

NAROOMA HIGH CANTEEN MENU

Drinks

Water
Juice Box
Flavoured milk
Plain milk
Orange Juice
Mount Franklin
Sparkling water
Up & Go

Fresh Juice of the day -
Pineapple, watermelon,
apple, orange, lemon,
mint, beetroot, carrot,
ginger

Smoothies

Snacks

Whole fruit
Fruit salad
1/2 melon ball
Mangoes
Yoghurt pots
Muffins

Toasties

Quesidillas/Pockets
Lean Ham & cheese
Pizza
Cheese & spinach (V)
Mexican (V)
Butter Chicken

Turkish Bread Toasties

Chicken & cranberry
Chicken & avocado
Chicken & pesto
Smoked salmon
Halloumi (V)

Soup

Pumpkin soup (VG)
Minestrone (VG)
Chinese chicken & corn
Seafood Chowder

Salads

Caesar Salad
Sushi bowl - chicken/veg (V)
Falafel Salad (VG)
Thai noodle Salad - chicken/veg (V)
Greek Salad (V)
Quinoa Salad (VG)
Mexican bowl - Chicken/Veg(V)
Sushi - Chicken/Veg (V)
Inari (VG)
Seaweed Salad (V)
Rice paper rolls - Chicken/Veg (VG)

Wraps

Chicken sweet chilli
Caesar
Mexican
Asian
Tandoori chicken
Falafel wrap (V)
Chicken Kebab

Pasta

Pasta of the day
Spaghetti Bolognese
Spinach & ricotta ravioli (V)
Spaghetti & housemade meatballs

Specials

Bacon & Egg rolls
Ham/cheese/tomato croissant
Chicken Burger
Chicken Parmesan Burger
Dumplings with steamed/fried rice
Dumpling noodle soup
Laksa
Curry
Spinach and ricotta rolls (V)
Nachos - chicken/beef/veg (V)
Burritos- beef/chicken/veg (V)
Chicken/pork belly Banh mi