CONTACT



VOLUME 20—ISSUE 17

2 NOVEMBER 2012

NSW Department of Education & Training

PRINCIPAL'S REPORT

NIRIMBA COLLEGIATE STAGE 5 EXAMS 2012

This week Year 10 sit for their very important Nirimba Collegiate Stage 5 exams. So on behalf of the staff and student body I wish them all the very best.

With only one term to go, students in Year 10 will be having some difficulty in remaining focussed on schooling and the staff understands this however, as the seniors of this school we have very high expectations of Year 10 over the next few weeks in their lead up to their Wyndham Orientation, Year 10 Formal and of course the Graduation. Our Year 10 students have been made very aware of their obligations as seniors, so that they do not place their formal or graduation in jeopardy. The staff are keen to ensure that Year 10 experiences a smooth transition from this school to senior studies or the workplace. Some of our Year 10 students are busy trying to catch up on incomplete tasks and missed work so they retain the right to attend the Year 10 Formal. I encourage them again to access the assistance of their teachers, as well as our Homework Club and the library. I remind our parents as well, there will be NO concessions; if there is outstanding work, students will not be able to purchase their formal ticket.

The following important dates for Year 10 student and their parents should be noted.

November 8 Stage 5 Collegiate English & Science Exams

(ROSA)

November 9 Stage 5 Collegiate Maths & HSIE Exams

(ROSA)

November 26/27 Wyndham Orientation

December 5 Arrival at Crowne Plaza Norwest – 6.00pm

Dinner/Dance – 6.30pm to 11.00pm

December 6 Periods 3 and 4 – Graduation rehearsal –

Hall

Periods 5 and 6 - Clearance - Performance

Space

December 7 Graduation Ceremony – Periods 1 & 2 – Hall

(Arrive no later than 8.45am)

Tigoming Evens

7 November Accelerated parent evening—library 6-7pm

8 November Year 10 Collegiate exams English & Science

9 November Year 10 Collegiate exams Maths/History/Geography

12 November P&C Meeting 7pm

13 November Year 6 Transition CAPA Showcase 5-8.30— Hall

15 November Captain Speeches

16 November
Contact issued
Voting for Captains in
roll call

19—23 November Year 7 Swim School

22 November School Spectacular

SMART @ QHHS

The expectations I have alluded to with Year 10 is relevant to all our students here at the school, not just Year 10. Our SMART philosophy is one that has developed from a foundation of high behavioural expectations for all members of our school community. Here at QHHS we use school-wide systems of support that include proactive strategies for defining, teaching and supporting appropriate student behaviours to create a positive school environment. A continuum of positive behaviour support for all students within the school is implemented in areas including classroom and non-classroom settings. Our attention is focused on creating and sustaining systems of support that improve lifestyle results for all members of our school community by making problem behaviour less effective, efficient and relevant, and desired behaviour more functional. The purpose of school-wide PBL at Quakers Hill High School is to establish a climate in which appropriate behaviour is the norm.

AT QUAKERS HILL HIGH SCHOOL WE FOLLOW A PHILOSOPHY OF RESPECT

We are Safe

- Follow staff instructions
- Move carefully and calmly around all areas of the school
- Dress correctly for the specific purpose
- Line up sensibly outside classroom
- Use all equipment appropriately
- Notify staff of any concern
- Stay in bounds
- Keep the school free from drugs alcohol and dangerous Items

We are Motivated

- Take responsibility for your learning
- Be prepared for lessons
- Attend all lessons and arrive on time
- Set yourself goals and aim to achieve them
- Accept challenges
- Take pride in yourself and your school
- Participate in school activities
- Participate without fear of failure

We are Academic

- Work to the best of your ability
- Prepare for set tasks
- Seek and accept help when needed
- Apply your skills and knowledge across all subjects
- Meet due dates and produce original work
- Use all available resources
- Work successfully in groups or independently
- Explore further learning opportunities

We are Respectful

- Take responsibility for your own behaviour
- Allow others to participate without distraction or disruption
- Recognise the rights of others
- Be polite

NSW Department of Education & Training



\	70 Lalor Road, QUAKERS HILL NSW 2763	Principal	Lauretta Claus
	(02) 9837 1533	Deputy Principals	Robert Bredin
/			Therese Hourigan
	(02) 9837 1747	P&C President	Jannette Nigl
	quakershil-h.school@det.nsw.edu.au	School Captains	Alana Duncan & Luke Agius

The paid advertisements in this newsletter are not necessarily endorsed by this school although we thank our sponsors for their support.

- Take care of personal, school and other individual's property
- Encourage each other
- Acknowledge other people's work

We are Tolerant

- Accept individual differences
- Be sensitive to other people's needs and feelings
- Listen to each other's opinions
- Resolve conflict peacefully
- Be inclusive
- Be fair
- Understand that people make mistakes and learn from your own
- Be patient

PRIVATE TUTORING

Are you thinking about a private tutor to complement your child's education? This article explores questions about what to look for in a tutor, what you would want your child to achieve and tips on what to ask a potential tutor.

Go to: http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/facts-about-tutors

WHAT'S IT LIKE AT HIGH SCHOOL?

Show your teen this video to ease them into the idea of high school. It has great tips on making friends, getting organised, planning assignments and studying.

Go to: http://www.schools.nsw.edu.au/gotoschool/highschool/index.php

PLANNING A FUTURE

The myfuture career information service helps young people make career decisions and plan career pathways. It provides inside information on occupations and industries, offers details on courses and advice on how to get a job or start a business.

Go to: http://www.myfuture.edu.au/en.aspx

Have a good week

Lauretta Claus

Principal

DEPUTY PRINCIPAL'S REPORT

EXAM AND ASSESSMENTS

Currently all year groups are involved in exam and assessment tasks in order to assess the progress and performance of students. Year 9 completed their formal exams in English, Maths, Science and HSIE during Week 3. Year 10 will be sitting the Nirimba Collegiate exams on Thursday 8 November (English and Science) and Friday 9 November (Maths and HSIE). After the exam period all courses will continue to provide a rigorous program of study to continue to build skills and knowledge in preparation for progression into the next year of study.

SWIM AND LIFESAVING PROGRAM (YEARS 7 & 8)

All students in Year 7 and 8 should have received their information and permission notes for the Swim and Lifesaving Program 2012. This is a program that all students in Year 7 and 8 are required to attend. The program aims to build students' skills and confidence in managing and dealing with potentially dangerous situations in and around water. It also develops skills in emergency care, CPR and survival skills. **Every child should have the opportunity to learn these essential skills** and the program is designed to cater for all students whether or not they are able to enter the water. The program is also designed to cater for all levels of swimming ability. It is a great week of fun and engaging activities that will provide students with a genuine sense of achievement by the end of the week.

Permission notes and further information can be collected from the PDHPE staff room or downloaded off the school website.

PLANNING A FUTURE

Year 10 students have had to give their future some serious consideration with subject selection decisions for Years 11 and 12. Many questions asked along the way include 'What do I want to do?', 'Where will it lead?', 'Am I making the right choice?' The **myfuture** career information service helps young people make career decisions and plan career pathways. It provides inside information on occupations and industries, offers details on courses and advice on how to get a job or start a business. Knowing where they want to get to might just help students make the decisions about how to get there.

Go to: http://www.myfuture.edu.au/en.aspx

Therese Hourigan
Deputy Principal (Years 7 & 9)

MESSAGE FROM THE OFFICE LADIES

If you need to pick up your child early from school, you need to give them a signed note which they must take to the office before roll call. This note should include their full name, departure time and reason. They will need to pick up an "Early Leavers" slip at recess or lunch from the office. When it's time for them to leave school, they show their teacher their early leavers slip and report to the office. If parents comply with this request the office staff will arrange to have your child ready to be picked up when you arrive. No need for you to wait.

If you need to pick up your child early unexpectedly, it will save you time if you call ahead and we can arrange to have your child ready in the foyer for you for when you arrive.

Thank you for your help in this matter.

ICAS COMPETITION RESULTS 2012

A number of gifted and talented students chose to compete in the University of NSW International Academic competitions in Mathematics, English, Science, Writing and Computing this year. The results were remarkable and these students should be very proud of their efforts.

YEAR	NAME	SUBJECT	RESULT	
8	Justin	Acuesta	English	Participation
3			Mathematics	Participation
3			Science	Participation
3			Computing	Participation
8	Britney	Roe	Writing	Credit
8	Matthew	Fleming	Mathematics	Participation
8	Bradley	Coleiro	English	Participation
3			Mathematics	Participation
3			Science	Participation
3			Computing	Participation
3			Writing	Participation
3	Kethini	Krishnar	English	Participation
8			Mathematics	Participation
8			Science	Participation
3			Computing	Participation
3			Writing	Participation
8	Alyssa	Manalo	English	Participation
8			Computing	Participation
3			Writing	Credit
3	Emma	Smith	Writing	High Distinction
3	Kaitlyn	Hockey	English	Distinction
3			Mathematics	Credit
8			Science	Credit
3			Computing	Credit
3	Sanjana	Mahhyasta	Mathematics	Participation
€	Emily	Huang	English	Credit
Э			Mathematics	Participation
€			Science	Credit
€			Computing	Credit
€	Maria	Sow	English	Credit
9			Mathematics	Participation
10	Katherine	Thurecht	Computing	Credit

HISTORY NEWS

Year 10 are closing in on their collegiate exam. There are a few tricks to doing well.

- 1. Make a list of impressive words.
- 2. Plan the timing of your exam.
- 3. Use the multiple choice on line at the Board of Studies website: (http://www4.boardofstudies.nsw.edu.au/)
- Write one page of notes for each topic with only the names of events and people and keep looking at it.
- 5. Remember the c words- Change, Continuity and Causation.

The exam tests you all of the Year 10 content.

Congratulations to those students who attended the after school study sessions. I sure you will see those marks improve.

ALEXANDER THE GREAT EXCURSION

Year 7, and those students completing electives in History— are gently reminded to pay for the Alexander the Great excursion ASAP. Please keep in mind the cut off day for payment cannot be changed as we need to return unpaid for tickets. See any History teacher for a note.

STUDY TRAINING TIP

For all students. As you come to the end of the year you may reflect on how many assignments you had and how hard it was to keep up. At parent teacher night this was a topic of conversation with many parents. One way to improve how you manage this issue is to not use a month by month calendar but use a whole year planner. These are usually given out for free by many businesses and free in newspapers. Take the planner, cut it in half so you see January to July. Put up that half and put the other half aside until you need it. What you will see when you put down your due dates is a pattern with busy periods and not so busy periods. If you work out what is due first and when your "bad weeks" are you can finish assignments early and when it suits you so the bad weeks become manageable. Years 9 and 10 will know their due dates for the year well ahead. Put this knowledge to great use and create your own personal calendar as soon as you get your assessment booklet.

K Critchley

Head Teacher, Teaching & Learning / History

QHHS CREATIVE AND PERFORMING ARTS EVENING IS BACK!

WHEN: Tuesday 13th November

TIME: 5 – 8 pm



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MUSIC, DRAMA AND
DANCE STUDENTS HAVE
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- Focus on healthy food choices, suitable food alternatives, food labeling, D-tick and GI symbols, eating plans
- Practical advice and demonstrations of exercises to suit all fitness levels
- Starting Wednesday 24th October join any time
- All sessions at KRMC at 6:00pm on Wednesdays
- GP referral necessary

We are committed to the care of people with chronic illness.

For more information, please call Reception on 8822 3000

BULK-BILLING PRACTICE, WALK-INS WELCOME
OPEN 7 DAYS 8:00AM TO 8:00PM

CARING FOR OUR COMMUNITY

Farnham Road Newsagency and Gift shop

1 / 216 Farnham Road, Quakers Hill, NSW 2763

Since August 2012, we have re-opened the Farnham Road Newsagency and are trying our best to provide excellent services to the local community.

Opening hours:

Mon to Fri : 7:00am to 6:00pm Sat : 7:30am to 2:00pm Sun & Public Holiday : 7:30am to 1:00pm

Major Products & Services provided

- Lotteries
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- Greeting Cards
- Stationery
- Giftware
- Photocopying, Fax & Laminating Services



Special Offer

Every \$10 stationery purchase, You can get a "2013 Student Diary" for **FREE!**

(special offer until stock lasts)

Quakers Hill High School P & C Uniform Shop Opening Hours

Open Every Monday Morning until 17th December 2012
8.10am-9.30am
Also open end of term on the
Pupil Free Days 20th and 21st Dec
9am—10am

2013 Year 7 Information Night

Wednesday 28th November 2012 Open 5.30pm - 9pm

Special Opening Hours 2013

School Holidays - Wednesday 23rd, Thursday 24th and Friday 25th January - 8am-1pm

Tuesday 29th January (Pupil free day) 2pm—4pm Wednesday 30th January (Yr 7 start) 2pm—4pm Thursday 31st January (Yrs 8-10 start) 2pm—4pm

Return to Normal Hours

Monday 4th February: 8.10am—9.30am



Note: Try to buy your uniforms as early as possible. You can always exchange sizes.

Please Remember!!

Be Patient!!!