

## Botany Bites School Lunch Menu – 2025

EXTRA OPTIONS AVAILABLE ON FLEXISCHOOLS

### Hot Food

Pasta Bolognese from \$7.50

Plain Pasta from \$5.00

Vegetarian Tortellini with Napolitana Sauce from \$7.50

Macaroni & Cheese \$6.50

Butter Chicken & Rice Creamy mild Butter Chicken & Rice \$7.50 GF

Chicken Fried Rice \$7.50 GF

Vegetable Fried Rice \$7.00 GF

Burrito Bowl \$8.50 GF

6 Chicken Nuggets Add: Sauce \$0.35 \$5.60

8 Chicken Nuggets Add: Sauce \$0.35 \$7.50

12 Chicken Nuggets Add: Sauce \$0.35 \$11.20

Garlic Bread \$3.60

Corn Cups (3 flavours) from \$3.80 GF

Gluten Free pasta available (+ \$1.20)

### Burgers

Hamburger Meat patty, Lettuce, Sauce \$7.80

Schnitzel Burger Homemade Chicken Schnitzel, Lettuce & Sauce \$7.60

Grilled Chicken Burger Fresh grilled chicken, Lettuce & sauce \$7.60 GF available

Falafel Burger Homemade falafel patty, lettuce, tomato, sauce \$7.60

Bacon & Egg Roll with Sauce \$6.50 GF available

Hot Dog with Sauce \$5.20

Add: Cheese \$0.90 / Tomato \$0.80 / Egg \$1.10 / Pineapple \$0.90 / Bacon \$1.30 / Gluten

Free Toasted \$1.20 / Caramelised onion = \$0.80

## Gourmet Wraps

Sweet Chilli Chicken Wrap Homemade Tenders, Cheese, baby spinach, sweet chilli sauce  
\$7.70

Falafel Wrap Homemade Falafel, hummus, lettuce, cucumber, tomato, tzatziki \$7.70

Chicken & Salad Wrap Lettuce, Tomato, Cucumber & carrot \$7.70

Ham & Salad Wrap Lettuce, Tomato, Cucumber & carrot \$7.70

Chicken Schnitzel Wrap Homemade Schnitzel, Lettuce, tomato & mayo \$7.70

## Sandwiches GF Bread available

Cheese \$4.80

Chicken Schnitzel \$6.20

Mashed Egg \$5.00

Ham & Cheese \$5.50

Honey / Jam / Vegemite \$4.00

Salad \$5.50

Tuna & Mayonnaise \$6.00

Poached Chicken \$6.00

Roast Turkey \$6.20

Ham & Cheese Squashy Ham and Cheese toasted on a roll \$5.70

Cheesy Squashy Cheese toasted on a roll \$5.00

Tortilla Pockets (3 flavours) from \$5.70

Roll or Wrap - Add \$0.50 / Gluten Free Toasted \$1.20

Add: Lettuce \$0.80 / Cheese \$0.9 / Tomato \$0.80 / Cucumber \$0.80 / Carrot \$0.80 /

Avocado \$1.40

## Salads

Create Your Own Lettuce and your choice of salad options \$5.00

Add: Tomato / Cucumber / Carrot / Croutons \$0.80 / Boiled Egg \$1.40 / Feta \$1.50 /

Parmesan \$1.50 / Crispy Bacon \$1.50 / Olives \$1

Avocado \$1.40 / Ham \$2.20 / Poached Chicken \$2.80 / Crumbed Chicken \$3.00/ Tuna

\$2.80 / Turkey \$2.80 / Roast vegetables \$2.80

Pesto Pasta Salad, penne, sundried tomatoes, parmesan, pesto mayo from \$8.50

Soba Noodle Salad, soba, cucumber, carrots, sesame dressing from \$8.50 Vietnamese

Rice Noodle Salad, vermicelli, cucumber, carrot, mint, coriander, nuoc cham dressing from (GF) \$8.50

Poke Bowl, seasoned rice, carrot, cucumber, edamame, GF teriyaki, mayo (GF) from \$8.50

## Sushi Must be ordered by midnight – day before delivery

Large Sushi Roll – Choice of the following: \$4.60

Chicken Teriyaki & Avocado

Chicken Teriyaki & Cucumber

Chicken Teriyaki

Tuna & Avocado

Tuna & Cucumber

Tuna

Mini Sushi Box – 12 pieced Mini Sushi. Choice of the following: \$6.00

Cucumber

Avocado

Tuna

Mixed

Edamame Box \$3.40

## Snacks

Popcorn \$3.00 GF

Banana Bread \$3.30

Sumo Cookie \$2.80

Mini Choc Chip Cookies \$2.80

Crispy Fruits \$4.20

Vegetable Crackers \$3.30 GF

Corntos \$2.80 GF

Homemade Chocolate Brownie \$3.20

Homemade Bircher Muesli and Fruit Cup \$5

Homemade Chia Pudding and Fresh Strawberry Cup \$5 DF

Yoghurt & Berries \$4.50

Fresh Fruit Salad \$4.50

Watermelon Cup \$4.10

Jelly \$3.00 GF

Chocolate mousse cup \$3.80

Hummus & Vege Sticks \$3.80

Vege Sticks \$3.20

Custard Cup \$3.50 GF

Custard Cup with Milo \$4.00 GF

Custard Cup with Mixed Berries \$4.20 GF

# Drinks

Spring Water \$2.50

Flavoured Milk Chocolate or Strawberry \$3.20

400ml Juice (Apple, Orange, Apple Blackcurrent) \$4.50

Up & Go Chocolate, Strawberry, Banana \$3.40