

# Lismore Public School

## NEWSLETTER



### Principal's Message

Welcome to Term 3! I hope you all had a wonderful break.

A reminder that our first P&C Meeting for the term is next Monday, 28th July. It will be held in the staffroom. All parents are welcome to attend.

Once again, we have an exciting and busy term ahead of us! Some of the highlights include Education Week, a Scholastic Book Fair, Book Week, the K-6 Lismore Public School Performing Arts Musical, and the Lismore Performing Arts Festival.

#### Week 3 Events:

##### Monday, 4th August

- 100 Days Brighter (12:30 - 1:30 pm)**

This is a celebration for Kindergarten students and parents marking 100 days of 'big school.' Special invitations will be sent home.



### Public Education Week



- Education Week K-6 Assembly (2:20 pm)**

Education Week Awards will be handed out to students, staff and community members.

##### Friday 8th August

- Open Classroom (10:00 - 11:00 am)**

Parents, carers and extended family members are invited to attend the student's classrooms to see the exciting work happening in our classrooms. Visitors are welcome to have lunch with the students and 'stay and play' until the conclusion of the lunch break at 11:55am.

Students and parents may start thinking about a dress up costume for our annual Book Week Parade. The parade will be held on **Thursday, 21st August**. Parents, carers and extended family are welcome to attend. The parade will begin at 10:00am under the primary COLA.

More exciting news about our K-6 Performing Arts Musical will come in the next newsletter.

Sam Rowsell - Principal



We would like to respectfully acknowledge the Elders past and present of the Wiyabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.



## NAIDOC Week 2025 - The Next Generation: Strength, Vision and Legacy

This year, Lismore Public School proudly celebrated NAIDOC Week with a meaningful Smoking Ceremony, honouring the rich cultural heritage of Australia's First Nations peoples.

The ceremony was led by Uncle Kiefer, who guided students and staff through traditional practices, emphasising the importance of connection to land, community, and culture. Students participated and learned about the significance of smoke as a cleansing and healing element, and the role it plays in Indigenous customs.

Our Acknowledgement of Country was beautifully delivered by students from the Aruma transition class, who honour this important tradition at each session. Their heartfelt performance reflects our commitment to respecting the land and its Aboriginal and Torres Strait Islander peoples.

We extend our gratitude to all those who shared their knowledge and to all staff and students for their enthusiastic participation. Together, we continue to foster respect and appreciation for the diverse cultures that enrich our school and community.



Boogelbah - A HUGE thank you to our families for joining in with Lismore Public School's NAIDOC Week activities. It was great to have you all join our students for this special week.

Students from Rory's Culture class led groups through the activity day. Everyone got to taste some bush tucker, try some weaving and complete a group artwork. It was a great opportunity to celebrate culture.



On the last day of the term, students from the Culture class went to Lismore High campus and performed with The Rivers College's dance group. Boogelbah - Another HUGE thank you to our families for supporting the jarjums on the day with their costumes. The dance photos show how many students were part of the group – it was another great opportunity for our students to celebrate culture.





## SRC Disco

Last term, our Student Representative Council (SRC) held a fantastic disco with the theme "The Future"! Students from all grades came together for a day of music, dancing, and fun.

The SRC worked hard to plan the event, and their efforts paid off. Everyone had a great time enjoying the lively atmosphere and showing off their dance moves. To add to the excitement, they sold glow sticks, which lit up the hall and created a vibrant environment.

Thanks to the support of students, teachers, and families, the disco raised money that will help improve our school resources and activities. We are so proud of our SRC for their creativity and dedication in making this event a success!

Thank you to everyone who joined us for a day of fun and community spirit! We can't wait for more exciting events in the future!



## RRK

**Wednesdays**  
**4-5 pm**  
**Starts week 28 July**

**\$12.80 per session**  
+ after school care fee

**Join now!**

Call 0429 640 075 (9am-3pm Mon-Fri)  
Email [rrkassist@nrcg.org.au](mailto:rrkassist@nrcg.org.au)  
Web [nrcg.org.au/rrk](http://nrcg.org.au/rrk)

RRK Cam 2023/07

! We are Child Care Subsidy approved! CCS available for eligible families (up to 90%)

OUTSIDE SCHOOL HOURS CHILD CARE

## Book Club

Book Club brochures have arrived! Look out for your copy of Book Club coming home in your child's schoolbag! It's packed with hundreds of books from just \$3 to help you on your child's reading journey.

## Bentley Art Prize August 1st - 3rd

The Bentley Art Prize is a wonderful opportunity to support the arts and celebrate our local talent, *including a display of artwork by our very own SCW students*. Come along for a fun, family-friendly weekend featuring:

- A wide range of incredible artworks across multiple categories
- Live music all weekend
- Delicious food and market stalls

Make a day of it and enjoy everything this iconic local event has to offer at the Bentley Hall, Kyogle Road, Bentley!

**40th Anniversary**  
**Bentley Art Prize**

**2025**  
**BENTLEY ART PRIZE**  
**1st - 3rd AUGUST**

**Official Opening & Presentation Ceremony**  
**Saturday 2nd August 1pm**

Fri 1<sup>st</sup> 7pm-9pm - Wine & Cheese Night | Live Music - Yolan  
Sat 2<sup>nd</sup> 9am-5pm - Art | Entertainment | Food & Market Stalls | Face Painting  
Live Music - Luke Vasella 9am-12pm | Sylvia Nowlan 2:30pm-5pm  
Sun 3<sup>rd</sup> 9am-2pm - Art | Entertainment | Food & Market Stalls | Face Painting  
Live Music - Jamie Sullivan 9:45am-12:45pm

**TICKETS AVAILABLE AT THE DOOR**      **EFTPOS AVAILABLE**

\$5 Adult | \$3 Concession / Children 12 year + | Children under 12 Free | \$10 per Family      For More Details Meg : 0413 417 543

richmond dairies      Bentley Public Hall, Kyogle Road Bentley  
<https://www.facebook.com/BentleyArtPrize>      Richmond Valley Council



Uniform Shop - New Location - INTERSPORT Lismore



# UNIFORM NEWS

## Lismore Public School Uniform Shop now open at INTERSPORT Lismore!

### INTERSPORT Lismore

Lismore Public School uniforms are now available from INTERSPORT Lismore.

78 Magellan Street, Lismore NSW  
Call (02) 6621 7817

Trading Hours:

Monday to Friday 8:30am - 5:00pm  
Saturday 8:30am - 1:30pm

### Online Uniform Shop

Uniforms can also be purchased online at [theschoollocker.com.au](https://theschoollocker.com.au).

When placing your order, you can choose home delivery or save on shipping by collecting your items from INTERSPORT Lismore.

Got a question about uniforms? Whether it's sizing, orders, or anything else we're happy to help! Email us at [service@theschoollocker.com.au](mailto:service@theschoollocker.com.au)



School Locker has partnered with INTERSPORT Lismore to deliver the School Locker experience to regional locations.



### SCAN TO VISIT YOUR ONLINE UNIFORM SHOP

[theschoollocker.com.au/schools/  
lismore-public-school](https://theschoollocker.com.au/schools/lismore-public-school)

**SCHOOL  
LOCKER®**

## Community Notice Board

### AFTER-SCHOOL HOCKEY PROGRAM

At A School Near You!




**TERM 3**

- 8-Weeks- 1 session/week
- Fun, interactive skills & games
- Primary school-ages (5-12+ Years)
- Qualified, experienced Coaches (WWCC)
- All skill & fitness abilities
- After-School- 3.15-3.30 to 4.45pm
- School sporting ground- near you
- All Equipment supplied
- ALL FREE!**

**Come & Try**




REGISTER-Scan here




0411 144 799  
@ summerlandershockeyclub@gmail.com

REGISTER On-line at:  
revolutionise.com.au/fnchi/events/301108

## Sensory Screenings at Palace Ballina Fair!


Our Sensory Screenings Include:

- Dimmed Lighting** in cinemas.
- Subtitles** for every film.
- Lowered Sound** to avoid overwhelming sensory input



**These special film sessions will take place on the last Sunday of every month**

Check the website for more details.



## BLACK BOX

### FREE PARENTING PROGRAM

Struggling with parenting after trauma or loss?

The Black Box might hold exactly what you need



The Black Box Parenting Program supports parents facing distress, trauma, loss, or domestic violence. Utilizing a trauma-informed approach, it helps deepen understanding of how these experiences affect parenting. The program provides compassionate, evidence-based strategies aimed at improving emotional regulation, fostering attachment, and enhancing family functioning during challenging times.

**5 X WORKSHOPS**  
**THURSDAYS, 7<sup>TH</sup> AUGUST - 4<sup>TH</sup> SEPTEMBER**  
**10:00AM - 12:30PM**  
**73 MAGELLAN STREET, LISMORE CBD**  
**MORNING TEA PROVIDED**


**TO REGISTER, PLEASE CALL**  
**(02) 6621 2489**  
**OR SCAN THE QR CODE**



**PROGRAM HIGHLIGHTS**

- Gain insights into the internal filter that influences your parenting style and communication.
- Strategies to strengthen connection, attachment, and trust with your child.
- Understand how trauma affects the brain.



## FAMILY SUPPORT NETWORK INC.

### TERM 3 & 4 PARENTING PROGRAM

**TERM 3**

**BLACK BOX**

5 x workshops  
Dates: Thursdays, 7th August - 4th September  
Time: 10:00am - 12:30pm  
Location: 73 Magellan Street, Lismore  
For caregivers experiencing distress, loss, trauma, or domestic violence. Suitable for caregivers with children of any age.

**TERM 4**

**ANXIETY COACH**

3 x workshops  
Dates: Tuesdays, 21<sup>st</sup> October - 4<sup>th</sup> November  
Time: 10:00am - 12:30pm  
Location: 73 Magellan Street, Lismore  
Anxiety coach assists caregivers to reduce anxiety and build resilience in children aged 8 - 12 years old

**TERM 4**

**CIRCLE OF SECURITY**

4 x workshops  
Dates: Thursdays, 6th November - 27<sup>th</sup> November  
Time: 10:00am - 12:30pm  
Location: 73 Magellan Street, Lismore  
Circle of Security helps caregivers understand children's behaviours and needs, strengthening parent-child bonds. Suitable for caregivers with children of any age

**TERM 4**

**ENGAGING ADOLESCENTS**

3 x workshops  
Date: Tuesdays, 18<sup>th</sup> November - 2<sup>nd</sup> December  
Time: 0:00 AM - 12:30 PM  
Location: 73 Magellan Street, Lismore  
Engaging adolescents equips parents and caregivers in navigating challenging conversations with teenagers, enhancing bonding. Suitable for caregivers of children aged 10 and over.

For more information, or to register, please call (02) 6621 2489

# Be Safe, Be Respectful, Be a Learner

Term 3 Calendar 2025						
2	28th July  K-6 Assembly: No class item  5:15-6:15pm P&C Meeting Staffroom	29th July	30th July	31st	1st Aug	2/3
3	4th Aug  K-6 Assembly: School Captains- Education week  12-1:30pm 100 Days of Kindergarten	5th Aug	6th Aug  10am-2pm Town Sports Gala Day	7th Aug	8th Aug  Education Week: 10 - 11.00am - Open Classrooms	9/10
4	11th Aug  K-6 Assembly: 6J Class Item	12th Aug	13th Aug	14th Aug	15th Aug	16/17
5	18th Aug  K-6 Assembly: PBL Silver Award  Scholastic Book Fair (all week)  Book Week	19th Aug  1/2C Cake Stall  Scholastic Book Fair	20th Aug	21st Aug  10.10am - 11.55am - Book Week Parade	22nd Aug	23/24
6	25th Aug  K-6 Assembly 4/5P Class Item	26th Aug	27th Aug	28th Aug  LPS Performing Arts Evening	29th Aug	30/31
7	1st Sept  K-6 Assembly - 3/4M Class Item  P&C Meeting  Lismore Performing Arts Festival	2nd Sept	3rd Sept	4th Sept	5th Sept	6/7
8	8th Sept  K-6 Assembly - 2/3C Class Item	9th Sept  Kindergarten Cake Stall	10th Sept	11th Sept	12th Sept	13/14
9	15th Sept  K-6 Assembly - 1/2C Class Item	16th Sept	17th Sept	18th Sept	19th Sept  Lismore District Public Speaking Competition  9.00am - 2.00pm: Kindy Start	20/21