



Kurmond Public School

Effort Courtesy Safety Responsibility Achievement

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Term 1 Week 10 24th March – 4th April, 2025

Principal's message

As we approach the end of a successful term, I'd like to take a moment to reflect on the importance of fostering a positive attitude towards learning in our children. A positive mindset not only enhances academic performance but also contributes to their overall well-being and resilience.

Encouraging Positive Conversations

When your child comes home from school, it's essential to engage them in conversations that highlight the positive aspects of their day. Here are some strategies to help guide these discussions:

1. Ask open-ended questions: Instead of questions that can be answered with a simple "yes" or "no," try asking questions like, "What was the best part of your day?" or "Can you tell me something interesting you learned today?" This encourages your child to share more about their experiences.
2. Focus on achievements: Celebrate even the small victories! Whether it's completing a task, participating in class, or making a new friend, acknowledging these moments helps reinforce a positive outlook.
3. Discuss challenges constructively: If your child shares a negative encounter, listen attentively and validate their feelings. Encourage them to think about what they can learn from the situation and how they might handle it differently in the future.
4. Model positivity: Share your own experiences and how you overcame challenges. This will show your child that everyone faces difficulties and that it's okay to talk about them.
5. Be mindful of their perspective: Remember that children may not always share the complete story. They might downplay their issues to protect your feelings or to maintain a certain image. Approach conversations with an open mind and encourage honesty without fear of disappointing you.

Creating a Supportive Environment

Your support at home plays a crucial role in your child's attitude towards school. By fostering an environment where learning is valued and challenges are viewed as opportunities for growth, you help your child develop resilience and a lifelong love of learning. Thank you for your continued partnership in your child's education. Together, we can help them thrive both academically and personally.



DATES TO NOTE

March	
Tues 25 th	Meteors @ Try Athletics
Wed 26 th	Easter mufti
Thurs 27 th	Sydney West Swimming
Mon 31 st	Last day to submit Yr7 HS forms
April	
Thurs 3 rd	Colo HS visit the Rockets PSSA Soccer Knockout
7 th - 11 th	3-way parent- student- teacher meetings
Wed 9 th	Cross Country Carnival
Thurs 10 th	K-2 Easter hat parade & raffle draw
Fri 11 th	Last day of Term 1
28 th & 29 th	Staff development days
Wed 30 th	First day of Term 2 for students
May	
Fri 2 nd	OC & Selective HS tests
Thurs 8 th	Mothers Day Stall
	May P&C meeting

Note: These dates may be subject to change. Don't rely on previous newsletters for correct dates. Always check latest newsletter or note on website for most up to date information.

Student learning at Kurmond ...

K/1 Rockets

Last week, the Rockets published their very first book about quokkas. They used the knowledge they had learnt about quokkas to write an information text. They then created detailed illustrations complete with informative labels to accompany their writing. This week, they are learning all about sound during science lessons and used everyday objects to make an instrument with their class buddies. The results were very creative!



1/2 Light Years

The 1/2 Light Years are continuing to enjoy gymnastics, morning routine and mathematics lessons. Each week two students from the Light Years also receive teacher mail to celebrate their efforts and achievements. Well done, Light years!



1/5 Meteors

The Meteors had a great day at the 'Try Athletics' day last week. They have also been ticking off more of their 28 Days of Mental Fitness challenge by walking outside and appreciating nature, gardening, revisiting the Zones of Regulation, finishing a collaborative colouring mural and conducting a science experiment.



3/4 Galaxies

Last week, in science the Galaxies were testing items to see if they were transparent, translucent or opaque. They love learning in the classroom and displaying great sportsmanship in volleyball. Well done, Galaxies!



4/5 Shooting Stars

Last week the 4/5 Shooting Stars went outside measuring lines and the perimeter of items for mathematics. They have been working on writing great sentences and working on their introduction paragraphs. They have also been practising for the upcoming cross country carnival. Well done, 4/5 Shooting Stars!



5/6 Comets

This week the 5/6 Comets have continued to be awesome leaders during their peer support lessons and have absolutely loved their volleyball lessons. The Comets can always be relied upon to be responsible and courteous students.



Staff learning

Last week, we looked at the Diabels reading assessments for students in Years 3-6 analysing their fluency and comprehension achievements and where to next for ongoing improvements. This week we started to prepare for the High Potential and Gifted Education (HPGE) staff development day in Term 2 by completing one of the modules available to staff.



Kurmond students are attendance champions

Congratulations to our Week 10 attendance champions: In 1st place K/1 Rockets 94.53%, in close 2nd place the 4/5 Shooting Stars with 94.26% and in very close 3rd place the 1/2 Light Years with 94.19%. Our whole school attendance rate is 92.98% this week. Awesome effort, Kurmond we are ahead of other schools in the Hawkesbury Network.



Aussie of the Month

Congratulations to Pearl from the 4/5 Shooting Stars on being presented with the Aussie of the Month Award at today's assembly. Pearl is a responsible and reliable member of our school community who strives to do her best in the classroom and playground. She is most deserving of this award.



Peer Support

This week was the second last Peer Support lesson. Our Peer Support leaders worked with their groups to teach them about winning and losing games with friends. They took part in a variety of games practising how to be gracious winners and for others to congratulate their friends. This is a difficult skill to learn but extremely important to have. Well done, leaders!



PALS (Parents as literacy supporters)

Thank you to all our volunteers who have been attending PALS in the past fortnight. Students love to see their parents at school so if you have a spare 20 minutes at drop off time from 8.50am - 9.10am from Tuesdays – Thursdays we would love to see you in the library to listen to some

students read. It has also been wonderful to see many senior students coming in during PALS to assist younger students.



P&C News

We are very excited to announce that the P&C have been successful with a grant application to Bendigo Bank. The grant was submitted in order to purchase a commercial style double door freezer for the canteen. Bendigo Bank informed us last week, they will provide the P&C with \$3500 to be able to purchase one. We are extremely grateful for their kind donation to our school community. This will make a world of difference to our canteen.

We are also extremely appreciative to all families who donated Easter treats for our Easter raffle next week. Thank you to Mrs Phillips for donating lots of baskets and trays for the raffles and to Mrs Martin and Mrs Griffin for been our creative wrappers for the baskets.



School reports news

From Term 2, we are introducing updated school reports. The new format has been developed by the NSW Department of Education in response to feedback from parents and educators to make reports easier to read and understand. Your child's report will still show their progress across all subject areas. Teacher comments will appear in English, mathematics and the general comment section, in line with NSW Department of Education policy. The general comment for Kindergarten also covers all other key learning areas including, creative arts, HSIE, PDHPE, and science and technology. A new [achievement scale and descriptions](#) are included to provide a clearer picture of your child's progress. Parent-teacher-student interviews will remain an important way to discuss your child's progress and achievement in more detail and we hope you take this opportunity throughout Week 11 with your child's teacher.

We will share what the new reports will look like at the May P&C meeting and welcome your feedback or questions about the new report format.

Feedback regarding school reports

We value your input, please click on the link below regarding our reporting procedures. It will provide us with much needed information into how reports are distributed moving forward. Thank you for your time!

<https://docs.google.com/forms/d/e/1FAIpQLSdGk3M57EfGUhSj4G8kmZKegnIX2qkN7ASZ5ltEoDuE668hiQ/viewform?usp=dialog>

School hours at Kurmond

Our school hours at Kurmond are 9.10am – 3.10pm. Formal supervision at school starts from 8.40am. Prior to this time there is no teacher on duty to supervise children and therefore children should not be dropped off at school. If you require care before or after school hours, please contact Inspire, our Out of School Hours provider on 1300 665 275.

Sporting News ...

Congratulations to all our students in the PSSA Knockout soccer team under the guidance of Mrs Wilkins for an awesome win over Castlereagh PS yesterday. They finished up with an impressive 7/2 win! Thank you to all parents who assisted with transport and of course to Mrs Wilkins for dedicating every recess break to train the team. I must say they look very impressive with their new jerseys too!



Canteen News...

Thank you to Louise, Kristen, Elaine, Angela, Matt and Di for volunteering in the canteen in the past fortnight. We are extremely grateful for your support of our school.

The Term 2 roster is attached at the end of the newsletter. If you can help, please contact Rachel Bennett 0425 101 475 or the school office 4573 1648. When the canteen is open, parents will be able to order using the following link: <https://myschoolconnect.com.au/kurmondps>.



School uniforms

All uniform orders are to be placed **online** through My School Connect. Please follow the link – [uniform orders](#). Orders will be filled by one of our P&C members, on Mondays and Wednesdays. Orders will be sent home with your child on Monday and Wednesday afternoons. Please ensure uniform items are clearly labelled with names so we can return any found items promptly.

Parenting ideas article

At Kurmond, we have a subscription with Happy Families. They have free webinars for parents and school staff and a fabulous library of articles with parenting tips.

The link to access these is as follows: <https://schools.happyfamilies.com.au/login/kps>

The password is: happykps

This week, I have attached an article on 'The habits of happy families', I hope you find it of interest.

Kind regards.

Mrs Patricia Beggs

Principal Kurmond Public School

Success through Endeavour



April Birthday Celebrations

Cormac C	Ruairi O	Elias S
Chanelle V	Olivia B	Finn J
Jacob K	Lily T	Willow B



KURMOND PUBLIC SCHOOL

Canteen Roster – Term 2 2025

Please add your name to the roster

Contact Rachel Bennett 0425 101 475

or School Office – 4573 1648 or kurmond-p.school@det.nsw.edu.au

Wednesday	30 April	7 May	14 May	21 May	28 May	4 June	11 June	18 June	25 June	2 July
	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!
	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!

Friday	2 May	9 May	16 May	23 May	30 May	6 June	13 June	20 June	27 June	4 July
	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!
	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!	HELP!

THANK YOU TO ALL OUR VOLUNTEERS! 😊

Macquarie Towns Arts Society's School Holiday Art & Craft Workshop Program Easter Holidays, 2025

Monday 14th April

10am - 12noon Draw Cartoons
1pm - 3pm Make Bunny Puppets

Tuesday 15th April

10 am - 12noon Make Easter Dragon
1pm - 3pm Decorate Easter Treasure Boxes

Wednesday 16th April

10 am - 12noon Draw Easter Bunnies & Chickens
1pm - 3pm Make Little Clay Bunnies

Thursday 17th April

10am - 12noon Paint Easter Theme Rocks
1pm - 3pm Make Easter Cards

Friday 18th April

Public Holiday

Monday 21st April

Public Holiday

Tuesday 22nd April

10am-12noon Make Mini Fun Food
1pm -3pm Acrylic Pouring

Wednesday 23rd April

10am-12noon Paint a Landscape
1pm-3pm Tie Dye a T-Shirt (BYO Shirt)

Thursday 24th April

10am - 12noon Make Fairy Garden Ornaments
1pm - 3pm Make Magic Lanterns

Friday 25th April

Public Holiday

Cost: \$15 per 2hr workshop; everything supplied.

Venue: Richmond Art Supplies,
Shop 1, 328 Windsor St, Richmond

Bookings Essential: phone Deidre 0412 979731

MTAS After School Art Classes for Term 2, 2025 also Now Enrolling.

For more information go to www.mtas.com.au

The Habits of Happy Families

As I have surveyed and worked with thousands of families over the years, there are a small handful of habits that I see parents practice that make their families happy. And they are astonishingly powerful. In this article I will share those habits by describing the principle, discussing how it works in practice, and offering a provocation to get you thinking.

1. Assume Positive Intent

Principle: Your children are not actually trying to ruin your life. They're trying their best with limited skills and resources. Sometimes they can be clumsy. They only have their 'L' plates on.

In Practice: When your child does something upsetting, pause before reacting. Ask yourself, "What need is my child trying to meet?" Then, address the need rather than just the behaviour. "I can see you're frustrated. Let's figure this out together."

Provocation: We wouldn't assume your colleague intentionally sabotaged a project, yet we're quick to believe our children are orchestrating psychological warfare against us. Your child isn't a criminal mastermind plotting your demise. They're just hungry, tired, or struggling to communicate. The fastest way to turn a good kid bad is to treat them like they already are.

2. Laugh Together

Principle: Shared joy creates bonds that withstand life's challenges.

In Practice: Have family movie nights with comedies. Share funny stories. Play ridiculous games. Create inside jokes. Laugh at yourself when you make mistakes. Make silly faces, tell dad jokes, and celebrate the ridiculous moments of family life.

Provocation: Most families spend more time coordinating schedules than creating memories. The average household shares fewer than 20 minutes of laughter per week, yet we wonder why everyone feels disconnected. If your family hasn't had a proper belly laugh together in the last few days, your family culture is in critical condition.

3. Fix Things Fast

Principle: Conflict is inevitable; prolonged disconnection is optional.

In Practice: Be the first to apologise, especially if you're the parent. Name what went wrong. Take responsibility for your part. Ask what would help. End with physical connection. A hug, high five, or fist bump resets everyone's nervous system.

Provocation: Your silent treatment isn't "teaching them a lesson". Nor is yelling or threatening. It's teaching them that love is conditional. Every hour of unresolved tension between you and your child is rewiring their brain to expect conditional acceptance in future relationships. Your pride isn't worth the therapy bills they'll have later.

4. Stay Close

Principle: Children of all ages are biologically wired for connection with their parents.

In Practice: Create daily rituals of connection: bedtime stories, morning cuddles, after-school check-ins. Sit on their bed for five minutes at night. Drive them to school when possible. Find small ways to connect throughout the day that show you're thinking of them.

Provocation: Your child's push for independence is a façade. Behind it is a child desperately hoping you won't believe the act. While you're respecting their "independence" by backing off, they're interpreting your distance as abandonment. Your children need you more, not less—they just need you differently as they grow. They want your involvement in a supportive, not a controlling, way.

5. Listen Fully

Principle: Being heard creates security and builds trust.

In Practice: Put down your phone when your child speaks. Make eye contact. Ask follow-up questions. Reflect back what you hear. Don't immediately jump to solutions or lectures. Sometimes say, "Tell me more about that."

Provocation: If your screen time report shows more hours on social media than minutes of eye contact with your children, you're outsourcing the most important relationship they have right now to someone or something else. Your child will remember exactly zero of your "important" emails or Instagram reels, but they'll never forget the times you chose your phone over their story.

6. Create Meaningful Traditions

Principle: Family rituals create stability and identity in an unpredictable world.

In Practice: Establish weekly family nights, seasonal celebrations, birthday traditions, or Sunday dinners. They don't need to be elaborate—consistency matters more than complexity. Even simple traditions like Sunday morning pancakes create anchors of belonging.

Provocation: In a culture where kids construct identity through screens and peers, your family traditions are fighting for your children's sense of self. Without these shared experiences, your family becomes little more than roommates who occasionally share Wi-Fi. The traditions you neglect creating today are the memories your children won't have tomorrow.

7. Have the Hard Conversations

Principle: Children need parents who are brave enough to discuss difficult topics.

In Practice: Create an environment where no question is off-limits. Talk about bodies, relationships, disappointments, and fears in age-appropriate ways. Don't wait for the "perfect moment". Use everyday opportunities to address important topics briefly and naturally.

Provocation: Your discomfort with difficult conversations doesn't make them unnecessary. It makes them urgent. The conversations you avoid having with your children will be filled by Google, YouTube, or the kid on the bus with wildly inaccurate information. If you won't have these conversations, someone else—or something else—will, and you probably won't like their curriculum.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

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BEFORE SHCOOL

Tennis Coaching TERM 1, 2025

KURMOND PUBLIC SCHOOL

MONDAY'S

Years 3-6..... 8:10 - 8:40am

Kindy - Year 2..... 8:40 - 9:10am

- Cost \$10 per student per class
- Limited spaces available, maximum 8 students per group
- Racquets provided

CONTACT US

P) 4578 8999

E): tennis@insidethelines.net.au

Scan
the QR
CODE

REGISTER



or go to:

<https://bit.ly/41cUhgJ>



RICHMOND RSL SUB BRANCH

of the
The Returned and Services League
of Australia
(New South Wales Branch)

ANZAC SERVICES 2025 RICHMOND WAR MEMORIAL

ANZAC SUNDAY MARCH and COMMEMORATIVE SERVICE

We would like to encourage members of the community and their families to attend this Commemoration and line the streets of Richmond to support the procession in recognition of those who served and those still serving for our country.

Date: Sunday 13th April 2025
Where: Richmond War Memorial
Time: March commences from West
Market Street at **2:30pm**

**Commemorative Service at Richmond War Memorial at
approximately 3:00pm**

Members of the public who are a descendant of a former Veteran, of any conflict, are also invited to participate in the March wearing the medals of their Veteran, and/or carrying a photo or displaying the name of their Veteran.

ANZAC DAWN SERVICE

The community is invited to join members of Richmond RSL Sub-branch in solemn observation of the Dawn Service at 4:45 for a 5am start at the Richmond War Memorial in Richmond Park.

Date: Friday 25TH April 2025
Where: Richmond War Memorial
Time: 4:45am for a 5:00am start

For additional information about the ANZAC Day commemorations, marching as Descendants and the laying of wreaths, please contact the Richmond RSL Sub-branch Secretary, Gillian Fletcher on 0438782419 or the Publicity Officer, Lynette Bowles, on (02) 4578-2804.

LEST WE FORGET

Assembly Merit Awards

Effort, Safety, Responsibility, Courtesy and Achievement

Term 1 Weeks 9 & 10

White Class Merit Awards

Class	Name	Reason
1/5 Meteors	Halle L	Effort: Trying hard with all writing tasks.
K/1 Rockets	Willow C	Courtesy: Taking care of others with kindness and respect.
	Charlotte D	Responsibility: Taking care of her belongings at school.
1/2 Lights Years	Buster R	Courtesy: Always being a courteous student inside and outside the classroom.
	Amber C	Effort: Continuously showing effort in all learning areas.
3/4 Galaxies	Sonny S	Effort: An amazing effort during cross country training.
	Tanner S	Effort: Being focused during mathematics warmups.
4/5 Shooting Stars	Olivia C	Effort: Consistently trying her best in all class activities.
	Hailey W	Effort: Always trying her best during writing and mathematics.
5/6 Comets	William R	Achievement: Maintaining consistently high standards with all his work.
	Jessica V	Achievement: Demonstrating commitment to research and writing a well-organised historical report.



Learner Quality Awards

Class	Name	Reason
1/5 Meteors	Bradley L	Collaboration: Being a collaborative learner in all class activities.
K/1 Rockets	Sebastian S	Motivation: Excited and eager to learn with his friends in the Rockets.
1/2 Light Years	Nathan Mc	Curiosity: Demonstrating curiosity as we investigate Quokkas.
3/4 Galaxies	Elsie A	Determination: Effort for always being a hardworking student and a friend to all.
4/5 Shooting Stars	Roxanne S	Determination: Her consistent determination towards all areas of her learning.
5/6 Comets	Jasper S	Motivation: Always working hard and motivating others with a positive attitude.

Weeks 9 and 10	1/5 Meteors	K/1 Rockets	1/2 Light Years	3/4 Galaxies	4/5 Shooting Stars	5/6 Comets
50 Merits		Blair D Charlotte D Kobi M Mica E Ruairi O Bear R Cooper F Delta L Sebastian S Hannah V	Buster R	Riley M		
100 Merits	Harrison T	Chayse V Lacey B	Layla M Ashton V	Ariana F Minty R Lana M	Logan W	Chanelle V Lucien S Holly S
150 Merits			Ryan R Nathan Mc	Ryan V	Anna G	
200 Merits	Jayden W Gianluca D			Jacob K		Mabel S
250 Merits				Braxton S		William R
300 Merits		Lane B	Jacob F		Anastasia S	Brooklyn T