



Megalong Public School

Term 1 Weeks 1-6 Newsletter

Dear Families,

The 2025 school year has started off with great excitement and energy, marked by a variety of events and activities that have brought both students and staff together. One of the first highlights was the intensive swimming clinics, which provided students the opportunity to refine their skills and prepare for the upcoming swimming carnival. The small local schools collaborated in a friendly, yet competitive atmosphere, fostering a sense of community and healthy competition. It was a joy to watch the students push their limits in the water, and many showed impressive growth and determination throughout the clinics.

The swimming carnival was another major event that showcased the students' hard work and dedication. The competition was spirited, and we couldn't have been prouder of all the students who participated. We celebrated the success of those who made it to the zone level, as this achievement was a testament to their commitment and skill in the pool. The pride we felt in these accomplishments was shared by both the students and their families, as the carnival allowed everyone to come together and cheer on their peers.

Despite the festive start to the year, the school faced a few health challenges with the outbreak of whooping cough and the rhinovirus, which affected several students and staff. Our dedicated health team worked tirelessly to manage the situation, ensuring that students and staff received the necessary care and information. While the outbreak was unfortunate, it brought the school community closer as we all took the necessary precautions to prevent further spread, emphasizing the importance of good hygiene and staying home when unwell.

In addition to the student-focused activities, the teaching staff had an enriching experience during our professional development days, where they had the opportunity to network with colleagues from other local small schools. These days provided a valuable platform for sharing ideas and best practices. A highlight was the CPR training session, which ensured that everyone was up to date with vital life-saving skills. The networking and professional growth that occurred during these sessions will undoubtedly enhance the teaching experience throughout the year, enabling us to provide the best education possible for our students.

Furthermore, a big accomplishment for the school was having one of our projects selected as one of the final 23 films in "The Film by Invitation", a prestigious event that recognizes excellence in film-making. This achievement was a source of immense pride for both the students and staff.

We have introduced new PBL focus' and strategies this year. We look forward to embedding these into school life in the coming years.

Rachael Penny,
Principal

 Megalong Public School			IN OUR SCHOOL WE ARE:
Respectful	Considerate	Engaged	
✓ Speak positively and politely	✓ Be kind to others	✓ Be curious	
✓ Give eye contact when speaking	✓ Wait patiently for your turn	✓ Ask questions to improve	
✓ Take care of belongings	✓ See others and pay attention to them	✓ Complete work enthusiastically	
✓ Follow teacher instruction		✓ Strive to achieve learning goals	

INTENSIVE SWIMMING CLINIC

WITH HAMPTON P.S. AND CULLEN BULLEN P.S.



Students participated in a two day Intensive swim clinic to refresh their skills before the combined swimming carnival. It was a stormy few days so they mostly swam indoors!







Students broke into groups to further their skills, but came back together at break times.

It was great to reconnect with friends from both Hampton PS, Cullen Bullen PS and Capertee PS.



Around the Playground and in the Classroom



Little fairy wren having a bath—photo taken by our year 1 student.



Crunch&Sip®

Information for parents and carers

What is Crunch&Sip®?

Crunch&Sip® is a set time during the school day for children to crunch on fruit and vegetables and sip water in the classroom.

What you need to do:

To be involved in Crunch&Sip®, please send your child to school with a water bottle and some ready-to-eat fruit or vegetables.

Why it matters:

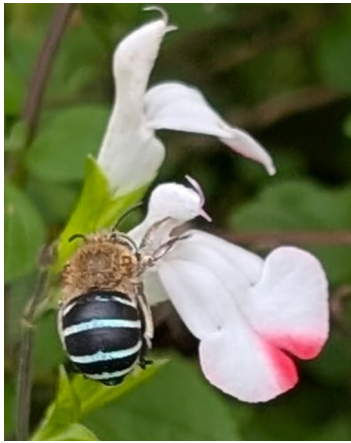
Developing healthy habits can help children have better health and wellbeing throughout life. It can also help them do their best at school. Research suggests children who eat a healthy diet including fruit and vegetables are more likely to:

- **concentrate better and remember more**
- **perform better academically**
- **have better mental health.**



Dates to watch for...

- ♦ **26th Feb** — Premier's Reading Challenge
- ♦ **3rd Mar** — Wet & Wild Challenge
- ♦ **12th – 21st March** — NAPLAN
- ♦ **17th – 21 March** — Harmony Week
- ♦ **26th March** — GRIP Leadership day Year 6
- ♦ **10th April** — Maths Fun Day
- ♦ **11th April** — Last day of Term 1
- ♦ **30th April** — First day Term 2
- ♦ **30th April** — Healthy Harrold visit



Blue Banded Bees are amongst our most beautiful Australian native bees. They are about 11 mm long and have bands of metallic blue fur across their black abdomens.

Students discovered these in our grounds and expanded on this discovery in the classroom, through science, literacy and art.



Vege Garden Harvest

Students have been harvesting and enjoying the rich bounty the wiki-beds have produced.



COME AND JOIN OUR **FREE**



with
HAZELBROOK-LAWSON and KATOOMBA
GIRL GUIDES

Why do Girl Guides exist? Because girls do.
What does that mean? Come to our Open Day event and find out!

- Saturday 5 April 2025
- 3-5pm
- All ages and families welcome!
All visiting children must be accompanied by an adult.
- Lawson Girl Guide Hall, 14 Honour Avenue, Lawson, NSW 2783
- Jane | jane.flarey@girlguides-nswactnt.org.au | 0404 831 740
Kim | kim.mcnamara@girlguides-nswactnt.org.au | 0422 381 462

girlguides-nswactnt.org.au/OpenDay

SCHOOL ZONE OFFENCES WHAT ARE YOU RISKING?*



FACT

Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need **YOU** to take extra care when driving and parking around school zones.



No Parking

You have 2 minutes to drop-off or pick-up and must stay within 3 metres of your vehicle.

PENALTY
\$277
+ 2 DEMERIT POINTS

Pedestrian Crossings

Do not stop or park on or near a marked crossing.

PENALTY
\$544
+ 2 DEMERIT POINTS



No Stopping

You are not permitted to stop on a length of road with a no stopping sign.

PENALTY
\$410
+ 2 DEMERIT POINTS

Driveways

Do not stop on or across a driveway.

PENALTY
\$410
+ 2 DEMERIT POINTS



Bus Zone

You must not stop your vehicle in a Bus Zone unless you are driving a public bus.

PENALTY
\$410
+ 2 DEMERIT POINTS

Intersections

Do not stop on or within 20 metres of an intersection.

PENALTY
\$544
+ 2 DEMERIT POINTS



Mobile Phone Use

Do not use a hand held mobile phone while driving.

MAX. PENALTY
\$544
+ 5 DEMERIT POINTS

Parallel Parking

Must parallel park in direction of travel unless signpost states otherwise.

PENALTY
\$410
+ 2 DEMERIT POINTS

Double Parking

Do not double park in a school zone.

PENALTY
\$410
+ 2 DEMERIT POINTS



School Zone Speeding Offences

40kmph is the speed limit. Children are vulnerable in school zones.

MAX. PENALTY
\$4643
+ 7 DEMERIT POINTS

Footpath and Nature Strip

Do not stop on a footpath, nature strip or obstruct ramp or path access.

PENALTY
\$410
+ 2 DEMERIT POINTS

*Fines are current as of September 2024. Fines and demerit points are subject to change.

Combined Swimming Carnival

With Hampton PS, Cullen Bullen PS and Capertee PS



