**ISSUE** 

15

17 October 2014

Quakers Hill
High School's
Fortnightly

# Contact



# UPCOMING EVENTS

17 October
Contact issued

**20—24 October** Year 9 Exams

**21 October**AIME Student
Conference

22 October Support Unit Swim School

Acceleration Parent Information Meeting 6.30pm Library

27 & 28 October Year 10 Collegiate Exams

29 October
Optional Year 10 Literacy
& Numeracy exams

29 October & 5 Nov.
Support Unit Swim
School

31 October
Next contact issued

**3 November** Year 10 Clearance

3 & 4 November Year 10 All My Own Work

**3, 4 & 5 November** CAPA Showcase



#### HIGHLIGHTS IN THIS ISSUE

SRC Nominations & School CaptaincyP6
Prosperitas newspaper article P7
Wyndham Orientation Invitation P8
Principal's Awards P28

#### PRINCIPAL'S REPORT

# WELCOME BACK TO TERM 4

I hope everyone had a relaxing and enjoyable break but now we are back to the business end of the year. I have included part of my speech that I gave on assembly last week, trying to rouse our students in readiness for the upcoming weeks:

So I wanted to give you some words of wisdom about the last term of school and as we approach this busy end of the school year so many of you do not fall into the trap of getting in trouble for recognising that you are attending school each day to receive an education. Term 4 does have exciting things such as Year 7 & 8 Swim School, CAPA Showcase, Year 10 Graduation & Formal and the Reward Excursion right at the end of the year - but Term 4 is also about final exams and assessments. There is still a lot to do for both you and the staff and so I am making this message very clear you are expected to be in all classes, completing work to the best of your

ability and following all teacher's instructions. Our SMART code is just as strong in Term 4 as it is in Term 1. Unfortunately, I and the Deputies have already had some conversations with students and parents who may have to repeat the year as they have not completed enough to progress to the next stage of their learning.

I certainly don't want to dampen anyone's enthusiasm, but I do want to make clear my expectations for every one of you. Each of you has unlimited potential in life. You can be any one of many things depending upon what you want to make of yourselves. Your minimum goal should be - to achieve your Higher School Certificate and then to say to yourself "It's not enough. I want more." Look to a future which extends beyond school - perhaps to TAFE, perhaps to University. It's easy to achieve your goals if you only set them low. So decide now or in the near future that today only









represents a celebration of a part of your journey. Push on to bigger and better things and don't be limited by little dreams.

Henry Ford, the person regarded as the "father" of the modern day motor car company once said, "If you think you can, you're right. If you think you can't, you're right." So dream big set challenging goals for yourself. Be positive about your potential and go for it! Get ready for your future by setting your goals much higher.

# CONGRATULATIONS CHRISTOPHER WICKS YEAR 7

Congratulations to Chris Wicks who represented NSW CHS in the 3000m race walk at the NSW All Schools track and field championships last week. Chris came 4th in the 13yrs boys event. This is an amazing achievement and we are very proud of Chris, congratulations.



#### PARENT TEACHER EVENING YEAR 7

A big thank you to the Year 7 parents who came along on Wednesday evening to discuss your child's progress at school with their teachers. This evening is a very important opportunity that the school can work directly with parents, in the provision of a quality education for our children. A reminder to parents of Year 8, 9 & 10 students, that their Parent Teacher Evening is scheduled for Wednesday 15 October, 3.30 until 6.30pm. Booking forms are available on the school website if your child has managed to lose theirs.

#### CHAMPION ROLL CALL CLASSES TERM 3

Again last week we celebrated the best Roll Call classes in Term 3. This competition recognises roll classes that regularly bring in notes to explain absences, have a good attendance rate and comply with the school's SMART expectations around lateness, uniform and participation in our PBL lessons. Last week we had a pizza lunch to celebrate and acknowledge that champion Roll Call classes. Congratulations go to:

7R4	Mr Cole
8R4	Mr Van Boom
9R6	Mrs Moodley
10R2	Mr Hutton
TR5	Mrs Schryver

## TRICKS FOR ENCOURAGING KIDS TO READ

Is your child a reluctant reader? Why not try helping them find the book that goes with a movie or DVD they've enjoyed, or are about to see. Encouraging your child to read can help them to build their imagination as well as giving them a better vocabulary. Kids who read different types of books develop a wide range of language skills and are better placed to understand different types of texts as they progress into high school. School A to Z has lots of tips and ideas on encouraging your child to read, at <a href="http://bit.ly/HLPmB9">http://bit.ly/HLPmB9</a>

## HOW MUCH WATER DOES YOUR CHILD REALLY NEED?

Staying hydrated is even more important during the warmer months. Every part of your body needs water to work properly and dehydration can lead to painful kidney stones. Many people don't feel thirsty until they are already dehydrated, so packing a drink bottle with your child's school lunch is a good reminder for them to drink during the day. Sports drinks and juices are popular with kids, but they often contain a lot of sugar. To find out the recommended daily intake of water for your child's age at <a href="http://bit.ly/ZjwUjo">http://bit.ly/ZjwUjo</a>

# TEAM SPORTS – MORE THAN HEALTH BENEFITS

As well as helping kids stay fit and healthy, team sports help them learn that things don't go their way all the time and that they need to respect their peers. Sports also help children and teens with resilience, how to respond to setbacks and loads more benefits discussed here: http://bit.ly/HlgxVO

#### **HSC-UNIVERSITY PATHWAYS**

Talented students can begin their university studies while still at school. They can study by distance with the option of a weekend residential, or attend university on campus for an early experience of the university environment. Find out about the courses on offer: <a href="https://www.boardofstudies.nsw.edu.au/syllabus.hsc/pathways.htm">www.boardofstudies.nsw.edu.au/syllabus.hsc/pathways.htm</a>

#### **CAREER OPTIONS**

Is your child trying to decide on a career pathway? These videos show 25 young apprentices and trainees telling inspirational stories while on the job. Find out more: <a href="http://www.youtube.com/playlist?list=PL78g8-WmjFKvFrt-gPCB5CalbSAJCX7MAh&feature=plcp">http://www.youtube.com/playlist?list=PL78g8-WmjFKvFrt-gPCB5CalbSAJCX7MAh&feature=plcp</a>

#### A DEGREE AT TAFE

If your child has decided to embark on a degree course at TAFE in 2015, remember their application needs to be in by October 26. Go to the application: http://

www.highered.tafensw.edu.au/applying-and-fees/how-to-apply.html#.UHJaLK5Nt8E

Have a safe and relaxing weekend.

Lauretta Claus Principal

# DEPUTY PRINCIPAL'S REPORT

#### STUDENT ACHIEVEMENTS

There are so many great things happening at Quakers Hill HS. Here are some students who received certificates at assembly for the Big Science Competition. Dylan Quattromani received a High Distinction which is an outstanding as he is a Year 7 student.





Congratulations to the Manga Competition winners as well!

#### YEARLY EXAMS

Currently all year groups are preparing or are amidst their yearly exams. During Week 3, Year 9 will complete their exams and Year 10 will com



plete the Nirimba Collegiate exams in Week 4. These timetables have been issued to the students but are also available on the website. I encourage students to create study notes that will help them revise and come prepared with all their equipment.

#### **Reminders:**

- PBL Focus Summarising strategies
- Now is the time for students to resolve N Awards before reports are written
- All fees need to be paid in full by Week 4
- Swim School notes for Year 7 & 8 have been distributed

Mrs B Maricic
Deputy Principal, Years 7 & 9

#### **MATHEMATICS NEWS**

With the yearly examinations fast approaching (Weeks 3 & 4), **NOW** is the time to start exam preparation. Students should be reading through their notes, ensuring they understand all the concepts that have been covered since the Term 3 exams. **NOW** is the time to ask your teacher if you come across something that you don't understand. **NOW** is the time to make sure your equipment is ready, especially your calculator. The topics that will be covered in the various courses are as follows:

**YEAR 7**—ALGEBRA AND EQUATIONS

YEAR 8—COORDINATE GEOMETRY, CONGRUENCE AND SIMILARITY

YEAR 9—(5.1 Standard) - AREA AND CO-ORDINATE GEOMETRY

**YEAR 9—(5.2, Intermediate)** - TRIGONOM-ETRY AND COORDINATE GEOMETRY

YEAR 9—(5.3, Advanced) - TRIGONOME-TRY

YEAR 10—R.O.S.A. (Record of School Achievement)

Good luck to all students and don't forget ... your Mathematics teachers want you to do well and are always available to help you.

Ms Khehra and the Mathematics Department

#### SUPPORT UNIT INFORMATION TERM 4 WEEK 2

#### **YEAR 6 ORIENTATION**

Over the last two weeks I have had the pleasure of meeting our new Year 7 students for 2015 and their families. We are delighted to meet and welcome them to Quakers Hill High School.

The Support Unit will be holding two Year 6 Orientation mornings to cater for the needs of our students, instead of our students attending the whole school orientations. The mornings allocated for these Year 6 Orientations are: Friday 7<sup>th</sup> November and Wednesday 19<sup>th</sup> November. These will run from 9.30am to 12.30pm.

#### ANNUAL REVIEW MEETINGS

The Support Unit will be holding the annual review meetings for our Year 7, 8 and 9 students during Weeks 4 and 5. Our Year 9 families will also be discussing transition op-

tions, in preparation for 2015 and 2016. The days allocated are: Friday 31<sup>st</sup> October, Monday 3<sup>rd</sup> and Tuesday 4<sup>th</sup> November.

All parents were emailed dates and times earlier this week. Just a reminder—could parents please return their four preferred times asap so I can confirm times promptly. Many thanks.

#### **10W WORK EXPERIENCE**

This term 10W will be taking part in a Work Experience program during Week 6 (10<sup>th</sup> -14<sup>th</sup> November). Kirsten was the first student in our class to kick off her Work Experience placement at Coles earlier this week.

#### **SWIM SCHOOL**

Our Year 7 and 8 students commenced their swim school program this week at Blacktown Leisure Centre, Stanhope. Students take part in swim lessons that cater for their swimming level. This will take place every Wednesday for five weeks.

**Mrs Jennifer Payne** 

**Support Unit Head Teacher** 

# CAPA SHOWCASE 2014 ELECTIVE PHOTOGRAPHY EXHIBITION

What an incredible year it's been nurturing the talents of an extraordinary bunch of Photography students! With CAPA Showcase fast approaching, the three Elective Photography classes are busy finalising and printing their portfolio of work for display at this annual event. The students' body of works are quite diverse with images in the genres of Portraiture, Still Life, the Beach Landscape, the Urban Landscape, Nature and much more. So, come along to the CAPA Showcase on the evenings of the 4th and 5th November and revel in the cleverness of our Photography students. The following images provide a sneak preview of the exciting collection of student works that can be viewed at the exhibition.

#### Ms Valatiadis Head Teacher CAPA











#### **SRC NOMINATIONS & SCHOOL CAPTAINCY 2015**

Do you have a natural talent for leadership, or simply want to make a difference? Application forms are now available for SRC and School Captaincy. An SRC member has the opportunity to learn new skills, express their ideas and opinions and make a difference to our school. As leaders of the student body, school captains are responsible for setting a good example and leading the SRC. They are required to follow the SMART code at all times. Applicants for captaincy are expected to present a short speech to the school, highlighting why they are suitable and need to also complete an SRC application form. If you are considering applying for one of these rewarding and enjoyable roles, think about why you are a good leader and what you could bring to benefit the SRC. Application forms can be collected from Ms Del Pinto in the TAS staffroom and need to be returned by Friday October 24. Captaincy speeches will be in week 4 or 5. Good luck!

Kaitlyn Hockey, 2014 School Captain

# School program fosters creative minds

By Jade Wittmann

experience, the other about an unexgirl consoled by books after a traumatic ONE is a psychological thriller about a with very different backgrounds. pected relationship between two boys

through the school's Prosperitas students Kate Poole, 15, and Ashleigh ledgling to self-published authors kennedy, 13, who made the leap from projects for Quakers Hill High School Both novels were extra-curricular Year 8 student Ashleigh's 27-chapter

the universe of the story," she said. and Mitch is from a broken home, has them to make characters that would fit "Jerome is from a very religious family "I took the real people and twisted

known for their Minecraft reviews.

fouTube gamers Mitch and Jerome,

sion of a fan fiction she wrote based on novel, Collision Course, was an exten-

drugs and drinking. somewhere along the way they realise bad influences around him and he's into "They get forced into being friends and

they have feelings for each other. people aren. are OK with homosexuality and some this current world where some people "It's more about how they deal with

but I didn't.... until people started to tell me that it was." Ashleigh said the appeal of fan fiction "A lot of people see it as a big theme

romance, supernatural, science fiction, different genres that you want stemmed from its lack of rules. "You can have a mash-up of all the

> Scorsese film Shutter Island with elements inspired by the Martin Samantha Colt balanced macabre, dark

bookish fantasy inspired by the film

"It's all up to you what you want to do

character, and then do a love story between their OC and the YouTuber. people create their own OC, or optional There is a really popular thing where

more of a Bold and the Beautiful kind of comas and car crashes because it's novel The Fantastic Not-so-Real World of thing. It can be fun to read them." Year 10 student Kate's 11,000-word "It usually involves a lot of cliches like

outlet for her. "A lot of the time I have involves mental disorders like psychosis real because a lot of my plot line The most difficult part was making it Kate said writing was a great creative so I had to research."

ideas just buzzing around in my head

and it feels so good to just get them out

murder. cinate after witnessing her father's In the book, Samantha starts to hallu-

another life. have complete control over what felt like said. "It was actually very satisfying to "I enjoyed creating the characters," she

blacktownsun.com.au.

of there and write things," she said. ■ Read the novels:





# VYNDHAM COLLEGE

"Working Together to Widen Horizons"

Nirimba Education Precinct Eastern Road QUAKERS HILL NSW 2763 Phone: 9208 7100

Fax: 9208 7199

Email: wyndhamcol-h.school@det.nsw.edu.au

#### ORIENTATION DAYS AT WYNDHAM COLLEGE Invitation to Year 10 Students continuing to Year 11 in 2015

Monday	November 17	9.00am - 2.30pm	
Tuesday	November 18	9.00am - 2.30pm	

Dear Student,

You are invited to a special two day orientation program at Wyndham College to facilitate your smooth entry into Year 11 next year and to introduce you to the reality of life as a senior student. This orientation will take place on the dates printed above. It will be your responsibility to make your own travel arrangements to and from Wyndham College.

On the orientation days, you will get to know your Year Advisers, teachers, executive staff and other key school personnel. In addition, you will be given vital information regarding your timetable, College rules and Code of Conduct, Connect groups and Board of Studies requirements for HSC study.

A photographer will be present on Tuesday 18th November to take your picture for your student ID card. You will be expected to bring \$10 with you to cover the cost of producing the card on this day. Full school uniform is expected to be worn for this event.

It is absolutely essential that you attend these orientation days in order to secure your place at Wyndham College for 2015. You are expected to arrive at Wyndham College dressed in your current school uniform on both days.

On the night of the Monday 17th from 6:00pm there will be a parent information evening in the Hall. Parents and students will hear from the Principal, their Deputy Principal for 2015, and their Year Advisors. At the end of the presentation parents and students will be welcome to tour the school from 6:30 pm until 7:00pm.

On this night the uniform shop will be open from 6:30 to 9:00pm. Parents will need to purchase uniform from the college uniform shop as they are the only suppliers of Wyndham College uniform.

17 ..... P. .. Mr.

Other opening times for the uniform shop are 24th November, 1th, 8th and 15th December 12:30 pm -1:30 pm

15th December 6:00 pm - 8:00 pm

In 2015 the uniform shop will be open Thursday 15th and 22nd Jan 9:00 am-2:00 pm and Tuesday 27th Jan 5:00 pm-6:30 pm.

Payment can be made in cash, cheque or EFTPOS (a \$3:00 fee applies for EFTPOS)

Please ensure your parents or guardians sign the permission slip below and return it to your Year 10 Adviser or Deputy Principal as soon as possible.

Yours sincerely

216	Principal	Deputy Principal	Acting Collegiate Deputy
×	***************************************	ORIENTATION DA	AYS
Wyndham I understa Wyndham	College on Monday 17 N nd that part of the orientat College, dressed in his/I	lovember and Tuesday 18 Novemb	king his / her own travel arrangements to and from
Signed	Parent / C	Date	



# MESSAGE FOR PARENTS— STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to take the note to the office before roll call in the morning.

The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

REMINDER—EVERY WEDNESDAY ALL STUDENTS FINISH AT 2.25pm

THE QHHS UNI-FORM SHOP IS OPEN EVERY MON-DAY MORNING FROM 8.10—9.30AM

#### STUDY SKILLS TIP FOR SEPTEMPER – HOW TO STAY POSITIVE AS EXAMS APPROACH

It can be difficult to stay positive or "be up" as exams approach. The more important the exam the more stress we can feel. Worse, if we don't do anything to make us feel good, stress can lead to anxiety and depression. There are many reasons why students feel this stress and depressed mood as examination dates approach.

- students receive distorted messages and perceptions about the importance of the exams, such as, "this can/will determine your future" etc.
- with the pressure and stress of exams students avoid doing the work necessary to be prepared and as a result feel more overwhelmed, hopeless, anxious etc. Students can feel they have no control of their situation.
- when we allow the pressure, stress and upset to build we can get into bad habits and let go of good habits. As a result students can feel more drained and exhausted and find it difficult or impossible to "climb out of the dark hole" they are in.

#### A holistic approach to boost wellbeing as exams approach

The key to being positive and managing negative emotions such as anxiety and feeling down and depressed in any pressure situation including exams is to "fuel up". It goes without saying that if we are exhausted, tired, stressed, depressed etc. it is very difficult if not impossible to deal with the pressure of exams. "Fuelling Up" is about boosting wellbeing factors in your life. You need to boost the wellbeing factors in your BODY, MIND and EMOTIONS.

Trying to "feel good" or be "positive" when your body is exhausted and depleted is **impossible!** This is something we all know yet many of us find it difficult to change.

#### Here are some things you can do to boost the energy in your BODY:

#### See a doctor.

Visit your doctor and get a check-up. It's important that any medical issues are ruled out because you may try some of the following tips without noticing any benefit while all along there may have been a medical issue that needed attention.

#### • Get better sleep.

Feeling good all starts with getting the right amount and type of sleep. Start with a good night - time routine. Stop anything that stimulates you such as caffeine or TV or computer, iPad or phone screens etc. Try a warm drink such as chamomile tea and use essential oils such as lavender oil. Having a soothing bath or shower can also help along with gentle stretching of tight or tense muscles. If you still feel you are not getting a "good" sleep be sure to see your doctor.

#### • Eat in Moderation

Never skip a meal, especially breakfast. Breakfast replenishes your body and helps you start your day full of energy. Eat three main meals, and two to three snack meals a day. Eating five to six times in a day keeps your blood sugar levels balanced, giving you an overall sense of well-being needed for focusing on your tasks and responsibilities.

#### • Exercise Regularly

Regular exercise, at least three times per week for a minimum of 30 minute sessions, can virtually "soak up" stress chemicals in your body and help you to relax and even sleep better. Brisk walking, aerobic classes, swimming, bike riding, or jogging are great exercises to release stress buildup and relax your body and mind to either start or end your day right.

#### Here are some things you can do to THINK more positively:

#### Change your thinking and perceptions

Write down your top 5 fears and worries. What's the worst thing that can happen? Then ask yourself, "IS

THAT TRUE"? Usually fears and worries are not based on reality but on imagined scenarios that have little to no evidence. If it's something that can't be changed bring acceptance to it. It is what it is for now!

#### • Change your focus

Have you noticed that what we worry about we make bigger and keep closer to us by the way we think and focus. Try this...make your fears and worries **SMALL** in size (5 cm in height) **DARK** in brightness and as far away as possible in **DISTANCE**. When we change the size, brightness and distance of the things that upset us in our minds it reduces the intensity of the emotion.

#### Here are some things you can do to FEEL more positive:

#### Acts of kindness

Make a list of 5 acts of kindness you can do every day. Make them simple acts of kindness that are easy to do such as saying thank you etc. Do these 5 acts of kindness every day for 6 weeks. The research shows that people that do this and think of 3 good things in their life (as above) have a dramatic positive boost in their mood.

#### • 3 good things exercise

Every day at the start and end of your day think of 3 good things that happened. Write them down. Then think about either WHY those good things happened or how it MADE YOU FEEL when those good things happened.

This month's tip comes from Rocky Biasi at Human Connections.

Learn more about techniques that can help manage stress at: <a href="https://xb145.isrefer.com/go/entap/">https://xb145.isrefer.com/go/entap/</a>
Enhanced/

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on <a href="www.studyskillshandbook.com.au-">www.studyskillshandbook.com.au-</a>
Our school's access details are:

Username: quakershillhs Password: 45success

Ms K Naicker

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《¡¿ñ‐´´`^```。?!» LOTE'S LOT 《¡¿‐´´`^```。ñ?!»

CONGRATULATIONS!

おめでとうございます!(Omedetou gozaimasu!)

!Felicidades!

TO MS MUTCH
on the birth of
her baby son last week!

WELCOME 欢迎' (huān yíng) to Mr Lamprill, who has started teaching Chinese in our KLA. All Year 7s and some Year 8 students will be studying Chinese for the rest of this year. This is a wonderful opportunity for students at Quakers. Chinese language skills are a very sort-after skill at work.

#### **ENGLISH FACULTY**

Students in all year groups are preparing for their yearly examinations in English.

Years 7-9 will be completing a variety of reading comprehension tasks and extended writing responses. In class, students are preparing for the skills they will need to complete these tasks. Every student is encouraged to study at home by revising the concepts they will be tested on and by writing some practice responses for their extended writing tasks.

Year 10 is undertaking some intense revision for their Collegiate RoSA Examination in English. Students need to revise their understanding of literary and language techniques, visual literacy strategies, descriptive writing techniques and essay writing skills. In class, students are practising creative writing responses and they are preparing for their essay on Australian Identity. All students are encouraged to seek individual feedback from their teachers during this time of essay preparation and exam revision.

GOOD LUCK to all students for their upcoming examinations.

Below is a poem by Allison Turner – an outstanding example of sophisticated, evocative writing.

#### Allison Turner - Year 9

Closed doors are a sanctuary for the one who cries silently,

Emotions unseen by others.

As each tear falls a piece of soul is lost with it.

Black stains of sadness streaking cheeks.

With trembling lips the mask they wear slowly crumbles,

Emotions slowly rising ready to explode.

They can't allow it,

to break the painful silence is to draw attention.

The smile they always wear is a charade, never questioned.

The world believes it's real

Look closer and you would see the falter.

The chink in their armour of deceit.

When no one is looking the mask drops,

an actor behind curtains of lies.

The words that hurt them direct every tear.

A silent mess of lost love and broken promises,

The perfect liar.

#### SCIENCE MATTERS

#### YEARLY EXAMINATION

Welcome back to another busy term!! Students across Years 7-10 have been advised by their Science teachers as to when they would be sitting for their Yearly Examination. The teachers have been running in-class revision lessons with all of their classes in order to help prepare the students for the exams. The students are encouraged to thoroughly revise their notes on the topics as indicated by their Science teachers, and see their teachers well in advance if they have any questions or may have missed out on notes due to absence from class.

It strongly advised that students come prepared with the right equipment on the day of their exams. They must have:

- 2 blue/black pens
- 1 pencil
- 1 eraser
- 1 sharpener
- 1 ruler
- 1 calculator



#### ESSA TEST 2014

Every year, the **Year 8** students sit for The Essential Secondary Science Assessment (ESSA). This year it will be held between the dates **10**<sup>th</sup> **-14**<sup>th</sup> **of November**. A letter explaining the ESSA test will be given to all students in Year 8 to take home this Friday 17<sup>th</sup> October.

In preparation for the test, Year 8 students will be sitting a Readiness test next week in their classes. There teachers will advise them on the date they will be carrying out this test. This is a 15 minute test to familiarise the students with the nature of the ESSA test, since it is conducted entirely online. Each student will therefore be asked to bring in a pair of **headphones or earbuds** that can be plugged into a school computer. Earbuds for an iPod or portable player are suitable.

For any additional information regarding or enquires regarding the ESSA test, please do not hesitate to contact Roseeta Prasad (ESSA Co-ordinator) at school.

#### Mrs R Prasad

Relieving Head Teacher - Science

#### HISTORY FACULTY

The History faculty has been very busy this past fortnight. Our students have been engaged in learning about Ancient Egyptians, Aztecs, Australians at war and the history of the 20<sup>th</sup> century. We have also had students travel to Blacktown Boys High School for History Debating. The students involved were Aidan Bath, Gemma Hewitson, Bradley Elliot and Zane El-Kamand. Our team did very well and finished fourth overall, defeating the host team Blacktown Boys on the way.

We would like to wish our students who are entering the Simpson Prize, a national essay writing competition, the very best of luck as they have been working very hard to complete their essays in time. We are looking forward to the rest of the semester as we will be involved in mummifying students, re-enacting battles and learning citizenship in practice.

#### **SWIM SCHOOL 2014**

Swim School is on in 2014 for both Year 7 and Year 8. During this time staff and students travel to Blacktown Pool and participate in a swim and survive program that lasts for 1 week for each year group.

Year 7 is on during week 7 of Term 4 (Monday 17<sup>th</sup> – Friday 21<sup>st</sup>November) Year 8 is on during week 8 of Term 4 (Monday 24<sup>th</sup>-Friday 28<sup>th</sup> November)

The program caters for all levels from non-swimmers to competent swimmers. Students are asked to indicate their swimming ability on the permission note which has been handed out before it is returned to the front office. Aquatics is a compulsory component of the Year 7 PDHPE program and all students are expected to attend. There will be NO formal lessons at school for Year 7 or 8 during the week their year group is at swim school. The emphasis of the program is on personal survival and rescue techniques. In a country where there are so many drownings at the beach and in backyard pools it is of great importance that our students are confident in and around water.

Some students say that they can swim so they don't need to attend. This is not the case, as by attending each student will achieve a Certificate of Achievement indicating the level of their competency from RSLSA as well also learning survival and resuscitation techniques. This is extremely important as quite often you may need to save the life of someone else. This could be someone in your family or a complete stranger. A couple of years ago a former student from QHHS was walking down to Stanhope Shops when he saw a mother and father who had a young child with them who had stopped breathing. They were in a panic, however the ex-student calmly took control of the situation, used CPR training that he had just learnt from the swim school program and saved the life of the young child. The ex-student received a large write up in two local newspapers and he also received an award for bravery.

**Times:** Roll call as normal. Students will then be transported to the pool by bus. Students will return to school by 3:00pm.

**Cost:** \$65 – Swim & Survive Award \$70 – Bronze Star & \$75 for Bronze Medallion (Yr8's) (approval required for both of these-see Mr Barry)

Cost includes pool entry, bus fare and awards from the Royal Lifesaving Australia.

#### Requirements:

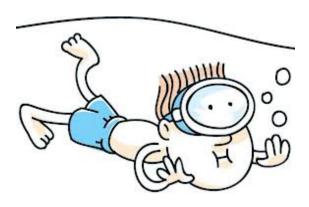
- School uniform is not required but students are expected to be appropriately dressed e.g. T-shirt, shorts and footwear.
- Towel, swimmers and warm clothes (tracksuit)
- 30+ sunscreen, hat, additional T-shirt to wear in the pool.
   Some students will be required to bring and wear additional clothing into the water as part of their award, however, their instructor will inform them accordingly.

#### Other:

- Students will be supervised at all times by staff however staff will not be responsible for large sums of money or valuables.
- Canteen facilities will be available during recess and lunch times.

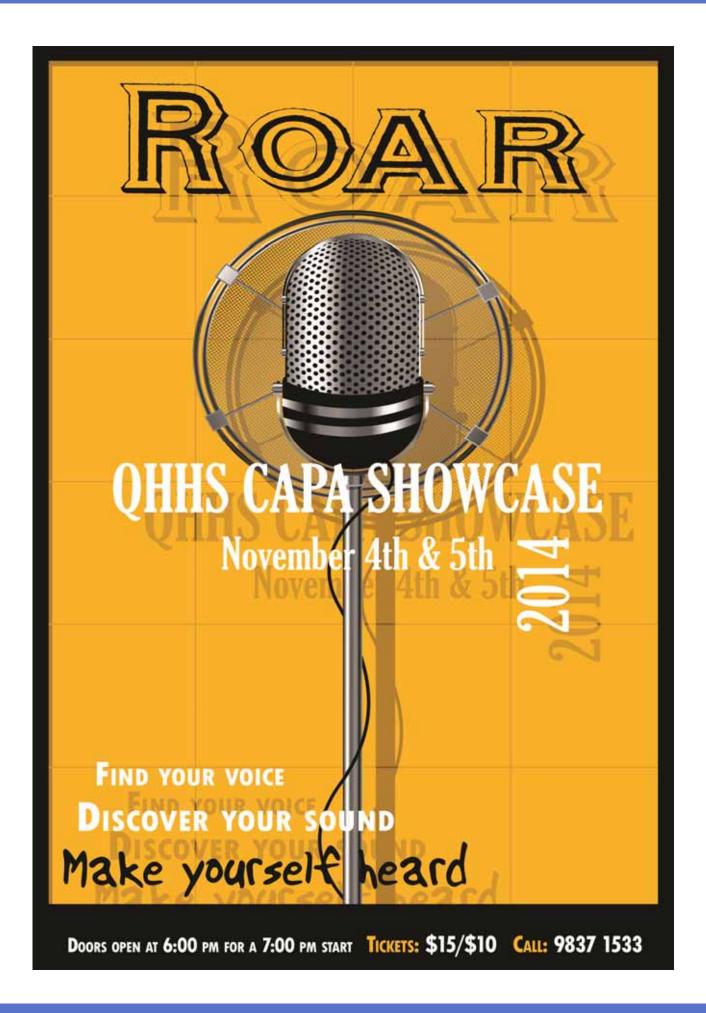
 All students are required to follow the SMART expectations of QHHS for the duration of the Swim and Survive program. Failure to comply may result in exclusion from the program without refund.

Mr Blench- HT PDHPE



#### **NEW ARRIVALS IN THE AG PLOT**







#### 'ROAR' - 2014 CAPA Showcase Ticket Order Form

#### How to Order Your Tickets:

Step One:

Select the performance evening you wish to attend and the tickets you require and record this data of the lower portion of this form.

#### An Ordering Example:

EVENT	COST	TICKETS REQUIRED	TOTAL DUE
'Roar' 2014 CAPA Showcase	Crudit = \$15	x1	\$15
Tuesday the 4" of November	Child = \$10	x2 ale Onis	\$20
'Roar' 2014 CAPA Nowcase	Adult = \$15	Asub	\$15
Wednesday the 5 <sup>th</sup> of November	Child = \$10	×0	NII
		TOTAL DUE:	\$50

Step Two: Present this form to the Front Office Staff when finalising your ticket

urchases.

Step Three: Present your receipt, and this form, to the Social Science Staff (at lunch) to

select specific seats for the evening(s) you have nominated. Tickets will be distributed by the Social Science Staff only when they see evidence of

payment. (Do not misplace your receipt!)

Step Four: Bring your tickets to your chosen event and have a rip roaring night of stellar

entertainment.

#### 'ROAR' - 2014 CAPA Showcase - Official Ticket Order Form

Student Name:	Grad	de: Ro	II Class:

EVENT	COST	TICKETS REQUIRED	TOTAL DUE
'Roar' 2014 CAPA Showcase Tuesday the 4 <sup>th</sup> of November	Adult = \$15	×	\$
	Child = \$10	x	\$
'Roar' 2014 CAPA Showcase	Adult = \$15	x	\$
Wednesday the 5 <sup>th</sup> of November	Child = \$10	x	\$
	-	TOTAL DUE:	\$

Dissection code: 056-002

The Social Science faculty is asked to forward this form to Ms Lachevre once payment has been made, seats have been selected and tickets collected.

# FILL 5 BASKETS WITH HOPE THIS CHRISTMAS

Almost half the world (over 3.5 billion people) live on less than \$2.50 a day. For some of us that's a portion of what we spend on our recess alone. Poverty is a global issue, but we can effect change right now in our local communities and see the power our generosity has to enhance the lives of others.

The St Vincent De Paul Christmas Hamper Appeal is about compassion, remembering that some families need help this Christmas and that we are in a fortunate place to be able to give it.

4 grades

5 baskets

45 roll classes.

1000 students.

80 staff.

9 weeks.

These figures can be life changing. We can make a difference. The ball is in your court now.

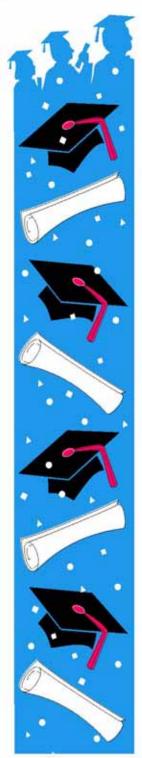
Make your play.

All non-perishable food donations are to be dropped into the Library. Donations will be accepted today, until Friday the 20th of November (Week 7).



# Quakers Hill High School

Year 6 Orientation Activities





Year 6 Orientation

2014



### Quakers Hill High School Hall

70 Lalor Road, Quakers Hill

#### Orientation Evening Wednesday, 26th November

Uniform Shop opens 5.30 – 9.00 pm Information session for parents & students at 7.00 pm Book-packs available at approximately \$35 / fees can be paid

#### Orientation Day Thursday 27th November

Year 6 students meet in hall by 8.45 am and can be picked up from 2.30 pm.
Year 6 uniform should be worn.
The canteen will be open. A BBQ lunch will be provided.
Enclosed leather shoes must be worn.

"Shaping a positive future"

## Reading Recommendations from Our Library Leaders

The Statistical Probability Of Love At First Sight – By Jennifer E. Smith Review by Saraf Hossain (Year 8, 2014)



In all the years you've been alive, how many times did a matter of a few minutes create a totally new situation? How many times did it bring a new opportunity and how many times did it lead you to have second thoughts?

For Hadley Sullivan, four minutes brought a great big difference. What happens when you are attending your father's second wedding and you don't have a very interesting love-life for yourself? Are airports the best place to find love? Or is that too cliché... supernatural maybe?! A missed flight, unknown faces and the very last wedding Hadley wants to attend, and a critical story without a dreamy, charming guy. Oliver, a British man, sitting next to Hadley in what was ought to be the longest flight ever, but what meaning does it set when the flight passes in a blink of an eye? Is that a sign too?

A beautiful love story, settling your beliefs that yes, love at first sight is very much possible. Join Hadley and Oliver in the very unique 'lost and found' love story. A tale ready to set your emotions on fire and to grow your hopes within each second. But the question is; will each second word drop your hopes and expectations? There's only one option for you: read and tell.

RATING:

The Lord of the Flies - By William Golding

Review by Emma Goldsworthy (Year 8, 2014)



William Golding's 1954 novel "The Lord of the Flies" is a sad book which describes the way that a group of young school boys face a tragic plane crash, learn the way of nature and face the wild; finding food, water and other essentials. By the end of the novel, Piggy (a slightly plump boy) dies due to warfare between two tribes that choose to go separate ways, causing Piggy to fall and tragically hit his head on a rock.

Lord of the Flies is a beautifully written, tragic novel with very strong themes of life, death, survival and human nature. I think this book is slightly mature but can be enjoyed by all due to its compelling nature. RATING:

#### Bakuman Book 1- Story By: Tsugumi Ohba & Art By: Takeshi Obata

Review by Meet Patel (Year 8, 2014)



If you like Deathnote this is the book for you (because it is made by the creators of Deathnote). If you ask me, I would rate this book 4 and a half stars out of 5.

Moritaka Mashiro is bored. For his fourteen years of life he's merely gone along with the flow, a path which is destined to end with him becoming a normal white-collar worker. He doesn't want this, but sees no alternative until Akito Takagi, the top student in class, notices Moritaka's artistic skills and proposes that the two team up to create a manga. Moritaka is resistant at first and would much rather loaf around and play video games. When the girl he has a crush on, Miho Azuki, agrees to marry him if his manga becomes an anime, he is suddenly unstoppable. His uncle was also a manga artist, or a gambler as Moritaka calls him. His uncle supposedly died by working too hard on writing manga, but Moritaka thinks his uncle committed suicide. Moritaka's grandfather gives him the keys to his uncle's office and then their manga creating career begins.

RATING:

#### The Mortal Instruments: City Of Bones - Cassandra Clare

Review by Muskan Soni (Year 8, 2014)



City Of Bones is the first book in The Mortal Instruments Series. A fantasy that is set in modern America with a new look and new characters, with unique characteristics.

I liked how every chapter of the book gives so much understanding and backdrop to the plot, without actually giving away a lot information and how the mythical creatures new and old are carefully introduced to the story and chapters.

I would recommend this book to young readers that like reading modern and urban fantasies. I wouldn't compare The City of Bones to any other series or book.

I give it an overall score of 4.5/5

RATING:

#### Maze Runner - James Dashner

Review by Andrea Deller (Year 10, 2014)



The Maze Runner is a trilogy series set in a small closed off area called the Glade. The Glade is inhabited by a large group of boys, surrounded by humungous walls that slide closed at the same time every night and slide open every morning at the same time. Once a month a lift that only goes one way brings the Glade necessary supplies for the inhabitants to live off and a new boy, though none of them ever know their name, how they got there or why. The same goes for Thomas who arrived one day and though completely confused as to who he was, was determined to find a way for all the 'Gladers' to escape.

Every Glader has a specific job to do, the Maze Runners are a select group that enter the Maze during the day and try to find a way to escape, while they are in there they must do their best to memorize the walls and map them down, even though they are forever changing. They must also face and fight off the 'Grievers'; slug like machine creatures that are the bane of the Gladers' existence.

This novel is a fantastic read with themes of loyalty, trust, friendship, adventure, bravery and a twinge of romance, followed by the amazing sequel 'The Scorch Trials' and then a third book 'The Death Cure'. This series is a brilliant nail biting story that will challenge your imagination and increase your vocabulary to include words like 'shuck'. I give it an overall score of 4.5/5

RATING:

#### Ella Enchanted - Gail Carson Levine

Review by Janani Krishnar (Year 8, 2014)



Ella Enchanted is an award winning novel written by Gall Carson Levine. This novel has also been published as a movie with Anne Hathaway acting as Ella. I wasn't really into this book until I heard that it had received an award. I searched high and low for this novel and finally was able to read it.

Ella is a young woman who has been given the "gift" of obedience by a fairy named Lucinda. This young woman must obey all instructions issued to her, even if it is something cruel that she must do. When her mother passes away, she is cared by her farther who has a second marriage with a loathsome woman with two treacherous daughters.

Like other fairy tales, this modern day fantasy included a prince charming/hero. His name was Prince Charmont, whom Ella unintentionally falls in love with. Ella must be able to depend on herself and her intelligence to get her through her troubles and has to go on a quest, in order for her "curse" to be broken.

This fairy tale is as unique look at the classic tale of Cinderella. This is an interesting book and I am sure that you will find it interesting too. I hope you read this book and enjoy it.



#### A Big Thanks to Our Student Leaders for their Service During the Year 7-10 Parent Teacher Interviews

Special thanks are to be given to our tireless student leaders who assisted with our Parent Teacher Interviews this semester. Without such indefatigable individuals, who are highly motivated and school service orientated, we would not have such efficiently serviced events and such refreshed, replenished and revitalised staff in attendance of these events.

Well done to the following students for helping with the Year 7 Parent Teacher Interviews in Week 10 of Term 3:

Kopal	Mathur	Christian	Conol
Sarah	Branson	Julian	Bugarin
Kevin	Liu	Bradley	Coleiro
Anindita	Chand	Corey	Dickson
Tisaranee	Dissanayake	Hayden	Johnson-De Silva
Angie	Groom	Sehajpreet	Lamba
Vipneet	Kaur	Luke	O'Keeffe
Sachnoor	Kaur	Alister	Tupper
Arashdeep	Kaur	Steven	Woodward
Sarah	Thurecht	Chloe	Silva
Ghouse	Mohiuddin	Haoyang	Cai
		Andrea	Deller

Our appreciation goes to the following students who assisted with the Year 8 - 10 Parent Teacher Interviews this week:

Sarah	Branson	Christian	Conol
Bryce	Simpson	Julian	Bugarin
Angie	Groom	Corey	Dickson
Japneet	Kaur	Jeremy	Bushell
Jayden	Thompson	Gemma	Hewitson
William	Deng	Luke	O'Keeffe
Sarah	Thurecht	Alister	Tupper
Parneet	Kaur	Steven	Woodward
Ghouse	Mohiuddin	Chloe	Silva
David	Woodward	Shania	Tweedie
Andrea	Deller	Shivam	Kaushal

#### Bring Peace & Harmony to Others-

A Message from Our 2015 Peer Counsellors By Sarah Hossain (Year 8)



Christmas is one of the brightest celebrations. We are served good meals and enjoy the sound of children's laughter. But what happens when some have no food to eat on this very special day and the laughter of their children is long gone? Reach out with your arms wide open and share some love by giving some of the finest goods!

Step in and donate food to the 2014 St Vincent De Paul Hamper Drive. Show some generosity this Christmas to 5 families and let's make their smiles a little bigger. You can donate any type of food as long as it is non-perishable, and has dates that extend into 2015. Imagine the smiles of those who will be receiving these hampers from YOU! Help us make a difference.

If you're uncertain of what we're looking for to make these hampers, try donating dry, long lasting food, something that won't lose its quality. We'll accept canned food, biscuits, chips, rice, pasta, nuts, chocolates, cereal, and jars of jam/spreads. Avoid donating dairy products such as butter, fresh milk, meat, fish, eggs and cheese.

Let us harmonise and bring peace amongst the ones who deserve a better Christmas, food and care.

Go on now, it's up to YOU!

Make this a better Christmas for them.

Be the change you want to see.

#### The 2014 CAPA Showcase

#### 'ROAR' - A Show-stopping Event that is Proudly Multicultural

By Emma Smith (Year 10)











Australia is a young country. We are a multicultural country. So what better way to see Australia at its best, than to witness a new production starring a young, passionate and multicultural cast?

This year, Quakers Hill High School is celebrating the talents of its young stars and showcasing the diverse nationalities of its student body. Bright lights, enchanting costumes and heart-stopping performances are what QHHS' production of 'Roar' has to offer.

During our CAPA Showcase no single moment is without high-energy. No single second is without the thrill of anticipation. Indeed, each item presented is rich in drama, emotion, comedy and spectacle.

Support the young generation of our multicultural Australia. Tickets for our Quakers Hill High School's 'Roar' musical are on sale now. Do NOT miss out!

#### Budding Make-up Artists Required to Lend their Talents to the 2014 CAPA Showcase

If you are a student that understands the art of being beautiful and would like to further your makeup expertise under the skilled direction of Ms Soliman and would love to join the fantastic CAPA Showcase Make-up Team for this year's production of 'ROAR', then we need you!!! So sign up today, learn from the best, be part of something big and enrich your resume and end of year report.

Ms Soliman will be conducting a mandatory after school Make-up Workshop on Monday the 20<sup>th</sup> of October in CR1 until 4:30 pm for all members of the Make-up Crew.

Speak to Ms Lachevre or Ms Soliman for further details and collect your permission note from the Library today.

#### Committed Student Leaders Required to Man Our CAPA Front of House

Roar is looking to be a fantastic show, but without the assistance of reliable and committed Front of House Crew the performance evenings simply won't eventuate. We need smart and savvy individuals to assist with ticket sales, program sales, ushering and the 'Quakers Café'. So if you missed out on the auditions, but still wanted to be part of the buzz, then please sign up and join our FOH Crew today. The sign-up sheet and permission notes can be found on the Library Front desk.

#### We Invite You To Be Part Of Our ROAR Promotional Challenge & Go In The Running For A Fabulous Cinema Experience

We are spreading the word about our CAPA production and exhibition and taking our message to the shops and businesses in our local area. All students that find a free cinematic experience pretty irresistible are invited to pick up a ROAR production poster (or two) from Ms Lachevre in the Library and use their persuasive skills in order to have a local business display the poster in their windows or shop front. You might set your sights on a local business in Stanhope, Rouse Hill, Quakers Hill, Farnham Rd or Blacktown.

To be a part of this challenge you need to send or show Ms Lachevre a photo of your Roar poster hanging in the shop front and reference your name, so we know who to assign the token to. This competition is open to all students, whether you're in the show or not. Posters can be picked up from the Library on Monday. Photos must be submitted to by Ms Lachevre by Wednesday the 22nd of October, as we are drawing the winner on Thursday the 23<sup>rd</sup> of October during our Week 3 assembly.

#### Purchasing Tickets for this Fabulous Event

Tickets can be purchased by students at the front office, or alternatively, at the door on the performance evenings.

#### How to Order Your CAPA Showcase Tickets:

Collect your '2014 CAPA Showcase Ticket Order Form' from the front office, download it from the school website or use the copy included within this edition of Contact, then follow the steps below...

#### Step One:

Select the performance evening you wish to attend and the tickets you require and record this data of the lower portion of the '2014 CAPA Showcase Ticket Order Form'.

#### An Ordering Example:

EVENT	COST	TICKETS REQUIRED	TOTAL DUE
'Roar' 2014 CAPA Showcase	CW It = \$15	x1 -N	\$15
Tuesday the 4th of November 6	Child = \$10	x2 ale Or	\$20
'Roar' 2014 CAPA Showcase	Adult = \$15	Agmb.	\$15
Wednesday the 5 <sup>th</sup> of November	Child = \$10	×0	Nil
	3.72	TOTAL DUE:	\$50

Step Two: Present your completed copy of the '2014 CAPA Showcase Ticket Order

Form' to the Front Office Staff when finalising your ticket purchases.

Step Three: Present your receipt, and this form, to the Social Science Staff (at lunch) to

select specific seats for the evening(s) you have nominated. Tickets will be distributed by the Social Science Staff only when they see evidence of

payment. (Do not misplace your receipt!)

Step Four: Bring your tickets to your chosen event and have a rip roaring night of stellar

entertainment.

#### **TERM 4 CAPA Showcase Rehearsal Schedule**

TERM 4 – WEEK 3 SATURDAY the 25 <sup>th</sup> of OCTOBER				
NOTLEY-SMITH		COLE	SPRING	TONG
TIME	Hall	H12	H7	Library
11:30 am – 1:30 pm	(11:30 -12:00 in PS)		Students involved in	Choir
1:30 pm – 2:00 pm	TBA	All Rock Bands	Light Project + Light Photography for CAPA	
2:00 pm – 3:00 pm	(Enquire with	77120 00 00 10 10 10 10 10 10 10 10 10 10 10	Night	
3:00 pm – 4:00 pm	Ms Notley-Smith & Mr Dacey for details)			

TERM 4 – WEEK 4 WEDNESDAY the 29th of OCTOBER		
H14	(2:25 pm – 4:00 pm)	Choir
H12	(2:25 pm - 4:00 pm)	Rock Band
Common Room	(2:25 pm – 4:00 pm)	Drama Ensemble
Performance Space	(2:25 pm - 3:10 pm)	Roma's Dance Ensemble
Performance Space	(3:10 pm - 4:00 pm)	Razbusek's Dance Ensemble

TERM 4	– WEEK 4	SATURDAY the 1st of NOVEMBER	'TECHICAL RUN'
TIME			
9:00 am – 4:00 pm	All Cas	t and Backstage Crew are to meet in the Hall for before we begin to run through the show i	

TERM 4 –	WEEK 4	SUNDAY the 2 <sup>nd</sup> of NOVEMBER	'DRESS REHEARSAL'
TIME		ALL CAST + BACKSTAG	E CREW
10:00 am – 4:00 pm All C		and Backstage Crew are to meet in the Ha before we begin to run through the sh	

TERM 4 – V	EK 5 MONDAY the 3 <sup>rd</sup> of NOVEMBER 'PS + RETIREMENT MATINE	E'		
TIME	ALL CAST + BACKSTAGE CREW + MAKE-UP CREW + SELECT FOH CREW			
8:45 am – 12::45 pm	All Cast, Backstage, Make-up Crew & select FOH Crew are to quickly have their names marked off in Roll Call, before going to the Hall for a morning briefing to again recap the Matinee Running Order (which is an abbreviated version of the main show).			
(Matinee runs from 10:25 am – 12:30 pm)	Students will then quickly change, apply any required make-up, before we undertake a brief technical run through with the cast marking their pieces and their entrances.			
	All students and staff will return to class for Periods 5 & 6.			

TER	RM 4 – WEEK 5 TUESDAY the 4 <sup>th</sup> of NOVEMBER 'OPENING NIGHT'		
TIME	ALL CAST + BACKSTAGE CREW + MAKE-UP CREW + FOH CREW		
5:00 pm	FOH Crew begin ticket sales, as the doors open early for the Exhibition FOH Crew begin preparing the Quakers Café – Coffee Machines + Popcorn machines + store layout		
5:45 pm	Make-up Crew are available to assist with performer's preparation Pre-show performers check in with Mr Brooks and undertake an audio-check		
6:00 pm	Pre-show entertainment begins Food/drink sales begin All performers arrive and move to the 'Green Room' (the Performance Space) and check in with the coordinating teachers		
6:52 pm	Pre-show entertainment concludes Performance count-down commences		
7:00 pm	ACT 1 BEGINS		
8:25 pm	INTERMISSION Exhibition time Light Installation Performance/Procession begins from CAPA Quad Area Mid-show entertainment begins in Hall Food & drink sales begin outside kitchenette Raffle draw – Lauretta Claus		
9:00 pm	ACT 2 BEGINS Café pack-up begins Installation work returned to CAPA		
10:40 pm	Show finishes Strike Set Move stage back to the Performance Space Pack-up Hall and Performance Space		

Move Art-boards to the Performance Space

TERN	14 – WEEK 5 WEDNESDAY the 5 <sup>th</sup> of NOVEMBER 'CLOSING NIGHT'	
TIME	ALL CAST + BACKSTAGE CREW + MAKE-UP CREW + FOH CREW	
5:00 pm	FOH Crew begin ticket sales, as the doors open early for the Exhibition FOH Crew begin preparing the Quakers Café – Coffee Machines + Popcorn machines + store layout	
5:45 pm	Make-up Crew are available to assist with performer's preparation Pre-show performers check in with Mr Brooks and undertake an audio-check	
6:00 pm	Pre-show entertainment begins Food/drink sales begin All performers arrive and move to the 'Green Room' (the Performance Space) and check in with the coordinating teachers	
6:52 pm	Pre-show entertainment concludes Performance count-down commences	
7:00 pm	ACT 1 BEGINS	
8:25 pm	INTERMISSION Exhibition time Light Installation Performance/Procession begins from CAPA Quad Area Mid-show entertainment begins in Hall Food & drink sales begin outside kitchenette Raffle draw – Lauretta Claus	
9:00 pm	ACT 2 BEGINS Café pack-up begins Installation work returned to CAPA	
10:40 pm	Show finishes Strike Set Move stage back to the Performance Space Pack-up Hall and Performance Space Move Art-boards to the Performance Space	

#### PRINCIPAL'S AWARDS

Year 7 Natasha Fernandez, Kayla Randall

Year 8 Camryn Batchelor (Silver), Sarah Branson (Bronze)

Year 10 Alyssa Manalo (Bronze), Jarrod Mathew,

Maddison Smith



#### Wyndham College

#### Friends of Wyndham Uniform Shop

Dear Parent/Caregivers,

Below is information to help you with the process of purchasing new uniforms for 2015

Wyndham College is a Uniform School Therefore all students are expected to wear full school uniform.

Due to large number of Year 11 students purchasing Uniforms foe 2015, your are urged to purchase your uniforms early. The Information night is a very busy night so unfortunately there could be delays. We endeavour to stock sufficient quantities of uniform but if an order is required prepayment will be necessary.

We do exchange but, returns must be in original condition including attached labels and must be accompanied by the receipt.

The uniform shop maintains the lowest possible prices and is the main fundraising activity of Friends of Wyndham. All profit from the uniform shop goes back into the school.

The people serving you are volunteers. If you would be interested in volunteering to help at this busy time please feel free to contact Linda Robertson on 0421 570 005.

The Uniform Shop is open on a Monday at lunchtime 12.30pm-1.30pm check website

Below are the additional opening times for your convenience:

#### Term 4-2014

Monday 17 November 2014 6.30pm—9pm—Yr11 (2015) Information Night

Monday 15 December 2014 6pm-8pm

#### School Holidays—2015

Thursday 15 January 9am—2pm

Thursday 22 January 9am-2pm

Tuesday 27 January 5pm-6.30pm (Pupil free day)

#### Term 1-2015

Return to normal hours

Monday 2 February 12.30pm-1.30pm

#### **QHHS Contact**

GIRLS	PRICES
* White Unisex Polo with Logo	\$20.00
* White Blouse with logo	\$27.00
* School Tartan Skirt	\$50.00
* Long Grey Slacks	\$40.00
* School Jumper with logo	\$70/\$80.00
* School Jacket with logo	\$50.00
* White ankle socks	
* Black pantyhose- no knee high stockings	
* Black leather shoes	
* Tie ( optional )	\$20.00
BOYS	
* White Unisex Polo with logo	\$20.00
	\$20.00 \$27.00
* White Unisex Polo with logo	
* White Unisex Polo with logo * White Business shirt with logo	\$27.00
* White Unisex Polo with logo  * White Business shirt with logo  * Long Grey trousers	\$27.00 \$35.00
* White Unisex Polo with logo  * White Business shirt with logo  * Long Grey trousers  * Grey Shorts	\$27.00 \$35.00 \$30.00
* White Unisex Polo with logo  * White Business shirt with logo  * Long Grey trousers  * Grey Shorts  * School jumper with Logo	\$27.00 \$35.00 \$30.00 \$70/\$80.00
* White Unisex Polo with logo  * White Business shirt with logo  * Long Grey trousers  * Grey Shorts  * School jumper with Logo  * School Jacket with Logo	\$27.00 \$35.00 \$30.00 \$70/\$80.00
* White Unisex Polo with logo  * White Business shirt with logo  * Long Grey trousers  * Grey Shorts  * School jumper with Logo  * School Jacket with Logo  * White ankle socks  * Black leather shoes	\$27.00 \$35.00 \$30.00 \$70/\$80.00

All items except socks /stockings and shoes are to be purchased from the school Uniform Shop to keep the colour of the school uniform consistent.



MOTIVATIONAL SPEAKER, LEADER & SOCIAL CHANGEMAKER
—— GLEN GERREYN WILL INSPIRE AND MOTIVATE YOU ——

Do you have a teenager?

If you have a teenager
it's no secret you have one
of the hardest jobs in the
world so don't miss this
fantastic opportunity!

Parents are invited to attend this

life changing workshop aimed at
equipping you with positive and
powerful skills to raise resilient and
successful teenagers.

The session is uplifting and motivational and will provide skills for each member of the family to contribute, support and encourage each other.



Achieve great things in your life



Find your place in the world



Make positive life choices



Build long lasting relationships

6:45pm Wednesday 29th October 2014 William Clarke College, 1 Morris Grove, Kellyville

RSVP to natalie.paoli@2realise.org.au or 02 9639 0253

Special thanks to The Hills Shire Council and William Clarke College.

This initiative has been brought to you by 2realise, Wesley Family Centre The Hills, MTC Australia and Castle Hill Police.











# SECONDARY SCHOOL STUDENT TAXFILE NUMBER PROGRAM – THE EASY WAY TO GET A TAX FILE NUMBER

#### **Parent Information Letter**

Dear Parent / Carer,

The Australian Taxation Office (ATO), with the cooperation of schools, offers students aged 13 years or over the opportunity to apply for a tax file number (TFN) through school. This is a voluntary program and makes it easier for students to obtain a TFN. Students need a TFN for employment, applying for Centrelink benefits, opening a bank account or deferring university fees.

Applying for a TFN through school is easier because students do not need to show identifying documentation to the ATO. The application form is available from the school and students can complete it at home. The form requires information such as the student's name, address and date of birth. Students also need to provide the following details:

students born in Australia will need to provide their

- -birth certificate number, state of issue and year of registration, or
- -Australian passport number and date of issue.

students born overseas will need to provide their

- -overseas passport number and country of issue, or
- -Australian citizenship certificate number and date of issue, or
- -Australian passport number and date of issue.

It is important that the application form is fully completed and **signed by the student.** All information provided on the form will remain confidential.

The school will certify the application form by cross-checking against the information held on their records. Students are not required to show identifying documentation to school or the ATO.

PLEASE NOTE: Quakers Hill High School will post completed applications to the ATO 2-3 times each term (approximately every 3 weeks). Students will receive their TFN via a notification letter sent to their postal address within 28 days of the application being received by the ATO.

#### Enquiring on your child's behalf

Due to privacy provisions, parents of children aged 14 or older may enquire about their children's tax affairs only if they are registered as an authorised contact with the ATO. After your child has received their TFN they can authorise you by phoning the ATO on 13 28 61 between 8.00am and 6.00pm, Monday to Friday. For more information – Contact Mr Hutton at QHHS on 9837 1533.

#### **EMAIL ADDRESS REQUEST**

**Greetings Parents and Carers** 

PARENT/CARER SIGNATURE: \_\_\_\_\_

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and <u>legibly</u> complete the following and return it to school with your child.

Lauretta Claus	
Principal	
February 2014	
""""	""
QUAKERS HILL HIGH SCHOOL - EI	MAIL ADDRESS REQUEST
CHILD NAME:	YEAR:
PARENT'S EMAIL ADDRESS:	

#### CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

Signed:	
MEDICAL PROBLEMS (IF ANY)	
EMERGENCY CONTACTS:	
PHONE/MOBILE:	
CARER 2 NAME:	_
PHONE/MOBILE:	
CARER 1 NAME:	
MOBILE NO:	
WORK PHONE:	
HOME PHONE:	
ADDRESS:	
YEAR:	
NAME OF STUDENT:	

70 Lalor Road

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Fax: (02) 9837 1747

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