CONTACT



VOLUME 20—ISSUE 4

23 MARCH 2012

NSW Department of Education & Training

PRINCIPAL'S REPORT

ANNUAL SCHOOL FUNDDAY

The planning for this annual extra curricular event is well underway and there will again be an extensive selection of activities for the students to engage with. The cost of a ticket for the day is \$12 but students are also encouraged to bring along extra money for some of the sideline activities offered. All money raised on this day is used to further enhance facilities available at the school. Any parents that can assist on the day the P&C would really appreciate the support, as they oversee the canteen services for the day.

The school is currently exploring installing more interactive whiteboards into our classrooms as well as the establishment of new volleyball courts at the back far end of the school oval.

ZONE SWIMMING TEAM

The school's best swimmers under the guidance of Mr Ghobrial represented the school at the Zone Swimming Carnival last week. The team performed very well and as always behaved in an exemplary manner. What was particularly pleasing is that the office received phone calls from parents of students from other schools complimenting our students on their behaviour and good sportsmanship. Overall Quakers Hill HS came second in the Blacktown Zone which was particularly impressive as we do not have senior students to compete in the senior swimming events. Congratulations to all 52 swimmers who swam in their events and also to the 48 swimmers who have progressed to the regional competition.

PARENTS INFORMATION SESSIONS REGARDING CHANGES TO THE SCHOOL CERTIFICATE

Notes were distributed to all Year 9 and 10 students this week by hand and through their student email with the details of parent information sessions, on changes to Year 10 schooling. These changes include the termination of the *School Certificate* and the introduction of the *Record of School Achievement*. These information sessions will cover details of the new *Nirimba Collegiate Stage 5 Certificate of Education* which our students will be awarded when they graduate from Quakers Hill High School. It will also provide details as to how these will impact their eligibility to commence



26-28 March Year 7 Camp

1-3 April
CHS Swimming

3 April

Year 7 Parent/Teacher night 3.30-6.30pm Collegiate Cup Yrs 8 & 10

4 April FUNDDAY

5 April

Contact issued / Last day
Term 1

24 April

All students return for Term 2

1 May

Athletics Carnival Year 6 Taster Day

4 May

Contact issued

8 May

Parent/Teacher Night Yrs 8, 9 & 10 Stage 6 studies at Wyndham College.

We have arranged two different times for these information sessions on Tuesday 8 May 2012, the same evening as our Year 8,9 & 10 Parent Teacher Evening. These information sessions will be held in our school library the first starting at 5pm until 5.45pm, the second one commencing at 7pm.

UNIFORM

A sincere thank you again to our parents and students who support our school commitment to wearing uniform. Wearing uniform ensures the safety of all our students and also impacts on our image across the community. As we move into the cooler months and students will begin to wear jackets and sloppy joes to keep warm, can I please remind you that the Uniform Shop is open on a Monday morning 8.10 -9.30 for students needing to purchase a new school jacket or sloppy joe. Unfortunately there are students who continue to come to school in the wrong shoes. There are disciplinary consequences for repeated uniform breaches.

HOLIDAY DATES

Please note the last day of first Term is Thursday 5 April with school resuming on Tuesday 24 April. Easter holidays run from April 6 to 9.

HOMEWORK AND STUDY TIPS

Homework helps distil and expand on concepts learned in the classroom. Relaxing, getting organised and using good time management are all ways to help make homework less of a stress for the whole family.

For a host of great tips that will have your teen blitzing their homework, see the School A to Z homework tips under the homework and study link: http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips

Have a great week

Lauretta Claus

Principal

WESTERN SYDNEY REGIONAL ARTS—DANCE CAMP

www.danceoff.com.au. Please click on this link to view an article in the Blacktown Sun regarding Quakers Hill High School students going to the Dance Camp. It features students from QHHS and Wyndham College.

Mr L Roma



MESSAGE FROM THE OFFICE

When sending absentee notes back to the school, please ensure your child's full name is on the note. Thank you.

NSW Department of Education & Training



	70 Lalor Road, QUAKERS HILL NSW 2763	Principal	Lauretta Claus
**	(02) 9837 1533	Deputy Principals	Robert Bredin
/ _			Therese Hourigan
	(02) 9837 1747	P&C President	Jannette Nigl
	quakershil-h.school@det.nsw.edu.au	School Captains	Alana Duncan & Luke Agius

The paid advertisements in this newsletter are not necessarily endorsed by this school although we thank our sponsors for their support.

FREE! Community Education Seminar

Recognising & Coping with Depression

By Dr. Laura Lum, Psychologist

BSc, PsychD, MAPS

In her seminar, Laura will talk about the following:

- What are the signs of depression?
- What can I do if I am diagnosed with depression?
- Psychological therapies
- Self help therapies
- Insomnia

Thursday 29th March at 6:30pm

Registration essential - call 8822 3000

Kildare Road Medical Centre

36 Kildare Road, Blacktown www.kildaremedical.com.au

QUAKERS HILL HIGH SCHOOL BUCKLEY SHIELD TEAM

QHHS win first round. QHHS christened its new jerseys in style with a thrilling last minute try to beat Plumpton High 18-16 in the first round of the U/14's Buckley Shield Rugby League statewide knock-out competition. Played in muddy conditions it came down to the wire and after a series of passes Mitchell Barba threw a long one-handed offload to Clayton Faulalo who dived into the corner to score the match winner. It was a great team effort and the boys can be very proud of their motivation, attitude and camaraderie. Stand out players were Debraska Rikiriki, Nikolas Savage, Mark Te Whare, Brennen Nancarrow and captain Logan Gladdish. Congratulations boys and now let's look forward to round two.



ZONE SWIMMING TEAM

On Friday 2 March the Zone Swimming Championships were held and it was another extremely successful day for our school. While there were many positive results in the pool, the attitude and sportsmanship that the students of our school displayed was a pleasure to see.

Quakers Hill finished second in the overall point score. It was in the Junior division however where we showed our dominance. First place in both the Junior Boys and Girls was a truly wonderful result for our school that only solidifies our place as the best sporting school in the Blacktown Zone.

A massive thank you to all of the parents and relatives who were there on Friday to support our team. It really does make a difference and the support and encouragement that you provided was fantastic. I'm sure that you are very proud of the performances put forward by our swimmers throughout the day. I know I certainly am.

The Sydney West Carnival is up next on 19 March and we have a large number of relay teams and individual swimmers who have a good chance of making it through to the State Championships.

Yours in Sport, Mario Ghobrial

SYDNEY WEST SWIMMING TEAM

On Monday 19th March the Sydney West Swimming championships were held at Homebush Aquatic Centre and what a day it was. We had a total of 40 students turn up on the day ready to compete and give it their all. While there were many positive results in the pool, the attitude and sportsmanship that the students of our school displayed was a pleasure to see.

We had several of our swimmers advance onto the next stage of the carnival, where they will represent the Sydney West region. A massive thank you to all of the parents and relatives who were there on Monday to support our team. It really does make a difference and the support and encouragement that you provided was fantastic. I'm sure that you are very proud of the performances put forward by our swimmers throughout the day.

Well done to the following students who represented the school on the day

First name	Surname
Joshua	Ahmed
Elias	Bahbah
Jessica	Bobbin
Caitlin	Brown
Courtney	Browne
Tynesha	Caruana
Hugh	Davey
Andrew	Deller
Alana	Duncan
Kate	Duncan
Thomas	Dunn
Logan	Gladdish
Caleb	Hansford
Gemma	Hewitson
Daniel	Hooke
Callum	Johnson
Tanya	Kement
Kenny	Leibeck
Kori	McMaster
Christopher	McRae

First name	Surname
Luke	Micallef
Mikaela	Blair
Hayden	Moran
Dylan	Mottram
Aaron	Myers
Mikaela	O'Keefe
Thomas	Pawson
Eliza	Powdrill
Tamara	Savage
Zoe	Savage
Nikolas	Savage
Ethan	Shepherd
Maddison	Smith
Ayrton	Taylor
Chantel	Teakle-Jones
Jayden	Thompson
Jamie	Todd
Katie	Towell
William	Yallop

REQUEST TO PARENTS FROM THE PHOTOGRAPHY DEPARTMENT

If you have any old SLR film cameras lying around at home that may be of no use to you anymore, would you please kindly consider donating them to the QHHS Photography Department for use in our Wet Photography/Darkroom Unit.

Thank you.



П DAY

On Wednesday 14 March Quakers Hill High School celebrated this momentous Mathematical day with, of course, the selling of Apple pie with ice cream. It was great to see students see the funny, yet tasty side of Mathematics. Also some teachers really had some great fashion sense in the T shirts they came up with.

Some interesting facts about π :

- "Pi Day" is celebrated on March 14 (which was chosen because it resembles 3.14). The official celebration begins at 1:59 p.m., to make an appropriate 3.14159 when combined with the date. Albert Einstein was born on Pi Day (3/14/1879) in Ulm Wurttemberg, Germany.
- Pi is the most recognized mathematical constant in the world. Scholars often consider Pi the most important and intriguing number in all of mathematics. In the Greek alphabet, π (*piwas*) is the sixteenth letter. In the English alphabet, p is also the sixteenth letter.
- Pi is an irrational number, meaning its digits go on forever in a seemingly random sequence.
- Pi was first rigorously calculated by one of the greatest mathematicians of the ancient world, Archimedes of Syracuse (287-212 B.C Ancient mathematicians tried to compute pi by inscribing polygons with more and more sides that would more closely approach the area of a circle. Archimedes used a 96-sided polygon. Chinese mathematicians Liu Hui inscribed a 192-sided polygon and then a 3,072-sided polygon to calculate pi to 3.14159. Tsu Ch'ung and his son inscribed polygons with as many as 24,576 sides to calculate pi (the result had only an 8-millionth of 1% difference from the now accepted value of pi). Before the π symbol was used, mathematicians would describe pi in round-about ways such as "quantitas, in quam cum multipliectur diameter, proveniet circumferential," which means "the quantity which, when the diameter is multiplied by it, yields the circumference
- In 1995, Hiroyoki Gotu memorized 42,195 places of pi and is considered the current pi champion. Some scholars speculate that Japanese is better suited than other languages for memorizing sequences of numbers.
- A Givenchy men's cologne named Pi is marketed as highlighting the appeal of intelligent and visionary men
- The first 144 digits of pi add up to 666

Many thanks go to the SRC and members of the Mathematics staff for their assistance on the day. Also thanks to those students who got behind the event.

We also raised \$100 which will go to Stewart House!

Ms K Khehra

Head of "I ♥ π" Mathematics

STUDENT ROLES AND RESPONSIBILITIES IN ANTI-BULLYING

Bullying involves the abuse of power in relationships.

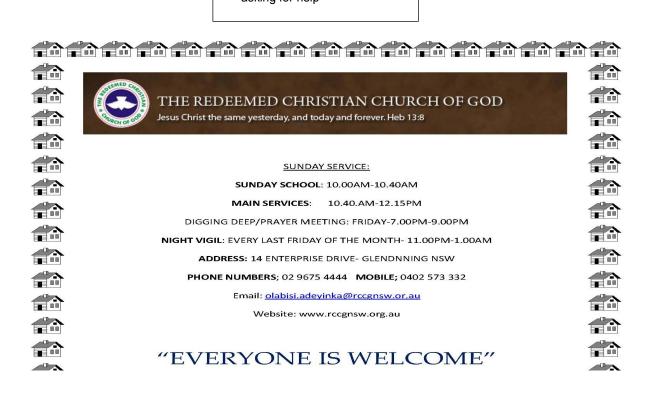
It is intentional, repeated behaviour by an individual or group of individuals that causes distress, hurt or undue pressure.

All students should be active citizens of the school community.

If you see, are affected by or have been a part of bullying behaviour: -

Be sure to take positive action to make things right.

What you can do **Bystander** Person displaying bullying behaviour Reflect on your behaviour and consider its Consider why you are behaving this way **Bystanders** and how you could change so it is more appropriate Never stand by and Remember it's not you, it's your behaviour let bullying behaviour occur that's the issue **TELL** Should speak up Remember you can ask for support to **SOMEONE** learn to use effective decision making Ask for help strategies to guide your behaviour in a Such as your parent responsible way or house adviser **Person Affected** Person displaying bullying behaviour Person Affected If you feel that a situation is out of control - or you cannot handle it alone, ask for help Dobbing is not the same as asking for help





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KILDARE ROAD MEDICAL CENTRE

ALLIED HEALTH SERVICES EXTENDED

Our Allied Health Services are available throughout the week. Referrals can be made through a GP under Medicare or private appointments can be made by calling 8822 3000.



medicalcentre

Kildare Road Medical Centre

36 Kildare Road, Blacktown (next to Westpoint, corner of Kildare Road and Balmoral Street)

Ph: (02) 8822 3000 www.kildaremedical.com.au Podiatrist – *Mondays and Saturdays*

Exercise Physiologist – Tuesdays and Fridays

Dietitian - Tuesdays, Thursdays and Fridays

Psychologists – Mondays, Tuesdays and Wednesdays

Physiotherapists – Monday to Saturday

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