CONTACT



VOLUME 20—ISSUE 12

10 AUGUST 2012

NSW Department of Education & Training

PRINCIPAL'S REPORT

"IT BEGAN WITH EVE"



13 August P&C Meeting 7pm

15, 22, 29 August Support Unit Swim School

21 August Collegiate Cup Yrs 8 & 10

24 August, 7 September Contact Issued

26—30 August Alpine excursion

31 August Year 9 Geography Field trip

> 3 September Year 8 Gala Day

6 September Year 8 Geography Field trip

5, 12,19 September Support Unit Swim School

6-7 September CHS Athletics

10 September
P&C Meeting 7pm
Year 7 Science incursion

Hopefully many of you have had the opportunity to come and share in the brilliance of our school musical for 2012. If you haven't I would strongly urge you to make it a priority to get tickets for Friday night's final session.

This year's musical celebrates everything that is good and great in our school. There is talent in abundance on display but there is also a strong message about working hard in the face of adversity, challenging accepted norms and practices and the value of caring and loving others. Messages that the world and the world of our school is a complex place and you need many different skills to navigate this world. The musical shows that all different people have these life skills and here at Quakers Hill HS we are committed to ensuring that our young people get the opportunity to discover the talents and skills they will need to make them effective citizens of our world.

I cannot begin to describe the mammoth organisation, planning and coordination that goes into such a production as "It Began with Eve", but suffice to say every child; member of staff and school program and structure is affected by our commitment to the school musical. Congratulations to the incredibly talented students who bravely share their amazing talents and a big well done to the industrious and hardworking back of house, makeup, front of house, lighting and stage crews. You were all fantastic.

Such an enormous venture could not happen without the support and commitment by the wonderful staff at Quakers Hill HS but of course special acknowledgement needs to be made to Deb Franco, Mel Lachevre and Michael Brooks who every year seem to just make the musical happen and in making it happen, be even better than the previous year. Thankyou so very much Deb, Mel and Michael.

PROSPERITAS

Last Wednesday Mrs Critchley our HT Teaching and Learning organised our annual Prosperitas Evening. I know she has provided more specific detail about participants and winners later in this edi-

tion of CONTACT, but it would be remiss of me not to acknowledge the outstanding quality of the student projects and relate just how difficult it was for staff to determine the overall prize winners. The variety and range of projects, coupled with the creativity and sheer imagination of our students was incredible. I know many of the parents who attended the evening were very proud of the work created by their child and were appreciative of the opportunity that Mrs Critchley's gifted and talented initiative gave them.

Congratulations again to all students who participated and a special thank you to Mrs Critchley for designing and coordinating such a successful platform for our students to share their talents.

Opening the Prosperitas evening I said when I am in a new social setting and I am asked what my career is, when I tell people I am a teacher they usually smile and nod positively. They then ask "primary or secondary?" and when I say "I am a high school teacher" they often respond with "oh you poor thing", "I would never be a teacher let alone high school." And for the most part I understand their responses because teaching is a very challenging and difficult profession, where connecting and engaging our young people is of paramount importance and this is by no means an easy task. It is even harder to connect and engage with teenagers who are entering the world of "I know everything and you adults know nothing" (sound familiar mums and dads?) Anyway when I reflect back on the last 2 weeks and what Quakers Hill HS has been able to demonstrate to the community – the sheer talent, amazing learning and the gifted teaching staff we have, I truly feel honoured and privileged to be a high school teacher and the Principal of such a wonderful public high school. A school that lives up to its motto "A Caring Educational Community Shaping a Positive Future."

Have a great week

Lauretta Claus, Principal

DEPUTY PRINCIPAL'S REPORT

Uniform

Unfortunately, some students are not adhering to the school uniform policy wearing unacceptable variations in order to 'keep warm'. It is at this point each year that it is necessary to point out that QHHS does have uniform provision for cold weather. Students have the option in choosing to wear the navy blue woollen jumper, the teal sloppy joe or the QHHS sports jacket. **Students are not to wear a long sleeve, coloured top underneath their school shirt**. Long pants are available and QHHS track pants are available for sport.

It is imperative that all students wear black **leather** upper school shoes that cover the whole foot in order to comply with OH&S regulations particularly in the Science and TAS labs. Canvas or fabric shoes do not comply with these regulations and therefore are not acceptable footwear for high school.

Also, students in Years 8-10 are permitted to wear **the full QHHS sports uniform** on the one day they have timetabled sport only. This will only be scheduled on either a Monday or a Tuesday. Students are not to wear their school trousers as track pants.

The school uniform shop is open on Monday mornings 8:10am – 9:30am. If you are experiencing financial difficulty and you are unable to purchase uniform needs, please contact me so that we can discuss assistance.

Need help getting assignments done? Homework Club

The QHHS Homework Club operates to support students who may require any assistance with completing assignments, accessing computers/internet or studying for exams. The Homework Club is supervised by teachers who volunteer their time to help our students and it is held in the school library. The hours of operation are Tuesdays and Thursdays from 3:10 – 4:10pm. In order to attend students are required to submit a completed permission form to the Maths or Science staffroom. Please see Ms Breen or Mrs Azad for further information.

NSW Department of Education & Training



	70 Lalor Road, QUAKERS HILL NSW 2763	Principal	Lauretta Claus
	(02) 9837 1533	Deputy Principals	Robert Bredin
□	. ,		Therese Hourigan
	(02) 9837 1747	P&C President	Jannette Nigl
	quakershil-h.school@det.nsw.edu.au	School Captains	Alana Duncan & Luke Agius

The paid advertisements in this newsletter are not necessarily endorsed by this school although we thank our sponsors for their support.

QHHS Fit Club

As I am writing this report, we are into the second week of Fit Club. This is an initiative organised by Mr Longstaff to promote health and fitness in our school community. The 45 minute fitness sessions start at 7am (on Tuesday and Thursday) and we have a keen group of 40 students and a few brave staff members who work together on these fine, crisp mornings to support each other in their fitness goals. Afterwards, we enjoy a wholesome breakfast of cereal, toast, fresh fruit and fruit juice together. Being involved in this program is such a great way to start the day, particularly with these motivated and enthusiastic young people.

Therese Hourigan, Deputy Principal (Years 7 & 9)

CHANGE OF PERSONAL DETAILS FOR STUDENTS

(PLEASE PRINT)

NAME OF STUDENT: YEAR: ADDRESS:			
HOME PHONE:			
WORK PHONE:			
CARER 1 NAME:			
PHONE/MOBILE:			
CARER 2 NAME:			
PHONE/MOBILE:			
EMERGENCY CONTACT:			
MEDICAL PROBLEMS (IF ANY)			
Signed:	Date:		

SYDNEY WEST ATHLETICS REPORT

The superstar athletes from Quakers Hill High School put on a show competing against the very best that the Sydney West region has to offer. The two day carnival held at Sydney Olympic Park saw some impressive results from a number of competitors, culminating with an impressive run by our U/12 Boys relay Team (Hayden Moran, Hamid Omotoso, Levi Francis and Jerome Smith) that would see them through to the State Championships.

Brock Styles completed a hectic two days' worth of events and finished as the AWD Boys champion. Finishing 1st in Javelin, 1st in 200m, 1st in Long Jump, 1st in 800m and 1st in 100m. **Dillon Lehmann** also completed an impressive meet finishing 1st in Discus, 2nd in Javelin, 2nd in Shot put and 2nd in the100m event. Both these boys will now be advancing to the NSW state championships.

We also had two more competitors advance to the NSW championships - **Jerome Smith** running 1st place in the 80m Hurdles and Jai Skinner who placed 2nd in the Javelin. Both boys displayed quality sportsmanship on the day.

It was without a doubt a great performance by the school and I was not only proud of our achievements on the track and in the field, but the way all students displayed wonderful sportsmanship at the completion of each event, going out of their way to congratulate athletes from other schools on their performances.

It is this classy behaviour that makes it a pleasure to take athletes away to represent Quakers Hill High School. Well done and thank you to the following students for competing on the day

Name	Surname
Afraa	Jumma
Anita	Omoruyi-Uwaila
Brock	Styles
Dillon	Lehmann
	Skinner-
Jai	Tamanitoakul
Jake	Cameron
Jerome	Smith
Juliette	Harrington
Lachlan	Nolland
Logan	Gladdish
Maya	Huxstep
Nikolas	Savage
Stephanie	Cajucom
Tamara	Savage
Waheed	Shinwari

Name

Surname

Francis	Levi
Hamid	Omotoso
Hayden	Moran
Hayley	Quattromani
Heidi	Rogl
Jerome	Smith
Justin	Acuesta
Keyshawn	Sunga
Kyle	Mula
Lachlan	Nixon
Lekan	Bayode
Tai	Sekyere-Harte
Tyla	Ferguson
Zoe	Savage

Surname

Name

PROSPERITAS AWARD

On the 31st of July students around the school were amazed and awed by the work of the Prosperitas candidates. This program allows students to develop their skills and interest in any area with the assistance of a mentor teacher. This year's candidates were exceptional in the effort they put into their work over the last 2 terms. The students created works of art—Avnoor, Jessica and Andrea created art and photography, Beth developed a computer program to teach the Olympics to primary age students. This was used in a local primary school as a test. Bryce built the Titanic and with his friend William created a video. Dennis built an operating system to rival Windows. Rhyannah taught me how to create work in glass using a Prezi; bringing her completed items to show the different ways you create works of art. Elliot and Luke rocked the library with their music and showed how to produce. Britany and Zoe scared us with a horror movie. Jasmine designed the dress from the Disney movie Tarzan and modelled the completed outfit staying in character for whole day. Robert created an epic PowerPoint covering Japanese history of war up until the 20th century. Laura and Rachel showed their literary prowess in writing a novel each whilst Kaitlyn showed us her poetic technique and encouraged us to write our own. Alyssa created a book teaching us cultures from across the world.

It was a near impossible task to choose our final winners as they were all winners and so are we to have students like this in our school. The medal went to the following students.

Gold - Avnoor Guron

Silver - Alyssa Manalo

Bronze - Laura Radwill

(Watch out for Laura as a published author coming to an online book store near you soon.)

K Critchley, Head Teacher - Teaching and Learning



CARERS UNITE

ADVOCATE

SUPPORT

EDUCATE





Foster Care **ASSOCIATION** NSW Inc.



CARERS UNITE

ADVOCATE

SUPPORT

EDUCATE

P.O. Box 895 Raymond Terrace NSW 2324 Ph.: 024987 1847

Email:

admin@fcansw.org.au

MISSION C.A.S.E

CARERS UNITE- For all NSW foster carers to unite into a powerful collective voice.

ADVOCATE- To advocate on behalf of foster carers & their families, & to form strong working partnerships with government & non-government organisations in support of a quality OOHC system.

SUPPORT- To provide peer support to foster carers, & to assist them to achieve the best possible outcomes for their foster children & families.

EDUCATE- To educate foster carers & raise awareness in the general public of the vital role of foster carers.

VISION

To provide advocacy, support & information to carers, that ensures they continue to receive the best support from their NGOs, allowing each child in care to achieve their full potential.

FCANSW welcomes & supports a culturally diverse community of foster carers who come from all different backgrounds & offer a wealth of experience.

What unites us, is the common goal we have in raising this next generation to reach their full potential.

Go to our membership application link on our website: www.fcansw.org.au.

Or to be posted a membership form contact us on (02) 4987 1847 or email admin@fcansw.ora.au





Do you want Healthy • Active • Happy • Kids?

Join in the fun and learning that is Go4Fun!

Go4Fun is a <u>FREE</u> nine week healthy lifestyle program for children to become fitter, healthier and happier. The program is fun and interactive and supports 7 – 13 year old children and their families to adopt a long lasting and healthy approach to living.

Go4Fun **Riverstone** will be starting in **Term 3**, **2012**. Sessions will run every **Tuesday** and **Thursday** from **4pm** to **6pm** for nine weeks.

BOOK NOW! PLACES ARE LIMITED!

To register your family or for more information

Call: 1800 780 900

Visit: au.mendcentral.org

Evening Numeracy Classes

Evening courses are being offered to members of the community in Numeracy strategies to assist your child. The sessions will be interactive and hands on, as well as being informative.

Where: Quakers Hill High School, Common Room

When	Strand to be covered
Wednesday 22 August	Number and Algebra
Wednesday 29 August	Measurement and Geometry
Wednesday 5 September	Data and Probability

Time: 7:00pm to 8:30pm

Cost: Free

You may attend as many sessions as you wish.

A light supper will be provided

Enquires or to register to attend please contact Kuldip Khehra, Head Teacher Mathematics (02)9837 1533

kuldip.dhesi@det.nsw.edu.au



Quakers Hill High School P & C Uniform Shop Opening Hours

Open Every Monday Morning until 17th December 2012
8.10am-9.30am
Also open end of term on the
Pupil Free Days 20th and 21st Dec
9am—10am

2013 Year 7 Information Night

Wednesday 28th November 2012 Open 5.30pm - 9pm

Special Opening Hours 2013

School Holidays - Wednesday 23rd, Thursday 24th and Friday 25th January - 8am-1pm

Tuesday 29th January (Pupil free day) 2pm—4pm Wednesday 30th January (Yr 7 start) 2pm—4pm Thursday 31st January (Yrs 8-10 start) 2pm—4pm

Return to Normal Hours

Monday 4th February: 8.10am—9.30am



Note: Try to buy your uniforms as early as possible. You can always exchange sizes.

Please Remember!!

Be Patient!!!

Australia's number 1

JAMES AN COLLEGE 🚕

NAPLAN • O.C. • SELECTIVE • SCHOLARSHIP • HSC SPECIALISTS

Tuition for Year 1 to Year 12

ENROL NOW for Academic Success!

PARRAMATTA (02) 9633 9638

172 Church St, Level 2, The Connection Arcade

CASTLE HILL (02) 8850 7188

19-21 Terminus St

We will
beat any
REASONABLE
PRICE offered by
competitors!

CHALLENGE YOUR MIND!





Kildare Road Medical Centre

36 Kildare Road, Blacktown 2148 (Next to Westpoint Corner Kildare Rd & Balmoral St) 8822 3000

www.kildaremedical.com.au

caring for our community

KILDARE ROAD MEDICAL CENTRE

rushton's pharmacy

Rushton's Pharmacy has operated on the KRMC site for over 25 years. Owners Peter and Louise Rushton have always focused on providing the best possible care for their customers and believe that the delivery of key information and advice is a core part of this. Services include:

- Dispensing prescriptions and vaccines
- Providing dose administration aids and disposing of unwanted medications
- Home Medication Reviews
- Diabetes care and support and NDSS Agent
- Hire and sale of Ameda breast pumps and kits, nebulisers, crutches and wheelchairs
- Free drop-in Baby Health Clinic every Thursday morning

We stock a range of prescription medicines and Australian natural medicines, first-aid kits and sports bandages, SRC pregnancy shorts, Making Life Easy home healthcare products, Molimed incontinence products and Venoscan compression garments. At Rushton's pharmacy we put your family's health first. We provide asthma care advice, eczema and skincare products and the latest head lice treatments.

OPEN 7 DAYS 8:00AM TO 8:00PM

GUITAR LESSONS

With Chris Brooks, professional guitarist

(As featured in Australian Guitar Magazine's top Aussie Guitarists)



~ Learn stuff you will actually use!

~ Daytime and evening spots

~ Kids and adults welcome

~ Comfortable home studio

~ One to one or bring a friend

Committed to helping you become great at guitar! ~ I care about giving you the right advice and direction

QUAKERS HILL CALL 0467-285-235 Email: cb@chrisbrooks.com Web: www.chrisbrooks.com

"Delivering Quality"



Need computer help? We will come to you!

- Onsite software and hardware repairs
- Custom built computer sustems
- Network deployments and modifications
- Anti-virus and anti-spyware solutions
- Prompt turnaround on return to base issues
- Solutions designed specific to uour needs

Contact us today for a free quote 1300 788 436