## Naradhan Public School **Newsletter**



Week 4 Term One Thursday 20th February 2025

www.naradhan-p.schools.nsw.edu.au

#### **BACK TO SCHOOL 2025!**





We welcome our little stars back to school for year 2025, looking forward to exciting times with the students. It is our privilege to welcome two new students. Aizen and Atharah, welcome to Naradhan Public School!





### Your calendar of events...



Week 5

Term 1

Week 1

Term 2

Week 6

Term 1

28 -29 April

School Development

Day for staff

Tuesday 4 March P & C Meeting 3.15pm at the school

30 April

What's

First day of School for Term 2

Week 7

Term 1

NAPLAN Online Test Window

Week 8

12-24 March

Term 1

12- 24 March

NAPLAN Online Test Window 77

Parents' and Community Meeting

Home work pack sent weekly from 24th February

coming up... at a glance

Week 9

Term 1

Week 10

Term 1

Week 11

Term 1

8 April

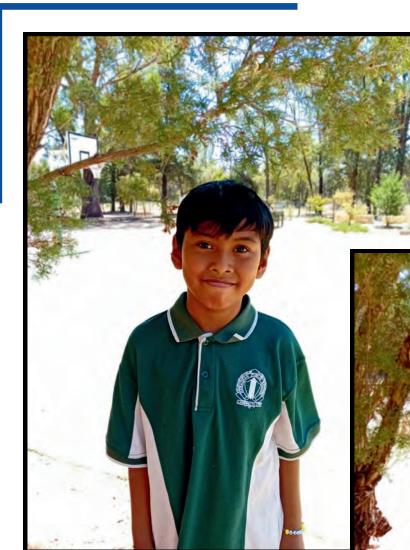
STEM Day

11 April

Last day of school for Term 1

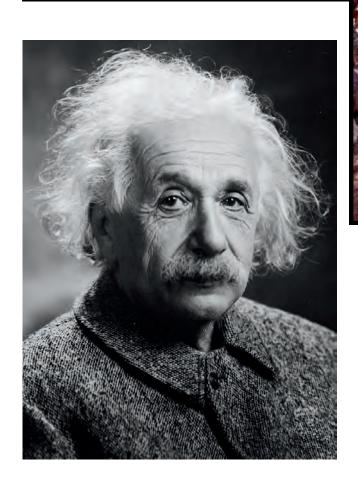


Hard at work in the classroom



Congratulations to our new students, Aizen (left) and Atharah (below) who are our Students of the Week for Week 4.

Both students have settled in well to our school and are a very welcome addition to our Naradhan Public School family.

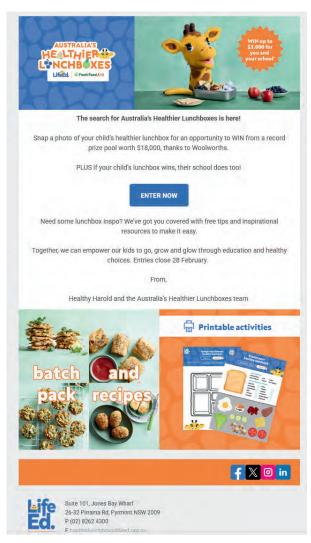


"A person who never made a mistake never tried anything new." — Albert Einstein



# COMMUNITY NEWS...





#### Why is it important to move more?



#### Moving more can reduce your risk of cancer

Being active and reducing the amount of time each day that you spend not moving, (for example sitting, watching tv, driving), can reduce your risk of cancers such as bowel, breast and endometrial cancers.



#### Helps prevent excess weight gain

Being physically active helps avoid excess weight gain. High body weight is a risk factor for 13 different of cancer including cancer of the bowel, kidney, pancreas, oesophagus, endometrium, liver and breast (after menopause).



#### Being sedentary can increase your risk of cancer

There is convincing evidence that walking can protect against excess weight gain and there is strong evidence that being sedentary (sitting down and not moving) is a cause of weight gain. Avoiding excess weight gain can reduce your risk of 13 different types of cancer. Walk more, sit less.



## ST FRANCIS DE SALES REGIONAL

## **COLLEGE**

Co-Educational Day and Weekly Boarding School

# OPEN DAY

**INFORMATION SESSIONS** 

## Wednesday 26 March 2025 @ 4:00pm Thursday 27 March 2025 @ 10:00am

If interested in attending a session please RSVP to the College office on 02 6953 3622 by Wednesday 19 March 2025

ww.catholic.edu.au/enrol-now



#### Contact Us

102 Yanco Avenue LEETON NSW 2705

P: 02 6953 3622

E: sfcoffice@ww.catholic.edu.au StFrancisDeSalesRegionalCollege

> @stfranciscollegeleeton web.sfcww.catholic.edu.au