

CONTACT



VOLUME 20—ISSUE 15

21 SEPTEMBER 2012

NSW Department of Education & Training

PRINCIPAL'S REPORT

P&C GENEROSITY

Our wonderful P&C have once again been incredibly generous to our school with the purchase of 6 display boards which will play a key role in our CAPA Showcase, planned for Week 6 of next term. Last year Ms Valatiadis and her staff organised the inaugural showcase in our performance space. The event was such a success and there was so much amazing student work to show off that this year we decided to move the event to the school hall and Ms Valatiadis has spent a lot of time searching for display boards that would present a professional touch to the presentation of our students' work. Thank you again to the P&C and I encourage all students and parents to come along to our CAPA Showcase next term.

ELECTION DAY BBQ AND CAKE STALL

Our election day BBQ and cake stall was a big success and all funds raised will allow our SRC to undertake the school improvement program they have been planning. Thank you to all parents, students and staff who supported the fundraiser with either their time or the provision of treats for our cake stall.

OUTSTANDING ATTENDANCE TERM 3

The following students have received special letters of commendation for outstanding attendance in Term 3. That means they have not missed attending school all term. Regular and timely student attendance continues to be a priority at Quakers Hill High School and Mr Nash, working hard with the Welfare team, Mrs Cooper and Mr Somerset, continue to strive for all students to be at school on time at least 85% of the time.

Congratulations to the following Stage 4 students: Year 7—Chad Llesis, Jesse Owen, Chris Wadey, Jacob Chin, Sean Greer, BJ Siau, Bryce Simpson, Dylan Smith, Jenelle Magtibay, Jack Marshall, Kadiatu Jalloh, Luke Khawam, Tynesha Caruana, Joshua Frith, Jarrad Smith, Anthony Stokes, Jacob Karley, Daniel Da Silva, Myah Dionisio, Zane El-Kamand, Bradley Elliott, Gavin Ellison, Liam Griffiths, Jayden Thompson, Katie Towell, Shania Tweedie, Kira White, Breanna Williams, Tapi Zinatasa, Jaime Todd, Nathan Walker, John Aguilar, Jason Bailey, Connor Baillache, Shaina Bar-

Upcoming Events

21 September
Contact issued
Last day Term 3

8 October
First day Term 4 for all
students and staff

12 October
Year 7 Vaccinations

15 October
P&C Meeting 7pm

16 October
Year 7 Parent/Teacher
evening

19 October
Contact issued
Finance Meeting

22—26 October
Exam week 7-10

25 October
Walk to Wyndham—ATSI
students

29-30 October
Peer Support training

Bath, Georgia Blundell, Jaimie Bonsall, Corey Browne, Cooper Coroneos, Jessica Davida, Daniel McDougall, Tahisia Creswell, Boaz Villarosa, Bardia Gorjei, Gemma Hewitson, Luke Jefferies, Japneet Kaur, Blake Drummond. Year 8— Bradley Lannoy, Catherine Owusu-Sekyere, Sedale Purcell, Aarya Raghubanshi, Katlyn Saliba, T'ai Sekyere-Harte, Mosese Seru, Joshua Shea, Chloe Silva, Michelle Marcelliano, Sarah Mazlin, Erin McCready, Elizabeth Micallef, Tara Mohammadi, Kavya Mathur, Emily Morgan, Dylan Nulty, Daniel Gill, Sameesh Gupta, Kevin Liu, Daniel Byrne, Jake Cauchi, Harley Dowton, Tyla Ferguson, Matthew Fleming, Chloe Gale, Bhoomika Sreenivasan, Alex Tupper, Matt Zigmantas, Marie-Grace Araullo, Ashleigh Bernecic, Bradley Coleiro, Kaitlyn Hockey, Shiba Hashemi, Geoffrey Huang, Emily Janes, Hannah Kemp, Kethini Krishnar.

Stage 5 students' names will be published in the next issue of Contact.

NAPLAN 2012

Parents please be advised that Year 7 and 9 NAPLAN 2012 reports have been issued to students this week to take home. Some parents have collected their child's NAPLAN reports at the recent Parent/Teacher Evening.

BEATING EXAM BLUES

The mere thought of an exam can make kids nervous. Help create the right study conditions for your child in the lead up to exams and know the warning signs if it's all getting too much. Go to: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/school-exam-stress-busters>.

GETTING ROADWORTHY

Getting a driving licence is high on the list of priorities for many senior students and the Geared website can help them get on the road armed with the information they need to stay safe. The site features information on getting a licence, driving techniques and how to choose, buy and fix a car. Go to: <http://www.rta.nsw.gov.au/geared/>.

CYCLING IN SAFETY

Knowing how to ride safely is crucial for all riders. This useful NSW Government summary provides tips on the right safety gear to get as well as clearly written information on how to stay safe on two wheels. Go to http://bicycleinfo.nsw.gov.au/riding_safely/10_tips_for_cycling.html.

Senior Constable John Bollard, the Youth Liaison Officer at Quakers Hill Police station, is conducting a **free parents forum** relating to Facebook and sexting on Thursday evening 18 October commencing at 7pm at the Uniting Church, 32 Highfield Road, Quakers Hill. If parents from QHHS would like to attend, it would be worthwhile. Any further enquiries/RSVP's please contact Senior Constable John Bollard at Quakers Hill Police station on 9678.8999.

Enjoy the upcoming holidays and a reminder that ALL students return on **Monday 8th October 2012**.

Lauretta Claus

Principal

DEPUTY PRINCIPAL'S REPORT

YEAR 7 REVIEW

During Term 3 I have conducted a review of Year 7. This involved all teachers of every subject completing an assessment of class behaviour, productivity and social interaction. The purpose of this is to continue to monitor the progress of Year 7 during Semester 2 and identify the needs of students and class groups. It is also an opportunity to identify those students who continue to apply themselves to their work and make a valuable contribution to lessons. On Thursday 13 September I had the



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Principal

Lauretta Claus

Deputy Principals

Robert Bredin

Therese Hourigan

P&C President

Jannette Nigl

School Captains

Alana Duncan & Luke Agius

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pleasure of presenting 41 students with an executive award for their consistent effort and application during Term 3. Congratulations to all those students and keep up the good work.

Year 7 parent/teacher evening will be held on Tuesday 16 October 3:30 – 6:00pm. All students have been issued with an appointment card to make appointments for their parents/carers.

SKI EXCURSION

On Sunday 26 August a group of 44 students and 4 teachers left Quakers Hill HS bound for Jindabyne. The collegiate excursion consisted of 35 students from Quakers Hill HS, 8 from Seven Hills HS and 1 from Wyndham College. We were fortunate to have the best snow conditions in many years with over 2 metres of snow and more to come while we were there. All students participated in lessons each day conducted by professional instructors from Thredbo Ski School followed by supervised free skiing in the afternoon. All students had the opportunity to experience the challenge and excitement of developing new movement skills in the beautiful environment of the Thredbo ski fields. The four days went very quickly with all staff and students returning safe and sound. All students were fine ambassadors for their school receiving praise from all who encountered them. The manager of Bangarra Alpine Centre described our students as “a breath of fresh air”. Many thanks to all staff who assisted in making this excursion possible and in particular Mr Barry as the driving force behind the expedition.

YEAR 10 – COLLEGIATE EXAMS

All Year 10 students are encouraged to use the upcoming holidays to revise and prepare for the Year 10 Collegiate exams to be held on Thursday 8th & Friday 9th November. These exams will be conducted across all Nirimba Collegiate schools and are vital in attaining the Nirimba Collegiate Stage 5 Certificate.

PLANNING A FUTURE

The myfuture career information service helps young people make career decisions and plan career pathways. It provides inside information on occupations and industries, offers details on courses and advice on how to get a job or start a business.

Go to: <http://www.myfuture.edu.au/en.aspx>

Therese Hourigan

Deputy Principal (Years 7 & 9)

SWIM SCHOOL PROGRAM

Every Wednesday during Term 3 students in the Support Unit attended their own swim school program at Blacktown Leisure Centre. Blacktown Leisure Centre supplied eight trained swim teachers who have been fabulous teaching our students. We have been very fortunate to have had this mutually beneficial arrangement, whereby students have further developed their swim skills and the swim teachers have gained practical experience after recently completing an additional course for teaching students with special needs. At the completion of each lesson, students enjoyed free time in the wave pool. We thank the centre for their generosity in providing these free lessons throughout Term 3.



SPORT REPORT YEAR 7 GALA DAY

The annual Year 7 Gala day took place this year on Monday 17 September with an incredible turnout by our Year 7 students. The sports on offer this year were Soccer, AFL and Netball. Out of the Blacktown Zone Quakers Hill High School had the largest representation of teams at all the sports being offered which confirms our students' willingness for being active and love of competition against other schools.

The highlight of the day was our visitors from the Western Sydney A League team, Yianni Perkatis and Stepan Paric. These young professional superstars talked to the kids about following their

dreams and never giving up even if they fail. They spent the rest of the day talking to the kids and signing merchandise.

A big congratulations on the sportsmanship, behaviour and maturity of Quakers Hill High School students on the day. They all did their very best to represent the school and display their talents.

Yours in sport

Mario Ghobrial

Special thank yous to: Mr Daghel, Mrs Liversedge, Mrs Tong, Mr Longstaff.



CULTURAL INCLUSIVITY IN SCIENCE—A REFUGEE’S STORY

In an attempt to showcase the cultural diversity of our school community and to emphasise the privileges and opportunities that students at Quakers Hill High School enjoy, Bolis Longy was invited to talk to a group of Year 10 students on Tuesday 18 September.

Boris Longy, better known as Paul, is a familiar face around the school and works as the school cleaner. He received a tertiary education through SOLU, following a program underwritten by Cambridge University. He taught Biology, Physics and Chemistry for 11 years and was a school Principal for 7 years in Sudan.

Due to consistent persecution, Mr Longy left war-torn Sudan and moved to Egypt before migrating to Australia as a refugee in 2005. Mr Longy spoke to the students about his life in Sudan, the struggles he endured during his years of studies and how he persevered despite the conditions and laws of the country. Mr Longy’s story was certainly moving and he had his audience captivated with his excellent command of the English language. To conclude he gave the Year 10 students a recap on the concepts of reflection and refraction in the Light topic that they are currently studying in Science.

This is what students had to say about the presentation:

Many times, being known as a cleaner has people dismissing the individual, without actually knowing the person’s history and personality. This was the case with Bolis Longy; his harsh life in Sudan has made him become a stronger, humbler and kinder person. Mr Longy’s presentation was personally inspirational for me, as through all his struggles his great love for God brought him through. His resilience was especially admirable, as well as indelible in the hearts and minds of those who heard Mr Longy’s testimony.

Mai Lam

I found Bolis Longy's talk to be a real eye-opener as to what life is like in other countries. It made me realise how lucky we are to be in Australia and the freedom we have. Mr Longy is a very intelligent and inspirational man and I thoroughly enjoyed his presentation. **Juliette Harrington**

Kamani Naicker (Head Teacher Science)

COFFEE SCHOOL—BARISTA CERTIFICATE GRADUATES

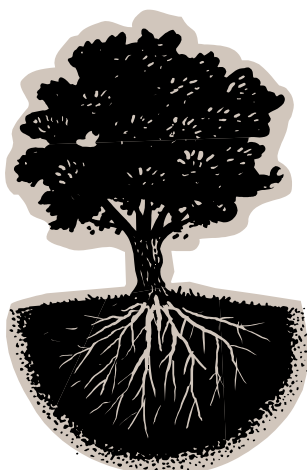
60 students from Years 8, 9 & 10 travelled to the city this week to participate in the Barista Course at The Coffee School. The students travelled through jammed peak hour trains to be in the city by 9am to start rigorous course work. Once inside The Coffee School the students were allocated an industrial standard coffee machine each and were taught how to make a variety of coffee beverages such as lattes, cappuccinos, espressos, flat whites, mochas, macchiatos as well as hot chocolates. The students were taught a variety of techniques of coffee making as well as coffee art. They were also educated on keeping the freshness and quality of the coffee bean to a high standard and to also be able to clean the machine effectively. After hours of making many different types of coffee, we all had lunch in Market City in Chinatown and back again to the school to complete the course.

The Coffee School is a registered training organisation who have professionals in the industry that are trained to assess the ability of the students and after a series of successful practical tests and then a written test, the students would finally receive their nationally recognised accreditation, which is a Statement of Attainment SITHFAB012B Prepare and Serve Espresso Coffee.

At Quakers Hill High School we greatly value the experiences and opportunities that are offered in the wider community that enable the enrichment of skills of our students. Not only do the students from this excursion able to gain skills and an accreditation that would potentially help them in the workforce but the cultural experiences gained are also of great benefit. Congratulations to all the students who gained their certificates. Well done! We are aiming to hold a similar excursion some time early in 2013.

Launcelot Roma, TAS

WESTERN PARKLANDS TRUST EXCURSION



After a very wet night Friday 14 September dawned dry and sunny—a fit day for 7E, 7M & 7W to take part in a community tree planting day at Glendenning. The students travelled by bus to the pre-organised venue where they were instructed on how to transplant native seedlings. The holes were pre-dug but each student needed to plant 20 seedlings and protect them with special plastic bags held open by three bamboo stakes. At the end of the planting time the climbing bars and playground were enjoyed as the students waited for the bus. The trees will hopefully grow for us to visit in the future.

Georgia Brown 7E

Quakers Hill High School P & C Uniform Shop Opening Hours

Open Every Monday Morning until 17th December 2012

8.10am-9.30am

Also open end of term on the
Pupil Free Days 20th and 21st Dec
9am—10am

2013 Year 7 Information Night

Wednesday 28th November 2012

Open 5.30pm - 9pm

Special Opening Hours 2013

School Holidays - Wednesday 23rd, Thursday 24th
and Friday 25th January – 8am-1pm

Tuesday 29th January (Pupil free day) 2pm—4pm

Wednesday 30th January (Yr 7 start) 2pm—4pm

Thursday 31st January (Yrs 8-10 start) 2pm—4pm

Return to Normal Hours

Monday 4th February: 8.10am—9.30am



Note: Try to buy your uniforms as early as possible. You can
always exchange sizes.

Please Remember!!

Be Patient!!!

WANTED—TABLE TENNIS TABLES

Any families that may have an unwanted table tennis table at home, QHHS would gladly take them off your hands. We are looking for the ones with metal fold out legs that are easy to store (see picture below). If you have one and it could be delivered to the school, we would be very appreciative.

David Blench, HT PDHPE



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rushton's pharmacy

Rushton's Pharmacy has operated on the KRMC site for over 25 years. Owners Peter and Louise Rushton have always focused on providing the best possible care for their customers and believe that the delivery of key information and advice is a core part of this. Services include:

- Dispensing prescriptions and vaccines
- Providing dose administration aids and disposing of unwanted medications
- Home Medication Reviews
- Diabetes care and support and NDSS Agent
- Hire and sale of Ameda breast pumps and kits, nebulisers, crutches and wheelchairs
- Free drop-in Baby Health Clinic every Thursday morning

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