



Christina,
Quakers Hill,
LOSES 40kg

"With Adams knowledge, encouragement, motivation and challenging workouts. Along with your own personal dedication, determination and perseverance you'll get the results you desire. I'm not saying it's going to be easy but it is soooo worth it. If I could do it anyone can!!"

Christina, Quakers Hill.

Repetitions is a Fitness company, which caters for Group Fitness and Personal Training.

What you can look forward to:

- Guaranteed Results
- Encouragement and Motivation
- Losing weight
- Meeting new people
- Improving Strength and Fitness
- Having fun
- Challenging workouts

	MON	TUES	WED	THU	FRI	SAT
6AM	Boxing	X-Train	Strength & Tone	Circuit		
8AM						X-Train
4PM		X-Train		Boxing		
5.15PM				Strength & Tone		
6PM	Boxing	Strength & Tone	X-Train	5.15pm - 7.15pm		
7PM	X-Train	5.15pm - 8.00pm	Circuit	Boxing		
7.15PM						
8PM						

Sessions are held at
85 Hambledon Road Schofields, Terra Sancta College.



Adam Simpson
HEAD TRAINER

m: 0430 072 528
e: adam@repetitionspt.com
w: www.repetitionspt.com

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UPCOMING EVENTS

7 March

Zone Swimming

10 March

6.30pm Year 7 Camp
Information Meeting

P&C AGM 7pm followed
by normal meeting

12 & 14 March

Trial Naplan

13 March

Selective High School
Test 8-2 hall

Photo backup day

14 March

Year 8 Scripture Periods
1&2

17—19 March

Year 7 Camp

17 March

Sydney West Swimming
Narrabeen/Dee Why
excursion

21 March

Contact issued



Highlights in this issue

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Prosperitas at Barnier Primary P.15

PRINCIPAL'S REPORT

STUDENT LEADERSHIP INDUCTION ASSEMBLY

Last Thursday I had the pleasure in participating in our annual Student Leadership Induction Assembly. At this assembly we acknowledge all the wonderful students who eagerly assume the responsibility of leadership across our school. Many thanks to: Ms Valatiadis, Ms Del Pinto, Mrs White, Ms Grantham, Ms Paa and Ms Lachevre, for their organisation of this induction assembly but also their commitment to providing our student body with invaluable leadership opportunities. Congratulations go to:

STUDENT LEADERSHIP 2014

Captains – Justin Acuesta and Kaitlyn Hockey
Vice Captains – Sean Mulvany and Alyssa Manalo

SRC 2014

Year 7
Jordan Ayyad
Billie Farla
Geoffrey Garcia

Laura Towell
Erin Wilson

Year 8
Genesis Asuncion
Micah Bonello
Adam Coleiro
Emily Elder
Ashleigh Kennedy
Neridah McRae

Year 9
Jacob Chin
Timothy Devanathan
Tamara Savage
Katie Towell
Boaz Villarosa
Christopher Wadey

Year 10
Joshua Ahmad
Jessica Bobbin
Bradley Lannoy
Elizabeth Micallef
Chloe Silva
Alicia Stattmann

Peer Counsellors

Jaime Cumbo, Emily Dive, Clare Miller, Cody Ann Price, Tamarah Bradley, Bradley Lannoy, Julian Bugarin, Bradley Coleiro, Andrea Deller, Corey Dickson, Renee Har-



Education &
Communities

radine, Kaitlyn Hockey, Shivam Kaushal, Kethini Krishnar, Kavya Mathur, Chloe Silva, Bhoomika Sreenivasan, Rebeka Wojcicka, Steven Woodward, Jaimie Bonsall, Jeremy Bushell, Gemma Hewitson, Vrinda Talwar, Shania Tweedie and Sarah Wakeling.

House Captains

- Ravensworth – Tamarah Bradley, Joshua Ahmad, Aiden Bath and Paige Bootle
- Oberon – Harley Downton, Amy Dunn, Pita Faulalo, Russell Galli
- Yallah – Daniel Gill, Hannah Kemp, Bradley Harrison and Emily Laughlin
- Gundagai – Jordan McGregor, Jessica Mason, Jarrod Mathew and Elizabeth Micallef
- Bathurst – Blake Simpson, Jade Olsson, Tamara Savage and Nikolas Savage
- Perisher – Breannon Thompson, Matthew Walker, Alicia Statmann and Zac Toomey

Year 5/6 Information Evening

Congratulations and a big thank you to Ms Melissa Lachevre for her organisation and coordination of the Year 5/6 Information Evening. This activity was very well attended by prospective Year 7 students and their families. This evening is an integral part of the school's transition strategy as well as an opportunity to promote the wonderful students and staff we have at this school and our quality facilities.

Updating Emergency Contact Details

It is absolutely imperative if there have been any changes in emergency contact details that they be given to the school as soon as possible so that in the event of a medical emergency we are able to contact the right people. Could you please complete the form below and give it to your child to return to the front office, if there have been any changes to contact details.

School Photos

Last Wednesday the school held its annual Photo Day. A big thankyou to Mr Daghel for his meticulous organisation of this big event and thankyou also to all the students who came in full uniform for this important occasion. These photos are not

only valuable family memories but also are a key part of the school welfare referral s and attendance systems, with over 1060 students to supervise and care for, up to date photos assist with this process.

Maintenance Work across the School

As part of the DEC annual maintenance program, our school has been able to get all our student toilets painted as well as all the internal doors in our school hall. Doors are also being replaced in some of the boy's toilets and the TAS and Music classroom doors will also be painted. The program works includes a new concrete area between D7 and D8, to create a recreation area for the Support Unit, during recess and lunchtime.

No doubt you are well aware of the tragedy at Pitt Town PS last week when a student was struck and killed by a branch from a tree. Our General Assistant, Mr Sale, is very vigilant of the status of the many trees on our school grounds. In fact, we had two trees removed in the first week back because they presented as being in a dangerous condition. We will continue to be vigilant and organise, as per DEC instructions, to have all of the trees on our school grounds assessed by a qualified arborist.

Helping your daughter say no to peer pressure

Your daughter's school friends are her closest confidants and her meanest critics. Experts on teen girl angst share their wisdom on taking the heat out of peer pressure.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/behaviour/helping-your-daughter-say-no-to-peer-pressure>.

Quakers Hill High School

70 Lalor Road

Quakers Hill NSW 2763

Phone: (02) 9837 1533

Fax: (02) 9837 1747

email: quakershil-h.school@det.nsw.edu.au

Website: www.quakershil-h.schools.nsw.edu.au

Principal: Mrs Lauretta Claus

KILDARE ROAD MEDICAL CENTRE

ANGELINE VIOLI

Exercise Physiologist, *B.App.Sc.(Ex.Sp.Sc) ESSAM*

Angeline completed a degree in Exercise & Sport Science at Sydney University and is an Accredited Exercise Physiologist with Exercise and Sport Science Australia (ESSA). With experience in aged care, rehabilitation, weight loss and chronic disease management, Angeline will create an individualised exercise program to help you achieve your goals. Angeline has developed diabetes management and falls prevention programs for the community and believes in a multidisciplinary approach for all health concerns.

The correct exercise regime can assist in the management of many conditions, including diabetes, hypertension, joint replacements (pre- and post-operation), metabolic syndrome, MS, musculoskeletal conditions, neurological conditions, obesity, osteoarthritis, osteoporosis, Parkinson's disease & more.

To make an appointment with Angeline, call Reception on 8822 3000.

OPEN 7 DAYS 8:00AM TO 8:00PM

Book your GP appointment online at: www.kildaremedical.com.au

36 Kildare Road, Blacktown 8822 3000

Next to Westpoint

Interested in playing Netball this year?

Come and play for The Flamingo Netball Club.

We are looking for players 9, 12 and 13 years old.

All ages are welcome.

Anyone interested in coaching a netball team, we'd love to have you.

For more information, contact Melinda on

0433435641

CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

NAME OF STUDENT: _____**YEAR:** _____**ADDRESS:** _____

HOME PHONE: _____**WORK PHONE:** _____**MOBILE NO:** _____**CARER 1 NAME:** _____**PHONE/MOBILE:** _____**CARER 2 NAME:** _____**PHONE/MOBILE:** _____**EMERGENCY CONTACTS:** _____

MEDICAL PROBLEMS (IF ANY) _____**Managing risk-taking in teen boys**

Today's 'Nintendo' generation of teen boys get to save the world every day on the computer. In the real world, they can be forbidden from going down the road alone.

It's a conundrum parents need to be aware of because without the chance to take part in real adventures, things can become a bit dull – teen boys' desire to explore life can get out of hand if they're not given some space to do it safely.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/behaviour/managing-risk-taking-with-teen-boys>.

Homework help

Do you struggle to understand your child's homework? Does your child need to practise their spelling and times tables? Are you looking for inspiration for projects and assignments?

The free School A to Z app has been created by the Department of Education and Communities to help parents and their school-aged children, wherever and whenever they have homework and study questions.

Find out more: <http://www.schoolatoz.nsw.edu.au/about/mobile-applications/school-a-to-z>.

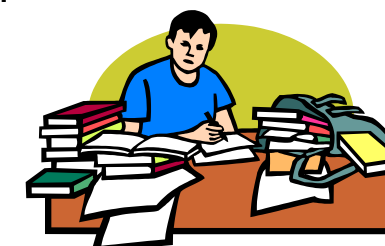
Homework and multi-tasking

Somewhere along the line we seemed to have absorbed the idea that teenagers can multi-task perfectly because they're digital natives. Can kids really do their homework and multi-task?

Find out more: <http://www.schoolatoz.nsw.edu.au/technology/using-technology/homework-and-multitasking-can-it-be-done>.

Have a great week.

Lauretta Claus, Principal

**MESSAGE FOR PARENTS—STUDENTS LEAVING EARLY**

If you need to pick up your child early from school:

Write them out a note in the morning.

Tell your child to give the note into the office before roll call in the morning.

The office staff will issue your child with an Early Leavers Note which allows them to leave class at the time mentioned on the note.

Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

REMINDER—EVERY WEDNESDAY ALL STUDENTS FINISH AT 2.25pm

THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM

DEPUTY PRINCIPAL'S REPORT

ELECTRONIC DEVICES

Now that students have settled in to the new school year it is important to remind the community of the Personal Electronic Device policy –

Preamble:

Mobile phones, iPhones, MP3 players, iPods and similar devices are a part of modern society and the school accepts that many students will possess them. However, their application and relevance to learning are limited. Teachers and students have a right to teach and to learn in a classroom environment free from interruption by such devices and where learning is valued.

Electronic personal devices in schools, present a number of challenges. These include:

- Use of these devices which interrupts lessons and distracts and disrupts learning (M/A)
- Theft
- Mobile phones being used to contact outsiders who may enter the school illegally (S)
- Devices disrupting examinations and assessment tasks and distracting fellow students (A/R)
- Mobile phones used as a means of bullying other students (S/R/T)
- Devices used to film teachers and other students which is a breach of privacy and is a crime (R)
- Mobile phones used to film fights. Such footage may then appear on the internet thus affecting the repu-

tation of the school and those filming such events often contribute to the fight occurring in order to film it (S)

- The right of teachers to make educationally sound judgements on the appropriate and safe use of such devices in their classroom.

Policy:

We prefer that students not bring electronic personal devices to school. If, and when they do bring them to school:

1. The school accepts no responsibility for those devices that are brought to school and undertakes no responsibility to investigate their misplacement, loss or theft.
2. Our policy is that the authority to permit the use of electronic personal devices rests with the classroom teacher. The devices will only be allowed when the technology is directly linked to the learning outcomes of the lesson.
3. On entry to the classroom, these devices and earphones must be out of sight. They must always be switched off and out of sight during all assemblies.
4. Where a mobile phone rings during a lesson, assembly or meeting, the phone will be confiscated by a classroom teacher. If a teacher sees an electronic personal device being used or heard without permission, it will be confiscated and secured at the school front office. Students will collect their device from their respective Deputy Principal at the end of the

EMAIL ADDRESS REQUEST

Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter 'Contact'.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over \$5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus
Principal
February 2014

A horizontal timeline with six vertical tick marks. From each tick mark, a dashed line extends horizontally to the right, creating a series of segments. The tick marks are evenly spaced along the top of the timeline.

QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: _____ YEAR: _____

PARENT'S EMAIL ADDRESS:

[illegible][illegible]

PARENT/CARER SIGNATURE: _____

\$3,000 SCHOOL DONATION DEAL

INVEST FROM \$50 per week
No Cash Needed "If you currently own a house"

Why Invest in a property ?

- .Pay off your own home much quicker
- .Help pay for your Childrens Education
 - . Maximize your Tax Return.
 - . Build Investment Portfolio
- .Maximize your retirement income.
- .Build equity to buy your own home.

And so much more.

Costs of Investing ?

It costs around \$50 per week to own an investment property, Rental Income and the Government will pay the rest of the costs. If you currently own a house then no cash could be needed to purchase.

"Please mention this add on first call"

PHONE OR TEXT.

David 0433430697 / Malou 0430940906
newhomesaustralia@yahoo.com.au

**A new client in this context is someone who purchases an investment property through us asking for the your school donation, it does not work with any other voucher Or prior agreements and will be paid within a few days of WSDD getting fully paid by builder for new clients purchase, donation must be quoted on first contact.

SCHOOL DONATION DEAL. DONATING \$3,000

For everyone who mentions this add on there first call to us then becomes our new client.

TO YOUR SCHOOL

5 New Clients = \$15,000, 10 New Clients = \$30,000.

Plus you will also get \$2,000 for yourself if You refer a New Client. **

Example 1:

175m² House, 740m² Land, \$393,900, From \$50 Weekly
4 Bed, 2nd Toilet, Double Garage,
2 Living areas 1 Inside and 1 Outside
30 Minutes drive north of Brisbane,
One of Queensland's Biggest Builders.



Example 2:

142m² House, 348m² Land, \$338,900, From \$50 weekly
2 Bed, 2nd Toilet, Single Garage,
2 Living areas 1 Inside and 1 Outside.
Ipswich less than an hour to
Gold Coast and Brisbane,
One of Queensland Biggest Builders.



- Electronic personal devices are not to be used as a musical device, timepiece, calculator or personal organiser during class time. If a student uses it, it will be confiscated and secured with a Deputy Principal until the end of the day.
- It is an expectation that students will follow the SMART code and be respectful if and when their devices are confiscated. Any student who causes a disruption will be followed up with appropriate disciplinary action from an Executive member.
- Student infractions using electronic personal devices will be recorded and closely monitored. On the 3rd recorded infraction parents will be contacted. On the 4th infraction the student will be issued with a Formal Caution of Suspension for Continued Disobedience.
- For excursions and other extra-curricular activities electronic personal devices are not be used without the permission of the teacher in charge. This includes using them on buses travelling to and from the venue.

In addition:

- Teachers in the Support Unit will use electronic devices as they see appropriate to support the learning outcomes of their students.
- Where parents need to contact their children urgently during the school day, they are to use the school's telephone number. Urgent messages will be delivered to students.

I encourage parents to discuss these expectations, especially point 7, with their own children to avoid any conflict over their devices.

UNIFORM

Over the past weeks, several visitors to the school have commented on the exceptional way in which the students look with regard to their uniform. Congratulations to every student and parent that supports our policy so well – the image of the school is greatly enhanced. Uniform remains important to us as a way of identifying our students (in time of emergency) and in identifying anyone who should not be in the school. The shoes and our insistence on black leather, provides the required safety for practical subjects.

Thank you to the P&C, for running our store on a voluntary basis.

YEAR 7 CAMP

By now all payments should be in for the Year 7 camp. It will be an exciting time full of fun and laughs. Many students will meet new people and hopefully conquer some challenges. I'm looking forward to watching the students as they engage in the different activities. On Monday the 10th March we will have a Camp Information Meeting at 6.30pm, for parents. This includes, a Presentation from one of the Camp leaders.

FINAL INFORMATION FOR THE YEAR 7 CAMP 2014

Below are some details that you may find useful:

Departure: Monday 17 March – be at the school by 8am.

Return: Wednesday 19 March – we aim to be back before 3pm. Please do not block the bus turning area at the front of the school.

Parent Information Meeting (not compulsory): Monday 10 March at 6.30pm in the school library, afterwards Parents are welcome to attend the P&C meeting.

Mobile phones are discouraged. If your child has one it will be collected and placed in a zip lock bag for the duration of the camp. **Urgent messages** can be directed to the camp office on 4997 3044 or to the school on 9837 1533 and they will be passed on.

Cash: There is a shop that sells snacks/drinks/souvenirs that is open for a limited time each day. We encourage students not to bring large amounts of cash. They are provided with six meals each day.

Clothing: Students are to bring sufficient changes of clothing and be prepared for cool and wet weather. It is recommended that students bring a pair of old joggers and clothes that can get dirty, as one activity, can get very muddy.

Medication: Any medication indicated on the medical form plus any other medication subsequently prescribed should be given to Ms Mutch in a clearly labelled zip lock bag (with student's name, dosage, times and whether refrigeration is required) on arrival at the hall. Any student who becomes ill or is guilty of serious inappropriate behaviour, may need to be picked up from the camp, **please note this will be a 3hour round trip:** 38 Mackillop Road, Kincumber South, 2251.

Disco: Appropriate disco gear (no theme) is required for the first/second night.

If you have any questions, Mrs Maricic, Ms Mutch & Mrs Razbusek can be contacted at the school.

PACKING LIST:

Mess Kit – plate, cup, bowl, knife, fork, spoon,

tea towel – all clearly labelled. Water bottle, hat or cap, raincoat, sunscreen, back pack, torch, insect repellent, sleeping gear – sleeping bag, pillow, pyjamas or tracksuit, towel, washer, toothbrush, toothpaste, soap, shampoo, 2 pairs of shoes/joggers (thongs for going to and from showers only), plastic bags for wet clothing/shoes, socks/underwear x 5, 4 t-shirts (not mid-riff tops), 3 pairs of shorts, 2 pairs of long pants (trackpants OK), 2 jumpers. **PLEASE LABEL ALL ITEMS.**

For more information check the camp website at: <http://www.bushcamp.com.au/index.html>.

Ms B Maricic

Deputy Principal (Years 7 & 9)

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**UPDATED INFORMATION ABOUT
IMMUNISATION ON THE PUBLIC
SCHOOLS WEBSITE**

For information on NSW School-based Immunisation Program 2014 please go to:
<http://www.health.nsw.gov.au/immunisation>

**UNIFORM SHOP EXTRA OPENING
HOURS**

The uniform shop will open for your convenience on Wednesday 9 April 2014 from 6pm—8pm.

Shop early in time for winter. The shop gets very busy after the April holidays. After the April holidays the first opening day for the shop will be on 5 May as 28 April is a Pupil free day.



2014 YEAR 5 & 6 INFORMATION EVENING

It was a bustling and busy night, with throngs of people filling our school hall, waiting earnestly to hear about the unique opportunities that Quakers Hill High School can offer our prospective Year 7 students. The event was a balance of information, presentations and practical experiences within the many faculties around the school. Some earnest Head Teachers and their committed staff were preparing for the night weeks in advance, to ensure that their learning spaces showcased the best of their students' work. The night concluded with a grand tour of the school, during which our student leaders shone, articulately sharing their own experiences of high school, capably drawing focus to our resources and facilities and confidently discussing what each faculty provides for their learners, within the classroom and beyond. The fact that many parents lingered beyond the official finish time for the event, is testimony to how engrossing our teachers were and how informative and supportive our leaders were.

Our gratitude and appreciation goes out to the following student leaders for their contribution to the evening:

Justin Acuesta	Emma Goldsworthy	Britney Roe
Joshua Ahmad	Renee Harradine	Krystal Rothery
Sarah Andrew	Gemma Hewitson	Zachary Shaw
Oliver Arreza	Hayden Johnson-De Silva	Hamid Shinwari
Genesis Asuncion	Ashleigh Kennedy	Chloe Silva
Camryn Batchelor	Kethini Krishnar	Bryce Simpson
Aidan Bath	Janani Krishnar	Olivia Simpson
Alina Bernecic	Izabella La Cioppa	Emma Smith
Sarah Branson	Sehajpreet Lamba	Muskan Soni
Dominique Burke	Tom Luckman	Bhoomika Sreenivasan
Jeremy Bushell	Elliot Luckman	Alicia Statmann
Renee Clarke	Alyssa Manalo	Ricky Thornton
Bradley Coleiro	Kavya Mathur	Sarah Thurecht
Adam Coleiro	Kopal Mathur	Britney Toman
Jaimi Cook	Molly McDonald	Shania Tweedie
Fleur Coolen	Clare Miller	Paige Vornfett
Andrea Deller	Emily Morgan	Sarah Wakeling
Tisarane Dissanayake	Luke O'Keeffe	Erin Wilson
Emily Elder	Kate Poole	Steven Woodward
Scott Fitzgibbon	Jaysal Prasad	David Woodward

Secondary School Student TaxFile Number Program – The Easy Way To Get a TFN

Parent Information Letter

Dear Parent / Carer,

The Australian Taxation Office (ATO), with the cooperation of schools, offers students aged 13 years or over the opportunity to apply for a tax file number (TFN) through school. This is a voluntary program and makes it easier for students to obtain a TFN. Students need a TFN for employment, applying for Centrelink benefits, opening a bank account or deferring university fees.

Applying for a TFN through school is easier because students do not need to show identifying documentation to the ATO. The application form is available from the school and students can complete it at home. The form requires information such as the student's name, address and date of birth. Students also need to provide the following details:

students born in Australia will need to provide their

- birth certificate number, state of issue and year of registration, or
- Australian passport number and date of issue.

students born overseas will need to provide their

- overseas passport number and country of issue, or
- Australian citizenship certificate number and date of issue, or
- Australian passport number and date of issue.

It is important that the application form is fully completed and **signed by the student**. All information provided on the form will remain confidential.

The school will certify the application form by cross-checking against the information held on their records. Students are not required to show identifying documentation to school or the ATO.

PLEASE NOTE: Quakers Hill High School will post completed applications to the ATO, 2-3 times each term (Approximately every 3 weeks). Students will receive their TFN via a notification letter sent to their postal address, within 28 days of the application being received by the ATO.

Enquiring on your child's behalf

Due to privacy provisions, parents of children aged 14 or older may enquire about their children's tax affairs only if they are registered as an authorised contact with the ATO. After your child has received their TFN they can authorise you by phoning the ATO on **13 28 61** between 8.00am and 6.00pm, Monday to Friday. **For more information – Contact Mr Hutton at QHHS on 9837 1533**

ENGLISH NEWS

This last fortnight in the English faculty has been very productive. Year 7 has been continuing with their novel study, working on their portfolio assessment task and revising their literacy skills. It has been a smooth start to high school for most students and they are producing some engaging and high quality work. Below is a poem written by Madeline Rochester, focusing on the use of metaphors in representing aspects of herself.

Madeline Rochester – Year 7

I am a journal, honest, no rule,

I am a pool, refreshing and cool.

I am a screen, entertaining and nice

I am a song, meaningful and right

I am a wild horse, in control and free

I am a photo, clear with memory

I am a flower, blossoming and bright

I am a chocolate, sweet with every bite.

Year 8 is currently working on their matrix assignment while studying their class novels. Some very creative work is emerging from students in the variety of tasks that they have individually chosen to undertake.

Year 9 has been continuing their in-depth novel study while starting to gather information for their essay assessment task occurring in Week 10 of this term. Year 9 also have their Trial NAPLAN exams coming up in the next week, so some class time between now and their exams is being devoted to revising spelling, punctuation, grammar, persuasive writing techniques and reading comprehension strategies. All Year 9 are encouraged to focus particularly on their use of spelling, punctuation and grammar in all their writing tasks and to seek teacher assistance if they need it. Year 9 is also reminded that this is a formal assessment task and that attendance at the examinations is compulsory. Any absence must be accompanied by a medical certificate or a zero mark will be awarded.

Year 10 has just completed a comprehensive unit on grammar which started at the beginning of the year. For the rest of the year, the concepts and writing strategies learnt in this grammar unit will be reinforced in all subsequent units taught, through a focus on the language features and writing skills required for each unit. Short grammar activities will also regularly be included at the start of lessons to further reinforce the skills and concepts learnt this term. Some engaging and interesting creative and persuasive writing has emerged from students during the grammar unit and all English teachers are looking forward to seeing what our students can produce in our coming units.

All classes in Year 10 have now begun their novel study for the term with a wide variety of novels being studied across the classes. In this unit, students will be focusing on the themes, elements and relationships portrayed in their class novel in preparation for their essay assessment task in Week 10.

Writing Clubs

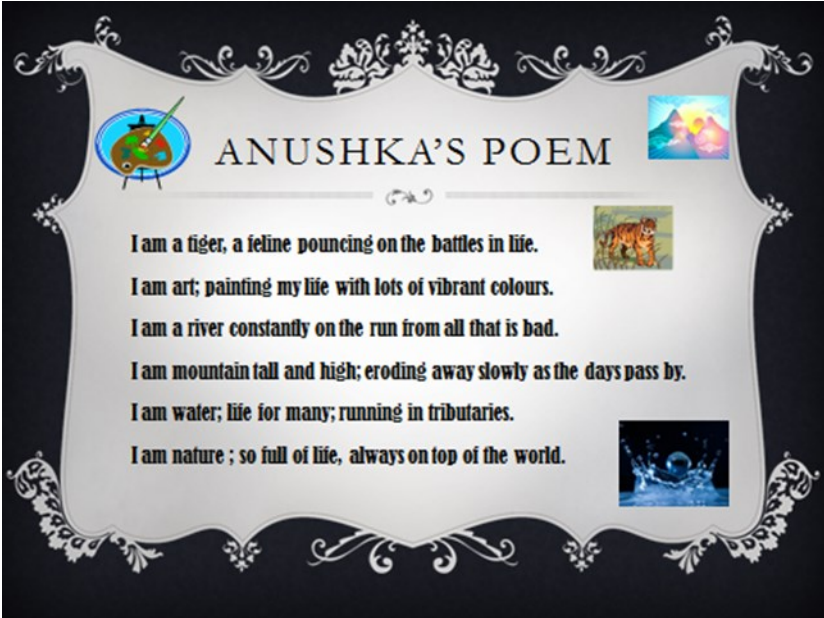
The Stage 5 writing club meets Monday lunchtimes in B14. The next meeting will be about how to generate ideas for your own creative writing pieces and how to get started on the writing process.

The Write4Fun competition is also open for all interested students with entries due at the end of March. All interested students need to see Ms Tweeddale in the English staffroom for entry forms and details.

Student interested in the Stage 4 Writing Club need to see Mrs Neylan in the History staffroom for information and competition entry forms.

Year 6 Taster Day

Below are two additional Year 6 poems created during the Year 6 Taster Day on Feb 11th, accidentally omitted from the last issue of Contact. The students were enthusiastic and enjoyed their short lesson in English, producing some colourful and creative poems.



PROSPERITAS WITH BARNIER PUBLIC SCHOOL

On Monday 24 February the combined schools' Prosperitas program started. This is a very exciting initiative in which 13 gifted and talented Barnier students complete extended projects in subject and skill areas of their own choice with guidance and mentoring from QHHS students and teachers. All student participants from Barnier Public School, their parents, their QHHS student mentors and QHHS mentor teachers met in the QHHS library for the grand opening of the project. Students, parents and teachers gathered in their mentoring groups to plan the student projects. It was a very successful afternoon with lots of creative ideas and enthusiasm from all sides. Our QHHS students were very impressive as mentors and provided excellent guidance to the 13 Barnier students. All of our QHHS students are being guided throughout the mentoring process by QHHS teachers, learning mentoring skills and having the opportunity to provide guidance and structure for the extended primary school projects. Mentoring sessions will be occurring throughout Terms 1-3, with the finished projects due to be displayed in Term 3, Week 5. Some photos of mentoring groups doing the initial highly enthusiastic and productive planning for the student projects:



STUDY SKILLS TIP FOR MARCH – 5 REASONS NOT TO PUT OFF STARTING ASSIGNMENTS

Here are 5 reasons why you should start working on your assignment immediately.

1. GET YOUR BRAIN THINKING ABOUT THE TOPIC:

Even if your assignment isn't due for weeks, start thinking about it immediately. At the very least, answer the key starter questions (below) on the day you get your assignment. Even if you are not thinking about it directly, your subconscious will be hard at work.

2. FIND LIBRARY RESOURCES:

Although the school or local library will probably not be your main source of reference, you should drop in soon after receiving the assignment. Your teacher will probably have alerted the school librarian to the assignment and reference books, magazines etc. may well be displayed. These will disappear quickly if the whole class has the same assignment. Books, periodicals, magazines can sometimes be a useful general overview for an assignment and they help to clarify a direction as you begin to immerse yourself into the assignment topic. It is not a good idea to only use Google!

3. DISCOVER OTHER RESOURCES:

You could also ask your local librarian for any additional direction on where to look for resource material for your assignment. Librarians are often your best source of information. They know how to help people access relevant and appropriate information, in books, the Internet or computer based references. One of the challenging aspects of Internet based searches for school students is the complexity, language and purpose of websites, not to mention bias and reliability.

4. STARTING EARLY MEANS MORE TIME TO EXPLORE & ASK FOR HELP IF NEEDED:

If you do some initial research on the assignment points you've identified through the library, references your teacher may have given you, school textbooks, and general internet search engines, you could find yourself having more direction in your research. For example: Perhaps there isn't enough information, or perhaps you find you don't understand important concepts, or perhaps you need to speak to your teacher to get further clarity. If you find this out early, you will still have plenty of time to plan, research, write and present your assignment. Imagine if you didn't start your assignment for a week or so, and then discovered you needed more guidance. You could easily run out of time.

5. CREATE A SAFETY NET:

Starting your assignment immediately will give you a safety net in case you get sick, or something unexpected happens. Assignments are usually given because they require more time; students must plan a strategy or schedule to ensure they are completed. You should always have a schedule that allows for the unexpected. So get started today! *Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au* Our school's access details are:
Username: quakershillhs Password: 45success
Ms K Naicker

SUPPORT UNIT INFORMATION

Camp

The Support Unit will be attending camp during Week 8 (17, 18, 19 March) held at Kincumber, the same venue as Year 7 camp. Reminder to parents to keep in mind the payment schedule allocated and that the camp medical forms are due this week. For students not attending camp there will be two collapsed classes still running at school.

Year 9 Excursion

Our two Year 9 classes will be joining the Social Science excursion to Leichhardt on Thursday 6 March. I'm sure they will enjoy the friendly Italian experience.

Mrs Jennifer Payne, Support Unit HT

MATHS NEWS

It has been great seeing students submit their assignments this term either before or by the due date. The quality of work from students has been fantastic where one of the year 9 assignments required financial scenarios to be considered, or a summary sheet developed about fractions, decimals and percentages.

Year 8 assignments required floor plans to be made and calculations on the amount of tiling and carpet required within the house (not exactly cheap to do this). Some individuals added more rooms to the house like a games room and an extra bathroom.

Also, if you are interested in participating in the Australian Mathematics or ICAS competition please come to the Maths staffroom to collect your note and make the payment.

HISTORY NEWS

Yesterday over 240 Year 9 and 10 students witnessed the amazing performances of Brett Hunt as he recreated primary sources from World War 1 and the Vietnam War. The students attending are to be praised for their excellent behaviour and attention. We look forward to seeing aspects of the performance used in their assessment tasks.

Year 9 and 10 have completed their source analysis task. In all classes students are working on the skills to complete their next task. Year 9 are learning about empathy through the stories of convicts and slaves. Year 10 are completing their decade study and are moving on to life leading into the Vietnam War period.

Year 7 are about to start their study on Egypt and have completed their first assessment task on Ancient Civilisations. Year 8 are working on their presentation on Ancient Greece.

Congratulations to all students who have submitted tasks this year. And to the over 60 students who have already been given a merit award or executive award this year.

Teaching and Learning:

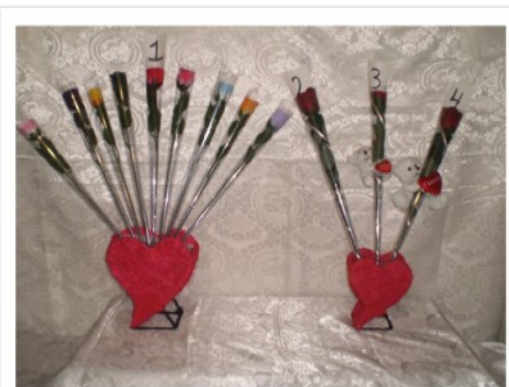
On the 12th and 14th March, Years 7 and 9 will be completing a NAPLAN style test as part of their assessment in English and Mathematics. Year 9 are reminded that Board of Studies rules apply to these tasks and a doctor certificate will be required if a student is absent.

SRC VALENTINE'S DAY FUNDRAISER

The SRC's first fundraiser for this year was Valentine's Day. This year the SRC organised many new fundraising events for Valentine's Day. These included a jellybean guessing competition called 'Beans of Love', we made, as well as sold, yummy heart cookies and we also had a raffle; the prize was a huge teddy bear. In Valentine's Day tradition, we also sold silk roses and teddy bears. One week before Valentine's Day, the SRC was busily selling roses, making love heart cookies, selling raffle tickets and selling guesses for the jellybean competition.



Finally the 14th of February arrived and many people were receiving beautiful roses delivered to their roll call. The school was filled with lots of love and colour from the 450 roses we had sold; you could say it was a LOVE-ly day! Mr Head was the lucky winner of our raffle and received the huge teddy bear. Also, congratulations to Mrs Shield who won the jellybean guessing competition. The correct amount of jellybeans in the 'Beans of Love' was 1147 and Mrs Shield's guess was 1150. Great job!



This was a successful fundraiser and we were able to raise \$657.00 which we will donate to The Cancer Council and The Black Dog Institute. We hope everyone enjoyed Valentine's Day at QHHS this year. Thanks to everyone at QHHS who contributed to this fundraiser including teachers, students, the SRC and of course a special thanks to Ms Del Pinto and Ms Valatiadis.

We look forward to next year's Valentine's Day fundraiser, but stay tuned for many more fundraisers from the SRC

this year!

By Alyssa Manalo



VISUAL ARTS AND MUSIC

Visual Arts and Music are off to a hectic, but great start in 2014.



We would firstly like to congratulate Mrs Nicholls, one of our talented Music teachers on the birth of her beautiful baby girl, Ivy. We wish them every happiness .

Year 7 are creating fabulous printed and painted artworks in lino and paint experiments. They are being expressive in using their "Real to Abstract" theme and are discussing world famous artists who use these techniques in class for their computer research task.



7 Art 9- "Real to Abstract"



CA101- Fantasy Creatures

There is an excursion booked for Wednesday 9 April, to the *Artexpress* exhibitions and the 19th Sydney Biennale contemporary art festival. Students in CA101 and 102 will be receiving their permission notes this week to attend this display of the most successful HSC artworks from last year. This work will inspire our elective students. CA102 students are working on ceramic portrait busts – a challenging project, that will be rewarding! Photography students should also be alert to an exciting excursion opportunity before the end of term. We are also organising Gifted and Talented extension opportunities, including an overnight camp on Cockatoo Island in early June to coincide with the finale week of the Biennale experience. CA101 are developing artworks, collecting found objects to assemble into sculptural forms using Surrealism to inspire them. We are expecting extraordinary 3d creatures! We are looking forward to an eventful, Arty year!

PARENT TEACHER EVENINGS

Semester 1 Year 7 Parent / Teacher Evening will be held on Wednesday 9th April 2014 between 3.30pm and 6.30pm.

Semester 1 Years 8, 9 & 10 Parent / Teacher Evening will be held on Wednesday 7th May 2014 between 3.30pm and 6.30pm. All parents are invited to attend and discuss their child's progress with **all** of their teachers.

I encourage all parents to discuss with their children what times they would prefer to visit the school so that when students receive their booking sheets, they can record your preferred times and start making appointments immediately. The longer these bookings are left the more difficult it will be to record appointments within your preferred times. It will be the responsibility of each student to arrange interview times with their teachers on your behalf within your preferred times. Please ensure that interviews have been arranged to your satisfaction. Year 7 students will receive their booking schedule in Week 8 in Term 1. Years 8, 9 and 10 students will receive their booking schedule in Week 9 in Term 1 during roll call and they can then immediately begin to make appointments.

Appointments will be restricted to 7 minutes in order to accommodate all parents unless the teacher requires an extended interview and it is highly recommended that you allow 7 minutes between each interview to give parents time to move between teachers. Students are also invited to help their parents find their teachers and also to listen to the discussions about their progress. The library would greatly appreciate if any parent would like to donate a book or some computer software that could be used as a resource to help student learning. Teachers of Quakers Hill High School look forward to meeting with parents and carers for an informative night.

Mr P.Sultana, Organiser

WELFARE NEWS

Vaccination documentation will be handed out next week to Year 7 students as well as Year 9 boys. These will be the dates of the Vaccinations days this year:

Thursday 4 April 2014	Yr7, 1 st Dose HPV (All students)
	Yr7, 1 st Dose dTpa
	Yr9, 1 st Dose HPV (Boys only)
Friday 13 June 2014	Yr7, 2 nd Dose HPV (All students)
	Yr7, Varicella
	Yr9, 2 nd Dose HPV (Boys only)
Friday 10 October 2014	Yr7, 3 rd Dose HPV (All students)
	Yr9, 3 rd Dose HPV (Boys only)

This program is only free when delivered via the school program run by the Department of Health. If your child has not brought home the Vaccinations Forms, please ask them to collect it from Mrs Brakell in the Welfare Department. Forms are due back by Friday 28 March 2014 and to be placed in the front office in a Vaccinations box provided. Please be aware any enquiries about the program, especially those of a medical nature, should be made to the Department of Health on this number: 9840 3603.

BOYS OPEN BASKETBALL

Last Thursday afternoon the Nirimba Collegiate Open Boys Basketball played their first round game against Erskine Park High School. This was the fourth year in a row we had played Erskine Park with all previous results going our way. The game started with both teams struggling to score on a slippery outdoor court but once the boys steadied themselves they took control of the game. The first half finished as the rain began to fall and we were in possession of a 20 point lead.

The second half began with the rain still falling lightly and our boys continuing their hot shooting. With excellent team work we increased our lead and were never challenged in the end as we ran out winners with the final score being 67-21. It was a great team effort and we look forward to our next game against Glenwood High School next week.

Mr Barry

2014 ALPINE EXCURSION

As summer draws to a close it's time for preparations for the annual Nirimba Collegiate Ski Trip to commence. In 2013 we took 38 students from Seven Hills High School, Wyndham College and Quakers Hill High School. We had an excellent trip with outstanding conditions and the 2014 trip looks to be another great experience for students. In 2014 the trip will run from Tuesday August 26th to Saturday August 30th.

With snow falls not happening for a number of months it's hard to think about going skiing and snowboarding yet but now is the time students are invited to pick up an application form from the PDHPE staffroom. The Ski Trip is open to all students at Quakers Hill High School in all years. Application forms should be returned to Mr Barry or Mr Nash by March 14th. If you have any questions regarding the Ski Trip please don't hesitate to call Mr Barry at school.

Mr Barry



TAS NEWS

The Technology Department wishes to illustrate over the next few newsletters examples of students' work, their opinions and achievements. To start with we will display a short film made during Food Technology that shows a clear understanding of skills learned and a link between theory and practical work in class. Students show great enthusiasm toward Food Technology and other practical tasks and these activities help connect learning in their minds.

A vast amount of student work was displayed on Tuesday this week the Year 5 and 6 Information Evening where students and parents of our future students were able to see the fantastic attitudes of our current students, meet some staff and get a first-hand look at how our practical areas work.