



MUIRFIELD
HIGH SCHOOL

CANTEEN

MENU

21/07/2025



sandwiches

Toasted sandwiches

Thickly sliced white or brown bread.

GF bread +\$1.00

Cheese	\$3.00
Cheese & tomato	\$4.00
Cheese & ham	\$4.00
Cheese, ham & tomato	\$5.00

Freshly made sandwiches

White or brown bread. GF bread +\$1.00

2 slices plain buttered bread	\$2.50
Cheese	\$3.00
Cheese & tomato	\$4.00
Cheese & ham	\$4.00
Cheese, ham & tomato	\$5.00
Ham	\$3.50
Ham & tomato	\$4.50
Chicken & salad	\$5.00
Salad sandwich / vegetarian	\$5.00
Egg and salad	\$5.00
Tuna Mayo & Cheese	\$5.00

salads

Gluten free options available.

Egg & feta salad	\$7.50
Couscous salad	\$7.50
Garden salad	\$7.50
Butternut & feta salad	\$7.50
Greek salad	\$7.50
Caesar salad	\$7.50
Grilled chicken salad	\$7.50
Crispy chicken salad	\$7.50
Vegetarian pasta salad	\$7.50
Pesto pasta salad – nut free	\$7.50
Tomato & parmesan pesto pasta salad	\$7.50
Grilled chicken pasta salad	\$7.50
Crispy chicken pasta salad	\$7.50

Online orders can be
placed via Flexischools

hot foods

Sausage roll	\$5.50
Spinach & ricotta roll	\$5.50
Pies Selection of pies available, Gluten free available.	\$5.50
Chicken nuggets	\$4.50
Garlic roll	\$3.00
Homemade pizza scrolls	\$5.00
Potato wedges	\$4.50
Noodle cups Chicken / Beef / Oriental GF Beef / GF Chicken / GF Mi Goreng	\$4.00 \$5.00
Hot dog	\$4.50
Bacon and egg roll GF +\$1.00	\$5.50
Bacon and cheese roll GF +\$1.00	\$5.00
Oven-baked fish & wedges	\$7.50
BBQ Pork ribs & wedges	\$7.50
Gluten free lasagna	\$7.50
Oven-baked chicken wings	\$5.50
Oven-baked chicken wings & wedges	\$7.50
Burgers Beef, chicken or pulled pork. Gluten free option available.	\$7.50
Steak roll GF +\$1.00	\$7.50

wraps

Gluten free options available.

Salad / vegetarian	\$7.50
Grilled chicken	\$7.50
Crispy chicken	\$7.50
Chicken Caesar	\$7.50
Sweet chilli chicken	\$7.50



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breakfast

Toasted sandwiches

Thickly sliced white or brown bread.
GF bread +\$1.00

Cheese	\$3.00
Cheese & tomato	\$4.00
Cheese & ham	\$4.00
Cheese, ham & tomato	\$5.00

Hot chocolate

\$3.00

Available before school, during the second half of recess and the second half of lunch.

Cappuccino

\$3.80

Only available to senior students

Fresh fruit

Apples, bananas and other fruit in season.

Up & Go

\$3.50

250ml. Chocolate flavour.

snacks

Banana bread	\$3.00
Freshly baked muffins	\$3.00
Popcorn	\$2.50
Jelly cup	\$1.50
Red Rock chips Sea Salt	\$2.20
Quelch Juice ice blocks Various flavours	60c
Fresh fruit Apples, bananas and other fruit in season.	
Frozen yoghurt 120ml. Various flavours.	\$2.80

drinks

Still spring water	\$2.00
Bare Sparkling water 355ml flavoured water. Various flavours. No added sugar.	\$3.50
Groove 350ml sparkling mineral water. Various flavours. No added sugar.	\$2.80
Chill Iced Tea 500ml. Various fruit flavours. No added/Low sugar.	\$3.50
Just Juice Various flavours. No added sugar.	\$2.50
Juice Bomb 250ml carbonated fruit juice. No added sugar.	\$2.50
Carbonated soft drinks Sugar-free. Various flavours	\$3.00
Flavoured milk – 500ml Chocolate / Strawberry / Iced Coffee	\$4.20
Flavoured milk – 300ml Chocolate / Strawberry / Iced Coffee	\$2.80
Up & Go 250ml. Chocolate flavour.	\$3.50
Hot chocolate Available before school, during the second half of recess and the second half of lunch.	\$3.00
Cappuccino Only available to senior students before school.	\$3.80

daily home-cooked lunch

See Flexischools for meal options **\$7.50**
of the day

Recess and Lunch orders can be placed online via Flexischools. Recess and Lunch orders can also be placed at the canteen window before school and during Recess. The cut-off for Recess orders is 9AM and the cut-off for Lunch orders is 10AM. The canteen also accepts cash and eftpos payments.

www.flexischools.com.au or download the Flexischools app (on the Apple Store or Google Play)