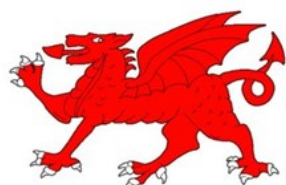


Menai High School



CARE AND COMMITMENT



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Parent Newsletter Issue 1 —2025

Welcome to Menai High School.

We are a proud comprehensive high school with a tradition of outstanding academic results. Our school values are based around **Care and Commitment** where we create a learning environment driven by student wellbeing. Our school vision encompasses the development of **Skilled Learners, Skilled Citizens** who are **Skilled for Life**. Our wide ranging curriculum caters for the diverse learning needs of all students, with opportunities to succeed academically, creatively, socially and emotionally. We develop students who are equipped to thrive in the twenty first century environment, willing and able to make valuable contributions to our society.

Coming Up:

School Photos - 3rd March

Open Night - 5th March

Naplan - 12th to 24th March

Year 7 BBQ - 17th March

MHS Cross Country - 21st March

Year 10 Vaccinations - 24th March

Term 1 Ends - 11th April

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Principal's Message



Welcome back to Menai for 2025. For our returning parents and students, I hope that you will continue to embrace the strong and positive “Menai Culture”. To our new parents and students, I welcome you to the Menai family. I am sure this will be the start of a long and successful time at Menai.

We start the year with quality teaching and learning at the forefront. Below is an outline of the vision and priorities for the school which we started in 2024 and form the foundations of our School Excellence Plan (SEP) for 2024 -27.

- ⇒ Enrolment cap management with staffing implications
- ⇒ Reading and Numeracy strategy focus especially for yr7-9
- ⇒ Improvement parent engagement as a SD initiative (two-way partnership)
- ⇒ Teaching differentiation (adjusting with our changing enrolments)
- ⇒ Continue to Build staff capacity through PI and PDPs (Hattie and Dinham – teachers have the greatest impact on student learning)
- ⇒ Quality Teaching Programs with adjustments (new syllabus 6yr timeline rollout)
- ⇒ Staff and student wellbeing matters!
- ⇒ Equity and inclusion (educational access for all students; fostering and celebration our cultural diversity)
- ⇒ DoE Student Behaviour Management Process supporting our own discipline standards
- ⇒ High expectations – attendance, academic and other student learning pathways
- ⇒ HSC band growth strategy consistent implementation across the school.

Our 2024 -2027 school plan has a focus on three strategic directions:

- **The first area is around Student growth and attainment** focusing on HSC and NAPLAN, CHECK IN assessment positive trend results with a large emphasis on Reading and Numeracy teaching across the curriculum plus attendance and transition pathways.
- **The second area is around Student Learning Culture and Engagement** involving extending our student learning culture by encouraging academic effort and implementing quality teaching practices across all key learning area. High Potential and Gifted Education, Attendance, Wellbeing and Aboriginal Education are key focus areas within this direction.
- **The third area is around strengthening Community Connections** with a strong theme around parent engagement/school connection. Our school community is very supportive and trusting of our school and continuing to develop a working partnership is important for school growth.

Thank you to the parent/carer's who completed the feedback survey at yr7 orientation day as part of our consultation for the school plan. This feedback is being reviewed and will guide future direction for area 3 of the plan.

Principal's Message

- Staffing Update for 2025**

Ms Merola – accepted service transfer position at Bulli HS.

Ms Pitt– HT Inclusive and Special Education new appointment through merit selection.

Mr Clarke – Teacher inclusive and Special Education new appointment through merit selection.

SLSOs – Support unit: Belinda Barsoom and Margaret De Souza new appointments through merit selection.

Ms Konstantaras – HT Secondary Studies new appointment through service transfer (VA/Careers/ Admin duties). History Teacher.

Ms Gray – moves to permanent for Ms Ready in Science/Agriculture.

Ms Vial – moves to permanent for Ms Raptis in English as a service transfer.

Temp appointments

Ms Geerin– CAPA Music (replacing Mr Charleston/Ms Masi)

Ms Ferraro – Science (replacing Ms Loh)

Ms Burchell – Science (replacing Ms Hanna)

Mr Clarke – Science (replacing Mr Fry)

Ms Lyu – LOTE (replacing Ms Hassan terms 1-2)

Ms Kuhle – PE (replacing Ms Lehane)

Mr Le – Maths (replacing Ms Pylotis)

Ms Carroll – Maths (replacing Ms Bramble)

Mr Stubbs – TAS (replacing Mr Herbert)

Ms Diakovasilis – TAS (replacing Ms Rozga)

Ms Nelson and Ms Cooper – Library job sharing for term 1

- Other staffing information**

⇒ Adam Gaal– relieving SPE two days per week with Kate Davis returning 3 days per week.

⇒ Counsellor's arrangements – Heidi Jarvis (Mon/Tue/Fri); Sue Martinov (Wed am and Thurs); Michelle Booker (Wed pm and Fri). Tori Murray will continue as SSO.

⇒ Rel HTs - Administration - Ms Liley; English – Ms Gardiner; Science – Mr Bean.

⇒ Temps staying on – Mr Gillett, Ms Smith, Ms O'Brien-Venn, Mr Wynne, Mr Itaoui, Ms Cooney and Ms Munsie

⇒ Relinquished positions: Ms Blaylock (HSIE), Ms Raptis (English), Ms Ready (Science), Ms Hennessy (LS).

⇒ On leave/DoE: Ms Savage (HSIE), Ms Katsiris (Maths), Ms Millington (CAPA), Ms Masi (CAPA), Ms Loh (Science), Ms Garden (HSIE), Mr Fry (Science), Mr Herbert (TAS), Ms Pylotis (Maths), Ms Blanche (TAS), Ms Hanna (Science), Ms Bramble (Maths), Ms Basford (PE), Ms Northover (HSIE), Ms Lehane (PE), Ms Stojanoska (HSIE).

Principal's Message

2024 HSC results and High Achievers Ceremony (full program attached in the newsletter)

Examining the results from 2024 revealed that:

- We had an enrolment of 180 students. 40 courses examined and 875 examinations sat.
- 32 ATARs above 85 including 24 above 90.
- 91 band 6 results for 37 students across 68% of courses examined. Just over 10% of all student results were a score of 90 or more.
- 264 band 5 results across 88% of courses examined
- 40% of all results achieved were either band 5 or 6. Well above state average.
- 50% of courses examined achieved no bands 1-2 which are the bottom 2 band results
- 53% of course examined were above state mean
- 83% of courses examined achieve more bands 4-6 than bands 1-3
- 32 students achieve 10 units at band 5 or 6 level
- 2 students were placed on the allrounders list having achieved band 6 in 10 units – Jemma Richardson and Rhiana Zreik.
- First in state – Mischa Davies (English Studies)
- 3rd in State – Rachel Chen (Chinese Beg)
- Rankings, - Menai is the 2nd ranked Comprehensive public school in the Shire/St George area and top 25 in the state in this category. 187th overall across the state against all schools. 2nd best rankings since 2018 (behind 2023 ranking of 149th)
- MHS was also recognised by DoE as a high value-added school for yr9 NAPLAN to yr12 HSC results. One of only 20 schools across the state to achieve this standard.
- **New SBSMP – School Behaviour Support and Management Plan**

For 2025 all DoE schools were required to write and implement a school specific document on student behaviour management. All DoE schools were provided with the same template but needed to develop the document for the school's context. This document is designed to further support and strengthen the DoE revised student behaviour policy which came into play in 2024. The overview of our SBSMP is:

Menai High School strives to provide quality teaching and learning opportunities for all students through equity, inclusivity and excellence. Our goal is to equip students with the ability to be skilled learners who are skilled citizens and skilled in building pathways for life-long learning. This will be achieved through developing student agency and consistent teaching and learning practices across the school. Students can achieve their potential in an environment that is supportive, inclusive and equitable including high-level differentiation through actively building partnerships within the school community to support student learning and wellbeing. In achieving excellence, our teachers will embed high level teaching strategies that differentiate the curriculum for all students.

Principal's Message

The plan is available for parents/caregivers on our school website following the links - Supporting our students- student health and safety. The documents have also been addressed by myself to all year groups as I presented on Wellbeing and Discipline to yr7-11 on Friday 14th February. Mr Meagher covers the documents for yr12 in his regular year meetings.

The aim of the Wellbeing and Discipline Policy is to provide a safe, supportive, positive and discipline teaching and learning environment. Menai is a school that focuses on care and commitment with high expectations on wellbeing and discipline a priority. To support our wellbeing and discipline processes in the school, I ask that parents acknowledged the policy that was sent to families via school bytes if you have not already done so. Your acknowledgement validates the strong work the school delivers to maintain a safe and respectful school environment. Through working together and keeping the students as the central focus in dealing with any issues, the best outcomes can be achieved.

- **Support Unit**

Our support unit has commenced and been given a new name. It will be known as **the Inclusive Education Unit (IEU)**. We welcomed a Head Teacher, class teacher and two SLSOs plus 6 wonderful students to kick off this outstanding new addition to our school. 3 classrooms have been upgraded together with a new staffroom, fencing and air conditioning. To support all students, staff and community safety, an electronic security gate has also been installed at the front of the school and will be in action shortly. Once this gate is in operation, the main front gate will be closed during school hours.

- **Parent and Citizens (P&C) elected executive 2025**

Congratulations to the following who will undertake an executive role in 2025. Thank you to the outgoing committee especially long serving members David Linquist and Andrea Brugmans for their commitment and support of MHS. The new committee will work tirelessly for the school and I thank these office bearers together with general members of the P&C for their contribution to make Menai the place to be. We still have vacancies to be filled in the roles of Treasurer and Assistant Secretary. Please inform the school if you are interested or know someone who is.

The P&C is the community voice for the school. Attached to the newsletter is a P&C role description document including the position of Treasurer.

P&C

President – Carmen Farrell

Vice-Presidents – Paul Constance and Leanne Mariani

Treasurer - TBC

Secretary – Trish Hutchinson

Assistant Secretary – TBC

We encouraged parents/carers to attend P&C if you would like to find out more about the school or ask a question of the senior executive. We are also planning on having various presentations throughout the year delivered by staff members on various aspects of the school as part of our parental partnership's initiative started last year.

Principal's Message

• School Contacts

Contact People

Senior Executive

Principal Mr J Stanley
Deputy Principal (DP1) 2025 Years 7 & 10...Ms E Sayed-Rich
Deputy Principal (DP2) 2025 9 & 12Ms Meagher (+ Ms Mazoudier on Mondays)
Deputy Principal (DP3) 2025 8 & 11 Mr L Ferraro

Head Teachers

AdministrationMs Z Liley (Relieving)
Secondary Studies & Visual ArtsMs M Konstantaras
Wellbeing Ms B Stone
English Ms E Haag / Ms Gardiner
Mathematics Ms N Vickery
Science Mr A Bean
HSIE Ms Y Mazoudier
Learning Support & Performing Arts Ms K La Rosa
TAS/VET Mr B Monger
PD Health PE/Languages Mr M Robinson
Teaching & Learning Ms N Carson
CAPA (Mentoring role)..... Mr Middleton

Other

Teacher Librarian.....Ms D Cooper & Ms Nelson
Sport Coordinators Mr P Phease & Mr N Carpenter
Senior Administration ManagerMs L Rowley (Relieving)
Counsellor.....Ms H Jarvis, Ms Martinov, Ms Booker
Student Support Officer Mr D Laris
Student Welfare Officers Ms T Murray
Careers Adviser Mr C McCartney
Business Manager Mr S Wakely

Year Advisers

Year 7 Ms Ashley Kasper and Mr Lachlan Stewart
Year 8 Ms Stephanie Deller and Ms Catherine Vial
Year 9 Ms H Fenemore and Ms A Perkins
Year 10 Ms D Gardiner and Mr S El Masri
Year 11 Ms Z Liley and Mr N Carpenter
Year 12 Ms Mellows and Mr L Ensor

Principal's Message

- **School Highlights Weeks 1-5**

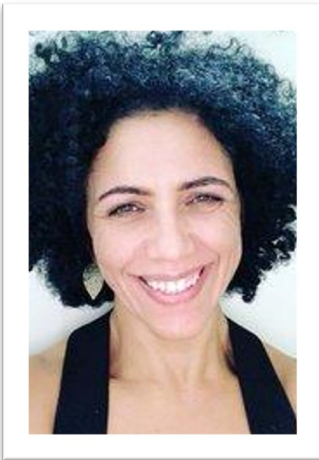
- Yr11 and 12 Drama VOR to onstage on Tuesday (Mr Gillett IC).
 - HSC class of 2024 High Achievers Ceremony (Ms Konstantaras IC).
 - Wellbeing and Discipline Policy presentations to yr7-11.
 - Peter and the Starcatcher's yr10 Textiles VOR (Ms Mellows IC).
 - Yr12 FGF Valentine Day celebrations (Mr Ensor and Ms Mellows IC).
 - UOW Discovery day (Mr McCartney IC).
 - Swimming Carnival (Mr Carpenter and PE IC).
 - Yr9 and 10 Oceans Alive swim test VOR (Science faculty IC).
 - Yr11/12 Ancient History Pompeii VOR (Ms Fenemore IC).
 - Yr9 Oceans Alive swim test VOR (Science faculty IC).
 - SRC Planning Day (Ms Ayad and Ms Perkins IC).
 - Parent Information Night (DPs IC)
 - White card course with selected students (Mr McCartney IC)
 - Zone Swimming Carnival (Mr Carpenter IC)
 - School Photos (Ms Konstantaras IC)
 - Yr11 and 12 Interim reports published.
 - School projects completed in the holidays...
- ⇒ Common room has been air conditioned for student and staff comfort.
- ⇒ Sound, lighting and visual control room in the hall has been fitted out with a sliding window to improve air flow and to hear what is happening on stage.
- ⇒ IEU fully upgraded and furnished.

In closing, what makes Menai the place to be:
Wonderful staff, fantastic students, supportive parents and community.

Regards,
Mr J Stanley
Principal

Deputy Principals

Ms E Sayed-Rich—Years 7 and 10



Year 7

I would like to commend Year 7 on their settled start to high school. With the support and care of their Year Advisers and teachers, students have started their high school journey by establishing good routines, conducting themselves in respectful and friendly manner in their interactions with staff and students and are getting on with our core business of teaching and learning in a conscientious manner. An embodiment of the school motto of Care and Commitment. I would like to acknowledge and thank Mr Stewart and Ms Kasper.



Upcoming events

Year 7 BBQ- 17 March

NAPLAN 2025

NAPLAN takes place from Wednesday 12 to Monday 24 March 2025

Year 7 Camp – 5 May-7 May

Year 10

Year 10 have commenced the year in a mature and settled manner. Students have been reminded that attendance is very important as they transition to their senior schooling. Students have been reminded that daily practice and good study habits are essential for successful learning outcomes, this includes organisation and a regular study routine at home. Also, bringing a book to roll call for silent reading in the morning is an essential requirement as reading underpins everything students do at school.

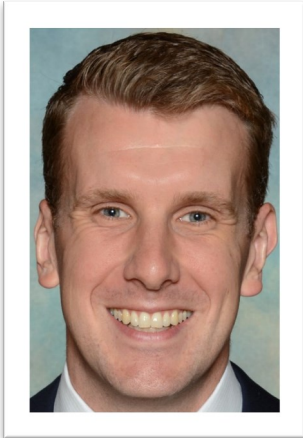
Routines and study habits were addressed at the **Parent Information sessions held on 25th of February** and I will continue to focus on this as Year 10 progresses.

In the next few weeks Year 10 and parents will receive information about NESA requirements for eligibility in gaining the Year 10 ROSA and providing preliminary information about subject selection for Stage 6.



Deputy Principals

Mr L Meagher—Years 9 and 12



The school year is now fully underway, and I am extremely proud of both Year 9 and Year 12 for their dedication and focus during the first month. For Year 8, I've emphasized the importance of starting the year with determination and focus, while for Year 12, the message is to continue the strong momentum they built last year and ensure it carries them right through to their HSC exams. Our main priority remains student welfare, ensuring that students are engaged, motivated, and well-supported. However, Year 12 is a highly competitive and crucial year, and it's essential that students begin to intensify their revision and preparation efforts.

Over the past two weeks, all students have been guided through our expectations for behaviour, study, homework, and conduct. Parents have had the chance to attend information evenings, and those presentations have been emailed to them. We will continue to emphasize these expectations, and I encourage parents to engage in conversations with their children about maintaining a strong study and revision routine at home, following healthy sleep habits, and seeking feedback from staff when needed. This year, we will maintain high standards for conduct and work completion, with a renewed emphasis on attendance and the development of study skills. Please remember, if your child is at home with "nothing to do," they should always be engaged in regular study, revision, note-taking, flashcards, and reading each night. All parents and students have been emailed.

For Year 9 we have the NAPLAN test coming up in the next few weeks, with specific information being disseminated soon. NAPLAN tests should not be sources of stress but should be viewed how they were intended to be; as diagnostic tests that can assist schools and parents better identify and support the learning needs of their students.

Lastly, a friendly reminder to parents that fee reminder letters will be sent out shortly. Please make payments as soon as possible, or contact either myself or Mr. Stanley if there are any issues with payment.

Deputy Principals

Mrs L Ferraro—Years 8 and 11



Year 8

Firstly, I would like to congratulate Year 8 on the way they have begun 2025. The students have been mindful of the key ingredients to having a successful time at school and are reaping the benefits. Year 8 are arriving at school prepared and ready to learn with their laptops charged, exercise books in their bags and pens/pencils ready.

Additionally, for the last two weeks three Year 8 students have been recognised for doing their best in Menai High's new initiative, the Strive Awards. Aleksander Korlevski, Finn Ali and Ayiesha Ahmed were initially recognised for excellent work in class and were rewarded with points for their House Colour Groups. They were then lucky enough to also win the weekly ballot taking home a \$5 canteen voucher! Other Year 8 students nominated for Strive Awards this week included Layla, Miensy, Dalena and Aeisha who were recognised by a member of the public for returning a lost dog to its home safely on their way home from school.

Also in student good news, Orlando Stojanovski of Year 8 was selected and represented Basketball NSW in under 14s at Southern Cross Challenge in Melbourne in January. He is currently training with NSW as a High Performance Athlete. Congratulations Orlando!

Finally, this year Ms Deller is joined by Ms Vial as the Year Advisers for Year 8. Both Year Advisers can be found in the English staffroom and are a wonderful support for Year 8 students as a first port of call for any issues that may arise.



Deputy Principals

Mrs L Ferraro—Years 8 and 11

Year 11

Year 11 students have also started the year in a productive manner as they become accustomed to the demands of the senior school. All students should now have their textbooks and be settling into good homework, revision and study routines. Expectations around study/revision habits and techniques were presented at the Parent Information Night in week 5 and will be on the school website to assist parents in facilitating discussions with their children in order to help them achieve their best.

Subject changes have now taken place, and all students have finalised their pattern of study for their Preliminary HSC course in Year 11. In week 5 students will receive their Preliminary Assessment handbook where the rules and procedures of internal Preliminary and HSC assessment are outlined. Parents will also be emailed this information, and it will be on the school website. In order to best support your children through these senior years, please do not book holidays during the school terms. Family holidays are not an acceptable reason to be absent on the day of an exam or assessment task.

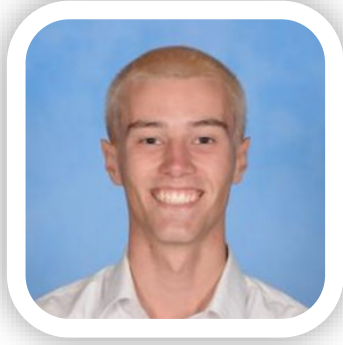
Student News

HSC High Achievers 2024

Cooper Jones - 1st Atar Dux



Kyan Cameron 2nd Atar Dux



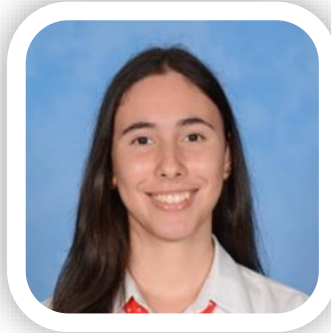
Zirui Jiang - 3rd Atar Dux



Jemma Richardson -Allrounder



Rhiana Zreik - Allrounder



Rachel Chen - 3rd in State for Chinese Beginners



Mischa Davies - 1st in state English Studies



Student News

High Achievers Ceremony 2024

Band 6 award recipients:

Student Name	Result	Subject Awards
Adam Arjah	Band 6	Business Studies
Eleanor Aros	Band 6	Design & Technology
	Band 6	Mathematics Standard 2
Dylan Atie	Band 6	Industrial Technology
Emily Boyd	Band 6	Mathematics Standard
	Band 6	Visual Arts
Kyan Cameron	Band 6	Biology
	E4	Mathematics Extension 1
	Band 6	Mathematics Extension 2
Lachlan Camp	E4	Mathematics Extension 1
	Band 6	Mathematics Extension 2
Arielle Chau	E4	Mathematics Extension 2
Rachel Chen	Band 6	Visual Arts
	Band 6	Chinese Beginners
Sara Chisholm	Band 6	Drama
	Band 6	Music 1
Gemma Clark	Band 6	Business Studies
	Band 6	English Advanced
	Band 6	Mathematics Advanced
	Band 6	PDHPE
Misha Davies	Band 6	Business Studies
	Band 6	English Studies Examination
	Band 6	Society & Culture
	Band 6	Visual Arts
Michael Habkhouk	Band 6	Mathematics Standard 2
Chloe Horn	E4	English Extension 1
Zirui Jiang	Band 6	Chemistry
	E4	Mathematics Extension 1
	Band 6	Mathematics Extension 2
	Band 6	Physics
Cooper Jones	Band 6	Chemistry

	Band 6	English Standard
	Band 6	PDHPE
	Band 6	Mathematics Extension 2
Dalia Libman	Band 6	Biology
	Band 6	Music 1
Nathan Maddock	Band 6	Legal Studies
	Band 6	Mathematics Advanced
	Band 6	PDHPE
Thomas Marshall	Band 6	Industrial Technology
Adam Montenegro	Band 6	Design & Technology
Allegra Montoya	Band 6	Industrial Technology
Kalani O'Brien	Band 6	English Standard
	Band 6	PDHPE
Pearce O'Grady	Band 6	Business Studies
	Band 6	Economics
	Band 6	Mathematics Standard 2
	Band 6	PDHPE
Maria Panagis	Band 6	Industrial Technology
	Band 6	Mathematics Standard 2
	Band 6	Modern History
Kevin Pham	Band 6	Engineering Studies
	Band 6	Mathematics Advanced
Benjamin Phillips	Band 6	Economics
	Band 6	Legal Studies
	Band 6	PDHPE
Jemma Richardson	Band 6	Drama
	Band 6	English Advanced
	E4	English Extension 1
	Band 6	Legal Studies
	Band 6	Mathematics Standard 2
	Band 6	Visual Arts
William Shepherd	Band 6	Industrial Technology
Emily Sofios	Band 6	Ancient History
	Band 6	Mathematics Standard 2

Nikita Stojanovski	Band 6	Business Studies
	Band 6	English Advanced
	E4	English Extension 1
	Band 6	Legal Studies
Lara Talakovski	Band 6	Design & Technology
Kayla Tapp	Band 6	Mathematics Standard 2
Kallie Thompson	Band 6	Biology
	Band 6	Drama
	Band 6	English Advanced
	Band 6	Music
Lachlan Tkalec	Band 6	Mathematics Standard 2
Kaine Verus	Band 6	Music 1
Isaac Warwar	Band 6	Drama
	E4	English Extension 1
	E4	English Extension 2
	Band 6	Mathematics Standard 2
Joanna Yu	Band 6	Visual Arts
Rhiana Zreik	Band 6	Business Studies
	Band 6	Design & Technology
	Band 6	Legal Studies
	Band 6	Mathematics Standard 2
	Band 6	Society & Culture

Student News

High Achievers Ceremony Band 6 award recipients Continued

85+ ATAR AWARDS students

Student Name
Jemma Richardson
Isaac Warwar
Gemma Clark
Lachlan Camp
Ben Phillips
Nathan Maddock
Kallie Thompson
Nikita Stojanovski
Rhiana Zreik
Arielle Chau
Maria Panagis
Misha Davies
Pearce O'Gradey
Kalani O'Brien
Kevin Pham
Rachel Chen
Dalia Libman
Ethan Hider
Eleanor Aros
Kayla Tapp
Joanna Yu
Emily Boyd
Emily Sofios
Adam Martignago
Lily Thompson
Michael Habkouk
Lara Talakovski
Thomas Marshall
Eric Boekhuis

Student News

Please see below article: Written by the Department of Education Unit.

Menai High has a mantra to move HSC students up the achievement bands and the strategy is paying off. Linda Doherty reports.



Every year at the start of Year 12 Menai High School teachers measure student achievement in each HSC subject and then set a target to predict success by exam time.

Principal John Stanley explains the band prediction tracking measure: “We say to the students, ‘Whatever band you’re sitting in at the start of Year 12 we want to move you one band higher by HSC time’,” he said.

“And it’s working, along with our strong learning culture – 40 percent of our cohort this year are band 5 and 6.”

The learning culture includes high expectations and trusting relationships for both students and teachers as well as consistent formative assessment and feedback.

The HSC class of 2024 is receiving additional respect from Menai High teachers as they had just entered their teenage years in Years 8 and 9 when COVID-19 severely disrupted their learning with lockdowns, learning from home, staggered starts, masks, and mass vaccinations.

“This is the cohort that went through COVID in their junior years and had a rough trot,” Mr Stanley said.

“Every principal will tell you this, about how proud we are at how these students came back in Year 10 and knuckled down for their senior studies.”

Menai High was back to its consistent HSC performance of pre-COVID years, with 180 students receiving 91 Band 6s and at least a dozen students with ATARs over 95.

Student News

First in State

Mischa Davies was first in the State in English Studies Examination, the two-unit course that focuses on honing writing and literacy skills and the fundamentals of English, with less of an emphasis on studying novels, plays, and poetry as in other English courses.

"Mischa was a diligent, focused, and friendly student who not only attended every lesson and consistently applied herself but always sought the feedback of her teachers and worked with our learning support staff to keep developing her writing," Mr Stanley said.

"Importantly, she succeeded across all her subjects with high ranks and strong results in subjects ranging from English to Visual Arts to Textiles and Design. A true product of Menai High School exit outcomes of being a skilled learner, skilled citizen and skilled for life."

Twins Lily and Kallie Thompson joined friends today at Menai High's traditional barbecue for HSC students. The twins and their parents were filmed on Wednesday by The Sydney Morning Herald as Lily logged in for her HSC results at 6am.

Lily said she studied up to four hours a day in the lead-up to the HSC exams, often with friends at local libraries.

"We also used a study tracking app to study together and create an additional motivation as well as a friendly competition," she said.

"But most of all, throughout my preparation for the HSC, I prioritised food, rest, and enjoyment, because your mental health is more important."

Isaac Warwar worked hard for his ATAR of 96 studying Advanced English, English Extension 1 and 2, Drama, Ancient History, History Extension and Standard Mathematics, with three major works to develop for the HSC. He would like to pursue a career as a writer via university study in law and communications.

Reaching the finish line of Year 12 and the HSC was "the greatest I've felt all year".

"The HSC seems so far behind and everything in the future seems so close. It is such an exciting time," he said.

"I wish I knew how this felt when I was doing my HSC, so I had that light at the end of the tunnel but it's here now and it's great."

Administration



Ms M Konstantaras (Head Teacher Secondary Studies)

THE SCHOOL
PHOTOGRAPHER

Alliance

School Photo Time!

SCAN TO ORDER

SCAN TO ORDER

SCAN TO ORDER



Head to our website to view the available packages and to place your order

Menai High School

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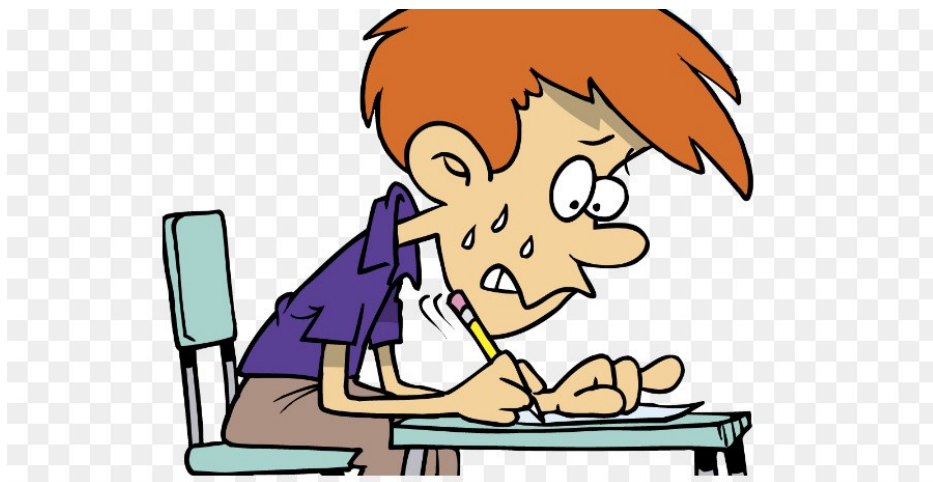
www.theschoolphotographer.com.au

Extra Curricular Events

Thursday Senior Study in the Library

The library is open for **Year 11 and 12 students only** every Thursday afternoon from the start of lunch until 2.30pm. This is offered specifically for our senior students to access extra support, tuition and study time.

Don't let this be you the night before assessments are due or near exam time!



We are very fortunate to be able to offer the assistance of a number of teachers during this time such as **Mr Redman**, a former MHS Maths head teacher; **Mr Staines**, a Business Studies, Economics Legal Studies and Geography teacher; **Mrs Dounas**, an English, History and Learning Support teacher.

So effectively, **FREE TUTORING!!**

We also offer help with organisational planning and summarising of your syllabus dot points.

To make the study time more welcoming, we offer **light refreshments** such as tea, coffee, Milo and biscuits.

We strongly urge all our Year 11 and 12 students to make use of this wonderful opportunity on **Thursday afternoons**.

P&C News

Welcome to 2025

A warm welcome to all students, staff, and families as we begin an exciting new year at Menai High School! My name is Carmen Farrell, and I am honoured to introduce myself as the new President of the P&C Committee. I have three children currently at the school— Year 12, Year 10, and Year 7 and I am truly excited to be a part of our vibrant school community. As the new President, my goal this year is to initiate a fundraising committee and start raising much-needed funds to support our school's ongoing growth and development. We have some exciting plans for the year ahead, and I look forward to working with you all to make these a reality. I am also thrilled to introduce our new Executive Committee members, who were elected at the recent AGM:

- **Vice President Paul Constance**
- **Vice President Leanne Mariani**
- **Treasurer - Vacant**
- **Secretary Trish Hutchinson**

Their enthusiasm and dedication will be invaluable as we work together to enhance the experience for our students and families.

This year, we are pleased to announce a few updates that have already made a big difference:

- **New School Bell Times:** Our new bell schedule has been successfully implemented to support a smoother and more efficient school day for all.
- **Air Conditioning in the Common Room:** Thanks to the efforts of the P&C and generous support from the community, air conditioning has been successfully installed in the common room for the comfort of our students and staff.
- **Learning Support Program:** We are thrilled to have the Learning Support Program up and running

We're also excited to be holding our Year 7 Welcome BBQ on Monday, 17th March, from 4:30 to 6:30 PM. It will be a great opportunity to meet new families, connect with old friends, and enjoy some delicious food in a relaxed setting. In addition, mark your calendars for our School Open Day on 5th March, where prospective students and their families can visit, tour the school, and learn more about everything we offer. Finally, we are currently in desperate need of a Treasurer for our P&C Committee. If you are interested in helping out, please join us at our next P&C meeting on the 10th of March. Your support would be greatly appreciated! Here's to a fantastic year ahead! I look forward to meeting many of you throughout the year and working together to make Menai High an even better place for our students.

Warm regards,
Carmen Farrell
MHS P&C President

School Leadership Team—2025

Captains

Natalie Lui
Benjamin Khuu

Vice Captains

Donovan Porter
Sam Brugmans
Summer Bates
Georgina Farrell



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