ISSUE

5

2 April 2015

Quakers Hill
High School's
Fortnightly

Contact





21 April
All students return for
Term 2

Primary School Diagnostic
Test

23 April
Autism Awareness Day

Excursion to ANZAC Ceremony Hyde Park

24 April ANZAC Assembly

27 AprilGirls KO Soccer 3-4.30pm

28 April
Year 8, 9 & 10 Parent/
Teacher evening

30 AprilPrimary Prosperitas Mentoring 1.40-2.45pm

1 May

Contact issued School Cross Country

> 4—8 May Exam Week

6 May
Year 10 Subject Selection
Evening @ Wyndham 6pm

8 MayZone Cross Country

11 May P&C Meeting



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Shave for a Cure Page 22

PRINCIPAL'S REPORT

ATHLETICS CARNIVAL

Congratulations to Ms Portelli and the PE staff for the organisation of our Athletics Carnival. The day was a huge success with a number of school records being broken. What was particularly pleasing was the high level of participation by our students, with many staff saying they had never seen so many students participate in both track and field events. As a consequence, there were at least 3 heats in some of the track events on the day.

Congratulations to all students who have secured the opportunity to represent our school at the zone carnival next term. All students who attended will receive a merit award and all students should be acknowledged for their excellent behaviour at the carnival.

YEAR 6 TASTER DAY NUMBER 2

While many of our students were

enjoying the athletics carnival, a small band of staff and students led by Ms Lachevre were hosting Year 6 students from Quakers Hill PS and Barnier PS. The day was a wonderful experience for all Year 6 students in attendance and once again Ms Lachevre has provided these primary students with a realistic and invaluable taste of what high school is like.

YEAR 8/9/10 PARENT TEACHER EVENING

Tuesday 28 April the school will be hosting Parent Teacher interviews for Years 8, 9 and 10. Parents are encouraged to access the school's website if they require more information about this important event.

Thank you to all parents who attended our Year 7 Parent









Teacher evening and I trust your discussions with your child's teachers have given you a better understanding of how they are progressing at school. A big thank you to Mr Paul Sultana who organises our Parent Teacher Evenings and Ms Mel Lachevre who coordinates all our student helpers for the nights.

UNIFORM

A sincere thank you again to our parents and students who support our school commitment to wearing uniform. Wearing uniform ensures the safety of all our students and also impacts on our image across the community. As we move into the cooler months and students will begin to wear jackets and sloppy joes to keep warm, can I please remind you that the Uniform Shop is open on a Monday morning 8.10-9.30 for students needing to purchase a new school jacket or sloppy joe. Unfortunately there are students who continue to come to school in the wrong shoes; there are disciplinary consequences for repeated uniform offences. Furthermore, under no circumstances are girls to wear black tights in place of sport shorts or track pants.

EASTER READING

Have your kids signed on for the Premier's Reading Challenge? Get a head start with Easter reading time. Booklists are here: What's your child reading right now? Find out more: https://online.det.nsw.edu.au/prc/booklist/home.html

APRIL SCHOOL HOLIDAYS

Have you got April school holidays organised yet? It's not too late to book for a Sport and Recreation Kids' Camp. Watch the video to see how much fun these kids are having. Find out more: http://www.dsr.nsw.gov.au/

kidscamps/.

Have a safe and relaxing Easter break

I hope all our students and their families have a relaxing and enjoyable Easter break and I look forward to welcoming back all our students on Tuesday 21 April.

Lauretta Claus

Principal

DEPUTY PRINCIPALS' REPORT

Overall we have had an exciting start to 2015 with Taster Days, Parent Teacher Evenings, sporting carnivals, knockout events, camps, excursions and significant days such as Harmony Day and National Day of Action Against Bullying. A big focus for this year has been 'Seizing Opportunities' and it is wonderful to see that so many students have wholeheartedly embraced this in Term 1.

Term 2 brings new opportunities and challenges with it and I would like to remind everyone of just a few:

Examinations- please encourage your child to continue with some form of studying throughout the holidays so that they are well prepared for their exams.

Uniform- Term 2 is often where we see uniform begin to slip with students wearing hoodies, non-school jumpers and drawstring style trackpants. Please follow our policy around these items and encourage your child to wear full school uniform.

Equipment: Books and pens get lost, some books were wet and others were filled up so students stop bringing the full complement of equipment. Please ensure your child attends school with the required equipment for each day of learning.

Positive Merits so far ...

Year 7: 3145 Year 8: 664 Year 9: 445 Year 10: 330

Have a great, safe and relaxing holiday.

Mrs Mahon and Mrs Maricic

YEAR 7 CAMP

At camp my favourite thing to do was the high rope course, giant swing, absailing and tree climbing. When we were about to get on the giant swing I had butterflies in my stomach. When we got clipped on it gave you the worst wedgee! Everyone had to pull you up until you wanted to stop. My group went the whole way and we had the gopro right next to us recording every single bit that happened. When we were building our raft everyone was thinking so hard that it was silent. When we got out in the water we were the first team out and the first team back. When Mr McKean told me that there was something on my chest I only looked once. Also when we found Mr McKean we did simba to him. So that was my camp trip.

By Eleisha.

All of Year 7 went to camp at The Great Aussie Bush Camp on Monday 9 to Wednesday 11. One of my favourite activities was most probably the giant swing. In the giant swing you hang on a piece of metal in a harness. Then the class runs with a rope that pulls you up to the top.

Once you are there the person on the end pulls the red cord and thenAAAGGGHHH! you fall and start swinging forward and back and it was sooo fun. But the worst thing about the giant swing is that it hurts badly and that there was a gopro watching us. Now the whole school are going to see us on the giant swing.

By Layla D.

We went to the Great Aussie Bush Camp on Monday the 19th. The most fun thing I did was falling into the mud. Our team in the mud challenge won and then we all jumped in the mud. It was great fun. Also, our team won in trivia and that was great. The giant swing gave everyone a big wedgee. I did rock climbing and I reached the top. I always had my food first because I couldn't have wheat or beef. The food was great and the camp was great. Sadly the bus ride took forever.

By Payal

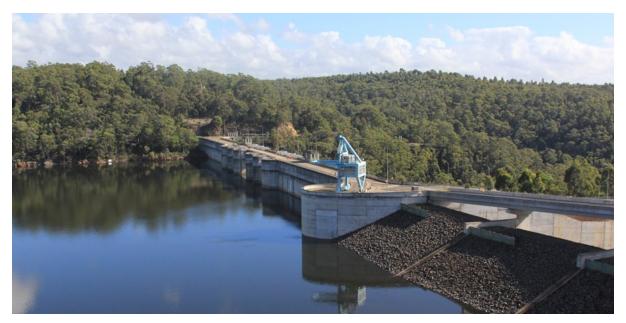
WARRAGAMBA DAM FIELDTRIP

On Friday 20 March 2015 80 Year 8 students accompanied by their Geography teachers went on a fieldtrip to Warragamba Dam. This fieldtrip supplements work being done in the classroom on Access to Fresh Water.

At the dam students started the day with a most spectacular view of the Burragorang River, from the viewing platform. Thereafter one group of students had the opportunity to participate in activities in the newly furbished education centre while another went out to the dam. Students were very privileged to walk on the dam wall and view the dam wall and gates close up, as this area is not open to the general public. In the classroom they had the opportunity to participate

in water quality activities, visit the hands on Water for Life exhibition and view a presentation on Sydney Catchment Authority's main role in catching and managing our drinking water to a very high standard.

We ended the day with a lovely lunch in their picnic area. The students thoroughly enjoyed learning in a different environment.



Ms Moodley, Geography Faculty

ENGLISH FACULTY NEWS

The English Faculty has been busy marking some exemplary work from all year groups.

- Year 10 English have completed their digital representation of a poet.
- Year 9 English have completed their unit on the Human Footprint and are now completing a close study of a novel.
- Year 8 English are also studying a novel with a close look at how an author creates character. They have also completed their Half Yearly Examination.
- Year 7 English are looking at how a composer persuades an audience through the eyes
 of a Philippine audience as part of the Philippine Project.
- Year 10 Drama are currently being assessed in the Commedia unit and Year 9 Drama are completing their Playbuilding task.
- In Year 7 Literacy the students have completed a Trial NAPLAN and these results will be
 used to assess their progress in Literacy and Numeracy. Next term they will begin practising their numeracy skills.

This term has been successfully completed by the students studying each of our courses. However, it is through your support as parents that our students are able to achieve their best.

Some exemplary work from Year 7:

Seize the Day	Running
Seize the day, seize the night,	Feel the cool breeze,
Take everything for granted	I see troops in the distance, I see safety in
You only live once and you only die once	the trenches,
Time is ticking.	I could almost touch it!
•	My face hits the earth

Reflection: I was influenced by the movie 'The Water Diviner' as it was so sad, indicating the need to focus on remembrance and peace.

Jeyda 7A

SENIOR GRADE SPORT RESULTS

Below is the results for the senior grade sport for the week ending Friday 27 March. QHHS won 9 out of the 12 games we have played.

SPORT	WON BY	RESULT	
Senior Grade Boys		Your school's result first	
Basketball A	Glenwood	20	41
Basketball B	Quakers Hill	25	12
Soccer A	Quakers Hill	4	0
Soccer B	Quakers Hill	4	2
Touch Football A	Quakers Hill	8	2
Touch Football B	Quakers Hill	13	1
Senior Grade Girls			
Oztag A	Glenwood	1	3
Oztag B	Quakers Hill	6	1
Netball A	Quakers Hill	35	6
Netball B	Quakers Hill	29	2
Frisbee A	Quakers Hill	9	7
Frisbee B	Glenwood	4	14

PRIMARY PROSPERITAS MENTORING

Students recently had their first official mentoring session for Primary Prosperitas. 30 excited and slightly apprehensive primary school students arrived at our QHHS library to have their first proper mentoring session with their QHHS student mentors. For an hour the student pairs worked together in the library and the art rooms, drafting and working on the first stages of the primary students' extended projects. I was very impressed with all of our student mentors, who very competently supervised the work of their primary students. Our students were positive with their primary students and very quickly put them at ease. All student pairs had a very productive session working together and some very positive ideas started to take shape within the sessions. Students are using a teacher-monitored Edmodo site to communicate with each other and to share ideas, offering positive suggestions and feedback to each other. This is an exciting forum for the students from the five schools to communicate with each other, get to know each other, form friendships across the network of five schools and to participate in a safe and positive learning environment. Students have already started posting initial ideas about their projects and asking for feedback from each other. As teachers, it is very encouraging to see this learning network start to take shape. The photos below show several of our student pairs in action. Ms Tweeddale, Organising Teacher.







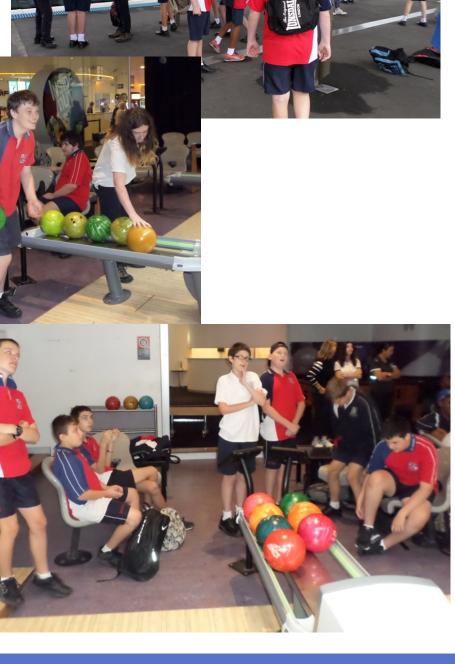


SUPPORT UNIT NEWS

END OF TERM EXCURSION

This week the Support Unit held their end of term excursion to Blacktown Ten Pin Bowling. We had a great day, students participated in a friendly bowling match, then afterwards had a bite to

eat in the food court. Unfortunately we caught the rain as we concluded travel training from the train station.



Quakers Hill



AUTISM AWARENESS DAY

Autism Awareness is celebrated internationally throughout the month of April. This year Quakers Hill will be celebrating and helping the cause by encouraging students and staff to wear a blue shirt on Thursday 23rd April and donating a gold coin which will go towards an Autism charity. The Support Unit will also be selling Spiders (ice-cream with soft drink) for \$1 at lunch time up near D block.

Please help this amazing cause by wearing blue and also buying a spider on Thursday 23rd April (first week of Term 2).

EASTER HOLIDAYS

Wishing our families a relaxing and enjoyable Easter holiday. We look forward to seeing students return on Tuesday 21st April. Happy Easter.

Mrs Jennifer Payne, Support Unit Head Teacher

U/15'S BOYS SOCCER

Quakers Hill High School competes in the U/15's Bill Turner Cup each year. On Wednesday 25 March, we competed against Mitchell High School to determine who would progress to round 2 of the tournament. After only 2 training sessions the boys put in a fine performance on the day. The game started well and our boys continuously applied pressure to the Mitchell defence. The first goal coming within 10 minutes after a clear handball from the opposition in the penalty box, Lachlan Precious stepped up to convert the resulting spot kick to put us in front.



The boys continued to apply pressure and created many chances that could have been converted into goals on another day. Jonah Walker finally gave us a 2 goal cushion just before the 20 minute mark with excellent control and placement just inside the opposition's box. Mitchell

High fought back towards the end of the half and through some sloppy clearances managed to peg a goal back just before half time. The second half again was a lot of Quakers Hill attacking and Mitchell trying to hit us on the counter through the long ball. Injuries to Domenic and Bailey in the second half made our task a little harder, however the boys dug deep and managed to keep Mitchell High at bay due to a fine performance form Taylan switching to CB. The boys thoroughly deserved the win and were a little disappointed not to have conceded a goal and not have converted many more chances that we created.

All in all there were some very good performances from the lads and a special mention to Nik for following instructions perfectly and bringing our much needed midfield into the game, Luke for his Bergkamp like touches out wide, Mike for his penetrating runs and Lincoln and Blake for some excellent flag work. Well done boys and bring on Evans High School for round 2.

The Team consisted of: Bailey Burrows-Dukamp, Ben Dalkeith, Mitchell Deering, Domenic Di Ghionno, Jackson James, Nik Jovic, Rafi Noori, Luke Norris, Mike Omoruyi, Michael Omoruyi, Brandon Parkes, Lachlan Precious, Taylan Redden, Riley Vincent, Jonah Walker and Chris Wicks.

Mr Nash

WHAT MATTERS COMPETITION - SRC

The SRC is promoting a writing competition called What Matters. You have to write a 400-600 word opinion piece on what matters to you and why. All entries must be typed on an A4 sheet of paper and have to be sent in with a signed entry form. You can pick up the entry forms either in the English staffroom or with Miss Del Pinto (SRC co-ordinator) in the TAS staffroom. Each category winner wins \$350 and the runners up win \$200. This is a great opportunity to get your opinion out there so please collect an entry form as soon as possible. Entries close the 6th May.





Applications for the 2016 QHHS GAT classes must be submitted to the QHHS Administration Office by Friday the 29th of May 2015.

WHAT YOU NEED TO DO -

STEP ONE:

Download the Parental Nomination Form from the school website

(forms can be found on the school website, under the heading "Curriculum & Activities" & 'Learning extension'.)

STEP TWO:

Read the 'Information for Parents' section

Complete the 'Parental Checklist'

Have your child's classroom teacher complete the 'Teacher Checklist'

Compile work samples of your child's best work

Have this work verified by your child's classroom teacher

STEP THREE:

Submit all documents in a file, sleeve, envelop or on a USB to the QHHS Administration Office by the 29th of May 2015.

Address these documents to:



Karen Critchley (HT Teaching & Learning) Quakers Hill High School 70 Lalor Rd. Quakers Hill NSW 2763

APPLICATIONS CLOSING SOON

GAT

IF YOU HAVE ANY QUESTIONS ABOUT THE PROCESS CALL KAREN CRITCHLEY ON 98371533

QCCP DAY

On 24 March 2015 Quakers Hill High School held our second QCCP day (Quakers Hill High School Connecting with Community Program). Throughout the day students were involved in cultural workshops, the first being; connection to Country, presented by Chris Tobin – here the students learnt how traditional tools were made along with the importance of our connection to Country. Following this, the girls learnt traditional basket weaving with Amber Thorburn while the boys learnt how to play the didgeridoo with Wes. This day was a huge success, thanks to all of our community Elders and presenters for sharing their knowledge with us and our students. This day would not have been the same without the contribution and support of all of the wonderful family members who gave up their Tuesday to spend with us, your contribution and support is invaluable.

We encourage all of our Aboriginal and Torres Strait Islander families to attend and be a part of the next QCCP day which will be held next term on Tuesday 2 June 2015 from 9am to 3pm. This day will cover career information and painting.

Also, a reminder to all of our Aboriginal and Torres Strait Islander families, that you will be receiving a letter in the mail containing the mandatory parent section of your child's Personal Learning Plan (PLP). If all families could please complete this form and return it to the school by the end of week 1 Term 2, it would be much appreciated.









SRC NEWS

On last Thursday, we had Jake from One Step One Life visit to explain the background of his charity to the SRC. Jake attended Riverstone High School, and so already had connections to our collegiate. He explained that our school was the first school to donate money to his charity, and that he was really grateful to receive such a great amount of funds. Finally, school captain Aidan Bath presented Jake with a cheque for \$500. To find out more information about this charity visit http://www.1step1life.org/.





MESSAGE FOR PARENTS FROM THE OFFICE

The school now sends out an SMS message to parents every morning advising of their child's absence from school. If you need to update your contact details, please advise the office of any changes.

PRINCIPAL'S AWARDS

Year 10 Stephen Mercado (Gold)



INFORMATION FOR THE PARENTS AND CAREGIVERS OF YEAR 7 STUDENTS

Quakers Hill High School is once again participating in the School Vaccination Program offered by the NSW Department of Health. The Vaccination pack sent home with every year 7 student will give details of the vaccinations being offered with contact details for the NSW Department of Health if you have any questions about the vaccinations being offered. The scheduled dates for vaccinations are as follows

•	Friday 27 th March 2015 –	Yr7, 1 st Dose HPV
		Yr7, dTpa
•	Friday 29 th May 2015 –	Yr7, 2 nd Dose HPV
•	Friday 9 th October 2015-	Yr7, 3 rd Dose HPV
		Yr7, Varicella

Please return these forms by Friday 20th March 2015 and place in the box provided at the student window in the office. If your child is absent on the day of the vaccinations, please refer to the attached notice from NSW Health.

Maria Romerosa

Relieving Head Teacher Welfare

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MESSAGE FOR PARENTS— STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to take the note to the office before roll call in the morning.

The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

REMINDER—EVERY THURSDAY ALL STU-DENTS FINISH EARLY AT 2.30pm

THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM

Holiday Reading Recommendations from Our Library Leaders

Carrie – By Stephen King

Review by Emma Goldsworthy (Year 9, 2015)

Carrie was a strange girl who experienced immense trouble in her high school life. She had no real friends and to make matters worse, she was oblivious to the changes adolescence would make to her life and her body. As a sheltered and unusual girl, Carrie was ridiculed and mocked and poked and pushed to breaking point. Her 'special gift', her secret telekinesis, her family shame, will potentially be unleashed on this volatile high school, and some people could pay the ultimate price as a consequence...Carrie is a mature and enrapturing book that is filled with sadness and terror. Stephen King's style of writing is dark, grim and compelling. I strongly recommend this book to older readers over 14 years of age, as it con-



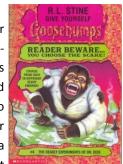
tains some more adult themes and depicts scenes of horror. Overall, I rate this book highly for its sheer entertainment value and give it four out of five stars. So, if you are ever looking for a different and mind sparking novel. this book is a must.



The Deadly Experiments of Dr. Eeek – By R.L. Stine

Review by Oliver Arreza (Year 9, 2015)

Imagine this scene... you and your friend Sam are stuck waiting in an endless time loop for your mother, who for some reason, hasn't showed up yet to collect you from the skyscraper you're lingering in. It then turns out (to make matters much worse) that the skyscraper is home to the laboratory of a psychotic doctor who undertakes ridiculously perilous and insane experiments. Now in most cases, you're safe to assume that a doctor is supposed to help you and guide you, but in this situation, you would be dead wrong. This mad doctor approaches you and your friend and asks for some assistance with his experiments... for a lucrative price. Now, whilst this might sound like some kind of criminal act, you go for it



anyway, because you have time to burn and no qualms. Bad move, this turns out to be a terribly tragic decision on your behalf, as you traverse and descend into a virtual world with danger around every corner. 'The Deadly Experiments of Dr. Eeek' by R.L. Stine, is a truly impeccable book to read. The storyline is both adventurous and awesome, as each choice you make as a reader leads to a new outcome, either sinister or justifiable. The initial oppressive feeling of being in a hellish waiting room is quite relatable, but is then contrasted with the breathtaking action of falling into the depths of a labyrinth. Sometimes you actually feel like YOU ARE the character running from a gigantic rat, or accepting suspicious money from a man you never met. The descriptive words and fluent sentences in this book, while not superiorly descriptive, still create a compelling atmosphere that the reader will get sucked inside of.

"He's out to take over... your life!"

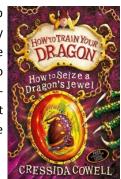
Oliver Arreza rates this book 5 out of 5 Stars.

RATING:

How to Train Your Dragon-How to seize a Dragon's Jewel – By Cressida Cowell

Review by Sarah Branson (Year 9, 2015)

This action packed book is full of surprises and unpredictable twists and turns. Hiccup finds himself as an enemy of both humans and dragons and the dragon jewel is the only thing that can save him and his family and friends. Hiccup's father is being held as a slave at the place called the Amber Slave Lands as is his best friend Fishlegs. Hiccup decides to go and rescue his friend and his father before trying to find the dragon jewel. Unfortunately, Hiccup also has no idea where to start looking for the dragon jewel. I believe that this book has an action packed story line and that it is also full of adventure and sacrifice that will appeal to readers who love fast paced stories involving epic and noble quests.





Tick Tock, You're Dead - By R.L. Stine Review by Oliver Arreza (Year 9, 2015)

While taking a holiday in the bustling and cosmopolitan city of New York, it would be advised that you stay away from any work, particularly activities that require that you use your brain cells. But unfortunately for you, your little brother Denny is a crazy psychopath who runs around everywhere aimlessly. But then, that running leads to an odd discovery that results in complete madness! Your brother ends up dashing head long into a secret department where a creepy scientist resides. This scientist, without hesitation, makes a unique proposition; you could enter his time machine and be the first person to experience time travel. But then impulsive and erratic Denny ruins the fun and decides to run into the time machine before you



and gets lost in a random time period. Your brain aches as you battle with causality, and the unexpected phenomenon of a future being invaded by another time period, leaving you with only a 2 hour lifespan (due to the timeline restoring itself). 'Tick Tock You're Dead', or 'Tick Tock' for short, is another masterpiece created by the stunning author, R.L. Stine. In 'Tick Tock', the storyline is epic and explores the desperate struggle of the central protagonist as he searches for his little brother through different time periods. It's a life or death situation, having a limited time to save your sibling, who without your protection, will soon succumb to the abyss. Time dominates this story and as you desperately struggle against it, the tension is high, fear is intense and you quickly forget that this is a fabulous work of fiction. There are also obstacles that you encounter and it is very interesting to see how you can direct the action in this 'choose your own adventure' story. Each page is evocative and compels the reader to continue moving, till the adventure is over. I believe this book is fantastic as it transports you into another world.

"Get trapped... In time!"

Oliver Arreza rates this book 5 out of 5 Stars.

RATING:

The 2015 PRC Competition - Read, Discover & Win

If you can demonstrate that you have read <u>10 PRC books</u> in 2015 and can show Ms Lachevre your signed and verified reading log by Thursday of Week 1 in Term 2, you may secure yourself the creamy goodness of a delectable Cornetto Ice-cream and two merit awards. To qualify, simply be one of the first sixteen participants to present their log to Ms Lachevre. Read, discover and win.

Devour these enticing PRC titles over the holidays and work towards completing your Challenge Log.



Year 7 Parent Teacher Night - Term 1

On Tuesday the 24th of March our first Year 7 Parent Teacher Evening for 2015 took place and with the help of our committed and capable student leaders the event was hosted and catered for with tremendous efficiency. I would like to thank the following student leaders for their contribution of their time and effort. It was most appreciated.

Sachnoor	Kaur	Matthew	Mey
Vipneet	Kaur	Jeremy	Bushell
Kopal	Mathur	John	Lewis
Anindita	Chand	Sehajpreet	Lamba
Izabella	La Cioppa	Aidan	Bath
Vanessa	Kaur	Luke	O'Keeffe
Parneet	Kaur	David	Woodward
Casey	Jobson	Jorjia	Gregory
Angie	Groom	Karnvir	Singh Bains
Sarah	Thurecht	Iordan	Ayyad
Christian	Conol	Shania	Tweedie

Hungry Minds Satiated

Our final Year 6 Taster Day for 2015 went off without a hitch, courtesy of a sublime cast of expert teachers, attentive student leaders and animated and motivated Year 6 guests. Our prospective 2016 cohort came from Barnier, Quakers Hill, Glendenning, Marayong South, Marayong Heights and more. Whilst their school of origin may have differed, they were united in their desire to understand, enjoy and fully experience the unfamiliar world of high school. And the feedback was unanimous; our Taster Day was 'interesting', 'great', 'awesome' and 'creative', our leaders were 'very helpful', 'totally likable' and 'very, very cool' and our staff were 'enthusiastic', 'really humorous' and 'so nice'. All in all, I think that sounds pretty affirmative.

A special congratulations goes out to the following outstanding school ambassadors who contributed to a successful school event:

Khalud	Bajwa	Joshua	Glastonbury	Jaimie	Bonsall
Grace	Luckman	Vanessa	Gowans	Bryce	Simpson
Samuel	Apps	Angie	Groom	Katie	Towell
Cydney-Lee	Cherrington	Karnvir	Singh Bains	Jeremy	Bushell
Ashley	Commins	Tamasha	Jayawardena	William	Deng
Kopal	Mathur	Casey	Jobson	Madison	Dixon
Taylor	Scott	Arashdeep	Kaur	Donya	Ebrahimeh
Zachary	Shaw	Vipneet	Kaur	Laura	Salazar-Vasquez
Elodie	Smith	Sachnoor	Kaur	Kayla	Thompson
Tayla	Wadsworth	Krystal	Rothery	Shania	Tweedie
Camryn	Batchelor	Muskan	Soni	Neridah	McRae
Jorjia	Gregory	Adam	Coleiro		
Anindita	Chand	David	Woodward		
Harleen	Chauhan	Kayla	Wrigley		
Abey	Couzins	lordan	Ayyad		
Sehajpreet	Lamba	Hayden	Johnson-De Silva		
Natasha	Deziel	Laura	Towell		
Bethany	Dossor	Oliver	Arreza		
Rovielyn	Espiritu	Genesis	Asuncion		
Aymun	Fatima	Luke	O'Keeffe		

What our guests had to say:

"I enjoyed Science and TAS because they were very interesting and fun." Uuska (Quakers Hill PS)

"I enjoyed seeing how high school is and meeting new people and making friends." Komal Preet (Barnier PS)

"I liked the Science and History lessons, as they were full of surprises." Ayesha Chaudhary (Quakers Hill PS)

"It was perfect." Alessandra (Barnier PS)

"I believe that free food would make the day better." Rachael (Quakers Hill PS)

"I loved the food we made in cooking. I also liked Art and the different techniques I learnt." Lakshya (Quakers Hill PS)

"I liked the cooking because you can get dirty."." Janice Zhu (Quakers Hill PS)

"In my opinion, I wouldn't change a thing, as I love it the way it is." Shreeshaila (Marayong PS)

Melissa Lachevre

Year 6 Transition Coordinator

MY EXPERIENCE OF THIS YEAR'S SECOND TASTER DAY

By Kayla Wrigley (Year 9)

It was the beginning of the day when the Year Six students slowly started wandering in, and by the looks upon their faces, they were either nervous or scared about the Taster Day. But one person in particular stood out, he didn't speak, he wouldn't even say good bye to his mother and was looking around with a frightened expression. I was watching from afar, analysing his every move, until a teacher came up to him to direct him to his group. From there he only whispered to her and a few others and said nothing more. Though I needed to help many others find their group, he was still on my mind from this moment.

Later, as Period Two began...

My sister's group walked into my classroom and right afterwards, so did the boy I observed earlier. He didn't look nearly as frightened, and during the lesson he started to open up more. It was weird, though he kept to himself, I could tell just by looking over his shoulder and helping him out with his poem, that he was a quiet achiever and a thoughtful writer. Just before I gave out the awards, I was poised to choose another boy, until my thoughts returned to that uncertain figure. The boy, the quiet achiever needed more self-confidence, and I had the capacity to give that to him. I changed tact and gave the award to the boy in front of the whole class and saw a flash of happiness flood his features. I smiled and walked away.

Just when the bell went, the teacher pulled me aside and stated, "Thank you for what you did. He was quiet and didn't have much confidence, now he is actually making friends. Look!" She pointed out that he and my sister were talking.

"What can I say, I saw him before the day began in muted shock. But then I realised during the lesson that he was a quiet achiever and needed a boost of confidence." I replied with a smile on my face.

"Thankyou..." I heard a voice behind me and saw him.

"No problem kiddo," I replied and with that he ran off with a new group of friends.

Happily I looked on, but I recalled the fears I brought with me when I started high school, fear of not belonging here, fear of the older grades or the potential for being bullied. I knew that some may be feeling a similar uncertainty today. If only they knew that they would be fine and there is nothing to be afraid of. High school is a whole new world and a chance to discover new gifts and make new and unexpected friends.



QUAKERS HILL HIGH SCHOOL



70 Lalor Read, Quakers Hill. NSW, 2783, PHONE; (02) 9837-1533, FAX; (02) 9837-1747 E-MAIL; quakorshil-h.scheol@det.nsw.edu.su PRINCIPAL: Mrs. Lauretta Claus

17^{er} March 2015

Dear Parent/Guardian,

We are offering the cast and crew of this year's CAPA Showcase production of 'Vivacity' the opportunity to purchase a show T-shirt as a memento of their experience and as a reminder of their hard work and outstanding efforts. Students that purchase the commemorative shirt will be permitted to wear it as part of their school uniform in the two weeks leading up to the show.

The shirt will cost students \$25 and all payments will need to be finalised by Friday, Week Three of Term Two (8th of May) at the front office. Please retain your receipts.

If you wish to purchase a T shirt, please fill in the lower part of this note with your child's details, nominate the correct t-shirt type and size and indicate whether they require a cast or crew version of the shirt.

The purchase of the shirt is not obligatory in any way, but rather an opportunity for your child to have a keepsake of their experiences during this production.

Sincerely Yours,

Melissa Lachevre

Vivacity Production Team

Dissection Code: 056 004

VIVACITY CAST AND CREW SHIRT

(To be	given in to the QHHS	front office with ju	ill payment for the s	skirt)			
I would like to pur	chase a shirt for my	y child:	of year:for \$25.				
(PS Participants:	□ Quakers Hill East	PS 🔲 Hambled	ion PS 🗆 C	Quakers Hill PS)			
lease tick:							
Cas ^s			Crew				
		Kids Sizing					
	(Select from this rang	je ij you tried the kids	s shirts provided)				
Kids Size 12 🗆	ł	Kids Size 14 🗆	Size 14 ☐ Kids Size 16 ☐				
		Ladies Sizing					
	(Select from this range	e if you tried the ladie	es shirts provided)				
Ladies Size 8 🗆 🗆 Lad	ies Size 10 🗆 🗀 La	dies Size 12 🗆	Ladies Size 14 [□ Ladies Size 16 □			
		Men's Sizing					
	(Select from this range	if you tried the men	's shirts provided)				
Men's Small □	M	en's Medium 🛘		Men's Large □			
arent signature:		Date:					

A Norimba Collegiate School For Years 7-10

(Office Staff: Please forward to Melissa Lachevre upon receipt)

VIVACITY-2015 CAPA Showcase Cast & Crew Shirts

Place your order for the 2015 CAPA Showcase T-Shirt at the QHHS Front Office by Friday of Week 3 in Term 2 (the 8th of May).

This chic and exclusive fashion necessity can be yours for just \$25.

Order forms can be picked up from the Library front desk and size samples can be tried on during Recess and Lunch in the Library.

These shirts can be worn as part of your school uniform during weeks 4 & 5 of Term 4, in readiness for this year's outstanding production.

Celebrate and commemorate your contribution to the 2015 CAPA Showcase with this year's Cast and Crew T-Shirt.



YEAR 10 CAFÉ FUNDRAISER

On Saturday 28 March, during the state election, members of Quakers Hill High School's Year 10 Formal Committee, along with Mrs Claus, Mrs Maricic, Mr Roma and Ms Walker braved the cool autumn morning to hold a café fundraiser. It was a fun morning with our trained baristas making many tasty coffees. We also had lots of delicious cakes and goodies for sale. The hot sellers included Ms Flack's Oreo cupcakes and Mrs Bath's Mars Bar Slice! Thank you very much to all the staff, students and parents who donated cakes and also to those who supported the event by buying a coffee or cake on the day. The students raised \$770 - Well Done.

Miss Walker





GEMMA SHAVING FOR A CURE

On Friday 27 March Gemma Hewitson of Year 10 shaved her head to support the Leukaemia Foundation. We had so many students and teachers come and support Gemma as she shaved her head for the Leukaemia Foundation. Not only did Gemma shave, but she is also donating her hair to be made into wigs for children without hair. To help support Gemma, Mr Andrews also coloured his hair. It was hair sprayed rainbow and glitter.

Today 31 Australians will be given the horrible news that they have leukaemia, lymphoma, myeloma or a related blood disorder. That means more than 12,000 people a year are diagnosed with a life threatening blood disease. Although more people are surviving, blood cancers such as these are the third biggest cause of cancer death in Australia. The Leukaemia Foundation receives no government funding, so this fundraiser is crucial to the ongoing research done by the foundation.

Due to money raised each year their Vision to Cure and Mission to Care is possible. The money given by the sponsors goes towards research to find better treatments for leukaemia, lymphoma, myeloma and related blood disorders. The sponsorship will also support families where they need it most, providing the patients and their families a free home away from home. It can also mean that they can be transported to appointments and provide as much practical and emotional support possible, all free of charge. The money raised supports the Leukaemia Foundation's important work to beat blood cancer:

- \$36 can give emotional support to help someone overcome the initial shock of being diagnosed.
- \$58 can provide free transport to someone who is too ill to drive before and after chemotherapy.
- \$80 can give a regional family a free place to stay close to treatment in the city, for one night.
- \$120 can fund a scholarship to give essential support to a major blood cancer research project, for one day.
- So don't be shy, be bold and think of a goal you'd like to reach.
- \$560 can give a regional family a free place to stay close to treatment in the city, for one week.
- \$1,200 can provide free transport for people who are too ill to drive after chemotherapy treatment, for two weeks.
- \$2,000 can aid future breakthroughs by funding a major blood cancer research project, for one week.

Gemma raised \$2000 in total. We are all so proud of her and the money she has received will be greatly appreci-



ated by the Leukaemia Foundation. She was very brave to shave her head and if you would like to continue to donate you can sponsor her online. Just go to the World's Greatest Shave site and type in Gemma Hewitson.

By Jaimie Bonsall











AFRICAN DRUMMING INCURSION









Elective Year 9 and 10 Music classes participated in an African Drumming Workshop on Tuesday 24th March, run by Chinta from *Rhythm Connect*. The students performed on African percussion instruments including dununs, djembes, and caxixi with vocals included. Chinta explained the relationships between drums and their rhythms, with male and female drums holding their own unique rhythmic combinations. Students performed African Music techniques such as accents, call and response, polyrhythms and cross rhythms and we all had sore hands by the end! It was an exciting experience and we all had a fantastic time putting into practice the skills we have been learning in classes this term. We look forward to participating in this program again next year!

The Music Faculty





Happy Easter! イースター おめでとう Iisutaa omedetou! (Japanese) **复活节快乐 Fù huó jié kuài lè (Chinese) Joyeuses Pâques (French)**

Maligayang pasko ng pagkabuhay (Filipino)

Examinations

Most classes have completed examinations, with only a few classes left to complete their speaking tasks (early Term 2). If your child is in one of these classes, please remind them to revise over the holidays.

On the whole, students have performed well in the language testing so be prepared to smile ^_^ when you read their reports

Taster Day 30 March

Watch out Year 7 students! Year 6 students invaded QHHS while you were at the Athletics carnivals and learnt some Japanese. In 50 mins they made name tags in katakana, and learned how to introduce themselves in Japanese!

Konnichi wa! Hajimemashite! Watashi wa (name) desu. Yoroshiku!

Which means: Hello, Nice to meet you. I am (name). Please be nice to me!

Our future linguists even performed their introductions in front of the class. Can you keep up with them??

Joyeuses Pâques! Easter Egg hunts (chasses aux Œufs) are a very popular tradition in France. Every year over Easter, in the grounds of a beautiful Castle Called Château de Vaux le Vicomte (S.E. of Paris), there is one of the largest easter egg hunts in the world. Over 850,000 chocolate eggs are hidden in the grounds and for about 18€ (Australian \$25) children can hunt for all the eggs they like!



HARMONY DAY ASSEMBLY AT QHHS

On 26th March 2015, Quakers Hill High School community celebrated Harmony Day as a Special Assembly event. The program commenced with a Welcome Dance performed by our talented ATSI students followed by an African dance, a Power point presentation on African culture, History of Harmony Logos, Principal's Report, then Pacific Islander dance, Indian dance, Filipino Bamboo dance and concluded with the highlight of "We Are All One" sung by Aidan Bath, 2015 School captain, which gathered all performers on the stage and included the whole audience in evoking a unified sense of harmony within the school. All the students enjoyed the assembly and had fun and they all learnt valuable information about other cultures. The Harmony Day Assembly was a very positive experience that was enjoyed and appreciated by all who attended it.

Harmony Committee







VISUAL ARTS@ArtExpress and Chuck Close at the MCA



ATHLETICS REPORT

With trepidation the school awoke to a grey day for the 2015 Athletics Carnival. We were all pleasantly surprised as the day was ablaze with sunshine without a hint of rain. Under the superb leadership of Ms Portelli the day ran like a well oiled machine with both staff and students enjoying themselves immensely. A number of records were broken across all age groups in both track and field events and even Mr Andrews was seen breaking his own records across a variety of field events. Our Principal Ms Claus was the paparrazi for the day taking endless photos of both smiling staff and students Finally our thanks goes out to all staff who assisted on the day for without their professional work ethic the day would not have run as smoothly as it did.

Mr Somerset

SPORTS REPORT

Term 1 for 2015 has been an exciting sporting term with excellent results. We started the year off with our school swimming carnival, which saw many students compete to the best of their ability. Congratulations are in order for all swimmers who represented our school in both the Zone and Sydney West swimming carnivals. In particular Katelyn Stephenson, who broke numerous school records and moved forward to swim at a state level. All the students who achieved age champion from the school swimming carnival will be announced at an upcoming formal assembly.

In Term 1 we also held our school athletics carnival, which had one of our biggest turn outs so far and a large amount of enthusiastic students participating in all events. In each event we had students demonstrating amazing talent and a willingness to "give it a go". With these great attitudes we were able to see some long standing records broken by Tamara Savage, Taya McLean, Kayla Randell and Jerome Smith. Again all age champions from this carnival will be announced at an upcoming formal assembly. Congratulations to our record breakers and all students who attended the athletics carnival.

Please stay tuned for our next event, which will be the school's annual cross country, which will be held during Week 2 of Term 2.

Overall our first term of 2015 has been a very successful start in the sporting domain and we can't wait to see how well we go throughout the rest of the school year.

Ms Portelli, Sports Co-ordinator



YEAR 8, 9 AND 10 PARENT TEACHER NIGHT

You are cordially invited to attend the Quakers Hill High School Parent/Teacher Evening for Semester One 2015. As the staff responsible for the education and welfare of your children at school we welcome the opportunity to discuss their progress with you. It should be noted that the usual interview length is 7 minutes except if the classroom teacher wishes to extend the interview. At the end of each 7 minute time period a bell will ring, at which time it is recommended that parents and teachers conclude the interview in fairness to all. It is highly recommended that 7 minutes be allowed between each interview for movement between teachers. The student is responsible for making bookings with their teacher on your behalf. Please discuss this with your child to ensure that you are receiving the appointments you require during your preferred time. **Confirmed** appointments are to be recorded below and on the adjoining page.

Preferred time between	and	
STUDENT NAME:		

TIME	TEACHER	SUBJECT / KLA
3.30 - 3.37		
3.37 - 3.44		
3.44 – 3.51		
3.51 – 3.58		
3.58 – 4.05		
4.05 – 4.12		
4.12 – 4.19		
4.19 – 4.26		
4.26 – 4.33		
4.33 – 4.40		
4.40 – 4.47		
4.47 – 4.54		
4.54 – 5.01		
5.01 – 5.08		
5.08 – 5.15		
5.15 - 5.22		
5.22 - 5.29		
5.29 - 5.36		
5.36 - 5.43		
5.43 – 5.50		
5.50 – 5.57		
5.57 - 6.04		
6.04 - 6.11		
6.11 – 6.18		
6.18 – 6.25		
6.25 – 6.32		

QUAKERS HILL HIGH SCHOOL SUCCEEDS IN THE COFFEE SCHOOL!

Over 40 students in Years 8, 9 & 10 successfully completed their Coffee School, Barista Certificate at the Barista Academy in George St in the city.

Students travelled to the city by train in the morning with the peak hour commuters going to work and demonstrated what SMART students they were out in the community.

During the course, they were totally absorbed in their practical and theory classes. Needless to say, a lot of milk was wasted during the course whilst they were being tested and they made a variety of coffees from Cappuccinos, lattes and mochas. Once their trainers were satisfied they knew how to operate the coffee machine and steam milk effectively they moved onto the next stage.

Each student did a very good job and they shall be rewarded with their Barista Certificate during assembly. Thank you to our Careers Advisor Mr Hutton, who has shown his support of upskilling our students to be work ready through the School to Work program. Our students' fees for the Barista Certificate have been subsidised and it's nice to see so many of them continuing on with either service to the school in serving coffee beverages or gaining jobs in the hospitality industry.

Congratulations to all students for attaining their certificate.





CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

MEDICAL PROBLEMS (IF ANY) Signed:	
EMERGENCY CONTACTS:	
PHONE/MOBILE:	
CARER 2 NAME:	 _
PHONE/MOBILE:	
CARER 1 NAME:	
MOBILE NO:	
WORK PHONE:	
HOME PHONE:	
ADDRESS:	
YEAR:	
NAME OF STUDENT:	



Signature of parent or carer ____

Date __

QUAKERS HILL HIGH SCHOOL 70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747 E-MAIL: quakershil-h.school@det.nsw.edu.au WEBSITE: www.quakershil-h.schools.nsw.edu.au PRINCIPAL: Ms Lauretta Claus



Student Absentee Note
Name of student Year
Date of absence(s)
Reason for absence The reason for the absence must be shown below. (Please tick the appropriate box and give details.) Note: If you prefer, you may telephone the school to explain your child's absence.
Sickness (please give details, eg flu)
Family reasons (please give details, eg attendance at a funeral)
Other reason (please give details, eg attendance at a religious ceremony)
Name of parent or carer
Date
QUAKERS HILL HIGH SCHOOL 70 Lalor Road, Quakers Hill NSW 2763 PHONE: (02) 9837 1533 FAX: (02) 9837 1747 E-MAIL: quakershil-h.school/det_nsw.edu.au WEBSITE: www.quakershil-h.school/det_nsw.edu.au PRINCIPAL: Ms Lauretta Claus Student Absentee Note
Name of student Year
Date of absence(s)
Date of absence(s) Reason for absence The reason for the absence must be shown below. (Please tick the appropriate box and give details.) Note: If you prefer, you may telephone the school to explain your child's absence.
Sickness (please give details, eg flu)
Family reasons (please give details, eg attendance at a funeral)
Other reason (please give details, eg attendance at a religious ceremony)

70 Lalor Road Quakers Hill NSW 2763 Phone: (02) 9837 1533 Fax: (02) 9837 1747

email: quakershil-h.school@det.nsw.edu.au

EMAIL ADDRESS REQUEST

Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus						
Principal						
February 2015						
"	"	"	"	"	"	
	QUAKERS	HILL HIGH SC	HOOL - EMAIL	ADDRESS REQ	<u>UEST</u>	
CHILD NAME:			Y	/EAR:		
PARENT'S EMAIL A	DDRESS:					
@						
PARENT/CARER SI	GNATURE:					