

# Newsletter

Upper Orara Public School community acknowledge the traditional custodians of the Gumbaynggirr land on which we stand and pay our respect to the elders past, present and emerging.

26 May 2025

Upper Orara Public School

Term 2 Week 5

## *Students of the Week*

### *Term 2 Week 4*



#### Melody

For her wonderful performance of Hattie and the Fox.



#### Leila

For persevering with challenging concepts.

**MONSTER  
RAFFLE**

**SIMULTANEOUS  
STORYTIME**

## *From the Principal's desk!*

*Giinagay ngujawiny (Hello everyone),*

I want to start by thanking each and every one of you for your patience and understanding as we dealt with the unpredictable wet weather last week. It's never an easy decision to make when we need to close the school however the safety of our amazing students and dedicated staff members is always our top priority. We hope you and your properties coped well with the constant rain we experienced. There were lots of smiling faces in the playground this morning, excitedly sharing stories of their wet weather adventures. Bring on the sunshine!

Unfortunately, due to the weather the Aboriginal dance workshop that was scheduled for last Wednesday was cancelled, along with our Simultaneous Storytime event. We don't have a new date for the Aboriginal dance workshop however, we will share any updates with you as we are notified. Keep reading for the new date for our Simultaneous Storytime!

Thank you to all the incredible businesses that have donated prizes for our monster raffle. We have been blown away with the support we have received from the community with the total value of the prizes now over \$3,000! By purchasing raffle tickets, you will not only reduce the cost of camp for our 3-6 students but will also have a chance at winning some incredible prizes!

#### **Upcoming Events:**

There are lots of fantastic things happening in the coming weeks. It was wonderful to hear that some of our students were able to enjoy Simultaneous Storytime online last Wednesday. We know there were a lot of students excited to dress up for this wonderful occasion and as a result, students can dress up this Friday 30th May and enjoy The Truck Cat, followed by some fun craft activities.

## SIMULTANEOUS STORYTIME Cont.

Students can dress up as a cat, truck driver or in anything that symbolises home or represents their culture. We look forward to exploring this wonderful text with students!

## YEAR SIX TRANSITION TO HIGH SCHOOL

Our year 6 students will engage in activities this Wednesday 28th May at Orara High School from 11am to 12:45pm. This is aimed at ensuring our students feel comfortable as they transition to high school in 2026 and is a wonderful opportunity to build relationships with other year 6 students from the Orara Valley. If you haven't received or returned a note about this session, and if your child is in year 6, please contact the school office as soon as possible.

## ORARA VALLEY SMALL SCHOOLS ATHLETICS CARNIVAL

Our annual small school's athletics carnival will be held on 24th June 2025 at Coramba Sportsground. This event is open for students who are turning 8 years old this year and all students in the 3-6 class. Students will need private transport to and from the Coramba Sportsground on this day. Miss McMenemy and Miss Deacon will meet students at the sportsground. The 1500m race will take place at 8:30am, with the carnival starting for all other students at 9:30am. Due to the number of events and students competing on this day, we will run the long jump, shotput and discus at school in the coming weeks. There will be further information to come for this wonderful Orara Valley event.

## SCHOOL PHOTOS

Our school photos for 2025 will be on Wednesday June 25.

## END OF TERM ASSEMBLY

We will have our end of term assembly on Thursday 3<sup>rd</sup> July. Stay tuned for further details on this event.

Have a safe (and hopefully dry!) week. We look forward to a wonderful week of learning and fun with friends!

*Amanda Duggan*

*Relieving Principal*

## POSTITIVE BEHAVIOUR LEARNING

### PBL

- transitioning quickly and quietly in the playground and classroom.
- waiting patiently for your turn

## LET'S LOOK AT LUNCHES

A well packed lunchbox helps children, learn, play and stay focussed, at school.

Tips for Packing a Healthy Lunch:

- **Involve your child:**

Let them help choose their lunch, which can increase their interest in eating it.

- **Plan:**

Prepare some items in advance, like chopping vegetables or making frittatas on the weekend.

- **Make it fun:**

Use bento boxes, cut sandwiches into fun shapes, or add colourful vegetables to make lunch more appealing.

- **Limit sugary drinks and processed foods:**

Select water, milk, or fruit juice instead of sugary drinks and avoid excessive amounts of processed meats or snacks.

## Bliss Balls

### Bliss Balls

#### Ingredients

Oats – 2 cups

Dried dates – 2 cups

Ground cinnamon - 2 tsp

Honey - 2 tablespoons

Coconut to coat

#### Method

1. Process the oats, dates and cinnamon in a food processor.
2. Add the honey and mix with a wooden spoon or spatula to make a sticky consistency.
3. Roll 1 tsp of the mixture into balls.
4. Lightly roll each ball in coconut and refrigerate for 30 minutes before serving.





Life Education Visit





Life Education Visit





# Compulsory school attendance

## | Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

### What are my Legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age of 17 years. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the NSW Education and Standards Authority for home schooling.

Once enrolled, children are required to attend school each day it is open for students.

### The Importance of arriving on time

Arriving at school and class on time:

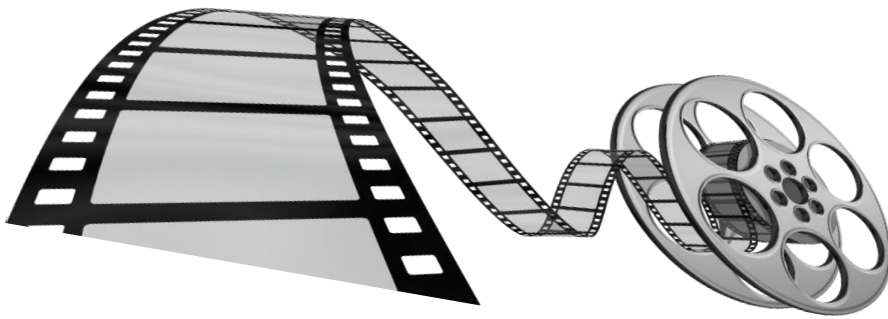
- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)



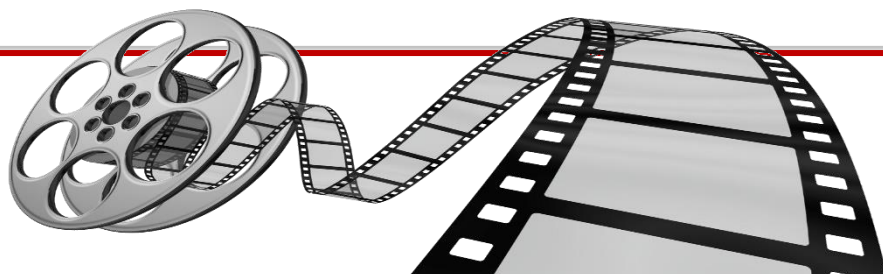
# 2025

## Enter NOW!

- **Film by the Jetty** is a student film festival open to all NSW Department of Education school students from Kindergarten to Year 8.
- Films can be entered by a school OR individual students can enter their own films. Films do not have to be made at school.
- Rules? There are some rules, such as the 3.5 minute maximum film length and no breach of copyright - please email for a copy of the 2025 handbook which details all you need to know!
- Films can be filmed on a phone, iPad or any digital filming device.
- **Films DUE: Friday 15<sup>th</sup> August 2025**
- Selected films will be screened at the Jetty Memorial Theatre on Wednesday the 17<sup>th</sup> and Thursday 18<sup>th</sup> of September at a **RED CARPET** event and there will be prizes for the best films!



So, what are you waiting for? Let's get filming!  
For further information contact Paula Buttenshaw,  
at Karangi Public School on ph: (02) 6653 8284 or  
**email: [karangi-p.school@det.nsw.edu.au](mailto:karangi-p.school@det.nsw.edu.au)**  
or visit the NSW DoE Film By website at:  
**<https://artsunit.nsw.edu.au/film-by>**





# FUNDRAISING FOR 3-6 LAKE AINSWORTH CAMP

UPPER ORARA SCHOOL IS ORGANISING A FUNDRAISING EFFORT TO ASSIST STUDENTS IN YEARS 3 TO 6 WITH THE COSTS OF THEIR EXCURSION TO LAKE AINSWORTH IN TERM 4. WE HAVE INITIATED A MONSTER RAFFLE, WITH TICKETS SENT HOME LAST WEEK, AND THE TOTAL PRIZES AMOUNT TO OVER \$3000. THE SCHOOL EXPRESSES GRATITUDE TO LOCAL BUSINESSES BELOW, FOR THEIR GENEROUS DONATIONS TO SUPPORT THIS FUNDRAISER.

WE ARE ALSO COLLECTING 10C RECYCLABLE CONTAINERS FOR THE RETURN AND EARN PROGRAM, PLEASE SEND THESE IN TO THE SCHOOL ALL MONEY RAISED WILL BE DIVIDED AMONG THE STUDENTS ATTENDING THE EXCURSION.



UPPER ORARA PUBLIC SCHOOL

## MONSTER RAFFLE

Tickets \$5 each or 5 for \$20

DRAWN SEPTEMBER 25, 2025

ALL MONEY RAISED WILL GO TOWARDS THE YEAR 3-6 EXCURSION

OVER \$2500 IN PRIZES



## Raffle Sponsors

RYDGES



friday creek retreat



The Creative Toy Shop



The PlayHouse



FRESCO marketplace

Treetops Adventure

BC CINEMAS



rebel



# Term 2 2025 Calendar

<b>Week 1</b>	28	29	30	1	2
<b>April/May</b>					
<b>Week 2</b>	5	6	7	8	9
				<b>CHD Cross Country</b>	
<b>Week 3</b>	12	13	14	15	16
<b>Week 4</b>	19	20	21	22	23
			<b>Simultaneous story time</b>		
<b>Week 5</b>	26	27	28	29	30
	<b>Life Education Visit</b>		<b>OHS Yr 6 Taster Session</b>		
<b>Week 6</b>	2	3	4	5	6
<b>June</b>					
<b>Week 7</b>	9	10	11	12	13
	<b>King's Birthday</b>				
<b>Week 8</b>	16	17	18	19	20
		<b>Multicultural Public Speaking</b>			
<b>Week 9</b>	23	24	25	26	27
		<b>OVPSSA Athletics Carnival</b>	<b>School Photos</b>		
<b>Week 10</b>	30	1	2	3	4
<b>July</b>				<b>End of Term Assembly</b>	<b>Last Day Term 2</b>
	<b>Holidays</b>		<b>Holidays</b>		

Contacts for the school are by: email : [oraraupper-p.school@det.nsw.edu.au](mailto:oraraupper-p.school@det.nsw.edu.au) or by phone 6653 8255