

# CONTACT



VOLUME 21—ISSUE 17

15 NOVEMBER 2013

NSW Department of Education & Training

## PRINCIPAL'S REPORT

### LIBRARY OUT OF ACTION

Commencing Monday 18 November our school library, performance space and quad toilets will be out of action for approximately 2 weeks, while our library roof is replaced. We have had issues with our library roof leaking for the past 10 years and Ms Lachevre is very excited that it is finally being fixed. Due to the fact we were going to lose 2 learning spaces and our quad toilets, I had to select a time for these renovations when a significant number of our students were off the school grounds. The renovations coincide with Year 7 & 8 Swim School and Year 10 Orientation so we should be able to manage the loss of facilities. The contractor has promised me that we will have the performance space and quad toilets back in action by Wednesday 27 November for our Year 6 Orientation Evening and Orientation Day.

### ADDITIONAL SUPPORT UNIT CLASS IN 2014

In 2014 we will have an additional Support Unit class. We welcome six Year 7 students and one Year 8 student to our Support Unit and will have a new demountable for their classroom as well as an additional space for the new Support Unit staff room. Mrs Payne is currently working on filling the new staffing position for this new class.

### SCHOOL WEBSITE

The school has continued to update information for parents on our school website. Mrs Cooper has been busy adding the 2014 school calendar and the changes to our Welfare structure next year. I would encourage all parents to take the time to look at the website as they prepare your child for the new school year.

### WHAT IS A HOMONYM?

Let's face it, English can be a crazy language. Take homonyms, for example. These are words that are identical in pronunciation and spelling but have different meanings. This homonym list will provide some clarity. Find out more: [http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-a-to-z/-/english\\_glossary/8Qum/1084/homonym](http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-a-to-z/-/english_glossary/8Qum/1084/homonym)

## Upcoming Events

**18—22 November**  
Year 7 Swim School

**18 & 19 November**  
Year 10 Orientation @  
Wyndham

**19 November**  
Premier's Sporting Challenge  
Years 8 & 9

**21 November**  
Year 8 Viking Excursion

**25—29 November**  
Year 8 Swim School

**27 November**  
Year 6 Orientation Night

**28 November**  
Year 6 Orientation Day  
Year 7 Viking Excursion

**29 November**  
Contact issued

**2 December**  
P&C Meeting

**3 December**  
Big Day Out—Jamberoo

## COMMUNITY LANGUAGES

Do you speak a language at home other than English? Would you like your child to learn that language or improve their skills? Saturday School of Community Languages enrolments for 2014 are now open. Find out more: <http://www.sscl.schools.nsw.edu.au/how-to-enrol>

Have a good week.

**Lauretta Claus, Principal**

## DEPUTY PRINCIPAL'S REPORT

### SWIM SCHOOL

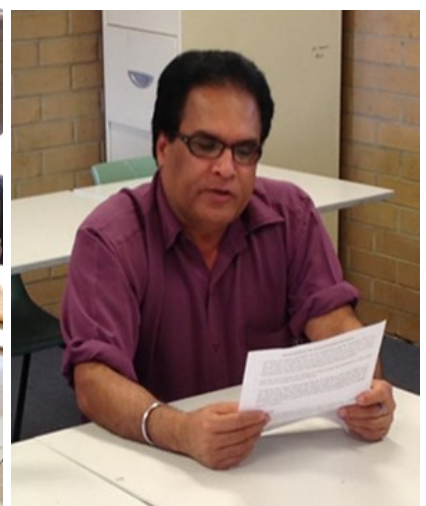
A reminder to all Year 7 & 8 parents and students that Year 7 swim school is taking place Week 7 and that Year 8 swim school is taking place Week 8. If your child is not attending swim school, it is important that you still send them to school where a range of meaningful teaching and learning activities are still taking place each day.

### MAINTAINING THE SMART CODE

As assessment tasks draw to a close and final academic reports are being written, there is often a tendency for negative behaviours to start creeping in, for students to take less time and care in their learning and for an increased rate of absenteeism. It is a QHHS expectation that all students continue to wear full and correct uniform, bring all the required equipment for learning, arrive at school on time and attend each day until the end of term. Increasingly Mrs Maricic and I are encountering students who believe that these elements of the SMART code can be ignored towards the end of term. Please join with us in continuing to encourage your child to be a safe, motivated, academic, respectful and tolerant learner.

### TEACHERS ARE SMART LEARNERS TOO

Every Wednesday, when all of the students leave for home at 2.30pm, the staff of QHHS embark on even more learning. On Wednesday 6 November, all teaching staff spent the afternoon working together to develop their understanding of above and below the line behaviours. Teachers were given an envelope with a range of behaviours (about 30 in all) and their job was to separate the behaviours into above the line and below the line. In small groups teachers then spent some time discussing different classroom scenarios and what would be the best and most effective way of handling them. Professional development is planned and regular at Quakers Hill High School. Our goal is that all staff are well equipped to focus on our core business – improved student learning outcomes.



✉ 70 Lalor Road, QUAKERS HILL NSW 2763

☎ (02) 9837 1533

📠 (02) 9837 1747

✉ quakershil-h.school@det.nsw.edu.au

**Principal**

Lauretta Claus

**Deputy Principals**

Rebecca Mahon (Yrs 7 & 9)

Beatrice Maricic (Yrs 8 & 10)

**P&C President**

Joanne Warner

**School Captains**

Megan Warner & Daniel Marsh

The paid advertisements in this newsletter are not necessarily endorsed by this school although we thank our sponsors for their support.

## JAMBEROO EXCURSION

The invitations for the 2013 Big Day Out excursion went out to students on Monday 11 November. Being a member of the winning house (Oberon) did not automatically qualify students for an invitation this year. Only those students who had consistently maintained the SMART code were invited to attend. As well as members of Oberon, students who had achieved high levels of individual merit throughout the year were also invited. This is part of our ongoing commitment to recognising and rewarding personal excellence in terms of the SMART code. Students who are consistently safe, motivated, academic, respectful and tolerant will be rewarded and recognised in a variety of ways throughout the school year. If your child has been invited, please be aware that they must get their money and permission note in as soon as possible to secure a place on the day. All students who attend Jamberoo will need to have a swimming assessment. This will be conducted on a day prior to the excursion. Year 7 and 8 students who attended swim school will not need to undertake the swimming assessment.

## WELFARE CONFERENCE

On Monday 4 November all members of the incoming Welfare Team for 2014 attended a half-day Welfare Conference at Wyndham College run by Mrs White, Mrs Maricic, Ms Paa, Mr Nash and Mrs Mahon. The goal of the conference was to work with the advisers in exploring their vision for their roles. Participants explored their role statements, looked at a range of possible scenarios, explored ways of handling challenging situations and shared expertise. Overall, the day was very highly rated.



## WYNDHAM ORIENTATION

Monday 18/11/13 and Tuesday 19/11/13 are the Wyndham Orientation days. Attendance is essential as this is an important opportunity for Year 10 students transitioning into Stage 6 to find out more about the college and thereby to facilitate a smooth entry into senior school. Parents are also reminded of the Information Evening for Parents and Carers. This will consist of a short formal session that will be followed by a tour of the campus and an opportunity to purchase uniforms. Students are reminded to wear their full school uniform on Monday and their sports uniform on Tuesday.

## COKE MACHINE

We have had some issues with students purchasing large amounts of Coke and other fizzy and caffeine filled drinks. It is important for all students and parents to remember that these are 'sometime' drinks and it is not healthy for young people to be consuming large quantities. High energy drinks such as V are not allowed on the school premises and, if found, they will be confiscated and disposed of. Students are also reminded that the Coke machine is not to be used during class. It is only available during recess and lunch and it will be removed if students do not follow the expectations around its use.

## CYBERBULLYING

As part of our ongoing PBL anti-bullying lessons, we are focussing on cyberbullying this week. Senior Constable Lachlan McCabe is coming to speak to the students about cyberbullying and online safety and the students will be watching some clips and discussing them in roll call. As you would all be aware, cyberbullying is a fast growing problem in our society. In fact, senior lawmakers have commented on the fact that cyberbullying is growing faster than their capacity to create and write legislation to deal with it. This makes it very difficult for parents and teachers to keep up with what is happening but there are things that we can do to protect our children. Most of these methods have been well documented but they can be accessed at the following website [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au). If your child is being cyberbullied by a fellow student, please take screenshots and inform your child's House Adviser or their Deputy Principal. If it is by a person(s) not connected with the school, please report it to the police. The key point is to make sure it is reported.

**Ms Rebecca Mahon**

**Deputy Principal (Years 7 & 9)**



**Do you know much about the career options for your child?**

**Will you know how to support them if they -**

- Don't get into University or TAFE?
- Decide not to stay at school, TAFE, University or in employment?
- Have difficulty getting a job?

**Would you like to be better informed in helping your son or daughter plan for their future?**

BREED in partnership with your school is making available a FREE program for parents called PACTS (Parents as Career Transition Supports). The PACTS Program is an information and education workshop specifically developed for parents of secondary school students at all levels.

**The Workshop will be held at the school on:**

**Monday 10<sup>th</sup> Feb 2014  
5.30-7.30pm**

**RSVP to Sandra at BREED on  
9853 3281 9-5pm**

**BREED**



## ATSI TEAM MEETING - OUTDOOR LEARNING ENVIRONMENT

A team of staff and students along with Mrs Josselyn and Mr Stamatis have been coordinating and working tirelessly on the inclusion of an Aboriginal outdoor learning environment being constructed as part of Quakers Hill High School's school grounds and to enrich the learning environment for students. The Aboriginal outdoor learning environment will be used along with a culturally holistic program for all students and teachers across all subjects, respectfully acknowledging the Dharrug people who are the custodians of the land on which our school is built. The outdoor learning environment will comprise ideas that reflect the bringing together of people sharing ideas and stories. Mr Hutton, the careers advisor, has had his Work Education boys work on the construction and foundation of the initial construction plans. Mrs Josselyn, who is a Visual Arts teacher and Aboriginal and Torres Strait Islander Coordinator, along with Mr Stamatis, will have our Aboriginal students and all students who are gifted and talented in the creative arts, or who take an interest in helping, bring the learning area together. The learning area will have seating in the form of a circle to bring together the idea of a classroom and space to share ideas and stories. It will also have plants that are native to the area and that can also be used for medicinal or cooking purposes. We are hoping to seek community involvement in 2014 to help with the construction, planting and painting of art works that will also be included. We are seeking approval of the space from Maureen Wenzel, who is the Aboriginal Education Consultant for our region.







## PRIMARY SCHOOL LINKS WORK EDUCATION PROJECT

Students from Visual Arts and Work Education are coming together under Mrs Josselyn's and Mr Hutton's direction to get involved and create for our local primary schools! Students are using traditional Aboriginal designs to paint our number system and Alphabet on wooden classroom partitions to help primary school students engage and learn in a creative way. The designs involve really delicate and intricate work with a paintbrush and students are hoping to tackle this project within the last 6 weeks of the term! Students have just started undercoating these partitions, but stay tuned for pictures to come within the next few weeks.



## SCULPTURE BY THE SEA EXCURSION

Last Friday the Year 8 Elective Visual Arts class along with 60 Year 7 students and Support students attended an excursion to the iconic Bondi Beach to see Sculpture by the Sea. Students walked from Bondi Beach to Tamarama beach and thoroughly enjoyed seeing the artworks and interacting with them and being a part of the craziness for the day. Students photographed works and had lunch near the beach. The weather was warm and it was a great day for students to get involved and to sum up their experiences in Visual Arts this year. Despite our bus breaking down and a long hot wait with Mrs Josselyn and Mr Kantek, we thoroughly enjoyed the experience and it was a great day had by all!





## PROCEDURE FOR DEALING WITH A BULLYING INCIDENT



### STUDENTS

Use strategies taught at school ie walk away, ignore, name the behaviour "You are bullying me."

Tell a teacher, SSO, Year Adviser, parent, Head Teacher, Deputy Principal or Principal.  
**TELL SOMEONE**

### ALL STAFF

Listen to the student. Support the student to fill out an anti-bullying report (target).

Investigate. Use the Anti-Bullying Contract/mediation sheet. Record the details on FCW. Consult HT/YA if unsure how to proceed

### PARENTS / GUARDIANS

Encourage your child to report any incidents as soon as possible

Do not encourage your child to retaliate in any way in person or via social media

Encourage your child to follow the school's procedures.

If the incident cannot be resolved; if it is a repeat offence with no evidence of a change in behaviour; if it involves cyberbullying or physical violence, (ie it is ABOVE THE LINE) refer immediately to HT, Deputy Principal or Principal.

#### GRADUATING SYSTEM:

**First Instance:** Student is warned/counselled.

Incident recorded FCW.

**2nd Instance:** After - School Detention (HT)

**Third Instance:** Parents contacted. Removed from playground for 3 days

**Fourth Instance:** Formal Caution. (DP)

**Fifth Instance:** Suspension

NOTE: above the line bullying may incur an immediate suspension

Contact the school to ensure that relevant staff are aware of what is happening.

If cyberbullying has taken place please copy and keep the posts as evidence.

Keep an open mind. Remember you are only hearing one side of the story

DO NOT approach the bully yourself or become involved via Facebook or social media.

***At Quakers Hill High School the entire school community shares the responsibility for creating a SMART learning community where bullying is not tolerated. A school community where all students are encouraged to report all instances of bullying.***



## LITERACY NATIONAL PARTNERSHIPS

In conjunction with the teaching of the revised Year 8 Literacy units of work, our whole school focus this term continues to be the correct use of grammar in written and spoken communication. To date we have endeavoured to de-mystify the use of “me, myself ,I”, “seen, saw”, “did, done” and “their, there, they’re”. In coming weeks we’ll be clarifying the correct use of “versus, verse”, “brought, bought” whilst following up further on the accurate use of past tense.

All Year 8 students will also be completing a multiple choice reading comprehension assessment this week. This pen and paper assessment will occur during an English period, and will provide the Literacy National Partnerships Team with important information regarding literacy skills acquired this year. We will use this information to further fill our “literacy potholes” through continued teacher professional development (2013, 2014), and the continued development of revised Literacy units for both Year 7 and Year 8.

Despite the school year drawing rapidly to a close the Team will be starting to investigate the comprehension skills required for Numeracy. Mrs Khehra (HT Maths) has very kindly offered to assist in a consultancy role, and is a much-welcomed ‘expert’ with whom we will most assuredly liaise! Thank you Mrs Khehra!

If you would like further information at any time regarding our Quakers Hill High School Literacy National Partnerships initiatives, or ideas regarding how you can help at home, please don’t hesitate to contact any of the Literacy National Partnerships Team – we are more than happy to assist and welcome any enquiries you may have at any time.

**Gail Attwood**

***(on behalf of the Literacy National Partnerships Team : Gail Attwood, Emily Gray, Amy Nicholls)***



## SCIENCE MATTERS

### ART REFLECTS SCIENCE

Currently our Year 9 students are studying Biotechnology and how our scientific practices are driven by our ethical attitudes.

Our Year 9 students also studied DNA and genes and their links to how we look, our health, our abilities and our disabilities. We are fortunate that high quality films are available that are relevant to our Science courses.

One Year 9 class watched a fine short film, the Tropfest winner in 2009, called ‘Be My Brother’, on You Tube. We recommend that everyone watch this wonderful film which celebrates our differences and challenges our misconceptions. This film has implications for our school in particular, addressing the SMART code on several levels.



## Michelle Rowland MP

Our Federal Member for Greenway

8 November 2013

Ms Laurretta Claus  
Quakers Hill High School  
Lalor Road  
QUAKERS HILL NSW 2763

32654784E/131107/sc

Dear Ms Claus *Laurretta*

Congratulations on celebrating the school's 20<sup>th</sup> Anniversary.

As the Federal Member for the area I am delighted to have been associated with the school over the past few years. I am really proud of our local schools, the quality of the education and the dedication of its teachers is exceptional.

I look very much forward to visiting the school in the near future and I wish you every success for the rest of the year and 2014.

Please pass on my congratulations to the students who participated in the painting of the mural. It looks wonderful.

If you need assistance with any Federal matter please let me know by contacting me at the address below.

Yours sincerely

*Michelle Rowland*

Michelle Rowland MP  
Federal Member for Greenway

## Working for our community

**Office:** 230 Prospect Highway, Seven Hills NSW 2147 **Phone:** (02) 9671 4780

**Mail:** PO Box 686, Seven Hills NSW 1730 **Fax:** (02) 9671 5147

**Email:** michelle.rowland.mp@aph.gov.au



## STOP

## HELP

## TELL

### Bystanders

(People who witness bullying)

**STOP** reinforcing the person bullying – show your disapproval (e.g., walk away, shake your head in disapproval). Tell the person bullying to **STOP** only when it is safe to do so.

**HELP** the person being bullied by removing them from the situation

**TELL** someone you can trust (e.g., a friend, teacher, parent, counsellor, police) that can put a stop to the bullying

### Targets

(People being bullied)

**STOP** reacting to the bully (e.g., avoid being in places where the bully is likely to be, ignore the bully, walk away from the bully).

Seek **HELP** from the people you trust (e.g., a friend to walk home with you)

**TELL** someone you can trust that you need help to put a stop to the bullying

### Bullies

(People who bully)

**STOP** yourself from bullying others by controlling your own behaviour

Seek **HELP** to control your behaviour from people you trust (e.g., a friend that can help you control your temper )

**TELL** someone you can trust that you need help to stop bullying others





**HAMBLEDON PUBLIC SCHOOL  
QUAKERS HILLS EAST PUBLIC SCHOOL  
QUAKERS HILL HIGH SCHOOL  
QUAKERS HILL PUBLIC SCHOOL  
WYNDHAM COLLEGE  
AFTERNOON SCHOOL BUS 6**

Dear Parents / Students,

Commencing **Monday 28<sup>th</sup> October 2013** there will be a change to the bus number of the afternoon School Bus 6.

**School Bus 6** will now operate as **School Bus 3**. There are no changes to times or directions and the service will operate as displayed below:

**School Bus 3** departs **Hambledon Public School** at 2:55pm via (R)Bali Dr (R)Walker St (R)Burdekin Rd (R)Hambledon Rd (L)Barrier Dr (R)Farnham Rd (L)Kennington Av (R)Farnham Rd (L)Quakers Hill Pkwy (R)Chase Dr to **Quakers Hill East Public School**, then via (R)Wilson Rd, Pye St (R)Hillcrest Rd (R)Lalor Rd, to **Quakers Hill High School**, then turn around and continues Lalor Rd (L)Hillcrest Rd (R)Pye St (R)Highfield Rd (L)Lalor Rd, turn around at Quakers Hill Station & return Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy, picks up **Wyndham College**, then via (L)Quakers Rd (L)Chaplin Cr (R)Medlow Dr to **Quakers Hill Public School**, then (R)Quakers Rd (R)Chaplin Cr (R)Warrimoo Dr (R)Arnott Rd (L)Quakers Rd (R)Davis Rd (L)Richmond Rd to Blacktown Station.

For further information please contact Glendenning Depot on 9625 8900 or visit our website at [www.busways.com.au](http://www.busways.com.au).

Yours sincerely

**BUSWAYS PTY LTD  
GLENDENNING DEPOT  
(86) 22/10/2013  
SH 390B**

<b>Busways Blacktown Pty Ltd</b> 150 Glendenning Rd Glendenning 2761 T: (02) 9625 8900 F: (02) 9625 4703 ABN 86 000 173 437	<b>Busways Camden Pty Ltd</b> 5 Anzac Ave Smeaton Grange 2567 T: (02) 4647 7785 F: (02) 4647 7964 ABN 74 003 081 230	<b>Busways Campbelltown Pty Ltd</b> 37 College Rd Campbelltown 2560 T: (02) 4625 8922 F: (02) 4628 4482 ABN 40 000 572 145	<b>Busways Gosford Pty Ltd</b> 42 Empire Bay Dr Kincumber 2251 T: (02) 4368 2277 F: (02) 4368 2077 ABN 79 817 812 619	<b>Busways Wyong Pty Ltd</b> 9 Arizona Rd Woongarah 2259 T: (02) 4392 6666 F: (02) 4392 5831 ABN 17 000 044 726	<b>Busways North Coast Pty Ltd</b> 2370 Pacific Hwy Heatherbrae 2324 T: (02) 4983 1560 F: (02) 4983 1569 ABN 75 106 202 340
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Dear Sir/Madam,

As you are aware, the very recent bushfires that swept through the upper and lower Blue Mountains, Port Stephens, The Hunter and South Coast regions in the last few weeks have left hundreds of families homeless and many communities without essential services and buildings. In association with the St Vincent De Paul Society NSW, a group of Sydney-based community-minded members have banded together to organise an event - the Bushfire Appeal- to raise money for these families and communities devastated by the bushfires.

On Saturday November 23 we are holding an evening event at Tattersalls Function Centre in Penrith to raise funds for those affected. Tickets cost \$49.00 and include entertainment and a three course dinner. We intend on holding auctions for larger items, and raffles for smaller items to help raise funds for this cause. We would like to ask if your business would help us ensure the event is a success by donating goods/vouchers to the Bushfire Appeal fundraiser to auction or raffle, or perhaps even a monetary donation or purchase of tickets to the event. Any donation, regardless of size or monetary worth will gratefully be accepted.

In return for your generosity all businesses who donate to this event will be directly promoted to the room of guests, along with any promotional material advertised on tables around the room, and will also be awarded a Certificate of Appreciation. Should your company wish to make a donation to this community fundraiser, you may send an email to [bushfireappeal@gmail.com](mailto:bushfireappeal@gmail.com) or alternately the phone number below and we will assist you further. Your support would be truly appreciated and can make a difference in the victims lives. All funds raised will be given to St Vincent De Paul Bushfire Appeal to help with rebuilding lives after such a tragedy. Please contact Joanne for any queries: 0404981674. [bushfireappeal@gmail.com](mailto:bushfireappeal@gmail.com) 41A Harwood Circuit, Glenmore Park 2745.

## BUSHFIRE BENEFIT NIGHT

IN CONJUNCTION WITH ST VINCENT DE PAUL SOCIETY NSW

JOIN US FOR A SPECIAL FUNDRAISING EVENT

SATURDAY 23<sup>RD</sup> NOVEMBER FROM 7 PM

LIVE AUCTIONS, RAFFLES, DOOR PRIZES,  
AND DJ

PRIZES INCLUDE RESTAURANT & BEAUTY VOUCHERS, FAMILY PASSES

TATTERSALLS FUNCTION CENTRE  
510 HIGH ST, PENRITH

TICKETS \$49 P.P ( INCL. THREE COURSE MEAL)

TICKET SALES: [BUSHFIREAPPEAL@GMAIL.COM](mailto:BUSHFIREAPPEAL@GMAIL.COM)

OR 0404 981 674



## **SUPPORT UNIT NEWS**

Support Unit students have been very busy during Term 4. Year 8 have completed swim school and are getting ready to join their mainstream peers on an exciting History excursion to the Maritime Museum at Darling Harbour. We are all looking forward to boarding a replica Viking ship to enhance our study of Viking culture, way of life and especially Viking sea battles! SU students recently visited Sculptures by the Sea at Bondi, a truly inspiring Art excursion.

## **ENGLISH NEWS**

### **Middle School Transition Initiative**

Throughout Terms 3 and 4 of this year, the English Faculty have been working on The Middle School Transition Initiative with Barnier Primary School. Developing links with our local primary school has been an extremely positive experience. We have been working hard on creating links and connections between what Barnier's Year 6 students are currently studying and how we can continue to enhance these skills when they reach Year 7 in 2014. Last week Barnier held a 'High School Week' in which Year 6 students rotated classrooms just like they will next year and, as part of their English classes, began looking at picture books, novels and articles that explore different cultures and refugee experiences. This unit will be carried on in Term 1 next year as Year 7 English students will begin looking at Autobiographical and Fiction texts about a range of world cultures and experiences. We are all looking forward to teaching these units with all of Year 7 next year!

### **Spelling Bee**

As part of our literacy initiative this year, the SRC are running a spelling bee on Monday 2 December. The spelling bee is open to all students and will be divided into year groups. All students who are confident in spelling are encouraged to enter what will be a fun and challenging day. Come and test out your spelling skills against your friends and have a great day learning useful and obscure words!

## **SOCIAL SCIENCE NEWS**

Congratulations to all years on completing their course examinations. I have been pleased with the results with a pleasing decrease in the number of students receiving lower grades in their examinations. Any students who have assessments still outstanding need to make sure they submit them ASAP so their classroom teachers have the opportunity to comment on their abilities in their school report. All classes are continuing as normal and students will be engaged in the parts of the curriculum that weren't assessed in the examinations. It is expected that all students come to class prepared and motivated to participate in classroom activities. Please don't hesitate to call me if you have any queries

**Anthony Head, Head Teacher Social Science**

## **CURRICULUM – YEAR 7 INTO 8 ELECTIVE SELECTIONS**

Thank you to all Year 7 students who handed their Year 8 elective forms in. Around 90% of students got their first choice and everyone who submitted their forms on time got either their 1<sup>st</sup> or 2<sup>nd</sup> choice of electives. There are, however, still around 40 students who haven't handed in their forms. These students need to get their forms in ASAP as the popular electives are already full. Any student who has not submitted their form in by the end of November will have their electives chosen by me. Please don't hesitate to contact me if you have any questions.

**Anthony Head, Curriculum Co-ordinator**

## SWIM SCHOOL 2013

Swim School is on in 2013 for both Year 7 and Year 8. During this time staff and students travel to Blacktown Pool and participate in a swim and survive program that lasts for 1 week for each year group.

***Year 7 is on during week 7 of Term 4 (Monday 18<sup>th</sup> – Friday 22<sup>nd</sup> November)***

***Year 8 is on during week 8 of Term 4 (Monday 25<sup>th</sup> - Friday 29<sup>th</sup> November)***

The program caters for all levels from non-swimmers to competent swimmers. Students are asked to indicate their swimming ability on the permission note which has been handed out before it is returned to the front office. **Aquatics is a compulsory component of the Year 7 PDHPE program and all students are expected to attend. There will be NO formal lessons at school for Year 7 or 8 during the week their year group is at swim school.** The emphasis of the program is on personal survival and rescue techniques. In a country where there are so many drownings at the beach and in backyard pools it is of great importance that our students are confident in and around water.

Some students say that they can swim so they don't need to attend. This is not the case, as by attending each student will achieve a Certificate of Achievement indicating the level of their competency from RSLSA as well as learning survival and resuscitation techniques. This is extremely important as quite often you may need to save the life of someone else. This could be someone in your family or a complete stranger. **A couple of years ago a former student from QHHS was walking down to Stanhope Shops when he saw a mother and father who had a young child with them who had stopped breathing. They were in a panic, however the ex-student calmly took control of the situation, used CPR training that he had just learnt from the swim school program and saved the life of the young child. The ex-student received a large write up in two local newspapers and he also received an award for bravery.**

**Times:** Roll call as normal. Students will then be transported to the pool by bus. Students will return to school by 3:00pm.

**Cost:** \$65 – Swim & Survive Award \$70 – Bronze Star & \$75 for Bronze Medallion (Yr8) (approval required for both of these-see Mr Barry)

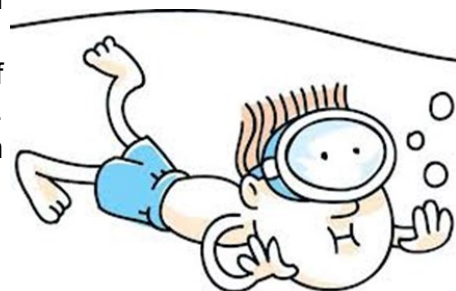
Cost includes pool entry, bus fare and awards from the Royal Lifesaving Australia.

### **Requirements:**

- School uniform is not required but students are expected to be appropriately dressed e.g. T-shirt, shorts and footwear.
- Towel, swimmers and warm clothes (tracksuit)
- 30+ sunscreen, hat, additional t-shirt to wear in the pool.
- Some students will be required to bring and wear additional clothing into the water as part of their award, however, their instructor will inform them accordingly.

### **Other:**

- Students will be supervised at all times by staff however staff will not be responsible for large sums of money or valuables.
- Canteen facilities will be available during recess and lunch times.
- All students are required to follow the **SMART** expectations of QHHS for the duration of the Swim and Survive program. Failure to comply may result in exclusion from the program without refund.



**Mr Blench- HT PDHPE**



# SCHOOL TIMETABLE

# WESTERN SUBURBS REGION

## Quakers Hill HS

Timetable effective from Monday 28 October 2013

Amended 28/10/2013

### MORNING

-	745	7:54 AM	Glenwood Stanhope Gardens Quakers Hill	Departs Glenwood Dr & Peak St via Glenwood Park Dr (L)Forman Av (R)Glenwood Park Dr (L)Sorrento Dr (R)T-way (L)Stanhope Pkwy (L)Sentry Dr (R)Quakers Hill Pkwy (R)Farnham Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd.
-	T72	7:56 AM	Quakers Hill	Departs Quakers Hill Station via Lalor Rd (L)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd (R)Hambledon Rd (L)Barnier Dr (R)Farnham Rd (L)Kennington Av (R)Farnham Rd (L)Quakers Hill Pkwy (R)Pye Rd (R)Highfield Rd (R)Lalor Rd.
1	-	8:05 AM	Blacktown Marayong Quakers Hill	Departs Blacktown Stn via Richmond Rd (R)Breakfast Rd (L)Quakers Rd (R)Quakers Hill Pkwy (R)Hambledon Rd (L)Lalor Rd.
-	752	8:07 AM	Quakers Hill	<b>LAST PICK UP ARNOTT RD &amp; WARRIMOO DR</b> Departs Blacktown Stn via Richmond Rd (R)Davis Rd (L)Quakers Rd (R)Arnett Rd to Warrimoo Dr then direct to School.
-	745	8:19 AM	Glendenning	Departs Adrienne St & Lamb St via Adrienne St (R)Armitage Dr (L)Golding Dr (R)Richmond Rd (L)Quakers Hill Pkwy (R)Grady St (R)Lalor Rd into School Bus Bay.
4	-	8:20 AM	Arnett Rd Warrimoo Dr	Departs Warrimoo Dr & Chaplin Cr via Warrimoo Dr (L)Chaplin Cr to Quakers Rd then direct to School.
5	-	8:29 AM	Arnett Rd Warrimoo Dr	Departs Arnett Rd & Quakers Rd via Arnett Rd (L)Warrimoo Dr (L)Chaplin Cr to Quakers Rd then direct to School.

### AFTERNOON

3	-	3:12 PM	Quakers Hill	Departs school via (L)Lalor Rd (L)Hillcrest Rd (L)Pye Rd (R)Wilson Rd (L)Chase Cr (L)Quakers Hill Pkwy (R)Farnham Rd (L)Kennington Rd (R)Farnham Rd (L)Barnier Dr (R)Hambledon Rd.
5	-	3:12 PM	Arnett Rd Warrimoo Dr	Departs school via (L)Lalor Rd (R)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin (R)Warrimoo (R)Arnett Rd
-	752	3:15 PM	Marayong	<b>ALL STOPS TO ARNOTT RD &amp; QUAKERS RD</b> Departs School via Lalor Rd to Quakers Hill Station, turn around & returns Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin Cr (R)Warrimoo Dr (R)Arnett Rd to Quakers Rd.
1	-	3:20 PM	Blacktown	<b>FIRST SET DOWN DAVIS RD</b> Departs school then express to Davis Rd then (L) Richmond Rd to Blacktown Station.
7	-	3:22 PM	Blacktown Marayong	<b>PICKS UP STUDENTS FROM SCHOOL BUS BAY</b> <b>FIRST SET DOWN WARRIMOO DR AND ARNOTT RD</b> Departs school via (L)Lalor Rd to Quakers Hill Station Roundabout returns Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy (L)Quakers Rd (L)Chaplin Cr (R)Medlow Dr (R)Quakers Rd (R)Chaplin Cr, Warrimoo Dr (R)Arnett Rd (L)Quakers Rd (R)Davis Rd (L)Richmond Rd to Blacktown Station.
-	T72	3:30 PM	Quakers Hill	Departs school via (L)Lalor Rd to Quakers Hill Station, turn around & returns Lalor Rd (L)Hambledon Rd (L)Bali Dr (R)Walker St (R)Burdekin Rd to Hambledon Rd.
-	745	3:31 PM	Glenwood	Departs school via (R)Lalor Rd (L)Grady St (L)Quakers Hill Pkwy (R)Farnham Rd (L)Quakers Hill Pkwy (L)Sentry Dr (R)Stanhope Pkwy (R)T-way (L)Sorrento Dr (R)Glenwood Park Dr (L)Foreman Av (R)Glenwood Park Dr (L)Meurants Ln to Greenhill Dr.
4	-	3:40 PM	Glendenning	Departs school via Lalor Rd (L)Grady St (R)Quakers Hill Pkwy (L)Farnham Rd (R)Barnier Dr (L)Hambledon Rd (R)Lalor Rd to Quakers Hill Station, turn around & return Lalor Rd (L)Hambledon Rd (L)Quakers Hill Pkwy (R)Richmond Rd (L)Golding Dr (R)Armitage Rd (L)Adrienne St to Lamb St.



**QUAKERS HILL HIGH SCHOOL**  
**MORNING SERVICES**

Dear Parent/Student

Commencing Monday 28th October 2013 there will be a change to the services operating to Quakers Hill High School. Please observe the following services operating to Quakers Hill High School.

**ALL STOPS**

**School Bus 1** will depart from Blacktown Station at 8:05am then travel via Richmond Rd (R) Breakfast Rd **Sets down John Paul II** via Breakfast Rd **Sets down St Andrews Primary** via Breakfast Rd (L) Quakers Rd **Sets down Holy Family** via (L)Quakers Rd (R)Quakers Hill Parkway (R)Hambledon Rd (L)Lalor Rd to Quakers Hill High School Bus Bay.

**LAST PICK UP WILL BE ARNOTT RD & WARRIMOO DRIVE**

**Route 752 Service** will depart from Blacktown Station at 8:07am then travel via Richmond Rd (R)**Davis Rd** (L)Quakers Rd (**Sets down Holy Family High School**) via Quakers Rd (R) Narrabri Rd (R)Bombala Cr (L)Arnot Rd to Warrimoo Dr then operates **DIRECT** to Quakers Hill High School.

**FIRST PICK UP POINT FOR QUAKERS HILL HIGH SCHOOL WILL BE WARRIMOO DR & CHAPLIN CRES**

**School Bus 4** will depart from Blacktown Station & operate **DIRECT** to Warrimoo Dr & Chaplin Cres then operate via Chaplin Cr (R)Quakers Rd (R)Quakers Hill Parkway (R)Hambledon Rd (L)Lalor Rd to Quakers Hill High School Bus Bay.

**FIRST PICK UP POINT FOR QUAKERS HILL HIGH SCHOOL WILL BE WARRIMOO DRIVE**

**School Bus 5** will depart from Warrimoo Drive & Arnot Rd at 8:29am then operate via Warrimoo Dr (L)Chaplin Cr (R)Quakers Rd (R)Quakers Hill Parkway (R)Hambledon Rd (L)Lalor Rd to Quakers Hill High School Bus Bay.

There are no changes to the Afternoon services.

For further information please contact Blacktown Depot on 9625 8900 or visit our website at [www.busways.com.au](http://www.busways.com.au)

Yours sincerely

BUSWAYS BLACKTOWN PTY LTD  
(29) SH 115B, 154B, 201B – Route 751- 19/8/13

## PEER COUNSELLORS NEW AND OLD, PREPPED AND READY FOR ORIENTATION DAY 2013

In Week 5 experienced and earnest new Peer Counsellors joined forces to prepare for our up and coming Year 6 Orientation Day scheduled for Thursday 28 November. Galvanised by this important calendar date our enthusiastic leaders experimented with strategies to engage, inspire, educate and socialise our newest students. Our veterans, Kaitlyn Hockey, Chloe Silva, Bradley Coleiro, Emily Huang, Jacqui Bryan and Gabriel Ajujo, capably led sessions throughout the day, showing ingenuity, oratory prowess, collaborative know-how and a general willingness to support their peers and the success of the day. The wonderful Ms Lauren Paa was indispensable throughout the training. We're now looking forward to an action packed Orientation event and an opportunity to put these new skills and ideas to the test.

### Library Closed for Repairs

The library will be closed during Weeks 7 & 8 to allow for repairs to the roof. We should be back in action in Week 9. During this period of closure, books can be returned to staff in the front office and Reading Logs for the 10 Book Challenge can be submitted to Ms Lachevre in B1. During Weeks 7 & 8, Homework Club will operate out of CR1 (the Computer room adjacent to the library). Due to the Library closure, and to facilitate the end of year sign out procedures, all borrowing ceased at the end of Week 6. All books must be returned to the front office. Over-due slips will be circulated during Week 7.

### In Readiness for Orientation Day – A Must for All Yr. 6 Students

All Year 6 students enrolled at QHHS for 2014, are reminded that they must complete the **Year 6 Student Interest Survey** prior to Orientation Day. The Survey can be accessed through the following URL: <https://www.surveymonkey.com/s/2013Yr6>

### Well Done To Our Reading Masters – The Finish Date for the QHHS 10 Book Challenge is Looming

A well-deserved congratulations goes out to the following students: the 'early birds' who have submitted their QHHS 10 Book Challenge Reading Logs, prior to the November 22 deadline.

Jack Steel, David Woodward, Jayshal Prasad, Alicia Stattman

All other participants are encouraged to 'read on fearlessly' without pause, because that celebratory 'pizza shin-dig', waits for no man, woman or child.

## YEAR 7 AND 8 GO-A-VIKING

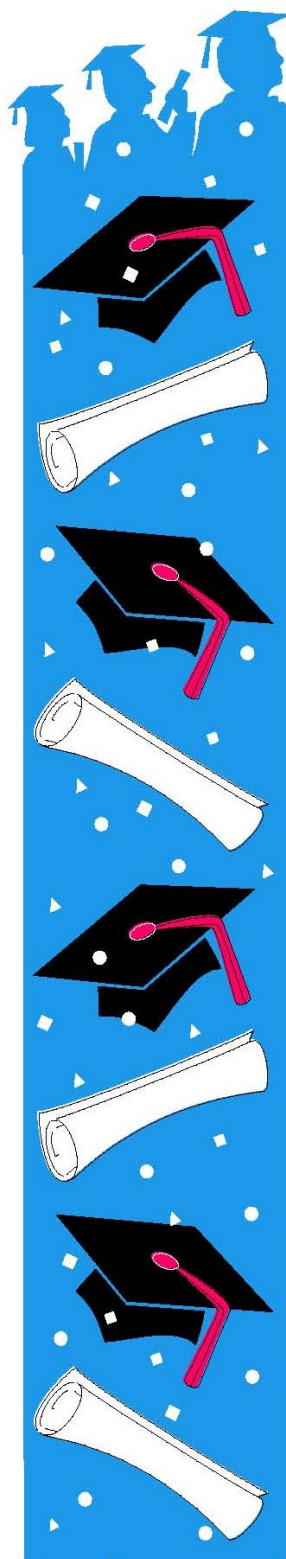
On 21 and 28 November Year 8 (21st) and Year 7 (28th) will visit the Maritime Museum to see the Viking exhibition and replica boat. See the History staff if you do not have note. Payment is due a week before the visit.

**Mrs Critchley, Head Teacher Teaching & Learning / History**



# Quakers Hill High School

## Year 6 Orientation Activities



Year 6 Orientation

# 2013



### Quakers Hill High School Hall

70 Lalor Road, Quakers Hill

#### **Orientation Evening Wednesday, 27<sup>th</sup> November**

Uniform Shop opens 5.30 – 9.00 pm

Information session for parents & students at 7.00 pm

Book-packs available \$32 / fees can be paid.

#### **Orientation Day Thursday 28<sup>th</sup> November**

Year 6 students meet in hall by 8.45 am

and can be picked up from 2.30 pm.

Year 6 uniform should be worn. Canteen will be open.

Enclosed leather shoes must be worn.

*"Shaping a positive future"*



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- Dermal fillers again give the appearance of a younger look and can be used on creases found around the forehead, nose, mouth and eyes

The Cosmetic Clinic operates on a private basis but the consultation fee is deducted from the cost of any treatment received.

*For more information and to book an appointment, please call Reception on 8822 3000.*

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**[www.kildaremedical.com.au](http://www.kildaremedical.com.au)**



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<https://www.facebook.com/ColourCutStyle>



Boy's School Uniform

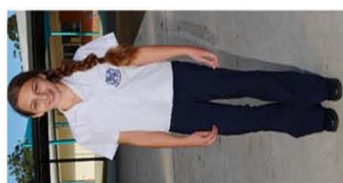
Quakers Hill High School  
**Correct Uniform**



Girl's School Uniform



Sports Uniform





Quakers Hill High School  
**Incorrect Uniform**





## **CHANGE OF PERSONAL DETAILS FOR STUDENTS**

**(PLEASE PRINT)**

***Please tear off and return to the front office if there are any changes***

**NAME OF STUDENT:** \_\_\_\_\_

**YEAR:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_  
\_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**MOBILE NO:** \_\_\_\_\_

**CARER 1 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**CARER 2 NAME:** \_\_\_\_\_

**PHONE/MOBILE:** \_\_\_\_\_

**EMERGENCY CONTACTS:** \_\_\_\_\_

**MEDICAL PROBLEMS (IF ANY)** \_\_\_\_\_