

FRESH DAILY FOOD

HOTMEALS

\$9.00

Homemade hot meals - changes daily
available 5 days a week

Nap 'N' Cheese

\$4.50

Fried Rice - Small

\$6.00

CHICKEN BURGERS

\$6.00

Chicken burger, lettuce, cheese & Mayo
available 5 days a week

SALAD ROLLS/SANDWICHES

\$6.00

your choice of ham, poached chicken,
tomato, beetroot, carrot, cucumber,
lettuce, spanish onion, cheese & mayo

TOASTIES

\$4.00

your choice of ham, chicken, cheese,
tomato, avocado, onion etc - all toasties
served on grain bread

ASSORTED WRAPS

\$7.00

made on 10" tortilla

SUSHI

\$6.00

ASSORTED FOCCACCIAS

\$7.00

made on a 130gm Turkish roll

SALADS

\$10.00

Available in summer 5 days a week

SOUPS

\$6.00

available in winter 5 days a week



**GREAT
FOOD!!**

FRUIT

Fresh pieces of fruit

\$1.00

FRUIT SALAD

\$5.00

450ml container of seasonal fruit

DRINKS

600ml Water

\$2.00

1 Litre Water

\$3.00

250ml Juice

\$4.00

250ml Lite Flavoured Milk

\$4.00

500ml Lite Flavoured Milk

\$6.00

Juice Bombs

\$4.00

Smoothies

\$5.00

SNACKS

Quelch Iceblocks

\$1.00

Popcorn

\$1.00

Red Rock Deli Chips 28g

\$1.50

Four & Twenty Pies

\$6.00

Mrs Macs lite Sausage Roll

\$5.00

Canteen