

# MACINTYRE HIGH SCHOOL



WEEK 11, FRIDAY 11 APRIL 2025

*Excellence*

*Innovation*

*Success*

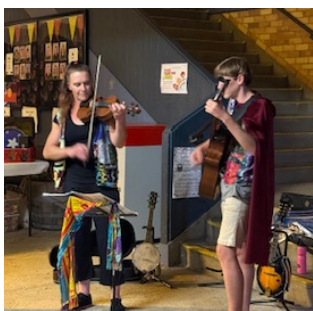
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## A TASTE OF MACINTYRE

The Macintyre High School P&C Committee hosted its annual "A Taste of Macintyre" on Friday, 28 March. Despite another year of wet weather, the event was a resounding success! The community came together to enjoy a diverse selection of delicious food, lively entertainment, and a fantastic atmosphere.

An event of this scale wouldn't be possible without the dedication and hard work of so many wonderful people. The P&C extends a heartfelt thank you to our staff, students, parents, and community members who generously gave their time and effort to make the evening special. Our goal was to strengthen the connection between our school and the wider community, and we are proud to have achieved that once again. Thank you for being part of this incredible night!



## TERM 2 KEY DATES

### Week 1 - Week A

Wednesday 30 April - students return for Term 2

Friday 2 May - Armidale UNE Open Day, HSC timetable published, Year 10 White Card Course

### Week 2 - Week B

Monday - Year 10 Love Bites

Tuesday 6 May - Open girls softball, Year 10 White Card

Wednesday 7 May - Northern Schools Lamb Competition

Thursday 8 May - Principal's assembly, Northern Schools Lamb Competition

Friday 9 May - Do it for Dolly Day, Bill Turner Cup soccer

### Week 3 - Week A

All week - Aurora Residential School

Tuesday 13 May - Cross Country

Wednesday 14 May - Parent Teacher evening, Tamworth Careers Expo

### Week 4 - Week B

Tuesday 20 May - Year 7 vaccinations

Wednesday 21 May - School Photos

Thursday 22 May - Principal's assembly

### Week 5 - Week A

All week - Year 10 Work Experience and Year 11 Half Yearly Exams

Thursday 29 May - Dubbo Sheep Show

Friday 30 May - Dubbo Sheep Show

### Week 6 - Week B

Thursday 5 June - Year meetings

### Week 7 - Week A

Monday 9 June - Public holiday

Friday 13 June - Athletics Carnival

## MHS Parents and Citizens (P&C) Association needs members!

☀ Be a Voice for our students and join Macintyre High School P&C ☀  
Why?

- Support our school canteen: Help manage and operate our vital school canteen, providing healthy meals and snacks for our students.
- Advocate for change: Be part of a group that represents the interests of parents and advocate that student's needs are heard.
- Contribute to events that directly benefit our school programs and activities.

Without a dedicated P&C committee, we risk losing the supports that MHS P&C currently provide.

Your involvement matters! Get Involved today ☀☀

📅 Attend our next P&C AGM meeting on Monday 12 May 2025

📍 Location: Hann Gallery, Macintyre High School

✉ For more information, contact [pandc@macintyrehigh.onmicrosoft.com](mailto:pandc@macintyrehigh.onmicrosoft.com)

# WELFARE UPDATE

Term 1 has been a busy, productive, and incredibly positive start to the school year for the Welfare team at Macintyre High School. From the return of familiar faces to the warm welcome of our newest Year 7 cohort, the energy across the school has been nothing short of inspiring.

This term, our focus has remained on building strong relationships, promoting student wellbeing, and supporting positive behaviour and attendance. The dedication shown by our students, staff and families in working together to foster a safe, inclusive and supportive school environment has been a real highlight.

As we reflect on the first term of 2025, it's also a chance to acknowledge the many wonderful moments and achievements already taking place within our school community—and to look ahead with excitement for all that's to come in Term 2.

## **Year 7 Camp + Year 11 Peer Support Team Leaders**

What an incredible two days we had at the Year 7 camp at Copeton Dam! Our students embraced every opportunity with enthusiasm and represented Macintyre High School with pride. Their behaviour, teamwork, and engagement throughout the camp were nothing short of outstanding.

A heartfelt thank you goes to our amazing Year 11 Peer Support mentors. Their leadership, guidance, and support of the Year 7 cohort played a key role in making camp such a positive and memorable experience. If you see these students around the school, please take a moment to acknowledge their fantastic efforts: Sophie, Tiarnah, Ella, Harry, Olivia G, Rex, Bailey, Angela, Henry, Tenny, Jacqui, Gabby, and Layla – thank you for being such incredible role models.

One memorable moment that perfectly captured the spirit of fun and connection at camp was when Miss McLachlan volunteered to have a water bomb popped over her head—an activity that had everyone laughing and cheering. It was a light-hearted moment that highlighted the strong and positive rapport between students and staff, and one that will be remembered fondly by all who were there.

One moment worth celebrating was when students stepped up to support fellow students through the evening challenges. Students demonstrated encouragement and kindness, which reflected the true spirit of mateship and resilience that we are so proud to see in our students.

A huge thank you also goes to Mrs Harrison, Miss McLachlan, Mr Reynolds and Mr Lansdowne for your time, energy and care in supporting our Year 7 students throughout the camp. Your positivity and dedication are deeply appreciated. A special mention to Mr Lansdowne, our Year 7 Year Adviser – your efforts in leading and connecting with the group were exceptional. The students are lucky to have your support.

Thank you all for contributing to such a successful and enjoyable camp. It was a fantastic experience, and I feel incredibly fortunate that my first camp with Macintyre was so full of energy, connection, and care.





# WELFARE UPDATE CONTINUED...

## 🌟 Celebrating Student Success – Year Adviser Certificate Recipients! 🌟

Each fortnight, our dedicated Year Advisers select students who have demonstrated outstanding achievement or made significant progress – whether in the classroom, on the sporting field, through leadership, or within the wider community.

This month, we're incredibly proud to recognise the following students across Years 8–12:

🌟 Clancy H (Year 8) & Evella S (Year 8)

🌟 Lincoln P (Year 9) & Katelyn O (Year 9)

🌟 Alex W (Year 10)

🌟 Ella G (Year 11) & Harry G (Year 11)

🌟 Rachel F (Year 12), Liam S (Year 12) & Lucy K (Year 12)

These students have gone above and beyond in demonstrating commitment, effort, and positive contributions to our school culture – and we couldn't be prouder! 🌟🌟



## Attendance Raffle Prize

At Macintyre High School, we know that regular attendance is vital to student success. Every day counts – and we're excited to introduce a new initiative to recognise and reward students who are making attendance a priority.

To celebrate students who demonstrate commitment to their learning by attending school regularly, we're launching a Positive Attendance Raffle. At the end of each term, students who maintain 95% attendance or higher will be automatically entered into a prize draw.

For Term 1, students have the chance to win a UE Wonderboom 4 Bluetooth Speaker – a waterproof, floatable, and portable speaker valued at \$150!

Here's how it works:

- 1 Show up – Maintain 95% or higher attendance across the term
- 2 Automatically entered – All eligible students go into the draw
- 3 Win big – One lucky student will be drawn during our Week 11 assembly and can collect their prize from the Head Teacher Welfare office

This is just the beginning! A new prize will be offered every term, giving students multiple chances to be recognised and rewarded for excellent attendance throughout the year.

# WELFARE UPDATE CONTINUED...

## Attendance Raffle Prize continued..

This initiative aims to highlight the importance of consistent school attendance and foster a sense of pride and motivation among students. We appreciate the support of our parents and carers in reinforcing this message at home and working with us to ensure every student has the opportunity to succeed.

Let's finish Term 1 strong – and remember, every day at school matters!



## Year 7 and 8 Great Aussie Bush Camp

The Year 7 & 8 camp to the Great Aussie Bush Camp – Tea Gardens is taking place later this year!

This four-day, three-night camp promises to be an unforgettable experience filled with educational, challenging, and fun outdoor activities designed to build confidence, teamwork, and resilience in our students. It's a fantastic opportunity for students to connect with their peers, develop leadership skills, and step out of their comfort zones in a supportive environment.

To assist with planning and logistics, we kindly ask that parents and carers provide permission through SchoolBytes as soon as possible. This will allow us to gather an expression of interest and estimate numbers for the excursion.

We encourage families to submit their interest early to help us ensure this exciting opportunity is available to as many students as possible.

For any questions, please don't hesitate to contact the school.

## Love Bites Program – Year 10

Macintyre High School is proud to continue our involvement in the LOVE BiTES program, a nationally recognised and highly successful school-based initiative that empowers young people to develop respectful relationships.

Delivered by certified facilitators from local organisations, LOVE BiTES is a trauma-informed program developed by NAPCAN (National Association for Prevention of Child Abuse and Neglect). It focuses on Domestic and Family Violence (DFV) and Sexual Assault (SA) prevention and is aligned with best practice standards recommended by leading academics and government bodies.

We are excited to announce that the Year 10 cohort will participate in the program in early Term 2.

The program is designed for Year 10 students and can be delivered as a one-day workshop or across multiple sessions. It is based on behaviour change theory, children and young person inclusive practice, and culturally inclusive principles.

LOVE BiTES includes the following components:

- Rights and responsibilities in a relationship
- Relationship violence
- Attitudes, beliefs, and excuses
- Healthy relationships
- Sexual violence and the law
- Consent
- Being an active bystander
- Seeking help

A creative session that encourages student reflection and expression

This is a valuable opportunity for students to deepen their understanding of respectful relationships in a supportive and inclusive environment.

More information about the program, including dates and parent/carers consent, will be provided early in Term 2.

Can't wait to see everyone back for Term 2, refreshed and ready for another great term ahead!

Relieving Head Teacher Welfare,  
Hannah Turrise



# ENGLISH

This term students in Years 7-9 have been participating in 10 minutes of silent reading at the start of every English lesson. The English faculty has had classes in the past complete the Renaissance Reading Program which demonstrated the impact regular reading has on improving vocabulary, comprehension, and writing skills. By providing students with the opportunity to have an opportunity to add reading into their day-to-day routine it is giving them the opportunity to experience personal growth without the pressure of any assessment.

Students are given time to go to the school library to choose reading material that is of interest to them, or they may choose to bring a book from home. They are encouraged to explore material from a variety of genres and to find something that they will genuinely enjoy engaging in.

Students are enjoying their reading time and the routine that comes with it, "It switches my brain on and helps me concentrate" – *Year 7 student*. Teachers are also finding that the classes are more settled, and student concentration is improving, with the introduction of silent reading into their lessons.



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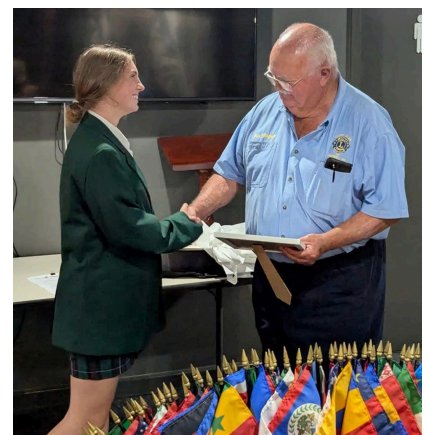
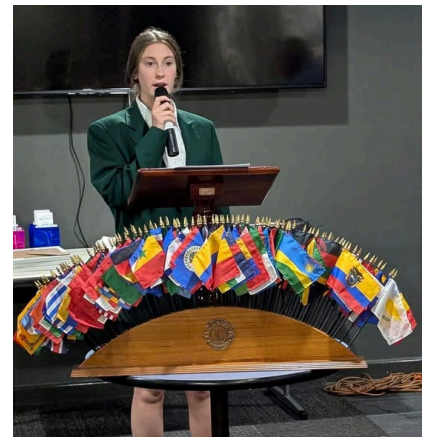
## INVERELL LIONS CLUB YOUTH OF THE YEAR

On Saturday 8 March, Inverell Lions hosted the Regional Final of "Youth of the Year".

Four school student contestants represented their communities from Inverell Lions Club, Guyra Lions Club, Glen Innes Highlands Lions and Armidale Dumaresq Club. We send out a huge congratulations to Macintyre High School Year 11 student Jacqueline Paton who represented Inverell and won the "Public Speaking" section of the evening. Jacqueline spoke on 2 impromptu speeches regarding International Women's Day and the woman who inspires her most and where she sees herself in 10 years time. For her prepared speech, she spoke about the Power of Words and what we can do to be mindful of their impact. Jacqueline was supported on the night by Inverell Lions, her family, Mrs Chapple and Mrs Beattie. Congratulations Jacqueline.

The calibre of the four students was most impressive. Aside from the speeches, students had to undergo a thorough interview process.

We also congratulate Armidale student Camilla for her win in representing our region at the next level for "Youth of the Year" and thank the Inverell Lions for their continuing commitment to our young people and our community.





# ROBOCUP

On Monday, 17 March, Macintyre High School were excited to work together with Jason Flood, a senior organiser of Robocup NSW, who demonstrated in workshops how to build robots using LEGO kits. Our school is currently using the LEGO Spike Prime kits to design and build robots for two types of challenges: Rescue Maze and Soccer.

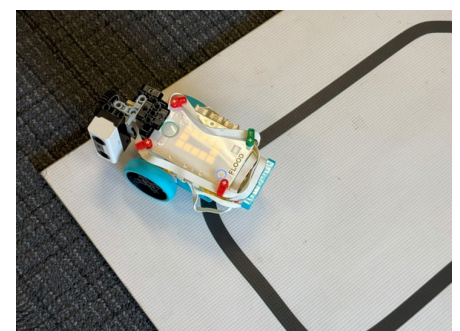
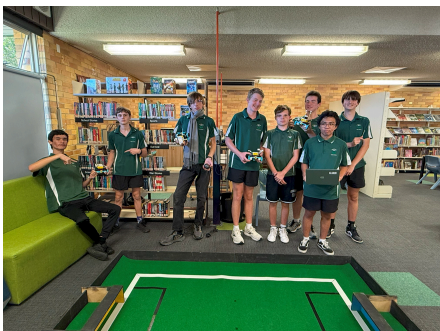
The Rescue Maze challenge is being tackled by our Year 8 group. The goal for the challenge is to move a robot through a difficult obstacle course, following a black line to reach a rescue area and remove the danger, which is represented by pushing a weighted can. The robots utilise light and colour sensors to stay on the line, and a button is used to determine if the danger has been hit.

The Year 10 group are doing well in conquering the Soccer challenge. Each team is to design two robots that work together to defend and score goals against the opposing team. They play on a soccer field that is 2.4 metres by 1.8 metres, constructed using green felt, tape and borders made from timber. The soccer ball has an infrared signal inside it, which the robots use to detect and follow where the ball moves. The students are motivated to use omni-wheels to improve the movement accuracy of the robots to get a better advantage of winning.

Mr Flood hosted the workshop for each of the year groups and supported students step-by-step in using block code to program the robots to achieve these goals. We learnt a whole range of techniques on the day, and we also discovered how important teamwork will be to develop successful robots.

Macintyre is incredibly grateful to Mr Flood for making his way to Inverell from Newcastle for this workshop, and we are excited to continue these projects into Term 2.

-Mr Kramer





# SBAT SIGN UPS

The following students have started exciting journeys! Thank you to the businesses involved for making these opportunities possible for our students. Their support is helping our students grow professionally and personally - a truly invaluable contribution to their future career pathways.

Want to know more about School Based Apprenticeships or Traineeships? Contact your Careers Adviser or SBAT Engagement Officer.



Matilda has started her SBAT at Inverell Regional Livestock Exchange studying her Certificate II in Agriculture



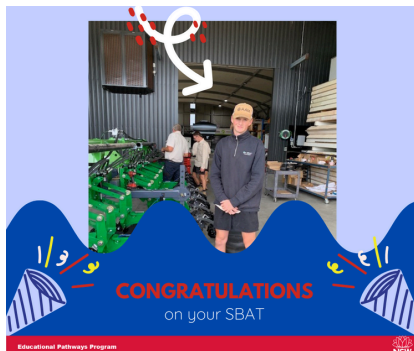
Mack has started his SBAT at No Bull Butchery. Studying his Certificate III in Meat Processing



Miya has started her SBAT at The Albion Store studying her Certificate II in Hospitality



Zoe has started her SBAT at Hunter New England Health - Inverell Hospital.



Damon has started his SBAT at Precision Seeding Solutions.



Danny has started his SBAT at Hunter New England Health - Inverell Hospital.



Leewana has started her SBAT at Hunter New England Health - Inverell Hospital.



Olivia has started her SBAT at Hunter New England Health - Inverell Hospital.



# AGRICULTURE

## Shearing School

During Week 7, selected students participated in the Shearing School. All students involved had a great time and did a great job learning to “get on the skin”.

On the Wednesday, students were lucky enough to witness the expertise of Nicky who is the world record holder for the most sheep shorn by a woman in an eight-hour day



## Agriculture Class

Year 8 Ag is currently raising chickens and conducting a trial on different protein diets. They have also been growing herbs in a vertical garden. The produce will be used in Food Technology.

Year 11 Ag recently attended a property visit at "Glennon". Students learned all the intricacies of running a beef cattle property.



# ESSENTIAL ENERGY TOUR

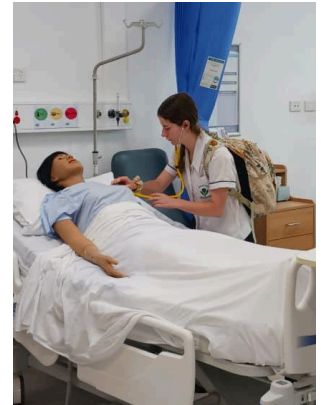
On Tuesday 25 March, students in Year 10 visited the Essential Energy depot to learn about careers available in the industry and what work as a linesman and power distributor is like. Thanks to RIEP and Karly Brogan for organising this opportunity





# HEALTH CAREERS EXPO

On Tuesday 11 March, eight MHS students attended the Health Careers Expo in Tamworth. Students were exposed to study options and career experiences in physiotherapy, occupational therapy, speech pathology, nursing and midwifery, medicine, dietetics, radiology and pharmacy. It was a great opportunity for students to engage with professionals in the health sector.



## HOSPITALITY

Students from both Hospitality classes worked hard on the day to prepare food and organise equipment for “A Taste of Macintyre”. Students returned later to help in the kitchen, serving food, and prepare coffee using the coffee trailer, which Rotary had kindly donated.

Mrs Whitton congratulates all the students on their hard work and completing practical industry hours in our school cafe and at school functions.



Bailey and Savannah cutting up chicken ready to be marinated for chicken fried rice.



Connor, Shaun and Kyan marinating chicken for the AECG chicken curry and Jonny cakes.

## CAREERS UPDATE

Youth Consultant Cyann from Joblink plus will be visiting our school every second Wednesday from 9:30am – 12:30pm, Cyann will be available to students and parents to discuss The Transition to Work Program delivered by Joblink plus.

This program is a Commonwealth funded program designed to support young people aged from 15 to 25 years who may be at risk of struggling with transitioning from school into employment or further education, the program supports young people with finding a career path, gaining meaningful employment and /or further education to enhance their employment / career opportunities.

The program offers support with work related licensing, training and education, support while you transition into employment, provide support tailored to you.

# MC

Term one has been a very busy start to the year in MC, all students have enjoyed a variety of new and existing programs at Macintyre High School. One of the highlights for our MC students has been, the opening of the new Inverell Aquatic Centre. After the swimming carnival MC have been utilising this space on Tuesday during our compulsory sport time.

Using the Inverell Aquatic Centre has allowed our students to not only enjoy the facilities, but has allowed the students to work on their water safety skills and their confidence in the water. It has allowed the students to build greater relationships with their peers with a variety of water games throughout the visits.

The water games the students have been able to try include things such as throwing and catching activities, lap swimming, breathe work activities used to increase lung capacity, sinking instrument games to also work on breathe work, as well as having some time to relax and work on water safety skills.

MC looks forward to continuing these activities in the future.



## MC3 SENIOR STUDENTS

MC 3 senior students embrace becoming seniors and take on new exciting opportunities

As the new academic year unfolds, senior students in MC are settling into their final years with enthusiasm and a sense of purpose. The transition to senior classes has been good, with students learning to adapt to the increased academic demands and responsibilities. Teachers have noted a positive shift in the students' attitudes, with many showing a renewed commitment to their studies, work transition and future life goals.

One of the highlights of the term has been the food technology excursion. Students had the opportunity to visit a local shop, where they looked at the accessibility of food in our community and where it is sourced.

Several students have chosen to pursue VET courses and completing this training over the next two years. Some of these students are gaining practical experience in the school's on-site training cafe, where they learn about customer service, food preparation, and event management. Other students have been doing Design Technology and have completed, with support, wonderful assessments.





# LIBRARY NEWS

This term, we launched our Library Leaders Program, which saw a fantastic group of 14 dedicated students attend a training session on library operations. These students play an essential role in helping our library run smoothly during busy lunch times. They assist with a variety of tasks, including loaning books, returning items to the shelves, managing technology, and keeping our library tidy after breaks. We are incredibly appreciative of their commitment and enthusiasm.

We recently held a successful book sale during the 'A Taste of Macintyre' evening, where many books found new homes. The funds raised from this sale will go towards acquiring more new books for our collection, and any remaining books will be donated to charity.

We are also excited to announce that over 100 new books are arriving in both fiction and non-fiction categories for the beginning of term 2. We encourage everyone to come down and check out all the new titles.

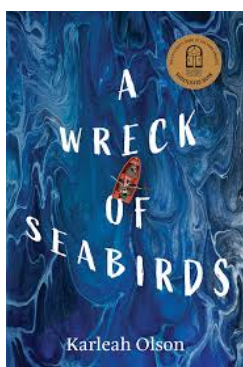
Recently the CBCA (Children's Book Council of Australia) shortlisted titles were announced, and the library has all the shortlisted books either on the shelf or on order. In Friday Book Club, students will have the opportunity to read one of these exciting shortlisted books.

Looking ahead to next term, we have some exciting initiatives planned! Our Project Space and Tech Club will open every Tuesday and Thursday. Students will have the opportunity to explore their creativity with state-of-the-art technology including 3D printing, our film kit, podcast kit, Dashbots, and Bluebots. With guidance, they will also be able to use the Cricut machine for various craft projects. Bookings for this equipment will be open in Week 2.

Additionally, we are introducing a special wireless mouse 3D printing project available for just \$25. This is a fantastic opportunity for students to engage in hands-on learning and innovation.

As we continue to foster a positive environment in our library, we kindly remind all students to display sensible and appropriate behaviour while using our spaces and resources.

Thank you for your ongoing support, and we look forward to another great term filled with learning and creativity in our library.



## Book Review:

"Wreck of Seabirds" by Karleah Olson.

Sarah and her friend Aria have been stranded on a desolate island far off the coast. The longer they're trapped there, the less alone they seem. Briony waits, hoping for her sister Sarah to reappear. The storyline switches between The Shore, The Shallows, and The Deep with twisty turns that are dark, beautiful and devastating weaving between past and present.

# SWIMMING CARNIVAL

On Tuesday 11 March, we finally managed to get back to a whole school swimming carnival at the new Inverell Aquatic Centre. Whilst the weather may not have been on our side, with it being a very rainy day; students were in full house spirit with plenty of participation and enjoyment, with simply 'getting in and having a go' being the focus of the day.

Well done to all that attended for their positivity and enthusiasm and thank you to all staff and students who got involved in the day as well. Our house captains and senior students did an amazing job with the leadership and support, rallying the troops for 4x50m freestyle relays as well as a 6x50m mixed relay; which the teachers won.

A big congratulations to all of our event winners for the day and to Fraser for being the winning house on the day.

The final points tally from the day was:

- 1st place - Fraser on 878 points
- 2nd place - Rob Roy on 852 points
- 3rd place - Sinclair on 763 points
- 4th place - Stirling on 741 points



Fraser House Captains; Klancy Rogan and Nicholas Hilton with the MHS Swimming Carnival Shield

## 2025 Swimming Age Champions

### 13 Years



Ada Lawton  
21 points

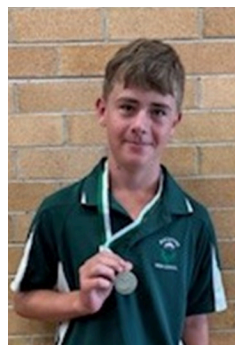


Finn O'Brien  
21 points

### 14 Years



Charlotte Dennis  
19 points



Benjamin Dunlop & Rocco McLay  
15 points



### 15 Years



Tayla Brabant  
36 points



Jed Morton  
18 points



Casey Brabant  
33 points

### 16 Years



Riley Dennis  
18 points



Chloe Seagrott  
33 points

### 17+ Years



Henry Oliver  
33 points

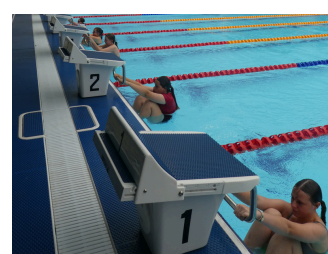
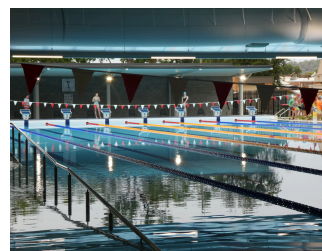
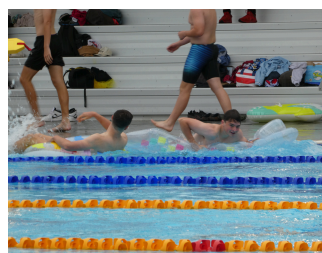


# SWIMMING CARNIVAL CONTINUED

Congratulations also to our Champion of Champions for 2025:

Male Champion of Champions - Jed Morton - Rob Roy - 15 years

Female Champion of Champions - Casey Brabant - Fraser - 16 years



## REPRESENTATIVE SPORTS UPDATE

### North West Hockey Trials

On Friday 7 March, Gabrielle Steinhardt of Year 10 travelled over to Tamworth to trial for the North West open girls hockey team. She was successful in being selected and will now head to Parkes later this year to compete as a member of the North West Representative Team. Well done, an awesome achievement





# REPRESENTATIVE SPORTS UPDATE CONTINUED

## Rugby Union Representation

Huge congratulations to Ella Gleeson and Matilda Thompson for being selected in the NSW Waratahs Youth Girls Academy 16s Merit Side. Both girls showcased their exceptional talent, teamwork and dedication to their sport. We wish them well in all their future sporting endeavours throughout 2025.



## North West Rugby 7s Trials

Whilst the initial trial was postponed, on Monday 31 March; Ella Gleeson, Matilda Thompson and Alice Gleeson all headed across to Tamworth to trial for the North West Opens Rugby 7s team. All three were successful in making the team and will now travel to Newcastle for the CHS Rugby 7s carnival as part of the CHS team trials.



## North West Rugby League trials

On Monday 24 March, Matilda Thompson, Brandi Evans and Olivia Moore travelled over to Narrabri for the North West U18 and U16 Rugby League trials. All girls trialled exceptionally well and enjoyed the experience with Matilda being selected into the North West Under 18s side to travel to Figtree in May for the NSWCHS Trials. We wish her well for these trials.

## U15 CHS Touch Football

On Thursday 27 and Friday 28 March, Zak Hubner and Kelsie Simpson travelled to Nelson Bay to compete at the NSWCHSSA - 15 Years and under Secondary Touch Football trials. Over the two days they played 9 games each against North Coast, South Coast, Hunter, Sydney North, Sydney West, Sydney South West, Sydney East, Western and Riverina. All the North West games were extremely competitive with the boys managing to come away with one win, whilst the girls had 2 draws. Both played exceptionally well and the experience provided a great learning curve and showcased great sportsmanship.



## Opens Touch trials

On 14 March, the Zone Open Touch Trials were held in Inverell with sixteen of our students attending. From this, 7 made it to the Possibles and Probables including Alice Gleeson, Tayla Hubner, Matilda Strahley, Matilda Thompson, Blake Baxter, Liam Baxter and Zak Hubner. Congratulations to Alice, Tayla and Matilda Strahley for being selected in the New England Zone team. Thank you Becky Fenton and Ellen Thomas for taking the teams to the complex.



The North West Opens Touch Trials were held in Tamworth on Wednesday 2 April, with Alice Gleeson, Tayla Hubner and Matilda Strahley all heading across as members of the New England Zone Team. The girls played fantastically, with Tayla and Matilda being selected into the North West Opens Touch team and will now represent at the CHS championships next term.





# REPRESENTATIVE SPORTS UPDATE CONTINUED

## Winter Zone Trials

The New England Zone Winter Trials for opens soccer, opens netball, Under 15 and opens Rugby League were held in Inverell on Friday 21 March. Macintyre had a strong turn out for the day with a number of students being selected in the New England Zone Teams.



Our girls that attended the Open Netball trials



Our U15 Rugby League team (with 5 Bundarra boys joining the MHS boys for the trials)



Open Boys and Girls Soccer Trial attendees



The following students made it into the Possibles and Probables for their respective sports; Blake Baxter, Dan Bell, Conna Bownds, Gus Fuller, Cooper Martin, Lincoln Sharpley, Tytrell Munro, Will Canham, Cooper Fleming, Aiden Sheehan, Benjamin Dunlop, Sam Burns, Scarlett Carter, Rosie McLean and Jacqui Paton.

We further congratulate the following students who were selected in the following New England Zone teams;



U15 Rugby League  
Cooper M, Lincoln & Conna



Opens Rugby League  
Will & Tytrell



Opens Soccer  
Cooper F, Sam, Jacqui, Scarlet & Rosie



Thank you to our awesome staff; Mr Ting, Mr Richardson, Mr Reynolds and Ellen for looking after the teams on the day and supporting our students with trailing for the zone teams.

## North West Winter Trials

On Thursday 3 April Macintyre had 9 students attend the North West Winter trials in soccer and rugby league over in Coonabarabran. Whilst it was extremely wet conditions all our students represented themselves and the school proud with 6 making into the possible and probables teams and the following students being selected as members of the North West teams:

Open Girls Soccer - Scarlett Carter and Rosie McLean - competed against 45 girls and were both successful. The girls will travel to Sydney in June.

Under 15 Boys Rugby League - Lincoln Sharpley

Open Boys Soccer - Cooper Fleming (shadow player)





# SPORTS REPORT

## Open Boys and Girls Football - Mrs Woodward & Mr Gersbach

After having a bye for Round 1, the Macintyre Open Girls soccer team were set to play Inverell High. The girls gathered a team together and reviewed the rules before heading to Inverell High School on Tuesday 18 March. The girls were keen and a bit nervous, but after a few warm up drills and good team spirit they were ready to kick some goals.

The team managed to win the round, beating Inverell High 6-1. Ruby Dunlop scored 5 goals and Scarlet Carter scored 1. The girls played well, testing out their soccer fitness as it is very early in the season. They will now play Round 3 in Term 2 against Moree.

The open boys soccer team had a tough game against Inverell High for the first round of the CHS Soccer. Whilst both teams created opportunities, IHS were able to successfully convert theirs into goals. The Macintyre boys fought to the end with the final score being 6-0 to IHS. It was a great game to watch, with the score not reflecting the closeness of the game. Well done to all the boys who played.

Thank You to Mrs Woodward and Mr Gersbach for coaching the teams and good luck to the girls in their next round.



## Alan Tongue 10s Rugby League Gala Day

Macintyre had four teams, an under 14 and under 16 boys and girls, attend the Alan Tongue 10s gala day held in Inverell on Monday 31 March. The games were 10 a side and only 10 minutes in length with the first try worth 5 points. It was a great day had by all with awesome participation and positive sportsmanship from all students. The girls teams made massive improvements from last year, winning some of their games and showing great determination and skill in all games played.

But it was our under 14 boys team who were successful in winning their division. Here's a rundown on their day: Great day with 4 games played and then a win against O'Connor Catholic in the Grand Final. Each of the 4 round games was highly contested. The day was incredible in that every one of the 4 games was a draw but if this was the case the team who scored first won overall as it was 5 points for the first try. We thus scored first in each of the 4 games after equal tries at the final whistle. The grand final saw us up against O'Connor and at the halfway point scores were locked at two tries each but in the last 5 min with great defence and attack from Zac Hubner, Ben Dunlop and Cooper Garner we came away winners 4 tries to 2.

Massive thank you to Miss McLachlan, Mr Lansdowne, Mr Richardson and Nathan for taking the teams down for the day.





# SPORTS REPORT CONTINUED

## CHS Opens Touch Knockout

The pool round robin competition for the Open Touch CHS draw was played in Inverell on Tuesday 8 April for both the girls and boys teams. It was a big day for our students, playing multiple highly competitive games, but our students were fantastic ambassadors for the school and played exceptionally well with great sportsmanship and teamplay.

The girls started with a close game against Warialda, going down 3-2, followed by 3 wins against Moree (8-1), Inverell (5-2) and Bingara (7-1) finishing 2nd overall behind Warialda. The boys came up against an exceptionally strong and well-oiled Glen Innes team first up, going down 11-0, followed by 2 wins against Inverell (6-5) and Bundarra (14-4), also finishing 2nd overall for the day. It was a fantastic day with all students representing Macintyre with excellent sportsmanship and played exceptionally well throughout the day and are to be congratulated on an awesome effort. Thank you to Ms Fenton and Miss McKenzie for taking the teams.



It has certainly been a busy term in the realm of sport and won't be slowing down much as we enter Term 2 with the CHS knockout competitions continuing along with North West and CHS individual and team trials. But I would like to take this opportunity to thank all students that have individually trialed, participated as part of a team and even helped out at sporting excursions. You have all been fantastic ambassadors of Macintyre, demonstrating exceptional sportsmanship, positive communication and showing Macintyre kids can do anything. Congratulations to all the students that have represented the New England Zone and to the 27 students who have been selected in North West Teams so far this year. Awesome achievements.

A MASSIVE thank you also goes out to all the teachers and support staff that have been instrumental in allowing our sporting activities to happen. Without staff to take the teams, they could not run. So thank you for your time, support and efforts for our students.

Term 2 Dates...currently

2 May - NW Golf Trials

6 May - Open Girls Softball (rescheduled game day)

9 May - Bill Turner Cup Soccer (rescheduled game day)

13 May - MHS Cross Country - at Lake Inverell

15 May - All Schools Touch Competition in Tamworth

12 June - NW Cross Country

13 June - MHS Athletics Carnival

Thank you for your ongoing support of all things sport at Macintyre.

Until next term, enjoy the holidays.

Fiona McKenzie  
Sports Coordinator

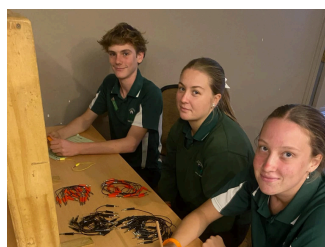
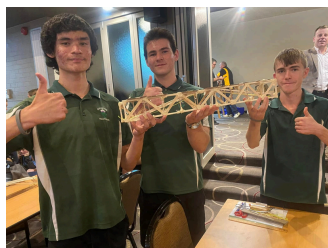
# SCIENCE AND ENGINEERING CHALLENGE

On Friday 7 March, Macintyre High School students participated in the annual Science and Engineering Challenge. This event is organised by the University of Newcastle, supported by both Inverell Rotary Clubs, and sponsored by Boss Agriculture. It was a great success with a series of engineering challenges presented to students from the region.

Each team tackled two challenges simulating real-world scenarios.

Macintyre High School placed 3<sup>rd</sup> overall on the day. The students had a fantastic day exploring new challenges and experiences.

Thanks to Mr Richardson and Mrs Gower for supporting the students on the day.



## LEADERSHIP EXPERIENCE IN SYDNEY

Our School Captains Liam Snaith and Rachel Forrester recently travelled to Sydney alongside Inverell High School captains for a leadership experience. Mrs Snaith accompanied the school leaders where students visited NSW Parliament House and the Governors' residence in Macquarie street. The students enjoyed the experience and gained an insight into leadership at the highest level.



**ENROLMENTS ARE NOW OPEN FOR YEAR 7 2026. IF YOU HAVE PLACED AN EXPRESSION OF INTEREST, PLEASE CHECK YOUR EMAILS FOR AN OFFER OF ENROLMENT. ANY ENQUIRIES PLEASE CONTACT THE OFFICE ON 6722 1555**



## OUTREACH & OTHER COURSES

### Outreach Education Dates for 2025

#### GLEN INNES -

**TENTERFIELD - Practical Parenting -**  
Thursday 1st May 2025 - 10.30am - 2.30pm

**INVERELL - Surviving Your Adolescents -**  
Wednesday 7th May 2025 - 10am - 2pm

#### NARRABRI

#### MOREE

### Relationship Courses

Love Isn't All You Need - FEES APPLY - per couple - \$100 waged, \$70 unwaged with concession card (Couples only)

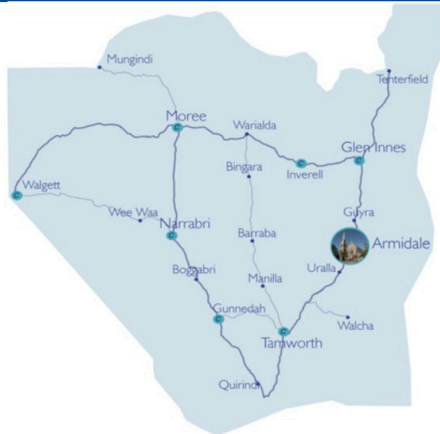
No counselling! Work through exercises in the 7 Principles for Making Marriage Work book in private. This 6 x 2 hour course teaches you the skills that you need to increase your friendship and closeness and help you with conflict.



#### Armidale 2025

25/3/2025 Version

## CONTACT DETAILS



Our Offices are Located in:  
Armidale | Glen Innes | Gunnedah | Inverell  
| Moree | Narrabri | Tamworth | Walgett |  
headspace Tamworth

With outreach services provided  
across the diocese

Contact Us:  
Ph: 1800 372 826  
E: [contact@centacarenenw.com.au](mailto:contact@centacarenenw.com.au)  
[www.centacarenenw.com.au](http://www.centacarenenw.com.au)  
or find us on Facebook:  
[www.facebook.com/CentacareNENW](https://www.facebook.com/CentacareNENW)

Centacare NENW acknowledges the traditional custodians of this  
land and pays respect to the elders past and present.



How can we help your family?

**March  
April  
May  
2025  
Program  
Armidale**



**CALL 6738 7200**



All programs and services are **FREE** or attract a nominal fee.



An Australian Government Initiative

## FAMILY RELATIONSHIP CENTRE

Centacare and the Family Relationship Centre are here to help you strengthen family relationships; help families stay together; and assist families through separation.

### COURSES FOR SEPARATED PARENTS

#### Building Connections - One session - FREE

This program aims to help separated parents have healthy and strong relationships with their children.

The pre-mediation program covers:

- ways of communicating with the other parent
- the impact of separation and conflict on children,
- setting goals for future parenting

#### Armidale 2025

##### April

Wed 9 Apr 5.30 - 8.30pm ONLINE  
Wed 23 Apr 10am - 1pm  
Wed 30 Apr 5.30 - 8.30pm

##### May

Wed 14 May 5.30 - 8.30pm ONLINE  
Wed 21 May 10am - 1pm  
Wed 28 May 5.30 - 8.30pm

##### June

Wed 11 Jun 5.30 - 8.30pm ONLINE  
Wed 18 Jun 10am - 1pm  
Wed 25 Jun 5.30 - 8.30pm

## PARENTING PROGRAMS

### Keeping Kids In Mind! (KKIM) - 5 sessions - FEES APPLY

- helps parents handle strong emotions better, understand how entrenched conflict negatively affects children and provides tips for parenting during tough times.  
*KKIM satisfies the requirements of a court ordered separated parenting course.*

COST: Waged \$100, Unwaged \$70 with concession card  
**5 Tuesdays** - 27 May, 3, 10, 17, 24 June - 10am - 12.30pm

### PARENTING COURSES - Surviving Your Adolescents -



#### Two sessions - FREE - 10am - 1pm

Provides parents with some useful skills for dealing with teenage behaviour. What is normal behaviour for a teenager; how to manage risk-taking; tips to maintain and improve your relationship with your teenager;

and the Four Cardinal Sins (what not to do) and what to do with your teens.

**Armidale 2025** - 2 Tuesdays - 8 & 15 April - 10.30am - 1.30pm, 6 & 13 May - 10.30am - 1.30pm

### Tuning in to Teens - 4 sessions - FREE - 10am - 1pm

Would you like to learn how to:

- be better at talking with and understanding your teen?
- help your teen learn to manage their emotions,
- help to prevent behaviour problems and teach your teen to deal with conflict?

**Armidale 2025** - Mondays - 5, 12, 19, 26 May 2025

### Toolkit for Dads - One 3 hour session - FREE - 10am - 1pm

What gets in the way, what to do if you lose it, what children need, smarter ways to parent, neuroscience and kids, helping children thrive, new ways to discipline, self-care for dads

**Armidale 2025** - Wednesdays - 30 April, 28 May, 25 June, 30 July, 27 August, 24 September, 29 October, 26 November and 17 December

## PARENTING PROGRAMS

### Practical Parenting - FREE - 10am - 1pm

Practical Parenting offers 12 strategies to take the stress out of parenting. Sick of repeating yourself? Giving in to stop the whining? Stop shouting and start connecting!

**Armidale 2025** -  
**Tuesdays** - 22 & 29 April -  
10.30am - 1.30pm



### Parenting Explosive Kids - 3 sessions - FREE - 10am - 1pm

For parents of children who are explosive: Parents will learn to identify the child's concerns and triggers that cause the behaviour, teach the child coping skills and find workable solutions that satisfy both parent and child.

**Armidale 2025** - 3 Thursdays - 10, 17 & 24 April, 1, 8 & 15 May

### Tuning into Kids - sessions - FREE - 10am - 12.30pm

Would you like to learn how to:- be better at talking with and understanding your child?

- help your child learn to manage their emotions and help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Armidale 2025**

### Helping Children with Trauma - FREE - 10am - 1pm

Understanding the behaviour of children with trauma, what to look for and how to help, therapeutic parenting, PACE, attachment and why it's important.

**Armidale 2025** - 3 Mondays - 7, 14 & 28 April

# COMMUNITY NOTICEBOARD



**Rotary Club of Tamworth First Light**  
invite your School to attend the  
**Northwest Regional Careers Expo**  
supported by TADCAN

Wednesday 14th May  
TRECC, Greg Norman Drive, Tamworth  
Session Times: 9:30-11:30 and 12:00-14:00

We look forward to seeing your school there.  
Contact Courtney at [info.nwrce@gmail.com](mailto:info.nwrce@gmail.com)

[School Registration Form](#)

Please note that all Tamworth schools have been allocated a session. We request that you only attend the session you are allocated so that we can the number of students across the 2 sessions is evenly spread.

Follow us on Facebook or view our website [www.nwrce.org.au](http://www.nwrce.org.au)



## Macintyre High School Year 12 2025

### Raffle



\$5 a ticket

or

3 for \$10



## Supporting Food for the Soul

Drawn: 25th September 2025

1st Prize: Cubby House worth \$1200

2nd Prize: Handmade Wooden Table

Other Minor Prizes

FREE

## Toolkit for Dads

A 3 hour session for men



Fatherhood  
– the best  
job on the  
planet!

### Join us to learn about:

- What gets in the way
- What to do if you lose it
- What children need
- Smarter ways to parent
- Neuroscience and kids
- Helping children thrive
- New ways to discipline
- Self-care for dads

### DATES AVAILABLE in 2025

Wednesday 30th April 2025, 10am - 1pm  
Wednesday 28th May 2025, 10am - 1pm  
Wednesday 25th June 2025, 10am - 1pm  
Wednesday 30th July 2025, 10am - 1pm  
Wednesday 27th August 2025, 10am - 1pm  
**WHERE:** 150 Rusden Street, ARMIDALE  
For more information or to book, ring  
the Facilitator - Pedro on  
**6738 7200**



Centacare NENW acknowledges the traditional custodians of this land and pays



# 2026

HUNTER NEW ENGLAND  
LOCAL HEALTH  
DISTRICT  
SBAT OPPORTUNITIES

INTERESTED IN ACHIEVING A CERTIFICATE III IN HEALTH  
SERVICES ASSISTANCE (NURSING) AS WELL AS YOUR HSC

**BY 28 MARCH** Lodge EOI with your Careers Adviser

**31 MARCH** Applications open via NSW Careers Portal

**20 APRIL** Applications close

For More Information:  
Speak to your Careers Adviser or  
scan the QR Code to lodge an EOI



# TERM 2 COMMENCES FOR ALL STUDENTS WEDNESDAY 30 APRIL