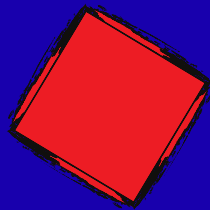
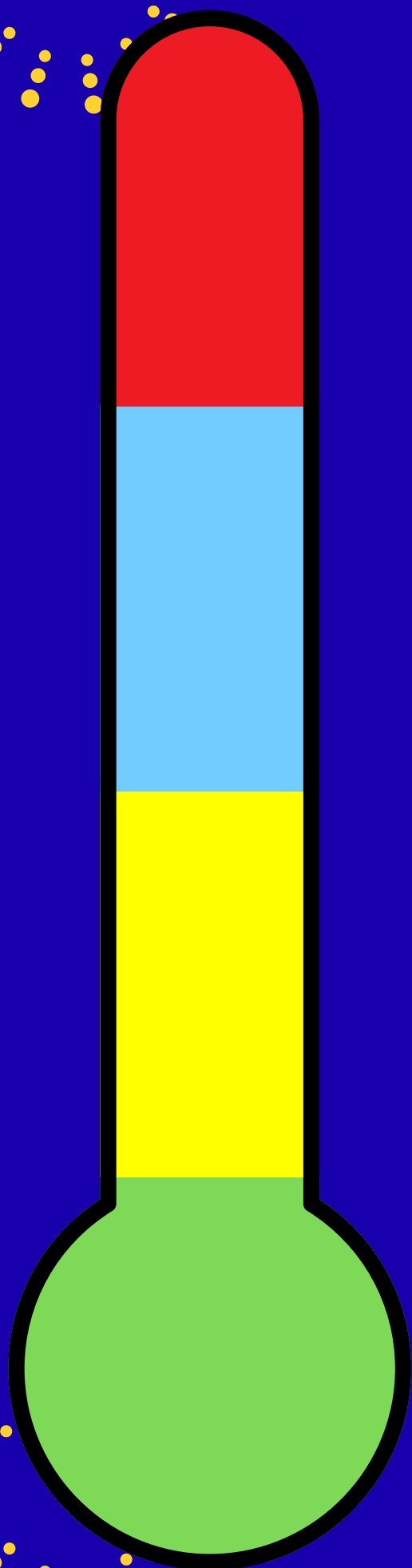




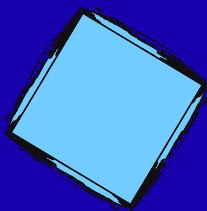
Feelings

Thermometer



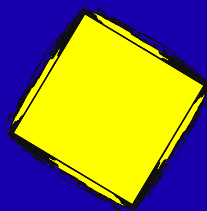
RED ZONE

I need help to regulate.



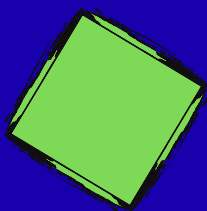
BLUE ZONE

I need to use a regulation strategy.



YELLOW ZONE

I need to use a calming strategy.



GREEN ZONE

I am ready to learn.