Parkes High School

Canteen List 2026

Sandwiches

1 Filling - salad	$3.50
1 Filling - Meat	$4.00
+ per filling	$ .50
3 + fillings	$5.00
Vegemite/Honey	$2.50

Rolls

Salad	$4.50
Meat/Egg & Salad	$5.00

Wraps

Salad	$5.50
Meat/Egg & Salad	$6.00

Toasties

Toasted Sandwich	$5.00
Toasted Pocket	$5.00

Fillings – Chicken, Ham, Egg, Tomato, Lettuce, Cucumber, Beetroot, Carrot, Cheese, Pineapple, Honey, Vegemite

Fresh Salads (Term 1 & 4)

Garden Salad (GF)	$5.00
+Chicken/Ham/Egg	$6.00
Crunchy Noodle Salad (special)	$6.00
Caesar (special)	$5.00
+ Chicken	$6.00
Watermelon Tub (GF)	$4.00
Fruit Salad (GF)	$5.00

Drinks

Milk 500 ml	$4.00
Milk 250ml	$3.00
Juice 500ml	$4.00
Water 1.5lt	$3.50
Water 600ml	$2.00
+ meal purchase	$1.00
Pump Flavoured Water 750ml	$4.00
Cans Sugar Free 375ml	$3.50
Juice Bomb (5 star) 250ml	$2.50
Slushies	$3.00
+ meal purchase	$2.50

Switch It Up

Hotdogs	$5.00
Burger & Juice	$8.00
Churros	$4.00

Burgers

Chicken Burger	$5.00
Chilli Chicken Tender Roll	$5.00
Hawaiian Chicken (Week A)	$6.00
Hamburger (Week B)	$6.00
Chicken Ranch (Week A)	$6.00

Homemade

Spaghetti Bolognese	$5.00
Lasagne	$5.00
Mac & Cheese	$5.00
Butter Chicken & Rice	$6.00

Term 2 & 3 (Order Only)

Curried Chicken & Rice	$6.00
Soup * Chicken & Veg	$5.00
+ Bread Roll	.50

Bakery

Beef Travellers Pie	$5.00
Beef, Cheese & Bacon Pie	$5.00
Sausage Roll	$5.00

Daily Specials

Monday – Goujons (4)	$3.00
Tuesday – Pizza (GF available)	$4.00
Wednesday – Nachos (GF)	$6.00
Thursday – *Switch It Up*	$1-$6
Friday – Chicken & Gravy Rolls	$5.00

Gluten Free (Available to order)

Pasta	$6.00
Butter Chicken & Rice	$6.00
Sand/Wrap	$6.00

Snacks

Chips lge	$3.00
Chips sm	$1.50
Fruit Muffins	$2.50
Custard Cup	$2.00
Jelly & Custard	$1.00
Assorted Fruit	$1.00
Frozen Yoghurt (GF)	$2.00

Thursday (Examples)

Meatball Subs	$5.00
Buffalo Chicken Nibbles 3 for	$4.00
Wedges Sour Cream & Chilli	$4.00

Prices Are Subject To Change Without Notification

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