



Term 4 Week 3 Tuesday 28 Oct 2025

Truth Honour Freedom Courtesy

P&C MEETING

A reminder that the next P&C meeting is tomorrow evening, Wednesday 29th of October, at the O'Connell Hotel at 7pm. All welcome.

MIXED WEATHER ALERT

Given that last Tuesday the temperature peaked at 34 degrees and today with the windchill, it's sitting at around 4.5 degrees, it makes getting prepared for school pretty tricky! Just a few reminders to our students when packing their school bags:

- Pack a jumper/jacket in your bag, just in case!
- Bring your own water bottle to school. Yes we have bubblers but sometimes they don't work! And although we strive to have functioning bubblers at all times, sometimes things happen beyond our control, so make sure to pack your **filled** water bottle every day.
- No Hat—No Play! On the hot, sunny days, we need to remind all students that you **MUST** have a hat on during outside time or you will have to hang out in the shade.
- On the hot days, apply sunscreen before coming to school. (*Sunscreen available at school*)

SWIMMING SCHEME 2025

Students will participate in our annual swimming scheme, commencing on Monday 1st December and running daily until Friday 12th December. After a successful change to Oberon in 2024, we will use the swimming pool and instructors in Oberon yet again. The O'Connell P&C and the school will be subsidising the cost, which will be \$80/student. The permission note and the payment details will be sent out via the [School Bytes Parents App](#) later this term. Please note, students will travel to and from the pool via school bus, during school hours.



"Encouraging individual learning and confidence in a friendly caring community"

LEARNING HUB

Last Friday, the students were lucky to have Olympian Triathlete, Emma Jeffcoat, come to speak to them. Emma spoke of the **Physical and Mental Essentials** required for elite sport. These essentials are also great building blocks for life. Take the time to speak to your child about the **PHYSICAL:**

- Nutrition—Fuel the work required
- Passive Recovery—Sleep
- Active Recovery—Time off feet

MENTAL:

- Ask for help
- Give your best
- Be kind to yourself

REMINDER: SONG TO LEARN FOR CAPA

All students are to learn "My Own Superhero" by Shawna Edwards in preparation for CAPA Festival on the 20th of November. Please find a copy of the lyrics on page 2 of the newsletter.

FINANCE CHECK

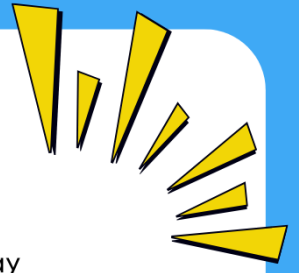
Can everyone can please refer to their [School Bytes Parents App](#), go to your Statement of Accounts and check if you have any outstanding payments and finalise these before Week 9. We recognise there will be payments requested between now and then (*for example swimming scheme*) but we would really appreciate if all of this could be finalised in a timely manner so as to make our end of year rollover easier. If you find an outstanding payment for an event your child was not involved with, please contact the school office and we can resolve this. To all parents/carers who are up to date with all school based/excursion payments, thank you.

UPCOMING DATES: TERMS 4

- ♦ 29 Oct P&C Meeting 7pm
- ♦ 11 Nov Remembrance Day
- ♦ 12 Nov Forest Day
- ♦ 13 Nov Questacon Incursion
- ♦ 20 Nov CAPA Festival
- ♦ 25 Nov Forest Day
- ♦ 1-12 Dec Swimming
- ♦ 4 Dec School Band play at O'Connell Hotel
- ♦ 14 Dec Fish River Festival
- ♦ 16 Dec Year 6 Dinner
- ♦ 17 Dec Presentation Night



MY OWN SUPERHERO



VERSE 1

When I feel alone or afraid, and nothing is going my way
Or when I'm just running, a little low on faith
That's when I just gotta believe, there's power and courage in me.
And whatever happens, through good days and bad ones
I will stand and say.....

CHORUS

I can climb this mountain; I can brave this storm.
I can be amazing, there's no telling now how far I'll go, oh.
When this day needs saving, it starts with me, I know.
So, I will move, I will rise, I will choose, I will try.
To be my own... Superhero.

VERSE 2

Then I'll be a light in the dark, I'll do the right thing when it's hard.
I'll reach out my hand if we start to drift apart.
When you need my help, I'll be there.
Cuz real superpowers are meant to be shared
We're brighter together and stronger than ever,
Hand in hand and heart to heart

CHORUS

BRIDGE

I'll never give up, I'll never give in.
And each time I fall, I will rise again.

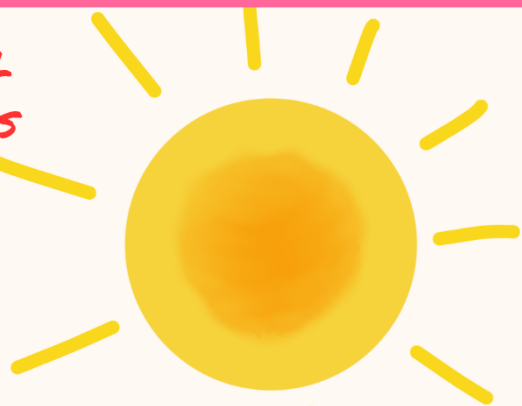
OUTRO

When this day needs saving, it starts with me, I know.
So I will move, I will rise, I will choose, I will try,
To be my own... Superhero
Oh oh oh oh oh oh
I will be my own... Superhero!



PLEASE BRING CASH AS SOME STALL
HOLDERS WON'T ACCEPT CARD THANKS

ARTS, CRAFTS, PRODUCE,
BBQ, COFFEE AND MUCH
MORE



O'CONNELL ARTISANS MARKET



SUNDAY
2ND NOVEMBER
2025

FROM 9AM



ST THOMAS' CHURCH
BEACONSFIELD ROAD, O'CONNELL



"Encouraging individual learning and confidence in a friendly caring community"

School Ph: 6337 5725 School Mobile: 0477 633 759 Email: oconnell-p.school@det.nsw.edu.au

A stylized illustration of an acoustic guitar in brown and yellow, positioned vertically on the left side of the poster. It has a dark fretboard with orange tuning pegs and a yellow soundhole. Several blue and green triangular rays emanate from the guitar's body and neck, pointing towards the text.

THE O'CONNELL COMMUNITY
PROUDLY PRESENTS

FISH RIVER FESTIVAL 2025

SAVE THE
DATE

SUNDAY
14TH DECEMBER
11AM - 6PM

AT THE O'CONNELL HOTEL

CHECK OUR FACEBOOK PAGE FOR MORE INFORMATION

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FOSSICKING FRENZY DAY

FUN WITH THE EXPERTS!

**SATURDAY 8TH NOVEMBER 2025
9AM - 2PM**

OBERON VISITOR INFORMATION CENTRE

JOIN US FOR A DAY WITH
PROSPECTORS HOME CLUB INC, TRY
YOUR HAND AT METAL DETECTING &
GEM FOSSICKING. GEM STALL WITH
SOME LOCALLY SOURCED ITEMS.
REFRESHMENTS AVAILABLE

REGISTER NOW



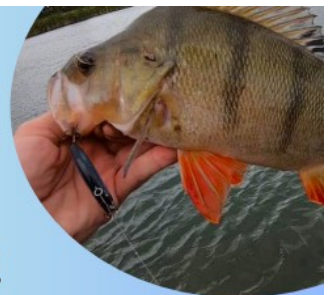
www.visitoberon.com/events
tourism@oberon.nsw.gov.au
02 6329 8210

THE Fishing Shed BATHURST

ENTRIES NOW OPEN

OBERON REDFIN ROUND-UP 2025

**Saturday 29 & Sunday 30
November 2025**



<https://events.humanitix.com/the-fishing-shed-bathurst-oberon-redfin-roundup-2025>



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