



## UPCOMING EVENTS

### Friday 4 September

Contact issued  
Year 8 Fieldtrip to  
Warragamba Dam

### Monday 7 September

Year 7 & 8 Gala Day  
P&C Meeting 7pm

### Wednesday 9 September

PATHE Workshop

### Thursday 10 September

Multicultural Day

### Friday 11 September

Game Training Road-  
show 9am—11am

### Tuesday 15 September

Year 7 Parent/Teacher  
Evening 3.30-6.30pm

### Wednesday 16 September

Barnier Reading Presen-  
tation

### Thursday 17 September

RUOK? Assembly  
Wyndham Graduation

### Friday 18 September

Contact issued  
Footy Colours Mufti Day  
SRC Fundraiser  
Last Day Term 3

**Tuesday 6 October**  
First day Term 4 for stu-  
dents and staff



## HIGHLIGHTS IN THIS ISSUE

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## PRINCIPAL'S REPORT

### SASS RECOGNITION WEEK

This week is the formal recognition of the wonderful job our school administration and support staff provide to our students, teachers and community. The theme of this week's celebration is SASS staff "Our Jobs, Your Children, Their Future". So on behalf of the Quakers Hill HS community thank you to: Cathy Jones, Linda Naylor, Kylie Harris, Sharon Goddard, Carolyn McBain, Hayley McBain, Erica Hall, Jennifer McEwan, Therese Carroll, Lee Pearce, Erika Cooper, Patricia Shields, Elaine Cranfield, Sam Sale, Sheree Johnson, Janine Burke, Jeff Reardon, Jenny Parberry, Tanya Innes, Leslie Harkness, John Argall, Lauren Paa and Jesse Pearce.

### STUDENT LEADERSHIP TEAM 2016

Congratulations to the following students who have been selected by staff and students to lead the SRC and student body in 2016:

**CAPTAINS**—Genesis Asuncion & Ben McDonell

**VICE CAPTAINS**—Isabella Ahmad & Alister Tupper

### BLACKTOWN MUSIC FESTIVAL

A big congratulations to Ms Tong and her two Year 10 music students, Vince Gonzales and Jorja Kozlovsky, who performed at the Blacktown Music Festival last Monday. This was the first time that any high school students have performed at this festi-



Education &  
Communities

val, as it has always been a primary school event. The high regard that our local primary schools have for our school and the talent we have on offer is reflected in their willingness to break tradition and allow high school students to perform.

Vince and Jorja gave a powerful rendition of "Titanium" and received a thunderous applause. We are hoping that in 2016 we can continue this relationship and be a part of the Blacktown Music Festival.

## **PARENT TEACHER EVENINGS SEMESTER 2 – ONLINE BOOK- ING FACILITY**

Our Parent Teacher evening for Semester 2 for Years 8/9/10 is on Tuesday 13 October. The link for our new online booking service for parents to make appointments to discuss their children's progress is:

1. The website address is:  
**[www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)**
2. The event code for Year 8/9/10 is:  
**88XCC**

## **PERMISSION TO PUBLISH**

Students would have received in Roll Call paperwork for parents to complete, giving the school permission to publish photos on our school website and facebook page. It is essential if you DO NOT wish to allow us to use your child's photo that you return this paperwork.

### **GENERAL PERMISSION TO PUB- LISH AND DISCLOSE INFORMATION**

Dear Parent/ Caregiver,

I am seeking your permission to allow the school/Department of Education and Communities to publish and/or disclose information about your child for the purposes of sharing his/her experiences with other stu-

dents, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

This information may include your child's name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child's work and expressions of opinion such as in interactive media.

The communications in which your child's information may be published or disclosed include but are not limited to:

- Public websites of the Department of Education and Communities including the school website, the Department of Education and Communities intranet (staff only), blogs and wikis
- Department of Education and Communities publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department's websites
- Official Department and school social media accounts on networks such as YouTube, Facebook and Twitter
- Local and metropolitan newspapers and magazines and other media outlets

Please complete the permission slip and return to the school by **Monday 7<sup>th</sup> December 2015**.

Yours sincerely

**Lauretta Claus**  
Principal  
**Quakers Hills High School**

### **Permission to Publish**

I have read this permission to publish

and:

*Tick the appropriate box*

☐ I give permission

☐ I do not give permission

to the school/Department of Education and Communities to publish information about my child as described above, including in publicly accessible communications.

This signed permission remains effective until I advise the school otherwise.

Child's name:

.....

Parent/carer/caregiver's name:

.....

Parent/carer/caregiver's signature:

.....

Date: .....

Have a great week.

**Lauretta Claus**

**Principal**

### PRINCIPAL'S AWARDS

**Congratulations to the following students on receiving their Gold Awards:**

**Year 7—Kirra-May Bevan, Caitlin Bradley, Joel Deaves, Zoe Morgan, Cameron Nolland**

**Year 8—Kopal Mathur, Amy Papworth-Buchanan, Kayla Randall**

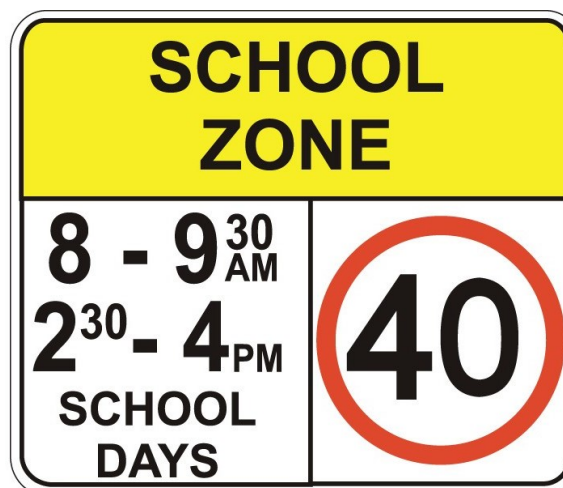
**Year 9—Sarah Branson, Jed Mathers, Meet Patel**

**Year 10—Aidan Bath, Jacob Chin, Donya Ebrahimeh**



## BLACKTOWN COUNCIL NEWS

Blacktown Council's website has been updated with Fact Sheets showing the increased penalties for parking, speeding and other traffic offences. You will find them at this link: [http://www.blacktown.nsw.gov.au/People\\_and\\_Community/Community\\_and\\_Road\\_Safety/Road\\_Safety\\_-\\_Safer\\_Travel/Fact\\_Sheets](http://www.blacktown.nsw.gov.au/People_and_Community/Community_and_Road_Safety/Road_Safety_-_Safer_Travel/Fact_Sheets). These are available to you free of charge.



### MESSAGE FROM THE OFFICE

Our new SMS system for absences has been going very well. If you do leave an explanation for your child's absence on the answering machine, there is no need to send in an absence note as well. However, if your child has been away for 3 or more days or misses an exam or assessment task, they will require a medical certificate.

Thank you.

## DEPUTY PRINCIPAL'S REPORT

Last week Mrs Maricic and I attended the annual Secondary Deputy Principals' Conference. This ran for two days and covered a wide range of interesting topics about education, changes to the educational landscape and various issues facing educators and leaders in education today.

I was particularly interested by some of the material presented by Paul Dillon whose presentation was entitled "Temptations, alcohol and other drugs: the role of pastoral care in prevention and delaying harm." Often when you hear a title like this you can't help but worry that all you are going to hear is prognostications of doom and gloom, that drugs are more prevalent and that teenagers are increasingly likely to be drawn in to an out of control drug culture. Happily for us all, Paul's message was the opposite of this and he spent over 45 minutes taking us through statistics that told a very different story from what we are often told by the media.

Statistics are showing that use of illegal drugs is at an all-time low for young people aged between 12-17 and he made it very clear that "illicit drug use is not the norm amongst secondary students". This is very heartening news for anyone working with, or raising, young people and it reminds us that most teenagers are sensible and realise how harmful drugs can be.

Some clear messages for parents were:

- promote 'positive norms' ie that most people/teenagers do not use illegal drugs
- make your views on illegal drugs (and your reasons for those views) very clear
- openly and honestly discuss these issues with your children

Some other positive news is that the message on teenage drinking is getting through. The Sydney Morning Herald recently reported on a study indicating that "growing numbers of youths are heading towards adulthood without drinking at all, let alone binge drinking." National Drug and Alcohol Research Centre. This changing trend is at least partially attributed to the 3 or more hours a day the average teenager spends online – but one problem solved at a time!

One last aspect that resonated with me as a mother to two teenagers was Paul's advice on parenting your teenager when they start going out and they become increasingly resentful about being questioned on their activities. The three questions that he described as essential for safety are:

Where are you going? Who will you be with?  
When will you be home?

## INCREASES IN ANXIETY

Another well respected speaker was Associate Professor Ross Menzies who is well known and widely published in the field of Cognitive Behaviour Therapy. Menzies spoke extensively about issues affecting families and schools across Australia – such as ODD (Oppositional Defiance Disorder), Conduct Disorders and various advances in the fields of diagnosis and treatment. Of particular interest to most of those attending were his words on the dramatic increase in anxiety and the need for treatment.

If your child is beginning to exhibit anxiety, please contact us so we can begin to work on a targeted plan. Anxiety does not just go away of its own accord and, if left untreated, it can intensify, becoming a more generalised anxiety disorder. See your GP if you have any concerns or contact the QHHS school counsellor.



## **HAVE YOU UPDATED YOUR CONTACT DETAILS?**

The stresses of moving, changing jobs or phones can often mean that we forget seemingly minor things such as changing our contact details. Recently we have had some instances where parent details had not been updated and we were unable to contact anyone in an emergency situation.

Please remember to check that your details are up to date and send your child in with your correct contact information if you are unsure.

**Rebecca Mahon**

**Deputy Principal (Years 7 & 9)**

## **ENGLISH FACULTY NEWS**

Year 7 are continuing to work through their Gender and Subversion AOS with most classes finishing watching the film, Mulan and the post-viewing analysis activities. Over the next week, Year 7 will begin exploring the concept of fables and morals, connecting the lessons learnt in Mulan with creative writing. In Week 10, Year 7 will sit their Yearly Exam which will be a Viewing and Responding task on Mulan and the concepts of gender.

Year 8 are currently working through the final stages of their Survival AOS in anticipation for their Speech Assessment task in Week 10. Students will be given an opportunity to work on their tasks in class during Week 9 with a focus on speech and persuasive writing, delivery of content and engaging the audience.

Year 9 are in the final stages of completing their creative writing portfolios with many students submitting their drafts for feedback. Students are continuing to be shown different forms of creative writing in a bid to inspire their own pieces of work. Some outstanding writers are beginning to emerge!

Year 10 have completed their Viewing and Responding task on The Castle, and are beginning to unpack a number of related texts that accompany their Australian Identity AOS. In class, connections are being made between the themes Australian Humour, Everyday Australians and the Underdog and the prescribed and related texts.

## **SUPPORT UNIT NEWS**

### **YEAR 10 TRANSITION MEETINGS**

Transition meetings for Year 10 have now been completed for the time being. The students have all selected their subjects for next year and are looking forward to their new starts.

Thank you to all of the parents for taking the time to attend the meetings. It was fantastic to see you all.

### **SWIM SCHOOL 2015**

Swim school has now come to an end for the year. All of the students have done such a wonderful job over the last seven weeks and we have seen some amazing progression. Last week the students learnt and practiced some of their rescuing skills but had the most fun splashing Miss Willmetts when practicing their entrances.



### S3 WORK EXPERIENCE

Week 8 will see the Year 10 students of S3, Mr Charan and Mrs Innes out at work experience. They will be working at Bunnings, Marsden Park from Monday to Friday during school hours. Stay tuned for a follow up of how it all went.



**Mrs Danielle Schryver**

Relieving Support Unit Head Teacher

### NEWS FROM THE FACULTY THAT COUNTS

All students should have completed their Term 3 assessment tasks and would have received their results and feedback from their teachers. It is an important time for students to reflect on their results and to analyse their strengths and weaknesses. This should help students in making their study guide when doing revision and study for their yearly examinations in Term 4. Well done to the students who have achieved pleasing results. Students who have not done as well as expected still have time to study, revise and improve their next assessment results. The article below lists some of the professions using mathe-

metics.

## WHO COMMONLY USES MATHEMATICS?

Everybody uses maths whether they realize it or not. Shoppers use maths to calculate change, tax, and sales prices. Cooks use maths to modify the amount a recipe will make. Vacationers use maths to find time of arrivals and departures to plan their trips. Even homeowners use maths to determine the cost of materials when doing projects.

Mathematics teaches problem-solving, an invaluable skill in the workplace. Careers involving maths are found in almost every field, including medical, scientific and research communities. Each of these careers involves using some level of maths on a regular basis. Whether you have a bachelor's degree or a doctorate, you can secure a career in maths.

## WHICH PROFESSIONS USE MATHEMATICS?

Here is a small list of mathematics orientated careers: Accountants, Agriculturists, Architects, Biologists, Chemists, Computer Programmers, Engineers (Chemical, Civil, Electrical, Industrial, Material, Geologists Medical Doctors, Meteorologists, Military Personnel, Nurses, Politicians, Salespeople, Technicians, Tradesmen (carpenters, electricians, mechanics, and plumbers).

## CAN I GET A GOOD JOB WITHOUT LEARNING A LOT OF MATHS?

In all honesty, anything is possible. However, less and less labour intensive jobs are available. Workers in those fields are being replaced by machinery and robotics. Even when those jobs are available, the pay is usually substandard. In order to gain successful employment, technical skills must be learned. Someone has to fix all of those machines and robots.

(taken from <http://work.chron.com/list-careers-involving-math-10640.html>)



## PARENT TEACHER EVENINGS SEMESTER 2 – ONLINE BOOKING FACILITY

Our parent teacher evenings for Semester 2 will soon be upon us with Year 7 on Tuesday 15 September and Year 8/9/10 on Tuesday 13 October. This semester we will be trying our new online booking service to make things easier for parents keen to make to appointments to discuss their children's progress.

**The website address [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au).**

**The event code for Year 7 is 6Q9AV and for Years 8/9/10 is 88XCC**



## Footy Colours Day 2015

On the 18<sup>th</sup> September, the SRC will be holding a mufti day with a twist as we are supporting **Footy Colours Day**. This year Fight Cancer Foundation asks us Australians as members of schools, businesses and communities to unite and wear our favourite footy team's colours to support young Australians battling cancer. Quakers Hill High School will be supporting this cause by asking students and staff to wear their favourite **footy teams' colours**, (whether it is AFL, NRL or soccer) and bringing a **gold coin donation** to support the fight cancer foundation. We hope that everyone gets behind our initiative and shows their support for this great charity. Unite, stand shoulder to shoulder with your fellow Aussies and support young Australians battling with cancer.



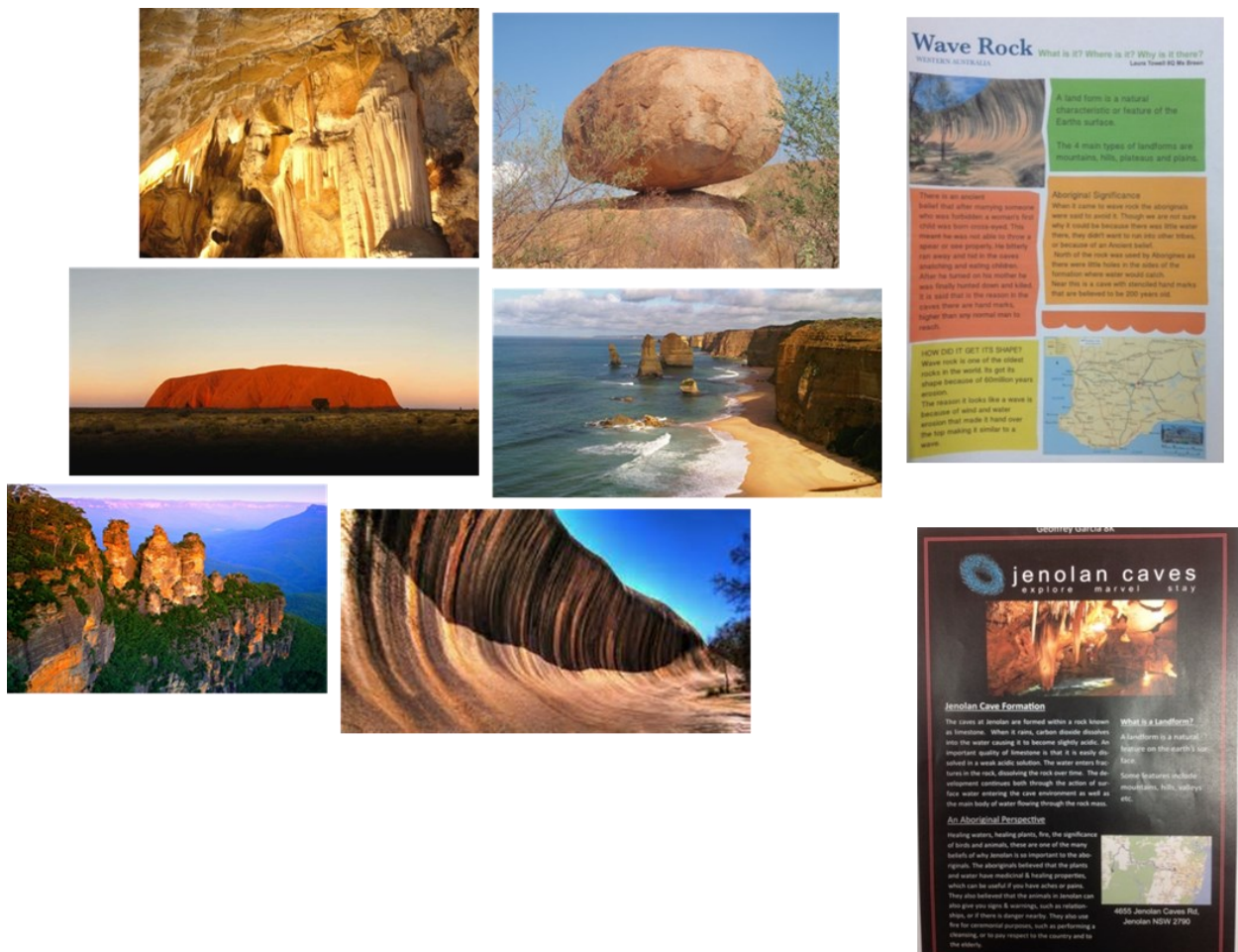


## SCIENCE MATTERS

Over the last week Year 8 students have been submitting their *Australian Geological Landform* assessment tasks. The task required students to design and produce fliers advertising holiday destinations to some of Australia's recognised, famous landmarks. Students needed to research their chosen landform and present eye-catching fliers to attract the attention of prospective holidaymakers. The assessments that have been submitted thus far include images of the beautiful landforms as well as interesting things to see and do at these places. Students have demonstrated much creativity in their presentations, show-casing their chosen site as a "must see" location for a great holiday. Some of the picturesque sites are Uluru, the Twelve Apostles and the Three Sisters.

Another component of the task required students to research the significance and importance of their site to the traditional Aboriginal custodians, paying respect and acknowledging the original owners of the land. The quality of the fliers presented certainly make the amazing landforms found in our beautiful country tempting places to go for the next school holidays!

### Landforms of Australia



Ms Breen, Science Teacher



# Languages

*All students studying a language will be doing exams Weeks 8-10*

*There is a paper exam (listening, reading, writing), as well as a speaking exam on another day*



## LANGUAGE DROP-IN

Need help preparing for language exams? Just want to find out something?

Want to practice your speaking exam dialogues with your partner somewhere quiet?

'Till end of this term dates are:

- Wednesdays Recess and Lunch D2
- Thursdays & Fridays Recess D2

Edmodo

<https://www.edmodo.com>

Register and request to join the group

to hear audios to assist with exams revision sheets and other info:

Year 7 Japanese - group code w6emzg

Year 8 French - group code xt9758

Elective French - group code 6ewivs



## ANIME CLUB

Interested students are asked to attend a **special meeting**

**MONDAY RECESS WEEK 10**

To organise the programme for which anime to see in Term 4.

**Bring your ideas**

## MANGA COMPETITION

### Winners

おめでとうございます！

Congratulations Year 8 - you have some amazing artists among you!

1<sup>st</sup> Aaron Carlson & Samuel Zappala

2<sup>nd</sup> Taylah Lennard

*See their work displayed in D Block.*



# HISTORY FACULTY NEWS

## COMPETITIONS

### **Honouring Australians – Vietnam Veterans**

Open to Years 9 and 10. Closing Date: 9<sup>th</sup> April 2016. Winners will participate in a three-day Canberra Commemorative Program. Please see Mr Andrews in the History Faculty for more information

## UPCOMING EVENTS

**Year 7**—Ancient Egypt Research Task, due date is Week 1, Term 4

**Year 8**—Feudal Japan Research Task, due date is Week 9, Term 3

**Year 10 History**—Site Study, an in-class assessment task, due date is Week 8

**100Hrs Elective History**—Knights and Castles Research Task & Model, due date is Week 8

Focus topic of the week:- Racism

## **WHAT IS RACISM?**

### Definitions of racism

1. The belief that human races have distinctive characteristics which determine their respective cultures, usually involving the idea that one's own race is superior and has the right to rule or dominate others.
2. Offensive or aggressive behaviour to members of another race stemming from such a belief.
3. A policy or system of government based on it.

Racist behaviour may include:

- ☐ Physical assault and harassment
- ☐ Verbal abuse, threats, derogatory language, ridicule, stereotyped comments
- ☐ Racist propaganda eg symbols, signs, graffiti
- ☐ Incitement of others to behave in a racist manner
- ☐ Refusal to cooperate with other people because of their colour, ethnicity, religion or language

If you have ever experienced any of the above behaviours, please contact the QHHS ARCO (Anti-Racism Contact Officer) for assistance. QHHS is a caring and safe school community where all members of our school community have the right to feel safe and comfortable in our learning environment.



## STUDY SKILLS HANDBOOK NEWSLETTER ITEM FOR SEPTEMBER

### Top 10 Tips for Overcoming Procrastination

Procrastination is the act of putting off a task which you know you have to do, even though you know that putting it off will probably be worse for you in the long run. For example, when you procrastinate about starting an assignment it doesn't make the assignment go away, or the deadline change, it just gives you less time to get the work done. To manage this, try the following:



1. **Become aware of the excuses you use** - make a mental note when you procrastinate. What excuses do you give yourself? Too tired? Too difficult? Too boring? Being aware is the first step in changing your behaviour. Keep yourself honest by asking questions like "is this the best use of my time at the moment?" and "am I doing this as a way of avoiding what I really should be doing?"
2. **Reduce or eliminate distractions** - creating a clear, uncluttered work environment which is free from distractions will help you avoid procrastinating. Turn off your social media or WiFi, turn off your music or TV, close the door. It's easy to get distracted and lose focus on what you are trying to do, or to procrastinate by surfing websites that are barely related to the topic you are meant to be researching. You can find out more in the *Home Study Environment* unit and *Dealing with Distractions* unit.
3. **Make a prioritised list** - before you start work (or procrastinating) take a few minutes to work out what your priorities for the session are, based on your deadlines. Take into account all the time you have available and make a prioritised list. Work on the most important thing first (see also tip 7 below). There is more information in the *Time Management Skills* unit on techniques for prioritising.
4. **Break down projects into chunks** - if you have a big task that you have to do, or something that you really don't want to start, have a think about how it can be broken up into smaller parts. A big assignment might need a plan, the purchase of resources, a trip to the library, internet based research, and then several days to write and edit each section. If you just focus on doing one of these tasks it's easier to commence.
5. **Just start** - stop focusing on getting it done perfectly, or even well, just make a start, even if it's just for a few minutes. Starting the task makes you realise it's not as daunting as you originally thought and allows you to make a small amount of progress which encourages you to keep going. Sometimes once you get started you can even do more than you originally thought you could or would.
6. **Reward yourself** - set yourself a small goal (to do with the task you are procrastinating about) and then reward yourself appropriately when you complete it. For example, write an outline for your essay and then have afternoon tea. You will be more motivated to complete the task to get the reward. Note: for extreme procrastinators you may



need to get someone else to check you've done the work and to give you the reward! Learn more about this in the *Goal Setting* unit.

7. **"Twofer Concept"** - when you are working on a difficult or boring task, break it up by having a more interesting or easy task that you work on in the same study block. You get 2 lots of homework done, but when you are losing focus on the difficult one you can switch to the easier one for a bit of a break.
8. **Create routines** - establishing a routine can help you avoid procrastination as you get into the rhythm of working for a set time each day at a set time of the day. Making this routine known to your family and friends also helps keep you accountable and stops them interrupting you during your work time.
9. **Find a study buddy** - perhaps starting that difficult work will be easier if you have someone to work with. This could be a school friend or a sibling. You could share resources and help each other to get started with similar work.
10. **Schedule in breaks** - breaks give you time to think and process information that you have been working on and give you an opportunity to do the things you really enjoy. Plan them as much as you plan your work.

You can learn more about how to optimise your performance as a student in the *Overcoming Procrastination* unit at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)

Our school's access details are:

Username: quakershillhs

Password: 45success



# Summer Hockey The Ponds Register Today

*For boys, girls, men and women.*

For more information phone Lyn on 9674 2876 or visit our website;

<http://www.kingslangleyhockey.org.au>

## you. me. outside now.

## CAPA NEWS

Another busy period in the CAPA faculty with all the year groups and the elective classes well into starting substantial artwork in preparation for CAPA Showcase at the end of the year. The Year 7 work with Portraiture is really getting into gear with the preparatory work about scale and proportion having been completed. Critical and Historical aspects of Portraiture have also been introduced in preparation for the upcoming examination. There are some lovely portraiture pieces currently being developed, which will make exciting viewing at the



**Arian Tramoli and Dominique Masiorski at work**



**Madeline Iacono and Nina Ruaix working on their major artworks**

end of the year.

The Year 9-10 Photography classes are in full swing with both Digital and Traditional Darkroom techniques being learnt this semester. Students took a series of portraits of each other using a film camera and then had that film developed. From these negatives, students have experienced making print enlargements in the darkroom with excellent results.

The 9-10 Visual Arts Elective classes are also in the midst of preparing for CAPA Showcase exploring themes for their body of works. The two focus themes are Suburbia and Figure in a Landscape. Students are enthused in Ms Josselyn's class making their clay heads and demonstrating a proficient level of technical skill. However, with all the excitement of practical work, keep in mind that the Year 9/10 Visual Arts Suburbia PowerPoint assignments are due this week, and the Year 9/10 Photography PowerPoint assignment on Sandy Skoglund is due the following week - in Week 9.

## OUR COLLECTIVE POWER TO MAKE A DIFFERENCE THE 2015 ST VINCENT DE PAUL CHRISTMAS HAMPER DRIVE *BY DAVID WOODWARD (YEAR 9)*

Each year St Vincent de Paul (or 'Vinnies' as most people know it), run a Christmas Hamper Drive, in which food donations are given to those in need of a little extra support during the holiday season. These baskets of food are distributed to families or individuals who are less fortunate and have experienced ill tidings, such as loss of a job, an illness in the family or family separation. Quakers Hill High School is a school with a big heart and a big social conscience. We



are fortunate that we have a school community that believes in helping others and it is in our collective power to make a difference. It is because of this sense of community and this sense of compassion that we run our own annual Christmas Hamper Drive in an attempt to support what our local St Vincent De Paul charities strive to do. Our goal is relatively modest and incredibly achievable; we aim to fill six baskets with non-perishable foods and Christmas themed goods for six families in our local area. We require food stuffs with a used by date that extends into March 2016. Specifically we are calling for ***pasta packets and sauces, rice packets and chips, chocolates, coffee and condiments and soft drinks as well as long-life milk. Christmas bon-bons, lollies, tinned fruit, mince pies, tuna tins and pancake mix*** are all equally desirable. Please avoid donating perishable items that require refrigeration and/or will expire before March 2016. Remember, all you have to do is take 2 minutes out of your daily routine to help make a difference in someone else's life. You simply need to go to wherever you keep your non-perishable food, reach in, select at least one delectable item and take it to school and drop it off at the Library. *It is that simple.* (Though of course, if you are a kid reading this, it's obviously advisable to ask Mum and Dad what you're permitted to donate.) The drive kicked off in Week 7 of this term and will run until the 27<sup>th</sup> of November (Week 8 of Term 4.) So please, dig deep and donate to these less fortunate and make this Christmas one worth remembering.

*Peace out.*

**A SPECIAL MENTION:** *During both of the Semester 2 Parent Teacher Evenings, a basket will be set aside on a table at the entrance to the Hall and we invite you to place your donations into the basket at this time.*

## BRING YOUR PALMS TOGETHER TO APPLAUD OUR READING CHAMPIONS

### ***(THESE KIDS TOOK THE RACE TO THE FINISH-LINE)***

The Premier's Reading Challenge concluded last week and the bright young sparks that participated indulged in a little well deserved pizza feasting and revelry on Friday during lunch.

**The 2015 PRC honour is as follows:**

Oliver Arreza	Vanessa Gowans	Kopal Mathur
Camryn Batchelor	Saraf Hossain	Zoe Morgan
Lindsay Bath	Tamasha Jayawardena	Luke O'Keeffe
Haoyang Cai	Casey Jobson	Meet Patel
Adam Coleiro	Arashdeep Kaur	Ryan Savige
Michael Cook	Vipneet Kaur	Karnvir Singh Bains
Luke Dickson	Sachnoor Kaur	Muskan Soni
Abbey Fraser	Ashleigh Kennedy	Harvey Wiggins
Emma Goldsworthy	Janani Krishnar	David Woodward
Grace Luckman	Jacob Powers	

## The QHHS 2015 10 Book Challenge

*- It is never too late to acquire the winner's smile*



All students are hereby invited to enter the Quakers Hill High School 'Ten Book Reading Challenge'. The challenge begins on the 24<sup>th</sup> of August and will run until the 27<sup>th</sup> of November in Week Eight of Term Four 2015 and requires you to ingest **five** delectable books from the NSW Premier's Reading Challenge Book List and **five** of your personal choice. It's so very simple. First you read the selected book, then you record the selected book on your Reading Log, then you hand in your Reading Log to Ms. Lachevre in the Library, then you pick up two 'wild' merit cards and then you go into the draw to win a sweet Hoyts Movie Voucher for your viewing pleasure, whilst munching on aromatic cheese laden pizza during your exclusive 'winner's pizza lunch' in Week 9. Expand your mind, entertain your eyes, and satisfy your pizza cravings. It makes perfect sense. Score yourself a 'Letter of Commendation' to boot (which is liquid gold so close to Christmas). Pick-up your Reading Log, your books and your cinematic experience from your school library today.

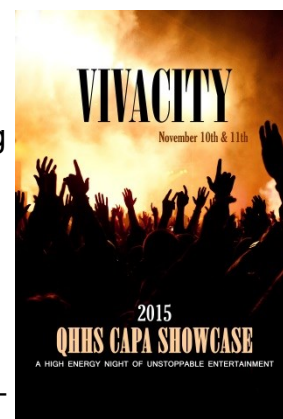
## A QHHS CAPA Showcase Sponsorship Request

*A Big Call Out to All Willing and Able CAPA Showcase Supporters*

If You or Your Employer Can Support Our Vivacity Fundraising Efforts, We Would Love To Hear From You!

### HOW CAN YOU HELP MAKE OUR 2015 PRODUCTION A SUCCESS?

The CAPA Showcase Production Team is seeking donations and sup-





port from local businesses to assist us with our fundraising efforts. So if you are able to donate business/store vouchers & gift cards, products or funds that would equip us to purchase goods for inclusion in our Showcase Raffle, please contact Melissa Lachevre at [melissa.lachevre@det.nsw.edu.au](mailto:melissa.lachevre@det.nsw.edu.au).

Your generous support of our performing arts program will be acknowledged and celebrated within our School Newsletter for the remainder of 2015, which reaches approximately 1000 families. We would also feature your business within our Vivacity program and on our school website. We rely upon your continued generosity to help us mount a production that truly showcases the talents of our student body. We would like to express our deep appreciation to those magnanimous companies and individuals that have contributed to our fundraising efforts so far.

### Term 3 Library Events Calendar 'A picture of Inspiration' Photography Competition



**BROUGHT TO YOU BY:** Vipneet Kaur, Arashdeep Kaur & Muskan Soni (Year 9)

Attention all budding photographers and Cornetto lovers!!

Do you like photography? Do you want to share your talent with the masses? Are you a Cornetto lover? Then the 'Picture of Inspiration Photography Competition' is right up your alley! As part of the Library's Term 3 Events Calendar we are conducting a 'Photography Competition' during Weeks 8 – 9. This competition is open to any student who is a capable 'happy snapper' and is looking for fame and acclaim and free ice-cream. To enter, you simply need to take an artistic and well composed photo of anything that inspires you (a person, place, event or thing) and compose a few sentences about why it is so inspirational.

If you are interested and want to participate, all you have to do is email a digital copy of your image and your one sentence reflection to Ms Lachevre at [melissa.lachevre@det.nsw.edu.au](mailto:melissa.lachevre@det.nsw.edu.au) by Thursday the 10th of September in Week 9 of this Term. All participants will receive a merit award for having the drive and the ambition to partake in this competition and will have their work exhibited in the Library. The winner will receive 2 x Cornettos and will have their work celebrated and featured within the next edition of Contact and will receive an additional merit award.

An Example to Guide You:

**TITLE:** The Rose

This image of a rose is beautiful in its simplicity. I believe that nature has the power to move us and to help us escape the mundane. This rose inspired me through its natural perfection, it appears delicate and fragile and fierce, all at the same time.

Good luck to all burgeoning photographers.  
Start thinking of ideas for your evocative and inspiring picture!

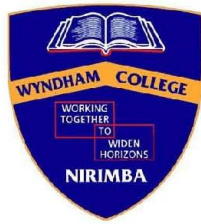


## Finals Score Sheet

<b>QH</b>	<i>VERSUS</i>	<b>GW1</b>	<b>KV</b>	<b>CR</b>	<b>GW2</b>	<b>RH</b>
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<b>SPORT</b>	<b>Play offs</b>	<b>WON BY</b>	<b>RESULT</b> <i>Your school's result first</i>	
<b>JUNIOR GRADE</b>				
<b>BOYS</b>				
AFL A	<b>QH vs RH</b>	<b>QH</b>	<b>71</b>	<b>25</b>
AFL B	<b>CR vs QH</b>	<b>QH</b>	<b>44</b>	<b>9</b>
Oztag A	<b>QH vs GW1</b>	<b>QH</b>	<b>14</b>	<b>0</b>
Oztag B	<b>CR vs QH</b>	<b>CR</b>	<b>9</b>	<b>2</b>
Teeball A	<b>CR vs QH</b>	<b>CR</b>	<b>2</b>	<b>4</b>
Teeball B	<b>GW2 vs QH</b>	<b>GW2</b>	<b>3</b>	<b>5</b>
<b>GIRLS</b>				
Basketball A	<b>QH vs GW1</b>	<b>QH</b>	<b>30</b>	<b>6</b>
Basketball B	<b>QH vs GW1</b>	<b>QH</b>	<b>48</b>	<b>2</b>
Soccer A	<b>QH vs CR</b>	<b>DRAW</b>	<b>0</b>	<b>0</b>
Soccer B	<b>QH vs GW2</b>	<b>QH</b>	<b>3</b>	<b>0</b>
Touch Football A	<b>QH vs GW1</b>	<b>QH</b>	<b>9</b>	<b>1</b>
Touch Football B	<b>QH vs KV</b>	<b>QH</b>	<b>2</b>	<b>1</b>
<b>SENIOR GRADE</b>				
<b>BOYS</b>				
AFL A	<b>QH vs GW1</b>	<b>GW1</b>	<b>46</b>	<b>42</b>
AFL B	<b>QH vs GW2</b>	<b>QH</b>	<b>42</b>	<b>19</b>
Oztag A	<b>GW2 vs QH</b>	<b>GW2</b>	<b>8</b>	<b>9</b>
Oztag B	<b>RH vs QH</b>	<b>Draw</b>	<b>9</b>	<b>9</b>
Frisbee A	<b>CR vs QH</b>	<b>QH</b>	<b>9</b>	<b>8</b>
Frisbee B	<b>QH vs CR</b>	<b>CR</b>	<b>5</b>	<b>6</b>
<b>GIRLS</b>				
Basketball A	<b>QH vs RH</b>	<b>QH</b>	<b>34</b>	<b>14</b>
Basketball B	<b>QH vs GW1</b>	<b>QH</b>	<b>24</b>	<b>10</b>
Soccer A	<b>CR vs QH</b>	<b>Draw</b>	<b>0</b>	<b>0</b>
Soccer B	<b>QH vs KV</b>	<b>QH</b>	<b>4</b>	<b>0</b>
Touch Football A	<b>GW1 vs QH</b>	<b>Draw</b>	<b>1</b>	<b>1</b>
Touch Football B	<b>GW1 vs QH</b>	<b>Draw</b>	<b>2</b>	<b>2</b>

**MACQUARIE ZONE SECONDARY SCHOOLS SPORTS**



# WYNDHAM COLLEGE

*"Working Together to Widen Horizons"*

Nirimba Education Precinct  
Eastern Road  
QUAKERS HILL NSW 2763  
Phone: 9208 7100  
Fax: 9208 7199

Email: [wyndhamcol-h.school@det.nsw.edu.au](mailto:wyndhamcol-h.school@det.nsw.edu.au)

## FRIENDS OF WYNDHAM (P&C) UNIFORM SHOP

Dear Parent / Caregivers

Below is information to assist you with purchasing uniforms for 2016. Wyndham College is a uniform school and it is expected that all students wear full uniform.

To avoid a situation where the purchase of uniforms becomes an issue for 2016, it is advised that you endeavour to purchase as early as possible.

Uniforms will be available to purchase at the **Information Night on Wednesday 18 November 2015 at 6.30-9pm**. There will be limited time on this night so delays may occur and for this we apologise. However below is a list of additional dates when the uniform shop will also be open.

We endeavour to stock sufficient quantities but in some instances an order may need to be placed. If this is the case, prepayment will be required. We do provide the opportunity if an exchange is necessary but returns must be in original condition including attached labels and must be accompanied by the receipt.

The uniform shop maintains the lowest possible prices (*please see over*) and is the main fundraising activity of Friends of Wyndham. All profits from the uniform shop go back into the school. The shop is operated by volunteers. If you would be interested in volunteering to help at this busy time please feel free to contact **Linda Robertson on 0421 570 005**.

**During the year the uniform shop is open on Mondays at lunchtime 12.30pm – 1.30pm.**

### ADDITIONAL DATES

<b>Term 4 2015</b>	Wednesday 18 November 2015	6.30pm - 9pm (Information Night)
	Tuesday 15 December 2015	6pm - 8pm
<b>School Holidays</b>	Thursday 14 January 2016	9am – 2pm
	Thursday 21 January 2016	9am – 2pm
	Wednesday 27 January 2016	5pm – 7pm (School Development Day – pupil free)
<b>Term 1 2016</b>	Monday 1 February	12.30pm – 1.30pm
	Back to normal operating days	

**The uniform shop is located in Upper C Block.**

**Please see over for uniform items and prices**

**GIRLS**

- White unisex polo with logo \$20
- White blouse with logo \$27
- Tartan skirt \$50
- Long grey slacks \$40
- Jumper with logo \$70 - \$80 (depending on size)
- Jacket with logo \$50
- Tie (optional) \$20
- White ankle socks
- Black pantyhose – no knee high stockings
- Black leather shoes

**BOYS**

- White unisex polo with logo \$20
- White business shirt with logo \$27
- Long grey trousers \$35
- Grey shorts \$30
- Jumper with logo \$70 - \$80 (depending on size)
- Jacket with logo \$50
- Tie (optional) \$20
- White ankle socks
- Black leather shoes

# Thank you Everyone

## 2015 BLACKTOWN PUBLIC SCHOOLS MUSIC FESTIVAL

What an amazing 2 days and 2 nights! I think we all experienced feelings of pride, relief, joy and exhaustion but in the end it was certainly magic!

Thank you and congratulations to everyone on planning, creating and delivering one a magnificent music festival. It has been fabulous to work with the committee and team who ensured our Blacktown Music Festival impressed all who attended.

The team of Principals, staff and parents who work on the festival certainly worked hard to ensure this festivals success.

Some highlights for us included:

- Working with such a wonderful team of people everyday and evening
- The cooperation between our Primary schools, Quakers Hill High and Wyndham College to create this fabulous festival
- The participation of William Rose SSP in the festival

Firstly I would like to acknowledge the executive committee:

- Item Coordination – Amanda Connelly



- Secretary – Helen Davis
- Stage Management – Andrew Bowmer
- Combined Choral Director – Meagan Thompson
- Conductor – Alana Telfer
- Assistant Conductor – Lisa Ramnac
- Item Stage Management – Kendal Cooper
- Choir Stage Management – Emilia Andrews
- Treasurer – Lisa Littlejohn, Michelle Harrison

This wonderful committee gave up many hours to ensure our festival moved to another level of expectation and excellence. Without their drive and dedication this would not have been as successful.

Special thanks to our:

**Choir teachers:** Cassandra Roberts, Chantel Sigg, Samira Chami, Jennifer Marshall, Carly Radford, Alana Telfer, Julia Wanstall, Joanne Knight, Natalie Ignacz, Meagan Thompson, John Lowndes, Karen De Deuge, Laura Willmott, V Mendal, Jennifer Cartwright, William Dorrell, Laura Pearce, K Belista, J Taylor, Jenelle Rubino, Marilyn Pettitt, Belinda Weisback, A Singh, Sian Devine, Hannah Otten, Jenny Johnson, Lisa Ramnac, Jessica Fares, Emilia Andrews and Madhuri Jain. Their work throughout the year with these students, at rehearsals and on the day and evening is very much appreciated.

To all those teachers responsible for the wonderful items THANK YOU! The quality and hard work that went into creating these wonderful pieces made our music festival very special. Your support and assistance on performance days was also appreciated.

To our additional bonus members who supported the production we owe you all many thanks:

- Programs and ticket design and printing: Lyn Hussey at Hambledon
- Karen Smith and David Macleod-Jones for their support and assistance in enabling the festival to be held at Wyndham College
- Dave and Bob the general assistants at Wyndham College for their support over the 2 days
- The security team at the Nirimba precinct who assisted us when required with a smile
- Andy Jenkinson and the sound and lighting team from Nirimba TAFE – your work is a key part of the festival looking and sounding great
- Below are the many people who assisted with those vital roles that helped the evening flow by taking on the roles of ushers, door crew and helping with stage movement: Bert Lo Campo, Emma Thompson, Colin Ross, Graham Wilkins, Lauretta Claus, Deb Bleakley, Jo Campion, Doug Perriott, Michele Hedge,

Heather Lacey, Mandy Hollis, Joanna Campbell, Renai Diamond, Arpana Pillay, Peter D'Emillio, Sharon Moon and Rita Porteous.

- On the last evening we had the huge job of making sure we left the hall ready for trial HSC exams to set up in the morning. This involved chair stacking and the cleaning up of the hall and performance space. Only a small group stayed back and supported this task. Our sincere thanks to those who assisted the committee, without your help we would have been there for many more hours.
- The SASS staff in our schools as always has been wonderful in supporting emails and ticket sales.

If I have missed any names I apologise in advance and while your name did not come to me your efforts did not go unnoticed.

There is a great deal of work from and a large number of people that goes into producing two very successful nights. As always the children's faces as they nervously await their performance, delight in being on stage or singing in the choir and enthuse when their performance is over, makes all of the hard work worthwhile. It is for these children, which numbered about 1000 in total that everyone puts in such an effort. No greater thanks is really needed apart from the delight, pleasure, skills and self-esteem that you have worked together to develop in these children. Positive feedback has been heard from many. Please also see a copy of the email sent by Rick Seretis regarding the Monday night concert.

"Just a quick note to say thank you for the invitation to attend last night's BMF concert at Wyndham College and congratulations to all your students for a fantastic two hour show.

Please also pass on my congratulations to your hard working teachers who have devoted the time to helping all your kids look and sound great on stage, as well as those teachers behind the scenes than ensured the show ran seamlessly.

It was a great night and the performers and their parents certainly seemed to have enjoyed themselves immensely.

Well done.

Regards,

**Rick**

**Rick Seretis**

**Director - Public Schools New South Wales**

**Nirimba Principal Network**

He asked to pass on his congratulations. Many parents, community members and teachers have also commented on the high quality of the children and teachers on display on each night. Thank you everyone!

*Judy McEwen (On behalf of the Music Festival Committee)*

## Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus

Principal

February 2015

A horizontal timeline with six tick marks, representing the progression of time from left to right.

QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: \_\_\_\_\_ YEAR: \_\_\_\_\_

PARENT'S EMAIL ADDRESS:

[illegible]

## INFORMATION FOR THE PARENTS AND CAREGIVERS OF YEAR 7 STUDENTS

Quakers Hill High School is once again participating in the School Vaccination Program offered by the NSW Department of Health. The Vaccination pack sent home with every year 7 student will give details of the vaccinations being offered with contact details for the NSW Department of Health if you have any questions about the vaccinations being offered. The scheduled dates for vaccinations are as follows

- Friday 27<sup>th</sup> March 2015 – Yr7, 1<sup>st</sup> Dose HPV  
Yr7, dTpa
- Friday 29<sup>th</sup> May 2015 – Yr7, 2<sup>nd</sup> Dose HPV
- Friday 9<sup>th</sup> October 2015- Yr7, 3<sup>rd</sup> Dose HPV  
Yr7, Varicella

Please return these forms by Friday 20<sup>th</sup> March 2015 and place in the box provided at the student window in the office. If your child is absent on the day of the vaccinations, please refer to the attached notice from NSW Health.

Maria Romerosa

Relieving Head Teacher Welfare

### Year 7 Vaccination Program 2015

My child ..... of class ..... will  
not be having the vaccination because

Signed .....

Parent / Guardian

## MESSAGE FOR PARENTS— STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to take the note to the office before roll call in the morning.

The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

**REMINDER—EVERY  
THURSDAY ALL STUDENTS  
FINISH EARLY  
AT 2.30pm**

**THE QHHS UNIFORM  
SHOP IS OPEN EVERY  
MONDAY MORNING  
FROM 8.10—9.30AM**



**CHANGE OF PERSONAL DETAILS FOR STUDENTS**

*(PLEASE PRINT)*

**NAME OF STUDENT:** \_\_\_\_\_

**YEAR:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**MOBILE NO:** \_\_\_\_\_

**CARER 1 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**CARER 2 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**EMERGENCY CONTACTS:** \_\_\_\_\_

\_\_\_\_\_

**MEDICAL PROBLEMS (IF ANY)** \_\_\_\_\_

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763

Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: [quakershil-h.school@det.nsw.edu.au](mailto:quakershil-h.school@det.nsw.edu.au)

Website: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)

Principal: Mrs Lauretta Claus



## QUAKERS HILL HIGH SCHOOL

70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747

E-MAIL: [quakershil-h.school@det.nsw.edu.au](mailto:quakershil-h.school@det.nsw.edu.au)  
WEBSITE: [www.quakershil-h.schools.nsw.edu.au](http://www.quakershil-h.schools.nsw.edu.au)  
PRINCIPAL: Ms Lauretta Claus



### Student Absentee Note

Name of student \_\_\_\_\_ Year \_\_\_\_\_

Date of absence(s) \_\_\_\_\_

#### Reason for absence

The reason for the absence must be shown below. (Please tick the appropriate box and give details.) Note: If you prefer, you may telephone the school to explain your child's absence.

☐

Sickness (please give details, eg flu)

\_\_\_\_\_  
\_\_\_\_\_

☐

Family reasons (please give details, eg attendance at a funeral)

\_\_\_\_\_  
\_\_\_\_\_

☐

Other reason (please give details, eg attendance at a religious ceremony)

\_\_\_\_\_  
\_\_\_\_\_

Name of parent or carer \_\_\_\_\_

Signature of parent or carer \_\_\_\_\_

Date \_\_\_\_\_



## KILDARE ROAD MEDICAL CENTRE

### INTRODUCING....3 new doctors

**Dr. Stacie King** – interested in chronic conditions, gastrointestinal and musculoskeletal medicine.

**Dr. Carol Moon** – interested in chronic conditions, mental health and antenatal care.  
She speaks Korean.

**Dr. Johnson Osei-Hwedieh Jnr** – interested in men's health, preventative medicine and tropical medicine. He speaks French, Ga and Twi

Appointments available via [kildareroad.com.au](http://kildareroad.com.au), the Appointuit App  
and by calling Reception on 8822 3000

**OPEN EVERY DAY 8:00am – 8:00pm**

**BULK-BILLING PRACTICE WALK-INS WELCOME**

**36 Kildare Road, Blacktown (next to Westpoint)**