

# Parkes East Public School

## Canteen Menu - 2025

Preferred ordering via [flexischools.com.au](http://flexischools.com.au) OR write a paper bag order and take to canteen. **BAGS \$0.10**



### Sandwiches



### Snacks

Wholegrain Bread is available

Vegemite	\$ 3.00
Cheese	\$ 3.50
Ham	\$ 4.00
Chicken	\$ 4.50
Tuna	\$ 4.50
Cheese Salad	\$ 4.00
Ham Salad	\$ 4.50
Chicken Salad	\$ 5.00
<b>Toasted Sandwiches</b>	
Cheese	\$ 4.50
Cheese & Tomato	\$ 5.00
Ham & Cheese	\$ 5.00
Ham, Cheese & Tomato	\$ 5.50
Chicken & Cheese	\$ 5.50

Milo Ice Cube	\$ 0.10
Nutrigrain Cups	\$ 0.20
Cheese & Rice Cracker	\$ 0.20
Pikelet (Max 5)	\$ 0.20
Watermelon	\$ 0.40
Jelly & Custard (10c cup refund)	\$ 1.70
Fruit Juice Jelly (10c cup refund)	\$ 1.20
Popcorn	\$ 1.50
Apple Slinky	\$ 1.00
Warm Milo	\$ 1.00
Fresh Fruit Salad	\$ 1.50
Cheese Corn Thin	\$ 0.50
Pizza Sub (Thurs Recess Only)	\$ 0.50
Garlic Bread (Fri Recess Only)	\$ 0.50
Banana Bread	\$ 3.00
JJ's	\$ 1.50

### Salad Wraps

(Lettuce, tomato, beetroot, carrot, Cheese)



Cheese Salad	\$ 5.50
Ham Salad	\$ 6.50
Chicken Salad	\$ 6.50
Sweet Chilli Chicken	\$ 7.00

### Salad Boxes

Ham	\$ 6.00
Tuna	\$ 7.00
Sweet Chilli Chicken	\$ 7.00
Zucchini Slice & Salad	\$ 6.50

### Cold Drinks

Fruit Juice Popper	\$ 2.00
Strawberry/Chocolate Milk	\$ 2.50
250ml Water	\$ 1.00
600ml Water	\$ 2.00
Juice Bomb	\$ 3.50



### Hot Food

Chicken Nugget	\$ 0.80
Corn Cob	\$ 1.20
Party Pie	\$ 1.40
Sweet Chilli Chicken Tender	\$ 2.00
Sausage Roll	\$ 3.50
Spaghetti Bolognese (Homemade)	\$ 5.00
Lasagne	\$ 5.00
Chickenburger (Lettuce & Mayo)	\$ 5.50
Chickenburger & Salad	\$ 6.00
Hamburger (Lettuce & Tomato)	\$ 5.50
Tomato or BBQ Sauce	\$ 0.50
Mac & Cheese (Homemade)	\$ 5.00
Gluten Free Chicken Nugget	\$ 0.90
Gluten Free Sausage Roll	\$ 1.60
Gluten Free Party Pie	\$ 1.60
Extras (Tomato, Cheese) each	\$0.50

### Frozen Options

Fruit Juice Pops	\$0.20	Rainbow Juice Pops	\$0.50
Snap-stick	\$1.50	Rainbow Paddle Pop	\$2.00
Orange Wedges	\$0.20	Grape	\$0.20