



A Message from the Relieving Principal

It's almost the end of Week 8 already, time certainly flies!

Congratulations to Samantha Cooper from Kuraby State School in Queensland who has been successful with her application for the Principal's position at our school, she will be commencing at the beginning of 2026.

Our school has just completed a NSW Department of Education Audit of our Administration processes and have received a very encouraging report. Thank you to Jenny and Kerry for all your hard work preparing for this Audit.

The school has also completed EV (External Validation) and is successful with just the interview to go later this term.

The students made Fathers' Day items last week to take home for that special man in their life. We played with Quiver making 3D Art and spent time gardening, as well as a sport workshop and we had the opportunity to catch up with some of our parents and carers at the BBQ held last Wednesday.

We will be giving our students the opportunity to participate in an exciting Virtual Reality Workshop which will consist of three sessions during the day on Tuesday 16th September. The topics covered will be Eco, Oceans and the Solar System/Planets. The presenter will provide the students with networked headsets for an immersive learning experience.

We are running our Friday Fun Lunches each fortnight this and next term, so look out for the order forms which will be sent home early each week. Please return the order forms to the school office by Thursday of the week, with the correct cash or you may pay in School Bytes.

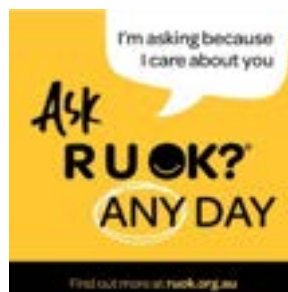
Please don't send your child to school if they are sick as this puts other vulnerable students and staff at risk and always let the school know the reason your child is away.

Watch out for our pet Magpie (Maggie) as he is swooping visitors to the school. He is going to be a Dad, so please be careful near our front gate.

The last day of this term is Friday 26th September and school returns for all students on Tuesday 14th October, 2025 for Term 4.

Thank you.

Mrs Raylee Ryan
Relieving Teaching Principal



BBQ and Sand Pit Play



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Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 ... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2-5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

*It is important that the rest of the family is checked for head lice, scabies and ringworm



Information provided by NSW Health.

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WHAT'S HAPPENING IN TERM 3 & 4 2025

Week 9	September 15	September 16 VR Workshop	September 17 Kindy Transition	September 18	September 19
Week 10	September 22	September 23	September 24 Kindy Transition	September 25	September 26 Last day of Term 3
Term 4 Week 1	October 13 Staff Development Day	October 14 First Day of Term 4 for all students	October 15 Kindy Transition Continues	October 16	October 17

Community Notices



FREE **JUNIOR AFTER-SCHOOL HOCKEY**

At A School Near You!

TERM 3: 8-Weeks

All Skill & Fitness Abilities
Fun, Interactive Skills & Games
Equipment Supplied
ALL FREE!

5 to 12+ Years Old

Come & Try

LEARN TO PLAY HOCKEY - After-School Locations

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
Madawville Public	Elkham Public	Wynyard Rd Public	100 Park Oval ALLENDALE
St Francis Xavier Ballina	3.15 - 3.30 to 4.45pm	Southern Cross Ballina	

More information: ☎ 0481144 799
✉ summer@nrlleagueschoolsclub@gmail.com
🌐 nrlleagueschoolsclub.com.au/term3/events/202508

HOOK IN 2 HOCKEY



RAINBOW ROOS

BONALBO Spring Holidays

TUESDAY 7TH OCTOBER

BABYROOS SOCCER (2-4YRS)
11:30 - 12:00

FREE!

FUN INTRODUCTION TO SOCCER. PLENTY OF SMILES, SKILLS, GOALS, COORDINATION, MUSIC, GAMES, BUBBLES, CHALLENGES.

MINIROOS SOCCER (5-16YRS)
14:00 - 15:30

SOCCER FOR ALL ABILITIES. MAKE NEW FRIENDS, LEARN NEW BALL SKILLS, FUN GAMES, CHALLENGES AND MORE.

Spaces are limited so MUST be booked online.

WWW.RAINBOWROOS.COM.AU

All bookings for U12s have been generously funded by the Welgert Jewish Foundation. All bookings for children 12+ have been generously funded by NSW Government Office of Youth.

NSW GOVERNMENT OFFICE OF YOUTH

NRL League Stars School Holiday Clinic - Casino



HOLIDAY CLINICS

DATE: 9/10/2025
TIME: 10.00am - 1.00pm
AGE: 5-12 years
COST: \$59
WHERE: Queen Elizabeth Park, Casino

LEAGUE STARS

We're excited to announce that during the Term 3 School Holidays, the NRL Game Development Team will be running a fun-filled School Holiday Clinic in Casino!

When: Thursday 9th October

Time: 10am - 1pm

Ages: 5-12 years

Cost: \$59

Where: Casino Cougars JRLFC (Queen Elizabeth Park)

It's a fantastic opportunity for kids to learn new skills, make friends, and have an awesome day playing footy!

Register now to secure your spot:

<https://shorturl.at/dlxHg>

If you have any questions, please feel free to give me a call on 0419 704 530

Community Notices

Our Philosophy

With the assistance of the Federal government, Medicare has a Child Dental Benefits Schedule that provides financial support for basic dental care for children aged between 2 and 17 years. This benefit is capped at \$1052 per child, every two calendar year period.

About Us

As the OTG team, we have been providing exceptional mobile dental care services for over six years throughout Australia. Supported by a highly skilled and committed team of experienced doctors and equipped with a diverse array of contemporary mobile dentistry units, we ensure comprehensive dental care conveniently at your school.

Oral On The Go

Mobile Dental Clinic



HAPPY TEETH, HAPPY KIDS

CONTACT US NOW!
028-528-6200

For Booking

www.oralonthego.com.au
info@oralonthego.com.au

Oral On The Go

Mobile Dental Clinic

Brightening Smiles, one Stop at a time!

Brighten, Smile, Sparkle



0285286200
info@oralonthego.com.au

Join us at the Casino Art Gallery for our Bats, Baguettes & Brushes event on Friday 10 October from 5-8pm at the Cassino Art Gallery.

With the expert guidance of our local artists, we will be creating masterpieces of native florals and flying-foxes with all skill levels welcome.

The cost is \$20 per person, and includes art supplies and nibbles.

Spaces are limited, register now at:
<https://forms.office.com/r/AjPxSWP15q>

Thank you so much to Foodworks Bonalbo for your continued support of our Breakfast Club and Crunch and Sip Program



Breakfast and Crunch&Sip Programs
Sponsored by Bonalbo

FOODWORKS
Supermarket

Nutrition Snippet

WHAT A WASTE.

Did you know that the average household throws out 1 in 5 bags of groceries they purchase?



Here are some top tips to reduce your food waste to save money and help the planet!

1. Only buy what you need
2. Store your food correctly
3. Love those leftovers
4. Don't throw away tired fruit and veg
5. Buy odd shaped fruit and veg

Read more tips and get recipes to help reduce your food waste at:
healthymadetasty.com.au



Cancer Council
Healthy Made Tasty