CHATTERBOX

panania-p.school@det.nsw.edu.au

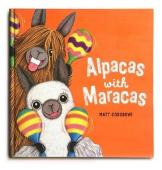
TERM 3 WEEK 6 27 AUGUST



PRINCIPAL'S MESSAGE

Pre-School Visits

To enhance community partnerships and build a sense of connection, local pre-schools are participating in a regular library program at Panania Public School. Each Wednesday the pre-school children enjoy shared reading of texts, art and craft activities as well as music and dance. The sessions support in nurturing a love of reading and provide an opportunity for children to become familiar with the school setting and routines. Interacting with school staff supports in fostering confidence in transitioning to formal schooling. We believe that these collaborative efforts between local preschools and Panania Public School will strengthen community links and create positive relationships. Thank you to everyone involved in making this initiative a success, and we look forward to many more joyful Wednesdays ahead!









Intergenerational Program

In Term 4, we shall be introducing an Intergenerational program to enrich the lives of both young and old. Select students, displaying high potential in socio- emotional learning and social skills, will be asked to participate in a program held at Panania Library. The program encourages meaningful relationships between generations, reducing feelings of isolation among older adults and providing younger individuals with role models and mentors.

Social isolation is associated with an increased risk of adverse health outcomes including functional decline, cognitive decline and dementia. Other benefits include:

- Mutual Learning: Participants can learn from each other's experiences and perspectives.
 Younger individuals may share technological skills, while older adults can impart wisdom and
 life skills.
- 2. **Enhanced Emotional Well-being**: Engaging with different generations can boost self-esteem and emotional health for both age groups. Older adults often experience increased happiness and purpose, while younger participants benefit from improved social skills and empathy.
- 3. **Community Cohesion**: Intergenerational programs strengthen community ties, promoting understanding and respect between age groups. This can lead to a more inclusive society.
- 4. **Skill Development**: Participants can develop various skills, including communication, teamwork, and leadership abilities, which are valuable in both personal and professional contexts.
- 5. **Improved Attitudes**: These programs can challenge stereotypes and preconceived notions about age, fostering a more positive perception of ageing among younger generations.

For more information view ABC Australia: How Old People's Home for 4 Year Olds is changing lives https://www.youtube.com/watch?v=mRlgQ8bVV10 and https://www.unsw.edu.au/newsroom/news/2022/10/abc s--old-peoples-home-for-teenagers---how-intergenerational-co

Bullying, No Way!

Bullying can happen at school, at home or online. It is never okay and it is not a normal part of growing up.

There is a nationally agreed definition of bullying which all Australian schools now use:

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It



can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Bullying has three key features. It:

- 1. involves a misuse of power in a relationship
- 2. is intentional, ongoing and repeated
- 3. involves behaviours that can cause harm.

There are four main types of bullying behaviour:

- **physical** examples include: hitting, pushing, shoving or intimidating or otherwise physically hurting another person, damaging or stealing their belongings. It includes threats of violence.
- **verbal/written** examples include: name-calling or insulting someone about an attribute, quality or personal characteristic.
- **social (sometimes called relational or emotional bullying)** examples include: deliberately excluding someone, spreading rumours, and sharing information that will have a harmful effect on the other person and/or damaging a person's social reputation or social acceptance.

• cyberbullying – any form of bullying behaviour that occurs online or via a mobile device. It can

be verbal or written, and can include threats of violence as well as images, videos and/or audio.

There are also some behaviours, which, although they might be unpleasant or distressing, are not bullying:

- mutual conflict that involves a disagreement, but not an imbalance of power. Unresolved mutual conflict can develop into bullying if one of the parties targets the other repeatedly in retaliation
- single-episode acts of nastiness or physical aggression, or aggression directed towards many different people, is not bullying
- social rejection or dislike is not bullying unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others.



Picnic Point High Leadership Day

Picnic Point High students co-ordinated and lead activities for our Year 4 students, whilst also building a strong rapport to support a seamless transition to high school in future years.

The high school students created engaging and inclusive activities that encouraged younger students to work together effectively. These activities were designed to help Year 4 students develop essential skills such as communication, cooperation and problem-solving. The collaborative nature of the activities enabled the younger students to appreciate the value of working as part of a team, learning to listen to others' ideas, share responsibilities, and celebrate collective achievements.

Successful implementation of the program highlighted the benefits for both cohorts of students, displaying how leadership can inspire and support students to grow.

Mrs Siwak, Principal.

PICNIC POINT HIGH SCHOOL LEADERSHIP PROGRAM

On Monday, 25 August our School Captains and Vice Captains proudly represented our school at a Leadership Day facilitated by the Year 10 and Year 11 Leadership Team from Picnic Point High School. The event brought together student leaders from across our area, creating opportunities to connect, collaborate and share ideas.

Throughout the day, our leaders engaged in thought-provoking discussions on critical thinking and leadership, as well as a series of dynamic workshops and skill-building activities. They left the day feeling inspired, equipped with new strategies and perspectives to bring back and strengthen leadership within our own school community.

"I enjoyed the games and felt confident. It was also funny watching Harry do a cartwheel." - Amelia "I enjoyed seeing and hanging out with the other schools that we don't get to see very often." - Jarvis "It was a really fun and productive day." - Brianna







SCHOOL BADGES

A limited number of school badges are available for purchase for the cost of \$10 each.

If you would like to purchase a badge as a memento for your child, please contact the school office.



SYDNEY SOUTH-WEST (SSW) ATHLETICS CARNIVAL

At Panania PS we are proud of all the students who participated in the recent District Athletics Carnival. They showed their competitive spirit and wonderful sportsmanship, with our school even winning the most points on the day!

Congratulations to the following students who were successful in making the SSW Athletics Team! This event will be held on Wednesday, 17 September at the Campbelltown Athletics Centre, Pembroke Road, Leumeah.

Jarvis Barton
Robert Campbell
Aya Hammoud
Ariella Kamensky
Charlie Risti
Eden Smoother

Carter Bateman Brianna Black
Max Donnelly Ruben Griffith
Sienna Hopkins Zoey Hunter
Indiana Olovcic Ella Olovcic
Jordan Ristevski Riley Roberts



HIGH FLYERS

Boys' Softball Championships

Congratulations to Jack Smith, who represented Sydney South-West at the NSW Boys' Softball Championships in Woolooware on Monday, 11 August to Friday, 15 August. Jack and his team batted and fielded with skill and had a fantastic championship. Well done Jack!





Boys' Touch Football Championships

Jarvis Barton represented the region at the PSSA Boys' Touch Football State Championships, from Tuesday, 19 to Thursday, 21 August, 2025 in Dubbo. Congratulations Jarvis!

State Netball Championships

Brinna Black participated in the PSSA NSW State Netball Championships which was held in Coffs Harbour. The SSW team came 2nd in the State Championships, only losing one match to the Hunter District who went through undefeated. Brianna had a great time at the championships, she really enjoyed bonding with her teammates, working with her amazing coach and testing herself against the best netballers in NSW.





Brianna was also selected for the NSW team, she will play in the National Netball Championships in Ballarat in October! Amazing achievement Brianna!

PSSA Junior Boys' Basketball Finals

Last Friday, 22 August, the Junior Boys' Basketball team played Picnic Point PS in the EHPSSA Finals. All the boys gave their best, only losing one game throughout the whole season. The boys were Runners Up after a tough game.

Congratulations boys!!

Very proud of your commitment never giving up!!

Mrs Rowland, Boys' Basketball Coach





PLACING A LUNCH ORDER ON TIME

Just a reminder that **9.10am** is the cut-off time for ordering lunch orders. After this time, the canteen staff count all the hot food and start preparing food for the day.

We always seek to fulfil everyone's order, of course, but we do kindly ask to place your orders on time.

VOLUNTEERS

We welcome more Mums, Dads, Grandparents and Carers to come and help in the canteen. If you can spare one hour a week, that would be amazing!

Children really enjoy seeing their Parent/Carers at the canteen, and the staff are always fun and great to work with!

Come to the canteen for a chat or phone Miss Larah on 0409 106 573 and see if it is something for you!

WEEKLY SPECIALS

Monday: Sushi Tuesday: Pizza

Wednesday: Mr B Burger

Thursday: Sushi

Friday: Sausage on a roll

STICKERS

Do you like the stickers on the lunch bags?

Hand in a note with your funny food puns or jokes and maybe you will see your sticker on the lunch bags soon.

DISNEY DISCS

Do you have any Disney discs, and you don't use them or you have doubles. Bring them over to the canteen, Kep has started a project that includes these discs.

P&C REPORT

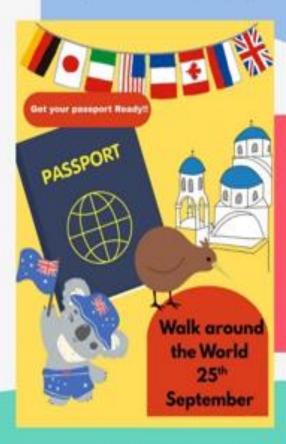
Panania Public School

PANANIA MANIA

Panania Mania is returning in May, 2026!

Seeking Sponsorship Coordinator
Panania Mania is returning in May.
2026! We're looking for a friendly and
outgoing individual who is willing to
speak to potential sponsors and
partners. If you are interested in
joining the working group, email
pananiamania2026@gmail.com





Father's Day Stall

The P&C Father's Day stall will be held on Thursday 4th September with extra gifts and grandparent specific gifts for sale before school on Friday 5th September.

Please see email sent home 22/8

Uniform Shop

Open: Friday 26th September (week 10) NOT OPEN WEEK 7

Email order to : pananiapublicuniformshop@gmail.com

Donations of good quality uniforms are always welcomed and can be left at the school office.

Want to Volunteer - https://chat.whatsapp.com/H8JkM6BJkAJ7sE91P8LI05



TERM 3 - 2025

Thursday, 28 August

• iSTEM Day at Picnic Point HS – Year 4

Monday, 1 – Wednesday, 3 September

Narrabeen Camp – Stage 3

Thursday, 4 September

• Father's Day Stall

Friday, 5 September

PSSA Season 3 commences

Monday, 15 September

 Cantabile - Full day rehearsal and performance at Sydney Opera House

Wednesday, 17 September

SSW Athletics Carnival

Thursday, 18 September

• Ranger Jamie Incursion –Kindergarten

Thursday, 25 September

• P&C Event – 'Walk Around the World'

Friday, 26 September

Last Day of Term 3

TERM 4 – 2025

Monday, 13 October

• Term 4 Commences – SDD Staff only

Tuesday, 13 October

Term 4 Commences – All students return

Tuesday, 21 October

• Kindergarten Orientation - Day 1

Tuesday, 28 October

Kindergarten Orientation - Day 2

Tuesday, 4 November

Kindergarten Orientation – Day 3

Tuesday, 11 November

Bankstown Dance Festival

Friday, 14 November

P&C Disco

Monday, December 1

 Presentation Day – Revesby Workers' Club

Monday, 15 December

Year 6 Mini Fete

Tuesday, 16 December

Year 6 Graduation Dinner

Friday, 19 December

Last Day for Students and Staff



Term 3 Open Dates

Week 10 – Friday, 26 September

mail orders to:

pananiapublicuniformshop@gmail.com

Donations accepted of good quality uniforms. Simply drop them into the office.

Want to volunteer?

https://chat.whatsapp.com/H8JkM6BJkAJ7sE91P8LIO5

