

PARENT/CARER SIGNATURE: \_\_\_\_\_

**CHANGE OF PERSONAL DETAILS FOR STUDENTS**

*(PLEASE PRINT)*

**NAME OF STUDENT:** \_\_\_\_\_

**YEAR:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**MOBILE NO:** \_\_\_\_\_

**CARER 1 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**CARER 2 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**EMERGENCY CONTACTS:** \_\_\_\_\_

\_\_\_\_\_

**MEDICAL PROBLEMS (IF ANY)** \_\_\_\_\_

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763

Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: [quakershil-h.school@det.nsw.edu.au](mailto:quakershil-h.school@det.nsw.edu.au)

Website: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)

Principal: Mrs Lauretta Claus



## QUAKERS HILL HIGH SCHOOL

70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747

E-MAIL: [quakershil-h.school@det.nsw.edu.au](mailto:quakershil-h.school@det.nsw.edu.au)  
WEBSITE: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)  
PRINCIPAL: Ms Lauretta Claus



### Student Absentee Note

Name of student \_\_\_\_\_ Year \_\_\_\_\_

Date of absence(s) \_\_\_\_\_

#### Reason for absence

The reason for the absence must be shown below. (Please tick the appropriate box and give details.) Note: If you prefer, you may telephone the school to explain your child's absence.

☐

Sickness (please give details, eg flu)

\_\_\_\_\_  
\_\_\_\_\_

☐

Family reasons (please give details, eg attendance at a funeral)

\_\_\_\_\_  
\_\_\_\_\_

☐

Other reason (please give details, eg attendance at a religious ceremony)

\_\_\_\_\_  
\_\_\_\_\_

Name of parent or carer \_\_\_\_\_

Signature of parent or carer \_\_\_\_\_

Date \_\_\_\_\_



medicalcentre®

## KILDARE ROAD MEDICAL CENTRE

**RUYA MAHMOOD, BSpHSc, MSpLngPath, MSPA**

### SPEECH PATHOLOGIST

Ruya is a graduate of Macquarie University. She has experience in the assessment and treatment of children across all ages in areas of speech, fluency, language and literacy skills. She has worked closely with families and schools to achieve specific goals to maximise communication skills for children. Ruya has completed the Hanen 'It Takes Two to Talk' training, to assist parents of young children with language difficulties.

***Ruya offers bulk-billed and private consultations for children aged 2-15 years.  
For more information and to make an appointment, please call Reception on 8822 3000***

**OPEN EVERY DAY 8:00am – 8:00pm**

**36 Kildare Road, Blacktown (on the corner, next to Westpoint)**

**[kildaremedical.com.au](http://kildaremedical.com.au)**