



FRIDAY
15/08/2025

NEWSLETTER



Dear Parents and Carers,

It has been a busy and exciting time at our school, with many wonderful learning opportunities taking place. This week, all classes have participated in activities for the Bullying No Way! initiative, focusing on how we can recognise, respond to, and report bullying. It has been inspiring to see students practising kindness and building stronger relationships.

A reminder that our **MJ Musical for Years 3–6 will be held on Wednesday 20 August**. Please ensure you have purchased your child's ticket so they don't miss out.

On Thursday 21 August, we will hold **our whole school assembly**, followed immediately by the Book Parade, which will be held outside. If it rains on the day, the **Book Parade** will unfortunately need to be cancelled, however the assembly will still take place in the school hall.

Thank you for your ongoing support in making our school a safe, welcoming, and vibrant place for every student to learn and grow.

Ms Ortega
Principal

Have a wonderful week.



Lansvale East Public School
21 Riverside Rd, LANSVALE EAST NSW 2166
Phone: (02) 9728 1278
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LEPS TERM 3 OVERVIEW

	Monday	Tuesday	Wednesday	Thursday	Friday
1					
2					
3	4 August Education Week Healthy Harold	5 August Healthy Harold	6 August Athletics Carnival 9:30am - 2:30pm	7 August	8 August
4	11 August Bullying No Way Week <i>Activities in class</i>	12 August	13 August	14 August Triple P 9-10am	15 August
5	18 August Book Week	19 August	20 August 3-6 MJ the Musical Excursion	21 August Book Week Parade and Whole School Assembly 9:15am	22 August Foot Steps dance Catholic & Islamic Scripture
6	25 August	26 August	27 August Athletics Carnival	28 August Triple P 9-10am	29 August K-2 Josephine Wants to Dance Excursion
7	1 September School support recognition week	2 September	3 September	4 September Father's day stall	5 September Father's day stall Foot steps dance Catholic & Islamic Scripture
8	8 September Child protection week	9 September	10 September	11 September Triple P 9-10am R U OK? Day <i>Students wear yellow</i>	12 September Foot Steps Dance Catholic & Islamic Scripture
9	15 September	16 September	17 September	18 September Kindy Orientation Session 1 9:30am - 10:30am	19 September Foot Steps Dance Catholic & Islamic Scripture
10	22 September	23 September Int Day Of Sign Language	24 September	25 September Kindy Orientation Session 2 9:30 - 10:30am Whole School Assembly 9:15am	26 September Foot Steps Dance Catholic & Islamic Scripture

1 BILBY NEWSLETTER

TERM 3

EDUCATION WEEK

During Education Week in Week 3, 1 Bilby participated in a range of engaging and creative activities to celebrate learning. We took part in multicultural day, as well as Reading Day, where we integrated with 4-5 Kangaroo to further examine one of our favourite books, 'Mr Huff'. Together, we created our own book covers to represent a new character, similar to Mr Huff. We loved how 4-5 Kangaroo introduced us to Canva and helped us use it for the first time!



Maths

MATHS

1 Bilby have been reviewing length. Last week, we started to look at using metres. It was our first time using the trundle wheels to measure things around the school using metres. We loved it!

**SEE YOU
NEXT TIME!**

from 1 Bilby
& Miss Nguyen



Education Week



Education Week



2-3 ROSELLA



newsletter



Welcome to Term 3 in 2-3 Rosella!

As we dive into Term 3, 2-3 Rosella are excited to explore and engage in enriching activities. This term is filled with fun and exciting events - Education Week, Healthy Harold, Book Week K-2 Excursion and 3-6 Excursion and the Athletics Carnival.

This term in class, we have been exploring a variety of exciting topics! In Mathematics, we are focusing on building strong number skills, exploring patterns, and solving real-world problems.

In English, we have been learning to share our opinions and give strong reasons to convince readers through fun and engaging persuasive writing topics.



Reminders:

Mon:

Tues: Music with Ms Nguyen

Wed: Community Language with Mr Nguyen

Thurs: Library with 1 Bilby

Fri: Sport





 **You're Invited!** 



Join us for the
Triple P Online – Under 12 Parenting Program

 Support your child's development. Build stronger relationships.
Stay calm and confident.

You'll gain strategies to:

-  Stay calm under pressure
-  Prevent behaviour problems before they start
 -  Strengthen your bond with your child
 -  Handle each new stage with confidence
-  Positively support your child's skills and wellbeing

 Why Join?

Choose the tools that work best for your family
Learn at your own pace, with support available
Get lifelong strategies you can use again and again

 When: Thursday 14 August 2025

 Where: Lansvale East Public School

 Time: 9am

 Want to know more or sign up?

Contact: Miss Butler (School Psychologist) on 9728 1278

**Let's build a stronger, more positive future for
our children – together!**



Fitness with Mr Al-Saedi

Dear parents and carers

We always try to support our students in leading a healthy lifestyle and making choices that help them grow and thrive. One fun way to encourage this is by cooking together at home! Not only is it a great opportunity to bond, but it also has a bunch of fantastic benefits. Here are some wonderful reasons to get started:

1. **NUTRITIONAL EDUCATION:** COOKING TOGETHER HELPS CHILDREN LEARN ABOUT DIFFERENT FOODS, THEIR NUTRITIONAL VALUES, AND THE IMPORTANCE OF A BALANCED DIET.
2. **HEALTHY EATING HABITS:** INVOLVEMENT IN MEAL PREPARATION CAN ENCOURAGE KIDS TO TRY NEW FOODS AND DEVELOP A PREFERENCE FOR HEALTHY OPTIONS, LEADING TO BETTER EATING HABITS.
3. **PRACTICAL SKILLS DEVELOPMENT:** COOKING TEACHES ESSENTIAL LIFE SKILLS SUCH AS MEASURING, FOLLOWING INSTRUCTIONS, AND TIME MANAGEMENT, FOSTERING INDEPENDENCE.
4. **FAMILY BONDING:** COOKING TOGETHER CREATES OPPORTUNITIES FOR QUALITY FAMILY TIME, ENHANCING RELATIONSHIPS AND COMMUNICATION WITHIN THE FAMILY.
5. **CREATIVITY AND SELF-EXPRESSION:** KIDS CAN EXPRESS THEIR CREATIVITY THROUGH COOKING BY EXPERIMENTING WITH FLAVOURS, COLOURS, AND PRESENTATION, MAKING MEALS MORE ENJOYABLE.
6. **MINDFULNESS AND FOCUS:** THE PROCESS OF COOKING REQUIRES ATTENTION AND FOCUS, WHICH CAN HELP CHILDREN DEVELOP MINDFULNESS AND PATIENCE.





Fitness with Mr Al-Saedi

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- 7. PHYSICAL ACTIVITY:** COOKING CAN BE A PHYSICAL ACTIVITY, INVOLVING TASKS LIKE CHOPPING, STIRRING, AND MOVING AROUND THE KITCHEN, CONTRIBUTING TO OVERALL PHYSICAL HEALTH.
- 8. UNDERSTANDING FOOD ORIGINS:** COOKING TOGETHER CAN EDUCATE CHILDREN ABOUT WHERE FOOD COMES FROM, PROMOTING APPRECIATION FOR LOCAL PRODUCE AND SUSTAINABILITY.
- 9. CULTURAL APPRECIATION:** PREPARING VARIOUS RECIPES ALLOWS CHILDREN TO EXPLORE AND APPRECIATE DIFFERENT CULTURES AND TRADITIONS RELATED TO FOOD.
- 10. ENCOURAGEMENT OF RESPONSIBILITY:** BY ASSIGNING AGE-APPROPRIATE TASKS, CHILDREN CAN LEARN RESPONSIBILITY AND THE IMPORTANCE OF CONTRIBUTING TO THE HOUSEHOLD.
- 11. FUN AND ENGAGEMENT:** COOKING CAN BE A FUN ACTIVITY THAT KEEPS CHILDREN ENGAGED, REDUCING THE LIKELIHOOD OF SEDENTARY BEHAVIOURS ASSOCIATED WITH SCREEN TIME.
- 12. IMPROVED SOCIAL SKILLS:** COOKING TOGETHER CAN ENHANCE TEAMWORK AND COMMUNICATION SKILLS, AS KIDS LEARN TO WORK COLLABORATIVELY IN THE KITCHEN.





FOOT STEPS DANCE



3-6 students enjoying the footsteps dance weekly program



This email comes to you from

Dharug
COUNTRY





BULLYING NO WAY



The staff of Lansvale East Public School were delighted to celebrate No Bullying Week by wearing specially designed shirts that showed their commitment to a safe and inclusive environment. They thoroughly enjoyed engaging in meaningful activities with the students throughout the week, fostering kindness, respect, and a strong sense of community. It was a wonderful opportunity for everyone to come together and reinforce the school's values against bullying.



RECYCLING AT LEPS

We are raising funds for our Year 6 farewell. Do you have a collection of empty water bottles, sport drink bottles, juice boxes/poppers or soft drink cans that you would like to donate to our school.

Please speak to your child's classroom teacher or see Ms Angeleski in 3-5 Wombat for more information or if you have any recycling items you wish to donate.



We have set a goal of \$500 for 2025. With help from our students recycling their bottles, juice boxes and cans at school and help from our families at home we hope we can all work together to achieve our goal.

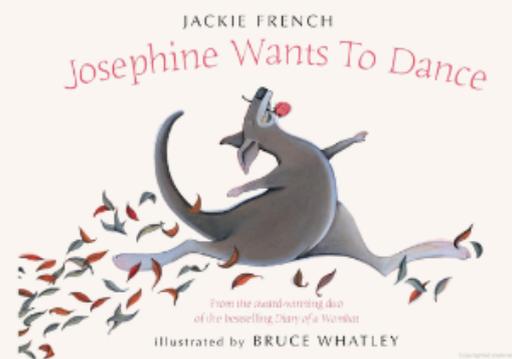




Friendly Reminder

Dear Parents and Carers,

We wanted to send a friendly reminder about the upcoming excursions at Lansvale East Public School. We have limited tickets available, so the sooner you come to the school to make your payment, the better chance your child has to join in on the fun! For those who haven't yet completed payments for recent activities, such as the Aboriginal incursion and Healthy Harold, we kindly ask you to visit our office. Our wonderful staff is here to assist you with the process and ensure everything is sorted out smoothly. Thank you so much for your ongoing support and cooperation. We truly appreciate it!



This email comes to you from

Dharug
COUNTRY



Sydney Technical High School



OPEN DAY

for Year 7, 2027

TUESDAY 23 SEPTEMBER

9am - 11:30am

- Explore our Academic Junior Acceleration Program
- Interactive Lesson Tasters for students
- Meet our Principal and Leadership Team
- Guided School Tours

**REGISTER VIA OUR
SCHOOL WEBSITE**

Website: sydneytech-h.schools.nsw.gov.au

Google Form Link: <https://shorturl.at/7n1Xk>

Contact Us
8566 2600

Sydney
Technical
High School



686 Forest Road
Bexley NSW 2207

am I being bullied?

START HERE!

Was it deliberate/on purpose?

Yes

No

Was it personal/targeted?

Yes

No

Was it said in anger?

No

Yes

Was it part of a fight with a friend?

No

Yes

Has it only happened once or twice?

No

Yes

Does the person doing it have '**more power**' than you? e.g. more popular, older, stronger

Yes

No

rude behaviour

Saying or doing something hurtful that wasn't planned or meant to upset someone

conflict

Saying hurtful things on purpose due to heightened emotions as part of a disagreement

mean

Saying or doing something hurtful to someone on purpose once or twice

bullying

Someone more powerful saying or doing something hurtful to someone on purpose, over and over again

scan here to find out more!





Every day counts



A day away from school here or there doesn't seem like much but absences add up.

Student attendance at school has an impact on academic achievement and social and emotional wellbeing for individual students. Good student attendance is achieved when schools and families work in partnership to support every student.

Attending school

Going to school every day is important, and Kindergarten was created as for the rest of their schooling.

What your child learns each day builds on what they learned the day before. If your child misses school, their learning routine is broken. Students can also lose confidence and struggle in building their friendships.

You have a legal responsibility to send your children to school every school day.

If your child misses school due to illness, religious reasons, family circumstances or other reasons, contact the classroom teacher. Please never be absent from school without 7 days to explain the reason for their absence.

If your child arrives at school late or needs to leave early, you will need to go to the office to sign your child in or out and explain the reason for the absence.

If you're having difficulty getting your child to school every day and on time, contact the classroom teacher.

If you need help with English, ask for an interpreter. The school will arrange one if available.

When your child misses just...

1 day per fortnight

they miss upwards of

4 weeks per year

which equates to over

1 year missed over their school life



Getting ready for primary school

education.nsw.gov.au



Days missed = years lost

A day here and there doesn't seem like much, but...

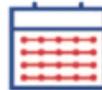
When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight

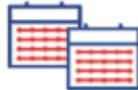
= **4** weeks



= Over **1** year missed

1 day per week

= **8** weeks



= Over **2.5** years missed

education.nsw.gov.au

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Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year

5 mins
per day



=

3 days



30 mins
per day



=

18 days



Patterns of lateness
can have a serious
impact on your child's
education.

education.nsw.gov.au





School Community Charter

 **Collaborative. Respectful. Communication.**

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

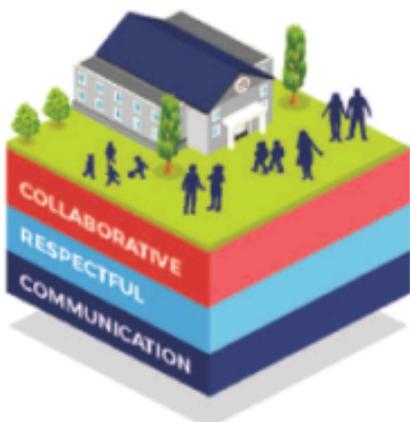
We treat each other with **respect**

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We **prioritise** the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work **together** with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.

© NSW Department of Education

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We create
collaborative
learning
environments

We
all play
our part

We work
in partnership
to promote
student
learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process:

education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students.

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



Collaborative.
Respectful.
Communication.

School Community Charter

education.nsw.gov.au

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UNIFORM ORDER FORM

Please indicate below the size and quantity of the items required and calculate the total.

Payments can be made by any of the following methods:

- Parent Portal via School Bytes
- Correct cash in an envelope

Please send your completed order form to school with your child, alternatively please e-mail the form to:

Lansvalee-p.school@det.nsw.edu.au

ITEM	COST	SIZE							QUANTITY	TOTAL
		4	6	8	10	12	14	16 M L		
School Dress	\$45:00									
Skort	\$20:00									
Short Sleeve Polo	\$25:00									
Long Sleeve Polo	\$30:00									
Shorts (Boys)	\$20:00									
Jacket	\$30:00									
Sports Shorts	\$20:00									
Sports Shirt	\$25:00									
Tracksuit	\$70:00									
Tracksuit Jacket	\$40:00									
Tracksuit Pants	\$30:00									
Hat/Cap	\$20:00									
Excursion Bag	\$15:00									
School Bag	\$35:00									
Library Bag	\$25:00									
									TOTAL	\$

Child's Name _____ Class _____ Date _____

Parent/Carer Name _____ Signature _____ Phone _____

Payment Method Parent Portal Cash Credit Card




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Lansvale East Public School

Parent/ Carer – Teacher Communication Guide

Lansvale East Public School is dedicated to facilitating effective communication between parents, carers, and teachers, enabling them to work together in partnership that supports the education and wellbeing of all students.

Please find information of ways you can communicate with our school:

Reason	Who to contact	Contact Details
Child's progress	Classroom teacher	1. Call the front office on 9728 1278 to request to speak with the classroom teacher at their earliest opportunity to make an appointment.
Student Welfare/ Attendance		2. Send an email to the school email account addressing it to the classroom teacher to make an appointment. Email: lansvalee-p.school@det.nsw.edu.au 3. Send a message to the class teacher on ClassDojo. Make contact with us between the hours of 8:30am – 3:30pm.
School Organisation	School administration	Contact the front office on 9728 1278.
Feedback/ concerns	Principal	Contact or email the principal on Email: lansvalee-p.school@det.nsw.edu.au

Please note:

- We value your communication with our school, and we are committed to respond to your request as soon as possible.
- Our staff are unable to respond to messages during teaching time between 9:00am – 3:00pm.
- While some matters may be addressed immediately, it is desirable to arrange meetings to address issues at a time that is mutually convenient and is conducive to a positive outcome.

At Lansvale East Public School, we foster an inclusive learning culture which demonstrates aspirational expectations where every student is known, valued and cared for. Together we will build positive and respectful relationships that are evident throughout the school community, promoting student wellbeing and creating an optimal environment for learning across the school.

Ms E Ortega
Principal